

**THE THIRTIETH LEGISLATURE  
APPLICATION FOR GRANTS  
CHAPTER 42F, HAWAII REVISED STATUTES**

Type of Grant Request:

Operating                       Capital

Legal Name of Requesting Organization or Individual:    Db: NAMI Hawaii

Amount of State Funds Requested: \$ \$162,600

Brief Description of Request (Please attach word document to back of page if extra space is needed):  
The National Alliance on Mental Illness (NAMI) Hawaii is requesting \$162,600 to support seven NAMI Family-to-Family 12-week education programs statewide, to train 15 volunteer teachers for this program, to implement and deliver 12 statewide offerings for a half-day program, NAMI Family and Friends providing psychoeducation and support to family members and caregivers, to continue CIT training, and introduce Assistive Community Treatment.

Amount of Other Funds Available:  
State:            \$ 0 Waiting to receive \$100,000 for 2020  
Federal:        \$ 0  
County:        \$ 0  
Private/Other: \$ 25,200

Total amount of State Grants Received in the Past 5 Fiscal Years: \$ 0  
Unrestricted Assets: \$ 159,875.61



New Service (Presently Does Not Exist):     Existing Service (Presently in Operation):

Type of Business Entity:  
 501(C)(3) Non Profit Corporation  
 Other Non Profit  
 Other

Mailing Address:  
770 Kapiolani Blvd., Suite #613  
City: Honolulu                      State: HI                      Zip: 96813

Contact Person for Matters Involving this Application	
Name: Kumi Macdonald	Title: Executive Director
Email: kumi@nami.hawaii.org	Phone: 808-591-1297

Federal Tax ID#: <u>                    </u>	State Tax ID#: <u>                    </u>
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	Kumi Macdonald, Executive Director	1/17/2020
Authorized Signature	Name and Title	Date Signed
		10:52 am

## Application Submittal Checklist

*The following items are required for submittal of the grant application. Please verify and check off that the items have been included in the application packet.*

- 1) Certificate of Good Standing (If the Applicant is an Organization)
- 2) Declaration Statement
- 3) Verify that grant shall be used for a public purpose
- 4) Background and Summary
- 5) Service Summary and Outcomes
- 6) Budget
  - a) Budget request by source of funds ([Link](#))
  - b) Personnel salaries and wages ([Link](#))
  - c) Equipment and motor vehicles ([Link](#))
  - d) Capital project details ([Link](#))
  - e) Government contracts, grants, and grants in aid ([Link](#))
- 7) Experience and Capability
- 8) Personnel: Project Organization and Staffing



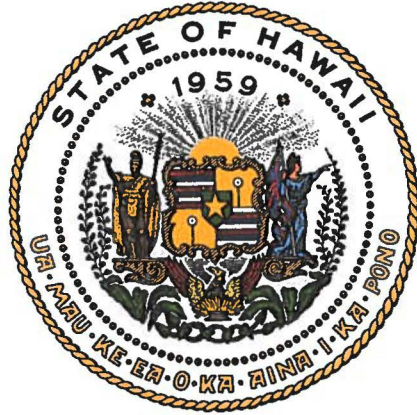
KUMI MACDONALD, EXECUTIVE DIRECTOR

01/17/2020

AUTHORIZED SIGNATURE

PRINT NAME AND TITLE

DATE



## Department of Commerce and Consumer Affairs

### CERTIFICATE OF GOOD STANDING

I, the undersigned Director of Commerce and Consumer Affairs of the State of Hawaii, do hereby certify that

**NATIONAL ALLIANCE ON MENTAL ILLNESS HAWAII**

was incorporated under the laws of Hawaii on 06/07/1991 ;  
that it is an existing nonprofit corporation; and that,  
as far as the records of this Department reveal, has complied  
with all of the provisions of the Hawaii Nonprofit Corporations  
Act, regulating domestic nonprofit corporations.



IN WITNESS WHEREOF, I have hereunto set  
my hand and affixed the seal of the  
Department of Commerce and Consumer  
Affairs, at Honolulu, Hawaii.

Dated: January 16, 2020

*Catherine P. Awai-Cole*

Director of Commerce and Consumer Affairs

**DECLARATION STATEMENT OF  
APPLICANTS FOR GRANTS PURSUANT TO  
CHAPTER 42F, HAWAII REVISIED STATUTES**

The undersigned authorized representative of the applicant certifies the following:

- 1) The applicant meets and will comply with all of the following standards for the award of grants pursuant to Section 42F-103, Hawaii Revised Statutes:
  - a) Is licensed or accredited, in accordance with federal, state, or county statutes, rules, or ordinances, to conduct the activities or provide the services for which a grant is awarded;
  - b) Complies with all applicable federal and state laws prohibiting discrimination against any person on the basis of race, color, national origin, religion, creed, sex, age, sexual orientation, or disability;
  - c) Agrees not to use state funds for entertainment or lobbying activities; and
  - d) Allows the state agency to which funds for the grant were appropriated for expenditure, legislative committees and their staff, and the auditor full access to their records, reports, files, and other related documents and information for purposes of monitoring, measuring the effectiveness, and ensuring the proper expenditure of the grant.
  
- 2) If the applicant is an organization, the applicant meets the following requirements pursuant to Section 42F-103, Hawaii Revised Statutes:
  - a) Is incorporated under the laws of the State; and
  - b) Has bylaws or policies that describe the manner in which the activities or services for which a grant is awarded shall be conducted or provided.
  
- 3) If the applicant is a non-profit organization, it meets the following requirements pursuant to Section 42F-103, Hawaii Revised Statutes:
  - a) Is determined and designated to be a non-profit organization by the Internal Revenue Service; and
  - b) Has a governing board whose members have no material conflict of interest and serve without compensation.

Pursuant to Section 42F-103, Hawaii Revised Statutes, for grants used for the acquisition of land, when the organization discontinues the activities or services on the land acquired for which the grant was awarded and disposes of the land in fee simple or by lease, the organization shall negotiate with the expending agency for a lump sum or installment repayment to the State of the amount of the grant used for the acquisition of the land.

Further, the undersigned authorized representative certifies that this statement is true and correct to the best of the applicant's knowledge.

National Alliance on Mental Illness (NAMI)  
Hawaii

\_\_\_\_\_  
(Typed Name of Individual or Organization)



\_\_\_\_\_  
(Signature)

1/17/2020

\_\_\_\_\_  
(Date)

Kumi Macdonald

\_\_\_\_\_  
(Typed Name)

Executive Director

\_\_\_\_\_  
(Title)

**SPECIFICATION STATEMENT OF  
REQUEST'S PUBLIC PURPOSE PURSUANT TO  
SECTION 42-F-102, HAWAII REVISED STATUTES**

The undersigned authorized representative of the applicant specifies the following:

This grant will be used for a public purpose complementary to state government functions including health, education and social services activities that will benefit the population as a whole.

Further, the undersigned authorized representative certifies that this statement is true and correct to the best of the applicant's knowledge.

National Alliance on Mental Illness (NAMI)

Hawaii

\_\_\_\_\_  
(Typed Name of Individual or Organization)



\_\_\_\_\_  
(Signature)

1/17/2020

\_\_\_\_\_  
(Date)

Kumi Macdonald

\_\_\_\_\_  
(Typed Name)

Executive Director

\_\_\_\_\_  
(Title)

## Application for Grants

*If any item is not applicable to the request, the applicant should enter "not applicable".*

### **I. Certification – Please attach immediately after cover page**

#### **1. Certificate of Good Standing (If the Applicant is an Organization) Attached**

If the applicant is an organization, the applicant shall submit one (1) copy of a certificate of good standing from the Director of Commerce and Consumer Affairs that is dated no earlier than December 1, 2019.

#### **2. Declaration Statement - Attached**

The applicant shall submit a declaration statement affirming its compliance with Section 42F-103, Hawaii Revised Statutes.

#### **3. Public Purpose - Attached**

The applicant shall specify whether the grant will be used for a public purpose pursuant to Section 42F-102, Hawaii Revised Statutes.

### **II. Background and Summary**

This section shall clearly and concisely summarize and highlight the contents of the request in such a way as to provide the State Legislature with a broad understanding of the request. Please include the following:

#### **1. A brief description of the applicant's background;**

The National Alliance on Mental Illness (NAMI) Hawaii, established in Hawaii in 1991, is a local nonprofit organization and is the state organization of NAMI, the largest grassroots mental health organization in the country. NAMI Hawaii educates, supports, advocates and promotes awareness for people living with mental illness in our state. We seek to reduce the early impact and lifelong disease burden that characterize mental illness. Over 97% of donations and funds raised by NAMI Hawaii stays here locally to provide services statewide.

We train family, caregiver, and community volunteers to deliver NAMI education, support and awareness programs. In 2019 NAMI Hawaii directly served over 4,900 people using three part-time staff and over 400 volunteers. In 2020 NAMI plans to serve at 5,100 people by delivering over 162 hours of support group meetings, over 180 hours of family and caregiver education, an annual mental health conference, three rounds of 40 hours of Crisis Intervention Team training on mental health topics to first responders, 10 hours of Assisted Community Treatment Training, over 25 awareness and speaking events, and over 300 telephone/email supports and referrals.

NAMI Hawaii partners and networks with other mental health stakeholders such as Mental Health America Hawaii, United Self Help, HOSA-Future Health Professionals, the Hawaii Department of Health Adult Mental Health Division, and the Honolulu Police Department. We have started a new training partnership focused on developing Assisted Community Treatment (ACT) with the Treatment Advocacy Center, a national 501(c)3 nonprofit organization dedicated to eliminating legal and other barriers to the timely and effective treatment of severe mental illness.

2. The goals and objectives related to the request;

This request will fund NAMI signature education programs such as NAMI Family-to-Family Education, NAMI Family and Friends, and support groups. The NAMI Family-to-Family Education Program offers 30 hours of free psychoeducation and is recognized by the Federal Substance Abuse and Mental Health Services Administration (SAMHSA) by inclusion in SAMHSA's National Registry of Evidence-Based Programs and Practices (NREPP). NAMI Family and Friends is a new program in Hawaii that serves people who receive four hours of psychoeducation providing information and community support to those experiencing the impact of mental health conditions on a loved one.

In 2020 NAMI Hawaii plans to offer six Family-to-Family Education programs on Oahu, Kauai, Maui, and the Big Island. We will serve 90 families by offering each participant 30 hours of psychoeducation using six teams of two or more NAMI National trained and certified volunteer instructors. We will measure success by tracking student retention with the total of 12 graduates for each program offered and by receiving a rating of at least 4.5 out of five overall satisfaction rating from participants completing the program.

We plan to offer volunteer instructor training on Oahu to 15 new volunteer family members and caregivers to ensure we maintain a sufficient cadre of trained instructors and are able to respond effectively to teacher turnover. We have already trained two NAMI certified teacher trainers to ensure in-state capacity to train new volunteer instructors. All volunteer teachers commit to teach the Family-to-Family Education Program at least twice after receiving three days of free training from NAMI Hawaii. Most volunteers teach more frequently; however, to avoid burnout and address community demand for services, it is important to train new volunteer teachers. We will measure the success of new teacher training by receiving a 4.5 out of five overall satisfaction rating from participants and by adding seven new teachers per year over the next two years to our existing cadre of 10 active Family-to-Family volunteer teachers and two active Family-to-Family teacher trainers.

In 2020 NAMI Hawaii plans to offer a minimum of four NAMI Family and Friends programs statewide. Objectives include:

- Training a minimum of two active Family-to-Family volunteer teachers in delivering and expanding the new NAMI Family and Friends curriculum into neighbor island communities currently planning to implement the new program.
- Marketing the new program as widely as possible, securing suitable locations for service delivery, delivering the program, and then conducting

an evaluation of program implementation at a minimum of 12 locations statewide.

In 2020 NAMI Hawaii plans to offer a minimum of nine NAMI Support Groups each month across the state. These support groups provide confidential support to people living with mental illnesses and their family caregivers, to improve coping skills, to learn from collective knowledge and experience, and to provide support to participants. Our goal is to increase the services we provide to rural areas on Oahu and the Big Island by 36 support hours and 100 participants served each year.

Crisis Intervention Team (CIT) is a national program in partnership with NAMI since 1988, with over 3,000 law enforcement communities involved across the nation. NAMI Hawaii continues to develop its new training partnership with the Honolulu Police Department (HPD) and CIT. NAMI focuses on developing and delivering programs and services that educate officers so that they can support and advocate for families, partner with mental health providers, and provide appropriate response to people recovering from mental health disorders in their line of work. Since April 2018 NAMI Hawaii has been a key stakeholder in bringing the Crisis Intervention Team to Honolulu with the amazing work of HPD psychologist, Dr. Alicia Rodriguez and Police Chief, Susan Ballard. HPD was one of only four jurisdictions in the nation to receive a special grant for the pilot program for technical assistance from the Bureau of Justice Assistance VALOR and Policy Research Associates, a nationally standardized CIT program.

CIT program objectives are:

- Train police officers on how to interact appropriately with individuals that have mental illness. This training includes de-escalation skills to help officers bring calm to a situation;
- Connect people to treatment not jails by strengthening community partnerships to improve services.

NAMI Hawaii plays a key role in organizing CIT training. As part of the lead team in the steering committee of community partners and as part of the Certified CIT Trainers (certified on April 10, 2019 by PRA, CIT International), we provide mental health education training and awareness, administrative assistance, and assist with supplies and materials. NAMI Hawaii also plays a key role to strengthen community partnerships with other mental health agencies and providers to improve services and jail diversion programs. Our goal is to train every police officer on Oahu and to train local trainers on the neighbor islands so that this program can be expanded as widely as possible. In 2019, Lt. Gov. Josh Green, Honolulu Police Chief Susan Ballard and NAMI Hawaii President Mike Durant came together to author an op ed that appeared in the Honolulu-Star Advertiser that discussed and highlighted NAMI Hawaii's efforts in the state and the positive impact CIT has had on police and in the community. In response the Star-Advertiser published an editorial in favor of CIT while touting its benefits and calling on the community to support it. These articles are included with this application. NAMI Hawaii provides our services free of charge to HPD and the community.

In 2020, CIT Certified Trainers, including NAMI Hawaii, HPD, Key leaders and mental health professions and the criminal justice system, will hold three sessions of 40 hour trainings for the police department. NAMI Hawaii will provide 10 hours of training and 40 hours of administrative support for each training session. Twenty to 30 police



officers will be trained each session and will receive from NAMI Hawaii both psychoeducation and exposure to the perspectives of persons living in recovery from mental health conditions and their family member caregivers.

ACT, also referred to as Assisted Outpatient Treatment (AOT), is court-supervised treatment within the community. Hawaii is one of 47 states that have enacted laws to authorize ACT. These laws have reduced hospitalization, arrest, incarceration, homelessness, victimization, and also prevent the violence (suicide and violence towards others) associated with serious mental health conditions. The U.S. Department of Justice and SAMHSA have recognized ACT/AOT as an evidence-based practice.

ACT program objectives are:

- Through collaboration with mental health stakeholders and with assistance from the Treatment Advocacy Center, inform and recruit four Hawaii communities that commit to developing local ACT programs and promote networking in their communities
- Develop up to four ACT programs with the goal of helping people with serious mental health conditions including those with anosognosia (lack of insight into their mental illness,) receive treatment in the community.

In 2020 NAMI Hawaii will introduce the ACT program on Oahu with a cosponsored training offered by the Treatment Advocacy Center and NAMI Hawaii, including a one-full day training event, and three follow up technical assistance trainings to three counties.

### 3. The public purpose and need to be served;

Mental health conditions are the leading cause of disease burden worldwide and Hawaii is no exception. One in five U.S. adults experience mental illness in any given year. Nearly 1 in 25 U.S. adults live with a serious mental illness that results in significant functional impairment substantially limiting one or more major life activities. Based on the U.S. Census, Hawaii's population estimate for 2020 is 1.4 million, of which an estimated 280,000 Hawaii residents will experience mental illness this year, and over 60,000 live with one or more serious mental health conditions.

Society at large as well as people living with mental illness and their families and friends benefit from receiving psychoeducation. Increasing awareness within families affected by mental health conditions and among the general public promotes improved access to effective treatment and greater societal understanding of mental health conditions and their impact on people and their families. These results will lead to reduced stigma and discrimination. Families are the first line of defense in coping with the onset and impact of mental illness. Outreach and education of our primary target audience of family members will lead to improvements in joblessness, homelessness, substandard housing, social integration, socioeconomic status, mental health functioning, comorbid addictive and medical illnesses and early death. These results are important from both a social justice perspective and a quality of life perspective for all our citizens.

4. Describe the target population to be served;

The target population for the NAMI Signature Programs, Family-to-Family Education and Family and Friends is primarily adult family members and caregivers of people living with the impact and consequences of mental health conditions. A secondary target population for the NAMI Family and Friends program are friends, coworkers, educators and other members of the public interested in providing support to people living with mental health conditions.

NAMI Hawaii targets both people living with mental illness and family members and caregivers when delivering NAMI support groups. Police officers, HPD management, the criminal justice system, community providers and the general public are targets for the CIT initiative. NAMI's target for the ACT program includes family members, people living with serious mental health conditions, and stakeholders working in the judicial system and mental health treatment systems.

5. Describe the geographic coverage.

NAMI Hawaii's Signature Programs, including Family-to-Family Education, Family and Friends, and monthly Family and Peer Support Group meetings are and will be offered statewide. NAMI's 12-week Family-to-Family Education program is offered three times a year on Oahu and once a year on Maui, Kauai and the Big Island. NAMI Hawaii plans to implement NAMI Family and Friends program on three of four major islands in 2020. NAMI Family and Friends will be offered in more locations as it is a four-hour, one time offering. The CIT initiative is offered on Oahu with planned expansion to other major islands as the program develops. The ACT program will start on Oahu however, participation from stakeholders on all four major islands will be encouraged.

### **III. Service Summary and Outcomes**

The Service Summary shall include a detailed discussion of the applicant's approach to the request. The applicant shall clearly and concisely specify the results, outcomes, and measures of effectiveness from this request. The applicant shall:

1. Describe the scope of work, tasks and responsibilities;

NAMI Hawaii is committed to implementing all NAMI Signature programs in accordance with standards and specifications established by NAMI National to ensure the fidelity of established models for program and service delivery and to be responsive to the needs of participants while providing quality education, support and advocacy. In collaboration with our community partners and through our affiliates on each island we assess the service needs on Oahu, Maui, Kauai and the Big Island. We use input from our target populations and from participants in NAMI Hawaii programs such as family support groups, peer support groups, speakers' bureau, annual conference, mental health awareness events and workshops, the CIT initiative, NAMI Walks fundraisers, and warm lines (telephone and email support).

Description	NAMI Family-to Family	NAMI Family and Friends	Responsibility
Scope of work	Offer six 12-week 30-hour psychoeducation program to 90 participants statewide	Offer 12, 4-hour education and support program to 180 participants in 3 of 4 counties	Volunteer leadership of affiliates and teaching teams
Tasks		Complete online program training for volunteer teachers	Volunteer teachers
	Determine dates & general location of program offerings	Determine date & general location of program offerings	Teaching teams
	Secure location	Secure location	Teaching teams
	Develop & implement marketing plan for recruiting participants	Develop & implement marketing plan for recruiting participants	Teaching teams & NAMI Hawaii staff
	Secure course materials & supplies for teachers & participants	Secure course materials & supplies for teachers & participants	Teaching teams & NAMI Hawaii staff
	Deliver training	Deliver training	Teaching teams
	Evaluate training & report on course goal achievement, statistics & assessment of fidelity to program model	Evaluate training & report on course goal achievement & statistics	Teaching teams & NAMI Hawaii staff
Scope of work	Offer three-day volunteer teacher training on Oahu		Hawaii teacher trainers, NAMI Hawaii staff
Tasks	Determine dates & training location		Hawaii teacher trainers, NAMI Hawaii staff
	Secure location		NAMI Hawaii Executive Director
	Recruit & select 15 prospective volunteer teacher trainees		NAMI Hawaii Executive Director & Affiliate leadership
	Secure training materials & supplies for trainer & 15		Hawaii teacher trainers, NAMI Hawaii staff

	prospective volunteer teacher trainees		
	Deliver training		Hawaii teacher trainers
	Evaluate training & report on goal achievement & statistics		Hawaii teacher trainers, NAMI Hawaii staff
	Track new volunteer teacher activity & retention		NAMI Hawaii staff

Description	NAMI Support Groups	CIT Training	Responsibility
Scope of work	Offer nine monthly support groups statewide	Offer 10 hours of training & 40 hours of administrative assistance for each of three sessions to 60 to 90 police officers	NAMI Hawaii support group facilitators, volunteer leaders & staff
Tasks	Market support groups to ongoing and new participants in geographic area	Plan CIT monthly planning meetings and quarterly advisory team meetings	NAMI Hawaii support group facilitators, NAMI Hawaii staff
	Arrange location for support group meetings	Schedule date and location for three-40 hour CIT Police Trainings	NAMI Hawaii support group facilitators, NAMI Hawaii staff
	Facilitate support group meeting each month	Coordinate Trainers for CIT Police Training	NAMI Hawaii support group facilitators, NAMI Hawaii staff
	Report participant data to NAMI Hawaii and national	Plan venues for resource fair for CIT training	NAMI Hawaii support group facilitators, NAMI Hawaii staff
	Conduct outreach to participants between scheduled	Plan CIT Police Graduation and award celebration	NAMI Hawaii support group facilitators, NAMI Hawaii

	meetings		staff
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Description	ACT Program	Responsibility
Scope of work	Offer 18-hour ACT Program training and information session to families & mental health stakeholders	NAMI Hawaii Executive Director and Treatment Advocacy Center staff
Tasks	Secure venue and logistics for one day training	NAMI Hawaii Executive Director and Treatment Advocacy Center staff
	Secure venue and logistics for three follow up technical assistance workshops in three counties	NAMI Hawaii Executive Director and Treatment Advocacy Center staff

2. Provide a projected annual timeline for accomplishing the results or outcomes of the service;

NAMI Family-to-Family	FY21q1	FY21q2	FY21q3	FY21q4
Six statewide programs offered	Offering on Oahu	Offering on Maui	Offering on Oahu Offering on Kauai	Offering on Oahu Offering on Big Island
15 participants recruited per location	15	15	30	30
12 participants complete per location	12	12	24	24
Participant satisfaction	At least 4.5 out of 5	At least 4.5 out of 5	At least 4.5 out of 5	At least 4.5 out of 5
Teacher team retained	One	One	Two	Two
New volunteer teacher training offered			Offering on Oahu for 15 new teachers	
Trainee satisfaction			At least 4.5 out of 5	
New teachers active & retained				Seven new teachers added to teams

NAMI Family and Friends	FY21q1	FY21q2	FY21q3	FY21q4
Twelve new teachers trained online	Three new teachers trained	Three new teachers trained	Three new teachers trained	Three new teachers trained
12 new programs offered statewide	Three programs offered	Three programs offered	Three programs offered	Three programs offered
Offerings evaluated and lessons learned & implemented	Three programs evaluated	Three programs evaluated Lessons learned & implemented for three programs	Three programs evaluated Lessons learned & implemented for three programs	Three programs evaluated Lessons learned & implemented for three programs

NAMI Support Groups	FY21q1	FY21q2	FY21q3	FY21q4
Nine monthly groups offered	27 meetings	27 meetings	27 meetings	27 meetings
Five to eight participants attend each group	135 to 176 participants	135 to 176 participants	135 to 176 participants	135 to 176 participants
12 facilitators retained	12 facilitators retained	12 facilitators retained	12 facilitators retained	12 facilitators retained

CIT Training	FY21q1	FY21q2	FY21q3	FY21q4
40-hour trainings offered	Two 40-hour trainings offered	One 40-hour training offered	Two 40-hour trainings offered	One 40-hour training offered
20 to 30 officers and trainers trained	20 to 30 officers and trainers trained	20 to 30 officers and trainers trained	20 to 30 officers and trainers trained	20 to 30 officers and trainers trained

ACT Program	FY21q1	FY21q2	FY21q3	FY21q4
Technical assistance	Technical Assistance in	Technical Assistance in		

offered	three counties	three counties		
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3. Describe its quality assurance and evaluation plans for the request. Specify how the applicant plans to monitor, evaluate, and improve their results; and

NAMI Family-to-Family quality assurance and evaluation plans include formal program evaluation using a three-page NAMI course evaluation form that requests demographic and outcome measures using a Likert scale and open comment section from all participants completing the program. In addition to securing responses from participants, volunteer teachers also complete a one-page NAMI teacher evaluation that similarly requests outcome measures and invites information on retention to aid in planning for new teacher training needs.

Due to the nature and content of the curriculum volunteer teachers routinely seek informal feedback from course participants so they can respond to individual needs and concerns while promoting participant retention and satisfaction with their learning experience. Volunteer teachers are trained in delivering a manualized curriculum, how best to involve participants in both the content-rich and process-rich modules of the course and the need to preserve fidelity to the model of the program as a SAMHSA NREPP. This enhances consistent delivery of a quality educational experience to participants.

Quality assurance and evaluation of the new teacher training includes formal program evaluation by trainees and by the teacher trainer. The training program is developed by NAMI National and improved and updated as necessary by NAMI National staff. This enhances quality and fidelity to the model and NAMI educational standards.

Quality assurance and evaluation of the CIT Police Training program is developed and maintained by the Bureau of Justice Assistance, VALOR and Policy Research Associates and improved and updated as necessary by the Honolulu CIT staff and steering committee. This enhances quality, consistent delivery of a quality educational experience to participants.

NAMI Hawaii plans to incorporate formal program evaluation forms as well as informal gathering of feedback from participants and stakeholders when implementing the new ACT program.

All NAMI Signature Program formal evaluations are submitted to both NAMI Hawaii and NAMI National for reporting and incorporation in ongoing program quality assurance and improvement.

4. List the measure(s) of effectiveness that will be reported to the State agency through which grant funds are appropriated (the expending agency). The measure(s) will provide a standard and objective way for the State to assess the program's achievement or accomplishment. Please note that if the level of appropriation differs from the amount included in this application that the measure(s) of effectiveness will need to be updated and transmitted to the expending agency.

Program	Measure of effectiveness for reporting
Family-to-Family Education	Annual number of offerings statewide
	Number of family/caregiver participants completing program statewide
	Number of teachers retained
	Satisfaction rating of participants & reaction and retention of teachers
Family-to-Family New Teacher Training	Number of new teachers trained
	Number of new teachers active during following 24 months
	Satisfaction rating of new teachers and reaction of teacher trainer(s)
Family and Friends	Number of new teachers completing online training
	Annual number of offerings statewide
	Number of participants attending training statewide
	Number of teachers retained
Support Groups	Number of Support Groups active
	Number of meetings offered statewide
	Total number of participants each year
	Number of active Support Group Facilitators
CIT Training	Number of Training Sessions offered
	Number of hours of training offered by NAMI Hawaii
	Total number of police officers trained on Oahu
ACT Program	Number of agencies and locations implementing ACT in their jurisdiction
	Number of agencies and locations receiving Technical Assistance (TA)

#### **IV. Financial**

##### **Budget**

1. The applicant shall submit a budget utilizing the enclosed budget forms as applicable, to detail the cost of the request.
  - a. Budget request by source of funds - See attached
  - b. Personnel salaries and wages - See attached
  - c. Equipment and motor vehicles - Not applicable, see attached



- d. Capital project details - Not applicable, see attached
- e. Government contracts, grants, and grants in aid - Not applicable, see attached

2. The applicant shall provide its anticipated quarterly funding requests for the fiscal year 2021.

Quarter 1	Quarter 2	Quarter3	Quarter 4	Total Grant
\$40,650	\$40,650	\$40,650	\$40,650	\$162,600

3. The applicant shall provide a listing of all other sources of funding that they are seeking for fiscal year 2021.

NAMI Walks Fundraisers - \$100,000  
 Memberships and donations - \$50,000  
 Foundation Grants - \$20,000  
 Other – \$10,000

4. The applicant shall provide a listing of all state and federal tax credits it has been granted within the prior three years. Additionally, the applicant shall provide a listing of all state and federal tax credits they have applied for or anticipate applying for pertaining to any capital project, if applicable.

Not applicable.

5. The applicant shall provide a listing of all federal, state, and county government contracts, grants, and grants in aid it has been granted within the prior three years and will be receiving for fiscal year 2021 for program funding.

We were notified that NAMI Hawaii was awarded \$100,000 for our FY2020 GIA application; however we have not received our contract or any funds to date.

6. The applicant shall provide the balance of its unrestricted current assets as of December 31, 2019.

The balance of NAMI Hawaii’s unrestricted current assets as of December 31, 2019 was \$ 177,002.38

**V. Experience and Capability**

**1. Necessary Skills and Experience**

The applicant shall demonstrate that it has the necessary skills, abilities, knowledge of, and experience relating to the request. State your experience and appropriateness for providing the service proposed in this application. The applicant shall also provide a listing of verifiable

experience of related projects or contracts for the most recent three years that are pertinent to the request.

NAMI Hawaii has implemented and delivered public service educational, support and awareness programs related to mental health advocacy since 1991. As the Hawaii organization of NAMI National we have access to nationwide expert technical support for implementing and delivery NAMI Family-to-Family and NAMI Family and Friends and other NAMI Signature Programs.

Our Executive Director has over 13 years' experience in business and nonprofit management. NAMI Hawaii benefits greatly from staff skills in leading volunteers, managing diverse programs, fundraising, networking with community partners, and managing grants and financial resources.

NAMI Hawaii has been offering Family-to-Family Education programs and Family Support groups since 1994. Our cadre of active teachers and support group facilitators are trained and certified by NAMI National. As past participants in these NAMI Signature Programs, our NAMI volunteer teachers and support group facilitators are role models for participants seeking emotional understanding, healing, insight and the capacity for effective actions in helping their loved ones living with mental health conditions.

During 2019 NAMI Hawaii provided the following services

- Six family-to-Family 12-session, 30-hour education programs to 58 family members/caregivers
- 10 Family and Peer Support group monthly meetings to 717 participants
- Raised \$77,013 and increased mental health awareness with 855 participants in Honolulu and over 150 volunteers during our Signature NAMIWalks 2019 fundraiser on Oahu.
- Raised \$6,114 and increased mental health awareness with 40 participants and over 20 volunteers during our first NAMIWalks 2019 on the Big Island
- Annual NAMI Hawaii State Conference on Oahu with 252 participants
- Three CIT trainings with 58 Police Graduates
- Over 25 awareness and informational events and fairs in the community reaching out to over 1500 people
- Over 398 contacts by 'phone or email supporting and referring families and peers
- 408 individuals experienced volunteer opportunities to support NAMI programs and activities.

## **2. Facilities**

The applicant shall provide a description of its facilities and demonstrate its adequacy in relation to the request. If facilities are not presently available, describe plans to secure facilities.

NAMI Hawaii has a classroom/resource library/meeting space as part of its two-room downtown Honolulu office. This newly renovated space is used for some Oahu program offerings. We also secure additional classroom space in community buildings owned or administered by community organizations with whom we have developed

relationships and lower rental fee agreements. When feasible we will use these facilities for the NAMI Family and Friends program. For Family-to-Family new teacher training we seek out suitable training space through networking with local hotels or educational institutions that support NAMI's mission and training objectives. All locations are accessible to the handicapped and meet ADA requirements.

## **VI. Personnel: Project Organization and Staffing**

### **1. Proposed Staffing, Staff Qualifications, Supervision and Training**

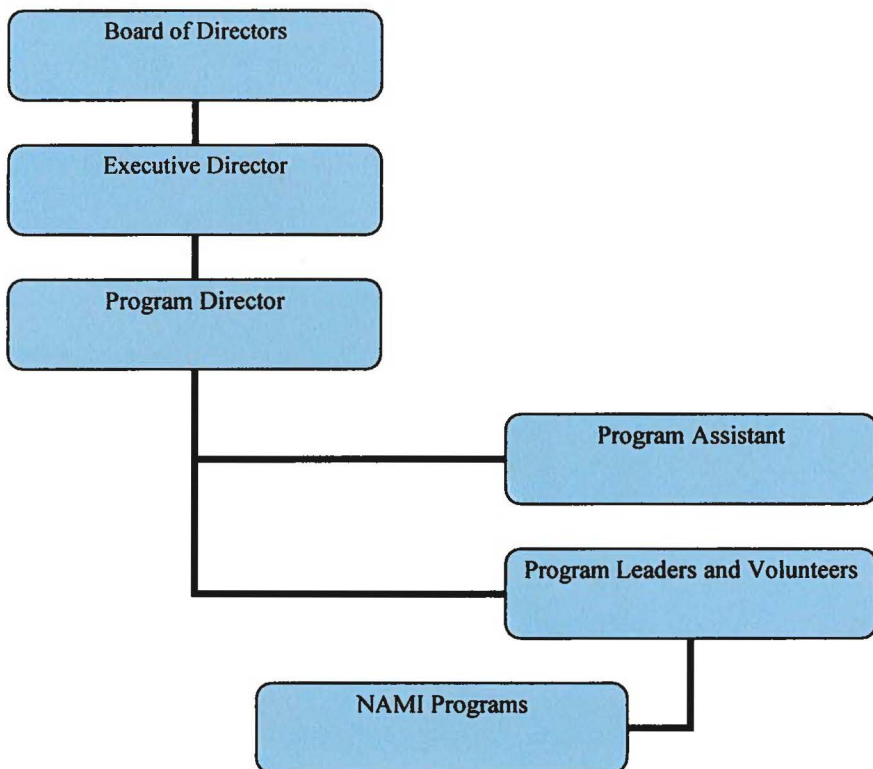
The applicant shall describe the proposed staffing pattern and proposed service capacity appropriate for the viability of the request. The applicant shall provide the qualifications and experience of personnel for the request and shall describe its ability to supervise, train and provide administrative direction relative to the request.

NAMI Hawaii is committed to staffing the NAMI Signature Programs, Family-to-Family Education, NAMI Family and Friends and NAMI Support Groups with NAMI-trained volunteer family members, caregivers and/or peers. Paid staff and NAMI Affiliate volunteer leadership provide supervision and administrative support to our cadre of volunteers. NAMI Signature Program volunteers are trained according to NAMI standards and curricula by NAMI-certified teacher trainers. For example, Family-to-Family volunteer teachers complete a NAMI National 20-hour training and are certified by our national NAMI organization. Their most important qualification is having lived the shared experience of supporting a loved one living with mental health conditions.

NAMI Hawaii plans to dedicate staff members' time to supervising and administering the programs covered by this request. Paid staff qualifications include a combined 14 years of non-profit management, supervision and volunteer training. The NAMI Signature education programs for family members/caregivers and peers covered by this request are a very high priority for NAMI Hawaii and function as an integral part of our family and peer education and support initiatives. Some participants in educational programs are recruited from support programs and participants in educational programs are also encouraged to participate in support programs to supplement their educational experience. NAMI Hawaii has demonstrated its commitment to developing in-State program capacity by investing in, developing and maintaining both a cadre of volunteer teachers and support group facilitators as well as training two Hawai'i-based teacher trainers for deployment as needed.

## 2. Organization Chart

The applicant shall illustrate the position of each staff and line of responsibility/supervision. If the request is part of a large, multi-purpose organization, include an organization chart that illustrates the placement of this request.



## 3. Compensation

The applicant shall provide an annual salary range paid by the applicant to the three highest paid officers, directors, or employees of the organization by position title, not employee name.

Executive Director \$46,200 / year (30 hours a week)

Program Director \$12,640 / year (15 hours a week)

Program Assistant \$3,900 / year (5 hours a week)

## VII. Other

### 1. Litigation

The applicant shall disclose any pending litigation to which they are a party, including the disclosure of any outstanding judgement. If applicable, please explain.

Not Applicable

## **2. Licensure or Accreditation**

The applicant shall specify any special qualifications, including but not limited to licensure or accreditation that the applicant possesses relevant to this request.

NAMI Hawaii reaffiliates bi-annually with NAMI National. We follow national NAMI guidelines for standards of operation and quality assurance. We report progress on goals achieved and Hawaii data to NAMI National, using the online portal, NAMI 360, thereby participating in program improvement and new program development.

## **3. Private Educational Institutions**

The applicant shall specify whether the grant will be used to support or benefit a sectarian or non-sectarian private educational institution. Please see [Article X, Section 1, of the State Constitution](#) for the relevance of this question.

The grant will not be used to support or benefit a sectarian or non-sectarian private educational institution. Any rental payments for program locations owned by sectarian or non-sectarian private educational institutions will be made using other funds available to NAMI Hawaii.

## **4. Future Sustainability Plan**

The applicant shall provide a plan for sustaining after fiscal year 2020-21 the activity funded by the grant if the grant of this application is:

- (a) Received by the applicant for fiscal year 2020-21, but
- (b) Not received by the applicant thereafter.

NAMI Hawaii has a proven track record since 1991 of securing alternative funding sources by fundraising, securing donations, or grant writing to ensure that NAMI Signature Programs are continued whenever funding sources are not available. NAMI Hawaii is committed to responding flexibly to this reality by seeking alternative funding, controlling costs, delaying new program implementation, and motivating its volunteer base.

We rely on reducing costs by using only volunteer teachers and trainers, securing in-kind or reduced fee contributions to cover the cost of program locations and course materials, using free e-books as supplemental course materials for NAMI Family and Friends, and leveraging curriculum development, updating, resource and retraining initiatives offered by NAMI National rather than developing these in state. NAMI is a high-value, cost-effective investment for funding sources interested in supporting our organization's mission of improving the quality of life for individuals and families affected by mental health conditions through support, education, advocacy and awareness.



## BUDGET JUSTIFICATION - PERSONNEL SALARIES AND WAGES

Period: July 1, 2020 to June 30, 2021

Applicant: NAMI Hawaii \_\_\_\_\_

POSITION TITLE	FULL TIME EQUIVALENT	ANNUAL SALARY A	% OF TIME ALLOCATED TO GRANT REQUEST B	TOTAL STATE FUNDS REQUESTED (A x B)
Executive Director	0.75	\$60,000.00	80.00%	\$ 48,000.00
Program Director	0.5	\$25,000.00	80.00%	\$ 20,000.00
Program Assistant	0.5	\$22,500.00	80.00%	\$ 18,000.00
				\$ -
				\$ -
				\$ -
				\$ -
				\$ -
				\$ -
				\$ -
				\$ -
				\$ -
				\$ -
				\$ -
				\$ -
<b>TOTAL:</b>				<b>86,000.00</b>
<b>JUSTIFICATION/COMMENTS: Includes all payroll related expenses</b>				

## BUDGET JUSTIFICATION - EQUIPMENT AND MOTOR VEHICLES

Period: July 1, 2020 to June 30, 2021

Applicant:   NAMI Hawaii Not Applicable

DESCRIPTION EQUIPMENT	NO. OF ITEMS	COST PER ITEM	TOTAL COST	TOTAL BUDGETED
			\$ -	
			\$ -	
			\$ -	
			\$ -	
			\$ -	
<b>TOTAL:</b>				
<b>JUSTIFICATION/COMMENTS:</b>				

DESCRIPTION OF MOTOR VEHICLE	NO. OF VEHICLES	COST PER VEHICLE	TOTAL COST	TOTAL BUDGETED
			\$ -	
			\$ -	
			\$ -	
			\$ -	
			\$ -	
<b>TOTAL:</b>				
<b>JUSTIFICATION/COMMENTS:</b>				



## BUDGET JUSTIFICATION - CAPITAL PROJECT DETAILS

Period: July 1, 2020 to June 30, 2021

Applicant: NAMI Hawaii \_\_\_\_\_ Not applicable

FUNDING AMOUNT REQUESTED						
TOTAL PROJECT COST	ALL SOURCES OF FUNDS RECEIVED IN PRIOR YEARS		STATE FUNDS REQUESTED	OF FUNDS REQUESTED	FUNDING REQUIRED IN SUCCEEDING YEARS	
	FY: 2018-2019	FY: 2019-2020	FY:2020-2021	FY:2020-2021	FY:2021-2022	FY:2022-2023
PLANS	N/A					
LAND ACQUISITION	N/A					
DESIGN	N/A					
CONSTRUCTION	N/A					
EQUIPMENT	N/A					
<b>TOTAL:</b>	<b>N/A</b>					
<b>JUSTIFICATION/COMMENTS:</b>						

Applicant: NAMI Hawaii \_\_\_\_\_

Contracts Total: \$0.00 -

	<b>CONTRACT DESCRIPTION</b>	<b>EFFECTIVE DATES</b>	<b>AGENCY</b>	<b>GOVERNMENT ENTITY (U.S. / State / Haw / Hon / Kau / Mau)</b>	<b>CONTRACT VALUE</b>
1	Not applicable as none received yet				
2					
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## Column: Advanced training helps HPD assist mentally ill individuals

By Susan Ballard, Josh Green and Mike Durant • Today • Updated 7:05 p.m.

People with mental illnesses and law enforcement are increasingly coming in closer contact with each other, making the collaboration of police and mental health advocates an important need. In Hawaii, this need is being met by a new program called the Crisis Intervention Team. CIT is a partnership among the Honolulu Police Department, the National Alliance on Mental Illness Hawaii (NAMI Hawaii) and the Hawaii Health and Harm Reduction Center, among other community partners. Our mission is to improve police response to individuals who are experiencing a mental health crisis. We also seek to involve hospitals, judges, doctors and providers to expand services for those in need.

Mental health crises come in varying degrees. This program is designed to help those who are in crisis, but may not meet the legal requirements for involuntary treatment and intervention.

It improves a police officer's ability to safely intervene during a crisis, link individuals to mental health services and divert them from the criminal justice system when appropriate.

CIT saves lives by teaching police how to best interact with and assist individuals with mental illness, improving the safety of all involved. An officer trained in CIT will have the tools needed to get those in a crisis connected to mental health treatment, where services are cheaper and more effective than jail or prison.

Through the efforts of Honolulu police psychologist Dr. Alicia Rodriguez, the Federal Bureau of Justice Assistance awarded a grant in May 2018 to the Honolulu Police Department, making it one of only four municipalities nationwide to receive one. The grant allowed national experts to come to Hawaii to train police, representatives from NAMI Hawaii and others locally so that now and in the future, it will not be necessary to have assistance from mainland officials, making this a truly locally sustainable effort. In more than 3,000 communities nationwide, CIT programs create connections among law enforcement, mental health providers, hospital emergency services and individuals with mental illness and their families.

NAMI Hawaii coordinates police training, shares personal stories in order to provide insights and hope with officers, and honors them for their work. NAMI Hawaii also works to bring awareness to families affected by mental illness about the availability of CIT officers and their ability to assist them, should the need arise.

In August 2019, NAMI Hawaii gave its first independent 40-hour CIT police training to HPD officers. Presently, there are a total of 58 officers who have completed the program. The program's goal is to have three 40-hour trainings per year while at the same time bringing in neighbor island police departments so that they too have an opportunity to develop CIT as a locally led community team.

For nearly 40 years, NAMI Hawaii has been working tirelessly to improve the lives of Hawaii families affected by mental illness. This work continues today through programs like CIT and the many others that we provide to the community free of charge. While we offer our services for free there is still a cost to provide them. That is why people gather each year to raise funds and awareness for mental health at the annual NAMIWalks event. This is NAMI Hawaii's signature fundraising event and is one of the only things that allows it to operate year-to-year. We encourage readers to get involved by donating to this worthwhile cause or by walking with us on Saturday. More information can be found at [www.namihawaii.org](http://www.namihawaii.org).

## Editorial: HPD effort vital for mentally ill

Oct. 14, 2019

In Hawaii and on the mainland, law enforcement officers increasingly are serving as first responders in cases of mental health crisis. That role is visible every day on Honolulu streets, where many among thousands of homeless individuals are grappling with mental illness, addiction and disability-related challenges.

For officers lacking proper training, even minor confrontation can quickly escalate, putting all involved in danger — as individuals with mental illness don't always respond to de-escalation tactics that work effectively on others.

For the sake of better community policing, it's encouraging to see this year's launch of Crisis Intervention Team (CIT) training — a Honolulu Police Department partnership with the National Alliance on Mental Illness Hawaii (NAMI Hawaii), Hawaii Health and Harm Reduction Center and other community partners.

Nationwide, some 3,000 communities now have CIT programs, which involve 40 hours of training to educate officers about mental health issues. Since the local effort got underway in August, nearly 60 HPD officers have completed coursework that stresses more social worker know-how and less use-of-force strategy. It's necessary progress for HPD, whose officers in recent years have had to confront more mentally unstable individuals, some of them carrying weapons.

NAMI Hawaii's executive director, Kumi Macdonald, describes the training as the "gold standard" in the movement to improve police response to crisis incidents. Further, she said, "Officers learning skills are less likely to be injured themselves while saving lives."

In addition to instruction from mental health experts on techniques for peaceful handling of crisis situations, a vital part of CIT training involves people with mental illness and their families meeting with officers to share their stories about coping with problems or offering personal critiques of past interactions with law enforcement.

Designed to focus largely on individuals in crisis who do not meet the legal requirements for involuntary treatment and intervention, CIT's community-based approach aims to also include judges, doctors and other health care providers. The sensible intent is to connect people with needed treatment rather than jail time.

According to NAMI, in recent years, as people across the country are more likely to encounter police than get medical help during a mental health crisis, some 2 million people with mental illness are booked into jails annually. And while detained, many individuals don't receive needed treatment and end up getting worse — setting the stage for trouble upon release.

Honolulu's CIT program was initiated by way of a Federal Bureau of Justice Assistance grant secured by HPD last year, which allowed national experts to come to the islands to train police, NAMI Hawaii representatives and others, who can now train others. Previously, HPD officer training was largely limited to a six-hour session on mental health first-aid basics. Also, a social services-focused city Law Enforcement Assisted Diversion program has been in the works since 2018.

In addition to continuing to enroll HPD officers in training, Macdonald said NAMI Hawaii hopes to help bring the CIT to law enforcement personnel on neighbor islands as well as to state sheriff deputies, the state Department of Land and Natural Resources, and county fire departments. All of these first responders stand to benefit from the training.