

JOSH GREEN, M.D.  
GOVERNOR OF HAWAII  
KE KIA'ĀINA O KA MOKU'ĀINA 'O HAWAII



DEPT. COMM. 10-231  
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In reply, please refer to:  
File:

February 3, 2025

The Honorable Ronald D. Kouchi,  
President and Members of the Senate  
Thirty-third State Legislature  
State Capitol, Room 409  
Honolulu, Hawaii 96813

The Honorable Nadine K. Nakamura,  
Speaker  
and Members of the House of  
Representatives  
Thirty-third State Legislature  
State Capitol, Room 431  
Honolulu, Hawaii 96813

Dear President Kouchi, Speaker Nakamura, and Members of the Legislature:

For your information and consideration, I am transmitting a copy of the 2024 Addendum to the Hawai'i Trauma-Informed Care Task Force Recommendations Report of 2023, pursuant to Act 209, Session Laws of Hawaii 2021.

In accordance with Section 93-16, Hawaii Revised Statutes, I am also informing you that the report may be viewed electronically at:

<https://health.hawaii.gov/opppd/departments-of-health-reports-to-2025-legislature/>

Sincerely,

A handwritten signature in black ink, appearing to read "Ken Fink", written over a light blue circular stamp.

Kenneth S. Fink, M.D., M.P.H., M.G.A.  
Director of Health

Enclosures

c: Legislative Reference Bureau  
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# Overview

This Addendum serves two essential purposes: to present Hawai'i's Trauma-Informed Care Task Force's (TIC TF) updated 2024 recommendations and to celebrate the stories of those advancing TIC in Hawai'i. When the Task Force created its inaugural recommendation report in 2023, we recognized it would serve as a *'thus far'* report, acknowledging that trauma-informed (TI) work is a continuous journey of engagement for betterment.

Throughout 2024, the TIC TF remained engaged - through action but also through active listening. Each TIC TF meeting served as a forum for both Task Force and community members to exchange updates about TI initiatives occurring in multiple sectors throughout Hawai'i. It was through these discussions that we heard meaningful progress in Hawai'i's evolution as a Trauma-Informed State - as well as hopes and visions for the future.

This addendum strives to weave together community stories and initiatives alongside the Task Force's latest recommendations for advancing TIC in Hawai'i. These include recommendations for:

- TIC Framework Refinement
- TIC Framework Implementation
- TIC Training Initiatives
- Native Hawaiian & Cultural Best Practices
- Communication & Workplace Wellness Best Practices
- Trauma-Informed Organization Assessments (TIOA)
- Convening TIC Practitioners
- Trauma-Informed (TI) Systems Mapping, Data Sharing and Funding
- Measuring TIC Effectiveness

It also incorporates valuable insights from guest speaker presentations the TIC TF hosted throughout the year. These content topics include:

- The Impact of Historical Trauma on Native Hawaiian Health and Well-being
- Trauma-Informed Media Campaigns
- Street Medicine

The recommendations regarding Native Hawaiian health and well-being were so comprehensive and significant that they warranted their own section in Appendix A.

While this addendum documents remarkable progress in advancing TIC in Hawai'i, it also humbles us to remember that trauma remains pervasive and harms continue to be enacted, and reenacted, by the systems in which individuals and families seek support. There is much more to do and we must remain dedicated to the continued journey. We offer this addendum as an invitation to all to engage in learning, understanding and implementing TIC- in your community, agencies, Hawai'i and beyond.

# Acknowledgements

## 2024 Task Force Members & Designated Alternates

**Adriane C. Abe**, Hawai'i State Judiciary

**Bridgette M. Bennett**, Hawai'i State Judiciary

**Yuuko Arikawa-Cross**, Executive Office on Early Learning, State of Hawai'i

**Dr. Evan Beachy**, Kamehameha Schools

**Catherine "Cathy" Betts**, Department of Human Services, State of Hawai'i

**Tara Castrovinci**, Executive Office on Early Learning, State of Hawai'i

**Judith F. Clark**, Hawai'i Youth Services Network

**Dr. Jillian Freitas**, University of Hawai'i, John A. Burns School of Medicine, Department of Native Hawaiian Health

**Romey Glidewell**, Department of Corrections & Rehabilitation, State of Hawai'i

**Jocelyn Howard**, We are Oceania

**Major Mike Lambert**, Honolulu Police Department

**Mahealani Malepeai**, University of Hawai'i, John A. Burns School of Medicine, Department of Native Hawaiian Health

**Sergeant Corbin Matsumoto**, Honolulu Police Department

**Dr. Scott Shimabukuro** (Chairperson), Department of Health, State of Hawai'i

**Amanda Stevens**, Department of Human Services, State of Hawai'i

**Dr. Gavin Takenaka**, Department of Public Safety, State of Hawai'i

**Ryan Yamane**, Department of Human Services, State of Hawai'i

**Fern Yoshida**, Department of Education, State of Hawai'i

## Agency & Organization Partners

Department of Health, State of Hawai'i

Department of Corrections and Rehabilitation, State of Hawai'i (formerly Department of Public Safety)

Department of Education, State of Hawai'i

Department of Human Services, State of Hawai'i

Executive Office on Early Learning, State of Hawai'i

Hawai'i State Judiciary

Office of Wellness and Resilience, Office of the Governor

Child and Family Services

Council for Native Hawaiian Advancement

Early Childhood Action Strategy

EPIC 'Ohana, Inc.

Hale Kipa

Hawai'i Children's Action Network

Hawai'i Community Foundation

Hawai'i Youth Services Network

Honolulu Police Department

Kamehameha Schools

SAS Services, LLC.

University of Hawai'i West O'ahu

University of Hawai'i Maui College

University of Hawai'i at Mānoa, Thompson School of Social Work & Public Health

University of Hawai'i, John A. Burns School of Medicine, Department of Native Hawaiian Health, Ka Malu a Wa'ahila

We Are Oceania

## Department of Health Internal Planning Team

Lyndsey Anderson

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## Task Force Facilitators

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# Recommendations

## Trauma-Informed Care Framework Refinement

The Trauma-Informed (TI) Framework was developed to serve as a living framework that continues to evolve over time in response to community input and needs. The following have been identified as framework areas that would benefit from further refinement to enhance clarity, inclusivity and cultural alignment based on community and stakeholder feedback. **The Task Force recommends adding or refining the following within the framework:**

- As Task Force Member, Josie Howard, reminded us, “*When we're thinking about creating something for everyone, we may run the risk of not serving anyone.*” **It is recommended that more efforts be made to connect with communities to identify, learn about and validate TI frameworks that already exist in different spaces.** This may include frameworks within various cultures, organizations or departments. Allow the learning that comes out of these discussions to further inform the Trauma-Informed Care Task Force (TIC TF), TI Framework and Office of Wellness and Resilience (OWR) about specific community insights and needs.
- **Integrate and emphasize the importance of peers with lived experience as a vital component to a TI approach.** Explicitly articulate the value of peer involvement at all practice and policy levels, including: direct service delivery, executive decision-making and policy development.

### Community Voices & Stories

Over the past year, Hawai‘i has taken important strides to advance the integration of peers with lived experience as an essential component of a TI approach. The following are several examples:

- The EPIC ‘Ohana’s Youth Partner workforce continues to grow statewide. Youth Partners are young adults between 18-27 years old with lived experience in systems (foster care, mental health, juvenile justice, etc.), who are passionate about supporting young people navigating through these systems. They act as young adult-to-youth peer supporters for youth (aged 12+) in Hawai‘i.
- The Department of Human Services’ Office of Youth Services launched the Safe Spaces for Youth pilot program in April 2024 on O‘ahu and Hawai‘i Island in partnership with Hale Kipa, The Salvation Army Family Intervention Services and Hawai‘i Youth Services Network (HYSN). This initiative joins a national network that helps youth in crisis know where they can seek help by locating Safe Place signage.
- Mālama ‘Ohana, a twelve-month peer support working group, continued to coordinate and standardize the approach for all state departments to be able to integrate peer supports. This working group shared many of the same participants as the TIC TF meeting, allowing for overlapping ideas that contributed to the continued growth of both. Offering peer support to parents and youth throughout all stages of Child Welfare Services involvement is a formal recommendation of the Mālama ‘Ohana working group.
- With the support of Dr. Scott Shimabukuro, TIC TF Chair, Department of Health (DOH) hosted the first ever three-day Youth Peer Certification Training. This training is the first step to ensuring Peer Support services are Medicaid billable.
- Hawai‘i Health and Harm Reduction (HHHRC) sponsored a day-long peer support symposium in August 2024.

## Trauma-Informed Care Framework Implementation

*“To be a trauma-informed state, everybody needs to be informed, which means more than saying it but doing it.”* (Tara Castrovinci, Task Force Member). **The Task Force recommends the creation of implementation strategies, such as those listed below, to support understanding and implementation of the statewide framework:**

- **Leadership Engagement Strategies:** In order for change to occur – strong, understanding, caring and committed leaders are needed. Create strategies for leadership orientation and engagement that will invite an understanding of TI approaches, practices and the framework. Emphasize the importance of leadership engagement in the implementation of the framework from a change management perspective. Encourage leaders to articulate their own personal philosophy and commitment to TIC. Identify strategies to promote leadership accountability, such as displaying leadership commitment to TI approaches on an agency website.
- **Create Trauma-Informed Committees:** Develop TI Committees within individual organizations and agencies. Start by looking at existing committees within a respective agency that are doing similar work and seek opportunities to partner with them and infuse TI initiatives. These committees may take on an array of initiatives, including training recommendations, the development of a TI organization strategic plan, or updates to agency policies and procedures. *Further guidance on this is a priority area of focus for the TIC TF in 2025.*
- **Legislative Action:** The TIC TF recognizes that implementation strategies must exist at the policy level. To prepare for the 2025 legislative session, the TIC TF has created a **Legislative Permitted Interaction Group (PIG)** to identify and explore legislative action items of relevance to the work of the TIC TF and OWR, and to spread education and awareness about TIC to key legislators.

### Community Voices & Stories

The following are examples of how leaders, agencies and legislative action have advanced the implementation of TI principles and practices throughout Hawai‘i in 2024:

- Hawai‘i Health and Harm Reduction (HHHRC) opened Ho‘okahi Leo, the state’s third kauhale. The six principles of trauma responsiveness are being utilized in the development of the kauhale.
- Hawai‘i Department of Education (DOE) Here to Help initiative is offering an eight focus area module that trains school staff to connect and be available to support students. DOE is encouraging schools to be ambassador schools.
- Hawai‘i’s Developmental Disabilities Division (DDD) Positive Approaches initiative is providing support and services to individuals with intellectual and developmental disabilities, focusing on a person-centered, strengths-based strategy that prioritizes community inclusion, self-determination and maximizing individual potential.
- Hawai‘i Youth Services Network (HYSN) hosted the 31st Annual Hawai‘i Children and Youth Summit to provide opportunities for young people to share their ideas for making Hawai‘i a better place to live, learn and work. The target audience was youth and young adults, public policy makers and elected officials. One resulting recommendation is to increase funding for mental health services and awareness of mental health issues.
- Dr. Chad Koyanagi, Street Medicine Psychiatrist and February TIC TF meeting guest speaker, shared how TIC and the Street Medicine Institute’s principles align, and emphasized the positive impact Street Medicine is having in Hawai‘i. Street medicine involves providing care directly to patients in their environments, rather than in clinics. It values an authentic, compassionate, genuine, approach to working with clients, with an understanding of how clients’ past experiences have led them to their current state. It also views the ‘Streets as a Classroom’ where clients educate providers on how to best provide care for them. Street Medicine providers in Hawai‘i

include: Hawai'i Health and Harm Reduction (HHHRC), The Institute for Human Services (IHS), Waimānalo Health Center, Hui No Ke Ola Pono, Mālama I Ke Ola, Hope Services and Project Vision.

- Legislative Bill HB 2405 was introduced and advanced to establish a working group within OWR to create a statewide framework for peer support specialists.
- Legislative Bill SB3279 was passed establishing the State of Well-Being Project within OWR to assess and enhance Tier 1 and Tier 2 mental health support services for all key stakeholder communities across the State. This bill made appropriations to create six additional positions within OWR, including a position on Kaua'i and a position designated to someone with lived experience. This project will also be looking at implementing OWR's disaster framework, which is being developed and modeled after the response in Maui, implementing trauma-informed principles and creating wellness in communities on an ongoing basis.

## Trauma-Informed Care Training

**The Task Force recommends advancing Mental Health First Aid and Trauma-Informed (TI) training as a basic workplace standard of practice for all people-serving agencies.** It is recommended that TI training be a component of onboarding training for new hires, as well as a yearly, ongoing training opportunity for staff at all levels and length of employment. Training should guide employee understanding of how each person can apply TI principles to their individual work.

### Community Voices & Stories

The list of Trauma-Informed Care Training initiatives that have occurred or are occurring throughout Hawai'i in 2024 is extensive. The ones below highlight the range spaces where these trainings are being offered and the impacts they are making:

- Police Departments throughout the State are continuing to offer Crisis Intervention (CIT) Training. CIT training is a collaborative model that brings together police, mental health professionals and community partners to improve responses to mental health crises. Officers receive specialized training in de-escalation techniques and learn to connect people with mental health resources rather than defaulting to arrest. This approach has led to a recognizable culture shift within departments, has been shown to reduce use of force, enhance officer safety and build better community relationships. The Honolulu Police Department is further instituting and aiming for a 100% completion rate in mental health training.
- Hawai'i Department of Education (DOE) launched the Trauma-Informed Online Academy platform of professional development (PD) and resources for all DOE staff. PD sessions include those recorded by Sharon Simms, Danny Goya and Tia Roberts. These resources continue to be available to all educators. Another DOE initiative is Practicewise PD - which is offered to all School Based Behavioral Health (SBBH) staff and school counselors to build their capacity to provide TIC support and services.
- All Executive Office on Early Learning (EOEL) staff are now supported with Classroom180 Virtual Bootcamp professional development. This is a framework for creating, sustaining, and assessing the trauma-informed classroom. This is a four-session intensive training live by Zoom and led by the author, Heather T. Forbes.
- Judiciary Leadership and Juvenile Probation Officers and Court Officers attended Trauma Informed Care: Creating a Pathway to Wellness & Resiliency with Danny Goya in April 2024.
- All Hawai'i Health and Harm Reduction (HHHRC) staff participated in TIC training and identified ways for HHHRC to be more trauma-responsive. HHHRC is actively working to implement these strategies in the 3rd quarter of 2024. HHHRC also secured training for a second employee to be trained as a trainer in SAMHSA Trauma-Informed Care curriculum for the criminal and legal system.
- Kathleen Rhoads Merriam, Mental Health Supervisor with the Adult Mental Health Division, presented on how to advocate for TIC in mental health treatment at the Hawai'i Statewide Consumer Conference; and on the importance of TIC in a workshop about recovery for the Institute of Human Services (IHS) staff.
- Child & Adolescent Mental Health Division (CAMHD) and Veterans Affairs (VA) partnered to offer free webinars around trauma-informed care and practices, and crisis prevention and response. Close to 300 people attended the webinars.
- Hawai'i Youth Services Network (HYSN) conducted a training for youth workers on using expressive art to help clients (and yourself) deal with stress in August 2024.

## Native Hawaiian & Cultural Best Practices

**The Task Force recommends uplifting and increasing access to Native Hawaiian and other cultural practices that are intrinsically trauma-informed and that promote wellness and resilience for individuals, families and communities.** Increasing accessibility includes:

- Translating the Statewide Trauma-Informed Care Framework and any future iterations or addendums to 'Ōlelo Hawai'i.
- Creating more awareness about resources and expertise available, and a roadmap to connect community members to cultural practitioners and practices.
- Increasing accessibility to cultural healing practices through health insurance plans reimbursement. (e.g., Medicaid reimbursement).

### Community Voices & Stories

- The Office of Wellness and Resilience (OWR) has been helping coordinate the mental health and wellness response efforts to support the emotional well-being of those impacted by the 2023 Maui wildfires. This has included making Native Hawaiian healing practices more available to survivors by reducing access barriers and creating clearer pathways to connect with cultural practitioners.
- Danielle Lanakila Carreira Ching, Implementation Research Assistant at The Baker Center for Children and Families (Harvard Medical Affiliate and Hawai'i State Child & Adolescent Mental Health Division) and September TIC TF guest speaker, presented a scoping review of the historical trauma impact of colonization on Native Hawaiian health and well-being and recommendations for historical trauma response.

Historical Trauma (HT) encompasses a “complex, collective trauma that is experienced over time and across generations by individuals who share a common social identity”. For Native Hawaiians, these issues stem from the historical events leading up to and following the illegal overthrow and continuous occupation of the Hawaiian Kingdom from 1893 to present. The resulting “soul wounding or generational ‘eha (pain, hurting, aching), rooted in collective sadness and moral outrage” is commonly known as the Kaumaha Syndrome.

There is growing research demonstrating the correlation between HT and an increased presence of social, economic, physical and mental health disparities among Native Hawaiians. These include high rates of homelessness, food insecurity, heart disease, diabetes, cancer, alcohol and substance use, anxiety, depression and suicide. There is a critical need to address historical trauma and its impact, and to develop and implement culturally-responsive services to improve Native Hawaiian health and well-being.

Culturally-relevant recommendations for improving Native Hawaiian health and well-being across healthcare, education and government, research and community sectors were offered. Collectively, these recommendations encourage the importance of acknowledging cultural wounding and advocating for systemic change. They also emphasize the promotion of practices and strategies that support Native Hawaiians in reconnecting to cultural practices, traditions and values. This includes the creation of culturally safe spaces in all sectors; the inclusion of traditional holistic healing approaches - like lomilomi and lā'au lapa'au - with modern healthcare; training educators in Native Hawaiian history and TI practices; legislative support for policies and programs that promote Native Hawaiian restorative processes and culture-based healing; research that forwards the development of tools to measure HT; and community initiatives that focus on creating public-private partnerships for community healing. The complete list of 56 culturally-responsive recommendations to improve Native Hawaiian Health and well-being can be found in *Appendix A*.



## Trauma-Informed Communication Best Practices

**The Task Force recommends developing best practices for trauma-informed communication, including methods and tools for promoting TI communication in agencies, within government, and in the media.**

### *Community Voices & Stories*

- A promising shift in media coverage is emerging through the work of Amanda Stevens, Public Information Officer at the Hawai'i Department of Human Services. In collaboration with Mark Patterson, Stevens recently guided journalists toward a more trauma-informed approach to reporting about youth involved in crime. This guidance successfully transformed a story about youth crime from a punitive narrative into one that helped readers understand the complex factors influencing young people's behaviors.
- Casey Park, Social Marketing Director of the CAMHD's Data to Wisdom project and August TIC TF meeting guest speaker, presented on the Hawai'i Heals campaign. This media campaign created relatable examples of secondary trauma that would encourage self-identifying viewers statewide to seek further information and treatment resources. The following recommendations were made:
  - Consider the role of the media on secondary trauma. Studies show a correlation between the amount of media consumption, frequency of viewing, graphic nature of content and type of channel (i.e., reading, television, social media), and psychological distress, functional impairment and general worry.
  - Campaign messaging and delivery. Be aware of retraumatization. Avoid mentioning any specific traumatic event. Ensure messaging is understandable regardless of knowledge level on mental health. Create messaging that is solution-focused and evergreen.

## Trauma-Informed Workplace Wellness Best Practices

The Task Force recommends developing best practices for trauma-informed workforce wellness, including models that have been tested or implemented to promote staff well-being and address secondary traumatic stress (STS). Enhancing supervisory training in these areas is encouraged. The Task Force supports OWR's State of Well-Being Project as an initiative in this area.

### Community Voices & Stories

The following was shared by Hawai'i Correctional Oversight Commission Chair, Mark Patterson during the October TIC TF meeting:

*"Trauma-informed care is about creating **SPACE**:  
S: Staff assure that they are trained in providing TIC,  
P: Programs are all based on TIC principles,  
A: Administration TIC is in policy, and that in policy it is enforced (HR),  
C: Case management is TIC centered and community partners are TIC aligned, and finally,  
E: environment, create the physical TIC sensitive."*

This "SPACE" acronym provides an easy-to-remember structure for creating a TI workplace.

The following are other examples of how TI workplace wellness and staff well-being are prioritized throughout Hawai'i in 2024:

- Kūpa'a Maui Ola: Hawai'i Wellness & Resilience Summit was hosted by OWR in May 2024. This inaugural summit invited directors, deputy directors, mid-level supervisors, AGs, and contracted providers to learn about the evolution of TIC in Hawai'i. Participants were provided strategies for successful models of implementation and ways to identify their own readiness and needs as they journey towards the use of TIC and Wellness practices in their own departments. Post-attendance surveys showed a 93% satisfaction rate and 89% interest rate in future events.
- The Hawai'i Correctional Oversight Commission engaged in a year-long initiative assessing and focusing on the wellness and mental health of Department of Corrections and Rehabilitation (DCR) staff and their working environment. Eighty-percent of staff participated through survey and talk-story engagement to share on how conditions of confinement affect offenders and staff well-being. A legislative report is pending and partnerships are being put in place to move towards the creation of a more TI work environment.

## Trauma-Informed Inventory: Systems Mapping

**The Task Force recommends detailed improvements in systems mapping, with emphasis on increased data transparency and connection points.** Engaging in systems mapping will offer visual data on different dimensions, create more pathways for connection, and uncover a roadmap of connectors and awareness about resources and expertise available (i.e. tools, individuals, communities).

### Community Voices & Stories

The following are two examples of efforts being made throughout Hawai'i to map TI resources and providers:

- The Hawai'i Community Foundation (HCF) conducted a survey to gather baseline information from direct service providers on the mental health services currently being provided to Hawai'i keiki (0 to 5 years old) and families. The collected data will be shared with organizations focused on workforce development as well as policymakers to help guide future planning and decision-making in this area.
- The Governor's Policy Academy on Youth Mental Health and Well-being is also engaging in resource mapping.

## Trauma-Informed Organization Assessments

**The Task Force recommends advancing Trauma-Informed Organizational Assessments (TIOA).** A TIOA is a process to evaluate how well an agency or organization's policies, procedures and practices align with TI principles. **It is recommended TIOAs be advanced in all State Departments.** The Task Force supports this as an OWR-led initiative.

**The Task Force further recommends creating opportunities for agencies and organizations that have engaged in TIOAs to share their experience and benefits with other organizations who are interested in self-evaluation.**

### Community Voices & Stories

Hale Kipa paved the way for others by engaging in a Trauma-Informed Organizational Assessment (TIOA) in 2023. A follow-up survey was conducted in summer 2024 to measure secondary trauma among their employees. The 2024 results (4.20) showed a forty-two point improvement compared to their March 2023 baseline (3.78). This outcome highlighted the positive impact of implementing TI practices. Hale Kipa openly shares about its experiences engaging in the TIOA process and their resulting outcomes.

## Convene Trauma-Informed Care Practitioners

**The Task Force recommends creating more and consistently available opportunities for TI practitioners to present to and network with others (e.g. Practitioner Summit).** This convening for practitioners also creates an opportunity to engage in systems mapping.

### Community Voices & Stories

The following are examples of efforts to convene and support networking amongst TI practitioners throughout Hawai'i in 2024:

- The 4th Annual Kahewai Summit for Early Childhood Care Providers was held in April. This summit convened over 300 educators and caregivers who serve Hawai'i keiki (0-6 years old) and provided them with tools and insights to refine skills in TIC, wellness, resilience, and effective teaching and learning practices.
- The Hawai'i Interagency State Youth Network of Care (HISYNC) and Hawai'i Youth Services Network (HYSN) hosted a networking meeting in October where presentations of the Maui Wildfire Impact Study featuring University of Hawai'i Researchers were shared.
- OWR continues to host Maui Strong Mental Health Response team calls, which began in response to the August 2023 Maui wildfires. These team calls offer mental health and wellness providers a weekly, routine virtual space to collaborate, share resources and gather data.

## Data Sharing & Funding Portals

**The Task Force recommends further exploring federal, grant and other long-term funding opportunities that support program evaluation, organizational assessments, training, staffing and resources.** Long-term federal funding is needed to coordinate and improve services, support program evaluation, and provide organizational assessments, training, staffing and resources.

**The Task Force recommends the creation of a state resource to serve as a portal or repository for data sharing agreements to streamline the federal funding application process.**

### Community Voices & Stories

In a landmark achievement, the Office of Wellness and Resilience (OWR) successfully deployed the largest statewide survey on health and/or well-being in Hawai'i: The Hawai'i Workplace Wellness and Quality of Life Survey. With over 10,000 resident respondents, this is being recognized as the largest data capture and repository in the country on well-being, and receiving excitement on the local and federal level.

## **Measuring Trauma-Informed Care Effectiveness**

**The Task Force recommends detailing new metrics or evaluation tools that can be used to assess the effectiveness of the TIC framework.** Measuring and summarizing learning from various bodies of practice, along with researching the cost-benefits of TIC, is necessary to demonstrate the effectiveness of being trauma-informed. *Further guidance on this is a priority area of focus for the TIC TF in 2025.*

## **Appendix A.**

### **Understanding the Historical Trauma Impact of Colonization on Native Hawaiian Health and Well-Being: A Scoping Review**

**Danielle Lanakila Carreira Ching, B.A.**

Doctoral Candidate in Clinical Psychology, Hawai'i Pacific University Implementation Research Assistant, The  
Baker Center for Children and Families  
Research Assistant, Hawai'i State Child & Adolescent Mental Health Division

September 2024

## **Culturally-relevant recommendations to improve Native Hawaiian health and well-being**

### **Health Care**

#### **Culturally-Relevant Adaptations**

- Integration of Native Hawaiian (NH) spirituality and historical trauma into treatment plans.
- Cultural/indigenous forms of knowledge in treatment/health clinics.
- Bilingual and/or bicultural staff and providers.
- Inclusion of the understanding that therapy extends beyond the individual to the family, community, environment and spirit worlds stressing the bonds of reciprocity between children and parents, between humans and the 'āina, and between the living and the dead.
- Cultural tailoring of programs through consultation with counselors, community members, and local graduates of culturally-based recovery programs.
- Nurse training in Native Hawaiian culture and values to help families navigate care and ensure better cultural fit.
- Inclusion of holistic balance and harmony of mind, body and spirit; a combination of pule and healing practice (80/20); healing beliefs based on healthy eating, emotional spiritual balance, mana, lomilomi, lā'au lapa'au.
- New health promotion strategies in the form of programs supported by Native Hawaiian values and practices that reinforce rather than discard patient's preferred modes of living. Focus and main recreation may include hula as a culturally-based health promotion strategy or program.
- Stronger articulation of frameworks for services that demonstrate cultural safety to help professionals enhance their understanding of native cultural values, social determinants, and stressors that impact health needs and care preferences in Native Hawaiians.

#### **Advocacy and Systemic Change**

- Recognition by the health care community of the importance of cultural wounding and historical trauma in order to develop practices and policies to rise to the demands of the problem.
- Implementation of indigenous healing systems comprised of beliefs and practices that originate within the culture and are designed specifically for the needs of its members.
- Creation of an Integrated System of Care including public and private entities that incorporates a Trauma-Informed System of Care as a shared core approach that encompasses the "twinkle to wrinkle" span of life and provides prevention, intervention, and after care support for infants, children, adolescents, adults, and families that is connected, inclusive, and dynamic, founded on shared values and common principles.
- Focusing in on decolonization vs. sovereignty in health care.
- Changes or reconsideration of policies such as those that separate patients from family during clinic visits or hospitalization and noninclusion of family members when discussing health matters to be less prohibitive.
- Support for culturally tailored and affordable programs for Native Hawaiians as well as additional research to address a changing cultural milieu due to generational and other changes.

### **Reconnection to Culture**

- Language revitalization and culture in health promotion programs.
- Replacement of western biopsychosocial model of treatment with Hawaiian cultural healing practices to restore clients' cultural selves.
- Treatment conducted within the culture of the patient for the maximum benefit.
- Inclusion of lā'au lapa'au in treatment.

### **Reconnection to Resources**

- Resources specifically for implementation of the cultural healing learning model and the education/coordination of allopathic and spiritual means in healing services.

### **Education**

#### **Culturally-Relevant Adaptations**

- College counselor training in indigenous history, epistemology, cosmology, and indigenous ways of knowing/healing practices. Ongoing development of cultural competence through supervision, training, dialogue/feedback with others (e.g., clients, colleagues).
- Efforts to build a sense of community congruent in the context of NH values to create safe spaces for NH on college campuses.
- Integrated educational programs at K-12 schools to provide healing opportunities and increase cross-cultural understanding/respect.
- Educators trained in NH history and comfortable with addressing difficult topics such as HT in the classroom.
- Development of curriculum that incorporates Hawaiian cultural practices and knowledge to build pride/fluency for all 'ōpio, including non-Hawaiians.

#### **Advocacy and Systemic Change**

- Acknowledgment of HT and its impacts by colleges/universities.
- Indigenous critical education in colleges/universities.
- Efforts to decolonize and transform fields/contexts (e.g., psychology, academic/dominant cultural context) in colleges/universities and the broader fields.
- Decolonization of college curriculum, acceptance/inclusion of indigenous research protocols and processes in colleges/universities.
- Education on HT, amplifying 'ōpio voices, education on the reality that HT is something in the now/current, a modern issue, concern, and battle.

### **Reconnection to Culture**

- Consideration of the modern context of reconnection while also considering the reality of modern society (e.g., practicality concerns with language immersion schools).
- Educational experiences with community members and mentors in the field that include sacred spaces and dialogic spaces for exchange of perspectives and beliefs.
- Incorporation of NH history into education; have students learn 'Ōlelo Hawai'i to elevate Hawaiian ways of knowing.
- Cultural programming esp. 'āina based learning.

### **Reconnection to Resources**

- Scholarships, funding, programing that provides incentives for Native Hawaiian students to access services at colleges/universities.
- Provision of additional support/encouragement to Native Hawaiian students to navigate western-based systems at colleges/universities.

## **Government**

### **Advocacy and Systemic Change**

- Addressing of HT at a wider, policy level (e.g., recognition of HT by the state, DOE school system).
- Legislative acknowledgement, identification, and prioritization of HT and establishment of a task force to study NH HT and its impacts, research into HT impacts across the lifespan. To include legislative support for policies and programs that center NH restorative processes and culture-based healing for NH 'ōpio and families.
- Development of every community partner, public and private, into a pu'uhonua, a place of healing, including state agencies, private providers, nonprofit organizations, churches, schools, and community health centers.
- Consideration of large-scale approaches like the Indigenous Peoples of the Americas Survey to obtain details about identity, trauma experiences, depression, and PTSD symptoms in NH with inclusion of a measure of HT.
- Recognition and admission of the roles played in harming people with leprosy, NH by majority, in their own homelands.
- Reinstating the Hawaiian nation by de-occupying Hawai'i and supporting a community-informed and majority-supported process of recovering and rebuilding the Hawaiian nation.

### **Reconnection to Resources**

- Returning Hawaiian Kingdom Crown and Government lands to make resources available that would support further recovery and reconnection to our stories, our bodies, 'āina and Kingdom.

## **Research**

### **Culturally-Relevant Adaptations**

- Culturally safe research practices, redistribution of power back to communities, mindfulness to cultural practices/protocols when conducting research, and development of interventions that incorporate cultural practices.
- An adapted scale to measure NH HT and provide evidence-based support for cultural program recommendations, etc.
- Increased use/adaptation of measures of HT (e.g., Historical Loss Scale, Historical Loss and Associated Symptoms scale).
- Implementation of an intersectional lens when researching NH communities to include LGBTQM individuals, perspectives, and histories.

### **Advocacy and Systemic Change**

- Inclusion of LGBTQM NH voices (which have often been excluded or ignored in research) particularly relating to experience with historical loss to facilitate a shift in the current paradigm where community members viewed as at-risk or marginalized can become sources of strength, leadership, and hope.

## **Community**

### **Reconnection to Culture**

- Cultural practices such as navigation, fishing, canoe, and ahupua'a concepts through hands on learning to empower the community.
- Engaging young people to keep cultural practices alive across generations
- Reconnection to culture which may mediate the negative impacts of colonization increasing community and educational empowerment which may mitigate harms linked to HT.
- Cultural initiatives in the form of hula, Hawaiian language, and lo'i/kalo field work.
- Educating and empowering Native Hawaiian communities to reconnect with culture.



**Advocacy and Systemic Change**

- Form public-private-individual/family partnerships for community healing and well-being using a mind, body, spirit, place perspective, and incorporating a Trauma Informed Systems of Care framework to work toward community healing and well-being.

## **Appendix B.**

### **2024 Trauma-Informed Care Task Force Meeting Attendees & Participants**

Kahikina Abuluyan	Tani Kagesa Salazar
Justina Acevedo-Cross	Ana Kia
Keira Arcangel	Tina Kiyabu-Crowell
Krystal Baba	Jessica Kojima
Bec Baligad	Kacie Lambert
Jasmine Branco	Ruth LaMer
Jodi Burgess	Naomi Leipold
Chasity Cabral	David Litman
Stephanie Campbell	Heather Lusk
Sandi Capuano Morrison	Kathleen Merriam
Teara Caston	Laura Miller
Alice Caudill	Daysha Morris
Aimee Chung	Moanike‘ala Muna
Janae Davis	Jamie Newalu
Deza-rae Desa	Mia Ogata
Heaven Fermin	Shawna Pabingwit
Mai Hall	Tiffany Ramos-Duh
Laura Brucia Hamm	Andrew Sabanal
Tia Hartsock	Christina Simmons
Lisa Hartwell	Corinna Sosa
Amanda Hawkins	Naiya Spring
Godwin Higa	Laurie Tochiki
Daniel Ho	Billie Wright
Leona Hosea	Erica Yamauchi
Tori Ikeda	Valerie Yin
Natalie Jung	