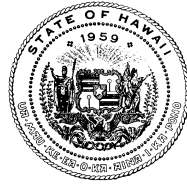


SB549

Measure Title:	RELATING TO HEALTHY BEVERAGES FOR CHILDREN.
Report Title:	Department of Health; Children's Meals; Default Beverage
Description:	Requires restaurants that sell children's meals that include a beverage to make the default beverage a healthy beverage.
Companion:	HB359
Package:	None
Current Referral:	CPH
Introducer(s):	BAKER, S. CHANG, Fevella, Inouye, Kidani



STATE OF HAWAII
DEPARTMENT OF HEALTH
P. O. Box 3378
Honolulu, HI 96801-3378
doh.testimony@doh.hawaii.gov

Testimony in SUPPORT of S.B. 549
RELATING TO HEALTHY BEVERAGES FOR CHILDREN.

REPRESENTATIVE ROSALYN H. BAKER, CHAIR
SENATE COMMITTEE ON COMMERCE, CONSUMER PROTECTION, AND HEALTH

Hearing Date: February 20, 2019 9:15 a.m. Room Number: 229

- 1 **Fiscal Implications:** Department will support within Governor's Executive Biennium Budget
- 2 Request.
- 3 **Department Testimony:** The Department of Health supports Senate Bill 549 (S.B. 549)
- 4 requiring restaurants to offer only water, sparkling water, flavored water with no added natural or
- 5 artificial sweeteners, unflavored milk, or non-dairy milk alternatives that contain no more than
- 6 one hundred thirty calories per container or serving, as the default beverage with children's
- 7 meals. The concept of this bill is based on national recommendations for reducing the
- 8 consumption of sugar sweetened beverages (SSBs). The Division of Physical Activity,
- 9 Nutrition, and Obesity (DNPAO) at the Centers for Disease Control and Prevention (CDC)
- 10 recommends decreasing SSBs as an evidence-based strategy for preventing and reducing
- 11 overweight and obesity. The 2015 Dietary Guidelines for Americans also recommends reducing
- 12 the intake of SSBs as a method to control calorie intake and manage body weight. The
- 13 Department supports S.B. 549 and suggests amending the definition of restaurant to broadly
- 14 describe various types of food establishments where children are likely to frequent with their

1 families versus the definition from §281, Hawaii Revised Statutes that regulates the sale of
2 intoxicating liquor.

3 The American Academy of Pediatrics updated their recommendation for the consumption
4 of fruit juice and increased the age to one year old when children should be allowed to have one
5 hundred percent fruit juice. Whole fruit is still preferred, and fruit drink has less nutritive value
6 than fruit juice.¹The Department also offers a definition for one hundred percent fruit juice
7 should there be an amendment recommendation for the inclusion of one hundred percent fruit
8 juice as one of the default beverages for the children's menu.

9 Today in Hawaii, more than one in two adults² (57.6%) and over one in four high school
10 students³ (28.4%) are affected by overweight or obesity. The rate of adults with diabetes in
11 Hawaii is 10.5% and an additional 14.6% have been diagnosed with pre-diabetes⁴. The
12 Department estimates that more than 1 in 2 adults have type 2 diabetes and pre-diabetes when
13 these numbers are adjusted for people who are undiagnosed. Hawaii spends an estimated \$470
14 million on obesity-related medical costs, and \$770 million on diabetes-related medical costs
15 annually.⁵ SSBs have been identified by numerous scientific studies as a major contributor to

¹ Melvin B. Heyman, Steven A. Abrams. Section on Gastroenterology, Hepatology, and Nutrition, Committee on Nutrition.; From the American Academy of Pediatrics Policy Statement. *Pediatrics*: June 2017, Volume 139 / Issue 6. Retrieved 2/16/19 from <http://pediatrics.aappublications.org/content/139/6/e20170967>.

² Hawaii Health Data Warehouse, Hawaii State Department of Health, Behavioral Risk Factor Surveillance System, 2016.

³ Hawaii Health Data Warehouse, Hawaii State Department of Health, Youth Risk Behavior Surveillance System, 2017.

⁴ Hawaii Health Data Warehouse, Hawaii State Department of Health, Behavioral Risk Factor Surveillance System, 2016.

⁵ Trogon, JG., Finkelstein, EA., Feagan, CW., & Cohen, JW. (2012). State- and payer-specific estimates of annual medical expenditures attributable to obesity. *Obesity*, 20(1): 214-220. doi: 10.1038/oby.2011.169.

1 our costly obesity epidemic.⁶ Additionally, drinking SSBs can significantly contribute to tooth
2 decay. SSB consumption is associated with nearly twice the risk of cavities in children.⁷ More
3 than seven out of ten Hawaii third-graders are affected by tooth decay and one in four have
4 untreated tooth decay.⁸ Hawaii also received a failing grade of “F” on three recent oral health
5 report cards by the Pew Center.⁹

6 Between 1977 and 2001, calorie intake from SSBs increased 135 percent for all age
7 groups.¹⁰ While overall SSB consumption has decreased in recent years, particularly among
8 children and adolescents, consumption rates remain high.¹¹ A recent survey conducted by the
9 Department found that over half of adolescents in Hawaii (56%) drink SSBs one or more times
10 per day and nearly all teens (94%) drink SSBs at least once a week.¹² A typical 20-ounce soda
11 contains 14 to 18 teaspoons of sugar and about 240 calories. In comparison, the American Heart
12 Association guideline for daily added sugars is no more than 6 teaspoons for women and

⁶ Smith TA, Lin BH, Lee JY. Taxing caloric sweetened beverages: Potential effects on beverage consumption, calorie intake, and obesity. Washington, DC: Economic Research Service (ERS), US Department of Agriculture (USDA); 2010: ERR-100.

⁷ Sohn W, Burt BA, and Sowers MR. (2006). Carbonated soft drinks and dental caries in the primary dentition. *J Dent Res*, 85(3): 262-266.

⁸ Hawaii State Department of Health. (2015 September 25). Hawaii oral health: Key Findings. Retrieved from https://health.hawaii.gov/about/files/2013/06/Key_Findings_wC.pdf.

⁹ Hawaii State Department of Health. (2016 August). Hawaii smiles 2015: The oral health of Hawaii’s children. Retrieved from <https://health.hawaii.gov/about/files/2013/06/Hawaii-Smiles-Report.pdf>.

¹⁰ Nielsen SJ and Popkin BM. “Changes in Beverage Intake Between 1977 and 2001.” *American Journal of Preventive Medicine*, 27(3): 205-210, 205, 2004. Available at: www.cpc.unc.edu/projects/nutrans/publications/Beverage%20trends-BP-Samara%202004.pdf.

¹¹ Han E. and Powell LM. “Consumption Patterns of Sugar-Sweetened Beverages in the United States,” *Journal of the Academy of Nutrition and Dietetics*, 113 (1): 43-53, 2013. Available at: www.ncbi.nlm.nih.gov/pubmed/23260723.

¹² Hawaii State Department of Health. (2012, 2013, & 2017). Rethink Your Drink Adolescent Survey, 2012, 2013, & 2017 combined.

1 children, and no more than 9 teaspoons for men.¹³ A 2015 study found that healthy children’s
2 menu defaults resulted in healthier ordering patterns, without reducing revenue.¹⁴ This suggests
3 that implementing healthy defaults in restaurants can improve child nutrition while ensuring that
4 restaurants remain competitive.¹⁵

5 Requiring retail food establishments to provide a healthy default beverage as a part of a
6 children’s meal would encourage families to choose a healthy option when eating outside the
7 home. On average, children consume nearly twice as many calories from a restaurant meal (770)
8 as they do from a home cooked meal (420).¹⁶ Adding SSBs to these meals adds calories and
9 sugar that may contribute to obesity and health problems. Ensuring healthy default options in
10 children’s meals is part of a comprehensive public health prevention strategy to reduce the risk
11 for obesity and type 2 diabetes in Hawaii’s children.

12 Thank you for the opportunity to provide testimony.

13 **Offered Amendments:** The Department respectfully offers an amendment for the definition of
14 restaurants in Section 2, Chapter 321, §321- (d), on page 3, lines 14-15:

15 ~~“Restaurant” shall have the same meaning as in section 281-~~
16 1.“ means a food establishment that serves food to customers for

¹³ Johnson RK, Appel LJ, Brands, M., Howard, BV, Lefevre, M., Lustig, RH, Sacks, F, Steffen LM, Wylie-Rosett, J. “Dietary Sugars Intake and Cardiovascular Health,” *Circulation* 2009:1011-1020.

¹⁴ Anzman-Frasca, S. et. al. “Changes in children’s meal orders following healthy menu modifications at a regional US restaurant chain.” *Obesity*, April 28, 2015; 1055-1062.

¹⁵ Anzman-Frasca, S. et. al. “Changes in children’s meal orders following healthy menu modifications at a regional US restaurant chain.” *Obesity*, April 28, 2015; 1055-1062.

¹⁶ Xoumas-Morse C., Rock CL., Sobo EJ., Neuhouser ML. “Children’s Patterns of Macronutrient Intake and Associations with Restaurant and Home Eating.” *J. Am Dietetic Assoc* 2001; 101:923-925.

1 consumption on or off the premises, including fast-food and
2 full-service dining establishments. It includes, but is not
3 limited to, drive through or walk-up counters, coffee shops,
4 cafes, pizza parlors, food stands, movie theater concession
5 stands, and dine-in establishments. A restaurant, for purposes
6 of this part, may provide alcoholic beverage sales for drinking
7 on premises provided that such sales are ancillary to food
8 service.

9 Definition for one hundred percent fruit juice for Section 2, Chapter 321, §321- (d).

10 "100% fruit and vegetable juices" means any consisting of
11 100% natural fruit or vegetable juice with no added caloric
12 sweetener. Natural fruit juice and natural vegetable juice is
13 the original liquid, with or without water added, resulting from
14 the pressing of fruits or vegetables.



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**American Heart Association testimony in SUPPORT of SB 549
“Relating to Healthy Beverages for Children”**

The American Heart Association supports SB 549.

By reducing the marketing of unhealthy beverages to children by making the default beverage included in kid’s meals milk or water, SB 549 would mark the first substantial policy action taken in Hawaii to address overconsumption of sugar by Hawaii keiki.

Restaurants play a central role in the American diet as people increasingly consume more food away from home. The Rudd Center for Food Policy and Obesity reports that 89 percent of parents report making a purchase from a fast-food restaurant for their children in the previous week. Children now consume about 20 percent of their daily calories at fast food establishments and full-service restaurants. Children and teens who eat at restaurants drink more sodas and less milk than those who eat at home.

Sugary drinks, including soda, energy and sports drinks, and flavored waters, provide the single largest source of calories in the diets of American children. Each additional daily serving of a sugar-sweetened beverage increases a child’s chance of becoming obese by 60 percent. Sugary drinks are also associated with a greater risk of cardiovascular disease and high blood pressure in adolescents, dental cavities in children, and inadequate intake of vitamins and minerals.

An extra-small (ten-ounce, child-size) cola contains approximately 33 grams of added sugars, which exceeds the 25 grams of added sugars that the American Heart Association (AHA) has established as the daily upper limit for children

and teenagers. The AHA recommends that children consume no more than eight ounces of sugary drinks per week; kid-sized beverages vary across restaurants, but are usually six to twelve ounces.

In 2009, the state medical cost attributable to obesity was \$470 million dollars, and this figure continues to rise. As many as 1 in 3 adults could have diabetes by 2050 if current trends continue. Without changes in this trajectory, Hawaii's healthcare costs will be unsustainable for Hawaii's businesses and families. Removing sugary drinks as the default from children's menus can send a signal that they are not appropriate everyday beverages for children and help to establish a healthier next generation.

We urge you to support SB 549 and help to improve keiki's health in Hawaii.

Respectfully submitted,


Donald B. Weisman
Hawaii Government Relations/Communications Director



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To: Sen. Rosalyn H. Baker, Chair
Sen, Stanley Chang, Vice Chair
Members of the Committee on Commerce, Consumer Protection, and Health

From: Victor Lim, Legislative Lead
Hawaii Restaurant Association

Subj: SB 549 Relating to Healthy Beverages for Children

Date: February 15, 2019

We at the Hawaii Restaurant Association representing over 3,500 restaurants will like to share with this committee that this bill might not be necessary but we recommend the following changes stated below.

Major brands like McDonald's, Wendy's, Subway, and Burger King have all stopped offering soda as the default beverage for children's meals since 2015.

At McDonald's, our default beverages for Happy Meals are 1 % low fat white milk, fat free chocolate milk, or organic apple juice. At Zippy's, the default children's meal drink is milk while at Big City Diner, it is zero sugar Vitamin Water for lunch and dinner.

We would like to recommend the following changes as spelled out in page 2 to be amended to provide clearer definitions as follows:

Default beverages offered with children's meals. Default Beverage means beverage automatically included or offered as part of a children's meal, absent a specific request for a substitute or alternate beverage by the purchaser of the children's meal.

Water, sparkling water, or flavored water, with no added natural or artificial sweeteners.

Milk – Regular, low fat or fat free unflavored or flavored milk.

Juice - A serving of 8 fluid ounces or less of one hundred percent fruit or vegetable juices, fruit or vegetable juice blends or 100 % fruit or vegetable juice diluted with water, with no added sugars.

Thank you for giving us this opportunity to share our points.





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Hawaii Director
American Diabetes Association

February 15, 2019

Sen. Rosalyn Baker, Chair
Sen. Stanley Chang, Vice Chair
Committee on Commerce, Consumer Protection, and Health
Hawaii State Senate

RE: TESTIMONY IN SUPPORT OF SB 549

The American Diabetes Association (Association) supports legislative bills intended to promote type 2 diabetes prevention and persuade strategies to improve health outcomes. We encourage you and your committee to support such measures.

Today, 21 people in Hawaii will be diagnosed with diabetes, 8,000 yearly! This disease is one of the most serious, common, and costly diseases in the United States; costing us over \$322 billion annually. Sugary drinks can significantly increase a person's risk for chronic diseases such as type 2 diabetes, obesity and heart disease; they (sugary drinks) are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Efforts are needed to bring awareness to health issues associated with excessive sugar consumption, and policies to help discourage such behaviors.

The Association supports SB 549 which promotes healthy meal options by making the default beverage offered in children's meals a healthy drink and we ask you to pass this out of committee. We believe SB 549 will reduce consumption of sugary drinks, effectuate changes, and improve the health outcomes of our keiki. Help us make the healthy choice the easy choice.

On behalf of the American Diabetes Association and those we serve, we ask for your support of this bill.

Warmest aloha,

LJ Duenas, Hawaii Director
American Diabetes Association



21 people
are diagnosed with
diabetes every day
in Hawaii



February 17, 2019

To: To the Senate Committee on Commerce, Consumer Protection, and Health
The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair

Re: **Strong Support for SB549**

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

The Hawaii Public Health Association is a group of over 600 community members, public health professionals and organizations statewide dedicated to improving public health. HPHA also serves as a voice for public health professionals and as a repository for information about public health in the Pacific.

HPHA strongly supports SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Thank you for the opportunity to provide testimony on important health issues affecting people in Hawai'i.

Respectfully submitted,

A handwritten signature in black ink that reads 'Holly Kessler'.

Holly Kessler
Executive Director
Hawaii Public Health Association



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Sansei, Lanai

Date: February 19, 2019

To: Senator Rosalyn Baker, Chair
Senator Stanley Chang, Vice Chair
Members of the Commerce, Consumer Protection and Health
Committee

Re: Strong Support for SB549, Relating to Healthy Beverages for
Children

Hrg: February 20, 2019 at 9:15am at Conference Room 229

The Obesity Prevention Task Force of the Hawai'i Public Health Instituteⁱ is in **Strong Support of SB549**, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink. HIPHI defers to the Department of Health on the definition of "restaurants."

Offering healthy beverages as the default option helps to keep our keiki healthy

Restaurants that offer children's menus typically serve refillable sugary drinks like sodas and fruit punch with their advertised kids' meals. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. This measure helps to support parents in keeping their kids' healthy. Instead of getting a sugary drink without asking for one, kids will have the opportunity to start their meal with a healthy beverage, such as water or milk. In a poll by Ward Research for HIPHIⁱⁱ, 77% of registered voters supported a policy to make kids' meals automatically come with a healthy beverage. Support was even higher among parents, at 82%. With more and more families grabbing a meal on the run or dining out, making the healthy choice can often be challenging. That's why it's so important that restaurants and food establishments serve as venues to promote healthy beverage options as part of the bundled kids' meal.

SSBs contribute to a poor diet and are associated with obesity, type 2 diabetes, and tooth decay

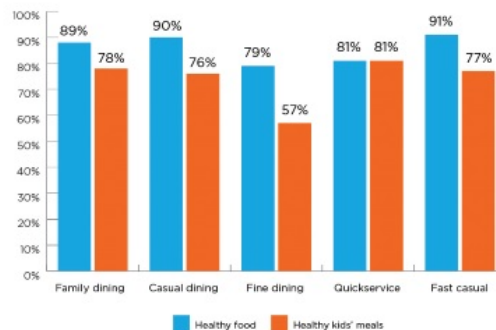
Sugar-sweetened beverages have become a staple item in our diet, primarily because they are inexpensive and heavily marketed, especially to kids. SSBs do not deliver any nutrition and studies have shown that consumption of SSBs is associated with obesity, type 2 diabetes, cardiovascular disease, and tooth decay. Drinking just one 8-

oz sugary drink per day increases a child's odds of becoming obese by 60%.

Although many chain restaurants have removed soda and sugary drinks from their menus, soft drinks are still the most common kids' meal beverage. In a 2017 analysis from the Center for Science in the Public Interest of the 50 top restaurant chainsⁱⁱⁱ, CSPI found that 38 had designated children's menus that included beverages. Of those, 74 percent included sugary drinks (soda, lemonade, sugar-sweetened juice drinks, and other beverages with added sugars) on their kids' menus. 65 percent included juice, 69 percent offered low-fat or fat-free milk, 40 percent offered high-fat (whole or 2 percent) milk, and 13 percent offered bottled water or seltzer (with no added sweeteners).

According to a survey done in 2017 by the National Restaurant Association, 70% of consumers say that they would be more likely to visit a restaurant that offers healthful options^{iv}. In addition, majority of restaurant operators believe that healthful menu options will be more popular in the future. The trend has started with a few large chains and it is time for all restaurants to help our keiki and offer healthier beverage choices.

Percent of restaurant operators, by type of operation, who believe healthy food or healthy kids' meals will get more popular on menus in the future



Source: National Restaurant Association, 2017 Food and Menu Trends Survey

An educational campaign must be accompanied by policy change

This measure benefits public health by making the healthy choice the easy choice. Parents simply want more healthy choices for their kids and to cut down on those familiar requests for sugary drinks. "Healthy-by-default" makes it easier for parents to provide a healthy beverage for their kids and gives us an opportunity to engage restaurants, community groups and the public around the importance of offering healthy beverage options to young children. It's a step in the right direction.

HIPHI is willing and able to partner with the State Department of Health to educate the public on the implementation of this law. The culture of sugary drinks leads to poor health. California including thirteen jurisdictions have already enacted healthy by default beverage legislation.

SB549 is an important step in the right direction and helps parents and kids make healthy decisions about what to drink. We respectfully ask you pass this measure out of committee.

Mahalo,



Trish La Chica, MPA
Policy and Advocacy Director

ⁱ Created by the legislature in 2012, the Obesity Prevention Task Force is comprised of over 60 statewide organizations, and works to make recommendations to reshape Hawai'i's school, work, community, and health care environments, making healthier lifestyles obtainable for all Hawai'i residents. The Hawai'i Public Health Institute (HIPHI) convenes the Task Force and supports and promotes policy efforts to create a healthy Hawai'i.

Hawai'i Public Health Institute is a hub for building healthy communities, providing issue-based advocacy, education, and technical assistance through partnerships with government, academia, foundations, business, and community-based organizations.

ⁱⁱ This study by Ward Research, Inc. summarizes findings from a phone survey among n=812 Hawaii registered voters (maximum sampling error +/-3.3%), conducted between November 5 - 30 2018.

ⁱⁱⁱ Center for Science in the Public Interest, Slow Drip: Soda Declining on Kids' Menus, from <https://cspinet.org/news/slow-drip-soda-declining-kids'-menus-20170724>

^{iv} National Restaurant Association. Healthy foods drive dining choices, July 25, 2017 from https://www.restaurant.org/Articles/News/Batch2_201901/State-of-the-Industry-Healthy-foods-drive-dining-c



February 20, 2019

Senator Rosalyn H. Baker, Chair, Committee on Commerce, Consumer Protection, and Health
Senator Stanley Chang, Vice Chair, Committee on Commerce, Consumer Protection, and Health

RE: Support of SB549 Relating to Healthy Beverages for Children

Aloha Chair, Vice-Chair and Members of the Committee:

Thank you for the opportunity to testify in support of SB549, which will make the default beverage offering in keiki meals the healthy choice of either water, milk or a non-dairy milk alternative. We support this bill because it helps to achieve a healthier Hawaii.

Soda and sugar filled juices, like fruit punch are typically the default offering with a child's meal in a restaurant. Sugary drinks are the single largest source of added sugars in children's diets. By changing the dynamic and offering the healthy choice of water or milk as the initial option, we are helping families to more easily make the healthy choice.

Sugary drinks have been shown to be a major contributor to the obesity epidemic. Consuming just one sugary drink a day significantly increases a child's risk for type 2 diabetes, becoming overweight, tooth decay, as well as numerous other chronic diseases, which are linked to our escalating healthcare costs. Supporting healthy behaviors in our community benefits everyone.

Nationally, more than 12 million children are obese with that number only trending upward. In Hawaii, we can do better for our keiki. SB549 is the we can do that. It will support families who want healthy, happy lives for their children by providing the healthier choice first.

Thank you for this opportunity to testify in support of SB549.

Sincerely,

Peggy Mierzwa

Peggy Mierzwa
Blue Zones Project—Hawaii

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SB-549

Submitted on: 2/15/2019 3:06:57 PM

Testimony for CPH on 2/20/2019 9:15:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Nancy Redfeather	Testifying for Ka Ohana O Na Pua	Support	No

Comments:

Over a third of our children are overweight or obese by the time they enter kindergarden in Hawaii. The recognition of this healthier beverage option, could be a positive sign to families, business, and the community that what we consume matters to our over all health. Let's encourage businesses in Hawaii to do the right thing. Mahalo

February 18, 2019

SENATE Committee on Commerce, Consumer Protection and Health

SB 549 Relating to Healthy Beverages for Children

Ellie Kelley-Miyashiro, RDH, BS

Hawaii Dental Hygienists' Association, Past President and Regulations and Practice
Chairperson 2018-2019

Chairperson Baker, Vice Chair Chang and Committee Members:

The Hawaii Dental Hygienists' Association (HDHA) fully supports **SB 549**. We would like to congratulate you on your leadership in initiating this important discussion during this legislative session. Having one of the worst dental decay rates in the nation, Hawaii's children can only benefit from legislation such as this.

Tooth decay, like most other health problems starts with diet. Increased sugar exposure throughout the day cumulatively affects decay rates, so limiting sugar intake wherever possible can only benefit our keiki's overall oral health.

As the largest association representing Hawaii's licensed dental hygienists', HDHA strongly **supports SB 549** to address the prevention of dental disease among Hawaii's keiki.

Thank you for your consideration.



**Testimony to the Senate Committee on Commerce, Consumer Protection and Health
Wednesday, February 20, 2019; 9:15 a.m.
State Capitol, Conference Room 229**

RE: SUPPORTING SENATE BILL NO. 0549, RELATING TO HEALTHY BEVERAGES FOR CHILDREN.

Chair Baker, Vice Chair Chang, and Members of the Committee:

The Hawaii Primary Care Association (HPCA) is a 501(c)(3) organization established to advocate for, expand access to, and sustain high quality care through the statewide network of Community Health Centers throughout the State of Hawaii. The HPCA **SUPPORTS** Senate Bill No. 0549, RELATING TO HEALTHY BEVERAGES FOR CHILDREN.

The bill, as received by your Committee, would:

- (1) Require restaurants that sell a children's meal that includes a beverage to make the default beverage offered with the children's meal either:
 - (A) Water, sparkling water, or flavored water, with no added natural or artificial sweeteners;
 - (B) Unflavored milk; or
 - (C) A nondairy milk alternative that contains no more than 130 calories per container or serving;;
- (2) Clarify that the foregoing not prohibit a restaurant from selling, or a customer from purchasing, an alternative to the default beverage if requested by the purchaser of the children's meal.
- (4) Require the Department of Health (DOH) to adopt rules;
- (5) Defining the terms, "Children's meal", "Default beverage", "Nondairy milk alternative", and "Restaurant"; and

(6) Take effect on January 1, 2020.

Federally Qualified Health Centers (FQHCs) provide desperately needed medical services at the frontlines in rural communities. Long considered champions for creating a more sustainable, integrated, and wellness-oriented system of health, FQHCs provide a more efficient, more effective and more comprehensive system of health.

As a member of the Obesity Prevention Task Force, the HPCA joins the Hawaii Public Health Institute and other advocates in support of efforts to reduce the consumption of sugar in the marketplace.

From a technical standpoint, it is unclear how this bill will be enforced, especially regarding where the bill is silent. For example, as presently drafted, there is no penalty provision in the bill found for violations. However, Section 321-20, Hawaii Revised Statutes (HRS), already allows the Director of Health the authority to levy fines not to exceed \$1,000 for each day of violation of any provision in Chapter 321, HRS.

If it is your Committee's desire to not make the provisions of Section 321-20, HRS, applicable for violations of this new section, one way of doing this would be to add prefatory language in Section 321-20, HRS, so that it would read:

"Except as otherwise provided in Section 321- , . . ."

That would make clear that the Legislature does not intend for the penalty provision to apply for violations of the new law. Once enacted, it would be made clear to the Department of Health and the general public how this law should be enforced.

It is in the spirit of collaboration that we share these observations in the hopes that these issues can be rectified so that real, meaningful reforms can be implemented.

In advance, thank you for your consideration of our testimony.

February 16, 2019

To: Chair Baker
Vice Chair Chang
Senate Committee on Commerce, Consumer Protection, and Health

Re: **Support for SB549**

Aloha Chair Baker, Vice Chair Chang, and members of the Committee on Commerce, Consumer Protection, and Health

Thank you for your dedication to our community and for this opportunity to provide testimony in **support of SB549**. Kaho'omiki, the Hawai'i Council on Physical Activity and Nutrition, is a local non-profit organization that supports and encourages lifelong healthy lifestyles through physical activity and good nutrition.

Sugary soft drinks are the single largest source of excess sugar in the American diet, accounting for nearly half of the added sugars consumed.¹ Excess consumption of sugar-sweetened beverages is also associated with other adverse health consequences, such as type 2 diabetes, heart disease, non-alcoholic liver disease, and tooth decay.² This policy aims to reduce the consumption of sugar-sweetened beverages in children, as drinking just one sugary drink a day increases a child's likelihood of being overweight by 55%.³ In 2018, California became the first state to pass healthy-by-default kids' meal laws, following positive results from city-enacted healthy-by-default bills in Davis, Stockton, Cathedral City, Perris, Daly City, Long Beach, and Berkeley.⁴

Thank you for joining us in the fight against childhood obesity, and for this opportunity to testify in support of **SB549**.

Sincerely,



Colby Takeda
President, Kaho'omiki

¹ Vos, M. B., Kaar, J. L., Welsh, J. A., Van Horn, L. V., Feig, D. I., Anderson, C. A. M., ... Johnson, R. K. (2017). Added Sugars and Cardiovascular Disease Risk in Children A Scientific Statement from the American Heart Association. *Circulation*, 135(19), E1017–E1034.

² CDC. (2018, October 23). *Sugar Sweetened Beverage Intake*.

³ Cofer, F. G., Morgan, J., DeLaRosa, R., Lev-Twombly, K., & Showalter, K. (2018). SB 1192 Healthy-By-Default Kids' Meal Beverages.

⁴ Public Health Advocates. (2018). *California adopts first state-wide Healthy-by-Default Kids' Meals Drink law*.

SB-549

Submitted on: 2/16/2019 1:22:32 PM

Testimony for CPH on 2/20/2019 9:15:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Joseph Kohn MD	Testifying for We Are One, Inc. - www.WeAreOne.cc - WAO	Support	No

Comments:

Dare I say all food should be organic for everyone? What is the right amount of antibiotics, hormones, chemicals, pesticides, and gmo's should a person eat?

www.WeAreOne.cc



**Written Testimony of
David Thorp
American Beverage Association**

**Before the Senate Committee on Commerce, Consumer Protection, and Health
Comments to Amend S.B. 549 – Relating to Healthy Beverages for Children
February 20, 2019**

Good morning Chair Baker, Vice Chair Chang and members of the committees. Thank you for the opportunity to comment on S.B. 549 – Relating to Healthy Beverages for Children.

I am David Thorp, senior director of government affairs for the American Beverage Association (ABA). The American Beverage Association is the trade association representing the non-alcoholic beverage industry. ABA represents hundreds of beverage producers, distributors, franchise companies and supporting businesses that employ more than 239,000 people across the country.

Beverage industry’s local impact on Hawaii’s economy

The beverage industry is an important part of Hawaii’s economy – and one of the few remaining industries still manufacturing on the Islands. Unlike most consumer products, many of our beverages, aluminum cans and plastic bottles are manufactured and distributed in Hawaii by local workers.

Non-alcoholic beverage companies in Hawaii provide more than 1,050 good-paying jobs across our state. The industry helps to support thousands more workers in businesses that rely in part on beverage sales for their livelihoods and, such as grocery stores, restaurants and theaters.

ABA’s Default Beverages in Children’s Meals Policy

ABA and America’s leading beverage companies recognize that parents are more than capable of making the food and beverage choices that are best for their families. When it comes to their youngest children, we have repeatedly heard from parents that they believe that water, milk or juice are the best options. It should be up to a parent to decide if their child can have another kind of beverage as part of a meal or snack at home, or when they are out to eat.

This is why we are committed to working with our restaurant customers and policymakers across the country who are interested in adopting the following default beverages in children’s meals:

- Water – Water, sparkling water or flavored water, with no added natural or artificial sweeteners; and/or

- Milk – Flavored or unflavored nonfat or low-fat (1 percent) dairy milk or non-dairy beverage that is nutritionally equivalent to fluid milk (i.e. soy milk) in a serving size of 8 ounces or less; and/or
- Juice – 100 percent fruit or vegetable juice, or fruit and/or vegetable juice combined with water or carbonated water, with no added natural or artificial sweeteners, in a serving size of 8 ounces or less.

This language is consistent with the “Smart Snacks in Schools” rule that was implemented by the United States Department of Agriculture as part of the “Healthy, Hunger-Free Kids Act of 2010.” It is also consistent with the new children’s meal standard supported under New York City Council Speaker Corey Johnson’s leadership which will be seeking to adopt this standard at a February 25 hearing.

America's beverage companies have long believed it is important to listen to and support parents. That's why we implemented national School Beverage Guidelines almost a decade ago to remove full-calorie beverages from schools and why our member companies don't market to children under the age of 12. These actions keep parents in the driver's seat to decide what's best for their children.

Conclusion

The American Beverage Association and its member companies are committed to offering our consumers choices and *we support the intention of S.B. 549, but respectfully request the Committee consider the ABA's Default Beverages in Children's Meals Policy in place of the current language in S.B. 549 which limits default choices to only waters and milks.*

We would fully support this legislation if 100 percent fruit and/or vegetable juice and flavored nonfat or low-fat milks were included as default beverage options, consistent with the science-based nutrition standards for beverages laid out in the Smart Snacks in Schools Rules. It's important to have consistent standards for the benefit of parents and to avoid the confusion and frustration from a patchwork of policies.

Sincerely,
David Thorp

SB-549

Submitted on: 2/18/2019 11:42:15 AM

Testimony for CPH on 2/20/2019 9:15:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Laksmi M Abraham	Individual	Support	No

Comments:

As a parent, youth soccer coach, and community advocate, I am writing in strong support of SB549. Keiki deserve to have the best chance to grow up healthy and strong. The "Healthy Beverage by Default" bill with provide parents with the support they need to make better choices about their keiki's health. While this bill does not take away any of the choices that keiki meals already offer, it puts the focus on what is healthiest for children's choice of beverage. I strongly support this measure and urge you to help keep support the future of our keiki by supporting this bill.

-Laksmi Abraham of Maui, HI

February 18, 2019

To: Senator Rosalyn Baker, Chair
Senator Stanley Change, Chair
Senate Committees on ECommerce, Consumer Protection, and Health

From: Laura Nevitt, Policy Director
Hawaii Children's Action Network

Re: **S.B. 549— RELATING TO HEALTHY BEVERAGES FOR CHILDREN**
Hawaii State Capitol, Room 229, February 20, 2019, 9:15 AM

HCAN is committed to improving lives and being a strong voice advocating for Hawai'i's children. We SUPPORT S.B. 549, which would requires restaurants that sell children's meals that include a beverage to make the default beverage a healthy beverage.

* Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda is already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. With restaurants and fast-food establishments becoming a convenient and popular option for many families, dining out options can affect a child's diet, making this policy particularly effective in improving children's health

* SB549 will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

* Passage of SB549 will make Hawai'i the second healthy by default state, after California. Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health.

For these reasons, HCAN asks that you pass S.B 549.

HCAN is committed to building a unified voice advocating for Hawaii's children by improving their safety, health, and education.

From: jennahia@everyactioncustom.com on behalf of [Noelani Ahia](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Saturday, February 16, 2019 7:19:05 AM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Noelani Ahia
1949 Kahekili Hwy Wailuku, HI 96793-9202

SB-549

Submitted on: 2/18/2019 8:31:53 AM

Testimony for CPH on 2/20/2019 9:15:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
jeffrey alameida	Individual	Support	No

Comments:

From: weeklyupdate@everyactioncustom.com on behalf of [Cristeta Ancog](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Friday, February 15, 2019 5:35:30 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

I am a pediatrician with over 29 years of experience taking care of keiki in Hawaii, mostly on the Waianae Coast and have witnessed the rise in pediatric obesity.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Let's make it easy for families to make a healthy choice. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Cristeta Ancog
98 -1941 Kaahumanu St Apt F Aiea, HI 96701-1854

From: Jaapfg@everyactioncustom.com on behalf of [Judith Armstrong](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Monday, February 18, 2019 8:39:35 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Judith Armstrong
1717 Ala Wai Blvd Apt 3006 Honolulu, HI 96815-1506

SB-549

Submitted on: 2/15/2019 3:01:29 PM

Testimony for CPH on 2/20/2019 9:15:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
C. Azelski	Individual	Support	No

Comments:

Sugary drinks are the **single largest source of added sugars** in our kids' diets and are often the default option in kids' meals. Consuming just one sugary drink a day significantly increases a child's risk for developing type 2 diabetes, becoming overweight, and experiencing tooth decay. This bill can help make a long-term difference in improving the health of our kids.

From: eocb44@everyactioncustom.com on behalf of [Erin Bantum](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Friday, February 15, 2019 4:09:11 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Erin Bantum
44 -754 Malulani St Kaneohe, HI 96744-2410

From: hbarrow@everyactioncustom.com on behalf of [Helen Barrow](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Sunday, February 17, 2019 5:00:27 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Helen Barrow
PO Box 822 Makawao, HI 96768-0822

Date: February 15, 2019

To: The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Re: **Strong Support of SB549**, Relating to Healthy Beverages for Children

Hrg: February 20, 2019 at 9:05 AM in Capitol Room 229

Aloha Senate Committee on Commerce, Consumer Protection, and Health,

I am writing in **strong support of SB549**, which promotes healthful beverage options by making the default beverage offered in restaurants with children's meals a healthful drink.

Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet they are usually the default beverages served with children's meals.

This bill will support families' efforts to raise healthy kids by encouraging healthful beverage choices. Instead of getting a sugary drink by default, children's meals will come with water or milk.

Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthful eating habits such as eating well and exercising regularly.

Food establishments are an ideal venue for children to practice healthful eating habits and to make it easy for families to make the healthful choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect and support their children's health.

I **strongly support SB549** and respectfully ask you to pass this bill out of committee.

Many thanks for your consideration,

Forrest Batz, PharmD
Kea'au, HI

From: patriciablair@everyactioncustom.com on behalf of [Patricia Blair](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Saturday, February 16, 2019 2:29:31 AM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Patricia Blair
25 Aulike St Kailua, HI 96734-2746

SB-549

Submitted on: 2/19/2019 10:57:53 AM

Testimony for CPH on 2/20/2019 9:15:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Bev Brody	Individual	Support	No

Comments:

SB-549

Submitted on: 2/15/2019 5:13:45 PM

Testimony for CPH on 2/20/2019 9:15:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Kaimana Brummel	Individual	Support	No

Comments:

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing **Individual** more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

SB-549

Submitted on: 2/15/2019 4:01:28 PM

Testimony for CPH on 2/20/2019 9:15:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Kelsie Cajka	Individual	Support	No

Comments:

Keiki are the future of Hawaii and deserve to have healthy drink options when eating out. I strongly support this bill because sugary drinks are high in empty calories and sugar. Healthy beverages should be a default to help combat childhood obesity. Please do your part to help make our keiki healthier by supporting this bill.

From: marcycayton@everyactioncustom.com on behalf of [Marcy Cayton](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Friday, February 15, 2019 3:22:24 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Marcy Cayton
PO Box 567 Haiku, HI 96708-0567

From: scoleman@everyactioncustom.com on behalf of [Stuart Coleman](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Saturday, February 16, 2019 1:10:13 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I'm writing to let you know that I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

With the high rates of obesity and diabetes, this bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals.

Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee. Mahalo for your consideration and support!

Sincerely,
Stuart Coleman
2927 Hibiscus Pl Honolulu, HI 96815-4727

From: ccnalu@everyactioncustom.com on behalf of [Camille Chong](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Friday, February 15, 2019 4:40:18 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Camille Chong
1617 Young St Honolulu, HI 96826-2044

SB-549

Submitted on: 2/17/2019 6:56:21 PM

Testimony for CPH on 2/20/2019 9:15:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Kirstin Kahaloa	Individual	Support	No

Comments:

Aloha!

Our keiki are the future of Hawaii and we need to make sure they are healthy. This bill is awesome and I wholeheartedly support Individual

Mahalo,

Kirstin Kahaloa

SB-549

Submitted on: 2/16/2019 9:41:26 AM

Testimony for CPH on 2/20/2019 9:15:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Colleen Inouye	Individual	Support	No

Comments:

Chair Baker, Vice-Chair Chang, and Members of the Senate Committee on Commerce, Consumer Protection, and Health,

I strongly support SB549. This bill allows for healthy beverages as a default option in restaurants when children/parents order kid meals.

In 2017 the adult obesity in Hawaii was 23.8%. This was an increase from 2000 when it was 15.7%. For 10-17 year-olds the obesity rate in 2017 was 14%. In 2016 it was 11%. This increase is just over one year! Yes, we could just tell obese patients to lose weight; however, any one of us knows how difficult losing weight is. **We need to make patient choice easier and healthier.** Obese children are more likely to become obese adults. On Maui the Community Health Needs Assessment showed that 24.3% of adults are obese with half being Native Hawaiian and the next vulnerable group being Filipino. We need to stop the progression to obesity early and protect our vulnerable population groups. Obesity is the root cause of diabetes, heart disease, and cancer. If you do not stop the road to obesity early, you will pay for these chronic conditions later.

Again, I strongly support SB549 and respectfully ask that you pass this bill out of committee.

Sincerely,

Colleen F Inouye MD MMM CPE FAAPL FACOG Jefferson Population of Health

SB-549

Submitted on: 2/18/2019 9:13:50 AM

Testimony for CPH on 2/20/2019 9:15:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Molly Mamaril	Individual	Support	No

Comments:

SB-549

Submitted on: 2/18/2019 12:11:11 PM

Testimony for CPH on 2/20/2019 9:15:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Cyrus Howe	Individual	Support	No

Comments:

We have to not only curb childhood diabetes, but also help them establish healthy behaviors early on so they can avoid adulthood diabetes too.

SB-549

Submitted on: 2/18/2019 3:02:22 PM

Testimony for CPH on 2/20/2019 9:15:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Carissa Holley	Individual	Support	No

Comments:

I support the Healthy by Default policy for all kid's meals.

From: ddrummon@everyactioncustom.com on behalf of [DEBBIE DRUMMONDO](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Friday, February 15, 2019 2:57:13 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
DEBBIE DRUMMONDO
98 -634 Moanalua Loop Apt 235 Aiea, HI 96701-5167

From: haraldebeling@everyactioncustom.com on behalf of [Harald Ebeling](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Friday, February 15, 2019 9:38:27 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I am writing to voice my strong support for SB549.

Sweetened drinks are a major source of sugar in our keikis diet, and their daily consumption sets our children on a path toward unhealthy nutritional choices (including the frequent consequences of diabetes and obesity) for their entire lives. Making the default beverage offered in restaurants with children's meals a healthy drink, rather than sugary sodas or fruit punch, is a first but important step toward good nutritional habits for the next generation.

Please pass SB549 out of committee. Mahalo!

Sincerely,
Harald Ebeling
3171 Beaumont Woods Pl Apt A Honolulu, HI 96822-6419

SB-549

Submitted on: 2/19/2019 11:01:13 AM

Testimony for CPH on 2/20/2019 9:15:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Shelley Fey	Testifying for HAHPERD	Support	No

Comments:

I am wholeheartedly in favor of a bill that supports healthy default beverages for kids. This choice is made for them and it should a healthy one.

Mahalo,

Shelley

From: pat.fleckconsulting@everyactioncustom.com on behalf of [Patricia Fleck](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Friday, February 15, 2019 3:09:18 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Respectfully Submitted,

Patricia Fleck

Sincerely,
Patricia Fleck
77 -215 Hoowaiwai Ct Kailua Kona, HI 96740-4449

SB-549

Submitted on: 2/18/2019 1:27:32 PM

Testimony for CPH on 2/20/2019 9:15:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Royce Fukuroku	Individual	Support	No

Comments:

From: keawe9@everyactioncustom.com on behalf of [Joseph Keawe'aimoku Kaholokula](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Friday, February 15, 2019 3:08:25 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Joseph Keawe'aimoku Kaholokula
555 South St Apt 1205 Honolulu, HI 96813-5045

From: mmg2b@everyactioncustom.com on behalf of [Michelle Gray](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Friday, February 15, 2019 3:12:35 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Michelle Gray
520 Lunalilo Home Rd Unit 7416 Honolulu, HI 96825-1758

From: mgagen@everyactioncustom.com on behalf of [Marilyn Gagen](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Friday, February 15, 2019 4:13:38 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Marilyn Gagen
59 -398 Ka Nani Dr Kamuela, HI 96743-8500

From: SGomes@everyactioncustom.com on behalf of [Shanelle Kinores](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Friday, February 15, 2019 3:26:20 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Shanelle Kinores
95 Mahalani St Rm 21 Wailuku, HI 96793-2521

SB-549

Submitted on: 2/19/2019 2:04:13 PM

Testimony for CPH on 2/20/2019 9:15:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Kathleen Hagan	Individual	Support	No

Comments:

SB549 takes a step in the right direction of making the “healthy choice the easy choice” for Hawaii. Sugary beverages like soda have no nutritional value with a high number of calories. Especially in light of Hawaii’s high rates of diabetes and national obesity trends, our keiki deserve every early opportunity for healthier foods and beverages. As a nurse and a mother, I strongly urge you to vote in favor of SB549, making it easier for caregivers to nourish the keiki in their care with healthy drinks when ordering children’s meals.

From: hoart@everyactioncustom.com on behalf of [Paul Ho](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Friday, February 15, 2019 3:38:37 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Paul Ho
88 Piikoi St Apt 3903 Honolulu, HI 96814-4284

From: huynhjas@everyactioncustom.com on behalf of [Jason Huynh](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Friday, February 15, 2019 10:08:25 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I am a medical student and I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

Sugary drinks are a major cause of diabetes mellitus type II and many other chronic diseases. By promoting sugary drinks early in life, it creates an incentive for calorie over-consumption throughout life. I advise that we start kids off right by promoting healthy beverages while they are young.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Jason Huynh
1024 Kinau St Honolulu, HI 96814-1002

From: john.s.ishoda@everyactioncustom.com on behalf of [John Ishoda](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Tuesday, February 19, 2019 11:34:25 AM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
John Ishoda
1700 Lanakila Ave Rm 104 Honolulu, HI 96817-2115

From: michellek303@everyactioncustom.com on behalf of [Michelle Kwock](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Friday, February 15, 2019 7:28:58 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Michelle Kwock
814 Kinau St Apt 303 Honolulu, HI 96813-2527

From: kurikir001@everyactioncustom.com on behalf of [Ronald Kuriki](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Friday, February 15, 2019 5:02:43 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Ronald Kuriki
1655 Palolo Ave Apt C Honolulu, HI 96816-2586

From: mkyono@everyactioncustom.com on behalf of [Mae Kyono](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Saturday, February 16, 2019 9:47:21 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Mae Kyono
1319 Punahou St Honolulu, HI 96826-1001

From: cricketlachica@everyactioncustom.com on behalf of [Christopher La Chica](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Friday, February 15, 2019 3:03:54 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Christopher La Chica
94 -1410 Lanikuhana Ave Mililani, HI 96789-2452

From: rhiana.lau@everyactioncustom.com on behalf of [Rhiana Lau](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Tuesday, February 19, 2019 11:43:19 AM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Rhiana Lau
1401 S Beretania St Honolulu, HI 96814-1870

From: levin@everyactioncustom.com on behalf of [Mark Levin](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Friday, February 15, 2019 2:52:44 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Mark Levin
2515 Dole St Honolulu, HI 96822-2350

From: lauren.loor@everyactioncustom.com on behalf of [Lauren Loor](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Friday, February 15, 2019 4:37:26 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Lauren Loor
2430 S Kihei Rd Kahului, HI 96732

From: dsegalmatsu@everyactioncustom.com on behalf of [Doris Segal Matsunaga](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Monday, February 18, 2019 3:34:04 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Doris Segal Matsunaga
98 -897 Kaonohi St Apt D Aiea, HI 96701-2464

From: shayda_marciel@everyactioncustom.com on behalf of [Shayda Marciel](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Tuesday, February 19, 2019 7:51:21 AM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Shayda Marciel
3577 Lala Rd Lihue, HI 96766-9520

From: bmih@everyactioncustom.com on behalf of [Bryan Mih](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Saturday, February 16, 2019 11:25:50 AM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

As a pediatrician who sees many keiki and families dealing with obesity, I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Bryan Mih
1944 Naniu Pl Honolulu, HI 96822-1758

From: molnarhaley@everyactioncustom.com on behalf of [Haley Molnar](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Monday, February 18, 2019 10:58:38 AM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Haley Molnar
10590 Ward Rd Dunkirk, MD 20754-2730

From: morenochow@everyactioncustom.com on behalf of [MARIA MORENO-CHOW](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Saturday, February 16, 2019 7:52:15 AM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
MARIA MORENO-CHOW
548 Ulua St Kailua, HI 96734-4341

From: nihipalim001@everyactioncustom.com on behalf of [Michele Nihipali](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Friday, February 15, 2019 2:54:58 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Michele Nihipali
54 -074 Kamehameha Hwy # A Hauula, HI 96717-9647

From: barbrick@everyactioncustom.com on behalf of [Barbara Nosaka](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Friday, February 15, 2019 3:28:06 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Barbara Nosaka
2216 Hoonanea St Honolulu, HI 96822-2427

From: patti.ornellas@everyactioncustom.com on behalf of [Patti Ornellas](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Friday, February 15, 2019 3:18:58 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Patti Ornellas
3343 Kanakolu St Lihue, HI 96766-1089

From: romeroh@everyactioncustom.com on behalf of [Haleigh Romero](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Friday, February 15, 2019 3:29:45 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Haleigh Romero
45 -710 Hinamoe Loop Kaneohe, HI 96744-1817

From: ropa@everyactioncustom.com on behalf of [Denise Ropa](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Friday, February 15, 2019 4:30:04 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Denise Ropa
29 Paina Pl Lanai City, HI 96763

From: freud@everyactioncustom.com on behalf of [michelle schiff](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Friday, February 15, 2019 3:52:07 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
michelle schiff
1655 Kanapuu Dr Kailua, HI 96734-4183

From: aseales@everyactioncustom.com on behalf of [Allison Seales](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Friday, February 15, 2019 3:29:19 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Allison Seales
1441 Kapiolani Blvd Ste 1802 Honolulu, HI 96814-4408

From: leila_ventaf@everyactioncustom.com on behalf of [Leila Ventar](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Friday, February 15, 2019 5:13:53 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Leila Ventar
4309 Kailewa St Lihue, HI 96766-9412

From: melaniewillich@everyactioncustom.com on behalf of [Melanie Willich](#)
To: [CPH Testimony](#)
Subject: Strong Support of SB549, Relating to Healthy Beverages for Children
Date: Tuesday, February 19, 2019 1:28:05 PM

Dear Senate Committee on Commerce, Consumer Protection, and Health,

The Honorable Rosalyn H. Baker, Chair
The Honorable Stanley Chang, Vice Chair
Members of the Senate Committee on Commerce, Consumer Protection, and Health

Hrg: February 20, 2019 at 9:15 AM at Capitol Room 229

I strongly support SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

This bill will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda and fruit punch are already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health. I strongly support SB549 and respectfully ask you to pass this out of committee.

Sincerely,
Melanie Willich
PO Box 1005 Honokaa, HI 96727-1005

LATE

SB-549

Submitted on: 2/19/2019 7:17:24 PM

Testimony for CPH on 2/20/2019 9:15:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Lauren Loor	Individual	Support	No

Comments:

I **strongly support** SB549, which promotes healthy beverage options by making the default beverage offered in restaurants with children's meals a healthy drink.

Sugary drinks are the single largest source of added sugars in our kids' diets, making up half of all sugars consumed. Soda is already too high in sugar for kids, yet it is usually the default beverage served with children's meals. Consuming just one sugary drink a day significantly increases a child's risk to type 2 diabetes, becoming overweight, and developing tooth decay. With restaurants and fast-food establishments becoming a convenient and popular option for many families, dining out options can affect a child's diet, making this policy particularly effective in improving children's health.

SB549 will help support families by providing more healthy choices for kids. Instead of getting a sugary drink by default, the meal will come with water or milk. It is never too early for children to practice healthy eating habits such as eating well and exercising regularly. Food establishments are an ideal venue for children to practice these healthy habits and to make it easy for families to make the healthy choice.

Passage of SB549 will make Hawai'i the second healthy by default state, after California. Our keiki are sweet enough. This is a step in the right direction to support parents' efforts to protect their children's health.

I strongly support this measure and respectfully ask you to **support SB549**.

Mahalo,

Lauren Loor

LATE

SB-549

Submitted on: 2/20/2019 7:48:51 AM
Testimony for CPH on 2/20/2019 9:15:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Megan Tabata	Individual	Support	No

Comments:

Petition to Submit Testimony in Support of SB549

Petition summary and background:	As Registered Dental Hygienists in the state of Hawaii, we are in SUPPORT of SB549. We routinely see Hawaii's keiki with a high rate of dental decay which is exacerbated by exposure to a high sugar diet. This measure will offer families a choice to choose healthier beverage alternatives which will ultimately help to reduce dental decay in our keiki.
Action petitioned for:	We, the undersigned, are concerned citizens who urge our leaders to act now to SUPPORT SB549 and offer families a choice to choose healthier beverage alternatives, helping to reduce dental decay in Hawaii's keiki.

Printed name	Signature	Address	Comment	Date
Shirley Chun, RDH		scpinksky@gmail.com		
Jamie Tengan, RDH		jamzan10@gmail.com		
Faye Fox, RDH		fnf1464@gmail.com		
Darlee Motosue, RDH		dkmotosue@yahoo.com		
Audra Dennis, RDH		oceanbreeze@gci.net		
Gaea Tunnissen, RDH		gaea.tunnissen@gmail.com		
Arimxay Varel, RDH		aavarel19@gmail.com		
Ariel Ita, RDH		ariel1214@yahoo.com		
Jennifer Shiroma, RDH		jshiroma@hawaiifamilydental.com		
Christine Schroeder, RDH		dnqtrdh808@gmail.com		
Cynthia Taylor, RDH		cynktaylor@gmail.com		
Chelsea Acob, RDH		cjba@hawaii.edu		
Lorie Calma, RDH		l0121376@aol.com		
Linda Kang, RDH		lindakan@hawaii.edu		
Andrea Hetherington, RDH		aih.rdh13@gmail.com		
Susan Eladnani, RDH		susaneladnani@gmail.com		
Iris Woolsey, RDH		igttwink@hawaii.rr.com		
Crystal Egusa, RDH		cegusa@gmail.com		
Samantha Fisher, RDH		samjfisher@yahoo.com		

Printed name	Signature	Address	Comment	Date
Kim Schneider, RDH		kschneider@hawaii.rr.com		
Marilyn Nonaka, RDH		texaninhawaii@gmail.com		
Stacy Matsuyama, RDH		smsekioka@gmail.com		
Tabitha Kukahiko, RDH		tabitha4avon@yahoo.com		
Marie Duke, RDH		maduke92254@gmail.com		
Rayann Bautista Echavez, RDH	RDH	rayannrdh@gmail.com		
Anna Akaka, RDH		annaakaka@gmail.com		
Kyoko Tomita, RDH		kyotokomrdh@gmail.com		
Candace Kawakami, RDH		denniskawakami@hawaii.rr.com		
Tori Clegg, RDH		tlegg09@gmail.com		
Melorie Yuen, RDH		melorieyuen@gmail.com		
Michelle Estakaya, RDH		estamichelle@gmail.com		
Donna Christman, RDH		dchristman76@gmail.com		
Tracy Furukawa, RDH		alanandrtracy@hawaiiantel.net		
Caroline Kanno, RDH		smile@hawaiidentaltemp.com		
Chanda Park, RDH		chandapark@gmail.com		
Maile Mokulehua, RDH		41dash@gmail.com		
Jan Migita, RDH		migitajans@gmail.com		
Steffany Giammalvo, RDH		steffgiammanlvo@gmail.com		
Mavis Gushiken, RDH		mavisg808@hawaii.rr.com		
Shori Patten, RDH		shori21@aol.com		
Jackie Sawai, RDH		jackiesawai@gmail.com		
Valerie Zukeran, RDH		theheartofbusiness@gmail.com		
Stacie Okihara, RDH		skye_lar@hotmail.com		
Jaimie Yuen, RDH		jyuen001@hawaii.rr.com		
Sandy Bangert, RDH		skirkoski@icloud.com		
Natasha Fong, RDH		fongn@hawaii.edu		
Kimi Yagi, RDH		kannyagi@gmail.com		
Jessica Busby, RDH		jessica_mowder@hotmail.com		
Samantha Boroff, RDH		boroff.212@osu.edu		
Alaina Pacheco, RDH		amprdh555@gmail.com		
Emeraude Thai, RDH		amythai@msn.com		

Printed name	Signature	Address	Comment	Date
Audra Nakamatsu, RDH		anakamatsu@hotmail.com		
Nahoku Keala, RDH		nahokukeala@gmail.com		
Katrina Dela Cruz, RDH		ktdlcr@yahoo.com		
Carly Takara, RDH		cftakara@gmail.com		
Gayle Chang, RDH		gchang50@gmail.com		
Donna Altshul, RDH		daltshul@westhawaiiichc.org		
Mikiel Lina Agoy, RDH		m.linardh@gmail.com		
Allie Jefferies, RDH		alliejefferiesrdh@gmail.com		
Carolyn Nacapuy, RDH		battulayan@yahoo.com		
Elsie Santos, RDH		nontoxic808@gmail.com		
Janice Blaser, RDH		alohajuice@hotmail.com		
Jennifer Fajardo, RDH		healthysmile@yahoo.com		
Erica Tabalba, RDH		etabalba@gmail.com		
Nicole Florendo-Serai, RDH		localgirl521@yahoo.com		
Gail Pang, RDH		batsnookums@yahoo.com		
Deb Mapel, RDH		dmapel@hawaii.edu		
Karen Nagamine, RDH		cn1cn2605@yahoo.com		
Amy Tsubota-Cruz, RDH		aimsstsu@gmail.com		
Shirley Li, RDH		sara_li88@ymail.com		
Brenda Yospe, RDH		byospe@hotmail.com		
Megumi Kodama, RDH		mequ2_4@hotmail.com		
Yvette Like, RDH		kaiulani67@yahoo.com		
Mie Choe, RDH		mrainbow0220@gmail.com		
Diane Clements, RDH		clements002@hawaii.rr.com		
Theresa Brown, RDH		terri4brown@aol.com		
Sarah Kolar, RDH		skolar.rdh@gmail.com		
Michelle Baniaga, RDH		michellehullrdh@hotmail.com		
Robyn McCarthy, RDH		mccarthyrdh@gmail.com		
Marian Manoais, RDH		dentalhygienist07@yahoo.com		
Lenora Marks, RDH		leimarks@yahoo.com		
Janet Ancheta, RDH		janetancheta9@gmail.com		
Jamie Pang, RDH		Opbpep@aol.com		

Printed name	Signature	Address	Comment	Date
Lehua Bolton, RDH		lehuakaala@yahoo.com		
Dollcy Gebauer, RDH		Dollcydones@yahoo.com		
Joanne Takahashi, RDH		itaki808@gmail.com		
Melinda Lau, RDH		Mellau@gmail.com		
Lori Tamayori, RDH		misoyucky@gmail.com		
Dawn Teshima, RDH		det@hawaii.rr.com		
Raynette Kodama, RDH		raynettekodama@hawaii.rr.com		
Tori Clegg, RDH		Tclegg09@gmail.com		
Joycelyn Swan, RDH		jwan02@hotmail.com		
Karen Guevarra, RDH		joyerz@aol.com		
Joana Shin, RDH		Joana.choy@gmail.com		
Noelani Greene, RDH		jusnoe@aol.com		
Christen Coloma, RDH		christen.coloma@gmail.com		
Gerraine Hignite, RDH		gerrainehignite@gmail.com		
Rachel Ament, RDH		Rachelqryan@gmail.com		
Linda Austin, RDH		linda.austin@doh.hawaii.gov		
Pearl Arrington, RDH		pmardh@aol.com		
Elaine Baker, RDH		kulasky11@google.com		
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