



# OFFICE OF REPRESENTATIVE SHARON E. HAR

DISTRICT 42—KAPOLEI AND MAKAKILO | NEWSLETTER | SEPTEMBER 2015

**Representative Sharon E. Har**

HAWAII STATE HOUSE OF REPRESENTATIVES



Member, House Committee on Consumer Protection and Commerce  
Member, House Committee on Labor and Public Employment  
Member, House Committee on Public Safety  
Member, House Committee on Transportation

**HAWAII STATE CAPITOL**

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Dear Friends:

I hope you and your families are well, are staying cool in this hot and humid weather and driving carefully in the recent downpours.

In the wake of all the recent storm activity that we have experienced in the Pacific, I have included important information on hurricane preparedness.

As always, should you have any questions or comments to share with me, please do not hesitate to contact my office. Mahalo nui loa for allowing me the privilege of serving as your state representative.

Aloha,

**Central Pacific Hurricane Center**

<http://www.prh.noaa.gov/cphc/>

**Hawaii State Civil Defense**

<http://www.scd.hawaii.gov/>

**Department of Emergency Management**

<http://www.honolulu.gov/dem.html>

If you would like to receive emergency alerts texts you may sign up at :

<http://local.nixle.com/register/?cc=honoluludem>

Save a tree, please subscribe to our weekly eNewsletter. Contact our office to learn how.



Senator Gabbard, Kapolei Properties LLC President Brad Myers, Governor Ige, Mayor Caldwell, Forest City Hawaii President Jon Wallenstrom, and Representative Har welcome the first residents of Kapolei Lofts, Kapolei's newest housing project.

## KAPOLEI LOFTS OPEN TO FIRST 34 FAMILIES

On September 3, 2015, the Kapolei Lofts celebrated the completion of the first of four blocks, with Building A. Hawaii's largest rental property, welcomed their first residents home to this resort style development. Offering low-, moderate- and market-priced apartments, once Kapolei Lofts is completed, there will be a total of 499 units added to the island's much needed rental market. The Kapolei Lofts community is slated to be completed by the summer of next year.

## HOW TO SURVIVE WITHOUT AIR-CONDITIONING

With the recent storms near our island state, we have been hit with record heat and humidity. The following are some suggestions for keeping cool:

1. Place box fans facing out to draw hot air away from your home. This also promotes air circulation as it acts as an "exhaust" system.
2. Soak your feet in cool water. This will assist in bringing your body temperature down. Use a spray bottle with cold water for spritzes throughout the day.
3. Stay hydrated. The more you sweat, the more water and electrolytes you need to replace. Eat small meals with your water or consume electrolyte replacement drinks. Thirst is a sign of dehydration; drink sufficient amounts of fluids before you get thirsty.
4. Avoid alcoholic and caffeinated beverages. Both promote dehydration.
5. Place a container of ice in front of a fan that blows towards you.
6. Watch your diet. Protein-rice meals increase your metabolic heat.
7. Recognize the symptoms of heat-related illnesses such as heat rash, heat exhaustion and heat stroke.
8. Don't forget our furry family; they are unable to shed their coats. Give them a cool bath and a cool towel to lay on. Make sure water bowls are always filled with cool water.



Rep. Har participated in an education forum with public and private school administrators from West Oahu.

**COME HELP TO MAKE OUR COMMUNITY BETTER! VOLUNTEERS NEEDED FOR OUR KAPOLEI  
COMMUNITY WORK DAY  
SATURDAY, OCTOBER 17, 2015 FROM 9:00 A.M. TO 11:00 A.M.**

E Ola Pono Ma Kapolei, our Kapolei Drug Free Coalition, will be holding a community work day at designated parks and schools in our area. Come join us in keeping our community beautiful. Free lunch will be provided afterwards at Kapolei High School. Individuals or groups that would like to volunteer should call Lolita Takeda at (808) 305-3023 or e-mail [eo-laponomakapolei@gmail.com](mailto:eo-laponomakapolei@gmail.com) for more information. Volunteers will meet at the following locations to weed, paint and landscape: Kahiwelo Community Park, Kalaeloa Heritage Center, Kapolei Hula Mound, Pu`u O Kapolei, Kapolei High School, Kapolei Middle School, Mauka Lani Elementary School, Malama Learning Center, and fish/storm drain painting around Kapolei. We hope to see you there!

**NEIGHBORHOOD SECURITY WATCH LOOKING FOR NEW TEAM MEMBERS**

With the recent crimes being committed in our community, it is even more imperative that we take our community back to make clear we will not tolerate illegal activity. But we need your kokua! Please join members of our Kapolei citizen's patrol assist us in keeping our neighborhoods a safe place for our families. Contact Jodi Akau at (808) 620-9169, Ruth Kepo`o at (808) 343-0180, or the Honolulu Police Department's District 8 Community Policing team at (808) 723-8411 for more information or to join one of our neighborhood security watch teams.

**WET'N'WILD HOSTS NEIGHBORHOOD APPRECIATION MONTH**

To celebrate 16 years in business, Wet'N'Wild Hawaii is offering a special \$9.67 admission rate for the month of October to all residents whose 967 zip codes end with 06,07,89,92 and 97. This includes residents of Ewa, Kapolei, Waianae, Waipahu and Mililani. Additionally, the 2016 season passes go on sale October 1. Those who purchase in October, will receive an automatic, free Gold Pass Upgrade when purchasing a regular priced Season Pass (\$49.99 each). With the season pass, guests get unlimited visits through December 2015 and \$1 OFF meal combo at Windjammer Food Court, however with a Gold Pass, guests also receive: free bring-a-friend ticket (value of \$47.99), free parking (\$8 value per visit), free mini golf (\$10 value each play), free souvenir sports bottle with \$1.25 refill all season long, priority entry (PRICELESS value to reserve a prime spot for the entire family), and other In-park discounts.

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