Curriculum Vitae

RICHARD I. RIES, Psy.D., M.S.Ed.

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Licensed Clinical Psychologist

EDUCATION

Doctorate in Clinical Psychology (Psy.D.)

Hawaii School of Professional Psychology at Argosy University, Hawaii,

Honolulu (GPA: 3.96)

Qualitative Research Dissertation:

Arriving Home: A Reputational Case Study with Ram Dass on Conscious Dying

Published, Graduation date: 3/13.

Masters of Science in Education (M.S.Ed.)

CUNY at Lehman College, Bronx

New York City Teaching Fellows Program (GPA: 3.9)

(Psychology Coursework GPA: 4.0)

Fellowship Recipient

Thesis on Meditation as an intervention for classroom misconduct

Bachelor of Arts in Interdisciplinary Studies (B. A.) Hofstra University-New College, Long Island

Psychology and Communications (GPA: 3.7)

Senior Undergraduate Thesis on Death and Dving Worldviews

Culture Program Certificate
Peking University in Beijing, China
Chinese Philosophy and Arts

Martial Arts study

SPECIAL COMMUNITY ROLES

- > 2nd Vice Chair (2018) & Board Member on the Hawaii State Council on Mental Health 4/2016 Present
- > Radio host on Live-broadcast, call-in FM radio shows "Creating Meaning" & "Subliminal Peaks" 3/2016-Present
- > Clinical Representative and Early Career Psychologist Representative for Hawai'i Psychological Association 2017-Present
- Medal Recipient in August, 2013 (Commander's Award for Civilian Service) and May 2010 (Achievement Medal for Civilian Service)
- Air Force National Guard Recognition, June 9th, 2017, by Senior Master Sergeant for Family Therapy excellence in civilian service
- Facilitator of Weekly, Pro Bono Publico Bereavement and Caregiver Resiliency Support Group 6/2016-Present

CLINICAL, RESEARCH AND RELATED EXPERIENCE

12/2015-Present Private Practice in Psychotherapy

With Older Adults, Couples, Adolescents and Children—

- Bereavement/Loss
- Trauma/PTSD
- Anxiety and Depression
- Autism Spectrum Disorders
- Adolescent and Child Behavioral Issues
- Phase of Life Concerns
- Personal, and Transpersonal, Growth and Transcendence
- Resiliency
 - o Fluent in English and Spanish

09/2015-3/2017 University of Hawai'i Center for Cognitive Behavior Therapy—

A Child and Adolescent Mental Health Clinic

The Research Corporation of the University of Hawai'i

Clinic Manager

Supervising postdoctoral fellows, doctoral candidates, practicum students and graduate/undergraduate clinical psychology students with:

- Reviewing clinical assessment reports
 - Mental Health Evaluations
 - Emotional/Behavioral Assessments
 - Cognitive/Psychoeducational assessments
 - Functional Behavior Analyses/Behavioral Service Plans
- case conceptualization/triage/disposition
- supporting intensive in-home therapy
- generalized treatment interventions
- providing community presentations
- generating annual and quarterly reports (Quality Assurance, Volume, Caseload, Clinical Data)
- receiving/processing referrals from DOE, DOH and CAMHD (among others)

01/2014-12/2014 The Queens Medical Center

Behavioral Health Services- Intensive, brief, existential psychotherapy Multidisciplinary Clinical Liaison Team (MCLT)

Clinical Therapist / Psychologist

Addressing behavioral health needs on medical floors hospital-wide, including:

- grief and loss
- anxiety/agitation,
- trauma
- brief family intervention
- psychosocial issues and
- end-of-life concerns

through supportive, often hospital bedside psychotherapy, creative-arts therapy applications and behavioral modification. Physician, nursing and supportive staff coaching and

communication facilitation.

Private Psychotherapy Practice under Postdoctoral Supervision 04/2013-03/2014

With Dr. Rene Tillich

Clinical Psychology Postdoctoral Fellow

At the King Kalakaua Center for Humanistic Psychotherapy- Hawaii Kai

• Individual and Couple's Psychotherapy

08/2011-08/2013 Pacific Regional Medical Command (Army)

> Clinical Operations Behavioral Health

Care Provider Support Program

Compassion Fatigue Educator Provider Resiliency Subject Matter Expert, Training Instructor & Trusted Agent Special Projects Officer and Clinical Background Checks Monitor Lead Ethics Consultant: Tripler Army Medical Center Member: Tripler Army Medical Center's Ethics Committee Continuing Medical Education (CME) Course Director & Planner

- Develop and implement curricula for Mandatory Hospital Courses, Workshops and Retreats in support of care-provider and staff wellness/ prevention of Compassion Fatigue and burnout (emphasis on Physicians, Nurses, Army Medics, Corpsmen/Corpswomen, Clergy, Psychiatrists, Psychologists, and Social Workers)
- Conduct Individual and Department-level Resiliency Coaching, grief counseling, conflict-resolution group interventions and walkabouts in support of providers
- Co-chair TAMC Wellness Council
- Represent command region in community outreach efforts both domestically and abroad (Korea, Japan)

09/2009-08/2011 Tripler Army Medical Center, Department of Psychology Deputy Chief, Psychology Research;

Joint Commission Patient Education Standards Facilitator

- Performance Improvement Surveyor, Education and Training Section Auditor • Run ongoing Protocols under Chief of Research Psychology Service
 - Develop new research protocols from pre-proposal, proposal, protocol development and through study execution, analysis and presentation phases (PTSD, Neurocognitive Testing, Biofeedback, Chronic Pain Management, Virtual Reality, and Warfighter Resiliency)
 - Grant applications
 - Guide Biofeedback, Virtual Reality and Relaxation inducing interventions
 - Troubleshoot Biometric and Virtual Reality Technology
 - Scheduling and Assessing Research Participants

- Develop Posters, Manuscripts and Presentations
- Data gathering, entry, analysis and presentation
- Developing and implementing new research studies
- Management of American Red Cross volunteer research assistants, practicum trainees and research assistants.
- Streamlining practica training rotations department-wide
- Facilitation of the meeting of Joint Commission Standards for Patient Education in Department of Psychology
- Provide support for department-level performance improvement initiatives including space utilization, APA reaccreditation Self-Study Project, Clinical Internship curriculum development and Psychology service newsletters for each section (i.e. Research, Adult Psychology, Child, Adolescent and Family Psychology, Neuropsychology, Behavioral Medicine and Trainingship)

06/2009-06/2010

Taylor Study Method, LLC

Director of Content Research/Consultant

- Researching EPPP content
- Development of EPPP-type questions
- Editing database across 11 Psychology Content Domains
- Management of editing team
- Recruitment of Content Specialists
- Brainstorming company growth
- Error detection and correction
- Citation searches
- Team training

09/2007-05/2008

North Shore Mental Health

Intensive and Community-based Case Manager

- Case Management with primarily Geriatric and Borderline Populations
- Crisis Intervention
- Housing Assistance / Vocational Assistance
- Treatment Goal Development/ Treatment Compliance
- Management of Psychiatric/Psychological Symptoms
- Assistance with Legal Issues / Substance Abuse Issues
- Assistance with Medical Issues / Activities of Daily Living
- Connecting Clients to Community Referrals/Resources
- Intake Interviews and Assessments

Quality of Life Interview; Intellectual disability Screening;

Level of Care Utilization System for Psychiatric and Addiction Services, Adult Version; "CAGEAID" Substance Use Screening

08/2006-11/2007

Hale Kipa, Inc.

Intensive In-Home Therapist

- Clinically Supervised Psychotherapy
- Crisis Intervention

- Family Therapy /Conflict Resolution
- Parent Training /Psychoeducation
- Behavioral Modification
- Music Therapy
- Treatment Team meetings
- Consultation with Psychiatrists, Psychologists, School Staff and Social Workers

06/2005-08/2006

U.S. Department of Veteran Affairs, Pacific Islands Division Office of Research and Development; by way of the National Center for PTSD

Assessment Clinician and

Research Health Sciences Specialist,

- Conducting diagnostic interviews according to research protocol including
 - o Clinician Administered PTSD Scale (CAPS),
 - o Structured Clinical Interview for the DSM-IV-TR Axis I (SCID-I)
 - And Administering Self-Report measures related to Anger, Provocation, Assaultive Behavior and Trauma Experiences.
- Authoring clinical progress notes
- Research Data Entry
- Case Presentation at supervision and Weekly Trainings

12/2004-11/2005

Parents and Children Together (P.A.C.T.) Credentialed Mental Health Professional Intensive Support Services Therapist,

Greater Central and Windward Oahu

- Treatment Planning and Implementation
- Crisis Intervention
- Family and Individual Intensive In-Home Therapy
- Community-Based Social Skills Training
- Peer Consultation and Clinical Supervision
- Generating Therapy Notes/ Treatment Records
- Interfacing with Community Resources and Institutions
- School Visits
- Individual Education Plan Meetings

12/2000-09/2001

North Shore University Hospital and Long Island Jewish Health System Emergency Medical Technician and Paratransit Attendant

Administering Frontline Emergency Care for Trauma and Medical Emergencies

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- Emergency Life-Support
- Crowd Control
- Transport of Acute Psychiatric Patients
- Generating Patient Care Reports
- Emergency Vehicle Operation
- Ambulance Equipment Inventory

01/2000-12/2000

Hunter Ambulance Inc.

Emergency Medical Technician

- Administering Frontline Emergency Care for Trauma and Medical Emergencies
- Transport of Acute Psychiatric Patients
- Generating Patient Care Reports
- Emergency Vehicle Operation
- Ambulance Equipment Inventory

12/1994-09/1999

Staff Builders Home Health Care

Home Health Aide

- Hospice care for the terminally ill
- Home Health Aide for disabled and elderly
 - o (including bathing, toileting, feeding, marketing, cooking and facilitating other activities of daily living)

10/1994-05/1999

VESID Program for Higher Education of the Disabled

- · Reader,
- Writer,
- Personal Care Attendant and assistant to consumers with disabilities

MEDIA

03/2017-Present

Co-host on **LISTEN**, a weekly, live-broadcast, morning, call-in radio-show on **KTUH 90.1 FM** Honolulu fielding call-in questions from the audience on psychological, health-related and existential questions. Mondays 9am-12pm.

03/2016-3/2017

KTUH 90.1 FM Honolulu weekly **radio show co-host** on **Creating Meaning**, fielding call-in questions from the audience on psychological, health-related and existential questions. Wednesdays 9pm-12 Midnight

01/2016

Featured Clinical Psychologist on Think Tech Hawaii's television show Shrink Rap: Therapeutic Tuesdays. Show Title: **The Art of Healing Through Loss & Trauma: Courage to Journey Beyond, with Dr. Richard Ries**

HONORS

2nd Vice Chair (2018) & Board Member on the Hawaii State Council on Mental Health in April, 2016 for the Hawaii State Department of Health and the Senate Committee on Commerce, Consumer Protection and Health: Endorsements by Governor David Ige and Senator Rosalyn Baker.

Medal Recipient in August, 2013 Commander's Award for Civilian Service

(equivalent to the <u>Military Army Commendation Medal</u>) With the following citation:

FOR MERITORIOUS SERVICE WHILE SERVING AS A RESILIENCY SUBJECT MATTER EXPERT AND TRAINING INSTRUCTOR FOR THE CARE PROVIDER SUPPORT PROGRAM IN THE PACIFIC REGIONAL MEDICAL COMMAND CLINICAL OPERATIONS FROM 24 DECEMBER TO 24 APRIL 2013. ALONG WITH CARRYING OUT ALL RESILIENCY TRAINING DUTIES AND COMPLETING YOUR DOCTORAL DISSERTATION, YOUR PERSISTENCE, INTELLIGENCE, AND FOLLOW-THROUGH SERVED AS THE CATALYST IN TRIPLER ARMY MEDICAL CENTER BEING HONORED WITH THE STATEWIDE AND NORTH AMERICAN PSYCHOLOGICALLY HEALTHY WORKPLACE AWARDS IN 2013. YOUR DISTINCTIVE ACCOMPLISHMENTS REFLECT GREAT CREDIT UPON YOURSELF, TRIPLER ARMY MEDICAL CENTER, THE PACIFIC REGIONAL MEDICAL COMMAND AND THE UNITED STATES ARMY.

Medal Recipient in May, 2010
Achievement Medal for Civilian Service
(equivalent to the Military Army Achievement Medal)
With the following citation:

FOR DISTINCTIVE AND MERITORIOUS SERVICE SINCE AUGUST 2009 IN SUPPORT OF THREE CLINICAL RESEARCH PSYCHOLOGY PROTOCOLS IN THE DEPARTMENT OF PSYCHOLOGY. YOUR CONTRIBUTIONS CRITICALLY CONTRIBUTED TO THE MENTAL HEALTH RESEARCH AND CARE OF WARRIORS AND THEIR FAMILIES. YOUR ADDITIONAL EFFORTS REFLECT THE HIGHEST LEVEL OF HONOR, INTEGRITY, AND SERVICE AND REFLECT GREAT CREDIT UPON YOU, THE DEPARTMENT OF PSYCHOLOGY, TRIPLER ARMY MEDICAL CENTER, AND THE UNITED STATES ARMY.

Recipient in 2010 for a Department of Defense incentive On-the-Spot Cash Award of \$500.00

Certificate of Achievement Award recipient from the Department of the Army for meritorious service

Certificate of Achievement Award recipient for Tripler Army Medical Center's Third Annual Donald A.

Person Poster Presentation May, 2010

Certificate of Appreciation Award recipient from Hawai'i Pacific University Psychology Department for presentation in the Fourth Annual Psychology Conference, April 2010

Certificate Award in 2010 from American Red Cross for services volunteered in 2009 (434.5 hours) Chairman; New York City Teaching Fellows—Fellowship Advisory Board (2001-2003)

Americorps Award Recipient- with distinction 2002

Honor of Distinction; National Society of Collegiate Scholars SUNY at Stony Brook

Secretary Hofstra Chapter; Golden Key International Honor Society Teacher of the Year Award; by student vote: New Preparatory Middle School for Technology and the

Performing Arts (2002)

America's Choice Exemplary Classroom Teacher- 2004

President; Freshman Undergraduate Class: SUNY at Stony Brook

President; Anthropology Club: University of Hawaii at Hilo Vice President; Parachute and Skydiving Club: SUNY at Stony Brook

International Thespian Society: since 1990

TEACHING EXPERIENCE

08/2011-08/2013 Pacific Regional Medical Command Care Provider Support Program, (Tripler Army Medical Center, Honolulu; Camp Zama, JAPAN and 121st Medical Evacuation Hospital in Seoul, KOREA)

Master Resilience and Provider Resiliency Training Instructor for Physicians, Nurses, Behavioral Health Providers and Support Staff

01/2009-01/2010 Institute of Clinical Acupuncture and Oriental Medicine, Honolulu

Instructor for Graduate Study course- Clinical Psychology

05/2008-06/2008 American School of Professional Psychology at Argosy University, Hawai'i Campus

Teaching assistant for Integrative Approaches to Therapy With emphasis on Multitheoretical Psychotherapy-under the supervision of Dr. Jeff E. Brooks-Harris

07/2007-06/2008 Hawaii Pacific University, Honolulu
Adjunct Professor for Undergraduate programs in the College of Liberal Arts

- Existential and Humanistic Psychology
- The Psychology of Dreams
- Introduction to Psychology
- Introduction to Psychology for Military Campus Programs

06/2003-09/2004 Pace University, Manhattan

- The New Teacher Project/ New York City Teaching Fellows:
- Fellowship Advisor
- Education-Training Instructor for Graduate Students in Inner-City Education

09/2001-09/2004 New York City Department of Education
The New Preparatory Middle School for Technology and the Performing Arts
South-side Jamaica Queens, New York

- Assistant Dean
- Elementary/Middle **School Teacher**: Third, Fourth (Common Branch Subjects); Sixth Grade (Literature, Physics, **Special Education** Science and Mathematics)
- Substitute Teacher grades 6-8
- Full Day Detention and In School Suspension Monitor

(20 hours per week)

09/1995-12/1997

Hofstra University, Hempstead

Meditation Workshop Guide and Self-defense Instructor

(5 hours per week)

10/1993-01/1998

South Shore Young Jewish Community Center

Martial Arts Instructor

(10 hours per week)

CLINICAL PSYCHOLOGY INTERNSHIP / PRACTICA

06/2008-06/2009 U.S. Department of Veterans Affairs, Pacific Islands Health Care System Clinical Psychology Internship with Dr.'s Nadine Shigezawa, Robert Porter and Daryl Fujii and Steven Miyake.

Rotations:

- **Hospice and Palliative Care** Program at the Center For Aging (Individual Psychotherapy for facing end-of-life concerns and death anxiety, Bereavement Groups, Family Support and Staff support);
- Traumatic Stress Recovery Program-PTSD Clinical Team* (Individual and Group Psychotherapy for Combat Veterans with Posttraumatic Stress Disorder);
- Mental Health Rehabilitation- The Empowerment Center of Honolulu (Group and Individual Psychotherapy, Milieu Therapy and Psychoeducation using a Strengths-based Recovery model of psychosocial rehabilitation for Veterans with Severe Mental Health Disabilities and Comorbid Substance Misuse Diagnoses);
- Traditional, Alternative and Complimentary Healing (Biofeedback assessment and treatment, Individual Health-based, Mindfulness Counseling, Spirituality-based Group Therapy and Chronic Pain, Obesity and Anxiety reduction interventions);
- * Participated in a weekly **Prolonged Exposure Treatment Consultation Group** under the supervision of Dr. Allison Aosved, PhD (Certified National PE Consultant).

 (40 hours per week)

08/2006-07/2007 University of Hawaii Counseling and Student Development Center

Intervention Practicum with **Dr. Jeff E. Brooks-Harris, Ph.D**. Psychotherapy with emphasis on Multitheoretical Framework and Multidimensional Conceptualization. Experiential, Existential, Cognitive, Behavioral, Systemic, Biopsychosocial and Gestalt techniques emphasized.

Total Treatment Practicum Hours: 1,070

(20 hours per week)

08/2005-08/2006 Diagnostic Practicum Training with Dr. Marvin W. Acklin, Ph.D., ABPP

Clinical and Forensic Psychology; A 12-month rotation with emphasis on Comprehensive

Cognitive, Objective and Projective Assessment with foci upon Psychopathy, Psychoses, Custody Evaluation, Neuropsychological Testing and Evaluations for Legal Cases. **Total Diagnostic Practicum Hours: 1,729** (20+ hours per week)

PROFESSIONAL SUPERVISION

09/2016-04/2017	Emphasis on neurological & infant development/parental bonding with Dr. Carol Fahy
01/2015-04/2016	General psychotherapy supervision with Dr. Helene Satz
03/2014-12/2014	The Queen's Medical Center with Dr. Gerald Brouwers
04/2013-03/2014	King Kalakaua Center for Humanistic Psychotherapy Clinical Supervision with Dr. Rene Tillich
10/2007-06/2008	North Shore Mental Health Clinical Supervision with Dr. Lauren Emoto, Psy.D.

Intensive and Community-based Case Management with elderly, medically disabled, mentally ill and borderline personality disordered patients.

07/2007-06/2008

Waikiki Integrative Health Clinic

Clinical Supervision with Dr. Aaron Kaplan, Ph.D. in co-facilitating group therapy.

Working with 2 groups, a group of gay males with relational issues and a group of stabilized mentally ill individuals with schizophrenia spectrum disorders.

06/2005-08/2006

National Center for PTSD

Clinical Supervision with Dr. Edward Kubany, Ph.D., ABPP Administration of the Clinician Administered Posttraumatic Stress Disorder Scale (CAPS), Structured Clinical Interview for the Diagnostic and Statistical Manual of Mental Disorders-Fourth Edition-Text Revision-Axis I (SCID- I), and various Self-report anger, provocation and trauma-related measures.

RESEARCH, PUBLICATIONS, PRESENTATIONS & WORKSHOPS GIVEN

- Caring for the Caregiver Series: Focus Course on Emotional Resiliency for Parents of Children with Diagnoses on the Autism Spectrum. In association with Hawaii Autism Foundation, Hawaii Psychological Association, Creative Connections and Kaimuki YMCA- June 1st, 2013
- **TAMC** Recognizes National Healthcare Decisions Day: Beneficiaries are Encouraged to Develop Endof-Life Care Choices. Article in *Hawaii Army Weekly "HEALTH"*, 12 April, 2013 (with co-author Dr. (LT. COL.) Matthew Studer).
- Culture of Trust: Emphasized by Tripler Army Medical Center Seminar. Article in *Hawaii Army Weekly*, 23 November, 2012.
- Author of First Featured Multitheoretical Psychotherapy (MTP) Case Presentation on MTP Website: www.multitheoretical.com
- STEM Think Tank For Wounded Warriors (Science, Technology, Engineering and Mathematics)

 Panelist: troubleshooting accessibility solutions for higher education of warriors, by way of The Center

- on Disability Studies, University of Hawaii, Manoa at the Hilton Hawai'ian Village, 23 MAR 2012
- Sustaining Resiliency: The Pacific Regional Medical command's Resiliency System for Care Provider Support. Workshop offered to providers at the Institute on Violence, Abuse and Trauma on March 15th, 2012. Richard I. Ries, Howard Reyes, Richard Rothschiller & Cherie B. Mar.
- Virtual Reality and Biofeedback to Help Warfighters Deal with Stress. Book Chapter in Intelligent Support Systems in Healthcare Using Virtual Reality, 2010
- CE credit workshop on Cybertherapy's Contribution to Psychology: at the 2010 Annual Hawaii Psychological Association Convention. Richard I. Ries, M.S.Ed., Major Melba C. Stetz, Ph.D., & Raymond A. Folen, Ph.D., Tripler Army Medical Center, HI.
- A Comparison of **Guided Imagery Modalities for Pain Distraction** by MAJ Melba C. STETZ, Ph.D., **Richard I. RIES**, M.S.Ed., Kathleen S. BROWN, Ph.D., and Raymond A. FOLEN, Ph.D (in press).
- **TeleCybertherapy**: Contributions and Challenges from a Hospital in the Pacific by Raymond A. Folen, Ph.D., MAJ Melba C. Stetz, Ph.D., BG Stephen L. Jones, M.D., Brenda Edmonds, Psy.D., Judy Carlson, Ed.D, and Richard I. Ries, M.S.Ed.
- Ries. Richard I., M.S.Ed., MAJ Stetz, Melba, C., Ph.D., CPT Roberson, Leslie, W., M.A.Ed., & Folen, Raymond, Ph.D., ABPP. *Posttraumatic Stress Disorder Checklist Endorsement by Warfighters.* Poster Presentation in Honolulu, Hawaii 29 October, 2010 Hawaii Psychological Association Convention.
- Ries, R. I., Stetz, M. C., Folen, R. A. & Myers, C. A. Virtual Reality for Immersive Stress Relief. American Psychological Association, San Diego, CA, August, 2010.
- Ries, R. I., Stetz, M. C., Folen, R. A. Moderate to Extreme Posttraumatic Stress Disorder Item Endorsement in Three Samples of Warfighters. Third Annual Donald A. Person Poster Session and Graduate Medical Education Research, Tripler Army Medical Center, Hawaii: May 19, 2010.
- Fourth Annual Hawaii Pacific University Psychology Conference, in association with Psi Chi Honolulu, Hawaii: April 10, 2010. Stetz. M.C., Ries, R.I., Myers, C.A. The Advantages of Using Virtual Reality/Gaming in Psychology.
- **Studying Warfighters With More Than Surveys**, Stetz, M.C., Folen, R.A., **Ries, R.I**. 15th Annual Cybertherapy Conference in Seoul Korea, 2010.
- Hawaii Chapter Scientific Meeting, American College of Physicians (ACP), 9 January 2010. Kaneohe, Hawaii. Stetz, MC, Reeves, DL, & Ries, RI: The Impact of Relaxation and Neurocognitive Practice for Military Medical Teams. Hawaii Chapter Scientific Meeting,
- **Poster Presentation** at 2nd Annual Scientific Conference of the Hawaii Neurological Society, on **Psychological Symptoms in Mild Traumatic Brain Injury Patients**, Secondary Author, Honolulu, Hawaii: October 31, 2009
- Stetz, M. C., Folen, R. A. & Ries, R. I., (In Press). Virtual Reality to Decrease Warfighters' Stress and Improve Cognitive Performance.
- Stetz, M. C., Ries, R. I., & Folen, R. A. (2009). VR Lab provides relief for warriors and their families. Cybertherapy and Rehabilitation, 21: 19-21.
- Sakai, K., Greene, C., Moreland, L., Lu, C., **Ries, R**., & Andrews, A. (2006, November). *Ethnocultural Variations in Anger Manifestation in Veterans with PTSD in the Hawaiian Islands*. Poster session presented at the 22nd annual meeting of the International Society for Traumatic Stress Studies, Hollywood, CA.

- **Poster Presentation** at 2nd Annual Scientific Conference of the Hawaii Neurological Society, on **The Impact of Relaxation and Neurocognitive Practice for Military Medical Teams**, Secondary Author, Honolulu, Hawaii: October 31, 2009.
- Paper Presentation at Society for Personality Assessment on Assessment of Liver Transplant Candidates, Washington D.C.: March 2007
- Paper Presentation at Hawaii Psychological Association on Cross-Informant Assessment of Liver Transplant Candidates, Honolulu, Hawaii: November, 2006
- Research Assistant for Integrative Health Care Project in Pain Management with Dr. Kathleen S. Brown at Tripler Army Medical Center; Department of Psychology
- Research Assistant for Virtual Reality and Behavioral Mental Health Meta-Analytical Study Conducting Literature Reviews and nested data in Table Format
- Assessment Clinician and Research Science Specialist for Telemedicine and Anger Management Groups with PTSD Veterans in the Hawaiian Islands
- Research Auxiliary providing Demographic Data Collection and MMPI-II Administration to Pacific Islander and Native Hawaiian Participants for collaborative study between Florida State University and North Shore Mental Health with principal investigator Brian Kehoe.
- Breakout Session on Burnout and Stress Management for Providers for the Homeless at Statewide Homeless Awareness Conference, November, 2008
- Workshops on Stress Management at Weinberg Village Waimanalo August 5th and 23rd, 2008 (for recently homeless families)
- Workshop on Self-Esteem Building at Kapiolani Community College to general student body: April, 2007
- Workshop on Depression and Anxiety Coping at Kapiolani Community College to general student body: February, 2007
- **Workshops on Stress Management** at **Kapiolani Community College** to general student body: November, 2006 and November, 2007
- Workshop on "Finding Flow" Positive Psychology Application to Daily Life at Kapiolani Community College to general student body: February, 2008
- Workshop on "Relationship Satisfaction" Applying principles drawn from Sternberg, Gottman and Hendrix toward development of relationship stability and fulfillment, At Kapiolani Community College to general student body: March, 2008
- Presentation on Myers-Briggs Type Indicator and Strong Interest Inventory Interpretation for Business and Marketing Majors, at University of Hawaii- Manoa Campus: October, 2006
- Presentation/Training for staff at CARE Hawaii, Inc in Sustaining Therapeutic Rapport with the Severely and Persistently Mentally III (FOCUS: Realizing Mutual Harmony): June, 2006
- Cover Article in Outlook (LGBTIQ community newspaper) on ethics, equity and rights: Dec., 2004
- Poetry in Creations Magazine: Vol. 10, Issue No. 2, Spring, 1996
- Poetry in Rogues' Harbor: Summer, 1996, Long Beach, New York.
- Featured Poetry in Controversy of Mirrors: Summer, 1995; Summer, 1996; Summer, 1999

CERTIFICATIONS

Master Resilience Trainer Course (including modules on post-deployment readjustment and Energy Management) by way of **University of Pennsylvania** and the **United States Army** (80-hour training) February 4th -15th, 2013

Compassion Fatigue Educator Certification by way of the **Figley Institute** July 2012

Basic Life Support for Health Care Providers Certification by way of the American Heart Association, October 2009

American Red Cross **Foundations of Disaster Mental Health-** 8 hour training, Hawaii State Chapter, October 2007

American Red Cross **Psychological First Aid**: Hawaii State Chapter, July 2007 & **Critical Incident Debriefing** and **Disaster Mental Health Overview**: Hawaii State Chapter, May 2007

Certificate: Good Clinical Practice and Human Subjects Protection, May 2006

Certificate: Difficult & Disruptive Client Situations; PESI HealthCare

Certificate: Crisis Prevention Intervention (CPI) 2004, 2006 and 2009

Certificate: Identification and Reporting of Child Abuse and Maltreatment

Certificate: Rebuilding Broken Bonds- Children with Attachment Disorder & Reactive Attachment Disorder

Certificate:: School Violence Prevention and Intervention

CUNY Certification in Human Subjects Protection; by Office of Research Conduct

Emergency Medical Technician and Defibrillation; NYS Dpt. of Health, Bureau of E.M.S.

Adult/Pediatric CPR and AED; American Safety and Health Institute

CEVO-II Emergency Vehicle Operator Training; Green Cross National Safety Council

Permanent Public School Teacher Certification; New York State Education Department

Teaching License; New York City Public Schools

Certificate of Completion Training in the Use of Wireless Laptops, 2001

Certificate of Ministry: Ordained 1995 (ULC)

Federal Communications Commission License: 1994

TRAINING RECEIVED IN THERAPY OR CLINICAL WORK

01/13/18-03/24/18	Hawai'i Institute of Depth Psychology's Feminine Odyssey , From Exile to Restoration with Diplomat of the Carl Jung Institut-Zurich, Dr.Ramon Lopez-Reyes, Kailua, Hawai'i (an 11-week course)
12/13-12/16/2017	4-day Externship in Emotionally Focused Couples Therapy , sponsored by ICEFT with Dr. Rebecca Jorgensen, Honolulu, Hawaii
04/2017	Dissociation, Trauma and the Self : Journal of Analytical Psychology XIV International Conference in NYC with: Don Kalsched, Donnel Stern, Coline Covington, Margaret Wilkinson and Craig Stephenson
01/2017	4-week Seminar on Neuro-relational Psychotherapy with Dr. Carol Fahy
04/2016	Practical Psychopharmacology. (Emphasis on Child and Adolescent Treatment). Presented by Marcin Bury, M.D., Ph.D., to the Center for Cognitive Behavior Therapy
01/2015-03/2015	The Art of Individuation; A Life Long Process, a 6-part course over 12 weeks with Ramon Lopez-Reyes, PhD (Dipl. Jung Institute-Zurich and the Hawaii Institute of Depth psychology
03/2015	Gestalt Group Therapy Workshop with Thomas A. Glass, PhD, CGP Under auspices of Hawaii State Department of Health/Alcohol and Drug Abuse Division
11/2014	The Queen's Medical Center Conference on Pain & Palliative Care "The Fine Art & Science of Pain and Palliative Care" (9 hours training)
11/2014 10/2014	Hawaii School of Professional Psychology, Clinical Seminar: Upgrading to the DSM-5 The Queen's Medical Center: Brain Health and Risk Factors for Dementia with guest speaker Jody Mishan ; Coordinator, State Task Force on Alzheimer's Disease and Related Dementias
10/2014	St. Francis Healthcare System of Hawaii: The Grief Journey, Coping and Discovering Along the Way (training on grief, loss and coping)
10/2014	Stages of Therapeutic Group Development in the Consulting Room and in Organizations- with Dr. Michelle Collins-Greene (two-day weekend institute)
10/2014	Community Enrichment Through Storytelling How your stories build connection and provide direction 7-hour training with facilitator Jay Golden
09/2014	Choosing Wisely: Five Things Physicians and Patients Should Question in Hospice and Palliative Medicine With Daniel Fischberg MD, Professor of Geriatrics- John A. Burns School of Medicine
07/2014	Queen's Conference Center: Motivational Interviewing (1.5 hour training)

07/2013	Emotion Focused Therapy Workshop with Dr. Leslie Greenberg by way of the Hawai'i Center for Psychology
06/2013	Sleep Dynamic Therapy (SDT) For Combat PTSD Evidence-based treatment for PTSD and Insomnias including Imagery Rehearsal Therapy (IRT) and Sleep-Related Emotion-Focused Therapy (SR-EFT) facilitated by founder Barry Krakow, M.D., Diplomate, American Board of Sleep Medicine; a three- day, 21 hour training
05/2013	Improving Care for Veterans Facing Illness and Death Teleconference from Hospice Foundation of America, Foundation for End of Life Care, Association for Death Education and Counseling and the Veterans Health Care System
01/2013	Clinical Ethics in War: Hospital Grand Rounds: Tripler Army Medical Center, Honolulu
08/2012	Wellcoaches workshop: Introduction to Core Coaching Competencies in Health, Fitness, and Wellness at the Joint Base Pearl Harbor-Hickam (JBPHH) Fitness Center.
07/2012	Compassion Fatigue Educator Certification Course: with Dr. Kathleen R. Figley of the Figley Institute
07/2012	Sleep Disorders, Burnout & Resiliency: with Barry Krakow, M.D. Medical Director, Maimonides Sleep Arts & Sciences Sleep and Human Health Institute
07/2012	Care Provider Support Program Subject Matter Expert II Course (40hrs): by way of the AMEDD Center and School, Fort Sam Houston
07/2012	Resiliency Advantage Seminar: with Michelle Atlas, Certified Resiliency Facilitator
07/2012	Mind-Body Medicine Workshop: with The Center for Mind-Body Medicine
06/2012	Thought Field Therapy (TFT) and Self-Care for Behavioral Health Providers With Dr. Caroline Sakai at Tripler Army Medical Center
03/2012	Hawai'i Equine Assisted Reflection & Therapy (HEART) with Carina Cooper and Bonnie Cordeiro, EAGALA certified equine specialists
03/2012	Trauma Informed Workforce Support: Healing the healers with Raul Almazar, at IVAT conference 2012
03/2012	Prevention and Interventions for Secondary Traumatic Stress for Mental Health, Child Welfare & Healthcare Professionals with Leslie Anne Ross, Sandra Chase & Adriana Molina at IVAT conference 2012
03/2012	Cross-Cultural Understanding & Treatment of International Trauma with Dr. George Rhoades, Dr. Laurette DeMandel-Schaller et al. at IVAT conference 2012
03/2012	Treating Trauma, Anger & Rage in Adolescents: An Advanced Workshop with a focus on Practical Techniques, with Dr. George Rhoades at IVAT conference 2012
03/2012	Prolonged Exposure for PTSD related to Sexual Victimization and/or Sexual Revictimization with Dr.'s Allison Aosved, Shiloh Jordan & Theodora Stratis at IVAT conference 2012

03/2012	Helping Families through Grief, Loss & Trauma with Dr. Kenneth Fowler, traumatologist, at IVAT conference 2012
03/2012	Care Provider Support Program Subject Matter Expert I Course (30 hours) with Dr. Joan Borysenko and Millie Greenough, San Antonio, Texas.
12/2011	From Post-Disaster Reconstruction to the Creation of Resilient Societies, Keio University, Tokyo, Japan (2-day training)
09/2011	Trauma Resource Institute's (TRM-V,W) Trauma Resiliency Model Veteran & Warrior Training Level I with Dr. Laurie Leitch ; Saratoga Springs, NY
04/2011	Eye Movement Desensitization and Reprocessing Therapy - 5-day EMDR Basic Training by way of the Army Medical Department Center & School; Post Traumatic Stress and Recovery Branch, with E.C. Hurley, D.Min,Ph.D., COL USA (Ret) and Arnold Popky, L.M.F.T, Ph.D.
01/2011	Dialectical Behavior Therapy: Essentials & Application training , with Kathryn E. Korslund, PhD (2-day training)
07/2010	"Overcoming the Terror of Death" Psychiatry Grand Rounds with Visiting Professor Irvin Yalom, MD
09/2009-11/2009	Palliative Care Issues for Healthcare Professionals Course, by way of John A. Burns School of Medicine, University of Hawaii and Pacific Islands Geriatric Education Center (38 hours), with Dr. Emese Somogyi-Zalud and featured lecturers
04/2009	Hospice Foundation of America: Diversity and End-of-Life Care
03/2009	Cognitive Processing Therapy for PTSD- Military Version, training in an evidence-based practice with Joshua Friedlander, PsyD & Todd Benham, PsyD (3-day training)
10/2008	The Time Paradox : The Secret Power of Time to Influence Personal Decisions and National Destinies with Dr. Phil Zimbardo and Dr. Larry James
09/2008	Acceptance and Commitment Therapy Training with Robyn Walsar, PhD (a 2-day training)
09/2008	Biofeedback Training with Frank Andrasik, PhD
08/2008	Prolonged Exposure Treatment for PTSD training in an evidenced-based practice with Elizabeth A. Hembree, PhD (a 4-day training)
08/2008	Assessment and Treatment of Sleep Disorders with Stan Whitsett, PhD, TAMC
09/2007	Applied Suicide Intervention Skills Training
09/2007-01/2008	4-month training in Clinical Supervision with Dr. Joy M. Tanji, PhD
08/2006-04/2007	8-month training in Multitheoretical Psychotherapy
08/2006-07/2007	Career Counseling Training
07/2007	Mindfully Resolving Conflicts: Facilitation for Diversity Issues, with Lee Mun Wah
07/2007	Mental Health Recovery: What works, with Steven Onken, PhD

05/2007	Dying and Being with the Dying: with Ram Dass, and Frank Ostaseski
07/2007	Gestalt Therapy, (a second, intermediate) 28-hour training On Scholarship with Thomas A. Glass, Ph.D. and Harriet Glass, M.A., LMFT, ADTR
03/2007-04/2007	6-week Training in Multicultural Skills in psychotherapy with Jeff Brooks-Harris, PhD
03/2007	Introduction to Play Therapy, with Gail Silva, PsyD
12/2006	Family & Systems Therapy, with Wayne Giancaterino, PhD
11/2006	Sexual Assault intervention at University of Hawaii- Manoa Campus
09/2006	Narrative Therapy at University of Hawaii- Manoa Campus
08/2006	Gestalt Therapy , a 28-hour introductory training with Thomas A. Glass, PhD and Harriet Glass, M.A., LMFT, ADTR
08/2005	Adolescent Development: Effectively Reducing Delinquency and Substance Abuse, at The First Circuit of the Judiciary, Honolulu, HI with Dr. Marty Beyer, PhD
06/2005	When Love is not Enough: Fighting the fires of RAD and ADHD with Nancy Thomas
	TRAINING RECEIVED IN ASSESSMENT
03/2016	WPPSI-IV Training : Izmirian, S. C., & Milette-Winfree, M. R. (2016, February). Practice Administration of the Wechsler Preschool and Primary Scale of Intelligence-IV. Presentation to the clinical staff members of the Center for Cognitive Behavior Therapy, Honolulu, HI.
03/2016	WISC-V Training: Milette-Winfree, M. R., & Izmirian, S. C. (2016, February). Practice Administration of the Wechsler Intelligence Scale for Children-V. Presentation to the clinical staff members of the Center for Cognitive Behavior Therapy, Honolulu, HI.
03/2016	WISC-V Training: Milette-Winfree, M. R., & Izmirian, S. C. (2016, February). Introduction to the Wechsler Intelligence Scale for Children-V. Presentation to the clinical staff members of the Center for Cognitive Behavior Therapy, Honolulu, HI.
11/2008	Advanced Interpretation of the MMPI-2 and Personality Assessment taught by Roger Greene, PhD (2-day training)
07/2008	Traumatic Brain Injury in Combat Returnees with Dr. Patrick Armistead-Jehle
08/2006-03/2007	Career Counseling with Myers-Briggs Type Indicator, Strong Interest Inventory, Work Interest Inventory & Riso-Hudson Enneagram Type Indicator
05/2007	Surgical Grand Rounds with Hawaii Medical Center East Department of Surgery-Transplant Institute Psychological Assessment of Liver Transplant Candidates
04/2007	Global Assessment of Functioning Scale training with Dr. Marvin Acklin, PhD
03/2007	Society of Personality Assessment Annual Meeting, Washington D.C.
	The Pole of the Personal in Custody/Deporting Plan Evaluation

- The Role of the Rorschach in Custody/Parenting Plan Evaluation
- Assessing Defense Mechanisms with the TAT
- Structural Approach to Clinical Interpretation of the TAT

- Assessment of Malingering and Defensiveness in Forensic Evaluations
- Multi-Method Assessment: combining the NEO-PI-R and the Rorschach; with S. Phillip Erdberg, PhD

01/2007

Introduction to Therapeutic Assessment with Stephen Finn, PhD

03/2006

Society for Personality Assessment: Scientific Exchange/Workshops

- Psychological Damage Examinations: Personal Injury Evaluations, Reports, and Testimony
- Polymorphous Perversion and Psycopathy
- Sex, Lies and Scale 8: Assessing Sexual Abuse Allegations in Custody Dispute; with Alex Caldwell, Ph.D., Marvin Acklin, PhD
- Therapeutic Assessment: Definitions, Distinctions and Current Developments; with Steven E. Finn, PhD
- Rorschach Assessment of Personality Disorder; with S. Philip Erdberg, PhD
- Rorschach Coding Solutions for Comprehensive System; with Donald J. Viglione, PhD
- Considerations for Rorschach Research with Personality Disorders- What we have Learned from Study of Antisocial and Psychopathic Personalities
- Categorical and Dimensional Personality Disorder Diagnosis: Implications for Psychological Assessment; with Irving B. Weiner, PhD
- How Attachment Relationships Inform Custody Evaluators: Uses and Misuses of Attachment Literature

04/2005

Advanced Rorschach Interpretation Workshop: with Reneau Kennedy, PhD

2004-2006

Argosy University- Honolulu and Diagnostic Practicum Seminar; with Marvin W. Acklin, Ph. D

Achenbach Adult Behavior Checklist (ABCL)

Achenbach Adult Self Report (ASR)

Achenbach Child Behavior Checklist (CBCL)

Achenbach Teacher Report Format (TRF)

Achenbach Youth Self Report (YSR) for ages

Adult Adolescent Parenting Inventory II (AAPI-II)

Beck Depression Inventory (BDI-II)

Beck Anxiety Inventory (BAI)

Booklet Category Test (BCT)

California Verbal Learning Test-II (CVLT-II)

Children's Category Test (CCT)

Children's Trail Making Test A & B

Clinical Diagnostic Interview

Computerized Assessment of Response Bias (CARB)

Conflict Tactic Scale

Conners' Continuous Performance Test-II (CPT-II)

Dean-Woodcock Neuropsychological Battery

Dean-Woodcock Sensory-Motor Battery (DWSMB)

Dementia Rating Scale

Developmental Test of Visual-Motor Integration (VMI)

Draw A Person Test

Dwire Acklin Relationship Compatibility Index

Early Memory Protocol

Emotional Status Examination

Family Environment Scale

Finger Tapping Test

Grooved Pegboard Test

Hand Dynamometer Test

Interpersonal Adjective Scale

Intimate Partner Violence Questionnaire

Kinetic Family Drawing

Lateral Dominance Test

Memory Complaints Inventory (MCI)

Millon Adolescent Clinical Inventory (MACI)

Millon Clinical Multiaxial Inventory- Third Edition (MCMI-III)

Minnesota Multiphasic Personality Inventory- Second Edition (MMPI-2)

Novaco Anger Scale and Provocation Inventory (NAS-PI)

NEO Personality Inventory- Revised (NEO PI-R)

Paced Auditory Serial Addition Test (PASAT)

Paulhaus Deception Scale

Personality Adjective Checklist (PACL)

Personality Assessment Inventory (PAI)

Psychiatric Diagnostic Screening Inventory (PDSQ)

Rand Health Survey

Rorschach Inkblot Technique (Exner System)

Rotter Incomplete Sentences Blank- Second Edition (RISB)

Semi-Structured Clinical Interview

Sexual Behavior Inventory

Shedler Westen Assessment Procedure (SWAP-200)

Sleep Inventory

Spousal Assault Risk Assessment

State-Trait Anger Expression Inventory- Second Edition (STAXI-2)

State-Trait Anxiety Inventory (STAI)

Stroop Color and Word Test

Structured Neuropsychological Interview

Structured Parent Interview

Substance Abuse Subtle Screening Inventory (SASSI)

Symptom Checklist-90-R (SCL-90-R)

Thematic Apperception Test (TAT)

Trailmaking A & B

Trailmaking A & B Child Version

Trauma Symptom Inventory

Validity Indicator Profile (VIP)

Verbal Fluency Test

Washington Sentence Completion for Women

Wechsler Adult Intelligence Scale-Third Edition (WAIS-III)

Wechsler Intelligence Scale for Children- Fourth Edition (WISC-IV)

Wisconsin University Sentence Completion Test (WSCT)

Wisconsin Cart Sort Test (WCST)

Wonderlic Personnel Test (WPT) [

Woodcock-Johnson Test of Achievement (WJ III ACH)

Woodcock-Johnson Brief Intellectual Assessment (WJ III BIA)

Woodcock-Johnson Test of Cognitive Abilities (WJ III COG)

Word Memory Test (WMT)

07/2005-08/2006

Department of Veteran Affairs, Pacific Islands Health Care System, with Dr. Leslie Morland, Dr. Carolyn Greene and Dr. Edward Kubany

Assaultive Behavior Survey (ABS-2)

Clinician Administered PTSD Scale for DSM-IV (CAPS)

Life Events Checklist

Novaco Anger Scale and Provocation Inventory (NAS-PI)
Posttraumatic Stress Disorder Checklist- Military Form (PCL-M)
Quality of Life Inventory (QOLI)
State-Trait Anger Expression Inventory- Second Edition (STAXI-2)
Structured Clinical Diagnostic Interview (SCID-I) for Axis I Disorders

06/2008-06/2009

Department of Veteran Affairs, Pacific Islands Health Care System, with Dr. Nadine Shigezawa

Minnesota Multiphasic Personality Inventory- Second Edition (MMPI-2) Posttraumatic Stress Disorder Checklist- Military Form (PCL-M) Race-Related PTSD Scale Beck Depression Inventory (BDI-II)

VOLUNTEER EXPERIENCE

Co-Host Creating Meaning/Listen Radio Hour on KTUH college radio station offering Psychological perspective on world issues and information in response to callers.

2nd Vice Chair (2018) & Board Member on the Hawaii State Council on Mental Health in April, 2016 for the Hawaii State Department of Health and the Senate Committee on Commerce, Consumer Protection and Health: Endorsements by Governor David Ige and Senator Rosalyn Baker.

Hawaii Psychological Association's **Psychologically Healthy Workplace Awards** Executive Committee Member and Site Visitor (2010- Present)

Executive Advisory Board Member for YogaEd Yoga for Healthcare Professionals Initiative (2015-Present)

HIGPS (Hawaii Group Psychotherapy Society) Founding Executive Member under AGPA (American Group Psychotherapy Association), 2014-Present

President: Middle Eastern Dance Artists of Hawai'i (2013-Present)

American Red Cross Volunteer, August, 2009 to August, 2012 (over 500 hours)

Participant in study- Item Development of Provider Level Cultural Competency Instrument, for Adult Mental Health Division of Hawai'i via University of Hawai'i Department of Psychology and Department of Health, Mental Health Services Research and Evaluation

Participant in MASCAL, spring 2006 Tripler Army Medical Center; Mass Casualty Disaster Response

Hale Nani Health Center Resident Nursing Facility,

Recreation Department: Honolulu

Gay, Lesbian, Transgender and Questioning Community Center, Support Counseling and Referral Service, Reception, Publication Research: Honolulu

Outreach, Crisis Intervention Hotline for College Populations in Suicide Prevention, Bereavement and Drug Issues: Greater New York

Americorps, Serving Under-Resourced Communities 2001-2003

International Dream Studies Conference, Participant and Volunteer: New York, New York

Make a Wish Foundation, Mind-Body Fitness promotion, Oceanside New York

Malverne Ambulance Corps,

Emergency Medical care for Trauma and Medical Emergencies: New York

DKNY Cancer Benefit

1999, 2001

Blood Drive Committee

At University of Stony Brook, 1992

5th Annual Children's Worldfest of the Children's Cancer Society

PROFFESSIONAL MEMBERSHIPS

Hawaii Group Psychotherapy Society (Founding Executive Member): since 2014

Hawaii Group Therapy Association (Founding Member): since 2008

American Group Psychotherapy Association: since 2008

Hawaii Psychological Association: since 2005

Society for Personality Assessment: since 2005

American Psychological Association: since 2005

Affiliate of the following divisions

Division of Health Psychology (38)

Division of Psychotherapy (29)

Division of Humanistic Psychology (32)

Society for the Study of Peace, Conflict and Violence: Peace Psychology Division (48)

American Red Cross: since 2007

American Safety and Health Institute: since 2004

The Institute of Noetic Sciences: since 2004

LANGUAGES

English

Spanish

(Japanese and Mandarin Chinese -- One Year Study)

SKILLS and INTERESTS

Software Etc: (Experience with PC and Macintosh Computers)

Word

Meeting Maker XP

FileMaker Pro

Ehana

SPSS/PASW 18

CPRS

DHCP

Power Point

Professional Write

' IMovie

Claris Works

Excel

AHLTA

TES Administration

Hobbies:

President (3 terms) and Vice President (2 terms) MEDAH Middle Eastern Dance Artists of Hawai'i

African/Eastern/Latin and Middle Eastern Percussion (professional)

Zen Meditation

Literature

Cinematic Film, High Art & Low Theatre

Krav Maga, Aikido, Muay Thai Boxing, Tai Chi and Shinjimasu Shaolin Goju mixed martial arts

Travel

Philosophy

Published Poet