

CURRICULUM VITAE

CONTACT INFORMATION:

Joseph R. Sterbis, MD, FACS
LTC, MC, USA

CURRENT POSITION:

Director, Medical Education; Designated Institutional Official
Tripler Army Medical Center 2017-present

UNDERGRADUATE EDUCATION:

Northwestern University, Evanston, IL
Bachelor of Arts, Evolutionary Biology
Honors Program in Medical Education

MEDICAL EDUCATION:

Northwestern University Medical School, Chicago, IL
Doctor of Medicine

GRADUATE MEDICAL EDUCATION:

Walter Reed Army Medical Center, Washington, DC
General Surgery Internship
Walter Reed Army Medical Center, Washington, DC
Urology Residency
Memorial Sloan-Kettering Cancer Center, New York, NY
Fellow, Urologic Oncology

BOARD CERTIFICATION:

Diplomate of the American Board of Urology 2011

FACULTY APPOINTMENT:

Associate Professor of Surgery 2016-present
Uniformed Services University of the Health Sciences

HONORS & AWARDS:

Faculty

American Urological Association Young Urologist of the Year	2018
Chairman's Award for Excellence in Teaching Subspecialty Surgery in the Surgery Clerkship; USUHS	2018
US Army "A" Designator	2017
Lake Park High School Distinguished Alumni Award	2017
Clare Scanlon Award for Excellent Support to the Society Society of Government Service Urologists	2017
Fellow, American College of Surgeons	2016
Kumu Ola Award for Faculty Excellence Tripler Army Medical Center	2013

Residency

First Place, Bailey K. Ashford Award for Excellence in Basic Science Research, Walter Reed Army Medical Center	2008
Second Place, Washington Urologic Seminar Resident Competition	2008
Honorable Mention, Kimbrough Urologic Seminar Resident Competition	2008
Second Place, Mid-Atlantic AUA Resident Research Competition	2006

Graduate

Alpha Omega Alpha

Undergraduate

Magna Cum Laude Graduate
Phi Beta Kappa Honors Society

VISITING PROFESSORSHIPS:

Oregon Health Sciences University, Urology Service	2017
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INVITED GRAND ROUNDS:

Department of Urology, Cornell University, Weill Medical College	2015
Department of Medicine, University of Hawaii John A. Burns School of Medicine	2012

CERTIFICATES:

Certificate in Academic Leadership USUHS	2017
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TEXTBOOK SECTION EDITOR:

Urology Section. In: General Surgery: Examination and Board Review, Lim RB & Jones DB eds., McGraw Hill, 393-409, 2017

TEXTBOOK CHAPTERS:

Sterbis JR, Bladder Cancer; Renal Tumor; Testicular Lump; Prostate Cancer, In: General Surgery: Examination and Board Review, Lim RB & Jones DB eds., McGraw Hill, 397-404 and 408-409, 2017.

DeRosa RD and **Sterbis JR**, Traumatic Ureteral Injury, In: General Surgery: Examination and Board Review, Lim RB & Jones DB eds., McGraw Hill, 405-407, 2017.

PUBLICATIONS:

Huang J, Schisler J, Wong HC, Rosser CJ, **Sterbis J**: Intravesical ALT-803 for BCG-unresponsive Bladder Cancer - A Case Report. *Urol Case Rep*, 14:15-1, 2017.

Banerji SJ, Hurwitz LM, Cullen JC, Wolff EM, Levie KE, Rosner IL, Brand TC, L'Esperance JO, **Sterbis JR**, Porter CR: A Prospective study of health-related quality-of-life outcomes for patients with low-risk prostate cancer managed by active surveillance or radiation therapy. *Urol Oncol*. 35(5):234-242, 2017.

Caras R, Lustik MB, Kern SQ, McMann LP, **Sterbis JR**: Preoperative Albumin is Predictive of Early Postoperative Morbidity and Mortality in Common Urologic Oncologic Surgeries. *Clinical Genitourinary Cancer*, 15(2):e255-e262, 2017.

Pham KN, Cullen J, Hurwitz LM, Wolff EM, Levie KE, Odem-Davis K, Banerji JS, Rosner IL, Brand TC, L'Esperance JO, **Sterbis JR**, Porter CR: Prospective Quality of Life in Men Choosing Active Surveillance Compared to Those Biopsied but not Diagnosed with Prostate Cancer. *The Journal of Urology* 196(2):392-8, Aug 2016.

Sterbis J, E-Nunu T: Leydig cell hyperplasia in the setting of Klinefelter syndrome. *BMJ Case Reports*, Jul 24, 2015.

DeRosa R, Stackhouse DA, McMann LP, **Sterbis JR**: Penile Squamous Cell Carcinoma after a Childhood Hypospadias Repair With Bladder Mucosa Graft. *Urology*, 85(6):1471-3, 2015.

Jeldres C, Cullen J, Hurwitz LM, Wolff EM, Levie KE, Odem-Davis K, Johnston RB, Pham KN, Rosner IL, Brand TC, L'Esperance JO, **Sterbis JR**, Etzioni R, Porter CR:

Prospective quality-of-life outcomes for low-risk prostate cancer: Active surveillance versus radical prostatectomy. *Cancer*, 121(14):2465-73, 2015.

Edwards M, **Sterbis JR**, Olson H: A Military Transitional Year Curriculum. *Journal of Graduate Medical Education*: 6(3): 571-573, 2014.

Metwalli AR, Rosner IL, Cullen J, Chen Y, Brand T, Brassell SA, Lesperance J, Porter C, **Sterbis J**, McLeod DG.: Elevated alkaline phosphatase velocity strongly predicts overall survival and the risk of bone metastases in castrate-resistant prostate cancer. *Urol Oncol*, 32(6):761-8, 2014.

Olcese S, Derosa R, Kern S, **Sterbis JR**, McMann LP: Comparison of Outcomes after Transurethral Resection versus Photoselective Vaporization of the Prostate with Respect to Trainee Involvement utilizing ACS-NSQIP. *Prostate Cancer and Prostatic Diseases*. *Prostate Cancer Prostatic Dis*, 17(3):227-32, 2014.

Yi CK, Derosa R, **Sterbis JR**, Ching BH: A case of scrotal venous malformation mimicking a failed varicocelelectomy. *BMJ Case Rep*, 20:2014, 2014.

Caras RJ, **Sterbis JR**: Prostate Cancer Nomograms: A Review of Their Use in Cancer Detection and Treatment. *Current Urology Reports*, 15(3):391, 2014.

Caras RJ, Lustik MB, Kern SQ, **Sterbis JR**, McMann LP: Laparoscopic Radical Prostatectomy Demonstrates Less Morbidity than Open Radical Prostatectomy: an Analysis of the American College of Surgeons-National Surgical Quality Improvement Program Database with a Focus on Surgical Trainee Involvement. *Journal of Endourology*, 28(3):298-305, 2014.

Kern SQ, Lustik MB, McMann LP, Thibault GP, **Sterbis JR**: Comparison of Outcomes after Minimally Invasive versus Open Partial Nephrectomy with Respect to Trainee Involvement Utilizing the American College of Surgeons National Surgical Quality Improvement Program. *Journal of Endourology*, 28(1):40-7, 2014

Parker PM, Rice KR, **Sterbis JR**, Chen Y, Cullen J, McLeod DG, Brassell SA: Prostate Cancer in Men Less Than the Age of 50: A Comparison of Race and Outcomes. *Urology*, 78(1):110-5, 2011.

Mwamukonda K, Chen Y, Ravindranath L, Furusato B, Hu Y, **Sterbis J**, Osborn D, Rosner I, Sesterhenn IA, McLeod DG, Srivastava S, Petrovics G: Quantitative Expression of TMPRSS2 Transcript in Prostate Tumor Cells Reflects TMPRSS2-ERG Fusion Status. *Prostate Cancer and Prostatic Diseases*. 13(1):47-51, 2010.

Sterbis JR, Rice KR, Javitt MC, Schenkman NS, Brassell SA: Fusion Imaging: a Novel Staging Modality in Testis Cancer. *Journal of Cancer*. 1:223-229, 2010.

Yee DS, Shariat SF, Lowrance WT, **Sterbis JR**, Vora KC, Bochner BH, Donat SM, Herr HW, Dalbagni G, Sandhu JS: Impact of Previous Radiotherapy for Prostate Cancer on

Clinical Outcomes of Patients with Bladder Cancer. *The Journal of Urology* 183(5):1751-6, 2010 May.

Sterbis JR, Gao C, Furusato B, Chen Y, Shaheduzzaman S, Ravindranath L, Osborn DJ, Rosner IL, Dobi A, McLeod DG, Sesterhenn IA, Srivastava S, Cullen J, Petrovics GI: Higher expression of the androgen-regulated gene PSA/HK3 mRNA in prostate cancer tissues predicts biochemical recurrence-free survival. *Clinical Cancer Research*. 14(3):758-63, 2008.

Sterbis JR, Hanly EJ, Herman BC, Marohn MR, Broderick TJ, Shih SP, Harnett B, Doarn C, Schenkman NS: Transcontinental telesurgical nephrectomy using the da Vinci robot in a porcine model. *Urology*. 71(5):971-3, 2008.

Koff SG, **Sterbis JR**, Davison JM, Montilla-Soler JL: A Unique Presentation of Appendicitis: F-18 FDG PET/CT. *Clin Nucl Med*. 31(11):704-6, 2006.

Sterbis JR, Brassell SA, and McLeod DG: Perioperative complications of radical retropubic prostatectomy. *Clinical Genitourinary Cancer*. 4(3):160-6, 2005.

Sterbis JR, Lewis VL, Bushman W: Urologic and plastic surgical collaboration for continent diversion when urine leakage is complicated by pressure ulcers or obesity. *Journal of Spinal Cord Medicine* 26(2):124-8, 2003.

ABSTRACTS:

Carlisl KC, Musse JE, **Sterbis JR**: Practice of Testicular Prosthesis Placement in Patients Undergoing Radical Orchiectomy in a Military Cohort. Podium Presentation, 65th Kimbrough Seminar, Scottsdale, AZ, 2018.

Carlisle KC, **Sterbis JR**, McMann: Author Self Citation in the Urology Literature. Moderated Poster Presentation. AUA Annual Meeting, Boston, MA, 2017.

Olcese S, DeRosa R, Kern S, et al: Impact of Trainee Involvement on Post-operative Outcomes after Radical Cystectomy: An Analysis Utilizing the National Surgical Quality Improvement Program. Poster Presentation, AUA Annual Meeting, San Diego, CA, 2016.

Sterbis JR, Caras RJ, Musser JE, Speir R: The Management of Genitourinary Trauma in World War II. Poster Presentation, AUA Annual Meeting, San Diego, CA, 2016.

Alsinnawi M, Cullen J, Wolff EM, et al: A Prospective Study of Health Related Quality of Life Outcomes for High Risk Prostate Cancer Patients Managed by Radical Prostatectomy or Radiation Therapy with Androgen Deprivation Therapy. Poster Presentation, AUA Annual Meeting, San Diego, CA, 2016.

Raffaella DeRosa, Alexander Ernest, Michael Lustik, Joseph Sterbis, Leah McMann: National Multi-Institutional Causes and Predictors of 30-day Unplanned Readmission after

Major Urologic Surgery Using the National Surgical Quality Improvement Program, AUA Annual Meeting, New Orleans, LA, 2015.

Caras RJ, Lustik M, Kern Q: Less Morbidity Than Open Radical Prostatectomy: an Analysis of the ACS-NSQIP with Focus on Surgical Trainee Involvement. Podium Presentation, 61st Kimbrough Seminar, San Diego, CA, 2014.

Caras R, Lustik M, Kern Q, et al: Open versus minimally invasive prostatectomy, an analysis of outcomes as they relate to trainee involvement using the American College of Surgeons National Surgical Quality Improvement Program. ACS NSQIP National Meeting, San Diego, CA, 2013.

Barrisford GW; Degon M, Rosner I, et al: Active Surveillance for young prostate cancer patients. Poster Presentation, AUA Annual Meeting, San Diego, CA, 2013.

Kern S, Lustik M, McMann, L, et al: Outcomes after minimally-invasive vs open partial nephrectomy with trainee involvement using the American College of Surgeons National Surgical Quality Improvement Program. Poster Presentation, AUA Annual Meeting, San Diego, CA, 2013.

Kern S, Lustik M, McMann, L, et al: Comparison of outcomes after minimally-invasive versus open partial nephrectomy with respect to trainee involvement utilizing the American College of Surgeons National Surgical Quality Improvement Program. Podium Presentation, 60th Kimbrough Seminar, Honolulu, HI 2013.

Cullen J, Srivastava A, Colombo M, et al: The Roles of Race/Ethnicity and Body Mass Index on Prostate Cancer Biochemical Recurrence and All-Cause Mortality. Poster Presentation, AUA Annual Meeting, Atlanta, GA, 2012

Sterbis JR, Stack AM, Javitt M, et al: Integrated PET/CT: A Novel Imaging Modality in Testis Cancer. Podium Presentation, AUA Annual Meeting. Anaheim, CA, 2007.

Sterbis JR, Chen Y, Cullen J, et al: Clinical Predictors of Bone Metastasis Following Definitive Radiation Therapy for Prostate Cancer. ASTRO Annual Meeting. Philadelphia, PA, 2006.

Sterbis JR, Gao CL, Furusato B, et al: Quantitative Tissue PSA mRNA Expression as a Predictor of Outcome in Radical Prostatectomy and Alterations in the Androgen Signaling Pathway. Mid-Atlantic Section the AUA Meeting. Washington, DC, 2006.

Schenkman NS, **Sterbis JR**, Marohn M, et al: Remote Robotic Nephrectomy Using the Public Internet: Inexpensive Telesurgery. AUA Annual Meeting. Atlanta, GA, 2006.

Hanly EJ, Miller BE, Herman BC, Marohn MR, Broderick TJ, Shih SP, **Sterbis J**, et al: Remote Stereoscopic Robotic Telesurgery Using the Public Internet. SAGES Annual Meeting. Dallas, TX, 2006.

Sterbis JR, Moul JW, and McLeod DG: Age and Race-Based PSA reference ranges to detect curable prostate cancer. 52nd Annual James C. Kimbrough Urological Seminar. Honolulu, HI, 2005.

Sterbis JR, Connelly RR, Sun L, and Moul JW: Age and Race-Based PSA reference ranges to detect curable prostate cancer. AUA Annual Meeting. San Francisco, CA, 2004.

Sterbis JR, Gancarczyk K, and Peppas DS: Metastatic renal cell carcinoma presenting as an omental mass and large omental hematoma. 51st Annual James C. Kimbrough Urological Seminar. San Antonio, TX, 2004.

Sterbis JR and Peppas DS: Posterior Urethral valves presenting in an adolescent male. 50th Annual James C. Kimbrough Urological Seminar. Washington, DC 2003.

Sterbis J, Clemens JQ, and Bushman W: Continent diversion despite adverse comorbidities. 76th Annual North Central Section of the AUA, Chicago, IL, 2002.

PRESENTATIONS:

Course Faculty, 2018 Mayo Clinic Reviews in Urology, Genitourinary Trauma Lecture, January 2018.

Moderator, 2018 Society for Government Service Urologists Annual Meeting, Resident Competition Podium Session

Course Faculty, 2016 Mayo Clinic Reviews in Urology, Trauma Guidelines lecture, January 2016.

Invited Speaker, 2015 Hawaii Chapter, American College of Physicians Annual Scientific Meeting.

State of the Art Lecturer, 2015 Society for Government Service Urologists Annual Meeting, Update on Adrenal Disease, and Secondary Malignancy Following Treatment for Genitourinary Cancer.

State of the Art Lecturer, 2014 AUA Western Section Meeting, Modern Military Trauma—Lessons Learned in Iraq and Afghanistan.

Moderator, 2014 Society for Government Service Urologists Annual Meeting, Bladder Cancer Podium Session

Course Faculty, 2014 Mayo Clinic Reviews in Urology, Modern Military Trauma lecture.

Moderator, 2013 AUA Western Section Meeting, Bladder Cancer Podium Session

Moderator, 2013 Society for Government Service Urologists Annual Meeting, Testis Cancer Podium Session

Moderator, 2012 AUA Western Section Meeting, Kidney Poster Session

Moderator, 2012 Society for Government Service Urologists Annual Meeting, Testis Cancer Podium Session

Moderator, 2011 Society for Government Service Urologists Annual Meeting, Bladder Cancer Podium Session

ORGANIZATIONS & SOCIETIES:

National

Member, American Urological Association	2004-present
Member, Society of Government Service Urologists	2004-present
Member, AUA Western Section	2009-present

Local

Member, Washington Urologic Association	2004-2008
Member, Hawaiian Urologic Society	2009-present

GRADUATE MEDICAL EDUCATION EXPERIENCE:

Urology Residency Program Director Tripler Army Medical Center	2015-2018
Transitional Year Internship Program Director Tripler Army Medical Center	2012-2015
Associate Program Director, Urology Residency Tripler Army Medical Center	2011-2012

NATIONAL LEADERSHIP EXPERIENCE:

ACGME Urology Milestones 2.0 Committee	2018
Course Director, 65 th Kimbrough Seminar	2018
Course Director, Kimbrough Seminar Oral Boards Review	2014-present
Course Director, 60 th Kimbrough Seminar	2013
Board of Directors, Society for Government Service Urologists	2017-2019 2012-2014

LEADERSHIP POSITIONS:

Deputy Consultant for Urology to the Army Surgeon General	2018-present
Chief, Urology Service, Tripler Army Medical Center	2016-2017
Manuscript Reviewer, Urology Practice	2017
Manuscript Reviewer, Journal of Urology	2016-present
Manuscript Reviewer, Clinical Genitourinary Cancer	2016
Assistant Director for Surgical Simulation Tripler Army Medical Center	2011-2014
Chairman, Medical Records Improvement Committee Tripler Army Medical Center	2010-2011
Director, Minimally Invasive Urology Tripler Army Medical Center	2009-2015
Member, Medical Records Improvement Committee Tripler Army Medical Center	2009-2012
Member, Medical Records Committee Tripler Army Medical Center	2009-2012
Secretary-Treasurer, Hawaiian Urologic Society	2009-2011
Chief Administrative Fellow Memorial Sloan-Kettering Cancer Center	2009
Walter Reed Housestaff Council Urology Representative	2004-2006
National Capital Consortium Graduate Medical Education Committee Walter Reed Resident Representative	2006-2007
Academic Hearing Subcommittee Resident Representative	2006-2007
Northwestern University Residence Assistant	1997-1998

MILITARY EDUCATION:

Command and General Staff Officer Course	2016
Captain's Career Course	2010

Combat Casualty Care Course	2003
Officer Basic Course	1999

MILITARY FIELD EXPERIENCE:

Team Leader, US Army Humanitarian Mission Republic of Palau	2014
PROFIS Support to Operation Ulchi Freedom Guardian, South Korea	2013
PROFIS Support to Operation Ulchi Freedom Guardian, South Korea	2012

OUTSIDE INTERESTS:

Fly fishing, hiking, Alaskan wilderness float trips, golf