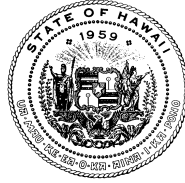


DAVID Y. IGE  
GOVERNOR OF HAWAII



CAROLINE CADIRAO  
PSM MANAGER

BRUCE ANDERSON  
DIRECTOR OF HEALTH

**STATE OF HAWAII**  
**EXECUTIVE OFFICE ON AGING**  
NO. 1 CAPITOL DISTRICT  
250 SOUTH HOTEL STREET, SUITE 406  
HONOLULU, HAWAII 96813-2831  
eoa@doh.hawaii.gov

**Testimony in SUPPORT of HB0468 HD1**  
**Relating to the Health**

COMMITTEE ON FINANCE  
REPRESENTATIVE SYLVIA LUKE, CHAIR  
REPRESENTATIVE TY J.K. CULLEN, VICE CHAIR

Testimony of Caroline Cadirao  
PSM Manager, Executive Office on Aging  
Attached Agency to the Department of Health

Hearing Date: February 21, 2019  
11:00 A.M.

Room Number: 308

- 1 **EOA's Position:** The Executive Office on Aging, an attached agency to the Department of
- 2 Health, supports this measure provided that its enactment does not reduce or replace priorities
- 3 within the Administration's executive biennium budget.
- 4 **Fiscal Implications:** This measure appropriates a blank amount for the Healthy Aging
- 5 Partnership for FY 2019-2020 and FY 2020-2021.
- 6 **Purpose and Justification:** Led by the Executive Office on Aging and Department of Health
- 7 Chronic Disease Branch, Hawaii's Healthy Aging Partnership (HHAP) was convened in 2003 to
- 8 improve health of older adults through two evidence-based intervention programs, Better
- 9 Choices Better Health (BCBH) and Enhance®Fitness.
- 10 BCBH is a six-week self-management workshop developed by Stanford University that teaches
- 11 participants skills to manage their health conditions and interact with their health care providers.
- 12 The workshop does not replace prescribed treatment but supports medical-professional treatment

1 plans. In the State of Hawaii, an individual spends on average about \$20,477 per year on  
2 emergency room visits and hospitalizations. The National Council on Aging estimates that a  
3 BCBH participant saves an average of \$499.12 per year on health care costs. The State of  
4 Hawaii BCBH program operates in collaboration with the Hawaii State Department of Health  
5 Diabetes Prevention Program. Since its inception, 2,785 individuals across the State participated  
6 in BCBH. Pre-and post-test data showed fewer visits to physicians' offices and emergency  
7 rooms. In SFY 2018, 92 participants engaged in 10 workshops statewide.

8 Enhance®Fitness is an evidence-based exercise program designed to improve the health of older  
9 adults and reduce health care costs by improving cardiovascular fitness, strength, flexibility, and  
10 balance. In SFY 2018, Enhance®Fitness was available in the counties of Kauai and Maui. The  
11 programs drew a total of 575 participants. Both the BCBH and the Enhance®Fitness programs  
12 have shown that older adults with chronic conditions benefit by a focus on self-management  
13 techniques and exercises to avoid long term complications of chronic conditions.

14 HHAP received \$550,000 in SFY2017 from the Hawaii State Legislature through ACT 103.

15 HHAP was unsuccessful in its competitive bids for federal funds in 2017. Without additional  
16 funding, the HHAP may not be able to continue to offer the BCBH and Enhance®Fitness  
17 programs to older adults in the State of Hawaii at its current level.

18 **Recommendation:** HHAP is not part of the Administration's budget request. We support  
19 funding this important and effective public health intervention provided that its enactment does  
20 not reduce or replace priorities with the Administration's budget request.

21

22 Thank you for the opportunity to testify.

**HB-468-HD-1**

Submitted on: 2/17/2019 11:32:38 PM

Testimony for FIN on 2/21/2019 11:00:00 AM

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
GARY SIMON	Policy Advisory Board for Elder Affairs (PABEA)	Support	No

Comments:

Dear Chair Luke, Vice Chair Cullen, and Honorable Members of the House Committee on Finance:

I am Gary Simon, Chairperson of the Policy Advisory Board for Elder Affairs (PABEA), which is an appointed board tasked with advising the Executive Office on Aging (EOA).

I am offering testimony on behalf of PABEA.

My testimony does not represent the views of the EOA but of PABEA.

PABEA wholeheartedly supports HB 468 HD 1.

The Hawaii Healthy Aging Partnership (HAP) serves seniors and those with chronic health conditions through Better Choice Better Health (BCBH) and EnhanceFitness® programs.

The return on investment is 1.7 times: every dollar spent on HAP was estimated to save \$1.70 in healthcare costs.

We support the Kupuna Caucus funding request of \$605,000 for FY 2019 – 2020.

The requested funding is acutely needed for sustaining and expanding this highly effective program which improves the health and well-being of our seniors.

We urge you to support HB 468 HD 1 and to recommend its passage.

We thank you for seriously considering the Bill.

Very sincerely,

Gary Simon

Chairperson, Policy Advisory Board for Elder Affairs (PABEA)





MICHAEL P. VICTORINO  
Mayor

WILLIAM R. SPENCE  
Acting Director  
Housing & Human Concerns

LORI TSUHAKO  
Deputy Director  
Housing & Human Concerns



DEBORAH STONE-WALLS  
Executive on Aging

PHONE (808) 270-7755

FAX (808) 270-7935

E-MAIL: mcoa.adrc@mauicounty.gov

**COUNTY OF MAUI**  
DEPARTMENT OF HOUSING AND HUMAN CONCERNS  
**MAUI COUNTY OFFICE ON AGING**  
AN AREA AGENCY ON AGING

J. WALTER CAMERON CENTER  
95 MAHALANI STREET, ROOM 20  
WAILUKU, HAWAII 96793

**HOUSE COMMITTEE ON FINANCE**  
The Honorable Sylvia Luke, Chair  
The Honorable Ty J.K. Cullen, Vice Chair

**HB 468, HD1, RELATING TO THE HEALTHY AGING PARTNERSHIP PROGRAM**

Testimony of Kevin J. Dusenbury, Jr.  
Acting Wellness Coordinator, Maui County Office on Aging (MCOA)

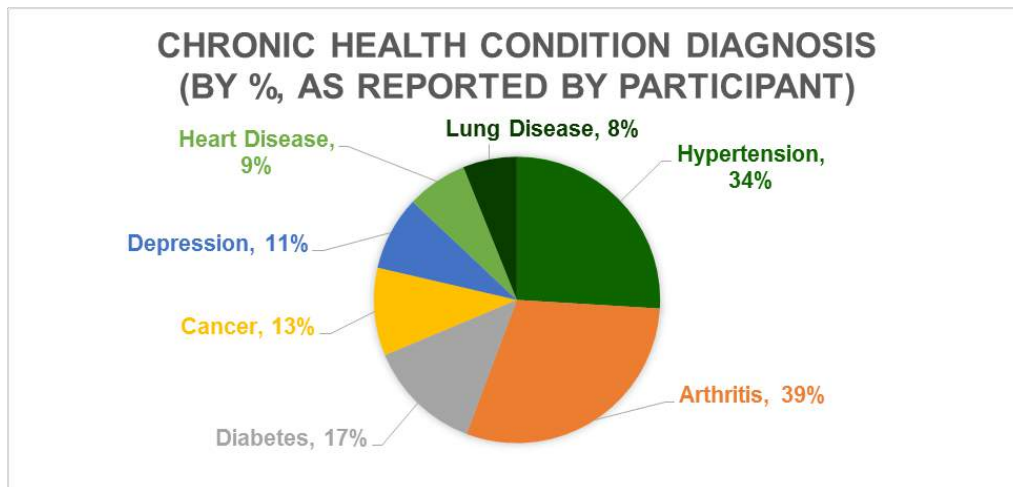
**Hearing Date: Thursday, February 21, 2019 at 11:00 a.m.**  
**Room Number: Conference Room 308**

**MCOA's Position:** The Maui County Office on Aging (MCOA) is in **strong support** of **HB 468, HD1**, the Executive Office on Aging (EOA), and the Hawaii Healthy Aging Partnership (HHAP). The Healthy Aging Partnership, through the Executive Office on Aging, received funding for fiscal year 2017-2018 through Act 103, Session Laws of Hawaii 2017; but the program did not receive funding for fiscal year 2018-2019. As mentioned in the original HB 468, MCOA strongly supports the funding request for the Hawaii Healthy Aging Partnership in the amount of **\$605,000**.

**Purpose and Justification:** Census projections indicate that the senior population in Hawaii will almost double during the period between 2010 and 2020 with the highest percentage increase occurring in those over the age of 85. Even though falling is not considered a normal part of the aging process, the incidence of falls increases dramatically as we age. To increase the overall wellness of our community members, **proactive** efforts are required now. ***Keeping seniors healthy and at home is the most cost-effective manner*** to address the needs of one of our most valuable societal resources.

At the Area Agency on Aging level, we have developed a core of dedicated trainers and participants that have allowed our Enhance®Fitness program to thrive within our culturally diverse community. Among respondents to our program surveys, Enhance®Fitness participants reported that they are extremely satisfied with the evidence-based exercise program, rating it an average 9.5 out of 10; and 100 percent of respondents informed us that they would take the class again after being enrolled with the program for 16 weeks.

Unfortunately without funding, MCOA will be unable to continue to expand this evidence-based program to additional community members, who are often afflicted by various chronic health conditions such as diabetes, heart disease, and hypertension. According to Hawaii Healthy Aging Partnership data, health care savings are estimated to be **\$1,373 per participant**<sup>1</sup>, and our agency believes that Enhance®Fitness can positively impact our healthcare system further while increasing the quality of life of our aging community members if we are able to further grow and develop our class offerings.

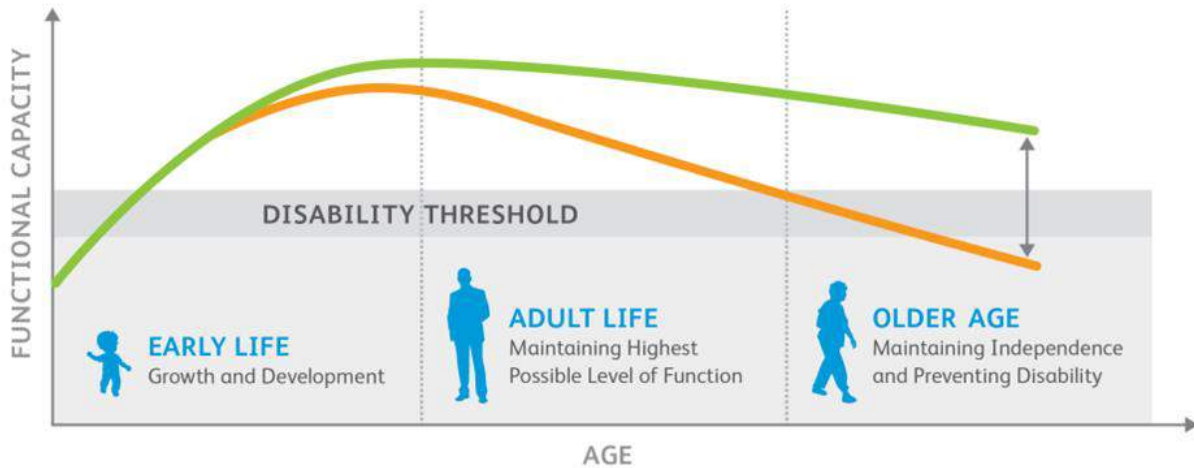


Since its inception, our program has provided 852 participants with the opportunity to improve their overall health and maintain their independence as they age. Of those 852 participants, 73 percent is aged 70 and older, and **74 percent of our total participants have improved or maintained at average or above on the Rikli-Jones norms.** Furthermore, **71 percent of our total participants improved in their ability to complete the “up and go” exercise, which measures transfer ability and is a key indicator of risk for falls.** HB 468 will help further the efforts to expand the Hawaii Healthy Aging Partnership and the Maui County Office on Aging; which will further create a sustainable, integrated evidence-based healthy aging program network in Hawaii.

---

<sup>1</sup> University of Memphis School of Public Health (2017) Healthcare Cost Savings Estimator Tool; CDSMP. <http://www.ebp-savings.info/>

Aging in better health across the life course can reduce disease and disability in older age.



Source: Adapted from Kalache, A., Kickbush, I. A Global Strategy for Healthy Ageing. World Health, 1997 50(4)-5.

We are fully committed to this initiative and working with the Hawaii Healthy Aging Partnership, the Executive Office on Aging, our community, and sustainability partners in order to better serve our community. If funding is appropriated, the Maui County Office on Aging will secure additional Enhance®Fitness and instructors especially for underserved areas of Maui County; expand our class offerings once additional sites and instructors are secured; and continue to maintain our current offerings of Enhance®Fitness classes already serving our community.

Thank you for your time and consideration with proposed bill, HB 468, HD1.

Date: 3/6/2019

TO: State Legislators

FROM: Fumio Tsuji of Wailuku

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Rosehau in Wailuku

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Fumio Tsuji

This is a stimulating program and very beneficial for a 100 yrs of man in his effort to maintain good health.

*F.T.*

Date: 2/6/19

TO: State Legislators

FROM: Suzanne Ake of Wailuku

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Roselani Place in Wailuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

I love the exercises & teacher - it really makes a difference!

Please continue funding the Enhanced Fitness program

Date: 2/6/19

TO: State Legislators

FROM: Steve Parabolici of Haiku, Maui

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Rose Lan. Place in Kahului, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Steve Parabolici

Preventative programs like this save money in the long run. More importantly, seniors get to live more active & healthy life styles. Please continue to support this program!

Date: 2/6/19

TO: State Legislators

FROM: Minnie Sumata of Kahului, Maui

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Rose Lane in Kahului, Maui

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

I enjoy this class, I'm getting stronger, and my knee doesn't hurt too much now.

Date: 2/6/19

TO: State Legislators

FROM: Louise Ishii of Wailuku

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- **HB 468**
- **SB 1026**

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Roselani Place in Waikuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

I like everything - it keeps me mobile and happy! Socializing also!



Date: 2/6/19

TO: State Legislators

FROM: Masako ~~St~~ Kabanira of Kahului

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Rosehoni Place in Wailuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Exercise helps me feel strong - takes away pain! Thank you!

Date: 2/6/19

TO: State Legislators

FROM: Opiko Kibukawa of Wailuku

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Roselani Place in Wailuku

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Helps my health!!

Date: February 6 2019

TO: State Legislators

FROM: Sylvia Ishikawa of Enhance Fitness <sup>Kahului</sup> Roselani  
Place

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Enhance Fitness in ~~Sabana~~ Roselani Place

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Sylvia Ishikawa

This program has helped me tremendously in my physical health. I am more "balanced" and more aware of the importance of exercise!  
Thank you!

Date: Feb. 6 2019

TO: State Legislators

FROM: Charlotte Wilkinson of Kahului, HI

SUBJECT: Healthy Aging Partnership Proposed Bills

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Roselani Place in Kahului

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

This is an enjoyable class; we have participants up to 100 years old. Amazing. This class is helping me build muscles so I am feeling fine. The socialization before & after class builds strength for all of us. This group of 15-20 is our Blue Zones moai. Thank you for this class. Thank you to our teacher, Jaed.

Date: 2-6-19

TO: State Legislators

FROM: Yasuo Taguchi of Roselani Place

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Roselani Place in Kahului HI 96732

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Yasuo Taguchi

Program makes me feel good

Date: Feb 6, 2019

TO: State Legislators

FROM: Toshiko Sugiki of Waialeale

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kihei Place in Kaunoi.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Toshiko Sugiki

*I enjoy the class because it keeps me healthy and fit.*

Date: February 6 2019

TO: State Legislators

FROM: Thelma Shimobuku of Kahului

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Enhance Fitness in Rosealani Place Kahului

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Thelma Shimobuku

I am 92 years old, I have been exercising for about 3 years. I feel energetic and happy. This fitness program is very good!  
Thank you!

Date: 4-5-19

*M*

TO: State Legislators

*Enhanced Fitness  
Kahala Roselani*

FROM: Winnie Wagstaff

of Kahala Roselani

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahala Roselani in Kahala.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Winnie Wagstaff

*This program has helped me  
keep physically active -  
mobile -*



Date: 2/6/19

TO: State Legislators

FROM: Frances Testhona of Wailuku Maui

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Rosemont Assisted Living in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Frances Testhona

I credit the Enhance fitness program for my good health so I can still live independantly.

Date: 2-6-19

TO: State Legislators

FROM: Momoyo Shimada of Kahului Rosalani Assst Liv

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Rosalani  
Wed in Friday.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Momoyo Shimada

I am 91 years old. I was in car accident and can't drive (car total loss) I used to sit down + exercise + now can stand + exercise Great exercise

Date: 2-6-19

TO: State Legislators

FROM: Betty Katsuda of Kahului, Maui  
Roy Katsuda

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Betty Katsuda  
Roy Katsuda

Date: 2/6/19

TO: State Legislators

FROM: Martha Tabisola of 450 Onehee Avenue  
Kahului Maui  
Hawaii

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kahului Maui  
Hawaii

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

*Martha M. Tabisola*

Date: 2/6/19

TO: State Legislators

329 Malokae Hema St

FROM: Miyoko Carol Omura of Kahului, HI 96732-2027

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kahului, HI 96732-2027

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!





Date: 2/6/19

TO: State Legislators

FROM: Lucy Peros of Kahului

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Lucy Peros

Date: 2-06-19

TO: State Legislators

FROM: Joy Yamane of Wailuku, Hawaii

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului, Hawaii.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Joy Yamane

Date: Feb 6, 2019

TO: State Legislators

FROM: Kathleen K. Moniz of (Waikeke, Hawaii  
Kahului Union Church)

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

*Kathleen K. Moniz*



Date: 2/6/19

TO: State Legislators

FROM: Magdalena Ballasteros of Kaunoi, HI

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kaunoi, Alison Church in Kaunoi.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Magdalena Ballasteros

Date: 2/6/19

TO: State Legislators

FROM: Hazel Shirata of \_\_\_\_\_

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Hazel Shirata

Date:

TO: State Legislators

FROM: Dorothy Tam Ho of Kahului, Maui

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

*Dorothy Tam Ho*

Date: 02/06/19

TO: State Legislators

FROM: Lora Sasaki of Wailuku

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

*Lora Y. Sasaki*



Date: 2-6-19

TO: State Legislators

FROM: Karen Tanaka of Kah Union Church -

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului, HI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Karen Tanaka

Date: Feb 6, 2019

TO: State Legislators

FROM: Jeanne Abe of 28 Pakakaiko Pl  
Waialua HI 96793

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kahului 96743.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Jeanne Abe

Date: 2/6/19

TO: State Legislators

FROM: Michie K. Chee of Enhanced Fitness

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Michie K. Chee

Date: 1/6/19

TO: State Legislators

FROM: Edith Matsumoto of EnhanceFitness - Kahului United Church

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at KUC in Kahului, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Edith Matsumoto



Date: 2/4/19

TO: State Legislators

FROM: Bernice Saki of EnhanceFitness

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Bernice Saki

Date: 2-8-19

TO: State Legislators

FROM: Nancy Yamashita of Kahului

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Nancy Yamashita

Please help us to continue this vital program for us seniors.

Date: 2/6/19

TO: State Legislators

FROM: Yemiko Nako of Kahului

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kahului, HI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Yemiko Nako

Date: 2/6/2019

TO: State Legislators

FROM: Jean Kawada of Wailuku, HI 96793

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului, HI 96132.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Jean Kawada

I am a charter member of this group, and attended classes for over 6 years. Here I have made many new friends, enjoyed maintaining my muscles and movement, and found a great source of fun. This program enhances the quality of my life. Thank you for underwriting this program!

Date: 2-6-19

TO: State Legislators

FROM: Mildred Tashiro of Kahului, Maui

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kah, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Mildred Tashiro



Date: 2-16-19

TO: State Legislators

FROM: Janet Higa of KAHULUI

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Hall in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Janet Higa

Date: Feb 4 / 20 19

TO: State Legislators

FROM: CLIFFORD SAITO of KAHULUI UNION

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

KAHULUI UNION HALL in KAHULUI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!





Date: Feb 6, 2019

TO: State Legislators

FROM: Allen Shishido of Kahului, Maui

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului, ~~Hawaii~~ Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Allen Shishido

This program is fantastic!

Date: 02/06/2019

TO: State Legislators

FROM: Jan Shishido of Kahului, Maui

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Jan Shishido

Date: Feb 6 / 19

TO: State Legislators

FROM: TWILA FOLDEN of HAIKU, HI.

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahala Union Church in Kahala.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Twila Folden

Date: Feb 6, 2019

TO: State Legislators

FROM: Lillian Chun of Kahului

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Lillian A. Chun



Date: 2/6/19

TO: State Legislators

FROM: Merte Momifa of Waialeale, Maui

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Merte Momifa

*Please support our enhance fitness program!  
We enjoy the program & are able to exercise  
with people of all ages.*

Date: 2/26/19

TO: State Legislators

FROM: VERONICA GOMES of KAHULUUI

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at KAHULUUI UNION CHURCH in KAHULUUI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Veronica Gomes

Date: 02/06/2019

TO: State Legislators

FROM: Kazuko Takiguchi of Wa'uku Maui  
~~KUC Maui~~

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Kazuko Takiguchi

good fun, and more strong mind, body.



Date: Feb. 6, 2019

TO: State Legislators

FROM: Sanae Saito of \_\_\_\_\_

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului in KUC.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Sanae Saito

Come and visit us during our exercise time. We love to have you!  
Please keep our program going with the funding

Date: 2-5-'19

TO: State Legislators

FROM: Ethel Kawamura of Kahului, Maui

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Ethel Y. Kawamura

Date: 2/8/19

TO: State Legislators

FROM: Beryl Matoi of Wailuku

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

*I agree! I'd also like to see my next birthday, which is 93!*

Thank you for supporting me and other kupuna!

Beryl Matoi

*This exercise is also good for my brain & we have so much fun.*

Date: 2/6/19

TO: State Legislators

FROM: Barbara Tadakama of Wailuku

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Barbara Tadakama

Date: 2/6/19

TO: State Legislators

FROM: Oliver Sugamora of Kaunaloa, HI

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Johnnie's Senior Center in Kaunaloa, HI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Mahalo! Oliver Sugamora

Date: \_\_\_\_\_

TO: State Legislators

FROM: \_\_\_\_\_ of \_\_\_\_\_

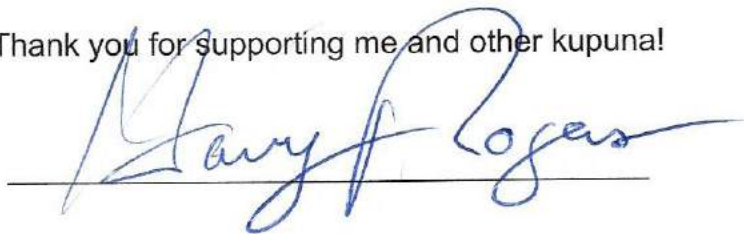
**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at \_\_\_\_\_ in \_\_\_\_\_.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

  
\_\_\_\_\_

Date: 2/6/19

TO: State Legislators

FROM: Yacko Kobayashi of Kahului

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Yacko Kobayashi



Date: 2/6/19

TO: State Legislators

FROM: Pamela M. Ikeda of Waialua

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

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Thank you for supporting me and other kupuna!



Date: Feb 6, 2019

TO: State Legislators

FROM: Fumie Tanoue of Wailuku

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

*Fumie Tanoue*

Date:

TO: State Legislators

FROM: Toshiko Aishihara of Kahului

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Toshiko Aishihara

Date: 02/06/2019

TO: State Legislators

FROM: CAROL A. TAKAMORI of Wailuku

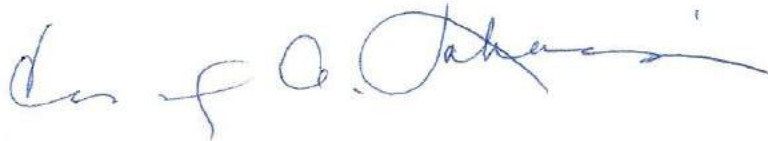
**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at KAHULUI UNION CHURCH in KAHULUI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date: 2/6/19

TO: State Legislators

FROM: Susan Hokama of Waiuku

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

*Susan Hokama*



Date: 2-6-19

TO: State Legislators

FROM: Josephine M GILSMAN of KAHULUI

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at KAHULUI UNION in KAHULUI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date: 2/06/2019

TO: State Legislators

FROM: Tamayo Tokunaga of Kahalui Union Church

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahalui Union Church in Kahalui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

*Tamayo Tokunaga*



Date: 2/6/19

TO: State Legislators

FROM: Adeline Daida of Kahului

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

*Adeline Daida*  
(JD)

Date: 2/6/19

TO: State Legislators

FROM: Dolly of \_\_\_\_\_

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

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Thank you for supporting me and other kupuna!

*Dolly Gushiken*

Date: 2/4/19

TO: State Legislators

FROM: CHIERSO of \_\_\_\_\_

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Chiels Nagata

Date: 2/4/19

TO: State Legislators

FROM: Sumiko \_\_\_\_\_ of \_\_\_\_\_

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

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Thank you for supporting me and other kupuna!

Sumiko Nishida



Date: 2/6/19

TO: State Legislators

FROM: maria T. Garcia of Wailuku

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

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Thank you for supporting me and other kupuna!

*maria T. Garcia*

Date:

TO: State Legislators

FROM: Jeanette M. Nakamura of Kahului Enhanced Fitness

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

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Thank you for supporting me and other kupuna!

*Jeanette M. Nakamura*



Date: 2/6/19

TO: State Legislators

FROM: Anne Yoshioka of Wailuku

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

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Thank you for supporting me and other kupuna!

*Anne Yoshioka*

Date: 2/6/2019

TO: State Legislators

FROM: Epi Raema of Kahului

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union in Kahului.

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Thank you for supporting me and other kupuna!

Epi Raema

Date: 2/6/19

TO: State Legislators

FROM: Marion Nagamine of Kahului Union Church

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Kahului Union Church in Kahului.

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Thank you for supporting me and other kupuna!

*Marion Nagamine*

Date:

TO: State Legislators

FROM: Margaret Raymond of Kahului Union Enhanced Fitness

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union church in Kahului.

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Thank you for supporting me and other kupuna!

*Margaret Raymond*



Date: 02/06/19

TO: State Legislators

FROM: Sadae Yamanaka of Kahului

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Kahului Union Church in Kahului.

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Thank you for supporting me and other kupuna!

*Sadae Yamanaka*

Date: Feb 5, 2019

TO: State Legislators

FROM: Ella Lee of Maui

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Makawao Hoqwanji in Makawao.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Ella Lee



Date:

TO: State Legislators

FROM: Joyce Mueda of Pukalani

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Makawae Hongwanji in Makawae.

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Thank you for supporting me and other kupuna!

*Joyce Mueda*

Date: 2/5/19

TO: State Legislators

FROM: Jan Lan Hee of Makawao Hongwanji  
Enhance Fitness

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Makawao Hong. in Makawao, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

*Janice Jan Hee*

Date: Feb. 5, 2019

TO: State Legislators

FROM: Ninfa Tolentinos of \_\_\_\_\_

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Maikunas Honyway's in Social Hall.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Date:

TO: State Legislators

FROM: SHARON NHEESH of MAUI

**SUBJECT: Healthy Aging Partnership Proposed Bills**

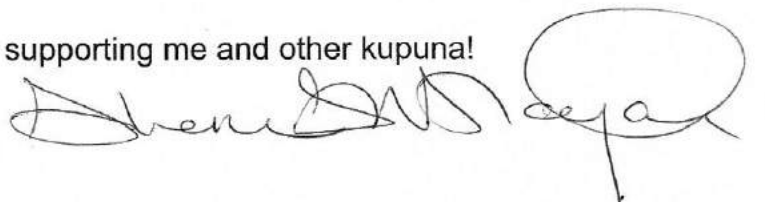
- HB 468
- SB 1026

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MAKAWAO HONGWANGI in SOCIAL HALL.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date: 2-5-19

TO: State Legislators

FROM: Debra Sturdevant of Maui

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Makawao Hongwanji, in Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Debra Sturdevant

Date:

TO: State Legislators

FROM: Michele M. Bagdas of Haiku, Maui

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- **HB 468**
- **SB 1026**

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Makawao Henguripi in Makawao.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!





Date:

TO: State Legislators

FROM: JoAnn Wong of Maui

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Makawao Huiyuanji in Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Date:

TO: State Legislators

FROM: Andy Hirose of MAKAWAO

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

MAKAWAO HONGUANJ in MAKAWAO.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

It has helped me TRAVEL AND  
ABLE TO WALK 32 miles in 8 days  
at DISNEY WORLD @ age 83.

*Andy*

Date: 2-5-19

TO: State Legislators

FROM: Blanche Ho of Makawao Enhanced Fitness Class

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Makawao Hongwanji in Makawao, Maui  
Buddhist Temple

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

This program has benefited me in many ways. I had <sup>back</sup> ~~arm~~ fracture and was hunching <sup>^</sup> badly. This program has helped me to regain my posture and keeps me moving 3 times a week (1 hr each session). I am now able to work on my avocado + persimmon farm.

Date:

TO: State Legislators

FROM: Hedy T. Sentani of Makawao Hongwanji

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Makawao Hongwanji in Makawao, HI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Date: 2/5/19

TO: State Legislators

FROM: Maren McBarnet of Maui

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Makawao Hong Waiji in Makawao, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Date: 2/5/2019

TO: State Legislators

FROM: JULIE BRIDLE of MAUI

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at MAKAWAO HAWAIIAN S.I. in MAKAWAO.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date:

TO: State Legislators

FROM: Motom Hironaka of Makawao, Maui

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Makawao Tongwanji Mission in Makawao, HI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

I have become more physical fit with the program. I have gain stamina and with the program I do not have the aches and pains through out my body. It has greatly improve my health.

Thank you  
Motom Hironaka

Date:

TO: State Legislators

FROM: Susan Scofield of Makawao, Maui

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Makawao Hongwanji in Makawao, Maui

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Excellent program for seniors, better to keep healthy, mobile, independent, and happy through Enhance Fitness than sick, immobile, dependent and unhappy with caregivers or assisted living facilities

Date: 2/5/19

TO: State Legislators

FROM: Amy Teves of Makawao, Maui  
Enhance Fitness

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Makawao Honoapiʻana in Makawao.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Date: 2/5/19

TO: State Legislators

FROM: John Suvich of Kula

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Pukalani Community Center in Pukalani.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Mahalo, John Suvich

Date: 2/5/19

TO: State Legislators

FROM: Colleen Wilty of Pukalani (Comm Center)

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Puk Comm Center in Pukalani.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

*I love this class - keeps me active!*

*Colleen Wilty*



Date: Feb. 5, 2019

TO: State Legislators

FROM: Cynthia Arakawa of Pukalani

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Hannibal Community Center in Pukalani.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

*Cynthia Arakawa*



Date:

TO: State Legislators

FROM: Harriet Collopy of \_\_\_\_\_

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- **HB 468**
- **SB 1026**

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Puhalani in circumstances. Xercise

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Harriet Collopy

Date: 2/5/19

TO: State Legislators

FROM: Judith Thomson of Kula, Maui

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Tavares Center in Pukalani.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

*Judith Thomson*

Date:

TO: State Legislators

FROM: Eleanor Schultz of Makawao

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

TAVARES Center in Pukalani, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

*Eleanor Schultz*

*This is very important to my health at age 78.*

Date: 2/5/19

TO: State Legislators

FROM: Carole Fernandez of Kula, Maui, Hi.

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

Hannabal Tavares in Pukalani, Maui  
Community Civic Center

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Carole Fernandez

Date: 2/5/19

TO: State Legislators

FROM: Eve Harrison of Makawao, Maui

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Pukalani Community Center in Pukalani, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

*Eve Harrison*

Date: 2/5/19

TO: State Legislators

FROM: Patricia Oliveira of Maui

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- **HB 468**
- **SB 1026**

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Hanibal Tavares Com. Center in Pukalani, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

*Patricia Oliveira*



Date: 2/15/19

TO: State Legislators

FROM: Iris Nakata of Pukalani

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at Hannibal Tavares Comm Ctr in Pukalani, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

*Iris M. Nakata*

Date: 02/04/2019

TO: State Legislators

FROM: MYRNA H FUNG of WAILUKU, MAUI, HI

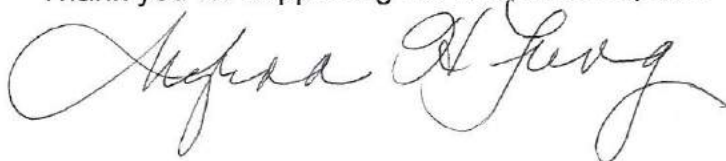
**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at St. Anthony Church in WAILUKU, MAUI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date: 2-4-2019

TO: State Legislators

FROM: Mercy Cabatingan of Wailuku

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

St Anthony of Padua in Wailuku, Maui.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Mercy Cabatingan

Date: 2/4/2019

TO: State Legislators

FROM: Nancy Kimura of Enhance Fitness

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

St Anthony School in Waileke, HI.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

*Nancy Kimura*



Date: Feb. 2, 2019

TO: State Legislators

FROM: Lorene Gagero of Wailuku

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

St. Anthony of Padua Church in Wailuku

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

*Lorene Gagero*

Date: 7/4/2019

TO: State Legislators

FROM: Anicia Agasid of Wailuku

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

St Anthony in Wailuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

*Anicia Agasid*



Date:

TO: State Legislators

FROM: Carmen J. Gabriel of St. Anthony (Enhance Fitness)  
classes

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

St. Anthony in Waialeale, Maui, HI

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

*Carmen J. Gabriel*

Date: Feb. 4, 2019

TO: State Legislators

FROM: Regina Aganos of Wailuku

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at St. Anthony's Church in Wailuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!



Date:

TO: State Legislators

FROM: Linda Decker of St Anthony

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at St. Anthony in Wailuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

*Linda Decker*

Date: 2/4/19

TO: State Legislators

FROM: Lani Scott of Wailuku

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at St. Anthony in Wailuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

*Lani Scott*

Date: 2/4/2019

TO: State Legislators

FROM: Geraldine Sato of Enhance Fitness } Wailuku  
St. Anthony

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at \_\_\_\_\_ in \_\_\_\_\_.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Geraldine Sato

Date:

TO: State Legislators

FROM: Susan Ventura of Wailuku

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

St. Anthony in Wailuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!





Date:

TO: State Legislators

FROM: Sienei Alba-Meane of Waialeale

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- **HB 468**
- **SB 1026**

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

St Anthony in Waialeale.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Sienei Alba-Meane

Date:

TO: State Legislators

FROM: Kathy Biggs of Wailuku, HI

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

St Anthony Church in Wailuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

*Kathy Biggs*

Date: 2/6/19

TO: State Legislators

FROM: Wendy Radimer of Wailuku

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at St. Anthony in Wailuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Wendy Radimer

Date:

TO: State Legislators

FROM: Linda Y. Keheara of Wailuku

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at St. Anthony of Maui in Wailuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Linda Y. Keheara

Date: 2-6-19

TO: State Legislators

FROM: Susan Antoku of Wailuku

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

St. Anthony H.S. in Wailuku

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

Susan Antoku

Date: 2.6.19

TO: State Legislators

FROM: JOHN ANGLIST of Wailuku

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance®Fitness program. Enhance®Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

St Anthony in Wailuku.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

John Anglist



Date: 2-4-2019

TO: State Legislators

FROM: DALIE SUGUITAN of WAILUKU

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

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St. Anthony Parish in WAILUKU.

Please support the Healthy Aging Partnership program by providing funding (\$605,000) to keep this invaluable program and other health and wellness programs available for kupuna like me. We have worked hard for our entire lives, and we want to live the rest of our lives with good health and dignity. This program is great for my health, but also allows me to socialize with others in a supportive environment. I wish that more classes were available so that many other senior citizens could participate.

Thank you for supporting me and other kupuna!

*D Suguitan*

Date: 6 Feb 2019

TO: State Legislators

FROM: Nigel Keep of Wailuku, HI

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

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St. Anthony's School Church in Wailuku.

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Thank you for supporting me and other kupuna!

Nigel Keep

Date:

TO: State Legislators

FROM: Melinda Keep of Wailuku, HI

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

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Thank you for supporting me and other kupuna!

Melinda Keep

Date: 2/4/19

TO: State Legislators

FROM: Jamie Lum of Wailuku

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

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Thank you for supporting me and other kupuna!

*Jamie Lum*

Date:

TO: State Legislators

FROM: Vera De Mello of Wailuku

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- **HB 468**
- **SB 1026**

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Thank you for supporting me and other kupuna!

Vera De Mello

Date:

TO: State Legislators

FROM: Mary Ann Ludwig of \_\_\_\_\_

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- **HB 468**
- **SB 1026**

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Thank you for supporting me and other kupuna!

Mary Ann Ludwig



Date:

TO: State Legislators

FROM: Karen Moore of \_\_\_\_\_

**SUBJECT: Healthy Aging Partnership Proposed Bills**

- HB 468
- SB 1026

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Date: Feb. 5, 2019

TO: State Legislators

FROM: Sherri Curry of Honokowai

SUBJECT: **Healthy Aging Partnership Proposed Bills**  
• HB 468  
• SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at WEST MAUI SENIOR CENTER in LAHAINA.

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Thank you for supporting me and other kupuna!

Date: Feb. 5, 2014

TO: State Legislators

FROM: Amy S Hussey of Lahaina, Maui

SUBJECT: **Healthy Aging Partnership Proposed Bills**  
• HB 468  
• SB 1026

Every month, I am among the almost 400 senior citizens in Maui County that participate in the Enhance@Fitness program. Enhance@Fitness is an evidence-based fitness program that was designed for kupuna, and has helped me to be healthier and stronger and maintain my independence. I participate in a class held at

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Date: Feb. 5, 2019

TO: State Legislators

FROM: Joy Yamamoto of Lahaina

SUBJECT: **Healthy Aging Partnership Proposed Bills**  
• HB 468  
• SB 1026

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Date: Feb. 5, 2019

TO: State Legislators

FROM: Carolyn Kam of Lahaina

SUBJECT: **Healthy Aging Partnership Proposed Bills**  
• HB 468  
• SB 1026

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Date: Feb. 5, 2019

TO: State Legislators

FROM: Aracelis McCoy of Lahaina

SUBJECT: **Healthy Aging Partnership Proposed Bills**  
• HB 468  
• SB 1026

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**HB-468-HD-1**

Submitted on: 2/20/2019 8:40:50 AM

Testimony for FIN on 2/21/2019 11:00:00 AM

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Deborah Stone-Walls	Maui County Office on Aging	Support	No

Comments:

The Thirtieth Legislature  
Regular Session of 2019

HOUSE OF REPRESENTATIVES

Committee on Finance

Rep. Sylvia Luke, Chair

Rep. Ty J.K. Cullen, Vice Chair

State Capitol, Conference Room 308

Thursday, February 21, 2019; 11:00 a.m.

**STATEMENT OF THE ILWU LOCAL 142 ON H.B. 468, HD1  
RELATING TO THE HEALTHY AGING PARTNERSHIP PROGRAM**

The ILWU Local 142 **supports** H.B. 468, HD1, which appropriates funds for the Healthy Aging Partnership program to further the program's role in improving the health and well-being of Hawaii's kupuna.

The Healthy Aging Partnership is a program that facilitates chronic disease management and exercise and fitness programs for elderly individuals to maintain their health. An evidence-based health promotion program, the Healthy Aging Partnership helps seniors to become more aware of their health and provides them with education and tools to help them eat right, adjust their lifestyles, exercise, and use medication and doctor visits appropriately. Hawaii's program received an award from the American Society on Aging in 2013.

The program is evidence-based and adds to the data that demonstrates what happens when chronic disease is properly managed and exercise and fitness are components of an elderly person's routine and lifestyle. Kupuna participating in the Healthy Aging Partnership are more active, healthier, and enjoy life.

The only drawback is that the Healthy Aging Partnership serves a limited number of kupuna. But if the appropriation called for in H.B. 468 is not provided, even fewer kupuna, and possibly none, will benefit from this program that has been able to keep seniors healthy and active. Replication of the program with a "train the trainer" component using volunteers may be something to consider to increase the numbers who could benefit from the Healthy Aging Partnership.

The ILWU urges passage of H.B. 468, HD1. Thank you for the opportunity to provide testimony on this measure.



1132 Bishop Street, #1920 | Honolulu, HI 96813  
1-866-295-7282 | Fax: 808-537-2288 | TTY: 1-877-434-7598  
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facebook.com/AARPHawaii

House  
Committee on Finance  
Thursday, February 21, 2019  
11:00 a.m.  
Conference Room 308

To: Representative Sylvia Luke, Chair  
RE: Strong Support for HB468 HD1, Relating to the Healthy Aging Partnership Program

Aloha Chair Luke and Members of the Committee:

My name is Jessica Wooley and I am the Advocacy Director for AARP Hawaii. AARP is a membership-based organization of people age fifty and over with about 150,000 members in Hawaii. AARP advocates for issues that matter to Hawaii families, including the high cost of long-term care, access to affordable, quality health care for all generations and serving as a reliable information source on issues critical to people over the age of fifty.

AARP Hawaii strongly supports HB468, to fully fund the healthy aging partnership program to improve the health and well-being of *kupuna* in Hawai'i.

Mahalo for the opportunity to support HB468 HD1.



**HB-468-HD-1**

Submitted on: 2/20/2019 2:22:01 PM

Testimony for FIN on 2/21/2019 11:00:00 AM

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Melodie Aduja	O`ahu County Committee on Legislative Priorities of the Democratic Party of Hawai`i	Support	No

Comments:

**Testimony in Support by Zonta Club Of Hilo for Kupuna Caucus Bills (HB 465, HD 1; HB 466, HD1; HB 467, HD 1; HB 468, HD1**

Hearings Before the Finance Committee

**February 21, 2019; Thursday; 11:00 a.m; State Capitol Conference Room 308**

Representative Sylvia Luke, Representative Cullen Vice-Chair, and Committee Members

**The Zonta Club of Hilo supports** the requested appropriation to fund fully the Kupuna Care, Aging and Disability Resource Centers Network, Kupuna Caregivers without the daily cap, Healthy Aging, and the Alzheimer's Disease and Related Dementias Coordinator. Zonta is an international organization of business and professional women whose mission is to advance the status of women and girls worldwide.

The Zonta Club **voted recently to support Kupuna Caucus bills relating to Aging**, including Kupuna Care, a "one-stop resource center" for aging and disability services (ADRC), Kupuna Caregivers Support, Alzheimer and Dementia Coordinator, and Healthy Aging). As an organization, we realize that aging issues disproportionately impact women for two main reasons; 1) greater social, medical and economic costs associated with longer life-expectancies for women; and 2) women still bear most of the responsibilities of elder caregiving. Many Zontians are "Baby Boomers" who understand the challenges of being an "elder."

To reduce economic and social costs facing the elders, disabled, and their care-givers, we need collaborative, comprehensive implementation of "best practices." The practices must include a government and community "support net" through adequate funding and user-friendly access.

The Kupuna Caucus funding proposals would reduce the overall societal and economic costs by allowing the elders to age-in-place, surrounded by social supports, and avoiding costly institutional care and caregivers' burnout.

The funding will be helpful for Hawaii County, which has the challenge of being the largest county with strained infrastructure. Our super-rurality makes any delivery of services for elders and disabled more challenging. We continue to have the unfortunate status of being the county with the most "challenging" economic and social negative social indicators, including inadequate public transportation and insufficient primary health care services. Hawaii County's growing elder and disabled population is outpacing the current resources. Over 21% of the population is over 60. The Kupuna Caucus funding bills give us hope.

Thank you for your expected support and opportunity to testify. Charlene Iboshi





HAWAII CHAPTER - AMERICAN PHYSICAL THERAPY  
ASSOCIATION

(800) 554-5569 x13 • www.hapta.org • info@hapta.org

**HB468hd1, RELATING TO THE HEALTHY AGING PARTNERSHIP PROGRAM**

**House FIN Hearing – Agenda 1**

**Wednesday, Feb 21, 2019 – 11:00 am**

**Room 308**

**Position: Support**

Chair Luke and Members of the Hse FIN Committee:

I am Gregg Pacilio, PT and Board President of the Hawaii Chapter of the American Physical Therapy Association (HAPTA), a non-profit professional organization serving more than 300 member Physical Therapists and Physical Therapist Assistants. Our members are employed in hospitals and health care facilities, the Department of Education school system, and private practice. We are movement specialists and are part of the spectrum of care for Hawaii, and provide rehabilitative services for infants and children, youth, adults and the elderly. Rehabilitative services are a vital part of restoring optimum functioning from neuromusculoskeletal injuries and impairments.

HAPTA supports the request for funding for the Healthy Aging Partnership program which has successfully adapted evidence-based health promotion programs and disease prevention programs for the multicultural population in Hawaii. It provides accurate information to our kupuna. It provides classes about healthy living, chronic disease management, arthritis management, and diabetes management to empower kupuna and their caregivers. For example, the Enhanced Fitness program on Kauai allows kupuna to exercise in a safe manner, allowing for increased physical activity which has been shown to improve overall health factors and balance.

The Healthy Aging Partnership program is a valuable resource for the community as well as for physical therapists and other health professionals to refer people for both prevention and post-injury/medical complication for education and improved health.

Your support of HB468hd1 is appreciated. Thank you for the opportunity to testify. Please feel free to contact Nick Bronowski, HAPTA's Elder Care Chair at (808)546-0937 for further information.

**HB-468-HD-1**

Submitted on: 2/19/2019 10:10:31 AM

Testimony for FIN on 2/21/2019 11:00:00 AM

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Reuben Ignacio	Individual	Support	No

Comments:

**HB-468-HD-1**

Submitted on: 2/19/2019 2:34:48 PM

Testimony for FIN on 2/21/2019 11:00:00 AM

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Jan Shishido	Individual	Support	No

Comments:

**HB-468-HD-1**

Submitted on: 2/20/2019 10:52:41 AM

Testimony for FIN on 2/21/2019 11:00:00 AM

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Barbara J. Service	Individual	Support	No

Comments:

Healthy Aging Partnership program is an evidence-based program for chronic disease management (primarily diabetes) and exercise. For every dollar spent on these program, \$1.70 is saved in medical costs. Last year, the program was not funded; the Area Agencies on Aging had to take funds from other critical programs to continue HAP.

Please fund Healthy Aging Partnerships.

Chair Sylvia Luke  
Vice Chair Ty J.K. Cullen

HB 468 HD 1

Relating to Healthy Aging Partnership Program

My name is Beverly Gotelli and I'm writing to express my support of HB 468 Relating to the Healthy Aging Partnership Program. This bill appropriates funds for the health aging partnership (HAP) program to further the program's role in improving the health and well-being of Hawaii's Kupuna. I know this bill refers to Healthy Aging Partnership and refers to two programs Better Choice Better Health and Enhance Fitness.

I'm not familiar with Better Choices Better Health and will focus on the Enhanced Fitness program that I participate in. As mentioned, I'm participant of the Enhanced Fitness Program I can tell you it is a very worthwhile program. The sessions are three times a week and an hour long. There are sessions throughout Kauai island at various Neighborhood Centers or other facilities.

Healthy Aging Partnership was nationally recognized and has provided evidence – based programs to more than 4,000 individuals statewide. We are routinely tested to see how our health has improved since starting the program. In order to participate in the Enhanced Fitness Program, you must have your physicians' consent. My physician was very happy to sign the consent as he felt it was a proactive measure to keep me physically fit and ensure I was getting some type of physical activity.

Healthy Aging Partnership Program data suggest saving health care cost of \$1373 per person for those who participate in Enhanced Fitness.

I will say the program does provide for a better quality of life and physical performance.

It is also a goal of the Hawaii State Plan on Aging to: *Maximize opportunities for older adults to age well, remain active and enjoy quality lives while engaging in their committees.*

As Hawai'i is considered to be the healthiest place to live, I believe programs such as this are beneficial to our kupuna who are living longer and staying fit.

Funding is needed in order to provide our kupuna with a healthy living program. I'm confident that the Hawaii legislature has shown leadership by supporting our kupuna through this legislation.

Thank you for considering my testimony.

Beverly A. Gotelli  
6286 Opaekaa Road  
Kapaa, HI 96746



**LATE**

**HB-468-HD-1**

Submitted on: 2/21/2019 8:11:19 AM

Testimony for FIN on 2/21/2019 11:00:00 AM

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Debra Mapel	Individual	Support	No

Comments:

**LATE**

**HB-468-HD-1**

Submitted on: 2/21/2019 2:56:19 PM

Testimony for FIN on 2/21/2019 11:00:00 AM

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Brian Lehmann	Individual	Support	No

Comments: