

Curriculum Vitae

Business Address

95-502 Mahuli St.
Mililani, HI 96789

Education

University of Hawaii at Mānoa Clinical Studies Program	Ph.D. Clinical Psychology	December, 2001
University of Hawaii at Mānoa Clinical Studies Program	M.A. Clinical Psychology	May, 1996

Professional License

Hawai'i #787 (12/13/2002)

Work Experience

December, 2020-
Current

**Behavioral Health Consultant
Internal Medicine Clinic
Tripler Army Medical Center**

Duties/Accomplishments:

- Conduct biopsychosocial intake evaluations, develop behavioral health treatment plans, and implement individual and group therapy.
- Implement evidence based treatment modalities (i.e., cognitive-behavioral therapy, motivational interviewing, solution-focused therapy, acceptance and commitment therapy) for a variety of psychological conditions to include depression, anxiety, post-traumatic stress disorder, substance use disorders, adjustment disorders, etc.
- Work as part of a primary care, interdisciplinary team providing integrative behavioral health care consultation and treatment services to active duty military service members and beneficiaries.
- Maintain patient records in online EHR, MHS Genesis

December, 2016-
Current

**Clinical Psychologist-Independent
Practitioner of Psychological Counseling
(Private Practice)**

Duties/Accomplishments:

- Conduct biopsychosocial intake evaluations, develop behavioral health treatment plans, and implement individual, couple, family, and group therapy.
- Implement evidence based treatment modalities (i.e., cognitive-behavioral therapy, motivational interviewing, solution-focused therapy, acceptance and commitment therapy) for a variety of psychological conditions to include depression, anxiety, post-traumatic stress disorder, substance use disorders, adjustment disorders, etc.
- Assess patients via screening and symptom measures to diagnose and evaluate treatment progress in order to make adjustments to patient's treatment plans as necessary.
- Manage billing staff
- Maintain patient records in online EHR, TherapyNotes.

November, 2013-
December 2020

**Clinical Psychologist/Director of Training
I Ola Lāhui, Inc.**

Duties/Accomplishments:

- Perform administrative, clinical, and program development activities on a weekly basis to manage an American Psychological Association (APA) accredited psychology internship training program with a mission to increase access to behavioral health services in medically underserved, rural areas in Hawai'i.
- Conduct biopsychosocial intake evaluations, develop behavioral health treatment plans, and implement individual, couple, family, and group therapy with a diverse range of patients on a weekly basis.
- Implement evidence-based treatment modalities (i.e., cognitive-behavioral therapy, motivational interviewing, solution-focused therapy, acceptance and commitment therapy) for a variety of psychological conditions to include depression, anxiety, post-traumatic stress disorder, substance use disorders, adjustment disorders, as well as, individuals with chronic physical health conditions in need of chronic disease management (i.e., diabetes, obesity, chronic pain).
- Assess patients via screening and symptom measures to diagnose and evaluate treatment progress in order to adjust patient's treatment plans as necessary.

- Conduct selection, training, supervision, and evaluation of psychology interns each year. Total of 38 interns trained to date.
- Design, implement, and evaluate behavioral health service delivery programs in response to community needs including development of integrated behavioral health/psychology counseling programs in primary care and other rural health clinics across the state of Hawai'i (e.g., Nā Pu'uwai, Waimānalo Health Center, Kahuku Medical Center, West Hawai'i Community Health Center, Hawai'i Island Family Health Center, Big Island Substance Abuse Council).
- Train and supervise psychology interns on a weekly basis to implement bio-psychological social evaluations, develop behavioral health treatment plans, provide specialized, evidence based interventions for a broad range of behavioral health problems (i.e., depression, anxiety, post-traumatic stress disorder, substance use disorders, adjustment disorders), and evaluate treatment effectiveness using broad and narrow based health and symptom measures in order to make adjustments to patient's treatment plans as necessary.
- Responsible for writing, obtaining and managing multiple federal grants to support the internship training program. Successful in receiving the Health and Resources Services Administration (HRSA), Graduate Psychology Education (GPE) grants.
- Managed two APA site visits, both of which were successful in continuing the accreditation of the I Ola Lāhui psychology internship training program. The last site visit was in 2018 and resulted in the full length of accreditation that could be awarded (i.e., 10 years).

September, 2008-
February 2015

**Clinical Psychologist, Behavioral Health Services
Waimānalo Health Center**

Duties/Accomplishments:

- Performed bio-psychological social evaluations of patients.
- Developed behavioral health treatment plans for a complex and diverse range of patients.
- Implemented psychological counseling for individuals, couples, families and groups using a variety of evidence-based psychological treatment modalities (i.e., cognitive-behavioral therapy, motivational interviewing, solution-focused therapy, acceptance and commitment therapy).

- Provided specialized interventions for patients with a broad range of behavioral health issues to include depression, anxiety, post-traumatic stress disorder, substance use disorders, adjustment disorders, etc.
- Evaluated treatment effectiveness using broad and narrow based health and symptom measures in order to adjust patient's treatment plans as necessary.
- Worked collaboratively with multidisciplinary primary care health team (i.e., Family Medicine, Internal Medicine, Pediatrics, Women's Health) to deliver integrated behavioral health/primary care services in a community health setting.
- Assisted with grant writing and delivery to help increase behavioral health positions and expand behavioral health services and capacity within the health center.

September, 2008-
November, 2013

Clinical Psychologist/Director of Research and Evaluation

I Ola Lāhui, Inc.

Duties/Accomplishments:

- Developed and implemented patient satisfaction and treatment outcome measures.
- Gathered and analyzed data on service utilization for the purposes of reporting grantors and clinic sites.
- Managed the data management system used at I Ola Lāhui.
- Engaged in supervision of interns to perform research and evaluation related tasks as part of their internship training.
- Grant writing to obtain funding to support non-profit organization and psychology training program.

August, 2003-
March, 2008

Clinical Psychologist

Na Pu`uwai Native Hawaiian Health Care System

Duties/Accomplishments:

- Performed bio-psychological social evaluations of patients.
- Developed behavioral health treatment plans for a diverse range of patients.
- Implemented psychological counseling for individuals, couples, families and groups using a variety of evidence-based psychological treatment modalities (i.e., cognitive-behavioral therapy, motivational

interviewing, solution-focused therapy, acceptance and commitment therapy).

- Provided specialized interventions for patients with a broad range of behavioral health issues to include depression, anxiety, post-traumatic stress disorder, substance use disorders, adjustment disorders, etc.
- Evaluated treatment effectiveness using broad and narrow based health and symptom measures in order to adjust patient's treatment plans as necessary.
- Worked collaboratively with multidisciplinary team to deliver integrated behavioral health services in a rural, community health clinic setting.
- Assisted with grant writing and delivery to help increase behavioral health positions and expand behavioral health services and capacity with the health center.

August, 2002-
September, 2008

**Clinical Psychologist, Department of Psychology
Tripler Army Medical Center**

Duties/Accomplishments:

- Performed bio-psychological social evaluations of patients.
- Developed behavioral health treatment plans for a diverse range of patients.
- Provided specialized interventions for patients with a broad range of behavioral health issues to include depression, anxiety, post-traumatic stress disorder, substance use disorders, adjustment disorders, etc.
- Evaluated treatment effectiveness using broad and narrow based health and symptom measures in order to adjust patient's treatment plans as necessary.
- Supervised post-doctoral psychology fellows in the delivery of psychological counseling and specialized, evidenced based interventions for a broad range of behavioral health issues.

August, 2001-
August, 2002

**Health Psychology Post-Doctoral Fellow
Tripler Army Medical Center**

D Duties/Accomplishments:

- Performed bio-psychological social evaluations of patients within a medical setting.
- Developed behavioral health treatment plans for a diverse range of patients.

- Developed screening tools and integrated behavioral health service programs targeting a broad range of behavioral health problems and chronic diseases.
- Provided specialized intervention for patients with a broad range of behavioral health issues to include depression, anxiety, post-traumatic stress disorder, substance use disorders, adjustment disorders, etc.
- Evaluated treatment effectiveness using broad and narrow based health and symptom measures in order to adjust patient's treatment plans as necessary.
- Collaborated with specialty medical services to include cardiology, endocrinology, and oncology to provide integrated psychological counseling for patients with acute and/or chronic medical health issues.

August, 1999-
August, 2000

**Psychology Intern
Counseling and Student Development Center
University of Hawaii at Mānoa**

Duties/Accomplishments:

- Performed bio-psychological social evaluations of college students seeking psychological counseling.
- Developed behavioral health treatment plans for a diverse range of patients.
- Provided behavioral health/psychological counseling services including screening, assessment, and intervention to college students.
- Provided specialized intervention for patients with a broad range of behavioral health issues to include depression, anxiety, post-traumatic stress disorder, substance use disorders, adjustment disorders, etc.
- Evaluated treatment effectiveness using broad and narrow based health and symptom measures in order to adjust patient's treatment plans as necessary.

Professional Organizations and Activities

American Psychological Association	2002-present
Member, Committee on Rural Health,	2003-2006
Member, Division 55 American Society for the Advancement of Psychopharmacology	2005-present
Hawai'i Psychological Association	2002-present
President	2010-2011
Co-Chair, RxP Committee	2004-present
Treasurer, Hawai'i Psychological Association PAC	2006-2012
Co-Chair, Continuing Education Committee	2010-2014

Psychological Services Journal, Division 18 Psychologists in Public Service
Associate Editor 2005-2011

Hawai'i Board of Psychology
Board Member 2017

Publications/Presentations

Hess, R., Lundgren, K., Selby-Nelson, E., **Oliveira Gray, J.**, & Werth, J. (2018, August). *Expanding Behavioral Health Services in Rural Settings Through Innovations in Training*. American Psychological Association annual conference, San Francisco, CA.

Oliveira Gray, J. (2016). Helping Cancer Patients Cope with Financial and Other Stresses. Ho'okele I Ke Ola Patient Navigator Training, Honolulu, HI.

Oliveira Gray, J., Hermosura, A., Maeda, J., McDermott, H. (2013). *Validation of Outcome Measures used in Rural Hawai'i*. American Psychological Association annual conference, Honolulu, HI.

Yurow, J., Like, R.K., **Oliveira Gray, J.**, Austin, A. (2013). *Native Voices, Native Healing: A Community Effort to Improve Behavioral Health in Hawai'i's Communities*. American Psychological Association annual conference, Honolulu, HI.

Oliveira Gray, J., Miyamoto, R., Lee, D., Hermosura, S. (2013). *Primary Care and Behavioral Health Integration: Trauma Informed Care in Medical Settings*. Institute on Violence, Abuse, and Trauma (IVAT) Conference, Honolulu, HI.

Oliveira Gray, J. & Miyamoto, R. (2012). *Community Health Centers as Trauma Informed Systems of Care*. Institute on Violence, Abuse, and Trauma (IVAT) Conference, Honolulu, HI.

Oliveira Gray, J. & Austin, A. (2012). *Motivational Interviewing: Meeting Patients Where They are at to Improve Outcomes*. Hawai'i Academy of Family Physicians Conference, Honolulu, HI.

Oliveira Gray, J., Austin, A., Hu Seales, A., Hermosura, S., Saunders-Scott, D. (2010). *Culturally Minded Integrated Behavioral Health Services: Dissemination, Implications, and Outcomes*. Kamehameha Schools Research Conference on Native Hawaiian Well Being. Kaneohe, HI.

Austin, A., Kaholokula, K., Salvador, D. **Oliveira Gray, J.** & Miyamoto, R. (2008). *The Birth of a Training Program: I Ola Lahui, So that the People will Live and Thrive*. American Psychological Association Conference. Boston, MA.

Oliveira, J., Austin, A., Miyamoto, R., Kaholokula, J. K., Yano, B., & Lunasco, T. (2006). *The Rural Hawaii Behavioral Health Program: Increasing access to primary care behavioral health for native Hawaiians in rural settings*. Professional Psychology Research and Practice, 37(2), 174-182.

Baker, J., Khatri, P., & **Oliveira, J.** (2005). Healthy People 2010: The role of psychologists in primary care. National Association of Community Health Centers Conference. Miami Beach, FL.

Folen, R., **Oliveira-Berry, J.**, Austin, A., Kaholokula, K., Ledward, S., Miyamoto, R., Tanner, H., & Yano, B. (2004). Rural Hawaii Behavioral Health: Beyond Borders but Closer to Home. Hawaii Psychological Association Conference. Honolulu, HI.

Deleon, P., **Oliveira-Berry, J. M.**, Ahina, L., Austin, A., Huynh, A., Kaholokula, K., Lunasco, T., Miyamoto, R., & Yano, B. (2004). Innovative Psychology in Rural Hawaii. American Psychological Association Convention, Honolulu, HI.

Brooks-Harris, J., **Oliveira-Berry, J.**, Hanawahine, G., Jennette, D., Castagnini, C., Wagner, K. (2004). Culture-Centered Psychotherapy Interventions: Adapting Strategies from Five Theoretical Approaches. American Psychological Association Convention, Honolulu, HI.

Brooks-Harris, J. E., **Oliveira-Berry, J. M.**, & (2003). Integrative Treatment Planning for Brief Therapy: A Multitheoretical Approach. Brief Therapy Conference. San Francisco, CA.

Brooks-Harris, J. E., **Oliveira-Berry, J. M.**, Ralston, T., & Glass, T. (2003). Experiential Strategies for Psychotherapy: Four Examples with Video Demonstration. Hawaii Psychological Association Conference. Honolulu, HI.

Brooks-Harris, J. E. & **Oliveira-Berry, J. M.** (2002). Advanced microskills and strategies III: Experiential counseling and psychotherapy. [videotape]. North Amherst, MA: Microtraining Associates.

Brooks-Harris, J. E. & **Oliveira-Berry, J. M.** (2001). Advanced microskills and strategies I: Cognitive counseling and psychotherapy. [videotape]. North Amherst, MA: Microtraining Associates.

Brooks-Harris, J. E. & **Oliveira-Berry, J. M.** (2001). Advanced microskills and strategies II: Behavioral counseling and psychotherapy. [videotape]. North Amherst, MA: Microtraining Associates.

Research Support

P20-RR/AI11091 Haynes/**Oliveira-Berry** (PI/co-PI)

09/98 – 08/00

NIH/NCRR

Research Centers in Minority Institutions, Clinical Research Center, Kapi'olani Medical Hospital/University of Hawaii at Mānoa

Research initiative to develop a multi-modal, analog, assessment instrument to utilize with perpetrators of domestic violence. Research conducted for dissertation project.

Grant size: 10K + infrastructure support. Final results presented to Clinical Research Center staff in 11/01.

MD-02-002 Mau (PI)

09/02 – 09/04

NIH/NCMHD

Project EXPORT

Major goal is to develop and establish a Hawaii EXPORT Center (HEC) for the purpose of reducing and eliminating diabetes mellitus related health disparities in Native Hawaiians and other Pacific Island Populations (Filipinos, Japanese). In part, pilot study to be completed by 2004 entitled: “The Effect of Lomi Lomi on the Reduction of Stress in Native Hawaiians with Type 2 Diabetes Mellitus” (**Oliveira-Berry-PI**). Grant size: 9K + infrastructure support.

Awards/Certifications

Outstanding Psychologist Award, August 2018, presented by the State, Provincial & Territorial Affairs (Division 31) of the American Psychological Association.

Distinguished Service Award, October 2016, presented by the Hawai'i Psychological Association.

William Bevan Lecture Presentation Award, August 2013, presented by the American Psychological Foundation.

Healthcare Heroes Award, Non-Physician Category, September 2006, presented by the Hawaii Pacific Business News.

Award for Service Provision to Rural Areas, October 2005, presented by The Hawai'i Psychological Association

Early Career Achievement Award, August 2004, presented by The Division of Psychologists in Public Service (18) American Psychological Association.

References Available Upon Request