

IBOUNCE UP, Inc.

Application for State Grant-In-Aid
January 17, 2025

www.ibounceup.org

**THE THIRTIETH LEGISLATURE
APPLICATION FOR GRANTS
CHAPTER 42F, HAWAII REVISED STATUTES**

Type of Grant Request:

Operating Capital

Legal Name of Requesting Organization or Individual: Dba:
IBOUNCE UP, INC.

Amount of State Funds Requested: \$ 150,000

Brief Description of Request (Please attach word document to back of page if extra space is needed):

From alarming rates of anxiety and depression to pervasive substance abuse and a struggling foster care system, the need for intervention is undeniable. The overarching goal of IBOUNCE UP is to improve mental health and resilience among target communities through our strategic partners, achieved through the Bounce Resilience Training Approach Program. Since 2023, 28 mental resilience trainings delivered in-person and online have benefitted 355 at-risk and underserved individuals in Hawaii, such as troubled teens/young adults, youth and adults in addiction recovery, and individuals involved in the foster care system.

The 12-month State GIA investment will allow IBOUNCE UP to deliver 48 mental resilience training sessions to at least 360 at-risk and underserved individuals through our 3 new and 4 existing partners. IBOUNCE UP's Board of Directors, Staff, and Volunteers will provide in-person mental resilience training programs statewide.

Amount of Other Funds Available:

State: \$ 0
Federal: \$ 0
County: \$ 0
Private/Other: \$ 35,642.63

Total amount of State Grants Received in the Past 5 Fiscal Years:

\$ 0

Unrestricted Assets:

\$ 5,848.63

New Service (Presently Does Not Exist): Existing Service (Presently in Operation):

Type of Business Entity:

501(C)(3) Non Profit Corporation
 Other Non Profit
 Other

Mailing Address:

55-652 Wahinepe'e Street
City: Laie State: HI Zip: 96762

Contact Person for Matters Involving this Application

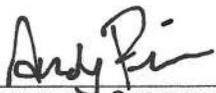
Name: Andrew Pierce	Title: Director & Founder
Email: andy@ibounceup.com and info@ibounceup.com	Phone: (808) 753-0303

 _____ Authorized Signature	Andrew Pierce, Director & Founder _____ Name and Title	01/16/2025 _____ Date Signed
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Application Submittal Checklist

The following items are required for submittal of the grant application. Please verify and check off that the items have been included in the application packet.

- 1) Hawaii Compliance Express Certificate (If the Applicant is an Organization)
- 2) Declaration Statement
- 3) Verify that grant shall be used for a public purpose
- 4) Background and Summary
- 5) Service Summary and Outcomes
- 6) Budget
 - a) Budget request by source of funds ([Link](#))
 - b) Personnel salaries and wages ([Link](#))
 - c) Equipment and motor vehicles ([Link](#))
 - d) Capital project details ([Link](#))
 - e) Government contracts, grants, and grants in aid ([Link](#))
- 7) Experience and Capability
- 8) Personnel: Project Organization and Staffing


AUTHORIZED SIGNATURE

ANDREW PIERCE, Director and Founder
PRINT NAME AND TITLE

01/16/2025
DATE



STATE OF HAWAII
STATE PROCUREMENT OFFICE

CERTIFICATE OF VENDOR COMPLIANCE

This document presents the compliance status of the vendor identified below on the issue date with respect to certificates required from the Hawaii Department of Taxation (DOTAX), the Internal Revenue Service, the Hawaii Department of Labor and Industrial Relations (DLIR), and the Hawaii Department of Commerce and Consumer Affairs (DCCA).

Vendor Name: IBOUNCE UP

Issue Date: 12/15/2024

Status: Compliant

Hawaii Tax#:

New Hawaii Tax#:

FEIN/SSN#: XX-XXX1719

UI#: No record

DCCA FILE#: 327289

Status of Compliance for this Vendor on issue date:

Form	Department(s)	Status
A-6	Hawaii Department of Taxation	Compliant
8821	Internal Revenue Service	Compliant
COGS	Hawaii Department of Commerce & Consumer Affairs	Exempt
LIR27	Hawaii Department of Labor & Industrial Relations	Compliant

Status Legend:

Status	Description
Exempt	The entity is exempt from this requirement
Compliant	The entity is compliant with this requirement or the entity is in agreement with agency and actively working towards compliance
Pending	A status determination has not yet been made
Submitted	The entity has applied for the certificate but it is awaiting approval
Not Compliant	The entity is not in compliance with the requirement and should contact the issuing agency for more information

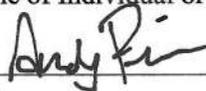
**DECLARATION STATEMENT OF
APPLICANTS FOR GRANTS PURSUANT TO
CHAPTER 42F, HAWAII REVISSED STATUTES**

The undersigned authorized representative of the applicant certifies the following:

- 1) The applicant meets and will comply with all of the following standards for the award of grants pursuant to Section 42F-103, Hawaii Revised Statutes:
 - a) Is licensed or accredited, in accordance with federal, state, or county statutes, rules, or ordinances, to conduct the activities or provide the services for which a grant is awarded;
 - b) Complies with all applicable federal and state laws prohibiting discrimination against any person on the basis of race, color, national origin, religion, creed, sex, age, sexual orientation, or disability;
 - c) Agrees not to use state funds for entertainment or lobbying activities; and
 - d) Allows the state agency to which funds for the grant were appropriated for expenditure, legislative committees and their staff, and the auditor full access to their records, reports, files, and other related documents and information for purposes of monitoring, measuring the effectiveness, and ensuring the proper expenditure of the grant.
- 2) If the applicant is an organization, the applicant meets the following requirements pursuant to Section 42F-103, Hawaii Revised Statutes:
 - a) Is incorporated under the laws of the State; and
 - b) Has bylaws or policies that describe the manner in which the activities or services for which a grant is awarded shall be conducted or provided; and
- 3) If the applicant is a non-profit organization, it meets the following requirements pursuant to Section 42F-103, Hawaii Revised Statutes:
 - a) Is determined and designated to be a non-profit organization by the Internal Revenue Service; and
 - b) Has a governing board whose members have no material conflict of interest and serve without compensation.
- 4) The use of grant-in-aid funding complies with all provisions of the Constitution of the State of Hawaii (for example, pursuant to Article X, section 1, of the Constitution, the State cannot provide "... public funds ... for the support or benefit of any sectarian or nonsectarian private educational institution...").

Pursuant to Section 42F-103, Hawaii Revised Statutes, for grants used for the acquisition of land, when the organization discontinues the activities or services on the land acquired for which the grant was awarded and disposes of the land in fee simple or by lease, the organization shall negotiate with the expending agency for a lump sum or installment repayment to the State of the amount of the grant used for the acquisition of the land.

Further, the undersigned authorized representative certifies that this statement is true and correct to the best of the applicant's knowledge.

<u>IBOUNCE UP, INC.</u> (Typed Name of Individual or Organization)	
<u></u> (Signature)	<u>01/16/2025</u> (Date)
<u>ANDREW PIERCE</u> (Typed Name)	<u>Director & Founder</u> (Title)

**PUBLIC PURPOSE
PURSUANT TO SECTION 42F-102
HAWAII REVISED STATUTES**

Name of the Requesting Organization:

IBOUNCE UP, INC.
55-652 Wahinepe'e Street, Laie, Hawaii, 96762
www.ibounceup.org

Public Purpose for the Grant:

Hawaii faces a critical public health concern - a growing mental health crisis disproportionately affecting underserved communities. This crisis manifests in alarming rates of anxiety, depression, substance abuse, and a strained foster care system. IBOUNCE UP addresses this public need by equipping individuals with vital tools to build mental resilience, fostering a healthier, more productive citizenry.

Services to be Supported by the Grant:

The Grant-in-Aid will support the organization's flagship service - the Bounce Resilience Training program. This program equips target underserved communities with the "5 Research-Based Pillars of Resilience" and "10 Accompanied Skills" through through in-person mental resilience training sessions leading to improved mental health conditions and breaking the cycle of substance abuse and addiction, homelessness, crime, among other socio-economic issues they face.

By investing in IBOUNCE UP, the State Legislature invests in a healthier Hawaii:

- ***Improved Mental Health:*** Equipping participants with the knowledge and skills necessary to manage stress, reinforce positive relationships, and navigate challenges effectively, leading to improved mental health state;
- ***Lesser Impact of Abuse:*** Mitigating the negative impacts of abuse and neglect, ensuring that participants receive the care and guidance they need to thrive.
- ***Improved Well-being:*** Developing emotional strength and resilience, leading to improved life outcomes and breaking the cycle of substance abuse and addiction, homelessness, crime, and the like;
- ***Higher Retention:*** Increase in the number of caretakers who choose to stay within the foster care system
- ***Lesser Readmission:*** Decrease in the number of individuals needing rehabilitation readmission into the system
- ***Increased Resilience:*** Statistically significant increase in participants' resilience scores post-training, reflecting tangible personal growth and development;
- ***Empowerment and Support:*** Empowering resource caregivers to adopt better emotional regulation and caregiving practices, fostering a more supportive environment for the youth and children in th

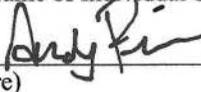
Cost of the Grant and Budget:

The requested \$150,000 Grant-in-Aid will cover personnel costs, office and program activity supplies, consultant and professional service fees, and operational needs. A detailed budget breakdown is attached.

Further, the undersigned authorized representative certifies that this statement is true and correct to the best of the applicant's knowledge.

IBOUNCE UP, INC.

(Typed Name of Individual or Organization)



(Signature)

01/16/2025

(Date)

ANDREW PIERCE

(Typed Name)

Director and Founder

(Title)

Application for Grants

If any item is not applicable to the request, the applicant should enter "not applicable".

I. Certification – Please attach immediately after cover page

1. Hawaii Compliance Express Certificate (If the Applicant is an Organization)

If the applicant is an organization, the applicant shall submit one (1) copy of a Hawaii Compliance Express Certificate from the Comptroller of the Department of Accounting and General Services that is dated no earlier than December 1, 2024.

[PLEASE SEE ATTACHED]

2. Declaration Statement

The applicant shall submit a declaration statement affirming its compliance with Section 42F-103, Hawaii Revised Statutes.

[PLEASE SEE ATTACHED]

3. Public Purpose

The applicant shall specify whether the grant will be used for a public purpose pursuant to Section 42F-102, Hawaii Revised Statutes.

[PLEASE SEE ATTACHED]

II. Background and Summary

This section shall clearly and concisely summarize and highlight the contents of the request in such a way as to provide the State Legislature with a broad understanding of the request. Please include the following:

1. A brief description of the applicant's background;

IBOUNCE UP is a 501(c)(3) nonprofit founded in August 2023 that educates about the "5 Research-Based Pillars of Resilience": Awareness, Control, Optimism, Flexibility & Relationships, and the "10 Accompanied Skills": Event/Thought/Outcome (E.T.O.), Detecting Beliefs, Goal Setting, Diaphragmatic Breathing, Happiness, Growth Mindset, Confirmation Bias, Problem Understanding, Assertive Communication & Productive Responding.

IBOUNCE UP empowers individuals facing adversity by cultivating effective mindsets and providing impactful resources, programs, and support. It is proud to be 1 of the 300+ member-nonprofits of the Hawaii Alliance of Nonprofit Organizations and 1 of the 60+ nonprofits in Hawaii with Candid's 2024 Platinum Transparency Seal. Despite limited resources, IBOUNCE

UP has established strategic partnerships with Makana O Ke Akua, CASA Hawaii, Epic Ohana, and Bobby Benson Center.

The training programs at IBOUNCE UP were developed by founder Andrew Pierce, a mental resilience trainer with extensive experience working with Special Forces and Army Ranger soldiers, and co-founder Lauralee Pierce. Lauralee possesses a deep understanding of overcoming addiction, having lost several family members to this battle. Together, they create comprehensive programs that equip individuals with the necessary tools and tactics to build resilience, empowering participants to successfully navigate life's challenges and foster lasting personal growth.

IBOUNCE UP's board of directors comprises highly motivated and accomplished individuals with strong backgrounds in the field. The board includes members with diverse educational backgrounds, including master's degrees, marriage and family studies, sociology, and expertise as educators and mentors in the Foster, Adoptive & Kinship Care Education Program.

2. The goals and objectives related to the request;

The overarching goal of IBOUNCE UP is to improve mental health and resilience among at-risk and underserved individuals in Hawaii. This is achieved through the Bounce Resilience Training Approach Program, a structured and tested initiative delivering mental resilience training sessions.

The measurable objectives to be achieved are outlined below to ensure the effective implementation of the program within the grant period:

PARTNERSHIP ESTABLISHMENT AND EXPANSION:

1. Establish at least 3 new partnerships with organizations that serve target populations, strengthening the program's reach and impact.
2. Maintain and deepen collaboration with existing partners such as Makana O Ke Akua, CASA Hawaii, Epic Ohana, and Bobby Benson Center.

TRAINING CURRICULUM AND DELIVERY

1. Facilitate 48 in-person mental resilience training workshops over the course of the grant period, averaging 4 sessions per month.
2. Each session will utilize the "5 Research-Based Pillars of Resilience" and the "10 Accompanied Skills" as the foundation for building participants' resilience and mental health capacity.

TARGET POPULATION ENGAGEMENT

1. Serve 360 at-risk/vulnerable individuals within the specified target populations, including troubled teens/young adults, youth and adults in addiction recovery, individuals involved in the foster care system, and at-risk/underserved communities. Participants will primarily be sourced from existing and new partner organizations.

3. The public purpose and need to be served;

The mental health landscape in Hawaii paints a concerning picture. From alarming rates of anxiety and depression to pervasive substance abuse and a struggling foster care system, the

need for intervention is undeniable. These challenges disproportionately impact underserved communities, youth, and individuals grappling with addiction.

IBOUNCE UP addresses this critical public need by offering the Bounce Resilience Training Program. This program equips individuals with practical tools they need to build mental resilience, a vital skill for navigating life's challenges and fostering well-being.

REDUCING MENTAL HEALTH BURDENS

- Mental health issues are proven to be debilitating, impacting an individual's ability to work, maintain relationships, and function in daily life. It is a growing public health issue in the state, where approximately 26.5% of adults report symptoms of anxiety and depression. Despite the pressing need, 23.9% of those experiencing these symptoms lack access to necessary interventions.
- By promoting resilience, IBOUNCE UP empowers individuals to cope with stress, manage difficult emotions, and build healthy coping mechanisms. This translates to a healthier, more productive citizenry and reduced strain on mental health services.

BREAKING THE CYCLE OF ADDICTION

- Substance abuse is often a way of self-medicating for underlying mental health issues. The rates in Hawaii surpass national averages, with methamphetamine, marijuana, and alcohol being the most commonly abused substances. It also begins at a younger age than the rest of the country.
- By equipping individuals with healthier coping mechanisms, IBOUNCE UP reduces the risk of relapse, promotes long-term recovery, and addresses the underlying psychological and emotional factors contributing to addiction.

SUPPORTING THE FOSTER CARE SYSTEM

- Hawaii faces a significant deficit in resource caregivers for foster children and youth transitioning out of the system, leaving at least 400 of them without adequate placement options. If these individuals are supported with strong mental resilience, they are better equipped to care for each other and contribute positively to their communities.
- By essential training and support to manage the emotional and psychological demands of those involved in the foster care system, IBOUNCE UP serves as a dual-purpose solution thereby increasing caregiver retention rates and enhancing the quality of care.

LONG-TERM RESPONSE TO CRIME AND HOMELESSNESS

- There's a well-established link between mental illness and criminal activity. People with severe mental illnesses are disproportionately victims of crime, compounding their vulnerability. Additionally, the state's unsheltered homeless population has nearly doubled over the past decade, and many individuals in this demographic struggle with mental illness and substance abuse.
- By fostering life skills, IBOUNCE UP proactively addresses these challenges by reducing susceptibility to victimization and improving pathways to stability.

The Grant-in-Aid is an investment that will allow IBOUNCE UP to deliver vital mental resilience training sessions providing proven life-changing support to underserved communities across the state.

4. Describe the target population to be served; and

IBOUNCE UP, through the Bounce Resilience Training Approach Program, serves low-income, vulnerable, at-risk, and underserved communities. All genders, race, faiths and age are welcome, ensuring access to everyone.

YOUTH AND ADULTS IN ADDICTION RECOVERY

- Coping with addiction and recovery: Individuals in rehabilitation centers are often recovering from substance abuse or addiction. Mental resilience training can help them develop self-efficacy and healthy coping mechanisms to navigate cravings, triggers, and setbacks during their recovery journey.
- Building emotional regulation skills: Addiction and substance abuse can often be linked to underlying emotional issues such as stress, anxiety, depression, or trauma. Mental resilience training can help them develop emotional regulation skills such as how to identify and manage their emotions in healthy ways.
- Building self-esteem and self-efficacy: Addiction can often erode an individual's self-esteem and self-confidence. Mental resilience training helps teenagers and adults in rehab centers rebuild their self-esteem and develop a sense of self-efficacy.

INDIVIDUALS INVOLVED IN THE FOSTER CARE SYSTEM

- Emotional demands: Caregivers may experience a wide range of emotions while caring for children who have experienced complex trauma or difficult life circumstances. Mental resilience training has been proven to help individuals in distress develop mental toughness, effectively manage their own emotions, and provide a stable and nurturing environment for the children in their care.
- Complex behaviors: Children and youth in foster care may exhibit challenging behaviors due to their past experiences. Mental resilience training equips these children's mentors with strategies and techniques to understand and respond to these behaviors in a compassionate and effective manner.
- Self-care: Caring for children and youth in foster care can be physically, emotionally, and mentally demanding. Mental resilience training emphasizes the importance of self-care and provides strategies to prioritize one's own well-being which includes stress management techniques, setting boundaries, and seeking support when needed.
- Transition and loss: Resource caregivers may experience grief and loss when children or youth in their care are reunified with their biological families or move to a different placement. Mental resilience training helps navigate these transitions and process their emotions in a healthy way.

TROUBLED TEENS/YOUNG ADULTS IN UNDERSERVED COMMUNITIES

- Peer pressure and social challenges: School and work environments can be socially complex, and teens/young adults may face peer pressure, bullying, or difficulties in forming positive relationships. Mental resilience training teaches them assertiveness, empathy, conflict resolution, and healthy communication, enabling them to build positive relationships and resist negative influences.
- Transition and change: Teens/young adults often experience transitions and changes throughout their school and post-graduation years, such as transitioning to higher education, encountering more complex subjects, and more consequential decisions. Mental resilience training supports them in adapting to these transitions and managing the associated stress and uncertainty. It can help them develop flexibility, adaptability, and problem-solving skills, enabling them to navigate change successfully.

- Mental health and well-being: Teens/young adults may experience stress, anxiety, or other mental health issues due to academic pressures, social challenges, or personal circumstances. Mental resilience training teaches students coping strategies, stress management techniques, and self-care practices; as well as help them develop a positive mindset, build determination, and seek support when needed.

5. Describe the geographic coverage.

IBOUNCE UP Board of Directors, Staff, and Volunteers will provide in-person mental resilience training programs statewide, primarily focusing on Oahu. Online training options will be made available to outer islands.

III. Service Summary and Outcomes

The Service Summary shall include a detailed discussion of the applicant's approach to the request. The applicant shall clearly and concisely specify the results, outcomes, and measures of effectiveness from this request. The applicant shall:

1. Describe the scope of work, tasks and responsibilities;

PRE-IMPLEMENTATION

- Partnership Establishment: Collaborative agreements outlining roles, responsibilities, and expectations with at least 3 new organizations serving target populations, as well as existing partners, will be developed.
- Pre-Assessment: Initial intake will be administered with each strategic partner to understand their specific needs and tailor the training curriculum accordingly. Through a series of questions, trainers identify the challenges that need to be addressed and then apply one to five of the resilience pillars and/or one to ten mental skills, as needed.
- Curriculum Development: Tailored training materials will be developed for each partner incorporating feedback from pre-training assessment, and finalizing the curriculum. A detailed training schedule will also be created by coordinating with partners to identify optimal dates and times, and training resources will be secured such as specific locations, supplies, and printed materials.

IMPLEMENTATION

- Training Delivery: The mental resilience training session will be conducted at the organization's location to ensure convenience and relevance. It is adaptable to the needs of the populations served, as the sessions can be conducted indoors with formal presentations or outdoors with activity-based learning, depending on the preferences and requirements of the strategic partner.
- Program Monitoring: Interim evaluations will be used to adjust content delivery, ensuring alignment with participants' feedback and outcomes. Data on the participation and training session must be recorded through attendance sheets and Impact Reporting.

POST-IMPLEMENTATION

- Post-Evaluation: Post-training evaluations will be conducted to measure changes in resilience scores. This will include testimonials and qualitative feedback from participants and partners to attain target participant completion and partner satisfaction.
- Reporting: Key program updates such as photos, videos, selected testimonials, and results will be shared through monthly newsletters, social media updates, and dedicated

website sections. Monthly Impact Reports and grant-mandated reports will also be compiled and published as necessary.

- **Sustainability:** Communication with partners will be maintained to explore future collaborations, while sustainability strategies will be implemented to ensure the program's long-term impact.

2. Provide a projected annual timeline for accomplishing the results or outcomes of the service;

The program timeline below is structured into four quarters, ensuring all activities align with achieving measurable outcomes within the grant period.

Q1 Jul 2025 - Sep 2025	<ul style="list-style-type: none"> – Formalized agreements with 3 new partners – Pre-assessment and curriculum finalized for each confirmed partner – Serve 90 at-risk/vulnerable individuals – Deliver 12 mental resilience training sessions
Q2 Oct 2026 - Dec 2026	<ul style="list-style-type: none"> – Serve 90 at-risk/vulnerable individuals – Deliver 12 mental resilience training sessions
Q3 Jan 2026 - Mar 2026	<ul style="list-style-type: none"> – Serve 90 at-risk/vulnerable individuals – Deliver 12 mental resilience training sessions
Q3 Apr 2026 - Jun 2026	<ul style="list-style-type: none"> – Serve 90 at-risk/vulnerable individuals – Deliver 12 mental resilience training sessions

3. Describe its quality assurance and evaluation plans for the request. Specify how the applicant plans to monitor, evaluate, and improve their results; and

IBOUNCE UP has extensive experience in applying evidence-based quality assurance and evaluation practices to improve the training of resilience skills.

MONITORING

- Regularly assess the quantity and implementation of the mental resilience training sessions to ensure it is being delivered as intended.
- Monitor the attendance, participation and engagement levels of participants to gauge their level of involvement in the training.
- Use interim evaluations to identify and address gaps or challenges in delivery, making adjustments to enhance program effectiveness.

EVALUATION

- Collect narratives and testimonials from participants to understand the personal impact of the training.
- Engage partner organizations in interviews, as deemed necessary, to assess the program's alignment with their needs and its value to their beneficiaries.
- Document the program trainer's observations on participant progress and challenges encountered during sessions.

IMPROVEMENT

- Refine the curriculum to enhance its effectiveness and address participant needs
- Leverage findings from evaluations to inform decision-making and optimize resource allocation.

- Incorporate emerging best practices and participant feedback to ensure the curriculum remains relevant and impactful.
 - Provide ongoing training and opportunities for the program trainer and staff to strengthen their ability to deliver effective sessions and adapt to diverse participant needs.
4. **List the measure(s) of effectiveness that will be reported to the State agency through which grant funds are appropriated (the expending agency). The measure(s) will provide a standard and objective way for the State to assess the program's achievement or accomplishment. Please note that if the level of appropriation differs from the amount included in this application that the measure(s) of effectiveness will need to be updated and transmitted to the expending agency.**

Below are the measures of effectiveness that are all geared towards supporting the target communities and achieving the purposes and priorities of the State GIA:

TRAINING DELIVERY

- The number of mental resilience training sessions delivered within the grant period will be tracked, to deliver 48 sessions through our 3 new and 4 existing partners such as Makana O Ke Akua, CASA Hawaii, Epic Ohana, and Bobby Benson Center.
- TOOLS: Monthly impact reports, finalized tailored curriculum, administered pre-training survey, photo/video documentation

PARTICIPANTS SERVED

- The total number of at-risk/vulnerable individuals as target populations in need of mental resilience education who participate in the program will be recorded, aiming to reach 360 participants within a year.
- TOOLS: Attendance sheets, monthly impact reports, evaluation sheets, photo/video documentation

PARTNERSHIPS ESTABLISHED

- The number of new partnerships established with organizations serving the target population will be ensured, aiming for at least 3 new collaborations including Hale Kipa.
- TOOLS: Signed agreements, photo/video documentation

IV. Financial

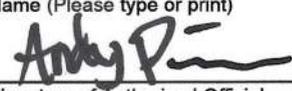
Budget

1. The applicant shall submit a budget utilizing the enclosed budget forms as applicable, to detail the cost of the request.
 - a. Budget request by source of funds ([Link](#))
 - b. Personnel salaries and wages ([Link](#))
 - c. Equipment and motor vehicles ([Link](#))
 - d. Capital project details ([Link](#))
 - e. Government contracts, grants, and grants in aid ([Link](#))

(IV.a) BUDGET REQUEST BY SOURCE OF FUNDS

Period: July 1, 2025 to June 30, 2026

Applicant: IBOUNCE UP, INC.

BUDGET CATEGORIES	Total State Funds Requested (a)	Total Federal Funds Requested (b)	Total County Funds Requested (c)	Total Private/Other Funds Requested (d)
A. PERSONNEL COST				
1. Salaries	15,210 <i>(Program Manager)</i>		96,000 <i>(Program Trainer)</i>	
2. Payroll Taxes & Assessments	1,164		7,344	
3. Fringe Benefits	996		1,992	
TOTAL PERSONNEL COST	17,370		105,336	
B. OTHER CURRENT EXPENSES				
1. Airfare, Inter-Island			1,500	
2. Insurance				
3. Lease/Rental of Equipment				
4. Lease/Rental of Space				
5. Staff Training	1,500		6,000	1,500
6. Office Supplies <i>(HP ink, bondpapers, pens, markers, easel flip chart, etc.)</i>	2,130		4,500	3,000
7. Program Activities Supplies <i>(curriculum guides, training booklets, session materials, etc.)</i>	3,000		6,000	3,000
8. Telecommunication			1,200	
9. Utilities				
10. Postage	500		1,500	1,000
11. Mileage and Parking			1,200	
12. Professional and Contractual Services <i>(Legal, Accounting/Audit, Administrative Support, etc.)</i>	28,000		9,000	12,000
13. Consultant Fees <i>(Training Delivery and Curriculum Development)</i>	96,000			
14. Software subscriptions, web hosting, and advertising <i>(SEO, Quickbooks, Wix, Zoom)</i>	1,500		3,000	1,500
15. Food			1,200	3,000
TOTAL OTHER CURRENT EXPENSES	132,630		35,100	25,000
C. EQUIPMENT PURCHASES				
D. MOTOR VEHICLE PURCHASES				
E. CAPITAL				
TOTAL (A+B+C+D+E)	150,000		140,436	25,000
SOURCES OF FUNDING		Budget Prepared By:		
(a) Total State Funds Requested	150,000	LAURALEE PIERCE	(808) 268 - 5560	
(b) Total Federal Funds Requested	0	Name (Please type or print) Phone		
(c) Total County Funds Requested	140,436			
(d) Total Private/Other Funds Requested	25,000	Signature of Authorized Official Date		
TOTAL BUDGET	315,436	ANDREW PIERCE, DIRECTOR & FOUNDER Name and Title (Please type or print)		

Applicant: IBOUNCE UP, INC.

DESCRIPTION EQUIPMENT	NO. OF ITEMS	COST PER ITEM	TOTAL COST	TOTAL BUDGETED
NOT APPLICABLE			\$ -	
			\$ -	
			\$ -	
			\$ -	
			\$ -	
TOTAL:				
JUSTIFICATION/COMMENTS:				

DESCRIPTION OF MOTOR VEHICLE	NO. OF VEHICLES	COST PER VEHICLE	TOTAL COST	TOTAL BUDGETED
NOT APPLICABLE			\$ -	
			\$ -	
			\$ -	
			\$ -	
			\$ -	
TOTAL:				
JUSTIFICATION/COMMENTS:				

Applicant: IBOUNCE UP, INC.

TOTAL PROJECT COST		FUNDING AMOUNT REQUESTED					
		ALL SOURCES OF FUNDS RECEIVED IN PRIOR YEARS		STATE FUNDS REQUESTED	OTHER SOURCES OF FUNDS REQUESTED	FUNDING REQUIRED IN SUCCEEDING YEARS	
		FY:2023-2024	FY:2024-2025	FY:2025-2026	FY:2025-2026	FY:2026-2027	FY:2027-2028
PLANS							
LAND ACQUISITION							
DESIGN							
CONSTRUCTION							
EQUIPMENT							
TOTAL:							
JUSTIFICATION/COMMENTS:							

(IV.E) GOVERNMENT CONTRACTS, GRANTS, AND / OR GRANTS IN AID

Applicant: IBOUNCE UP. INC.

Contracts Total: -

	CONTRACT DESCRIPTION	EFFECTIVE DATES	AGENCY	GOVERNMENT ENTITY (U.S./State/Hawaii/ Honolulu/ Kauai/ Maui County)	CONTRACT VALUE
1	NOT APPLICABLE				
2					
3					
4					
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- The applicant shall provide its anticipated quarterly funding requests for the fiscal year 2026.

Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total Grant
\$37,500	\$37,500	\$37,500	\$37,500	\$150,000

- The applicant shall provide a listing of all other sources of funding that they are seeking for fiscal year 2026.

IBOUNCE UP has submitted applications for grant funding for up to fiscal year 2026 to the (1) Chamber of Commerce Hawaii Public Health Fund and the (2) City and County of Honolulu Grant in Aid.

- The applicant shall provide a listing of all state and federal tax credits it has been granted within the prior three years. Additionally, the applicant shall provide a listing of all state and federal tax credits they have applied for or anticipate applying for pertaining to any capital project, if applicable.

Not applicable as of submission.

- The applicant shall provide a listing of all federal, state, and county government contracts, grants, and grants in aid it has been granted within the prior three years and will be receiving for fiscal year 2026 for program funding.

Not applicable as of submission.

- The applicant shall provide the balance of its unrestricted current assets as of December 31, 2024.

IBOUNCE UP's total assets is \$35,642.63, of which \$5,848.63 is unrestricted.

V. Experience and Capability

1. Necessary Skills and Experience

The applicant shall demonstrate that it has the necessary skills, abilities, knowledge of, and experience relating to the request. State your experience and appropriateness for providing the service proposed in this application. The applicant shall also provide a listing of verifiable experience of related projects or contracts for the most recent three years that are pertinent to the request.

The IBOUNCE UP Board of Directors possesses a strong combination of professional expertise, lived experience, and unwavering dedication to building mental resilience within vulnerable populations. Here's a detailed breakdown of their qualifications relevant to the program:

<p><u>ANDREW PIERCE</u> <i>Director and Founder of IBOUNCE UP</i></p>	<p>He holds a bachelor's degree in Psychology from BYUH and a Master's degree in Performance Psychology from National University. He has extensive experience in developing and implementing training curriculum for various groups, including Army Soldiers, resource caregivers, troubled teenagers, and individuals struggling with addiction. Andrew has received numerous awards, positive reviews, and praise for his work. He is highly skilled in leading resilience exercises in breakout rooms, in-person, and online settings.</p> <p>Andrew is responsible for setting the purpose for learning, answering questions, and ensuring effective learning outcomes. Andrew is actively involved in professional development, having attended the AASP conference from 2020 to 2023 and participated in various resilience training programs. He is certified in the Master Resilience Trainer-Performance Expert Course and holds level 1 and 2 certifications to teach the Master Resilience Training Course (MRTC).</p>
<p><u>LAURALEE PIERCE</u> <i>President and Co-founder of IBOUNCE UP</i></p>	<p>She is a passionate advocate for individuals facing alcoholism and addiction. Having experienced the loss of three family members to this disease, she understands the profound mental hardships that addiction can inflict on individuals and their families.</p> <p>With a firm belief that by providing individuals with the essential tools and strategies to cultivate resilience, they can effectively navigate life's challenges. Her ultimate goal is to honor the memory of her little brother, Matthew Smith, by making a meaningful and positive impact on the lives of those who are still struggling.</p>
<p><u>CARRIE COLLINS</u> <i>Board Member and Secretary</i></p>	<p>She has devoted her life to the noble cause of being a resource caregiver, educator and mentor. She and her husband have been actively involved in fostering since 2007, and their compassionate efforts have led them to adopt 10 children through the foster care system.</p> <p>Since 2018, Carrie has been a dedicated educator and mentor for resource caregivers at Grossmont College. Her exceptional teaching skills and deep empathy enable her to provide foster caregivers with the knowledge and guidance they need to excel in their role as caregivers for these vulnerable children.</p>
<p><u>JEANNIE VANSTEENKISTE</u> <i>Board Member and Treasurer</i></p>	<p>She has a degree in marriage and family studies, along with a minor in sociology. Her commitment to serving the community is evident through her past volunteer work.</p> <p>She has served as a coach counselor for youth who have experienced complex trauma in rehabilitation centers, as well as the President of the Parent, Teacher, Ohana (PTO) at her sons' school. Jeannie's compassionate nature and ability to connect with different sectors have made a significant impact within her community.</p>
<p><u>MOMOMI</u></p>	<p>Momomi is deeply rooted in our community, with her and her family</p>

<p>HANNEMANN <i>Newly-added Board Member</i></p>	<p>being active contributors to its growth and well-being. Known for her exceptional personal skills and warm personality, Momi has built meaningful connections with many, making her a trusted and valued figure in our circle.</p> <p>Beyond that, Momi is a doer—someone who knows how to take on challenges and execute projects with precision and dedication. Her proven ability to transform ideas into impactful actions will undoubtedly bring fresh energy and insight to our mission.</p>
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Since IBOUNCE UP began, 28 mental resilience trainings have benefitted 355 at-risk and underserved individuals in Hawaii through the strategic partners. As of writing, the program is on track to deliver more educational training sessions for more individuals until June 30, 2025 before the third fiscal year begins for IBOUNCE UP.

Here are pieces of information from IBOUNCE UP’s Impact Report:

- 13 mental resilience training sessions conducted for Bobby Benson:
 120 individuals (60 female, 60 male) aged 12-50 years old were served in Kahuku with sessions focused on discussing interests, diaphragmatic breathing, defining resilience, building connections with others, and practical exercises on 5 pillars of resilience & 7 accompanied skills.
- 8 mental resilience training sessions conducted for Makana O Ke Akua:
 166 individuals (all were male) aged 18-65 years old were served in Kapolei & Honolulu with sessions focused on curriculum overview, practical exercises on 5 pillars of resilience and 2 accompanied skills, and the concept of optimism.
- 4 mental resilience training sessions conducted for CASA Hawaii:
 61 individuals aged 20-60 y/o were served in Kapolei with sessions focused on the 5 pillars of resilience, 10 accompanied skills, and practical exercises.
- 3 mental resilience training sessions conducted for Epic Ohana:
 15 individuals (9 female, 6 male) aged 18-50 years old were served in Kahuku with sessions focused on curriculum overview and practical exercises on 2 accompanied skills.

Here are testimonials of key people from the communities that IBOUNCE UP continues to serve:

1. Joseph Spurrier, the director of Bobby Benson, remarked how IBOUNCE UP’s program equipped their clients and staff members with valuable tools and strategies to address the difficult situations and challenges they regularly face in treatment and preparation to reintegrate into their home environment. They have observed a significant increase in client’s ability to apply principles of awareness, control, optimism and flexibility to their relationships and interactions with others.
2. Emily Kauwe, MSW, the program manager of CASA Hawaii, has witnessed firsthand the transformative impact that IBOUNCE UP’s program has had on their volunteers and children in care. It has enhanced resilience in their children who have experienced so

much trauma and has helped with strengthening the relationships between the children and their CASA.

3. A resource caregiver and foster/adoptive parent attended IBOUNCE UP's program and shared his learnings on how the power and nature of our thoughts has such a profound effect upon our relationships with our spouse, children, friends, work colleagues, neighbors and anyone else we associate with. He noted how it's been making a difference in his life, as he has been trying to put his learnings into practice.

2. Facilities

The applicant shall provide a description of its facilities and demonstrate its adequacy in relation to the request. If facilities are not presently available, describe plans to secure facilities.

Not applicable.

VI. Personnel: Project Organization and Staffing

1. Proposed Staffing, Staff Qualifications, Supervision and Training

The applicant shall describe the proposed staffing pattern and proposed service capacity appropriate for the viability of the request. The applicant shall provide the qualifications and experience of personnel for the request and shall describe its ability to supervise, train and provide administrative direction relative to the request.

Besides the accomplished team of the Board of Directors of IBOUNCE UP, the position of Program Manager in a part-time arrangement to be filled by Merrily Roberts is proposed as it is a crucial position to the successful implementation and oversight of the Bounce Resilience Training Program.

Qualifications and Experience of Merrily Roberts

Merrily Roberts possesses a unique blend of skills and experience that align perfectly with the demands of the Program Manager. Her background in guest services, property management, and social media management has cultivated a strong foundation in:

1. Client Relations and Relationship Building: Merrily's extensive experience in guest services and property management has honed her ability to build and maintain strong relationships with clients and stakeholders. This skill is essential for fostering partnerships with organizations and ensuring the smooth delivery of training programs.
2. Organizational and Time Management Skills: Her role as a Guest Services Agent required her to manage multiple tasks, prioritize deadlines, and adapt to changing circumstances. These skills will be invaluable in coordinating training schedules, managing administrative tasks, and overseeing the program's logistics.
3. Communication and Interpersonal Skills: Merrily's proficiency in written and verbal communication, combined with her ability to connect with people from diverse backgrounds, will enable her to effectively communicate with participants, partners, and stakeholders.

4. Attention to Detail and Problem-Solving: Her experience in property management has equipped her with a keen eye for detail and a proactive approach to problem-solving. These skills will be crucial in ensuring the accuracy of program records, addressing any issues that arise, and maintaining high standards of program delivery.
5. Adaptability and Flexibility: Merrily's ability to adapt to changing circumstances and work effectively in a fast-paced environment will be essential in navigating the dynamic nature of the program and responding to unforeseen challenges.

Ability to Supervise, Train, and Provide Administrative Direction

While Merrily's primary role will be to manage the program's operations, her leadership qualities and interpersonal skills make her well-suited to supervise and train staff, as well as provide administrative direction. Specifically, she will be able to:

PRE-IMPLEMENTATION PHASE:

- Partnership Development: Establish and maintain strong relationships with partner organizations, including Makana O Ke Akua, CASA Hawaii, Epic Ohana, and Bobby Benson Center.
- Curriculum Development: Finalize the training curriculum, ensuring it aligns with the 5 Pillars of Resilience and 10 Accompanied Skills. Develop tailored training materials for each partner organization.
- Training Logistics: Coordinate with partners to schedule training sessions, secure training venues, and arrange for necessary resources.

IMPLEMENTATION PHASE

- Participant Engagement: Engage at least 360 participants from target populations.
- Training Delivery: Oversee the delivery of at least 48 mental resilience training sessions, ensuring adherence to the curriculum and addressing participant needs.
- Data Collection and Monitoring: Collect and analyze data on participant attendance, engagement, and outcomes.
- Program Assessment: Conduct ongoing program assessment to assess the effectiveness of the training and identify areas for improvement.

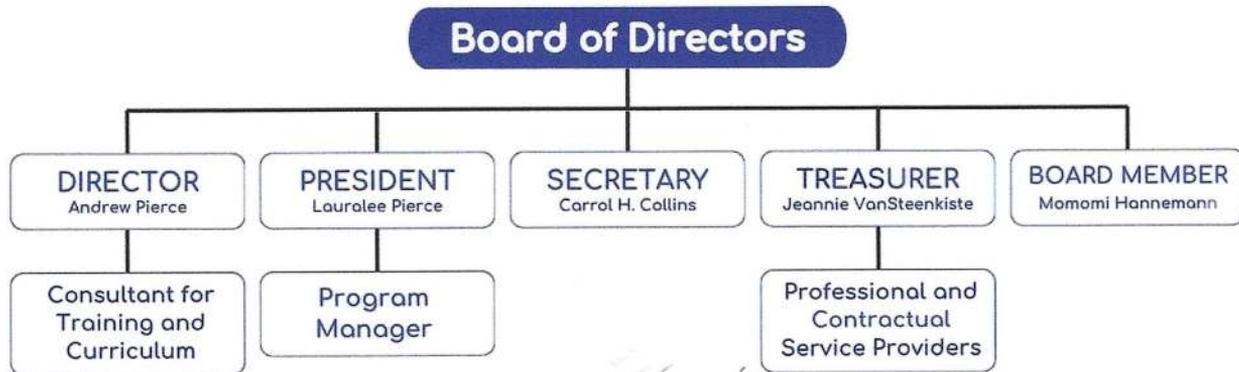
POST-IMPLEMENTATION PHASE

- Data Collection and Reporting: Collect data to generate insights and prepare comprehensive reports.
- Program Sustainability: Implement strategies to ensure the long-term sustainability of resilience training initiatives.
- Dissemination of Results: Share program findings with stakeholders through reports, presentations, and social media.

Merrily Roberts's qualifications, experience, and skills make her ideal as Program Manager in a part-time arrangement. Her dedication to the mission of IBOUNCE UP, coupled with her ability to lead, organize, and communicate effectively, will contribute significantly to the success of the Bounce Resilience Training Program.

2. Organization Chart

The applicant shall illustrate the position of each staff and line of responsibility/supervision. If the request is part of a large, multi-purpose organization, include an organization chart that illustrates the placement of this request.



3. Compensation

The applicant shall provide an annual salary range paid by the applicant to the three highest paid officers, directors, or employees of the organization by position title, not employee name.

- Program Manager - \$23,400.00

VII. Other

1. Litigation

The applicant shall disclose any pending litigation to which they are a party, including the disclosure of any outstanding judgement. If applicable, please explain.

IBOUNCE UP is not a party in any pending litigation at this time.

2. Licensure or Accreditation

The applicant shall specify any special qualifications, including but not limited to licensure or accreditation that the applicant possesses relevant to this request.

Not applicable.

3. Private Educational Institutions

The applicant shall specify whether the grant will be used to support or benefit a sectarian or nonsectarian private educational institution. Please see Article X, Section 1, of the State Constitution for the relevance of this question.

Not applicable.

4. Future Sustainability Plan

The applicant shall provide a plan for sustaining after fiscal year 2026 the activity funded by the grant if the grant of this application is:

- (a) Received by the applicant for fiscal year 2026, but
- (b) Not received by the applicant thereafter.

IBOUNCE UP has four key sustainability strategies that enables it to effectively carry out the program beyond the grant period, which includes:

STRATEGIC PARTNERS

- Leveraging established partnerships with rehabilitation centers, foster care organizations, government officials, and local communities.

BOARD CONTRIBUTIONS

- At least \$5,000 in total annual donations has been committed by all board members, which has already been observed in IBOUNCE UP's second fiscal year (July 1, 2024 - June 30, 2025) having reached \$5,200 in commitments.

FUNDRAISING TARGET

- At least \$10,000 in total annual target of total funds raised from corporate sponsors, individual donors, and fundraiser contributors will continue to be secured to support IBOUNCE UP's operations.

GRANTS

- The pursuit for private/foundation grant funding opportunities will continue such as those from the Hawaii Community Foundation, Bank of Hawaii Foundation, and other private foundation grants.



First Judicial Circuit — Juvenile Client Services Branch • Specialized Services Section

THE JUDICIARY • STATE OF HAWAII • Ronald T.Y. Moon Kapolei Courthouse • 4675 Kapolei Parkway
KAPOLEI, HAWAII 96707 • TELEPHONE (808) 954-8190 • FAX (808) 954-8187 • www.courts.state.hi.us

Kristin L. Davidson
SOCIAL SERVICES MANAGER

Lori Ann Okita
CHIEF COURT ADMINISTRATOR

Dwight S. Sakai
DEPUTY CHIEF COURT
ADMINISTRATOR

Cheryl S. Higuchi
COURT ADMINISTRATOR

COURT APPOINTED SPECIAL ADVOCATES PROGRAM

December 10, 2024

Dear Hawaii State Legislature,

The Court Appointed Special Advocates (CASA) Program is pleased to wholeheartedly support IBOUNCE UP, Inc.'s application for the Grant-in-Aid. We had the privilege of collaborating with IBOUNCE UP on their Bounce Resilience Training (BRT) program and have witnessed firsthand the transformative impact it has had on our CASA volunteers and our children in care.

IBOUNCE UP's flagship program has been instrumental in enhancing resilience in our children who have experienced so much trauma and it has helped with strengthening the relationships between the children and their CASA.

The training has equipped our CASA youth with valuable tools and strategies to address the challenges they face such as navigating the foster care system. It has also equipped our CASA volunteers to feel more confident in advocating for their youth's best interest, especially in the courtroom. We have observed a significant increase in overall well-being of our keiki and confidence among CASA volunteers.

IBOUNCE UP's commitment to tailoring the training to meet the specific needs of our program is commendable. Their flexible approach and willingness to adapt to our unique circumstances have made the program highly effective. We believe that their program is a valuable asset to our community and strongly endorse their application for the Grant-in-Aid.

We look forward to continuing our partnership with IBOUNCE UP and supporting their efforts to expand the reach of this impactful program.

Respectfully,

A handwritten signature in black ink, appearing to read "Emily Kauwe".

Emily Kauwe, MSW
CASA Program Manager
(808) 954-8125
Emily.D.Kauwe@courts.hawaii.gov



Makana O Ke Akua Inc

"Gift of God"

CLEAN AND SOBER LIVING

92-365 Malahuna Pl

Kapolei, Hawaii 96707

Phone: (808) 778-7652 Fax: (808) 425-4324

December 3, 2024

Letter of Support for IBOUNCE UP's State Grant-in-Aid application

Dear Members of Hawaii State Legislature,

I am writing to express my strong support for IBOUNCE UP's application for the Grant-in-Aid of the Hawaii State Legislature. I have had the opportunity to witness firsthand the positive impact of IBOUNCE UP's programs on our community.

IBOUNCE UP's mission to empower individuals facing adversity aligns perfectly with the goals of the Grant-in-Aid. Their innovative Bounce Resilience Training program provides essential mental health support to vulnerable populations, including children, youth, adults, and families. By equipping individuals with the tools and strategies to build resilience, IBOUNCE UP contributes to a healthier and more resilient community throughout Oahu.

I am particularly impressed by IBOUNCE UP's commitment to serving underserved communities, including those impacted by substance abuse and addiction, mental health, among other pressing problems. Their work at Makana O Ke Akua demonstrates a deep understanding of the unique challenges faced by these individuals and their dedication to providing effective solutions.

I urge you to support IBOUNCE UP's application and allocate the necessary funds to continue their vital work. By investing in programs like Bounce Resilience Training, we can create a more compassionate and resilient community for all.

Thank you for your time and consideration.

Sincerely,

John L. Dudoit, Jr
Executive Director

Phone: 808-450-4042

Email: jdudoit@mokainc.org



1130 N. NIMITZ HWY, SUITE C-210, HONOLULU, HI 96817
PHONE: (808) 838-7752 TOLL FREE: (866) 636-1644 FAX: (808) 838-1653

December 3, 2024

Letter of Support for IBOUNCE UP's State Grant-in-Aid application

Dear Members of the Hawaii State Legislature,

I am writing to express my strong support for IBOUNCE UP's application for the Grant-in-Aid of the Hawaii State Legislature. I have had the opportunity to witness firsthand the positive impact of IBOUNCE UP's programs on our community.

We were honored to have IBounce Up come to share his wealth of knowledge with our team of youth peer support specialists. Our staff have lived experience navigating various systems and have had to overcome many unique challenges as they continue to develop as professionals in the field. IBounce Up teachings of the five Pillars of Resiliency and how our beliefs shape outcomes put our team's work into perspective as they walk alongside the youth they serve. We look forward to more opportunities for professional development with IBounce Up as our staff grow. Thank you for your time and consideration.

I kindly encourage the Legislature to support IBOUNCE UP's application and provide the funding needed to continue their important work. Investing in programs like Bounce Resilience Training is a meaningful step toward building a stronger, more compassionate, and resilient community for everyone.

Sincerely,

Daniel Ho, MA
Youth Partner Supervisor
EPIC 'Ohana, Inc.
1130 N. Nimitz Highway Ste. C-210
Honolulu, HI 96817
(C) 808-861-6299
dho@epicohana.org





The Bobby Benson Center

56-660 Kamehameha Hwy. Kahuku. HI 96731

December 3, 2024

Grant-in-Aid
Hawaii State Legislature

Dear Hawaii State Legislature,

The Bobby Benson Center is pleased to wholeheartedly support IBOUNCE UP, INC.'s application for the Grant-in-Aid. We have had the privilege of collaborating with IBOUNCE UP on their Bounce Resilience Training (BRT) program, and have witnessed firsthand the transformative impact it has had on our clientele.

IBOUNCE UP's flagship program/training has equipped our clients and staff members with valuable tools and strategies to address the difficult situations and challenges they regularly face in treatment and preparation to reintegrate into their home environment. We have observed a significant increase in client's ability to apply the principles of awareness, control, optimism and flexibility to their relationships and interactions with others.

IBOUNCE UP's commitment to tailoring the training to meet the specific needs of our organization is commendable. Their flexible approach and willingness to adapt to our unique circumstances have made the program highly effective. We believe that their program is a valuable asset to our community and strongly endorse their application for the Grant-in-Aid

We look forward to continuing our partnership with IBOUNCE UP and supporting their efforts to expand the reach of this impactful program.

Sincerely,

Joseph Spurrier LCSW CSAC

Joseph Spurrier
Clinical Director
The Bobby Benson Center
808-376-3008
jspurrier@bobbybenson.org