

SKILLS & CERTIFICATIONS

- CCRN - Critical Care certified through American Association of Critical-Care Nurses AACN
 - ACLS and strong experience in cardiac rhythm interpretation
 - House Supervisor experience at 70 bed long term acute care hospital
 - Master's in Science, Nursing with a focus on Education, 2021
 - Part of the Education Committee at both recent hospitals – strong nursing skill set
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EDUCATION

Master of Science in Nursing, West Coast University Online, Anaheim, California 05/2019 – 07/2021
Bachelor of Science in Nursing, West Coast University, North Hollywood, California 08/2013 – 01/2016
Awards & Honors: Magna Cum Laude and Dean's List

PROFESSIONAL WORK EXPERIENCE

Full time Faculty Nurse Instructor – University of Hawaii at Manoa 08/2024 - present

- Provided instruction for BSN nursing students
- Clinical Nursing Instructor of BSN med/surg nursing students on hospital rotations, most recently at Rehab Hospital of the Pacific
- Taught in skills lab: nasogastric tube insertion, checking blood sugars, trach care, safe body mechanics when turning patients, providing peri care and wound care
- Part of BSN Curriculum Committee and Department of Nursing Committee
- Used Laulima for clinical semesters and grading care plans

LTACH ICU RN – Vibra Specialty Hospital (long term acute care hospital) : Portland, Oregon
12/2023 – 08/2024

- Providing bedside nursing for long term vented ICU level patients
- Working as Rapid Response Nurse & Code Blue Nurse – running codes, including CPR and ACLS
- Ventilator care, new tracheostomies including deep tracheal suctioning,
- Assessing and caring for spinal cord injury patients and traumatic brain injury patients,
- Starting IV's, accessing ports, drawing labs, central line care for PICC lines, dressing changes for midlines and PICC lines,
- Providing leadership, delegation, and working as a team with CNAs to provide compassionate, timely care for patients, **relief house supervisor**
- Working in conjunction with physical therapy/occupational therapy, respiratory therapy
- Complex wound and ostomy care including changing Eakin pouches and ostomy assessment

Nurse Instructor – Concordia University St Paul: Portland, Oregon 10/2023 - 4/2024

- Provided instruction for BSN nursing students
- Clinical Nursing Instructor of advanced med/surg nursing students on hospital rotations
- Taught in skills lab (iv insertion, checking blood sugars, trach care, safe body mechanics when turning patients, providing peri care and wound care

- Ran Sim lab for BSN nursing students
- Used Blackboard for clinical semesters and grading care plans

Cardiac Comprehensive Care Unit RN – Queens Medical Center: Honolulu, Hawaii 5/2022 – 8/2023

- Cardiac Education Committee member to help nurses increase their knowledge and skills
- Bedside care for post open-heart surgery, coronary bypass surgery and post-stent patients
- Excelled in the management of vasoactive medications and pressor drips
- New Heart Failure teaching for patients, including Cardiac Rehab teaching
- Skilled in peritoneal dialysis and teaching HD patients on managing diabetes

IMCU/Telemetry RN – Legacy Mount Hood Hospital: Portland, Oregon 12/2019 – 4/2022

- Providing bedside nursing for cardiac patients post-angiogram, congestive heart failure patients
- Stroke certified and trained, covid patients including high flow nasal cannula
- Ventilator care, including suctioning and tracheostomy care
- Starting IV's, titrating medications such as cardiac and vasoactive drips
- Treating respiratory and cardiac patients with excellent bedside manner
- Nasogastric tube insertion and bridle, foley insertion, ostomy care

LTACH ICU RN – Vibra Specialty Hospital (long term acute care hospital) : Portland, Oregon
06/2018 – 12/2021

- **House Supervisor**, providing leadership and maintaining staffing for 70 bed facility
- Providing bedside nursing for long term vented ICU level patients
- Working as Rapid Response Nurse & Code Blue Nurse – running codes, including CPR and ACLS
- Ventilator care, new tracheostomies including deep tracheal suctioning,
- Assessing and caring for spinal cord injury patients and traumatic brain injury patients,
- Starting IV's, accessing ports, drawing labs, central line care for PICC lines, dressing changes for midlines and PICC lines,
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Registry Nurse – Advantage Nurse Staffing, Portland, Oregon 09/2017 – 05/2018

- Worked at **Kaiser Sunnybrook Head and Neck Surgery** – scrubbing in on sterile field outpatient surgeries, removing sutures, discharging patients, rooming patients, and duties related to patient care. Cared for patients with various head and neck cancers – pre and post surgery – assisting with nasopharyngoscopes and oral biopsies. Working well as a team with medical assistants, LPNs, RNs, and Doctors. Able to quickly build therapeutic relationships with patients and family members in order to provide personal care with quality standards

Nurse and Patient Care Coordinator – Compass Oncology, Portland, Oregon 07/2016 – 05/2017

- Coordinating breast cancer patient's appointment, surgery, and pre/post-operative education
- Identifying barriers related to patient care and triaging phone calls from patients
- Facilitating seamless transition between multi-disciplinary teams such as radiation oncology, medical oncology, physical therapy, and support groups
- Following neoadjuvant breast cancer patients through treatment and ensuring surgery consultation after chemotherapy is complete

- Assisting with procedures: draining seromas, ultrasound-guided breast biopsies, and central venous port removals
- Performing wound care, drain removal, and urinary catheter insertion/removal
- Frequent floating to the infusion center – accessing ports, starting IVs, running iv fluids, giving injections, and de-accessing iv lines and ports.

In-patient Pharmacy Technician – Providence Holy Cross, Mission Hills, California 07/2008 – 03/2011

- Firm understanding of medications and drug-to-drug interactions including generic vs brand and typical dosage range
- Highly skilled at calculating medications per weight (mg/kg) and IV rate calculations, loading and filling Pyxis medication dispensing unit, mixing large volume IVs, TPNs, IV antibiotics, and pediatric IV ampicillin/gentamycin syringes

References Available Upon Request