

CURRICULUM VITAE

 KRISTEN COLES, ND, LAC

Dr. Coles is a Naturopathic Physician and Licensed Acupuncturist seeking a position in an integrative clinical setting where expertise in research-based natural medicine is needed. Received comprehensive training in all aspects of naturopathic therapies with a focus in nutritional medicine, herbal medicine, lifestyle modifications, and drug-nutrient interactions. Additional specialty training in the areas of women’s health, pain management, oncology, specific nutrient IV therapy, acupuncture, and pediatrics. Dedicated to fusing naturopathic therapies and principles with at-need institutions.

 EMPLOYMENT

NATUROPATHIC DOCTOR, ACUPUNCTURIST 2012-present
Steelsmith Natural Health Center, Honolulu, HI

- Works as a primary care provider to patients of all ages in a private out-patient clinical setting
- Sees an average of 50 patients a week
- Oversees, runs and operates IV Nutritional Clinic that specializes in chronic disease, oncology, anti-aging and sports recovery

 EDUCATION

FIRST & SECOND YEAR RESIDENCY 2012-2014
Steelsmith Natural Health Center, Honolulu, HI

- Completed a CNME and NERC accredited Naturopathic Medicine Residency program, one of only two “dual-track” residencies in the country with supervision in both naturopathic primary care and traditional chinese medicine
- Supervising physician: Laurie Steelsmith, ND, LAc
- Collaborated with other providers, shared patients and discussed clinical cases weekly
- Saw up to 60 patients weekly independently and assisted other providers with all aspects of patient encounter
- Created the first IV Nutritional Clinic and oversaw all operations from the site set-up, supply ordering, prescribing of, and application of all IV nutrients
- Monthly community outreach presentations

DOCTOR OF NATUROPATHIC MEDICINE 2007-2012
Bastyr University, Kenmore, WA

- Nationally accredited program including didactic and clinical training in Naturopathic Primary Care. Completed over 900 hours of clinical training.

**MASTERS OF SCIENCE IN ACUPUNCTURE AND ORIENTAL
MEDICINE** 2009-2012

Bastyr University, Kenmore, WA

- Comprehensive degree program including over 800 hours of clinical training in acupuncture and 400 hours of Chinese herbal clinical experience
- Eligible to sit for national licensing exams.
- 180 hour hospital internship at Shanghai University in Shanghai, China and Chengdu University in Chengdu, China
- Cumulative GPA of 3.84

CERTIFICATE IN CLASSICAL HOMEOPATHY 2010-2011
New England School of Homeopathy, Kenmore, WA

- Completed 2-year course in homeopathy with Drs. Herscu and Rothenberg (ND, DHANP)
- Studied *Cycles & Segments* technique of case taking, case analysis, materia medica analysis, repertorization, remedy prescribing, and patient management

BACHELOR OF ARTS DEGREE – Psychology 2002-2005
Naropa University, Boulder, CO

- Majored in Contemplative Psychology with a focus on the Psychology of Health and Healing
- GPA 3.91
- Independent study coursework on Naturopathic Medicine supervised by Janine Malcolm, ND, LAc. Spent over 60 hours observing Dr. Malcolm in private clinic

REIKI MASTER 2003-2004
Usui Shiki Ryoho School, Lexington, KY

- Teach classes and treat clients through the Usui Shiki Ryoho school of Reiki
 - Reiki I certified June 2003
 - Reiki II certified July 2003
 - Reiki Master certified Jan 2004

ADDITIONAL MEDICAL EDUCATION

- PRP Concentration Techniques & Training 2015
- Prolotherapy Level 2 Certification 2015
 - hip, low back, sacrum
- Prolotherapy Level 1 Certification 2014
 - shoulder, elbow, wrist, fingers, knee, ankle, toes
- Neural Prolotherapy Master Level Training 2014 & 2015
- IV Therapies & Integrative Oncology Conference 2014
- RIT Level 1 Certification 2013
 - knee, ankle, elbow
- Aroma Acupuncture Certification 2015

 ADDITIONAL MEDICAL EDUCATION (continued)

- Menopause Management: Advancing Your Expertise 2014
 - Advanced Prescribing of Compounded and Conventional Hormones
- Craniosacral Therapy Certification 2010
- Kinesio Taping Level 1 & 2 Certification 2011
- Women's Health & Toxicology 2009
 - Rx update, common & complicated conditions in women's health, toxicology diagnosis & treatment
- Health of Business, Business of Health Series 2010 – 2011
- Advanced Gynecology 2011
 - Colposcopy, cervical dysplasia, breast health
- Advanced Pediatrics 2011
- AANP Convention 2009 & 2010
- NMSA Convention 2009

 CLINICAL & RESEARCH EXPERIENCE

MEDICAL ASSISTANT 2011

Emerald City Naturopathic Clinic, Seattle, WA

- Duties included managing medical supply stocking and ordering, directing vaccine supply and participation in Vaccine for Children Public Health program, and providing assistance with any and all medical procedures.

NPLEX EXAM WRITER 2013

- Wrote NPLEX board exam questions for basic science exam in the categories of anatomy and pathology

RESEARCH ASSISTANT 2011

Seattle Nature Cure Clinic, Seattle, WA

- Partnered with attending physical medicine faculty to assist in case report.
- Assisted in post-treatment interviews, data compilation entry.
- Learned the importance of case reports in private clinical practice.

PRECEPTOR EXPERIENCE

- Molly Linton, ND, LM, *Family Medicine* 40 hrs
- Loren Riccio, ND, LM, *Family Medicine* 40 hrs
- Margie Ikeda, ND, *IV Therapy* 35 hrs
- Paul Herscu, ND, DHANP & Amy Rothenberg, ND, DHANP, *Homeopathy* 35 hrs
- Cora Breuner, MD, *Adolescence Medicine, Biofeedback* 30 hrs
- Elizabeth Armstrong, MD, *Internal Medicine* 30 hrs
- Laura Walton, ND, LMP, *Family Medicine* 30 hrs

PUBLIC SPEAKING, INTERNET & PUBLICATIONS

FEATURED SPEAKER

- Queen's Hospital, Honolulu, HI June 24, 2014
Keynote Speaker: Cancer Survivorship Conference, *Naturopathic Oncology*
- University of Hawaii Nursing Program Dec, 2014
Alternative Medicine for Women's Health
- University of Hawaii Nursing Program May 1, 2015
Introduction to Naturopathic Medicine
- Inspire Church Jan 23, 2014
Arise Conference, *Transforming Your Health with Natural Medicine*
- Steelsmith Natural Health Center Jan 16, 2014
Total Body Cleanse

RADIO & TELEVISION

- *Everyday Wellness* April-Sept 2015
Featured guest host of a live 30-minute monthly television show on Olelo Community Access Television - discussing a new topic in natural health every month. Topics have been Naturopathic Medicine, Immune System Health, Pain & Inflammation, Pediatric Health, Women's Health, Digestive Health, IV Nutrient Therapy, and Diabetes.
- *Doctor Health Radio* June 21, 2014
Hawaii's #1 Health Talk Show – Hosted the 2 hour live show, first hour on Travel Health and second hour on Menopause and Women's Hormones
- *Doctor Health Radio* Dec 14, 2013
Guest on the 2 hour live show, discussed Holiday Health during the first hour and Digestive Health during the second hour

PUBLICATIONS

- Hers Magazine Issue #3 Oct 2014
Natural Tips to Keep Healthy Over the Holidays
http://issuu.com/hersmagazine/docs/hers_issue3

CERTIFICATIONS

- Hawaii State License #ND234 – Naturopathic Physician 2012-present
- Hawaii State License #ACU1061 – Licensed Acupuncturist 2012-present
- National Provider Identification (NPI) # 1316288111 2012-present
- Oral Code # N20075 2012-present
- Certification of Parenteral Therapy 2012-present
- National Certification for Acupuncture and Oriental Medicine (NCCAOM)
Diplomate in Foundations of Oriental Medicine, Biomedicine, Acupuncture with Point Location, and Chinese Herbology 2012-present

PROFESSIONAL AFFILIATIONS & OFFICES

- *Member, American Association of Naturopathic Physicians* 2007-present
- *Member, Hawaii Society of Naturopathic Physicians (HSNP)* 2012-present
- *Legislative Committee Co-Chair, HSNP* 2014

SPECIALTIES & INTERESTS IN PRACTICE

- IV Nutrient Therapy in oncology, chronic disease, sports medicine
- Women's Health – bioidentical hormone replacement, Escharotic therapy
- Integrative Oncology
- Pain Management & Injection Therapies – Neural Prolotherapy, RIT, biopuncture, vitamin injections
- Naturopathic Primary Care
- Acupuncture
- Community Outreach – writing, lectures, radio, television