

*Education*

**Doctor of Naturopathic Medicine, Magna Cum Laude**  
National University of Health Sciences  
Lombard, Illinois  
9/2011-12/2013

**Diplomate Program in Functional Neurology**  
Carrick Institute for Graduate Studies  
Des Plaines, Illinois  
6/2011-5/2013

**Doctor of Chiropractic, Magna Cum Laude**  
National University of Health Sciences  
Lombard, Illinois  
5/2009-8/2012

**Certificate in Massage Therapy**  
National University of Health Sciences  
Lombard, Illinois  
9/2010-8/2011

**Bachelor of Arts in Performing Arts** with emphasis on Dance  
University of Hawaii at Hilo  
Hilo, Hawai'i  
9/2002-5/2007

*Professional Licenses and Certifications*

Massage Therapy License by the State of Hawai'i Professional and Vocational Licensing Division  
12/2018-present

Fellow of the International Board of Functional Neurology in Childhood Neurodevelopmental  
Disorder Healthcare  
5/2018-present

Certified Advanced Practitioner in Neurostructural Integration Technique  
8/2014- present

Permitted to perform Parenteral Therapy (additional privilege under license as a Naturopathic  
Physician) by the State of Hawai'i Professional and Vocational Licensing Division  
8/2014-present

Permitted to perform Minor Office Procedures (additional privilege under license as a Naturopathic Physician) by the State of Hawai'i Professional and Vocational Licensing Division  
4/2014-present

Licensed Naturopathic Physician by the State of Hawai'i Professional and Vocational Licensing Division  
3/2014-present

Licensed Chiropractor by the State of Hawai'i Professional and Vocational Licensing Division  
1/2014-present

Board Certified Chiropractic Neurologist by the American Chiropractic Neurology Board  
11/2013-present

Licensed Chiropractor by the State of Illinois Department of Financial and Professional Regulation  
9/2012-7/31/2014

Licensed Massage Therapist by the State of Illinois Department of Financial and Professional Regulation  
3/2012-12/31/2014

Certified Massage Therapist by the National Certification Board for Therapeutic Massage and Bodywork  
10/2011-present

### *Work Experience*

Adjunct Faculty  
Sonoran University of Health Sciences (formerly Southwest College of Naturopathic Medicine)  
Tempe, Arizona  
1/2022-present

Adjunct Faculty  
National University of Health Sciences  
Lombard, Illinois  
5/2018-present

Medical Director  
Klein Natural Health and Wellness Center  
Hilo, Hawai'i  
4/2014-present

Research Assistant, Research Department  
National University of Health Sciences  
Lombard, Illinois  
8/2011-2/2014

Teaching Assistant, Basic Sciences Department  
National University of Health Sciences  
Lombard, Illinois  
8/2009-12/2013

Peer Tutor, Student Services Department  
National University of Health Sciences  
Lombard, Illinois  
8/2009-12/2013

### *Continuing Education*

The Integrative Oncology Focus Group  
Hawai'i Society of Naturopathic Physicians  
Online  
3/10/2023 (1 Hour General)

Long COVID Grand Rounds  
Hawai'i Society of Naturopathic Physicians  
Online  
3/1/2023 (1 Hour General)

2023 Hawai'i Doc Talks  
American Association of Naturopathic Physicians  
Kauai, HI  
1/12-15/2023 (14.5 Hours – 7.5 general, 6.5 pharmacy, 0.5 ethics)

Annual Conference on Functional Neurology  
Interdisciplinary Association of Functional Neurology and Rehabilitation  
Online  
12/7-10/2022 (36 Hours)

Pulmonology and Environmental Medicine Conference  
Arizona Naturopathic Medical Association  
Scottsdale, AZ  
10/28-30/2022 (20.6 Hours – 3.6 general, 17 pharmacy)

The Pathophysiology of CNS Hypersomnia and Cataplexy  
The Institute for Continuing Healthcare Education  
Online  
10/19/2022 (1 Hour – category 1)

The Differential Diagnosis of Excessive Sleepiness  
The Institute for Continuing Healthcare Education  
Online  
10/13/2022 (1 Hour – category 1)

Defense Counsel's Perspective on Board Members  
Federation of Chiropractic Licensing Boards  
Denver, CO  
5/6/2022 (2 Hours)

Diversity, Equity, and Inclusion in the Regulatory Process  
Federation of Chiropractic Licensing Boards  
Denver, CO  
5/5/2022 (1 Hour)

Annual Hawai'i Doc Talks  
American Association of Naturopathic Physicians  
Maui, HI  
2/10-13/2022 (20.5 – 15.5 general, 5 pharmacy)

CMS Requirements – Navigating the Challenges of MIPS in 2022  
Trizetto Provider Solutions  
2/2/2022 (1 Hour)

Root Cause: Looking Beneath the Surface  
Colorado Association of Naturopathic Doctors  
Denver, CO  
11/13/2021 (7 Hours)

Annual Conference on Functional Neurology  
Interdisciplinary Association of Functional Neurology and Rehabilitation  
Online  
10/7-10/2021 (40 Hours)

AANP 2021 Convention  
American Association of Naturopathic Physicians  
Phoenix, AZ  
7/15-17/2021 (9.5 Hours)

LGBTQ+ 101: Welcoming All  
Hawai'i Society of Naturopathic Physicians  
Online  
6/17/2021 (1.5 Hours)

Care and Choices at the End of Life  
Hawai'i Pacific Health  
Online  
6/16/2021 (1.5 Hours)

Mandated Reporter Training  
Department of Children and Family Services  
Online  
4/23/2021 (2.0 Hours)

The Mo'olelo (Story) of Health in Hawai'i  
Hawai'i Society of Naturopathic Physicians  
Online  
3/28/2021 (1.0 Hours)

Menopause Management Bootcamp  
Institute of Women's Health & Integrative Medicine  
Online  
10/23-25/2020 (17.5 Hours)

IAFNR 2020 Functional Neurology Conference  
Interdisciplinary Association of Functional Neurology and Rehabilitation  
Online  
10/8-11/2020 (31.5 Hours)

Integrating Detoxification and Metabolic Clarity to Build Vital Immunity  
Functional Medicine Meeting  
Online  
10/3/2020 (4.0 Hours)

Hawai'i DocTalks – Multi-topic Medical Seminar  
American Association of Naturopathic Physicians  
Kailua-Kona, HI  
1/16-19/2020 (25.5 Hours)

Annual Conference on Functional Neurology  
Interdisciplinary Association of Functional Neurology and Rehabilitation  
Herderson, NV  
10/17-20/2019 (21.0 Hours)

Hawai'i DocTalks – Multi-topic Medical Seminar  
American Association of Naturopathic Physicians  
Kailua-Kona, HI  
1/24-27/2019 (21.5 Hours)

ChiroCongress Convention 2018  
Congress of Chiropractic State Associations  
Austin, TX  
11/1-3/2018 (CE Hours Pending)

Interdisciplinary Care – The Next Generation of Functional Neurology  
Interdisciplinary Association of Functional Neurology  
Phoenix, AZ (CE Hours Pending)  
10/25-27/2018

Women in Medicine. Leaders in Healthcare – 2018 Homecoming Conference  
National University of Health Sciences  
Lombard, IL

6/21-23/2018 (17 Hours)

Back To Basics Conference – Multi-topic Medical Seminar  
College of Naturopathic Doctors of Alberta  
Calgary, AB, Canada  
6/15-17/2018 (14 Hours)

Hawai'i DocTalks – Multi-topic Medical Seminar  
American Association of Naturopathic Physicians  
Kauai, HI  
2/225-25/2018 (16.5 Hours)

Basic Life Support Provider  
American Heart Association  
Winfield, IL  
9/9/2017 (5 Hours)

Platelet Rich Plasma Therapy Concentration Workshop  
Maui Regenerative Medicine  
Maui, HI  
5/23/2017 (4 Hours)

Hawai'i DocTalks – Multi-topic Medical Seminar  
American Association of Naturopathic Physicians  
Maui, HI  
3/2-5/2017 (21.6 Hours)

2017 Federal Compliance  
Hawaii State Chiropractic Association  
Honolulu, Hawaii  
1/14-15/2017 (13 Hours)

Movement Disorders - Course 819  
Carrick Institute for Graduate Studies  
Online Recording  
12/29/2016 (15 Hours)

Childhood Neurobehavioral Disorders – Module 4  
International Board of Functional Neurology  
Chicago, IL via web livestream  
11/19-20/2016 (16 Hours)

Regenerative Injection Therapy: Upper Extremities  
Southwest College of Naturopathic Medicine  
Tempe, Arizona  
1/22-24/2016 (15 Hours)

Interactive Metronome  
Carrick Institute for Graduate Studies

Online Podcast Recording  
12/29/2015 (15 Hours)

Clinical Applications I  
Carrick Institute for Graduate Studies  
Online Podcast Recording  
12/22/2015 (15 Hours)

ChiroPlan Hawaii 2015 Annual Conference: Fascial Manipulation  
Hapuna Prince Hotel  
Waikoloa, Hawaii  
12/10-11/2015 (10 Hours)

Regenerative Injection Therapy: Lower Extremities  
Southwest College of Naturopathic Medicine  
Tempe, Arizona  
11/20-22/2015 (15 Hours)

Myofascial Trigger Point Dry Needling  
National University of Health Sciences  
Lombard, Illinois  
11/20-22/2015 (10 Hours)

Neurostructural Integration Technique: Deep Cures  
Restorative Health Care  
Glen Ellyn, Illinois  
8/22-24/2015 (35 Hours)

Neurostructural Integration Technique: Essential TMJ Modules 1 & 2  
Restorative Health Care  
Glen Ellyn, Illinois  
7/18-19/2015 (15 Hours)

ICD-10 Compliance  
Hawaii State Chiropractic Association  
Honolulu, Hawaii  
12/22/2014 (10 Hours)

Carrick Institute 2010 Podcast Series  
Carrick Institute for Graduate Studies  
Online Podcast Recording  
12/22/2014 (15 Hours)

Reflexogenic Systems  
Carrick Institute for Graduate Studies  
Newark, New Jersey via Online Livestream  
12/13-14/2014 (15.5 Hours)

ChiroPlan Hawaii 2014 Annual Conference: Emergency Procedures

Ala Moana Hotel  
Honolulu, Hawaii  
11/29-30/2014 (10 Hours)

Neurostructural Integration Technique: Advanced Level  
National University of Health Sciences  
Lombard, Illinois  
8/15-19/2014 (35 Hours)

Interdisciplinary Association of Functional Neurology and Rehabilitation Annual Conference  
Pointe Hilton at Tapatio Cliffs Resort  
Phoenix, Arizona  
10/10-13/2013 (15 Hours)

Fundamentals and Clinical Applications of Intravenous Nutrient Therapy  
Hilton Seattle Airport & Conference Center  
Seattle, Washington  
9/5-8/2013 (30 Hours)

Neurostructural Integration Technique: Basic Level  
National University of Health Sciences  
Lombard, Illinois  
8/16-20/2013 (35 Hours)

McKenzie Method of Mechanical Diagnosis & Therapy: Part A – The Lumbar Spine  
National University of Health Sciences  
Lombard, Illinois  
5/4-5/2013, 6/1-2/2013 (26 Hours)

Interdisciplinary Association of Functional Neurology and Rehabilitation Annual Conference  
Pointe Hilton at Tapatio Cliffs Resort  
Phoenix, Arizona  
10/25-28/2012 (15 Hours)

Side-Lying Massage  
National University of Health Sciences  
Lombard, Illinois  
6/23/2012 (6 Hours)

Advanced Kinesio Taping  
National University of Health Sciences  
Lombard, Illinois  
11/5-6/2011(12 Hours)

Advanced Kinesio Taping Concepts and Correlative Techniques  
National University of Health Sciences  
Lombard, Illinois  
10/9/2011 (8 Hours)



Fundamentals of Kinesio Taping  
National University of Health Sciences  
Lombard, Illinois  
10/8/2011 (8 Hours)

Essentials of Clinical Neuroscience  
Carrick Institute for Graduate Studies  
Various Locations  
2011-2013 (330 Hours)

### *Professional Organization Affiliations*

American Chiropractic Neurology Board (ACNB)  
American Chiropractic Association (ACA)  
Hawaii State Chiropractic Association (HSCA)  
Hawaii Society of Naturopathic Physicians (HSNP)  
Interdisciplinary Association of Functional Neurology and Rehabilitation (IAFNR)  
International Board of Functional Neurology (IBFN)  
National University of Health Sciences Alumni Association

### *Professional Teaching Experience*

Instructor of Clinical Neurology  
General Medicine Department  
Sonoran University of Health Sciences (formerly Southwest College of Naturopathic Medicine)  
2022-present

Instructor of Clinical Neurology & Parenteral Therapy  
Master of Science in Advanced Clinical Practice Program  
National University of Health Sciences  
2018-present

Guest Speaker on Naturopathic Medicine  
University of Hawaii at Hilo College of Pharmacy  
2015-present (Annual presentation)

Conference Lecturer on Sleep Apnea  
Arizona Naturopathic Medical Association Pulmonology and Environmental Medicine Conference  
10/2022

Conference Lecturer of Functional Neurology  
Hawai'i Doc Talks  
2/2022

Conference Lecturer on Neurology  
Colorado Association of Naturopathic Doctors Conference

11/2021

Conference Lecturer on Neuroplasticity  
Interdisciplinary Association of Functional Neurology and Rehabilitation Annual Conference on  
Functional Neurology  
10/2021

Conference Lecturer on Neurology  
American Association of Naturopathic Physicians  
7/2021

Conference Lecturer on Brain Balance  
Colorado Association of Naturopathic Doctors Conference  
11/2020

Conference Lecturer on Brain Balance  
Mid-Atlantic Regional Naturopathic Medical Education Conference  
9/2020

Conference Lecturer on Brain Health Workshop  
Hawai'i DocTalks  
1/2020

Conference Lecturer on Neuroanatomy  
Interdisciplinary Association of Functional Neurology and Rehabilitation Annual Conference on  
Functional Neurology  
10/2019

Conference Lecturer on Neurology and Lomi Lomi Massage Technique  
Women in Medicine. Leaders in Healthcare – 2018 Homecoming Conference  
National University of Health Sciences  
6/2018

Guest Speaker on Naturopathic Medicine  
Kamana Senior Center  
2014

Multi-subject Assistant Teaching and Tutoring  
National University of Health Sciences  
2009-2014

### *Professional Exam Involvement*

NBCE Part IV Examiner  
National Board of Chiropractic Examiners  
2022-present

NBCE Exam Item Review Committee  
National Board of Chiropractic Examiners  
2021-present

Item Writer, NPLEX Parenteral Therapy Exam  
North American Board of Naturopathic Examiners  
2020-present

ACNB Angoff Committee  
American Chiropractic Neurology Board  
2019

Chief Item Writer, Childhood Neurodevelopmental Disorders for Healthcare Fellowship Exam  
International Board of Functional Neurology  
2017-2018

Neurology Job Analysis Committee  
American Chiropractic Neurology Board  
2017-2018

### *Professional Publications*

“Prevalence of Non-Musculoskeletal Versus Musculoskeletal Cases in Chiropractic Student Clinic”  
Journal of Chiropractic Education (Fall 2013 Volume 27[2] Pages 123–127)

### *Professional Service Activities*

Vice-Chair, Hawai'i State Board of Chiropractic, 7/2019-present.

Board Member at Large, International Board of Functional Neurology, 10/2018-present.

President of the Board of Directors of the Hawaii Society of Naturopathic Physicians, 1/2019-present.

Alternate Island Director of the Hawaii State Chiropractic Association, 10/2018-present.

Treasurer of the Board of Directors of the Hawaii Society of Naturopathic Physicians, 1/2018-12/2018.

National University of Health Sciences, Doctor of Naturopathic Medicine Program Advisory Committee, 11/2016-present.

### *Volunteer Experience*

Serving as the president on the Board of Directors of the Hilo Community Players, 1/2019-present.

Serving as the secretary and membership coordinator on the Board of Directors of the Big Island Dance Council, 7/2014-present.

Served as the treasurer on the Board of Directors of the Hilo Community Players, 8/2015-12/2018.

Anatomy Teaching Assistant at National University of Health Sciences, 1/2014-2/2014.

Participation with Girl Scouts of America, 4/1989-present (Currently participating as a Senior Troop Leader 8/2014-present.)

Instructing classes in Aikido (for both children and adults) at Aikido of Hilo, 6/2003-5/2009.

Instructing dance and drama classes at Big Island Children's Theatre, 7/1998-9/2001.

### *Scholarships and Awards*

Salutatorian of the December 2014 Graduating Class of National University of Health Sciences' Doctor of Naturopathic Medicine Program

Salutatorian of the August 2012 Graduating Class of National University of Health Sciences' Doctor of Chiropractic Program

National University of Health Sciences President's Achievement Award Scholarship  
Summer 2009 and Fall 2009

National University of Health Sciences Alumni Association Scholarship  
Summer 2009

Hilo Community Players Best Actor Award 2019

Hilo Community Players Best Director Award 2008, 2018, 2019

### *Computer Proficiencies*

Microsoft Word, Microsoft Excel, Microsoft Power Point, Eon Systems Total Practice Solution & ChiroTouch (practice management software), Elation EMR, Practice Suite (practice management software), WordPress, Internet Explorer, Outlook Express and many other software programs.

### *Interests and Hobbies*

Dance, Theatre, Music, Swimming, Aikido, Judo

*References*

Available Upon Request