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STATE OF HAWAII  
**DEPARTMENT OF PUBLIC SAFETY**

919 Ala Moana Boulevard, 4th Floor  
Honolulu, Hawaii 96814

No. \_\_\_\_\_

December 21, 2018

The Honorable Ronald D. Kouchi,  
President and Members of the Senate  
Twenty-Ninth State Legislature  
State Capitol, Room 409  
Honolulu, Hawaii 96813

The Honorable Scott K. Saiki, Speaker  
and Members of the House of  
Representatives  
Twenty-Ninth State Legislature  
State Capitol, Room 431  
Honolulu, HI 96813

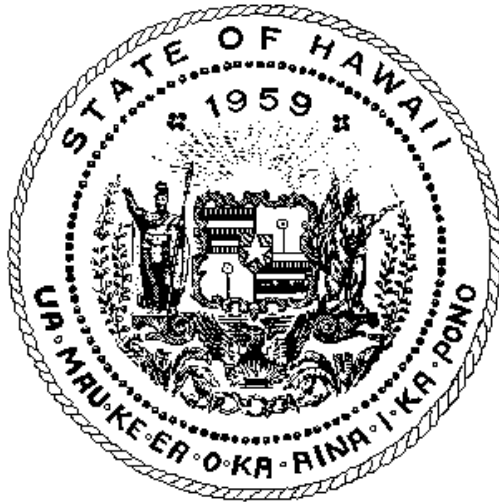
Dear President Kouchi, Speaker Saiki, and Members of the Legislature:

For your information and consideration, I am transmitting a copy the **Report on Gender Responsive Community Based Programs for Women**, as required in §367D-008, Hawaii Revised Statutes. In accordance with Section 93-16, Hawaii Revised Statutes, I am also informing you that the report may be viewed electronically at:  
<https://dps.hawaii.gov/wp-content/uploads/2018/12/Gender-Responsive-Community-Based-Programs-for-Women.pdf>.

Sincerely,

Nolan P. Espinda  
Director

Enclosures



**DEPARTMENT OF PUBLIC SAFETY  
REPORT TO THE 2019 LEGISLATURE**

**SECTION 367D-008, HRS  
GENDER RESPONSIVE COMMUNITY BASED PROGRAMS  
FOR WOMEN**

**Department of Public Safety  
Corrections Program Services Division**

**December 2018**

The 2006 Hawaii State Legislature mandated through Hawaii Revised Statutes (“HRS”) §367D-2 that the Department of Public Safety (“PSD”) foster a gender responsive environment by providing model gender-responsive programs for female offenders that are responsive to statewide needs and geographical areas and award contracts for programs subject to funding by the Legislature. The gender-responsive environment and programs were to:

- (1) Respond in a rehabilitative way to the type of offense female offenders generally commit and address pathways to crime;
- (2) Respond to the problems of female offenders with dependent children;
- (3) Respond to the importance of developing self-determination through independent living and marketable job skills;
- (4) Assist female offenders in overcoming their own extreme degree of dependency by developing and fostering strong and healthy relationships without losing self-esteem;
- (5) Respond appropriately to the specific health care needs of women, including but not limited to mental health and substance abuse services;
- (6) Offer transitional support for female offenders and their families to promote successful reentry into their families and communities; and
- (7) Offer technical assistance and training toward the implementation of other similar programs.

This report is being submitted in response to HRS §367D-8, which requires PSD to report on the following areas: program descriptions, type and costs of contracts made, name of the private agency awarded each contract, and the success of each contract in meeting program specifications.

## **Contracted Programs for Incarcerated Women Program Descriptions**

### Women’s Community Correctional Center

**Culinary Arts Program** - The culinary training at the Women’s Community Correctional Center (“WCCC”) provides a quality education in culinary arts. It is a credited program. Women who finish the program in the facility may enroll in the culinary program at the Kapiolani Community College (KCC); the credits earned at WCCC are transferrable to KCC.

There are four modules covered:

- Module 1: Introduction to Culinary Industry (CULN 111)
- Module 2: Food Safety and Sanitation (CULN 112)
- Module 3: Fundamentals of Cookery (CULN 120)
- Module 4: Intermediate Cookery (CULN 130).

Women who complete and pass Module 2 –Safety and Sanitation are qualified to take the Serv-Safe certification test, issued by the National Restaurant Association. Women who complete and pass all four modules earn a certificate of professional development from Kapiolani Community College.

This program is provided through a Memorandum of Agreement (“MOA”) with Kapiolani Community College. For the 2017-18 fiscal year, the total cost for delivery and supplies for the 4 modules the Culinary Arts Program was \$92,186.

### **College Program**

Early college courses, such as College Skills, Family Resources, Psychology, Sociology, Slack Key Guitar, and Hula Olapa are offered at WCCC through a Memorandum of Agreement with Windward Community College (“WCC”). In FY 2018, a WCC college counselor provided guidance counseling for women at the facility. The U.S. Dept. of Education Title III Pu’uhonua: Places of Sanctuary covered all instructor costs and course-related expenses. WCC is solely responsible for administration and implementation of this grant.

**Mother Read (Parenting)** – is a family empowerment and literacy program sponsored by the Hawaii Council for the Humanities. All parents are welcome, including average and poor readers. Participants work to improve their parenting skills and learn how to make reading with their children a family experience that is fun and educationally rewarding. Through a variety of books, parents strengthen reading skills, communication with their children, and family bonds. Parents find through participation in the Mother Read class, they can also help their children become better students.

This program was provided through a purchase of service with the Hawaii Council for the Humanities. The total cost of the program for the year was \$4,300.

Hawaii Community Correctional Center on Hawaii Island also offers a Parenting class as well as a Cognitive Skills class. The classes are taught either by a contract teacher or by a Corrections Education Specialist.

**The Office Worker Business Applications Training** - is comprised of modules designed to prepare students interested in entering careers in the business environment. The program provides instruction, hands-on training, and exercises to reinforce and apply the student’s computer skills. The program focuses on the following training modules:

- Introduction to the World of Computers: To gain an overview of the basics of Microsoft Windows 7 from opening, editing, and saving applications to copying and pasting and learning shortcut features.
- Microsoft Word 2013 for the Business World Level 1: To learn to work with text using formatting tools, creating and using tables and more.
- Microsoft Word 2013 for the Business World Level 2: To format text with styles and set up Mail Merge documents and labels.

- Business Applications Using Microsoft Excel 2013 Level 1: To create charts in Excel, modifying column width and row heights and transmitting.
- Business Applications Using Microsoft Excel 2013 Level 2: To apply advanced formatting to worksheet contents.
- Business Presentations using Microsoft PowerPoint Level 1: To integrate charts to display numerical data and create a SmartArt diagram.

The program was provided through a Memorandum of Agreement with the Windward Community College - Community and Career Education. The cost was \$13,100.

**Lifestyles for Women** – is a comprehensive transition skills training program designed to provide assessments, cognitive skills, job development, job placement, transition services, and intensive re-entry services. The program uses social education and skills training to assist inmates to recognize behavior patterns, in order to minimize the commission of errors that bring unintended consequences. This training covers Cognitive Skills Training, Life Skills Training, Self-directed Job Search, and Personal Transition Planning.

This program is funded with the last of the Intensive Reentry Program that was originally funded by the 2006 Hawaii Legislature. The program is delivered by Worknet, Inc., together with a comparable program for men at the Waiawa Correctional and Halawa Correctional Facilities. Currently, Worknet, Inc. is a recipient of the City and County of Honolulu Grant in Aid in the amount of \$125,000.

### **Victim Impact**

This program helps the participants learn about the impact of crime on victims. They will have opportunities to learn information and skills that benefit them. The program challenges the participants to begin to focus on other people – people they harmed. This class is not about sentencing laws or offender rights; the focus is on victims. Although the participants may already think about the people whom they have victimized, they may not know what it feels like to be victimized themselves. During this program, the participants engage in activities, watch videos, and hear victims speak. They will see and hear directly from victims about how their lives have changed. This program is sponsored by the Hawaii County Office of the Prosecuting Attorney.

### **Outpatient Treatment Services (OPS-Level 2):**

Through a Purchase of Service Contract with the Salvation Army, PSD provides a cognitive-behavioral treatment component lasting 44 hours, meeting once per week, which utilizes an evidence-based, cognitive-behavioral therapy curriculum. Level II services are for female inmates who are at lower risk for criminal conduct and meet diagnostic criteria for substance abuse or dependence. Women receiving services in this modality of treatment have had minimal disruption in their psychosocial or vocational functioning attributed to substance abuse.

**Intensive Outpatient Treatment Services (IOP-Level 2.5):**

PSD provides IOP substance abuse treatment services to the female offenders located at WCCC. The IOP treatment modality consists groups sessions lasting two to three hours, four days a week with accompanying individual counseling sessions. Level II.5 services are for female inmates who are at moderate risk for criminal conduct and meet diagnostic criteria for substance abuse or dependence. The female participants in IOP work through gender-specific, evidenced based journals purchased through The Change Companies' Residential Drug Abuse Program. These journals allow the participants to address gender-specific situations to develop and practice the skills sets necessary for a successful transition back into the community. The duration of the program is approximately 9 months to completion. Each group is a closed ended group with a maximum of 15 women per group. Assessment and treatment planning, individual and family counseling, and aftercare services are provided for each participant.

**Residential Treatment Services (RES- Level 3):**

The therapeutic community (TC) of 50-bed capacity is operated by Hina Mauka through a purchase of service agreement with PSD. The program is an intensive long-term, 9 to 12-month therapeutic community.

Cognitive-Behavioral Treatment and Social Learning Theory combine to address criminal thinking and behavior. As the TC residents live and work together, separated from the general population, they hold each other accountable to practice recovery skills and change their criminal thinking and behavior. Specialized services are also provided in the area of sexual and physical abuse, domestic violence, criminality, and other types of gender responsive issues.

**Re-Entry/Transition Services (The Bridge Program):**

The Bridge Program is a residential substance abuse reentry, work furlough program operated by PSD for inmates who have completed IOP, or residential substance abuse treatment while incarcerated. The program provides opportunities to practice social learning, cognitive, and recovery skills in treatment while transitioning to the community. Family Therapy services are offered via POS contract through Institute of Psychological Growth as the inmate re-connects with family and community resources.

**The Cognitive Behavioral Intervention program (CBIP)**

CBIP is designed to address a pattern of negative attitudes and behaviors displayed by the inmate. These attitudes and behaviors are documented on a referral form by the case manager and then submitted to the provider. The purpose of this program is to provide an opportunity for the inmate to “get back on track” without changing custody level and being transferred from community-based status to a higher custody level. Participants in this program would be permitted to keep their job, but all other privileges would be suspended until they were able to demonstrate significant progress. Once the inmate has made significant progress, the case manager will gradually return privileges until all privileges have been fully restored.

### **The Relapse Intervention Program (RIP)**

The Relapse Intervention Program (RIP) is designed to provide an opportunity for female in furlough programs who have a positive urinalysis result to maintain minimum security status as opposed to medium security status. The case manager would document the circumstances regarding the positive UA on the referral form and submit it to the provider. While in the RIP Program, the offender will participate in evidence-based, cognitive behavioral programming to specifically target the offender's needs. These inmates will receive 6 to 9 months of intensive intervention and relapse prevention planning.

### **Transitional Housing Program (YWCA):**

The Department has newly awarded the **Young Women's Christian Association (YWCA)** Fernhurst with a contract on Oahu to provide community based residential programs for female offenders that focus on transition and re-integration to the community. This program provides job development, money management, life skills, anger management, and domestic-violence, relapse prevention, and work furlough opportunities. The program is currently called Ka Hale Ho'Ala Hou No Na Wahine (Home of Re-awakening for Women) and has up to 30 beds available.

## **Volunteer Programs for Incarcerated Women Program Descriptions**

### **Haku Mo'olelo (Author, Story Writer) Program**

This program is a creative-writing, read-aloud program for inmates at the Women's Community Correctional Center (WCCC). It is designed to help inmates write their own stories or tales. A teacher and a work line assistant assist with writing and preparing the stories for publication. The culminating event is sharing read aloud stories for children, parents and community members. The program enhances the inmates' self-esteem, sharpen their writing skills, and provides the necessary tools to share the joy of reading aloud to their children. The program is provided by the Read to Me International, Hawaii Chapter, a non-profit organization, through the Education Services. The organization has the stories written by the inmates published as short story books.

**Women in Need (WIN)** provides stabilizing courses in parenting, domestic violence/anger management, self-esteem, computer skills, job readiness and basic life skills. The program's mission is to empower at risk families by helping them develop the basic tools and skills of personal development and self-sufficiency to become independent and productive members of our community. The classes offered help prevent self-destruction, the repeating cycle of domestic violence, and alcohol and substance abuse. Women in Need (WIN), is a 501(c) 3 non-profit organization.

### **Independent Living**

This course is designed to assist the women preparing to transition from custody to prepare resumes, job applications, as well as forms for daily needs including housing, insurance, and

banking to allow their successful reintegration. This program is provided under a grant by YWCA Staff. (16 hrs. rendered)

**Toastmasters** – a course designed to assist the women in WCCC in enhancing and improving effective and efficient public speaking skills. (64 hrs. rendered).

**Try Think.** This course engages participants in meaningful and varied discussions that extend beyond the confines of prison life and to allow participants a safe environment to share and debate those topics. Each course topic (Community and Culture, Civic, ‘Ohana, and The World We Lived In) is designed to have participants engage in discussions involving the different “communities” of which they are a part of. It is provided by the Hawaii Council for Humanities through the Education Services. (42 hrs. rendered)

### **Hawaii Community Correctional Center**

**Essential Career Skills** – This program is presented as an ongoing course for students who do not meet minimum writing and/or reading requirements to effectively gain and/or maintain housing, employment, or other essential services. The focus of the course is on applying critical reading skills for organizing, analyzing, and retaining material and developing written work appropriate to the audience, purpose, situation, and length of assignment. The course integrates preparation in basic applied reading skills and writing in a variety of applied formats.

This program was provided through a purchase of service with Mr. Doug Capogrossi. The total cost of delivery was \$4,000

### **Women’s Ho’Omau**

This program aims to provide survivors of sexual violence with the tools necessary to move through their healing process to allow them to lead healthy productive lives. This program is provided by YWCA through a Victim’s Assistance Grant

### **Body-Based Healing: Yoga for Survivors of Sexual Assault**

This program is a new course intended for consolidation with the Ho’Omau course to utilize yoga for a therapeutic physical relief of physical and psychological issues suffered by victims of sexual violence. This program is also provided by YWCA through a Victim’s Assistance Grant.

### **Independent Living**

This course is designed to assist women preparing to transition from custody to prepare resumes, job applications, as well as forms for daily needs including housing, insurance, and banking to allow their successful reintegration.



Independent Living, Women's Ho'Omou and Body-Based Healing: Yoga for Survivors of Sexual Assault programs are delivered by the YWCA staff/practitioners to the women in Hilo Community Correctional Center through the Education Services.

## **Victim Impact**

### **Maui Community Correctional Center**

**Computer Skills.** This program is offered to the Adults Basic Education (ABE) students. In addition to the academic components, such as reading, math, and communications, the students are taught to recognize and use computers and their peripherals. They are instructed in navigating the Window's environment, and taught the basics of word processing and spreadsheets. Students learn what a program is and how to recognize file types. A Corrections Education Specialist provides the program.

**Continuing Education and College Prep.** Students at all levels can build an individual program of study in a wide variety of subjects including accounting, tourism and hospitality management, culinary arts, art history and much more. Online instruction is available through Plato Courseware, the Hawaii State Library System, and other online sources that are white-listed. Corrections Education Specialists work with students to guide their progress, and to assist them in researching additional sources online.

Inmates who attain community custody status can request an education furlough to study offsite at University of Hawaii Maui Campus or McKinley School for Adults Maui Campus.

### **Oahu Community Correctional Center**

#### **Self-Development: Women for a Better Future**

Women for a better future is a cognitive based skills class focusing on improving the outlook of incarcerated women through engaging curriculum designed to facilitate active community building in the learning process. The curriculum includes visual, auditory, and kinesthetic learning lessons which enhance students' understanding of the world, their community, and most importantly, themselves. Over the course of the 8-week class, students write journals, allowing time for active reflection as well as communicate with their peers about topics presented in the classroom. Students have the opportunity to broaden their depth of understanding about societal, gender, and cultural norms. This understanding will allow them to grow and deepen their knowledge base so they are able to better perform in the world of work, school, and their community. This course is taught by a Corrections Education Specialist.

All prisons and community correctional centers offer adult basic education and preparation classes for high school diploma equivalency testing. The prisons offer GED testing, while the community centers offer HiSET testing.

## **CONCLUSION**

The 2006 Hawaii State Legislature appropriated \$225,000 to support the intent of §367-2, Gender Responsive Community Based Programs for Women. The appropriation assisted PSD in establishing an Intensive Reentry Program for high-risk women offenders in need of specialized services as they transition into employment and pro-social lifestyles in the community. However, budget reductions in the ensuing years resulted in certain contracted services being lapsed in July of 2009.

With the establishment of the Department's Reentry Office in 2016, PSD has been able to expand its focus to providing a continuum of services for women offenders returning to the community, in addition to the programs and services taking place in the facilities.