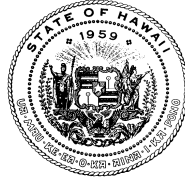


DAVID Y. IGE  
GOVERNOR OF HAWAII



CAROLINE CADIRAO  
PSM MANAGER

BRUCE ANDERSON  
DIRECTOR OF HEALTH

STATE OF HAWAII  
EXECUTIVE OFFICE ON AGING  
NO. 1 CAPITOL DISTRICT  
250 SOUTH HOTEL STREET, SUITE 406  
HONOLULU, HAWAII 96813-2831  
eoa@doh.hawaii.gov

**Testimony COMMENTING on SCR0113, SD1  
Requesting that the Hawaii State Executive Office on Aging Update the 2013 White  
Paper on Active Aging and Provide a Final Report on its Updated Version No Later than  
the Start of the Regular Session of 2021**

COMMITTEE ON HUMAN SERVICES & HOMELESSNESS  
REPRESENTATIVE JOY A. SAN BUENAVENTURA, CHAIR  
REPRESENTATIVE NADINE K. NAKAMURA, VICE CHAIR

Testimony of Caroline Cadirao  
PSM Manager, Executive Office on Aging  
Attached Agency to the Department of Health

Hearing Date: April 12, 2019  
9:00 am

Room Number: 329

- 1 **EOA's Position:** The Executive Office on Aging (EOA), an attached agency to the Department
- 2 of Health would like to provide comments on SCR113, SD1.
- 3 **Fiscal Implications:** This measure is unfunded and is not a part of the Administration's budget
- 4 request. It places unknown funding requirements on the EOA.
- 5 **Purpose and Justification:** The purpose of SCR113, SD1 is for the EOA to provide an updated
- 6 report of the 2013 white paper on Active Aging before the start of the 2021 Regular Legislative
- 7 Session. Active Aging advocates for programs that help older adults: 1) avoid disease and
- 8 disability; 2) promote high cognitive and physical function; and 3) maintain active community
- 9 engagement. We appreciate the recommendation made by the Senate Committee on Commerce,
- 10 Consumer Protection, and Health to partner with community groups to begin developing an
- 11 active aging plan before the Legislature entertains a request for funding to complete the update

1 of the 2013 white paper. SCR 113 further requests EOA to provide an interim report on its  
2 progress twenty days prior to the Regular Session of 2020 and a final report prior to the Regular  
3 Session of 2021. EOA is currently in the process of preparing our State Plan to the  
4 Administration for Community Living due in October 2019. We will find it difficult to convene  
5 meetings with community partners while writing and holding public hearings on our State Plan.  
6 Therefore, we respectfully request postponing the measure till next year with the goal to the  
7 complete the progress report to the Regular Session of 2021 and the final report to the Regular  
8 Session of 2022.

9 **Recommendation:** EOA recommends postponing the measure so that the interim report on the  
10 progress of the plan is due twenty days prior to the convening of the 2021 Regular Session and  
11 move the final report due to the Legislature to twenty days prior to the convening of the 2022  
12 Regular Session. If resources are provided to support this endeavor, the Executive Office on  
13 Aging would be extremely grateful.

14

15 Thank you for the opportunity to testify.

**SCR-113-SD-1**

Submitted on: 4/10/2019 12:03:18 PM

Testimony for HSH on 4/12/2019 9:00:00 AM

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
GARY SIMON	Policy Advisory Board for Elder Affairs (PABEA)	Support	No

Comments:

Dear Chair San Buenaventura, Vice Chair Nakamura, and Honorable Members of the House Committee on Human Services and Homelessness:

I am Gary Simon, Chair of the Policy Advisory Board for Elder Affairs (PABEA), which is an appointed board tasked with advising the Executive Office on Aging (EOA).

I am offering testimony on behalf of PABEA.

My testimony does not represent the views of the EOA but of PABEA.

***PABEA wholeheartedly supports SCR 113 SD 1.***

The well-being of our islands' elders relies on them staying active in later life.

Staying active is key to successfully aging.

Elders who are engaged in their communities help to optimize their own health and prevent health problems.

Optimizing the health of our elders will mean decreased expenditures for Medicare and Medicaid and other public assistance programs, which will save taxpayer dollars.

We urge you to support SCR 113 SD 1 and to recommend its passage.

We thank you for seriously considering the resolution.

Very sincerely,

Gary Simon

Chair, Policy Advisory Board for Elder Affairs (PABEA)

## **Testimony in Support by Zonta Club Of Hilo for An Updated and Finalized Healthy Aging Report**

**The Zonta Club of Hilo supports** the Resolution for an updated and finalized Report On Healthy Aging, as stated, “the framework of active aging is still evolving but currently advocates for promoting high cognitive and physical function and maintaining engagement in life, rather than solely focusing on avoiding disease and disability....that the Executive Office on Aging is requested to update the 2013 white paper on active aging to help create a new social policy paradigm.”

Zonta is an international organization of business and professional women whose mission advances the status of women and girls worldwide.

The Zonta Club **voted recently to support Kupuna Caucus bills relating to Aging**, including Kupuna Care, Kupuna Caregivers Support, a “one-stop resource center” for aging and disability services (ADRC), Alzheimer and Dementia Coordinator, and Healthy Aging. As an organization, we realize that aging issues disproportionately impact women for two main reasons; 1) greater social, medical and economic costs associated with longer life-expectancies for women; and 2) women still bear most of the responsibilities of elder caregiving. Many Zontians are "Baby Boomers" who understand the challenges of being an "elder."

To reduce economic and social costs facing the elders, disabled, and their caregivers, we need collaborative, comprehensive implementation of "best practices." The practices must include a government and community "support net" through adequate funding and user-friendly access. Additionally, Healthy Aging requires policy and paradigm shifts to promote policies and programs to focus on health and well-being, social engagement and highest levels of cognitive functioning. Healthy aging would reduce the overall societal and economic costs by keeping elders engaged and fully contributing and removing ageism barriers.

A review of what contributes to healthy aging, benefits and challenges for Hawaii County being the largest county with strained infrastructure. Our super-rurality makes any delivery of services for elders and disabled more challenging, but may keep elders engaged and healthy longer. Hawaii County's growing elder population is outpacing the current resources, but initiatives like the Blue Zones Project may provide data to support policy approaches for Healthy Aging. Over 21% of the population is over 60, but people here have “healthy grit.”

Thank you for your expected support of the Health Aging Report and opportunity to testify. Charlene Iboshi

**SCR-113-SD-1**

Submitted on: 4/11/2019 12:44:15 PM

Testimony for HSH on 4/12/2019 9:00:00 AM

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
cullen hayashida	Change AGEnts Hawaii	Support	No

Comments:

April 11, 2019

TO: Chair San Buenaventura and Committee members of the House Committee of Human Services and Homelessness

RE: **SCR 113 SD1 on Active Aging**

Dear Chair San Buenaventura and Committee Members:

1. am Cullen Hayashida and am here representing Hawaii Change AGEnts, a newly formed consortium advocating the shift of Hawaii's aging agenda from primarily viewing older adults from the frail, sick and dependent perspective to older adults as Hawaii's fastest growing natural resource and as an asset to our communities. We believe that given the rapid pace of the aging of Hawaii's people, we cannot continue to afford the status quo which overlooks the value of our pre-retirees, our boomers and active agers.

After the release of the Executive Office on Aging's 2013 Policy Report on "*Hawaii's 2020 Vision: State of Active Aging*" and its adoption by its Policy Advisor Board of Elderly Affairs, we believe that it is incumbent upon the State to seriously consider its recommendation to consider alternative ways of addressing aging in Hawaii. To plan for the next decade and beyond, Hawaii needs to revise its policies and social support system to tap the power and potential of the older adults to remain active, engaged and continuously contributing to our communities and the next generation.

**For that reason, we are strongly recommending the adoption of SCR113 SD1**

Thank you very much for your consideration,

Cullen T. Hayashida, Ph.D.

Hawaii Change AGEnts



**SCR-113-SD-1**

Submitted on: 4/11/2019 1:40:34 PM

Testimony for HSH on 4/12/2019 9:00:00 AM

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Melodie Aduja	O`ahu County Democrats Legislative Priorities Committee	Support	No

Comments:

Pursuant to the Legislative Priorities Action Planks of the Democratic Party of Hawai`i, to wit, to "rebuild the middle class and stamp out economic, social and cultural inequities . . . by providing Affordable Health Insurance . . . and prevent discrimination", the O`ahu County Democrats Legislative Priorities Committee is in support of SCR 113, SD1, which calls to update the White Paper on Active Aging. See, Democratic Party of Hawai`i 2018 Platform, page 2, lines 13-20.

Mahalo nui loa for this opportunity to submit testimony in support of SCR 113, SD1.

Melodie Aduja, Chair, O`ahu County Democrats Legislative Priorities Committee

**SCR-113-SD-1**

Submitted on: 4/11/2019 3:58:11 PM

Testimony for HSH on 4/12/2019 9:00:00 AM

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Merle O'Neill	Waikiki Community Center	Support	No

Comments:

Representative Joy A. Buenaventura, Chair

Representative Nadine K. Nakamura, Vice Chair

Committee Human Services/Homeless

Merle Okino O'Neill, Director of Programs, Waikiki Community Center, 310 Paoakalani Ave., Honolulu 96815. Phone: 923-1802.

Date of hearing: Friday April 12, 2019

Support SC113, Active Aging Agenda for Hawaii's Future

The Waikiki Community Center (WCC) has served the senior community in Waikiki and is surrounding communities for more than 40 years. We are a part of the Active Aging Cohort and a part of the senior centers network on Oahu. In its Active Aging Program, "Thriving After 50," WCC has experienced tremendous success with providing seniors with active aging programs. Seniors where remain engaged with the community, active, involved and most importantly healthy and thriving. They have reported greater satisfaction with life, meaningful connections with the community and improvement in mental and social activity.

We strongly support HR188 that proposes the development of an Active Aging Agenda for Hawaii's future for the following reasons:

1. Hawaii's population is aging very quickly and the percent over 65 and retiring is increasing while those in the working age has declined.
2. Hawaii is faced with a growing shortage of workers and this will mean that we will not have a sufficient supply of healthcare workers and a workforce to support local industries – hospitality, healthcare, construction, agriculture, etc.



3. Hawaii has a significant unfunded liability with its existing pension system that will take years or decades to resolve. As people live longer, Hawaii is obligated to maintain their lifelong pensions at great expense to the state of Hawaii.
4. Longer life expectancy is a blessing but many others who do not have defined benefit types of pensions run the risk of running out of cash. Hawaii must begin thinking of ways of keeping the retiring older adults active, healthy and employed if at all possible if they so wish.
5. To date, aging services have generally viewed older adults as frail, disabled and dependent and in need of long-term caring. Consequently, much of the state and county's focus has been of the high cost of care for the frail and disabled. **In addition to that emphasis, the active aging agenda suggests that there is a need to view the vast majority of older adults from 55 – 80 as active, engaged and with the ability to continuously contribute to our communities.**
6. However, we have not created a unified and organized infrastructure to best marshal the natural talents, skills, experience, network and time of the active older adults and to support their active aging lifestyle.
7. It is the intent of this legislation to begin first by establishing a (1) committee, (2) reviewing the 2013 Active Aging Plan prepared by the Executive Office on Aging and (3) propose an updated plan.

The approval of this resolution will be:

- The foundation for the gathering of relevant information about active aging resources,
- Convening of organizations dealing with aging to understand and address aging from the perspective of from “active aging”
- “Slow down” the use of long-term care and
- Better management of the State's resources dedicated to the aging population.

We urge the committee to pass SC113. Thank you for this opportunity to testify.

April 11, 2019

To: Chair San Buenaventura  
Vice Chair Nakamura  
House Committee on Human Services and Homelessness

Re: **Strong Support for SCR113**

Aloha Chair Luke, Vice Chair Cullen, and the House Committee on Finance:

Thank you for your dedication to our community and for this opportunity to provide testimony in strong **support** of **SCR113**.

Kaho'omiki, the Hawai'i Council on Physical Activity and Nutrition, supports and encourages lifelong healthy lifestyles and closely works with organizations across the state to better the lives of all people of Hawai'i—keiki to kūpuna.

One of our programs, Senior Olympics Hawai'i, has been providing older adults opportunities to stay physically active for many decades. Given our growing older adult population, it is imperative that we prioritize active aging and provide the necessary resources to optimize the gifts, talents, and passions of older adults. Active aging has proven benefits for older adults, social connections between generations, and our communities, as a whole.

Thank you for this opportunity to testify in support of **SCR113**.

Sincerely,



Colby Takeda  
President, Kaho'omiki

**SCR-113-SD-1**

Submitted on: 4/11/2019 4:41:47 PM

Testimony for HSH on 4/12/2019 9:00:00 AM

**LATE**

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Carole Mandryk	Osher Lifelong Learning Institute at UHM	Support	No

Comments:

We strongly support the move to update the 2013 white paper on active aging to better reflect the reality and needs of the "young" old and help guide policy that will benefit individuals and our community.

**SCR-113-SD-1**

Submitted on: 4/11/2019 5:01:17 PM

Testimony for HSH on 4/12/2019 9:00:00 AM

**LATE**

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Jan Thurman	Kupuna Education Center, KCC	Support	No

Comments:

Dear Chair Baker, Vice Chair Chang, and Honorable Members of the Senate Committee on Commerce, Consumer Protection, and Health:

My name is Jan Thurman, I'm the Coordinator for the Kupuna Education Center at Kapiolani Community College (KCC). We provide active aging programming and family care classes at KCC and hope to expand the course offerings across the UH system. I am offering testimony on behalf of the Kupuna Education Center. We absolutely support SCR 113 and SR 83. As a provider of active aging programming, I see the benefit to our community every day not only from the participants but also the instructors. Many of which are either retired individuals or close to retirement. It is our hope that you support SCR 113 and SR 83 and recommend its passage. Thank you for considering the resolution. Kind Regards, Jan Thurman MPH, RKT, Coordinator for the Kupuna Education Center

**SCR-113-SD-1**

Submitted on: 4/11/2019 1:30:27 PM

Testimony for HSH on 4/12/2019 9:00:00 AM

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Helen Sanpei	Individual	Support	No

Comments:

**SCR-113-SD-1**

Submitted on: 4/11/2019 1:42:29 PM

Testimony for HSH on 4/12/2019 9:00:00 AM

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Virginia Hinshaw	Individual	Support	No

Comments:

Aging is a blessing, not a disease! Hawaii has a growing senior population and they are active contributors to the State of Hawaii in many ways. I created and currently direct the Dr. Rosita Leong Mini-Medical School on Healthy Aging at the John A. Burns School of Medicine and I can assure you that the over 1800 attendees in this course are active and fully engaged in learning and contributing to our community. This bill can help create a new view of aging. Mahalo for supporting this bill.

**SCR-113-SD-1**

Submitted on: 4/11/2019 1:45:33 PM

Testimony for HSH on 4/12/2019 9:00:00 AM

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Sarah Yuan	Individual	Support	No

Comments:

**SCR-113-SD-1**

Submitted on: 4/11/2019 1:47:10 PM

Testimony for HSH on 4/12/2019 9:00:00 AM

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
dolores foley	Individual	Support	No

Comments:



**SCR-113-SD-1**

Submitted on: 4/11/2019 1:53:13 PM

Testimony for HSH on 4/12/2019 9:00:00 AM

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Margaret A. Perkinson, PhD	Individual	Support	No

Comments:

**SCR-113-SD-1**

Submitted on: 4/11/2019 2:25:22 PM

Testimony for HSH on 4/12/2019 9:00:00 AM

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Maeona Mendelson	Individual	Support	No

Comments:

**SCR-113-SD-1**

Submitted on: 4/11/2019 4:07:15 PM

Testimony for HSH on 4/12/2019 9:00:00 AM

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Davis Hawkins	Individual	Support	No

Comments:

House Committee on Human Services and Homelessness  
Hawaii State Capitol  
[415 S. Beretania St,](#)  
Honolulu, HI 96813

**LATE**

April 12, 2019

**SCR113 on Active Aging  
Testimony in STRONG SUPPORT**

I am pleased to testify in strong support for SCR113, which requires the Executive Office on Aging to update the white paper on Active Aging from 2013 and review best practices, programs, and policies in the state. As consultant for the Mayor's Age-Friendly Honolulu initiative, I understand the need for opportunities for kupuna to remain engaged, active, and independent.

Hawaii's population is aging very quickly and the percent over 65 and retiring is increasing while those in the working age has declined. Hawaii is faced with a growing shortage of workers and this will mean that we will not have a sufficient supply of healthcare workers and a workforce to support local industries – hospitality, healthcare, construction, agriculture, etc.

To date, aging services have generally viewed older adults as frail, disabled and dependent and in need of long-term caring. Consequently, much of the state and county's focus has been of the high cost of care for the frail and disabled. In addition to that emphasis, the active aging agenda suggests that there is a need to view the vast majority of older adults from 55 – 80 as active, engaged and with the ability to continuously contribute to our communities.

An update on the 2013 Active Aging report is both timely and critical for Hawaii to plan and expand active aging opportunities for our kupuna.

Thank you,



Christy Nishita  
Consultant, Age-Friendly Honolulu

**SCR-113-SD-1**

Submitted on: 4/11/2019 7:58:22 PM

Testimony for HSH on 4/12/2019 9:00:00 AM

**LATE**

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Audrey Suga-Nakagawa	Individual	Support	No

Comments:

**LATE**

Representative Joy San Buenaventura, Chair and Members of the Human Services Committee

Testimony: SCR113 SD1 REQUESTING THAT THE HAWAII STATE EXECUTIVE OFFICE ON AGING UPDATE THE 2013 WHITE PAPER ON ACTIVE AGING AND PROVIDE A FINAL REPORT ON TS UPDATED VERSION NO LATER THAN THE START OF THE REGULAR SESSION 2021

My name is Barbara Yamashita testifying as a member of Change AGents in support of SCR 113 SD1

Updating the Active Aging White paper is critical. Across the world efforts are underway to address aging in different ways. Critical to this movement is the understanding that the over 50 population is the fastest growing and current models of addressing the diversity of this population is outdated and ineffective. Focus on the frail older adult without looking at the larger population of healthy and active is a mistake. We need to find ways to keep older adults healthy and active and explore the resources this populations adds to our communities and how other counties and states have found ways to delay frailty and maintain active participation in community endeavors.. Government agencies will say that they need added resources to update this paper, and yes--resources would allow for a more robust update of the paper. Lack of additional recourses should not stop this. Continued avoidance of looking to different ways to address the growing older adult population and not looking at this population, as a resource is more costly. Hawaii cannot continue to ignore the reality that as the populations grows we need to plan differently and look to ways to build on and utilize the healthy older population as a resource and invest in keeping as many as possible in our communities rather than trying to build costly health care facilities.

The World Health Organization (WHO) reports that “population ageing is one of humanity’s greatest challenges.. Global ageing will put increased economic and social demands on all countries.” At the same time, older adults are a precious, often-ignored resource that makes important contributions to our society. Furthermore, the WHO argues, “that countries can afford to get old if governments, international organizations and civil society enact Active Ageing policies and programs that enhance the health, participation and security of older residents. The time to plan and act is now.” That report was written in 1999.

Updating the 2013 Active Ageing White Paper is necessary to ensuring a foundation for much needed planning and policies to address the needs of our older residents. An active ageing approach to policy and program development has the potential to address the many challenges of both individual and population ageing. When health, labor market/employment, education, and social policies support active aging there is the potential for:

- Fewer premature deaths

- Fewer disabilities associated with chronic diseases
- More people enjoying a positive quality of life
- More people participating actively in social, cultural, economic and political aspects of society, in paid and unpaid roles and in domestic, family and community life
- Lower costs related to medical care and services

We believe that a review and update of the white paper along with recommendations based on data, best practices and model initiatives would provide a framework to shift our predominant view of older adults as sick, frail, disabled and dependent to being our fastest growing natural resource and a greatly undervalued asset to our communities. We believe that the Executive Office on Aging and the County Agencies on Aging are the natural leaders to guide this important effort.

Thank you for your consideration

**SCR-113-SD-1**

Submitted on: 4/11/2019 10:01:29 PM

Testimony for HSH on 4/12/2019 9:00:00 AM

**LATE**

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Warren Wong	Individual	Support	No

Comments:

It's time for Hawaii to realize that Seniors can and should be a strong asset to the community, not just a burden