# CONSTANCE K.Y. FONG MITCHELL, A.P.R.N., M.S. Nurse Executive

GOV. MSG. NO. 848

#### **EDUCATION**

University of Hawaii (UH) at Manoa School of Nursing, Honolulu, HI

Science in Nursing (1987-1989) conferred 1989 - Psychiatric Mental Health Nursing

University of Hawaii (UH) at Manoa School of Nursing Honolulu, HI

Science in Nursing (1974-1978) conferred with Honors, 1978

Case Western Reserve University, Frances Payne Bolton School of Nursing Cleveland, OH Candidate in Doctor of Nursing Practice Program (2004-2008)

### .CERTIFICATIONS/LICENSURES

CPR (Cardiopulmonary Resuscitation), American Heart Association, current Licensed as a minister in the State of Hawaii, 1996 to present Licensed as a registered nurse in the State of Hawaii 1978 to present State of Hawaii Advanced Practice Nurse License 1998 to present

### PROFESSIONAL EXPERIENCE

# IHS, THE INSTITUTE FOR HUMAN SERVICES, INC.-June 2006 to Present Executive Director

- · Provides Executive leadership for Honolulu's oldest and largest social service agency focused exclusively on the needs of homeless persons and those at risk for homelessness. Oversees government and foundation grants, collaborations with community agencies to provide spectrum of services on-site
- Grew the organization' \$4.5 million budget to \$26 million; 2 service sites to 16; staff from 85 to 260. Currently provides a spectrum of services that include homeless prevention with rent subsidies, street medicine and outreach to mentally ill with targeted outcome of providing treatment, emergency and specialty shelters, meals, children services, housing and employment, case management and health services.
- Established a wellness center to triage and assess guests requiring urgent care, referral for primary care or follow up nursing care.
- Developed specialized Case Management programs to serve mentally ill, substance abusers, families, recently released offenders, and the medically fragile
- Established screening standards for shelter admissions to include TB, child immunizations, and for Micronesian migrants: Hansen's Disease, Hepatitis.
- Established medical respite homes for homeless individuals discharged from hospitals
- Collaborating with Honolulu Police Department to embed assessment, access to healthcare, mental health treatment, case management services at the HONU outdoor shelters

## **UH SCHOOL OF NURSING AND DENTAL HYGIENE** -August 2003 to 2012 **Adjunct Clinical Faculty**

· Instructed, as needed, for Advanced Practice Nurse graduate program. Emphasis on clinical competencies and developing leadership skills while working with mentally ill, substance abusing and/or forensic populations.

# HAWAII STATE HOSPITAL, DEPARTMENT OF HEALTH-February 2001 to April 2006 Director of Nursing

 Provided leadership for 190-bed psychiatric hospital and participated in hospital strategic planning including management of \$42 million budget and day to day operations of department of 350+ staff; met compliance with JCAHO standards, Federal court-ordered

- Remedial Plan and settlement agreement with Department of Justice regarding patient care issues.
- Facilitated partnerships with local schools of nursing providing learning experiences, and facilitated establishment of two Treatment Malls in the hospital
- Designed programs to meet evolving needs of very mixed population (acute/rehab, male/female, forensic/civil, patients w/mental illness and substance use/abuse disorders).

# UHM SCHOOL OF NURSING / HAWAII STATE HOSPITAL/ADULT MENTAL HEALTH DIVISION (AMHD)-October 1999 to January 2001

### Unit Manager for Admissions and Stabilization Units.

 Led change initiatives and served as point of accountability for 2 hospital units; oversaw 3 interdisciplinary treatment teams responsible for care management and forensic resolution, developed programs for Admissions and Stabilization and ensured compliance with JCAHO.

### UHM SCHOOL OF NURSING /AMHD-August 1998 to September 1999

### Program Specialist/Instructor

Developed policies and procedures for AMHD, wrote RFPs, monitored contracts, reviewed utilization, established care management system, assisted Mental Health Centers in CARF accreditation preparation, provided statewide care and utilization management and treatment/service planning of staff, and taught Masters level nursing students in Psychiatric Nursing program.

# UHM SCHOOL OF NURSING, RECRUITMENT & RETENTION PROJECT / HAWAI'I COUNTY COMMUNITY MENTAL HEALTH CENTER-July 1997 to August 1998

### Advanced Practice Nurse Clinic Manager/Clinical Nurse Specialist

 Established rural mental health clinic in Ka'u on island of Hawai'i developing programs for underserved population diagnosed with mental illness and substance use/abuse disorders and assisted in developing interactive training series for rural mental health staff and consumers, and provided CARF accreditation and development of training program consultation to Hawaii County Mental Health Services' Chief.

# UHM/HAWAII STATE HOSPITAL, RECRUITMENT AND RETENTION PROJECT-September 1990 to July 1997

### **Instructor/Clinical Nurse Specialist**

 Provided ongoing staff development via clinical supervision, unit-based in-services, instruction for paramedical assistants and RNs and created and implemented dual diagnosis program and STEP unit in hospital including clinical outcome evaluation and competency programs for nursing staff.

## CASTLE MEDICAL CENTER-June 1988 to January 1989 Staff RN, Human Services (Acute Psychiatric Ward)

 Provided acute care for adolescent and adult psychiatric patients to include admission assessments, developing nursing care plans, medication administration, and restraint application.

## **BIODYNE CENTER** (Federal research/demonstration project)-June 1984 to June 1987 **Director of Outreach**

Developed outreach effort toward high users of medical services in Medicaid population, performed community outreach home visits, individual brief therapy in home or at office, co-led anxiety and stress management groups and acted as agency liaison to HMSA, social service agencies, mental health and medical professionals.

- 2017 YMCA Women's Luncheon Leader
- 2016 University of Hawaii at Manoa School of Nursing Hall of Fame
- 2016 -- Hawaii Lodging and Tourism Association Kahiau Award
- 2013 Outstanding Community Mental Health Leader Mental Health America
- 2011 Hina Mauka Harry & Mary Lake Award for Compassion
- 2012 Hawaii Community Foundation Ho'okele Award for Nonprofit Leadership
- 2009 Dwayne Walker Award for Leadership in Nursing
- June 2003 Department of Health, State of HawaiiSustained Superior Performance Award
- April 2000 Employee of the Quarter, Hawaii State Hospital for work as Unit Manager

### **COMMUNITY SERVICE**

2015 to present - Oahu Workforce Development Board

2019-2020 - Partners In Care, Board of Directors, Chair

2011-2020 - Pacific School of Religion - Board of Trustees

2012-2016 -- EPIC Ohana - Board of Directors