

Mikaila Samsen

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GOV. MSG. NO. 524

EXPERIENCE

LICENSED SOCIAL WORKER MALAMA I KE OLA - *Wailuku, HI*

April 2023 - PRESENT

- Conduct initial consult assessments for patients who screen positive on GAD/PHQ screeners during doctor's visit
- Provide clinical interventions to treat the psychosocial and behavioral aspects of chronic and acute illnesses
- Development of the Collaborative Care Management program, expanding access of psychiatric consultation to patients in need
- Consult with adult medicine providers about medication management, dosing, and side effects of psychotropic medication
- Create treatment plans with patients for short-term behavioral intervention, incorporating skills based techniques that aim to improve quality of life, coping mechanisms, pain management, and depression/anxiety
- Advocate for all behavioral health needs within clinic setting, and refer out when necessary
- Conduct an evidence-based suicide risk assessment for all patients with depressed mood
- Support development and progress of the School Based Health Clinic program

OUTREACH COORDINATOR & MENTAL HEALTH CASE MANAGER ALOHA HOUSE - *Makawao, HI*

January 2022 – March 2023

- Provided intake and assessment - Evaluated needs and goals through integrated intake assessment (completed within 72 hours)
- Facilitated admission process for substance-use disorder treatment for houseless individuals
- Supplied houseless or outreach clients with tools to navigate to a short-term addiction treatment center
- Engaged in community outreach events for houseless services representing Aloha House Inc.
- Coordinated Maui Counseling Group referrals for mental health evaluations
- Transitioned individuals from substance-use disorder treatment to mental health housing, shelter, or sober living
- Conducted trauma support groups for those who have faced houselessness
- Evaluated level of care needs and refer to longer term treatment or higher levels of care
- Transported individuals for case management (documentation, transition, healthcare, and other social services)
- Assisted clients in developing recovery plans with measurable and time limited goals, objectives, and interventions, as well as the building and maintenance of crisis wellness plans
- Updated Individual Recovery Plans after any significant changes/events; and Reviews Recovery plans at least once every six (6) months
- Provided, or refer clients to other professionals and monitored progress for, rehabilitation and progressive treatment interventions utilizing stages of change, treatment, motivational strategies, and case management for multiple co-occurring conditions
- Promoted crisis prevention and planning, harm reduction, substance reduction, abstinence, and recovery skill-building

EDUCATION

UNIVERSITY OF HAWAI'I AT MANOA

Bachelor of Social Work - 2021

UNIVERSITY OF HAWAI'I AT MANOA

Master of Social Work - 2022

SKILLS & TRAINING

- Centricity, EPIC, WITS, Zimbra, Cell Trak, Microsoft Office, QuickBooks, Square, Google Drive, Teams, Slack, WhatsApp
- Motivational Interviewing, Active Listening, Time Management, Trauma-Informed Care, Treatment Planning, ACT, CBT, IFS
- HIPAA Training Certification, BLS, CPR & First Aid, Crisis Intervention

HONORS & AFFILIATIONS

- Trauma Informed Care Committee – Malama I Ke Ola (*present*)
- Maui Rapid Response / Mauna Medical Healers (*present*)
- Bachelor of Social Work Organization – Distance Education Representative (*2020 & 2021*)
- Dean's List, University of Hawai'i at Manoa (*2021 & 2022*)