

*Megan I. Kosaka*

<b>Objective</b>	To endeavor to utilize my education and experience as a Marriage and Family Therapist and a DOE mental health supervisor, so that I may better serve our keiki and 'ohana in need, through multi-faceted, healthy, professional, and compassionate therapeutic support as a member of the Mental Health and Substance Abuse, Maui Service Area Board.
<b>Licensure</b>	<b>#332 Marriage and Family Therapist;</b> 01/01/13 – current, HI <b>#01530 Marriage and Family Therapist;</b> 03/13/18 – current, NV
<b>Education</b>	<p style="text-align: right;"><i>Argosy University</i> Honolulu, HI</p> <p><b>M.A., Marriage and Family Therapy</b></p> <ul style="list-style-type: none"> <li>• GPA 4.0</li> <li>• Argosy Green Club Member</li> </ul> <p style="text-align: right;"><i>University of South Florida</i> Tampa, FL</p> <p><b>B.A., International Studies</b></p> <ul style="list-style-type: none"> <li>• Cum Laude [GPA 3.53]</li> <li>• Outstanding Senior [Highest GPA in major 3.98]</li> <li>• Golden Key International Honour Society member</li> </ul> <p style="text-align: right;"><i>University of Nevada, Las Vegas</i> Las Vegas, NV</p> <ul style="list-style-type: none"> <li>• Honor's College</li> <li>• Dean's List multiple semesters</li> <li>• Full NCAA Division I, Track &amp; Field athletic scholarship</li> </ul> <p>2018 EMDR [Eye Movement Desensitization and Reprocessing] Trained</p>
<b>Employment</b>	<p>01/2018-Current <i>Department of Education</i> State of Hawai`i <b>Behavioral Health Specialist, V [Supervisor]</b></p> <p>11/2017-12/2017 <i>The Delta Academy</i> N. Las Vegas, Nevada <b>Student Success Coordinator</b></p> <ul style="list-style-type: none"> <li>• Grant funded project coordinator to get 40 students into college from a unique high school setting in a low socio-economic area</li> </ul> <p>12/2012-06/2017 <i>Department of Education</i> State of Hawai`i <b>Behavioral Health Specialist, IV and V [Supervisor]</b></p> <ul style="list-style-type: none"> <li>• Maui District Crisis Prevention Intervention [CPI] Certified Trainer</li> <li>• Group &amp; Individual Primary Mental Health Counselor for youth with high-end behavioral challenges, substance abuse issues, a diagnosis on the Autism Spectrum, and/or one or multiple mental health diagnoses that interferes with the student's success in the school environment</li> <li>• Responsible for providing group counseling, curriculum centering around development and application of recovery from Substance Abuse, Anger Management, coping skills, social skills, etc.</li> <li>• Crisis Management</li> <li>• Autism Consultant [12/12 – 07/13]</li> <li>• Community networking: establishing and maintaining professional relationships with DOE, DOH, CPS, and other agencies (MYFS, Aloha House, Family Court, judiciary for criminal offenses, etc.)</li> </ul>

10/2012-12/2013 *Aloha House, Family Court Drug Court* Makawao, HI  
**Intensive Family Therapist**

- Intensive In-home Individual and Family Therapy
- Provide support and/or assist client(s) with consistently increasing ability to re-engage appropriately with both active substance abuse recovery and life responsibilities [relationships [parenting], employment, time management, organization [budgeting, etc.]]
- Crisis Management
- Relapse Prevention and skill building/application out in the community

03/2012-12/2012 *APS Healthcare, Inc.* Kahului, HI  
**Care Coordinator**

- Case Management: Provide coordinated/cooperative care for adults with SPMI, managing and connecting the consumer with providers related to the social, medical, financial, and/or behavioral concerns associated with complex circumstances.
- Crisis Management: De-escalation of disturbed client (including application of appropriate counseling/therapeutic techniques and CPI, contacting Access Line (i.e. Crisis Mobile Outreach or 911; etc.))
- PSR [Psychosocial Rehabilitation] Mental Health Facilitator: Responsible for guiding group process for adults that have SPMI. Groups review social skills, coping mechanisms, communication skills, self-awareness (personal crisis cues), and basic life skills (i.e. cooking/food preparation, self-care, hygiene, financial responsibility, etc.).
- IOP [Intensive Out-Patient] Facilitator: Provide healthy, positive, solution-focused group process for individuals requiring clinical mental health intervention.
- Responsible for completing all documentation, notes, and appropriate follow-up within 24 hours of provided service.

08/2008-03/2012 *Department of Education* State of Hawai`i  
**Behavioral Health Specialist, III and IV**

- Maui District Intensive Learning Center, Intermediate School
- Group & Individual Primary Counselor for adolescents with one or multiple mental health diagnoses
- Responsible for providing group counseling, curriculum centering around concepts such as recovery from Substance Abuse, Anger Management, coping skills, social skills, etc.
- Crisis Management
- Community networking, establishing and maintaining professional relationships with DOE, DOH, CPS, and other agencies (MYFS, Aloha House, Family Court, judiciary for criminal offenses, etc.)

09/2007-07/2008 *Aloha House, Inc.* Makawao, HI  
**Counseling Intern**

- IOP Substance Abuse Group Co-facilitator & Individual Primary Counselor/Case Manager [Daytime, Upcountry]
- COD Group Counselor [Daytime, Residential]

05/2005-08/2007 *Maui Youth & Family Services, Inc.* Makawao, HI  
**Adolescent Substance Abuse Counselor / Prevention Specialist**

- Employee of the Month [Youth Development: 05/06 & 04/07]
- Responsible for providing weekly group IOP sessions and individual sessions with adolescent consumers in the substance abuse IOP program