

MAR 10 2023

SENATE CONCURRENT RESOLUTION

URGING THE DEPARTMENT OF EDUCATION TO START HIGH SCHOOLS NO
EARLIER THAN 9:00 A.M. AND ELEMENTARY AND MIDDLE SCHOOLS NO
EARLIER THAN 8:30 A.M.

1 WHEREAS, all Hawaii keiki are entitled to a high quality
2 education; and

3
4 WHEREAS, the American Academy of Pediatrics recommends that
5 the first school bell ring no earlier than 8:30 a.m.; and

6
7 WHEREAS, early school start times are associated with
8 students sleeping less, irritability, and fatigue; and

9
10 WHEREAS, students who lack sufficient sleep may experience
11 difficulty paying attention in class, negatively affecting
12 students' academic performance; and

13
14 WHEREAS, all but five public high schools begin their
15 school days before 8:30 a.m.; and

16
17 WHEREAS, prioritizing adequate amounts of sleep for all
18 students is one step to ensure positive student outcomes and
19 academic success; now, therefore,

20
21 BE IT RESOLVED by the Senate of the Thirty-second
22 Legislature of the State of Hawaii, Regular Session of 2023, the
23 House of Representatives concurring, that the Department of
24 Education is urged to adopt rules requiring that high schools
25 start no earlier than 9:00 a.m. and elementary and middle
26 schools start no earlier than 8:30 a.m.; and

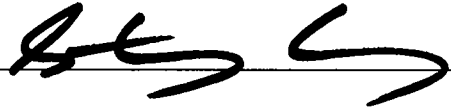
27
28 BE IT FURTHER RESOLVED that the Department of Education is
29 requested to adjust state-provided bus routes and school meal
30 service times accordingly; and

31



1 BE IT FURTHER RESOLVED that certified copies of this
2 Concurrent Resolution be transmitted to the Chairperson of the
3 Board of Education and Superintendent of Education.
4
5
6

OFFERED BY:

A handwritten signature in black ink, consisting of several loops and a long horizontal stroke, is written over a solid horizontal line.

