

Darci Frankel

GOV. MSG. NO. 503

Objective

To be a kind: human, spa manager, member of the community, wife and grandmother of 5.

I feel inspired by anyone who is consistent, fair and generous. I have a strong love for the healing arts. Helping people of all ages towards greater levels of wellness is very dear to me.

Education

**Massage Therapy | Ayurveda | Yoga |
Self Directed Higher Education | South Florida | New Mexico | Arizona**

- 1983 CEU Workshop Bonnie Pruden Pain Erasure, Trigger-Point Therapy
- 1990 American Institute of Massage Therapy, Fort Lauderdale Florida, 750 Hours
- The Ayurveda Institute 3 Year Studies, Graduated In 1995. Approx. 1000 Hours.
- Nama, National Ayurveda Medical Association, Professional Member and Educator
- Yoga, Many Teachers/Teacher Trainings

Studies In Communication | Psychology

- Landmark Education, Over 1000 hours including: The Forum, The Advanced Course, many seminars, Self expression and Leadership (a 6 month program) participant, coach, then Production supervised. 1.5 years total. The wisdom Course, 14 months.
- Radical Honesty, completed two, 8 day residential workshops, 3 weekend workshops
- Taber Shadburne, Clinical Psychologist, 5 workshops, apprenticeship/2 years
- Dr. Susan Campbell Ph.D., How to be a Getting Real Coach, Training in Hosting/facilitating Honesty Salon, How to master difficult conversations. 8, six week tele-classes 2011-18
- NVC, AKA Compassionate communication, Teva Hollaway, Scott Catamas 40 hours
- Ayurveda and Psychology, Dr. Vasant Lad, David Frawley
- Lenny Blank, A Blueprint for living
- UYO, Understanding Yourself and Others workshop, Miami Florida

Specialties

Conflict resolution, creating executable systems that are reproducible, sustaining a culture of dedicated and healthy employees.

Values

I believe values are at the core of everything we do, and how we do it. Our values are the “why” that gets us up in the morning and drives us. The values that are important to me are: Cooperation, Kindness, Compassion, Integrity, Accountability, Efficiency, Service, and Harmony. These values are at the core of the culture that I created and sustained for over 18 years at my business, Hanalei Day Spa.

HANALEI DAY SPA MISSION STATEMENT

This is a holistic business. We are dedicated to consistent excellent customer service. Sharing our gifts in our own unique fun and soulful way. Our Hanalei Day Spa community may have differing lifestyle practices beliefs however we are united in our willingness to serve with integrity efficiency and compassion in harmony with ourselves the earth and each other. We happily offer a helping hand when we can and humbly ask for help when we need it. We are kind and cooperative even in the rare case that we make mistake. Our viewpoint on mistakes is of acceptance and accountability. We all make them, we do our best to humbly learn from mistakes, put them behind us and move forward. We are dedicated to consistent

excellent customer service sharing our gifts in our own unique fun and soulful way at Hanalei Day Spa.

Management

- Hanalei Day Spa 2003-current
- A place for Yoga/Yoga Shala 1995-1999

Experience

Massage Therapist | Managing Owner Spa 1992- Present

- I began my career in south Florida working with chiropractors. At *Kern Chiropractic* I continued my service as a Licensed Massage Therapist in a chiropractic office. I was responsible for keeping detailed notes, filing insurance details and creating a warm and inviting atmosphere for patients.
- 1996-2000 Owner/manager - *Yoga Shala*, a place for yoga. I offered 6+ yoga classes weekly with up to 50 people.
- 2003- current - Owner/manager - *Hanalei Day Spa*, Kauai

Random Facts

I began yoga practice as a child with family practice sessions.

I started learning about massage at 13, by taking a CEU class Pruden Pain Erasure.

I am a 5th generation American.

I first came to Hawaii in 1988.

I was invited to be a massage therapist. I was invited to be a yoga teacher. I was invited to learn Ayurveda.

I was invited to live on Kauai. I was invited to open my spa.

I have unusually quick reflexes, and I love dark chocolate.

I Believe in

Honesty is the best policy, solutions where everyone wins.

Reference Data

"Darci has a strong commitment to healing and transformation which she expresses through her wisdom in Ayurveda."

Deepak Chopra M.D., Author