

DAVID Y. IGE
GOVERNOR OF HAWAII



CAROLINE CADIRAO
PSM MANAGER

BRUCE ANDERSON
DIRECTOR OF HEALTH

STATE OF HAWAII
EXECUTIVE OFFICE ON AGING
NO. 1 CAPITOL DISTRICT
250 SOUTH HOTEL STREET, SUITE 406
HONOLULU, HAWAII 96813-2831
eoa@doh.hawaii.gov

Testimony COMMENTING on HB0468
Relating to the Health

COMMITTEE ON HUMAN SERVICES & HOMELESSNESS
REPRESENTATIVE JOY A. SAN BUENAVENTURA, CHAIR
REPRESENTATIVE NADINE K. NAKAMURA, VICE CHAIR

COMMITTEE ON HEALTH
REPRESENTATIVE JOHN MIZUNO, CHAIR
REPRESENTATIVE BERTRAND KOBAYASHI, VICE CHAIR

Testimony of Caroline Cadirao
PSM Manager, Executive Office on Aging
Attached Agency to the Department of Health

Hearing Date: February 13, 2019
8:45A.M.

Room Number: 329

- 1 **EOA's Position:** The Executive Office on Aging, an attached agency to the Department of
- 2 Health, supports this measure provided that its enactment does not reduce or replace priorities
- 3 within the Administration's executive biennium budget.
- 4 **Fiscal Implications:** This measure appropriates \$605,000 for the Healthy Aging Partnership for
- 5 FY 2019-2020.
- 6 **Purpose and Justification:** Led by the Executive Office on Aging and Department of Health
- 7 Chronic Disease Branch, Hawaii's Healthy Aging Partnership (HHAP) was convened in 2003 to
- 8 improve health of older adults through two evidence-based intervention programs, Better
- 9 Choices Better Health (BCBH) and Enhance@Fitness.

1 BCBH is a six-week self-management workshop developed by Stanford University that teaches
2 participants skills to manage their health conditions and interact with their health care providers.
3 The workshop does not replace prescribed treatment but supports medical-professional treatment
4 plans. In the State of Hawaii, an individual spends on average about \$20,477 per year on
5 emergency room visits and hospitalizations. The National Council on Aging estimates that a
6 BCBH participant saves an average of \$499.12 per year on health care costs. The State of
7 Hawaii BCBH program operates in collaboration with the Hawaii State Department of Health
8 Diabetes Prevention Program. Since its inception, 2,785 individuals across the State participated
9 in BCBH. Pre-and post-test data showed fewer visits to physicians' offices and emergency
10 rooms. In SFY 2018, 92 participants engaged in 10 workshops statewide.

11 Enhance®Fitness is an evidence-based exercise program designed to improve the health of older
12 adults and reduce health care costs by improving cardiovascular fitness, strength, flexibility, and
13 balance. In SFY 2018, Enhance®Fitness was available in the counties of Kauai and Maui. The
14 programs drew a total of 575 participants. Both the BCBH and the Enhance®Fitness programs
15 have shown that older adults with chronic conditions benefit by a focus on self-management
16 techniques and exercises to avoid long term complications of chronic conditions.

17 HHAP received \$550,000 in SFY2017 from the Hawaii State Legislature through ACT 103.
18 HHAP was unsuccessful in its competitive bids for federal funds in 2017. Without additional
19 funding, the HHAP may not be able to continue to offer the BCBH and Enhance®Fitness
20 programs to older adults in the State of Hawaii at its current level.

- 1 **Recommendation:** HHAP is not part of the Administration's budget request. We support
- 2 funding this important and effective public health intervention provided that its enactment does
- 3 not reduce or replace priorities with the Administration's budget request.
- 4 Thank you for the opportunity to testify.

HB-468

Submitted on: 2/7/2019 9:55:37 AM

Testimony for HSH on 2/13/2019 8:45:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
GARY SIMON	Individual	Support	Yes

Comments:

Dear Chair San Buenaventura, Vice Chair Nakamura, Honorable Members of the House Committee on Human Services and Homelessness, Chair Mizuno, Vice Chair Kobayashi, and Honorable Members of the House Committee on Health,

I am Gary Simon, Chairperson of the Policy Advisory Board for Elder Affairs (PABEA), which is an appointed board tasked with advising the Executive Office on Aging (EOA).

I am offering testimony on behalf of PABEA.

My testimony does not represent the views of the EOA but of PABEA.

PABEA wholeheartedly supports HB 468.

The Hawaii Healthy Aging Partnership (HAP) serves seniors and those with chronic health conditions through Better Choice Better Health (BCBH) and EnhanceFitness® programs.

The return on investment is 1.7 times: every dollar spent on HAP was estimated to save \$1.70 in healthcare costs.

The requested funding of \$605,000 is acutely needed for sustaining and expanding this highly effective program which improves the health and well-being of our seniors.

We urge you to support HB 468 and to recommend its passage.

We thank you for seriously considering the Bill.

Very sincerely,

Gary Simon

Chairperson, Policy Advisory Board for Elder Affairs (PABEA)

MICHAEL P. VICTORINO
Mayor

WILLIAM R. SPENCE
Acting Director
Housing & Human Concerns

LORI TSUHAKO
Deputy Director
Housing & Human Concerns



DEBORAH STONE-WALLS
Executive on Aging

PHONE (808) 270-7755

FAX (808) 270-7935

E-MAIL: mcoa.adrc@mauicounty.gov

COUNTY OF MAUI
DEPARTMENT OF HOUSING AND HUMAN CONCERNS
MAUI COUNTY OFFICE ON AGING
AN AREA AGENCY ON AGING

J. WALTER CAMERON CENTER
95 MAHALANI STREET, ROOM 20
WAILUKU, HAWAII 96793

HOUSE COMMITTEE ON HUMAN SERVICES & HOMELESSNESS

The Honorable Joy A. San Buenaventura, Chair
The Honorable Nadine K. Nakamura, Vice Chair

HOUSE COMMITTEE ON HEALTH

The Honorable John M. Mizuno, Chair
The Honorable Bertrand Kobayashi, Vice Chair

HOUSE COMMITTEE ON FINANCE

The Honorable Sylvia Luke, Chair
The Honorable Ty J.K. Cullen, Vice Chair

HB 468, RELATING TO THE HEALTHY AGING PARTNERSHIP PROGRAM

Testimony of Kevin J. Dusenbury, Jr.
Acting Wellness Coordinator, Maui County Office on Aging (MCOA)

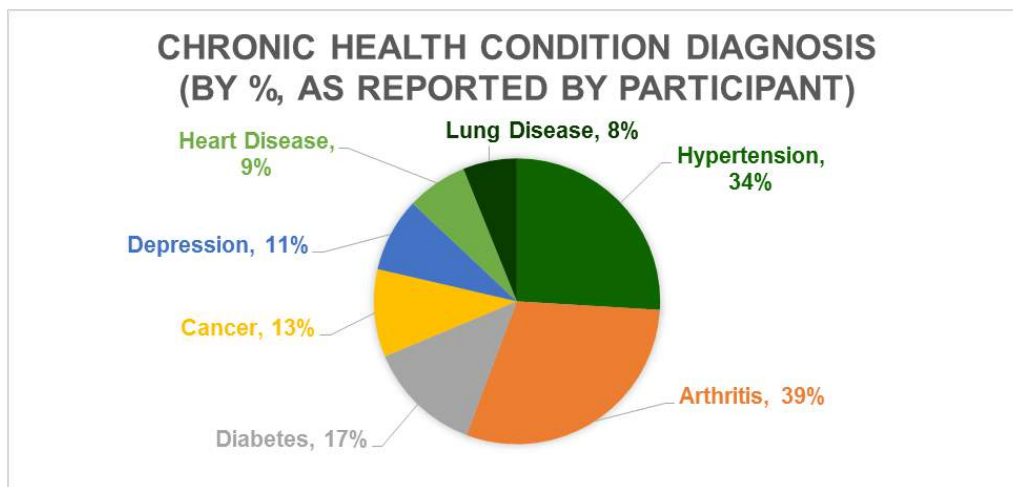
Hearing Date: Wednesday, February 13, 2019 at 8:45 a.m.
Room Number: Conference Room 329

MCOA's Position: The Maui County Office on Aging (MCOA) is in **strong support** of **HB 468**, the Executive Office on Aging (EOA), and the Hawaii Healthy Aging Partnership (HHAP). The Healthy Aging Partnership, through the Executive Office on Aging, received funding for fiscal year 2017-2018 through Act 103, Session Laws of Hawaii 2017; but the program did not receive funding for fiscal year 2018-2019. As mentioned in HB 468, MCOA strongly supports the funding request for the Hawaii Healthy Aging Partnership in the amount of \$605,000.

Purpose and Justification: Census projections indicate that the senior population in Hawaii will almost double during the period between 2010 and 2020 with the highest percentage increase occurring in those over the age of 85. Even though falling is not considered a normal part of the aging process, the incidence of falls increases dramatically as we age. To increase the overall wellness of our community members, **proactive** efforts are required now. ***Keeping seniors healthy and at home is the most cost-effective manner*** to address the needs of one of our most valuable societal resources.

At the Area Agency on Aging level, we have developed a core of dedicated trainers and participants that have allowed our Enhance®Fitness program to thrive within our culturally diverse community. Among respondents to our program surveys, Enhance®Fitness participants reported that they are extremely satisfied with the evidence-based exercise program, rating it an average 9.5 out of 10; and 100 percent of respondents informed us that they would take the class again after being enrolled with the program for 16 weeks.

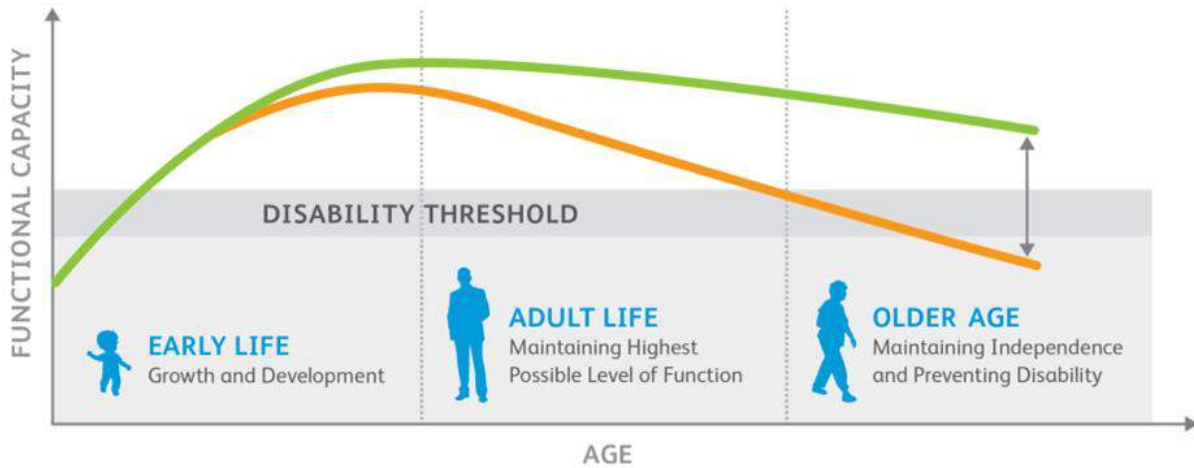
Unfortunately without funding, MCOA will be unable to continue to expand this evidence-based program to additional community members, who are often afflicted by various chronic health conditions such as diabetes, heart disease, and hypertension. According to Hawaii Healthy Aging Partnership data, health care savings are estimated to be \$1,373 per participant¹, and our agency believes that Enhance®Fitness can positively impact our healthcare system further while increasing the quality of life of our aging community members if we are able to further grow and develop our class offerings.



Since its inception, our program has provided 852 participants with the opportunity to improve their overall health and maintain their independence as they age. Of those 852 participants, 73 percent is aged 70 and older, and **74 percent of our total participants have improved or maintained at average or above on the Rikli-Jones norms.** Furthermore, **71 percent of our total participants improved in their ability to complete the “up and go” exercise, which measures transfer ability and is a key indicator of risk for falls.** HB 468 will help further the efforts to expand the Hawaii Healthy Aging Partnership and the Maui County Office on Aging; which will further create a sustainable, integrated evidence-based healthy aging program network in Hawaii.

¹ University of Memphis School of Public Health (2017) Healthcare Cost Savings Estimator Tool; CDSMP. <http://www.ebp-savings.info/>

Aging in better health across the life course can reduce disease and disability in older age.



Source: Adapted from Kalache, A., Kickbush, I. A Global Strategy for Healthy Ageing. World Health, 1997 50(4)-5.

We are fully committed to this initiative and working with the Hawaii Healthy Aging Partnership, the Executive Office on Aging, our community, and sustainability partners in order to better serve our community. If funding is appropriated, the Maui County Office on Aging will secure additional Enhance®Fitness and instructors especially for underserved areas of Maui County; expand our class offerings once additional sites and instructors are secured; and continue to maintain our current offerings of Enhance®Fitness classes already serving our community.

Thank you for your time and consideration with proposed bill, HB 468.

Date: Feb 7 2019

TO: State Legislators

FROM: Rosemarie Phillips of Kihei
Charlyne Medeiros daughter

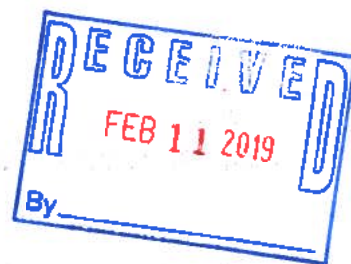
SUBJECT: **Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Hale Mahalo Eho in Kihei.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Rosemarie Phillips
Charlyne

Date: 3/6/2019

TO: State Legislators

FROM: Fumio Tsuji of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Rosehau in Wailuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Fumio Tsuji

This is a stimulating program and very beneficial for a 100 yrs of man in his effort to maintain good health.
F.T.

Date: 2/6/19

TO: State Legislators

FROM: Suzanne Ake of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Roselani Place in Wailuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

I love the exercises & teacher - it really makes a difference!
Please continue funding the Enhanced Fitness program

Date: 2/6/19

TO: State Legislators

FROM: Steve Parabolici of Haiku, Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Rose Lan. Place in Kahului, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Steve Parabolici

Preventative programs like this save money in the long run. More importantly, seniors get to live more active & healthy lifestyles. Please continue to support this program!

Date: 2/6/19

TO: State Legislators

FROM: Minnie Sumata of Kahului, Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Rose Lane in Kahului, Maui

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

I enjoy this class, I'm getting stronger, and my knee doesn't hurt too much now.

Date: 2/6/19

TO: State Legislators

FROM: Louise Ishii of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- **HB 468**
- **SB 1026**

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Roselan Place in Waikuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

I like everything - it keeps me mobile and happy! Socializing also!

Date: 2/6/19

TO: State Legislators

FROM: Masako ~~St~~ Kabanira of Kahului

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Rosehoni Place in Wailuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Exercise helps me feel strong - takes away pain! Thank you!

Date: 2/6/19

TO: State Legislators

FROM: Opiko Kibukawa of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Roselani Place in Wailuku

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Helps my health!!

Date: February 6 2019

TO: State Legislators

FROM: Sylvia Ishikawa of Enhance Fitness ^{Kahului} Roselani Place

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Enhance Fitness in ~~Sabana~~ Roselani Place

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Sylvia Ishikawa

This program has helped me tremendously in my physical health. I am more "balanced" and more aware of the importance of exercise!
Thank you!

Date: Feb. 6 2019

TO: State Legislators

FROM: Charlotte Wilkinson of Kahului, HI

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Roselani Place in Kahului

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

This is an enjoyable class; we have participants up to 100 years old. Amazing. This class is helping me build muscles so I am feeling fine. The socialization before & after class builds strength for all of us. This group of 15-20 is our Blue Zones moai. Thank you for this class. Thank you to our teacher, Jaed.

Date: 2-6-19

TO: State Legislators

FROM: Yasuo Taguchi of Roselani Place

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Roselani Place in Kahului HI 96732

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Yasuo Taguchi

Program makes me feel good

Date: Feb 6, 2019

TO: State Legislators

FROM: Toshiko Sugiki of Waialua

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kihei Place in Kaunoi.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Toshiko Sugiki

I enjoy the class because it keeps me healthy and fit.

Date: February 6 2019

TO: State Legislators

FROM: Thelma Shimobuku of Kahului

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Enhance Fitness in Rosealani Place Kahului

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Thelma Shimobuku

I am 92 years old, I have been exercising for about 3 years. I feel energetic and happy. This fitness program is very good!
Thank you!

Date: 4-5-19

M

TO: State Legislators

*Enhanced Fitness
Kahala Roselani*

FROM: Winnie Wagstaff

of Kahala Roselani

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahala Roselani in Kahala.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Winnie Wagstaff

*This program has helped me
keep physically active -
mobile -*

Date: 2/6/19

TO: State Legislators

FROM: Frances Testhona of Wailuku Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Rosemont Assisted Living in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Frances Testhona

I credit the Enhance fitness program for my good health so I can still live independantly.

Date: 2-6-19

TO: State Legislators

FROM: Momoyo Shimada of Kahului Rosalani Assst Liv

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Rosalani
Wed in Friday.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Momoyo Shimada

I am 91 years old. I was in car accident and I can't drive (car total loss) I used to sit down + exercise + now can stand + exercise Great exercise

Date: 2-6-19

TO: State Legislators

FROM: Betty Katsuda of Kahului, Maui
Roy Katsuda

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Betty Katsuda
Roy Katsuda

Date: 2/6/19

TO: State Legislators

FROM: Martha Tabisola of 450 Onehee Avenue
Kahului Maui
Hawaii

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kahului Maui
Hawaii

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Martha M. Tabisola

Date: 2/6/19

TO: State Legislators

329 Malokae Hema St

FROM: Miyoko Carol Omura of Kahului, HI 96732-2027

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului, HI 96732-2027.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date: 2/6/19

TO: State Legislators

FROM: Lucy Peros of Kahului

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Lucy Peros

Date: 2-06-19

TO: State Legislators

FROM: Joy Yamane of Wailuku, Hawaii

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului, Hawaii.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Joy Yamane

Date: Feb 6, 2019

TO: State Legislators

FROM: Kathleen K. Moniz of (Waikeke, Hawaii
Kahului Union Church)

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Kathleen K. Moniz

Date: 2/6/19

TO: State Legislators

FROM: Magdalena Ballasteros of Kaunoi, HI

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kaunoi, Alison Church in Kaunoi.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Magdalena Ballasteros

Date: 2/6/19

TO: State Legislators

FROM: Hazel Shirata of _____

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Hazel Shirata

Date:

TO: State Legislators

FROM: Dorothy Tam Ho of Kahului, Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Dorothy Tam Ho

Date: 02/06/19

TO: State Legislators

FROM: Lora Sasaki of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Lora Y. Sasaki

Date: 2-6-19

TO: State Legislators

FROM: Karen Tanaka of Kah Union Church -

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului, HI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Karen Tanaka

Date: Feb 6, 2019

TO: State Legislators

FROM: Jeanne Abe of 28 Pakakaiko Pl
Waialua HI 96793

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kahului 96743.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Jeanne Abe

Date: 2/6/19

TO: State Legislators

FROM: Michie K. Chee of Enhanced Fitness

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Michie K. Chee

Date: 1/6/19

TO: State Legislators

FROM: Edith Matsumoto of EnhanceFitness - Kahului United Church

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at KUC in Kahului, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Edith Matsumoto

Date: 2/4/19

TO: State Legislators

FROM: Bernice Saki of EnhanceFitness

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Bernice Saki

Date: 2-8-19

TO: State Legislators

FROM: Nancy Yamashita of Kahului

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Nancy Yamashita

Please help us to continue this vital program for us seniors.

Date: 2/6/19

TO: State Legislators

FROM: Yemiko Nako of Kahului

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kahului, HI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Yemiko Nako

Date: 2/6/2019

TO: State Legislators

FROM: Jean Kawada of Wailuku, HI 96793

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului, HI 96132.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Jean Kawada

I am a charter member of this group, and attended classes for over 6 years. Here I have made many new friends, enjoyed maintaining my muscles and movement, and found a great source of fun. This program enhances the quality of my life. Thank you for underwriting this program!

Date: 2-6-19

TO: State Legislators

FROM: Mildred Tashiro of Kahului, Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kah, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Mildred Tashiro

Date: 2-16-19

TO: State Legislators

FROM: Janet Higa of KAHULUI

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Hall in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Janet Higa

Date: Feb 4 / 20 19

TO: State Legislators

FROM: CLIFFORD SAITO of KAHULUI UNION

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

KAHULUI UNION HALL in KAHULUI

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date: Feb 6, 2019

TO: State Legislators

FROM: Allen Shishido of Kahului, Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului, ~~Hawaii~~ Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Allen Shishido

This program is fantastic!

Date: 02/06/2019

TO: State Legislators

FROM: Jan Shishido of Kahului, Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Jan Shishido

Date: Feb 6 / 19

TO: State Legislators

FROM: TWILA FOLDEN of HAIKU, HI.

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahala Union Church in Kahala.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Twila Folden

Date: Feb 6, 2019

TO: State Legislators

FROM: Lillian Chun of Kahului

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Lillian A. Chun

Date: 2/6/19

TO: State Legislators

FROM: Merte Momifa of Waialeale, Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Merte Momifa

*Please support our enhance fitness program!
We enjoy the program & are able to exercise
with people of all ages.*

Date: 2/26/19

TO: State Legislators

FROM: VERONICA GOMES of KAHULUI

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at KAHULUI UNION CHURCH in KAHULUI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Veronica Gomes

Date: 02/06/2019

TO: State Legislators

FROM: Kazuko Takiguchi of Wa'uku Maui
~~KUC Maui~~

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Kazuko Takiguchi

good fun, and more strong mind, body.

Date: Feb. 6, 2019

TO: State Legislators

FROM: Sanae Saito of _____

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului in KUC.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Sanae Saito
Come and visit us during
our exercise time. We love
to have you!
Please keep our program
going with the funding

Date: 2-5-'19

TO: State Legislators

FROM: Ethel Kawamura of Kahului, Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Ethel Y. Kawamura

Date: 2/2/19

TO: State Legislators

FROM: Beryl Matoi of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

I agree! I'd also like to see my next birthday, which is 93!

Thank you for supporting me and other kupuna!

Beryl Matoi

This exercise is also good for my brain & we have so much fun.

Date: 2/6/19

TO: State Legislators

FROM: Barbara Tadakama of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Barbara Tadakama

Date: 2/6/19

TO: State Legislators

FROM: Oliver Sugamora of Kaunaloa, HI

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Johnnie's Senior Center in Kaunaloa, HI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Mahalo! Oliver Sugamora

Date: _____

TO: State Legislators

FROM: _____ of _____

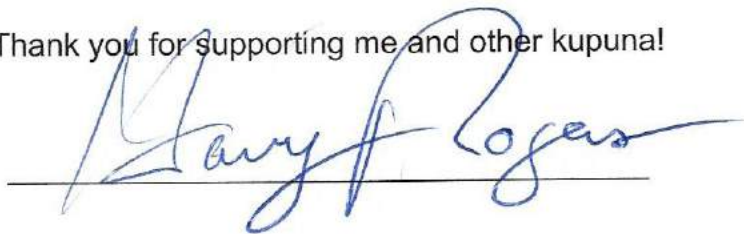
SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at _____ in _____.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date: 2/6/19

TO: State Legislators

FROM: Yacko Kobayashi of Kahului

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Yacko Kobayashi

Date: 2/6/19

TO: State Legislators

FROM: Pamela M. Ikeda of Waialake

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

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Thank you for supporting me and other kupuna!



Date: Feb 6, 2019

TO: State Legislators

FROM: Fumie Tanoue of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Fumie Tanoue

Date:

TO: State Legislators

FROM: Toshiko Nishihara of Kahului

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

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Thank you for supporting me and other kupuna!

Toshiko Nishihara

Date: 02/06/2019

TO: State Legislators

FROM: CAROL A. TAKAMORI of Wailuku

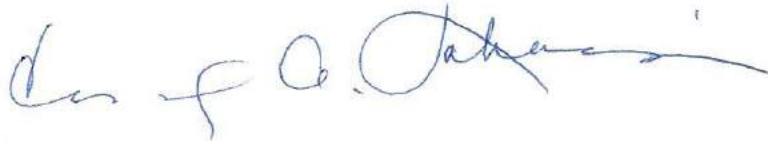
SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at KAHULUI UNION CHURCH in KAHULUI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date: 2/6/19

TO: State Legislators

FROM: Susan Hokama of Waiuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Susan Hokama

Date: 2-6-19

TO: State Legislators

FROM: Josephine M GILSMAN of KAHULUI

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at KAHULUI UNION in KAHULUI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date: 2/06/2019

TO: State Legislators

FROM: Tamayo Tokunaga of Kahalui Union Church

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahalui Union Church in Kahalui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Tamayo Tokunaga

Date: 2/6/19

TO: State Legislators

FROM: Adeline Daida of Kahului

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Adeline Daida
(JD)

Date: 2/6/19

TO: State Legislators

FROM: Dolly of _____

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Dolly Gushiken

Date: 2/4/19

TO: State Legislators

FROM: CHIERSO of _____

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Chiels Nagata

Date: 2/4/19

TO: State Legislators

FROM: Sumiko _____ of _____

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Sumiko Nishida

Date: 2/6/19

TO: State Legislators

FROM: maria T. Garcia of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

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Thank you for supporting me and other kupuna!

maria T. Garcia

Date:

TO: State Legislators

FROM: Jeanette M. Nakamura of Kah Union Enhanced Fitness

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

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Thank you for supporting me and other kupuna!

Jeanette M. Nakamura

Date: 2/6/19

TO: State Legislators

FROM: Anne Yoshioka of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

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Thank you for supporting me and other kupuna!

Anne Yoshioka

Date: 2/6/2019

TO: State Legislators

FROM: Epi Raema of Kahului

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union in Kahului.

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Thank you for supporting me and other kupuna!

Epi Raema

Date: 2/6/19

TO: State Legislators

FROM: Marion Nagamine of Kahului Union Church

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

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Thank you for supporting me and other kupuna!

Marion Nagamine

Date:

TO: State Legislators

FROM: Margaret Raymond of Kahului Union Enhanced Fitness

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union church in Kahului.

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Thank you for supporting me and other kupuna!

Margaret Raymond

Date: 02/06/19

TO: State Legislators

FROM: Sadae Yamanaka of Kahului

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

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Thank you for supporting me and other kupuna!

Sadae Yamanaka

Date: Feb 5, 2019

TO: State Legislators

FROM: Ella Lee of Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Makawao Hoqwanji in Makawao.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Ella Lee

Date:

TO: State Legislators

FROM: Joyce Mueda of Pukalani

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Makawae Hongwanji in Makawae.

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Thank you for supporting me and other kupuna!

Joyce Mueda

Date: 2/5/19

TO: State Legislators

FROM: Jan Lan Hee of Makawao Hongwanji
Enhance Fitness

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Makawao Hong. in Makawao, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Janice Jan Hee

Date: Feb. 5, 2019

TO: State Legislators

FROM: Ninfa Tolentinos of _____

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Maikunas Honyway's in Social Hall.

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Thank you for supporting me and other kupuna!

Date:

TO: State Legislators

FROM: SHARON NHEESH of MAUI

SUBJECT: Healthy Aging Partnership Proposed Bills

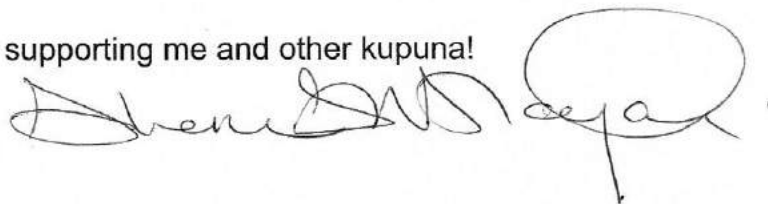
- HB 468
- SB 1026

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MAKAWAO HONGWANGI in SOCIAL HALL.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date: 2-5-19

TO: State Legislators

FROM: Debra Sturdevant of Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Makawao Hongwanji, in Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Debra Sturdevant

Date:

TO: State Legislators

FROM: Michele M. Baggot of Haiku, Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- **HB 468**
- **SB 1026**

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Makawao Henguripi in Makawao.

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Thank you for supporting me and other kupuna!



Date:

TO: State Legislators

FROM: JoAnn Wong of Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Makawao Huiyuanji in Maui.

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Thank you for supporting me and other kupuna!

Date:

TO: State Legislators

FROM: Andy Hirose of MAKAWAO

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

MAKAWAO HONGUANJ in MAKAWAO.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

It has helped me TRAVEL AND
ABLE TO WALK 32 miles in 8 days
at DISNEY WORLD @ age 83.



Date: 2-5-19

TO: State Legislators

FROM: Blanche Ho of Makawao Enhanced Fitness Class

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Makawao Hongwanji in Makawao, Maui
Buddhist Temple

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

This program has benefited me in many ways. I had ^{back} ~~arm~~ fracture and was hunching [^] badly. This program has helped me to regain my posture and keeps me moving 3 times a week (1 hr each session). I am now able to work on my avocado + persimmon farm.

Date:

TO: State Legislators

FROM: Hedy T. Sentani of Makawao Hongwanji

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Makawao Hongwanji in Makawao, HI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Date: 2/5/19

TO: State Legislators

FROM: Maren McBarnet of Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Makawao Hong Waiji in Makawao, Maui.

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Thank you for supporting me and other kupuna!

Date: 2/5/2019

TO: State Legislators

FROM: JULIE BRIDLE of MAUI

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at MAKAWAO HAWAIIAN S.I. in MAKAWAO.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Date:

TO: State Legislators

FROM: Motom Hironaka of Makawao, Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Makawao Tongwanji Mission in Makawao, HI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

I have become more physical fit with the program. I have gain stamina and with the program I do not have the aches and pains through out my body. It has greatly improve my health.

Thank you
Motom Hironaka

Date:

TO: State Legislators

FROM: Susan Scofield of Makawao, Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Makawao Hongwanji in Makawao, Maui

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Excellent program for seniors, better to keep healthy, mobile, independent, and happy through Enhance Fitness than sick, immobile, dependent and unhappy with caregivers or assisted living facilities

Date: 2/5/19

TO: State Legislators

FROM: Amy Teves of Makawao, Maui
Enhance Fitness

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Makawao Honoapiʻana in Makawao.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Date: 2/5/19

TO: State Legislators

FROM: John Suvich of Kula

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Pukalani Community Center in Pukalani.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Mahalo, John Suvich

Date: 2/5/19

TO: State Legislators

FROM: Colleen Wilty of Pukalani (Comm Center)

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Puk Comm Center in Pukalani.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

I love this class - keeps me active!

Colleen Wilty

Date: Feb. 5, 2019

TO: State Legislators

FROM: Cynthia Arakawa of Pukalani

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Hannibal Community Center in Pukalani.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Cynthia Arakawa

Date:

TO: State Legislators

FROM: Harriet Collopy of _____

SUBJECT: Healthy Aging Partnership Proposed Bills

- **HB 468**
- **SB 1026**

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Puhalani in circumstances. Xercise

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Harriet Collopy

Date: 2/5/19

TO: State Legislators

FROM: Judith Thomson of Kula, Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Tavares Center in Pukalani.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Judith Thomson

Date:

TO: State Legislators

FROM: Eleanor Schultz of Makawao

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

TAVARES Center in Pukalani, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Eleanor Schultz

This is very important to my health at age 78.

Date: 2/5/19

TO: State Legislators

FROM: Carole Fernandez of Kula, Maui, Hi.

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Hannabal Tavares in Pukalani, Maui
Community Civic Center

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Carole Fernandez

Date: 2/5/19

TO: State Legislators

FROM: Eve Harrison of Makawao, Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Pukalani Community Center in Pukalani, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Eve Harrison

Date: 2/5/19

TO: State Legislators

FROM: Patricia Oliveira of Maui

SUBJECT: Healthy Aging Partnership Proposed Bills

- **HB 468**
- **SB 1026**

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Hanibal Tavares Com. Center in Pukalani, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Patricia Oliveira

Date: 2/15/19

TO: State Legislators

FROM: Iris Nakata of Pukalani

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Hannibal Tavares Comm Ctr in Pukalani, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Iris M. Nakata

Date: 02/04/2019

TO: State Legislators

FROM: MYRNA H FUNG of WAILUKU, MAUI, HI

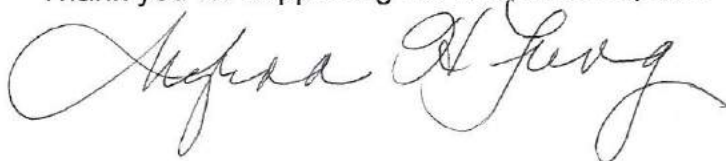
SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at St. Anthony Church in WAILUKU, MAUI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date: 2-4-2019

TO: State Legislators

FROM: Mercy Cabatingan of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

St Anthony of Padua in Wailuku, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Mercy Cabatingan

Date: 2/4/2019

TO: State Legislators

FROM: Nancy Kimura of Enhance Fitness

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

St Anthony School in Waileke, HI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Nancy Kimura

Date: Feb. 2, 2019

TO: State Legislators

FROM: Lorene Gagero of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at St. Anthony of Padua Church in Wailuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Lorene Gagero

Date: 7/4/2019

TO: State Legislators

FROM: Anicia Agasid of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

St Anthony in Wailuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Anicia Agasid

Date:

TO: State Legislators

FROM: Carmen J. Gebel of St. Anthony (Enhance Fitness)
classes

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

St. Anthony in Waialeale, Maui, HI

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Carmen J. Gebel

Date: Feb. 4, 2019

TO: State Legislators

FROM: Regina Aganos of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at St. Anthony's Church in Wailuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date:

TO: State Legislators

FROM: Linda Decker of St Anthony

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at St. Anthony in Wailuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Linda Decker

Date: 2/4/19

TO: State Legislators

FROM: Lani Scott of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at St. Anthony in Wailuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Lani Scott

Date: 2/4/2019

TO: State Legislators

FROM: Geraldine Sato of Enhance Fitness } Wailuku
St. Anthony

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at _____ in _____.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Geraldine Sato

Date:

TO: State Legislators

FROM: Susan Ventura of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

St. Anthony in Wailuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date:

TO: State Legislators

FROM: Sienei Alba-Meane of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- **HB 468**
- **SB 1026**

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

St Anthony in Wailuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Sienei Alba-Meane

Date:

TO: State Legislators

FROM: Kathy Biggs of Wailuku, HI

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

St Anthony Church in Wailuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Kathy Biggs

Date: 2/6/19

TO: State Legislators

FROM: Wendy Radimer of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at St. Anthony in Wailuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Wendy Radimer

Date:

TO: State Legislators

FROM: Linda Y. Oehara of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at St. Anthony of Maui in Wailuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Linda Y. Oehara

Date: 2-6-19

TO: State Legislators

FROM: Susan Antoku of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

St. Anthony H.S. in Wailuku

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Susan Antoku

Date: 2.6.19

TO: State Legislators

FROM: JOHN ANGLIST of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

St Anthony in Wailuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

John Anglist

Date: 2-4-2019

TO: State Legislators

FROM: DALIE SUGUITAN of WAILUKU

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

St. Anthony Parish in WAILUKU.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

D Suguitan

Date: 6 Feb 2019

TO: State Legislators

FROM: Nigel Keep of Wailuku, HI

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

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Nigel Keep

Date:

TO: State Legislators

FROM: Melinda Keep of Wailuku, HI

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

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Thank you for supporting me and other kupuna!

Melinda Keep

Date: 2/4/19

TO: State Legislators

FROM: Janice Lum of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

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Thank you for supporting me and other kupuna!

Janice Lum

Date:

TO: State Legislators

FROM: Vera De Mello of Wailuku

SUBJECT: Healthy Aging Partnership Proposed Bills

- **HB 468**
- **SB 1026**

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Vera De Mello

Date:

TO: State Legislators

FROM: Mary Ann Ludwig of _____

SUBJECT: Healthy Aging Partnership Proposed Bills

- **HB 468**
- **SB 1026**

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Mary Ann Ludwig

Date:

TO: State Legislators

FROM: Karen Moore of _____

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

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[Signature]

Date: Feb. 5, 2019

TO: State Legislators

FROM: Sherri Curry of Honokowai

SUBJECT: **Healthy Aging Partnership Proposed Bills**
• HB 468
• SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at WEST MAUI SENIOR CENTER in LAHAINA.

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Thank you for supporting me and other kupuna!

Date: Feb. 5, 2014

TO: State Legislators

FROM: Amy S Hussey of Lahaina, Maui

SUBJECT: **Healthy Aging Partnership Proposed Bills**
• HB 468
• SB 1026

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Thank you for supporting me and other kupuna!

Date: Feb. 5, 2019

TO: State Legislators

FROM: Joy Yamamoto of Lahaina

SUBJECT: **Healthy Aging Partnership Proposed Bills**
• HB 468
• SB 1026

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Thank you for supporting me and other kupuna!

Date: Feb. 5, 2019

TO: State Legislators

FROM: Carolyn Kam of Lahaina

SUBJECT: **Healthy Aging Partnership Proposed Bills**
• HB 468
• SB 1026

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Thank you for supporting me and other kupuna!

Date: Feb. 5, 2019

TO: State Legislators

FROM: Aracelis McCoy of Lahaina

SUBJECT: **Healthy Aging Partnership Proposed Bills**
• HB 468
• SB 1026

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PACIFIC CANCER FOUNDATION

Access. Knowledge. Support.

Aloha House members,

I am writing on behalf of Pacific Cancer Foundation (PCF) in support of HB468 relating to the Healthy Aging Partnership. PCF is a 501(c)3 nonprofit organization focused on providing free support programs for Maui's cancer community.

Better Choices Better Health (BCBH) has helped many people within our Maui community. One of the most popular programs we offer at PCF is a BCBH program called Thrive & Survive 6-Week Workshop. We hold the workshop multiple times per year and have no trouble filling the seats with cancer patients and caregivers in need of support and guidance. The program was developed by Stanford University and explores topics such as fatigue, cancer and effects of treatment, depression, body changes, living with uncertainty, discomfort and more. As a trained facilitator myself, I have seen firsthand the response from participants over the course of the class. There are men and women of all ages, all different ethnic and economic backgrounds - survivors, newly diagnosed, and support persons, who benefit from this program. Participants leave each class with tools to help them with the challenges that come up with a cancer diagnosis, as well as support from new friendships within the group.

We also do a 6 month and one year follow up to see how participants have carried what they learned with them into their everyday lives. During a 6-month reunion, participants meet together and share their experiences over the last 6 months, offering each other support and advice. When someone is diagnosed with cancer, they are left feeling overwhelmed with so much uncertainty, so many decisions to make, so many life changes in their work and personal lives as well as relationships. Being able to meet with others who are going through similar experiences, realizing they are not alone and that there are ways to cope with these challenges is life-changing.

The BCBH program greatly improves the quality of life of our Maui cancer patients and their friends, family and caregivers. I urge you to schedule the hearing for HB468 relating to the Healthy Aging Partnership Program.

Sincerely,

Natalia Rogers
Pacific Cancer Foundation

TO : **HOUSE COMMITTEE ON HUMAN SERVICES AND HOMELESSNESS**
Rep Joy A San Buenaventura, Chair
Rep. Nadine K Nakamura, Vice Chair

HOUSE COMMITTEE ON HEALTH
Rep Joy A. San Buenaventura, Chair
Rep Nadine K. Nakamura, Vice-Chair

FROM: Eldon L. Wegner, Ph.D.
Hawaii Family Caregiver Coalition

SUBJECT: HB 468 Relating to Health Aging Partnership Program

HEARING: Wednesday, February 13, 2019, 8:45 am
Conference Room 329, Hawaii State Capitol

POSITION: The Hawaii Family Caregiver Coalition **strongly supports** HB 468 which appropriates \$605,000 for each year of the biennium of 2019-20 and 2020-21.

RATIONALE:

The Hawaii Family Caregiver Coalition (HFCC) is a coalition of agencies and individuals committed to addressing the needs of family caregivers and improving the ability of family caregivers to provide quality care for their frail and disabled loved ones.

Healthy Aging Partnership Program

The Healthy Aging Partnership Program was founded in 2003 to improve the health status of older adults by empowering residents to make healthy decisions and engage in healthier lifestyles. The Partnership has received support from multiple funding streams, including grants and state and country budgets. The partnership entails a public-private partnership, with largely public funding of private providers offering the programs to the public. The University of Hawaii Public Health Program successfully adapted evidence-based health promotion programs and disease prevention programs for the multicultural population in Hawaii and has conducted continuous evaluation of the outcomes of the programs until last year.

The Partnership offers two evidence-based programs: 1) Better Choices, Better Health, a 6-week program on the self-management of chronic disease, and 2) EnhanceFitness, a three-times a week ongoing exercise program designed for older adults.

Better Choices, Better Health, has had a total of 1349 participants. The evaluation research found that participants had a decreased number of visits to physician offices and emergency rooms, and a cost-saving analysis estimated a net saving of \$640.91 per participant.

The EnhancedFitness Program served 1494 participants. After 16 weeks, participants reported fewer falls and increased number of days of being physically active. Improvements occurred in measures of physical function such as arm curls, chair stands, and up and go exercise. Funding for kupuna and caregivers statewide would

save \$141,000 and funding for EnhanceFitness for 575 kupuna would save \$789,000 in health care costs. Prevention programs are always cost-effective in regard to chronic disease.

The Health Aging Partnership Program in Hawaii has received several national awards, including the 2013 multicultural aging award from the American Society on Aging.

Inconsistent Support from the Legislature

Despite the achievements of the Health Aging Partnership Program, the awards which the program has received, and the fact that the program is one of the few state programs which implements evident-based interventions and has conducted systematic evaluations of the program outcomes, and offers documented evidence of cost-savings to the state, the Legislature has been sporadic in its support of the program and has not provided resources to allow the program to expand.

The Legislature failed to pass any appropriation for this program in the 2018-19 budget year. As a consequence, the City and County of Honolulu had to close its sites for the EnhancedFitness program. Kauai and Maui received some county funds to keep some of their programs open. Due to budget restrictions, a number of the trainers have lost their jobs. The Executive Office of Aging had to suspend the program evaluation contract with the Public Health Program at the University of Hawaii.

If the appropriation proposed in HB 468 fails to pass this session, the entire Healthy Aging Partnership may be ended. The consequence will be dire for the health of our citizens and also negative in driving up health care costs for the state.

I implore you to provide the modest appropriation for this very valuable program and hope you will consider expanding its reach to our population in the future.

Thank you
Eldon L. Wegner, Ph.D
Professor Emeritus in Sociology
University of Hawaii at Manoa

Testimony in Support, Zonta Club Of Hilo, for HB 468 Funding Healthy Aging Partnership Program

Hearing before the Committee on Human Services & Homelessness
and Committee on Health

February 13, 2019, Wed., 8:45 a.m; State Capitol Conference Room 329

Representatives Joy San Buenaventura and John Mizuno, Chairs, and Committee Members

The Zonta Club of Hilo supports the requested funding for the statewide Healthy Aging Partnership Program. Zonta is an international organization of business and professional women whose mission is to advance the status of women and girls.

The Zonta Club **voted recently to support Kupuna Caucus bills relating to Aging**, including the Healthy Aging Appropriation in HB 468, (companion SB 1026) for healthier lifestyle choices, Kupuna well-being and disease prevention and management; a “one-stop resource center” for aging and disability services (ADRC), Kupuna Care, Kupuna Caregivers Support, and Alzheimer and Dementia Coordinator. **As an organization, we realize that aging issues disproportionately impact women for two main reasons; 1) greater social, medical and economic costs associated with longer life-expectancies for women; and 2) women still bear most of the responsibilities of elder caregiving. Many Zontians are "Baby Boomers" who understand the challenges of being an "elder."**

We support HB 468, which provides funding for the statewide Health Aging Partnership. The best practices improve the health and well-being of elders by providing health promotion programs, disease prevention and management through healthy lifestyle choices, management of chronic diseases and enhanced fitness. Programs are evidenced-based interventions.

To reduce economic and social costs facing the elders, disabled, and their care-givers, we need collaborative, comprehensive implementation of "best practices." The practices must include a government and community "support net" through user-friendly access that empowers the elders to engage in healthy lifestyle choices and management of chronic disease to reduce the use of Kupuna Care Services in later life.

The Kupuna Caucus funding proposals would reduce the overall societal and economic costs by allowing the elders to age-in-place, surrounded by social supports, and avoiding costly institutional care and caregivers' burnout.

The funding will be helpful for Hawaii County, which has the challenge of being the largest county with strained infrastructure. Our super-rurality makes any delivery of services for elders and disabled more challenging. We continue to have the unfortunate status of being the county with the most "challenging" economic and social negative social indicators, including inadequate public transportation and insufficient primary health care services. Hawaii County's growing elder and disabled population is outpacing the current resources. Over 21% of the population is over 60. Kupuna Caucus funding bills, including HB 468, Healthy Aging Partnership Program, give us hope.

Thank you for your expected support and opportunity to testify.
Charlene Iboshi, Zonta Club of Hilo

The Thirtieth Legislature
Regular Session of 2019

HOUSE OF REPRESENTATIVES

Committee on Human Services and Homelessness

Rep. Joy A San Buenaventura, Chair

Rep. Nadine K. Nakamura, Vice Chair

Committee on Health

Rep. John M. Mizuno, Chair

Rep. Bertrand Kobayashi, Vice Chair

State Capitol, Conference Room 329
Wednesday, February 13, 2019; 8:45 a.m.

**STATEMENT OF THE ILWU LOCAL 142 ON H.B. 468
RELATING TO THE HEALTHY AGING PARTNERSHIP PROGRAM**

The ILWU Local 142 **supports** H.B. 468, which appropriates funds for the Healthy Aging Partnership program to further the program's role in improving the health and well-being of Hawaii's kupuna.

The Healthy Aging Partnership is a program that facilitates chronic disease management and exercise and fitness programs for the elderly to maintain their health. An evidence-based health promotion program, the Healthy Aging Partnership helps seniors to become more aware of their health and provides them with education and tools to help them eat right, adjust their lifestyles, exercise, and use medication and doctor visits appropriately. Hawaii's program received an award from the American Society on Aging in 2013.

The program is evidence-based and adds to the data that demonstrates what happens when chronic disease is properly managed and exercise and fitness are components of an elderly person's routine and lifestyle. Kupuna participating in the Healthy Aging Partnership are more active, healthier, and enjoy life.

The only drawback is that the Healthy Aging Partnership serves a limited number of kupuna. But if the appropriation called for in H.B. 468 is not provided, even fewer kupuna, and possibly none, will benefit from this program that has been able to keep seniors healthy and active. Replication of the program with a "train the trainer" component using volunteers may be something to consider to increase the numbers who could benefit from the Healthy Aging Partnership.

The ILWU urges passage of H.B. 468. Thank you for the opportunity to provide testimony on this measure.



HAWAII CHAPTER - AMERICAN PHYSICAL THERAPY
ASSOCIATION

(800) 554-5569 x13 • www.hapta.org • info@hapta.org

HB468, RELATING TO THE HEALTHY AGING PARTNERSHIP PROGRAM

House HMS/HLT Hearing

Wednesday, Feb 13, 2019 – 8:45 am

Room 329

Position: Support

Chairs San Buenaventura and Mizuno, and Members of the joint House HMS and HLT Committee:

I am Gregg Pacilio, PT and Board President of the Hawaii Chapter of the American Physical Therapy Association (HAPTA), a non-profit professional organization serving more than 300 member Physical Therapists and Physical Therapist Assistants. Our members are employed in hospitals and health care facilities, the Department of Education school system, and private practice. We are movement specialists and are part of the spectrum of care for Hawaii, and provide rehabilitative services for infants and children, youth, adults and the elderly. Rehabilitative services are a vital part of restoring optimum functioning from neuromusculoskeletal injuries and impairments.

HAPTA supports the request for funding for the Healthy Aging Partnership program which has successfully adapted evidence-based health promotion programs and disease prevention programs for the multicultural population in Hawaii. It provides accurate information to our kupuna. It provides classes about healthy living, chronic disease management, arthritis management, and diabetes management to empower kupuna and their caregivers. For example, the Enhanced Fitness program on Kauai allows kupuna to exercise in a safe manner, allowing for increased physical activity which has been shown to improve overall health factors and balance.

The Healthy Aging Partnership program is a valuable resource for the community as well as for physical therapists and other health professionals to refer people for both prevention and post-injury/medical complication for education and improved health.

Your support of HB468 is appreciated. Thank you for the opportunity to testify. Please feel free to contact Nick Bronowski, HAPTA's Elder Care Chair at (808)546-0937 for further information.

HB-468

Submitted on: 2/12/2019 7:13:38 AM

Testimony for HSH on 2/13/2019 8:45:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Melodie Aduja	O`ahu County Committee on Legislative Priorities of the Democratic Party of Hawai`i	Support	No

Comments:

HSHtestimony

From: Ben Viernes
Sent: Friday, February 8, 2019 9:53 AM
To: nakamura1 - Nichol
Subject: FW: HB468 HSH/HLT referral

-----Original Message-----

From: HLTtestimony
Sent: Friday, February 8, 2019 8:37 AM
To: Rep. Nadine Nakamura <repnakamura@capitol.hawaii.gov>; Ben Viernes <b.viernes@capitol.hawaii.gov>
Subject: FW: HB468 HSH/HLT referral

Hi Ben - for HSH testimony input.
Mahalo, Melvia

-----Original Message-----

From: phantomchef <phantomchefkay@gmail.com>
Sent: Friday, February 8, 2019 6:40 AM
To: HLTtestimony <hlttestimony@capitol.hawaii.gov>
Subject: HB468

Aloha,
Mahalo for your support of Healthy Aging Partnership(HAP) in bill HB468. I am a Kauai constituent and work with our kupuna. We need your continued support and funding for senior programs, specifically HAP and EnhanceFitness. Keeping our seniors active helps save \$ and keeps them out of hospitals.

Aloha,
Kay Holt
Kauai resident

Sent from my iPhone

Lori Tsuhako, LSW, ACSW
P.O. Box 1565
Wailuku, HI 96793
ltzuhako@hotmail.com

The Honorable Joy San Buenaventura, Chair
The Honorable Nadine Nakamura, Vice Chair
House Committee on Human Services and Homelessness

The Honorable John Mizuno, Chair
The Honorable Bertrand Kobayashi, Vice Chair
House Committee on Health

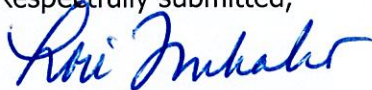
SUBJECT: HB 468 – RELATING TO THE HEALTHY AGING PARTNERSHIP PROGRAM
Hearing date: February 13, 2019 at 8:45 a.m.

Thank you very much for holding a hearing about the Healthy Aging Partnership Program (HAP). HAP was developed many years ago with a focus on keeping kupuna healthy and living as independently as possible, thereby avoiding the need for more expensive interventions such as institutionalized care. HAP is a statewide, collaborative effort that weaves the Executive Office on Aging, Area Agencies on Aging (AAA), private nonprofits, public health sectors, and the larger community to provide evidence-based health and wellness programs for kupuna and their caregivers. Participation in Healthy Aging programs has resulted in health care cost savings of more than \$640 per person for the Better Choices Better Health program and more than \$1,373 for the EnhanceFitness program.

Although cost savings is a critical component of demonstrating the necessity for Healthy Aging Partnership's on-going contribution to our communities, I believe that the beneficial results of this program for each participant are far more compelling. I offer today's testimony as a private citizen and as the former Wellness Coordinator for the Maui County Office on Aging. I have heard countless accounts of how participation in the evidence-based EnhanceFitness program has helped seniors to grow stronger, prevent falls, and move through their daily routines with more confidence. There is great joy in watching 80 and 90 year olds show off their bicep curls and balance exercises! Gathering 3 times per week with friends to exercise has become part of their new healthy routine, with the added benefit of socialization and peer support that add to quality of life. And, after all, good health and quality of life seem like the most important gifts we can offer our kupuna.

Please support the Healthy Aging Partnership by providing funding to allow proven, evidence-based programs for kupuna health and wellness to continue to be provided across the state, without interruption.

Respectfully submitted,



LORI TSUHAKO, LSW, ACSW

HB-468

Submitted on: 2/11/2019 11:48:14 AM

Testimony for HSH on 2/13/2019 8:45:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Elizabeth Thompson	Individual	Support	No

Comments:

Please continue to provide funding for this program. The facts: After 1 year in the Enhanced Exercise class my weight was down ten pounds to 149; Blood pressure 140/84; pulse 82. January 3, 2019: Weight 136; Blood pressure 108/78; pulse 88.

The best part of all is all the laughter and the fun we have exercising.

Thank you for your continued support.

Elizabeth Thompson

Kauai

Re: HB468 Aloha Chair Mizuno and San Buenaventura and Vice chairs Nakamura and committee members

I am a senior citizen and a resident of House District 19 and Senate District 9. I am a member of AARP, Kokua Council, the Hawaii Alliance for Retired Americans and serve on the PABEA Legislative Committee.

I'm testifying in strong support of HB468, Relating to the Healthy Aging Partnership program. This program provides Better Choices, Better Health (primarily a diabetes prevention program) and EnhanceFitness, to seniors. These programs have been widely studied nationally and locally including evaluation by the UH School of Public Health. The evidence-based programs have been shown to improve lives and reduce medical costs. For every dollar spent, the state saves \$1.70.

The 2017 legislature funded the program at \$550K. The 2018 legislature didn't fund the program at all. Due to the proven success of the Healthy Aging Partnership and the desire to continue, the agencies involved have been forced to cut other important services to continue the program.

Please support passage of HB468 in the amount of \$605K to insure continuation of these programs which have positive measurable results.

Thank you for the opportunity to testify.

Barbara J. Service

HB-468

Submitted on: 2/12/2019 9:41:15 AM

Testimony for HSH on 2/13/2019 8:45:00 AM

Submitted By	Organization	Testifier Position	Present at Hearing
Jim Cisler	Individual	Support	No

Comments:

Information and action...taken to our communities is what we elders need.

Chair Joy San Buenaventura, Vice Chair, Nadine Nakamura
Chair John Mizuno Vice Chair Bertrand Kobayashi

House Committees: Human Services & Homelessness, Health

February 12, 2019

Relating to: HB 468 Relating to Healthy Aging Partnership Program

Chair San Buenaventura, Vice Chair Nadine Nakamura,
Chair Mizuno, Vice Chair Kobayashi and members of the Committees,

My name is Beverly Gotelli and I'm writing to express my support of HB 468 Relating to the Healthy Aging Partnership Program. This bill appropriates funds for the health aging partnership (HAP) program to further the program's role in improving the health and well-being of Hawaii's Kupuna.

I know this bill refers to Healthy Aging Partnership and refers to two programs Better Choice Better Health and Enhance Fitness. I'm not familiar with Better Choices Better Health and will focus on the Enhanced Fitness program that I participate in.

As mentioned I'm participant of the Enhanced Fitness Program I can tell you it is a very worthwhile program. The sessions are three times a week and an hour long. There are sessions throughout Kauai island at various Neighborhood Centers or other facilities.

Healthy Aging Partnership was nationally recognized and has provided evidence – based programs to more than 4,000 individuals statewide. We are routinely tested to see how our health has improved since starting the program. In order to participate in the Enhanced Fitness Program you must have your physicians consent. My physician was very happy to sign the consent as he felt it was a proactive measure to keep me physically fit and ensure I was getting some type of physical activity.

Healthy Aging Partnership Program data suggest saving health care cost of \$1373 per person for those who participate in Enhanced Fitness.

I will say the program does provide for a better quality of life and physical performance.

It is also a goal of the Hawaii State Plan on Aging to: *Maximize opportunities for older adults to age well, remain active and enjoy quality lives while engaging in their committees.*

As Hawaii is considered to be the healthiest place to live I believe programs such as this are beneficial to our kupuna who are living longer and staying fit.

Funding is needed in order to provide our kupuna with a healthy living program. I'm confident that the Hawaii legislature has shown leadership by supporting our kupuna will support this legislation.

Thank you for considering my testimony.

Beverly A. Gotelli
6286 Opaekaa Road
Kapaa, HI 96746

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

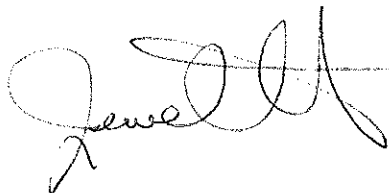
My name is JEWEL HANASHIRO. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2010(?). EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been diminishing arthritic pain significantly, consistent health & body strength, good company...

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

A handwritten signature in black ink, appearing to read "Jewel", followed by a long horizontal line extending across the page.

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is BERYL AYABE. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2007. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been keeping very fit, being flexible, strengthening, building muscles and with balance. It's been a very vital part of growing old and continually moving.
Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Elaine Gaweke. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since the program started. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been I feel energized!

Thank you for providing the program!!

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Elaine Gaweke

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Vivian Kunselman. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since Jan 2019. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been having fun while improving balance, flexibility and strength.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Alice Baptista. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since September 2017. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been improved balance, improved endurance, desired wt. loss, improved strength and grip for doing household chores.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Alice E. Baptista

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is VALERIA T. PAISTE. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2008. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been less medication, good balance very healthy

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely, *Valeria T. Paiste*

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is JoAnn Robinson. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 4/2009. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been everything this program offers.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

JoAnn Robinson

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Nancy Matsuda. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been I have lowered my cholesterol because of my exercising 3 x's a week.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Nancy Matsuda

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Liz Thompson. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since for 3-4 years. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been mobility.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely, Liz Thompson

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is ROBERT TRIPP. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2005. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been MORE FLEXIBILITY.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

R. S. Tripp

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Cynthia Hubbard I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2017. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been more strength.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,
Cynthia Hubbard

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Ruby Allen. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2004. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been better balance.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Ruby Allen

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Nasuko Ho. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2007. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been keeping me mobile and with balance

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely, Nasuko H. Ho

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is MARGARET A CHRISP. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2014. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been that I have improved my overall fitness. I also love the fellowship. Thank you C

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Katherine Crowl. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Great Health.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Kathleen Uyeda. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2004. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been the strengthening of my bones.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Kathleen Uyeda

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Kay K Hill. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2007. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Maintaining overall fitness & well being.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,
Kay K Hill

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

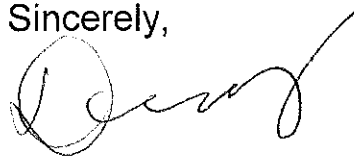
My name is Dorothy Feuf. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 1/2019. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Keep me active & connect with other people.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Winona Steed. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2008. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been keeping healthy fit.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Winona K. Steed

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Tanice Oyama. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 1/2017. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been flexibility, balance, and strengthening.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Ellen Yamane. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been exercising and balance improvement.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Ellen S. Yamane

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Carol Kanna. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2009. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been being independant and stronger.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Kay Nakata. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 10 years. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Being Healthy & POC's Encouraged
to Exercise.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Kay Nakata

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Lyndel Erdmann. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since June, 2018. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been helped me gain flexibility + become physically active.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Lyndel Erdmann

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is LUCY B WORKS. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2010. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been HELPING WITH MY BALANCE & WEIGHT MANAGEMENT.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Lucy B Works

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Thelma Doi. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2009. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been flexibility.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Thelma Doi

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Sachiko Mori. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2009. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been balance & breathing.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Shirley Kakuda. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since Jan, 2019. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been balance, weight control.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,
Shirley Kakuda

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM


Hearing date: February 13, 2019

My name is Sharon Pancho. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since Feb 2019. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Socializing improved coordination
keeping brain alert

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,


February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is KATHY SHEFFIELD. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2011. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been staying fit and flexible; avoid falls

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Kathy Sheffield

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Patricia Joy. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been better health, less pain,
better sleep.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Patricia Joy

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Merrily Hall. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2017. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been removing the diabetes disease from my life.

The movements from exercise helps me from being a couch potato + living a healthier lifestyle.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Merrily Hall

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Sue Kubota. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since ? 2012. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been keeping a weekly exercise program
which keeps my Dr. happy!

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Sue Kubota

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Bernice Kubota. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since around 4/15. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been keeping me healthy.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Bernice Kubota

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Hannah Kawamata. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2007. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive ^{good} impact on my life. The most significant outcome has been my overall health, physically & mentally. In my dozen years in EnhanceFitness, it has been the best exercise program for us Seniors.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely, Hannah Kawamata

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is JOAN CONTIVAL. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since Aug. 2018. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been over all fitness.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Joan Contival

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is CARMEN YASIS. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been positive & healthy mind for me, keeps me moving.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

C. Yasis

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Fran Tucker. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since Feb 2019. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been getting me to focus on regaining strength and better balance. I wouldn't do this on my own + benefit greatly by a structured class with instructor.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,


February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

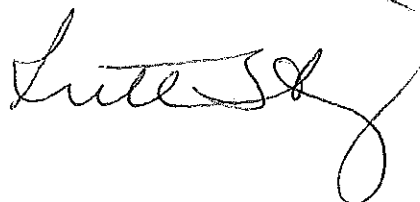
My name is Ruth Stirling. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2017-Feb. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been my agility, lower blood pressure, and general well being - more energy to deal with 11 grandchildren!

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Cecelia Mahoe. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since Jan 2017. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Keep me strong + Limber free of Pain

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely, Cecelia Mahoe

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Matsuko Uyeida. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2009. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been at age 91, still driving & independent.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

M. Uyeida

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Akiyo Matsuyama I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2009. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been balance.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,
Akiyo Matsuyama

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Annie Okubo. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2010. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Kaia me Healthy.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Annie Okubo

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is AMOROSA DeGracia. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since Jan 2018?. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been I show up and participate!! It works.
Feel good that I'm doing something good for Me!

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely, AMOROSA DeGracia

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Diane Horita. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 7, 2009. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been better coordination and over-all health.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Diane E. Horita

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Maria Ogata. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2009. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been better health / coordination.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely, Maria Ogata

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Joyce Higashi. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been lower my blood sugar.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely, 

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is HARRIET MORIOLA. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since Aug 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been balancing work and personal life & having fun at the class

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely, HARRIET MORIOLA

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Gail Shubuya. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since March 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Not falling down & balancing.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely, Gail Shubuya

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is HOA T TRAN. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2018. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been enjoy & Fit.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

HOA T TRAN

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Sandy Magnessen. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2018. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been getting more muscle & less pain.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Gale Masukawa Kashuba. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since Oct. 2017. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been helping w/ chronic disease management & pain.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Gale Masukawa Kashuba

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Richard Carmichael. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since FEB 2019. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been WEIGHT LOSS.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely, Richard Carmichael

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Joyce M. Fikahashi I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2010 or before. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been it has kept me healthy.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Joyce M. Fikahashi

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Helen Fujimoto. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2005. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been my over all health, hasn't fallen too!

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely, Helen Fujimoto

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Linda Kitabaeyashi. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2017. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been for balance.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Gloria Kenney. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2014. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been the regularity for physical fitness

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Gloria Kenney

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is KAY NAITO. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2009. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Yes.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Kay Naito

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Carol Saiki. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been increase in balance + Strength.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM


Hearing date: February 13, 2019

My name is Jovita Valdez. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2013. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Good.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely, 

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Evelyn Nagamine I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since ? 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been great.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Evelyn Nagamine

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Yvonne Hokushin I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been to continue improving my health.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Ellen Kitabayashi. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2017. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been so strength my legs.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Ellen Kitabayashi

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is CARMELITA VELASCO. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2012. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been VERY GOOD EFFECT TO MY HEALTH & ABILITY TO MOVE FREELY

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Noreen L. Chun. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2017. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been my balance has improved & my body is more limber

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Noreen L. Chun

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Murice O'Brien. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2011. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been to remind me to exercise at least 3 times per week & its an effective & safe way. Its also enjoyable with a group.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Murice O'Brien

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Kathy Matayoshi. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2010. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been I'm living longer. I'm healthy.
and I'm happy.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Kathy Matayoshi

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is Elizabeth O Duarte. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been getting out of my shell, feeling happier!

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

E O Duarte

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is FLORENCE Yoshida. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2013. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been gaining strength; my balance has

improved. I feel more fit taking this class
Please continue "Enhance Fitness" as it is an important part of my
well-being
Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Florence Yoshida

February 07, 2019

Dear House Leaders, Committee Chairs and Vice Chairs:

RE: HB468, RELATING TO THE HEALTHY AGING
PARTNERSHIP PROGRAM

Hearing date: February 13, 2019

My name is ANN HANAGIURA. I live on the island of Kauai.

I have been involved and exercising at the Kauai County Office on Aging's EnhanceFitness program since 2010. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been I have better balance.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me. *with better balance, there is less chance of falling. If older people fall, it means emergency personnel, must come to help the person and*
Sincerely, *and fire personnel to transport to emergency room.*
Ann Hanagaura