

# Asianna Saragosa-Torres

## MENTAL HEALTH ADVOCATE

A determined individual with a high drive to do great things. I am confident, resilient, and believe in empowering others. I enjoy helping my community and look forward to furthering my education in a Master's Program at Chaminade University. I aim to be a good example to others who wish to achieve big things.



### EXPERIENCE

#### City And County Of Honolulu, Honolulu EMS Department

April 2023-Present  
CSS I

- Manage and assist homeless individuals with finding housing. (Case Management)
- Work in the CORE Medical Respite, helping to maintain and stabilize homeless individuals for 90 days, until housing is found.
- Communicate with other organizations, hospitals, and shelters, such as IHS, HAWAII CARES, MENTAL HEALTH KOKUA, e.t.c.

#### Registered Behavior Tech

October 2020 – May 2022

BAYADA BEHAVIORAL HEALTH

- Attended professional in-service training and read professional journals to retain and bolster technical and psychological skills.
- Provided essential services to support client health, safety, and welfare.
- Delivered direct care to clients one-on-one and in group settings using ABA principles.

### CONTACT/LINKS



[Redacted email address]



KITV4 News:

[https://www.kitv.com/news/city-proposes-anti-bullying-bill-on-oahu/article\\_7662e3d4-445e-11ed-a4e4-e73f2b284324.html](https://www.kitv.com/news/city-proposes-anti-bullying-bill-on-oahu/article_7662e3d4-445e-11ed-a4e4-e73f2b284324.html)

Miss Hawaii Program Book:

<https://online.flippingbook.com/view/606822851/139/>

### EDUCATION

Attended Florida Tech ABA Online Program,  
Left to attend Chaminade University

Bachelors Of Arts, Psychology, University Of  
Hawaii-West Oahu, 2022 Graduate

Associates Degree, Liberal Arts, Leeward  
Community College, 2020 Graduate

### LEADERSHIP/ACCOMPLISHMENTS

- Miss Ewa Beach 2023,  
Miss Hawaii 2023, Top Ten, Created A Original Slam Poetry About Mental Health Awareness
- American Foundation For Suicide Prevention Advocate
- Former JCHS Cheerleading Captain
- Green Ribbon Club Former President
- Secretary Of Leeward Community College, Psychology Club
- National Alliance Of Mental Illness Hawaii Volunteer/Public Speaker
- Erika's Lighthouse Volunteer Community Ambassador
- American Foundation For Suicide Prevention Member
- HawaiiCares Volunteer
- Ewa Beach Lions Club Member
- Guest Speaker on KITV4 and Hawaii News Now for Mental Health Related Story
- Golden Key International Honor Society
- Mental Health Kokua Volunteer Peer Specialist