

## Department of Commerce and Consumer Affairs

### CERTIFICATE OF GOOD STANDING

I, the undersigned Director of Commerce and Consumer Affairs of the State of Hawaii, do hereby certify that

**SOUNDING JOY MUSIC THERAPY, INC.**

was incorporated under the laws of Hawaii on 09/05/2002 ; that it is an existing nonprofit corporation; and that, as far as the records of this Department reveal, has complied with all of the provisions of the Hawaii Nonprofit Corporations Act, regulating domestic nonprofit corporations.



IN WITNESS WHEREOF, I have hereunto set my hand and affixed the seal of the Department of Commerce and Consumer Affairs, at Honolulu, Hawaii.

Dated: January 11, 2019

Director of Commerce and Consumer Affairs

**DECLARATION STATEMENT OF  
APPLICANTS FOR GRANTS PURSUANT TO  
CHAPTER 42F, HAWAII REVISIED STATUTES**

The undersigned authorized representative of the applicant certifies the following:

- 1) The applicant meets and will comply with all of the following standards for the award of grants pursuant to Section 42F-103, Hawaii Revised Statutes:
  - a) Is licensed or accredited, in accordance with federal, state, or county statutes, rules, or ordinances, to conduct the activities or provide the services for which a grant is awarded;
  - b) Complies with all applicable federal and state laws prohibiting discrimination against any person on the basis of race, color, national origin, religion, creed, sex, age, sexual orientation, or disability;
  - c) Agrees not to use state funds for entertainment or lobbying activities; and
  - d) Allows the state agency to which funds for the grant were appropriated for expenditure, legislative committees and their staff, and the auditor full access to their records, reports, files, and other related documents and information for purposes of monitoring, measuring the effectiveness, and ensuring the proper expenditure of the grant.
- 2) If the applicant is an organization, the applicant meets the following requirements pursuant to Section 42F-103, Hawaii Revised Statutes:
  - a) Is incorporated under the laws of the State; and
  - b) Has bylaws or policies that describe the manner in which the activities or services for which a grant is awarded shall be conducted or provided.
- 3) If the applicant is a non-profit organization, it meets the following requirements pursuant to Section 42F-103, Hawaii Revised Statutes:
  - a) Is determined and designated to be a non-profit organization by the Internal Revenue Service; and
  - b) Has a governing board whose members have no material conflict of interest and serve without compensation.

Pursuant to Section 42F-103, Hawaii Revised Statutes, for grants used for the acquisition of land, when the organization discontinues the activities or services on the land acquired for which the grant was awarded and disposes of the land in fee simple or by lease, the organization shall negotiate with the expending agency for a lump sum or installment repayment to the State of the amount of the grant used for the acquisition of the land.

Further, the undersigned authorized representative certifies that this statement is true and correct to the best of the applicant's knowledge.

Sounding Joy Music Therapy, Inc.  
(Typed Name of Individual or Organization)


      January 15, 2019  
(Signature)      (Date)

Keiko Kajiwara      President  
(Typed Name)      (Title)

## Application Submittal Checklist

*The following items are required for submittal of the grant application. Please verify and check off that the items have been included in the application packet.*

- 1) Certificate of Good Standing (If the Applicant is an Organization)
- 2) Declaration Statement
- 3) Verify that grant shall be used for a public purpose
- 4) Background and Summary
- 5) Service Summary and Outcomes
- 6) Budget
  - a) Budget request by source of funds ([Link](#))
  - b) Personnel salaries and wages ([Link](#))
  - c) Equipment and motor vehicles ([Link](#))
  - d) Capital project details ([Link](#))
  - e) Government contracts, grants, and grants in aid ([Link](#))
- 7) Experience and Capability
- 8) Personnel: Project Organization and Staffing

 KEIKO KAJIWARA, PRESIDENT  
AUTHORIZED SIGNATURE PRINT NAME AND TITLE

JANUARY 15, 2019  
DATE

## Application for Grants

*If any item is not applicable to the request, the applicant should enter "not applicable".*

### I. Certification – Please attach immediately after cover page

1. Certificate of Good Standing (If the applicant is an organization)

If the applicant is an organization, the applicant shall submit one (1) copy of a certificate of good standing from the Director of Commerce and Consumer Affairs that is dated no earlier than December 1, 2018.

Attached.

2. Declaration Statement

The applicant shall submit a declaration statement affirming its compliance with Section 42F-103, Hawaii Revised Statutes. ([Link](#))

Attached.

3. Public Purpose

The applicant shall specify whether the grant will be used for a public purpose pursuant to Section 42F-102, Hawaii Revised Statutes. ([Link](#))

The grant requested by this application will be used to enhance the well-being and quality of life of disadvantaged individuals and communities. Therefore, the request is fully in compliance with the public purpose pursuant to Section 42F-102, Hawaii Revised Statutes.

### II. Background and Summary

This section shall clearly and concisely summarize and highlight the contents of the request in such a way as to provide the State Legislature with a broad understanding of the request. Please include the following:

1. A brief description of the applicant's background

Established in 2002, Sounding Joy Music Therapy, Inc. (Sounding Joy), is the only 501(c)3 non-profit organization to promote music therapy in Hawai'i. It was founded on the basis of our belief that music can significantly transform people's lives, and in response to a strong public demand for music therapy in Hawai'i from people of diverse communities who love Hawai'i and music. The mission of Sounding Joy is to improve quality of life through increased access to music therapy, to educate the public about the benefits of music therapy, and to advance music therapy research and studies in Hawai'i.

The organization's main activities are: 1) Promotion and advocacy of music therapy through seminars, workshops, demonstrations, resource fairs, media, etc., 2) Music therapy clinical services at Sounding Joy's clinic, schools, skilled nursing facilities, hospitals, homeless shelters, community centers, workplaces, etc., 3) Education and training of music therapy interns, and the development of a music therapy degree program in Hawai'i, and 4) Fundraising through benefit concerts, charity events, special campaigns, sponsor solicitation, etc. We also offer volunteer opportunities to the public within these activities.

In 2018, Sounding Joy celebrated its 16<sup>th</sup> anniversary, having provided more than 2,500 individuals and families with direct music therapy services and educated more than 50,000 people in Hawai'i on the principles and benefits of music therapy. We have collaborated with more than 100 local agencies, serving schools, nursing facilities, and hospitals in Hawai'i which request our services because of the unique, creative methods of music therapy that no other program can offer. We have contracted with the Hawai'i Department of Education and provided music therapy to dozens of local children in Special Education. With grant support from the State Foundation on Culture and the Arts since 2005, and from the Hawai'i Department of Human Services since 2008, we have offered music therapy programs to more than 1,000 at-risk youth and families state-wide to cultivate self-confidence, positive relationships, and empowerment.

In 2011, at the World Congress of Music Therapy in Seoul, Korea, Sounding Joy presented on music therapy in Hawai'i for the first time in the history of this conference. Sounding Joy also started a special project after the Great Earthquake in North-East Japan, supporting relief efforts for the affected regions through music therapy. In 2012, the Hawai'i Tourism Authority awarded Sounding Joy with grants supporting music therapy for Native Hawaiians and their communities, particularly for the purpose of improving mental and emotional health. Around that time, the first Music Therapy introductory course in Hawai'i was offered by Sounding Joy at Hawai'i Pacific University. This course has become the cornerstone of local education and potential future training in music therapy. Most recently, the City of Honolulu has awarded a grant for Sounding Joy to provide music therapy to underserved populations on Oahu. Sounding Joy has received numerous awards and recognitions from the governors, the State Senate and House of Representatives, and the mayors of Honolulu for its outstanding contributions to Hawai'i.

2. The goals and objectives related to the request

The organization requests a grant to provide music therapy (MT) to people of all ages who suffer from disabilities or special needs, to improve their quality of life and functioning within the community. The grant's target populations are individuals and groups currently on the organization's waiting list (Attachment #1) who will benefit from music therapy but cannot afford it financially. The goals of MT are to promote clients' psycho-social-emotional rehabilitation; enhance developmental, cognitive, physical, and neurologic functioning; facilitate behavioral modifications and adaptations as needed; etc. The use of music as a tool in the therapeutic process is so engaging and enjoyable that many individuals will experience strong motivation to succeed, despite considerable challenges. The unique methods and outcomes of MT can attract clients who are not responsive to mainstream treatments and therapies, allowing

them to experience breakthroughs that pave the way for future progress. In addition, music can be used in therapy as a source of cultural pride and identification in ways that are not possible through any other modality. For this reason, many requests for MT services come from geographic areas where indigenous culture and values are predominant, yet individuals and families are often economically disadvantaged. Another factor heightening the need for MT is that Hawai'i has one of the fastest-growing elderly populations in the nation. Research findings strongly agree that this population benefits significantly from MT in terms of social, cognitive, and emotional support, maintenance of overall functioning, and care at the end of life (Att. #2). In fact, the U.S. Congress recommends MT as one of the mandatory activities for senior care. Sadly, only a few nursing homes in Hawai'i currently offer MT services, as compared to, for example, the State of California, where MT is provided at hundreds of senior facilities by more than 80 Board Certified Music Therapists (MT-BCs). The goals and objectives of the requested grant are to fulfill the unmet needs described above.

3. The public purpose and need to be served

Hawai'i is one of the most underserved states in the nation in terms of music therapy, as shown by data (Att. #3) collected by the American Music Therapy Association (AMTA). There is a severe shortage of MT-BCs in Hawai'i, where only 8 MT-BCs are employed, as compared to more than 6,500 on the mainland. All of the factors cited above have contributed to the accumulation of clients on Sounding Joy's waiting list over the years. Currently, the list includes 230 people with disabilities and special needs. The requested grant will provide MT to those on the waiting list as a priority. We believe the grant will transform the lives of many in Hawai'i who struggle with their daily activities, by allowing them to benefit from long-awaited access to MT services. At present, Sounding Joy offers the only grant-supported MT program in Hawai'i through funding from the City and County of Honolulu (Att. #4). The program can serve only 100 clients a year; our waiting list demonstrates that this funding is far from adequate to respond to the vast needs for MT that exist in our local communities. Neither health insurance nor the Hawai'i Department of Health covers MT services. These factors make it difficult to provide MT to Hawai'i's most vulnerable populations, who could benefit most from it.

4. Describe the target population to be served

As our attached waiting list (Att. #1) shows, the target population of this grant consists of individuals with disabilities and special needs, and their communities, who lack the financial resources to afford MT. They suffer not only from financial constraints but also from challenges to their developmental, physiological, psycho-social-emotional, spiritual, and material well-being. They are extremely vulnerable in their efforts to maintain their quality of life. With this grant, the organization plans to serve a total of 200 clients with disabilities and special needs: 70 children and youths (ages 0-17), 50 adults (ages 18-64), and 80 elderly (ages 65+), on the islands of Oahu, Maui, and Hawai'i. Those on our waiting list will receive priority for service.

The positive changes that would occur in clients' lives as a result of receiving MT would also ease the burden of their caregivers, giving much hope to their parents, families, teachers, friends, and extended support circles. Thus, the benefits of MT directly experienced by the participants would also greatly enhance public awareness of MT, increasing their communities'

understanding and support of MT. This would contribute to better community living for people with disabilities and special needs in Hawai'i.

5. Describe the geographic coverage

The grant will cover MT services on the islands of Oahu, Maui, and Hawai'i.

### **III. Service Summary and Outcomes**

The Service Summary shall include a detailed discussion of the applicant's approach to the request. The applicant shall clearly and concisely specify the results, outcomes, and measures of effectiveness from this request. The applicant shall:

1. Describe the scope of work, tasks and responsibilities

The proposed MT services will seek to improve the quality of life of individuals with disabilities and/or special needs who are socioeconomically disadvantaged – and thus unable to afford MT – and their communities. 200 individuals with disabilities and special needs will receive 18 weekly MT sessions rendered by Board Certified Music Therapists (MT-BCs) during this grant term. The clients will be 70 children and youths, 50 adults, and 80 elderly, on the islands of Oahu, Maui, and Hawai'i. MT aims to cultivate self-expression, self-empowerment, communication, and socialization. It facilitates emotional catharsis, reduces stress and pain, and enhances learning, self-esteem, overall physical and mental wellness, family and social interaction, and more. Individualized goals and objectives will be established for each client within the first 2-3 weeks of MT sessions. Based upon past outcomes, we anticipate that 80% of all clients will achieve these goals and objectives within 18 weeks. All sessions will be documented and evaluated by the MT-BCs to assess each client's progress in the program.

The proposed MT services would allow Hawai'i's rich cultural heritage of music to be recognized and utilized as a special therapeutic tool to respond to the needs of indigenous communities. MT mobilizes cultural pride and identity as a source of positive change. The economic and social needs of people with disabilities in these indigenous communities are particularly acute, given that mainstream services are often unable to respond to them in a culturally appropriate or meaningful manner. MT can reach many individuals within these communities through its culturally sensitive, creative approach, motivating them to strive toward more independent lives through the power of music.

In the first month of the grant term, our organization will reconnect with individuals and agencies from the target population on our waiting list. We also plan to advertise the proposed MT services through our website, social media, and email lists. As soon as prospective clients have been contacted, we will begin the registration process, which will remain open until the 7th month of the grant term or until we reach maximum client capacity, whichever is earlier. The registration process involves scheduling an interview with the client and/or meeting with the agency, conducting an assessment, signing an agreement, placing the client, and scheduling weekly MT sessions.



Age, disability, and other factors will be taken into account in clients' placement in groups, so as to promote communication and social interaction, and prevent withdrawal. For the first few weeks after weekly MT sessions begin, the MT-BC will focus on establishing individualized goals and objectives for each client. This is the first and most important task of the MT-BC, because these goals and objectives will become the core measurement standards for overall evaluation of the proposed MT services.

Goals will be determined for each client in various areas of human functioning, such as motor, cognitive, psychological, emotional, social, etc., depending on his/her diagnosis, present condition, needs, and strengths. The objectives are measurable milestones (e.g., to beat the drum 5 times per session, fill-in an omitted word in a song 3 out of 5 times, express feelings when asked 2 out of 3 times, etc.) that provide evidence of clients' progress towards their goals. Objectives should be reasonable and realistic, in order for clients to experience success which further motivates them to achieve their goals. For example, a client's goals and objectives may be stated as follows:

Goal: To improve social skills

Objectives:

- 1) The client will sing or play an instrument together with other group members once a session for 5 minutes.
- 2) The client will share his favorite activities with the group when asked 3 out of 5 times.
- 3) The client will voluntarily take turns playing solos within the group 2 out of 3 times.

Once the client's goals and objectives are set, the MT-BC will design MT sessions by choosing activities and interventions to facilitate goal attainment. Along with structured activities, spontaneous musical expression is encouraged so that "musical dialogues" may take place among group members and the MT-BC, creating new paths of nonverbal communication. This approach is especially effective for those whose speech/communication or emotional expression is limited. As clients become increasingly expressive and spontaneous through creative modalities, new paths of communication may be established. The role of the MT-BC is to facilitate clients' active exploration of social, psycho-emotional, physical, and spiritual engagement with self and others.

By the end of the grant period, at least 80% of the 200 clients are expected to achieve their goals and objectives over the course of 18 weekly MT sessions conducted by skilled MT-BCs. Our core concept is to apply a creative, multi-sensory, culturally sensitive, individualized approach to achieve positive outcomes through the proposed MT services.

2. Provide a projected annual timeline for accomplishing the results or outcomes of the service

By July 31, 2019, the Service Coordinator together with the Program Assistant will identify prospective clients within the target populations: 70 children and youths, 50 adults, and

80 elderly. Client registration will then begin, continuing until January 31, 2020, or until we reach maximum client capacity, whichever is earlier. The Service Coordinator will then schedule intake sessions with the clients. Either the Clinical Director or the Program Assistant will attend each intake interview or meeting along with another MT-BC, regardless of whether it is with an individual or an agency/facility. With the assistance of the Service Coordinator, registration documents will be reviewed and signed by each client within a month from the date of the initial contact. Then, the Program Assistant under the supervision of the Clinical Director will place each client in an appropriate group, and the Service Coordinator will schedule weekly MT sessions.

Weekly MT sessions will begin as soon as a group (minimum of 2 clients) is formed. If there is a clinical need for a client to receive individual rather than group therapy, sessions will begin as soon as the client's and MT-BC's schedules allow. The latest group should begin by mid-February 2020, to allow time to complete 18 sessions. In the first few weeks of sessions, clients' goals and objectives will be established and recorded on MT session reports. Session reports and attendance sheets will be completed by the MT-BCs after each session.

Around the 9th weekly MT session, a mid-term progress report will be filed for each client. This report will contain an estimate of the client's progress toward goals during the first half of the service. An evaluation of progress will be carried out by the Clinical Director based on this document and input from the Program Assistant, Service Coordinator, and MT-BCs. Feedback from the client will also be included in the evaluation.

After the completion of 18 MT sessions, a termination report will be filed for each client. This report will contain an estimate of the client's goal attainment and narrative reports describing the client's progress during the entire period of service. It will also recommend future services and activities to maintain or further improve the client's well-being and quality of life. When all clients have completed their terms of service, the final analysis and evaluation of the MT service outcomes will be conducted by the Clinical Director, and the results will be reported to the grantor, the State. We expect to reach and validate the projected outcomes of the proposed MT services by the end of the grant term.

3. Describe quality assurance and evaluation plans for the request. Specify how the applicant plans to monitor, evaluate, and improve their results.

Since its establishment in 2002, Sounding Joy's MT programs have been highly regarded as one-of-a-kind in the community, making a significant difference in people's lives through the therapeutic application of music and its unique power to heal. For quality control of all our MT activities, Sounding Joy complies strictly with the code of ethics and professional standards set by the American Music Therapy Association (AMTA) and Certification Board for Music Therapists (CBMT) (Att. #5), the national organizations regulating the field of MT in the U.S. Most importantly, we hire only those with nationally recognized MT credentials (MT-BC) as clinical staff, because their specialized skills are essential to deliver effective MT services and achieve the targeted therapy goals.

The Clinical Director and Program Assistant will be responsible for overall quality assurance of the proposed MT services. The Clinical Director (or the Program Assistant if the Clinical Director is not available) will review all session reports (Att. #6) to monitor the quality of the sessions. To evaluate clients' progress, Mid-Term Reports (Att. #7) completed by MT-BCs around the 9<sup>th</sup> session will be reviewed at Peer-Review meetings by the Clinical Director, Program Assistant, and all participating MT-BCs. This is to receive input from all clinicians in the program to support, sustain, and improve the effectiveness of the sessions. Termination Reports (Att. #8) completed by MT-BCs at the end of the 18-week service will be reviewed by the Clinical Director and the Program Assistant to evaluate the outcomes of MT for each client. All these reports will be essential tools when reevaluating or deciding on any modifications in clients' courses of therapy.

All of Sounding Joy's MT-BCs are experienced, highly skilled, compassionate professionals who hold monthly Peer-Review meetings to share case presentations, review and evaluate participants' progress, exchange clinical expertise and feedback, and discuss any significant events and concerns. If a music therapist feels more privacy is needed to deal with particular issues, this is followed up by the Clinical Director or the Program Assistant individually, as appropriate to the situation. A music therapist is entitled at any time to file a written complaint or grievance to the Board of Advisors, who will review the case and take necessary action in accordance with Article VI, Section 6.1, Removals, and Article VIII, Section 8.1, Indemnification, of the organization's bylaws (Att. #9).

The music therapists are required to submit a written resignation letter at least 30 days in advance. This policy is to protect clients from being subjected to sudden changes in their support environment, which create unnecessary stress, and to allow them to experience a positive closure with the therapist.

In addition to music therapists' reports, Sounding Joy will also use participant feedback forms (Att. #10) to monitor and evaluate the quality of services. Program participants will be asked to fill out the feedback form at least at the mid-term and end of the program, and will also be encouraged to do so whenever needed or desired. These forms will be considered when guiding clients toward resources for continued family/community support at the closure of service. We will also take seriously any oral grievance if a client is unable to write. In such a case, oral feedback may be transcribed by the Clinical Director, Program Assistant, or other appropriate organization staff. When any complaints, hardships, or grievances arise, whether documented or undocumented, the Clinical Director will initiate follow-up communication among those involved within 3 working days. If a case cannot be resolved at this level within 2 weeks of an incident, the Clinical Director will report the case to the Board of Advisors, who will review the case on behalf of the organization and take responsibility for responding to the case, in accordance with the Grievance Policy (Att. #11).

With the organization's proven record of effective service, highly trained and experienced clinical, administrative, and supervisory staff, and long history of working with community members in the human services, Sounding Joy is more than adequate to achieve the outcomes of the proposed MT services.

4. List the measure(s) of effectiveness that will be reported to the State agency through which grant funds are appropriated (the expending agency). The measure(s) will provide a standard and objective way for the State to assess the program's achievement or accomplishment. Please note that if the level of appropriation differs from the amount included in this application that the measure(s) of effectiveness will need to be updated and transmitted to the expending agency.

During this grant term, 200 individuals with disabilities and special needs will receive 18 weekly MT sessions provided by MT-BCs to improve their quality of life. At the beginning of services, the MT-BC will establish individualized MT goals and objectives for each client based on the intake assessment. We expect at least 80% of all clients to achieve their goals and objectives as measurable outcomes of the proposed MT services.

Below is a list of documents measuring clients' progress at each stage of the proposed services, and overall outcomes, which will be reported to the State.

- **Registration Form** (Att. #12): Filed at the start of each client's MT services. Measures how many clients are enrolled in the proposed services.
- **MT Session Report** (Att. #6): Completed by the MT-BC for each weekly MT session, for each client. References the client's goals and objectives. Describes session events, including the MT-BC's clinical interventions and the client's participation, responses, behavior, and interactions.
- **Mid-Term Report** (Att. #7): Completed by the MT-BC around the 9<sup>th</sup> session. Narrates the client's progress over time towards his/her goals and objectives. Goals and objectives may be reevaluated and modified by the MT-BC, when appropriate, over the course of services.
- **Termination Report** (Att. #8): Filed by the MT-BC at the conclusion of services for each client. Evaluates therapy outcomes in terms of the client's progress and goal attainment. Recommends future services, resources, and activities.
- **Client Feedback Form** (Att. #10): Completed by each client (or his/her representative, if necessary) at the mid-term and end of services. We expect 80% of all clients' feedback to show at least 75% satisfaction in their ratings.

We eagerly anticipate achieving the projected outcomes, as the strength-oriented, client-centered, multi-sensory, culturally-sensitive, enjoyable, holistic interventions of MT will strongly motivate clients and their families to reach their goals and objectives. We have a proven record to support the efficacy of MT rendered by qualified MT-BCs, and expect the collected data to demonstrate enhanced quality of life for the target population.

#### IV. Financial

##### Budget

1. The applicant shall submit a budget utilizing the enclosed budget forms as applicable, to detail the cost of the request.
  - a. Budget request by source of funds ([Link](#)) - Attached
  - b. Personnel salaries and wages ([Link](#)) - Attached
  - c. Equipment and motor vehicles ([Link](#)) - Not applicable
  - d. Capital project details ([Link](#)) - Not applicable
  - e. Government contracts, grants, and grants in aid ([Link](#)) - Attached
2. The applicant shall provide its anticipated quarterly funding requests for the fiscal year 2020.

Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total Grant
\$66,200.00	\$66,200.00	\$66,200.00	\$66,200.00	\$264,800.00

3. The applicant shall provide a listing of all other sources of funding that they are seeking for fiscal year 2020.

The organization plans to seek grants from the State Foundation on Culture and the Arts and the City and County of Honolulu for the fiscal year 2020. It will also seek individual and corporate donations, along with funding from community-giving programs, as always.

4. The applicant shall provide a listing of all state and federal tax credits it has been granted within the prior three years. Additionally, the applicant shall provide a listing of all state and federal tax credits they have applied for or anticipate applying for pertaining to any capital project, if applicable.

Not applicable.

5. The applicant shall provide a listing of all federal, state, and county government contracts, grants, and grants in aid it has been granted within the prior three years and will be receiving for fiscal year 2020 for program funding.

See the attached "GOVERNMENT CONTRACTS, GRANTS, AND / OR GRANTS IN AID" form.

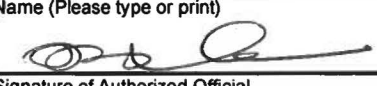
6. The applicant shall provide the balance of its unrestricted current assets as of December 31, 2018.

See the attached organization's balance sheet.

## BUDGET REQUEST BY SOURCE OF FUNDS

Period: July 1, 2019 to June 30, 2020

Applicant: Sounding Joy Music Therapy, Inc.

BUDGET CATEGORIES	Total State Funds Requested (a)	Total Federal Funds Requested (b)	Total County Funds Requested (c)	Total Private/Other Funds Requested (d)
<b>A. PERSONNEL COST</b>				
1. Salaries	188,160		20,000	
2. Payroll Taxes & Assessments	16,000		1,700	
3. Fringe Benefits	22,040		3,900	
<b>TOTAL PERSONNEL COST</b>	<b>226,200</b>		<b>25,600</b>	
<b>B. OTHER CURRENT EXPENSES</b>				
1. Airfare, Inter-Island	4,000			
2. Insurance	1,500		300	
3. Lease/Rental of Equipment				
4. Lease/Rental of Space	23,000		2,100	
5. Staff Training				
6. Supplies	3,000		200	
7. Telecommunication	1,100		200	
8. Utilities				
9. Mileage & Parking	6,000		1,000	
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				
<b>TOTAL OTHER CURRENT EXPENSES</b>	<b>38,600</b>		<b>3,800</b>	
<b>C. EQUIPMENT PURCHASES</b>				
<b>D. MOTOR VEHICLE PURCHASES</b>				
<b>E. CAPITAL</b>				
<b>TOTAL (A+B+C+D+E)</b>	<b>264,800</b>		<b>29,400</b>	
<b>SOURCES OF FUNDING</b>		Budget Prepared By:		
(a) Total State Funds Requested	264,800	Nina Guerrero (808) 593-2620		
(b) Total Federal Funds Requested		Name (Please type or print) Phone		
(c) Total County Funds Requested	29,400			
(d) Total Private/Other Funds Requested		Signature of Authorized Official Date		
<b>TOTAL BUDGET</b>	<b>294,200</b>	Keiko Kajiwara, President Name and Title (Please type or print)		

## BUDGET JUSTIFICATION - PERSONNEL SALARIES AND WAGES

Applicant: Sounding Joy Music Therapy, Inc.

POSITION TITLE	FULL TIME EQUIVALENT	ANNUAL SALARY A	% OF TIME ALLOCATED TO GRANT REQUEST B	TOTAL STATE FUNDS REQUESTED (A x B)
1 Clinical Director	FULL TIME	\$60,000.00	70.00%	\$42,000.00
2 Program Assistant	FULL TIME	\$43,200.00	30.00%	\$12,960.00
3 Service Coordinator	FULL TIME	\$42,000.00	10.00%	\$4,200.00
1 Music Therapist – Board Certified	FULL TIME	\$60,000.00	10.00%	\$6,000.00
2 Music Therapist – Board Certified	FULL TIME	\$43,200.00	50.00%	\$21,600.00
3 Music Therapist – Board Certified	FULL TIME	\$42,000.00	70.00%	\$29,400.00
4 Music Therapist – Board Certified	FULL TIME	\$45,000.00	80.00%	\$36,000.00
5 Music Therapist – Board Certified	FULL TIME	\$45,000.00	60.00%	\$27,000.00
6 Music Therapist – Board Certified	PART TIME	\$9,000.00	100.00%	\$9,000.00
				\$-
				\$-
				\$-
				\$-
				\$-
				\$-
<b>TOTAL:</b>				<b>188,160.00</b>

**JUSTIFICATION/COMMENTS:** The American Music Therapy Association reports the average salary reported for music therapist was \$51,812 in 2017. The average salary for director / admin / supervisor was \$65,231 respectably.

**GOVERNMENT CONTRACTS, GRANTS, AND / OR GRANTS IN AID**

Applicant: Sounding Joy Music Therapy, Inc.

Contracts Total:

598,028

	<b>CONTRACT DESCRIPTION</b>	<b>EFFECTIVE DATES</b>	<b>AGENCY</b>	<b>GOVERNMENT ENTITY (U.S. / State / Haw / Hon / Kau / Mau)</b>	<b>CONTRACT VALUE</b>
1	Grant for "Music for People with Speical Needs	7/1/15 – 6/30/16	State Foundation on Culture and The Arts	State	14,021
2	Grant for "Music for People with Speical Needs	7/1/16 – 6/30/17	State Foundation on Culture and The Arts	State	14,714
3	Grant for "Music for People with Speical Needs	7/1/17 – 6/30/18	State Foundation on Culture and The Arts	State	8,815
4	Grant for "Music for People with Speical Needs	7/1/18 – 6/30/19	State Foundation on Culture and The Arts	State	9,378
5	Grant for "Life Skill Development through MT"	7/1/15 – 6/30/16	Dept. of Human Services	State	107,000
6	Grant for "Life Skill Development through MT"	7/1/16 – 6/30/17	Dept. of Human Services	State	107,000
7	Grant for "Life Skill Development through MT"	7/1/17 – 6/30/18	Dept. of Human Services	State	107,000
8	Grant for "Music Therapy for Life Enhancement	10/1/17 – 9/30/18	City & County of Honolulu	Hon	113,100
9	Grant for "Music Therapy for Life Enhancement	10/1/18 – 9/30/19	City & County of Honolulu	Hon	117,000
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Balance Sheet - Sounding Joy Music Therapy - As of 12/31/2018  
As of 12/31/2018 (Accrual Basis)

1/11/2019

Page 1

Account	12/31/2018 Balance
<b>ASSETS</b>	
<b>Cash and Bank Accounts</b>	
ING Direct Savings	1.00
SJMT checking	54,754.05
<b>TOTAL Cash and Bank Accounts</b>	<b>54,755.05</b>
<b>Other Assets</b>	
Customer Invoices	24,904.60
SJMT Asset	8,145.57
<b>TOTAL Other Assets</b>	<b>33,050.17</b>
<b>TOTAL ASSETS</b>	<b>87,805.22</b>
<b>LIABILITIES &amp; EQUITY</b>	
<b>LIABILITIES</b>	
<b>Other Liabilities</b>	
*Sales Tax*	0.00
SJMT Payroll	0.00
<b>TOTAL Other Liabilities</b>	<b>0.00</b>
<b>TOTAL LIABILITIES</b>	<b>0.00</b>
<b>EQUITY</b>	<b>87,805.22</b>
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<b>87,805.22</b>

## **V. Experience and Capability**

### **1. Necessary Skills and Experience**

The applicant shall demonstrate that it has the necessary skills, abilities, knowledge of, and experience relating to the request. State your experience and appropriateness for providing the service proposed in this application. The applicant shall also provide a listing of verifiable experience of related projects or contracts for the most recent three years that are pertinent to the request.

Sounding Joy has a proven record of serving disadvantaged individuals and families through MT over the past 16 years. Its outstanding public service is praised not only by clients, families, communities, and professional colleagues, but also by local legislators and political leaders, who consider Sounding Joy a significant asset to Hawai'i (Att. #13). Since its establishment, Sounding Joy has provided MT to more than 2,500 clients of all ages and educated more than 50,000 people in Hawai'i on the principles and benefits of music therapy. Sounding Joy tirelessly collaborates with hundreds of local, national, and international agencies to improve the affordability and accessibility of MT in Hawai'i.

Sounding Joy's primary mission is to serve people with special needs and disabilities through MT. Our largest MT program in the past, funded by the State Department of Human Services, served more than 1,000 at-risk teens with disabilities and special needs. A large statistical study of this program, completed in 2011 with an enrollment of 332 youths, demonstrated overall success, with over 85% goal attainment and under 5% drop-out rates (Att. #14). These outcomes suggest that our MT programs effectively motivate clients to participate and achieve their goals.

Since last year, the City and County of Honolulu has awarded Grant-In-Aid funding to Sounding Joy, supporting music therapy services for 100 clients with disabilities and special needs on Oahu per year. The program is currently running as scheduled, with strong anticipation of success.

Another program at Sounding Joy, funded by the State Foundation on Culture and the Arts since 2005, has provided music therapy to about a dozen clients with disabilities per year, along with community outreach to inform the general public about the benefits of music therapy. Sounding Joy has also served Hawai'i's indigenous communities in low-income areas through music therapy funded by the Hawaiian Tourism Authority, significantly enhancing participants' sense of cultural identity, and community awareness of the therapeutic value of Hawaiian and Pacific-Island music.

The core concept of music therapy, utilization of the unique, healing power of music to facilitate betterment of human life, is applied to all our programs. The field of music therapy is regulated nationally by professional ethics and codes of practice, including the education and training of MT-BCs. By employing only qualified MT-BCs, our organization maintains quality of service, helping to ensure the attainment of targeted outcomes for all our programs.

Sounding Joy's ultimate goal is to provide all our clients with the best MT services possible to improve their quality of life, regardless of their financial, social, or other disadvantages. We have been making progress towards this goal, but the community's needs remain profound. The requested grant will allow significant advancement in providing the public with access to high-quality MT services. Sounding Joy has a well-proven record of delivering such services, and is known and trusted as a MT provider by the community at large.

## 2. Facilities

The applicant shall provide a description of its facilities and demonstrate its adequacy in relation to the request. If facilities are not presently available, describe plans to secure facilities.

Sounding Joy currently rents an office space of about 500 sq. ft. in an ADA-compliant building. In this space, all administrative tasks along with individual and small-group MT sessions are conducted. The organization will need additional spaces or a new, larger facility to adequately accommodate its complete operations including the proposed services, and is thus requesting a capital grant along with this service grant. If the capital grant is not awarded, Sounding Joy plans to rent additional spaces for MT sessions as needed.

## **VI. Personnel: Project Organization and Staffing**

### 1. Proposed Staffing, Staff Qualifications, Supervision and Training

The applicant shall describe the proposed staffing pattern and proposed service capacity appropriate for the viability of the request. The applicant shall provide the qualifications and experience of personnel for the request and shall describe its ability to supervise, train and provide administrative direction relative to the request.

All of Sounding Joy's music therapists hold the required national credential, the MT-BC. Six MT-BCs will provide the proposed MT services. Each of them has more than 10 years of experience in serving people with disabilities through MT and achieving all the desired outcomes of Sounding Joy's MT programs. They are the powerhouse of our clinical success and will help our clients to reach their goals and objectives to their maximum capacity.

Among those six MT-BCs, three will perform administrative duties as Clinical Director, Program Assistant, and Service Coordinator, while also serving as clinicians. The proposed Clinical Director is a senior clinician, a MT-BC with more than 20 years of clinical experience and 17 years of supervisory experience in music therapy. She holds a PhD in music therapy from New York University. She will be responsible for reporting to the grantor, the State. She heads the organization's efforts in regard to clinical assurance, public education, fund development, and sustainability of MT services in Hawai'i, and possesses excellent leadership skills. With her extensive knowledge and experience in the MT field, the Clinical Director will provide effective guidance to the MT-BCs in making appropriate clinical decisions to achieve desired outcomes of the proposed MT services.

The proposed Program Assistant has over 8 years of experience within our organization, collaborating with agencies and individual clients. She successfully manages the promotion of our services and recruitment of prospective MT clients, and possesses excellent communication skills. She is a MT-BC whose extensive knowledge enables her to advocate effectively for Sounding Joy's services to the community, and to advise clients on placement to create an optimal environment for their therapy. The Program Assistant may substitute for the Clinical Director on many occasions, when appropriate.

The proposed Service Coordinator has over 5 years of experience in collaborating with community agencies to coordinate the processes of client referral and intake. She is a MT-BC whose clinical knowledge is essential for adherence to professional protocols of the therapy process, including compliance with the Health Information Portability and Accountability Act (HIPAA).

In addition to ongoing clinical supervision and monitoring by the Clinical Director, Peer-Supervision meetings will be held monthly. All 6 MT-BCs will attend these meetings to discuss and evaluate the progress of the proposed MT services. These meetings can also be used to address any issues and concerns regarding their work. Providing MT-BCs with the best possible work environment is essential to their well-being and success. Any necessary follow-up and/or training will be provided according to the personal and professional needs of each MT-BC.

## 2. Organization Chart

The applicant shall illustrate the position of each staff and line of responsibility/supervision. If the request is part of a large, multi-purpose organization, include an organization chart that illustrates the placement of this request.

See the attached organization chart.

## 3. Compensation

The applicant shall provide an annual salary range paid by the applicant to the three highest paid officers, directors, or employees of the organization by position title, not employee name.

Executive Director: \$60,000

Clinical Director: \$58,800

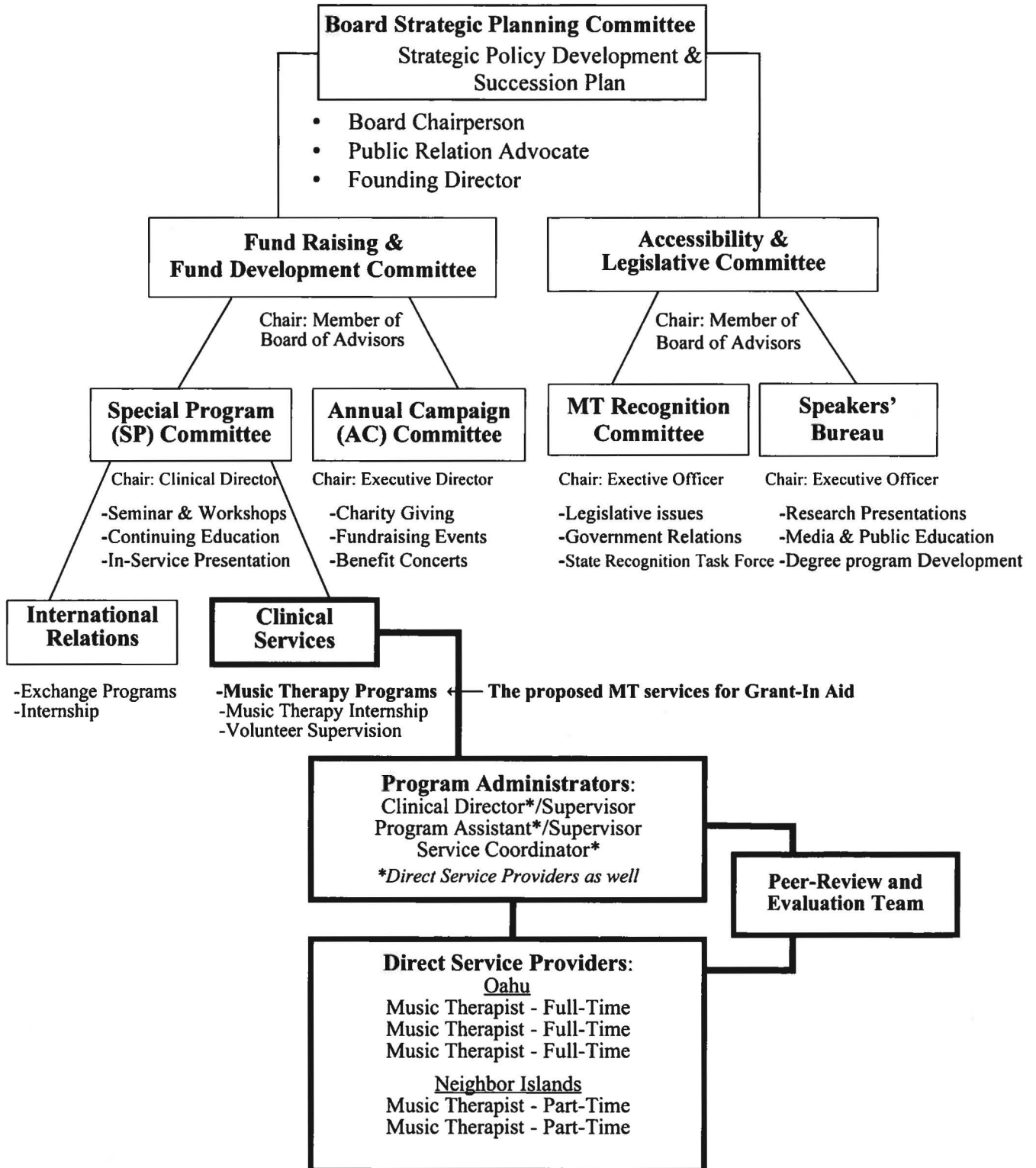
Program Assistant: \$45,000

## VII. Other

### 1. Litigation

The applicant shall disclose any pending litigation to which they are a party, including the disclosure of any outstanding judgement. If applicable, please explain.

## The Organization Chart



Not applicable.

2. Licensure or Accreditation

The applicant shall specify any special qualifications, including but not limited to licensure or accreditation that the applicant possesses relevant to this request.

Sounding Joy requires all clinical staff to hold the national credential for music therapists, Music Therapist - Board Certified (MT-BC). This certification must be renewed every 5 years.

3. Private Educational Institutions

The applicant shall specify whether the grant will be used to support or benefit a sectarian or non-sectarian private educational institution. Please see Article X, Section 1, of the State Constitution for the relevance of this question.

Not applicable.

4. Future Sustainability Plan

The applicant shall provide a plan for sustaining after fiscal year 2019-20 the activity funded by the grant if the grant of this application is:

(a) Received by the applicant for fiscal year 2019-20

In working with program participants during the awarded grant term, Sounding Joy will identify any individuals, agencies, or facilities among them that demonstrate the potential to become self-sufficient to fund continued MT services. In the past, it has often happened that when clients experience the overwhelmingly successful results of MT, as compared to other forms of treatment or therapy they have received, they make it a priority to obtain MT services. Many clients have thus made a commitment to continue MT through self-funding or seeking other financial sources. They also encourage others to consider MT services, becoming strong advocates for MT.

(b) Not received by the applicant thereafter

The positive results directly experienced by clients who receive the proposed services in FY 2020, together with heightened public awareness of the benefits of MT, will continually impact their communities. This will attract self-financed clients and donors to support the organization's services. At the same time, it is expected that financially disadvantaged clients will continue to be referred to Sounding Joy, for whom the organization will continue to seek additional grants and other sources of funding for services. Sounding Joy has successfully implemented this sustainability plan, along with rigorous public education efforts, to maintain ongoing MT services to the public for the past 16 years, enhancing quality of life and community living for the people of Hawai'i.

# **Attachments #1 - #14**

**Client Waiting List**Sounding Joy Music Therapy, Inc.  
As of January 2019

<b><u>Description of client or facility</u></b>	<b><u># of clients</u></b>	<b><u>Age</u></b>	<b><u>islands</u></b>
boy diagnosed with Down Syndrome	1	11	Oahu
male congenital brain injury	1	26	Oahu
boy with visual impairment and autism	1	17	Oahu
girl with Bipolar Disorder	1	12	Oahu
boy diagnosed with sensory processing disorder	1	5	Oahu
girl w/ith Down syndrome	1	8	Oahu
boy with Down syndrome	1	8	Oahu
girl with hydrocephalis	1	20	Oahu
boy with ADHD	1	11	Oahu
girl with autism	1	9	Oahu
boy with autism	1	7	Oahu
girl with disorder of infancy NOS	1	5	Oahu
girl with ADHD	1	14	Oahu
boy with ADHD and ODD	1	14	Oahu
girl with Asperger Syndorome	1	10	Oahu
boy with autism	1	11	Oahu
boy with autism	1	11	Oahu
girl with autism	1	11	Oahu
female with depression	1	21	Oahu
boy with autism	1	6	Oahu
boy with autism	1	11	Oahu
boy with ADHD	1	18	Oahu
boy with DiGeorge Syndrome	1	15	Oahu
girl with microcephaly	1	19	Oahu
2 males (brothers) with developmental delays	2	22~23	Oahu
boy with Williams Syndrome	1	3	Oahu
girl with autism	1	17	Oahu
boy with autism	1	8	Oahu
3 boys with ADHD	3	2,10, 11	Oahu
boy with visual impairment and multiple disabilities	1	15	Oahu
girl with autism	1	8	Oahu
girl with William's Syndrome	1	18	Oahu
woman with paranoid schizophrenia	1	51	Oahu
girl with autism	1	9	Oahu
girl with conduct disorder	1	16	Oahu
girl with mental health problems	1	20	Oahu
girl with developmental delay	1	17	Oahu
boy with autism	1	6	Oahu
senior with Parkinson's and Alzheimer's	1	elderly	Oahu
2 boys with ADHD	2	10,12	Oahu
2 at-risk youth	2	13,16	Oahu
girl with developmental delay	1	8	Oahu
girl with autism	1	12	Oahu
boy with Down syndrome	1	17	Oahu
male with Brain Trauma / Schizophrenia, Paranoid type	1	15	Oahu
Kilohana Senior Center	20	elderly	Oahu
HCAP head start – inclusive classroom with special needs and typical children	8	3 to 5	Oahu



## Client Waiting List

Sounding Joy Music Therapy, Inc.  
As of January 2019

Children who have been abused and their family members (support group at Child & Family Service)	8	6 to 13	Oahu
Kosasa Academy- students with ADHD, autism, and LD	11	5 to 17	Oahu
SpEd students at Enchanted Lake Elem.	5	5 to 10	Oahu
SpEd students at Ewa Makai Middle School	5	11 to 14	Oahu
SpEd students at Ilima Intermediate School	10	11 to 14	Oahu
SpEd students at Kalani High School	10	14 to 21	Oahu
SpEd students at Campbell High School	6	14 to 21	Oahu
SpEd students at Liholiho Elem.	8	5 to 10	Oahu
SpEd students at Kalakaua Middle School	5	11 to 14	Oahu
Wilson Senior Living nursing home	4	elderly	Oahu
Nursing home in Pearl City	10	elderly	Oahu
Hospice Hawaii	5	various	Oahu
Adult Day Center near Ward	12	adults	Oahu
Children and adolescents with mental health diagnoses-residential and acute care	20	children and adolescents	Oahu
Senior programs at Child & Family Service	10	seniors	Oahu
Trumpet Academy- children and adults with special needs	10	10 to 21	Oahu
male developmental delay	1	30	Big Island
female with down syndrome	1	40	Big Island
male with MMR, Epiceptic	1	37	Big Island
Arc of Hilo	10	adults	Big Island
girl with ADHD and Bi-Polar	1	22	Big Island
Full Life Hawaii	10~20	children, adolescents, and adults	Big Island
Neighborhood Place in Puna	5	adults	Big Island
boy with autism	1	12	Big Island
foster children	10~20	4~15	Big Island
Kona Community Hospital	20~30	children and adults	Big Island
Life Care Center of Kona	30~40	elderly	Big Island
Life Care Center of Hilo	30~40	elderly	Big Island
Hilo Highschool	20	14-21	Big Island
Child & Family Service Hilo	20	children, adolescents	Big Island
boy with autism	1	10	Big Island
Hale Anuenue restorative care	50	elders	Big Island
Hospice of Hilo	20	elders	Big Island
DOH mental health clients	10	adlescents	Big Island
Goodwill Hawaii Youth Program	40	children, adolescents	Big Island
Ke Kama Pono	10	adlescents	Big Island
Queen Liliuokalani Children's Center Kona	20~30	children	Big Island
Kona Adult Day Center	20~30	adults	Big Island
Waiakea HS	20~30	children	Big Island
veteran with PTSD	1	34	Big Island
veteran with Traumatic Brain Injury	1	37	Big Island
Easter Seals	5	Adults	Maui
Aloha House	5	Elders	Maui
Horizons Academy	10	Children	Maui
Haiku School	10	Children, adolescents	Maui

## Client Waiting List

Sounding Joy Music Therapy, Inc.  
As of January 2019

Maui Youth & Family Services	15	Children, adolescent,	Maui
Hui Malama Learning Center	15	Children	Maui
Child & Family Service Maui	20	Children,adults	Maui
Paia Youth and Cultural Center	15	Children, adolescent	Maui
Queen Liliuokalani Children's Center Maui Unit	20	Children, adolescent	Maui
Catholic Charities Maui Office	10	adlescents	Maui
Ke Kama Pono boys' home	8	adlescents	Maui
Horizon Academy	10	adlescents	Maui
Kihei Youth Center	15	adlescents	Maui
female recovering from stroke	1	30	Maui
children with autism	2	8 and 10	Maui
<b>TOTAL</b>	<b>231</b>		

# THE WALL STREET JOURNAL.

TUESDAY, NOVEMBER 17, 2009

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HEALTH JOURNAL

## A Key for Unlocking Memories

*Music Therapy Opens a Path to the Past for Alzheimer's Patients; Creating a Personal Playlist*

By MELINDA BECK

One of the raps on iPods is that users tend to close themselves off from other people and retreat into their own private world.

But with stroke and dementia patients, iPods and other MP3 players are having just the opposite effect.

Listening to rap and reggae on a borrowed iPod every day has helped Everett Dixon, a 28-year-old stroke victim at Beth Abraham Health Services in Bronx, N.Y., learn to walk and use his hands again.

Trevor Gibbons, 52, who fell out of a fourth-floor construction site and suffered a crushed larynx, has become so entranced with music that he's written 400 songs and cut four CDs.

Ann Povodator, an 85-year-old Alzheimer's patient in Boynton Beach, Fla., listens to her beloved opera and Yiddish songs every day on an iPod with her home health aide or her daughter when she comes to visit. "We listen for at least a half-hour, and we talk afterwards," says her daughter, Marilyn Povodator. "It seems to touch something deep within her."

Caregivers have observed for decades that Alzheimer's patients can still remember and sing songs long after they've stopped recognizing names and faces. Many hospitals and nursing homes use music as recreation, since it brings patients pleasure. But beyond the entertainment value, there's growing evidence that listening to music can also help stimulate seemingly lost memories and even help restore some cognitive function.

"What I believe is happening is that by engaging very basic mechanisms of emotions and listening, music is stimulating dormant areas of the brain

that haven't been accessible due to degenerative disease," says Concetta Tomaino, executive director of the Institute for Music and Neurologic Function, a nonprofit organization founded at Beth Abraham in 1995.

Dr. Tomaino, who has studied the therapeutic effects of music for more than 30 years, is spearheading a new program to provide iPods loaded with customized playlists to help spread the benefits of music therapy to Alzheimer's patients even at home. "If someone loved opera or classical or jazz or religious music, or if they sang and danced when the family got together, we can recreate that music and help them relive those experiences," she says.

Dr. Tomaino says she frequently sees dementia patients make gains in cognitive function after music therapy. In one unpublished study she led a few years ago, with funding from the New York State Department of Health, 45 patients with mid- to late-stage dementia had one hour of personalized music therapy, three times a week, for 10 months, and improved their scores on a cognitive-function test by 50% on average. One patient in the study recognized his wife for the first time in months.

David Ramsey, a music therapist and psychologist, holds twice weekly sessions at Beth Abraham, where small groups of patients can sing and dance to familiar songs like "Under the Boardwalk" and "Swing Low, Sweet Chariot." Mr. Ramsey will sometimes stop singing and let residents fill in the blanks on their own. When they do that, he says, "they are exercising their cognitive function—just like they are exercising in physical therapy." And unfamiliar songs quickly become familiar, another sign that even advanced



### Music for Memory

Listen to clips of some '60s and '50s tunes recommended by the the Institute for Music and Neurologic Function for individuals with Alzheimer's disease or other memory impairments.

- "The Times They Are A-Changin'" by Bob Dylan
- "Dawn (Go Away)" by Frankie Valli & The Four Seasons
- "Come a Little Bit Closer" by Jay & The Americans
- "California Girls" by The Beach Boys
- "I Can't Get No Satisfaction" by The Rolling Stones
- "Que Sera, Sera (Whatever Will Be, Will Be)" by Doree Day
- "Fever" by Peggy Lee
- "That's Amore" by Dean Martin
- "Mambo Italiano" by Rosemary Clooney
- "Unforgettable" by Nat King Cole

See the full list at <http://www.imsnf.org>

Alzheimer's patients are forming new memories. "One of our therapists played, 'Who Let the Dogs Out?' I know they had never heard that one, but it became an anthem," he says.

In addition to benefiting Alzheimer's patients, decades of studies have demonstrated that

music can help premature infants gain weight, autistic children communicate, stroke patients regain speech and mobility, dental, surgical and orthopedic patients control chronic pain and psychiatric patients manage anxiety and depression. Now, neuroscientists are starting to

(over please)

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**DOW JONES**



David Ramsey leads music sessions at Beth Abraham Health Services, meant to stimulate positive memories and physically engage dementia patients.

identify the underlying brain mechanisms that explain how music connects with the mind and body, and they are starting to work hand in hand with music therapists to develop new therapeutic programs.

There's no single center for music in the mind—the brain appears to be wired throughout for music, since it engages a wide variety of functions, including listening, language and movement. But Petr Janata, a cognitive neuroscientist at the University of California, Davis's Center for Mind and Brain, recently located an area of the brain—the medial prefrontal cortex, just behind the forehead—that seems to serve as a hub for music, memory and emotions.

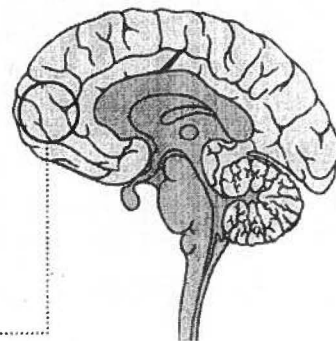
In a study published online in the journal *Cerebral Cortex* in February, Dr. Janata had 13 UC

Davis students listen to excerpts of 30 songs chosen randomly from "top 100" charts from years when they were 8 to 18 years old, while he recorded their brain activity using functional magnetic resonance imaging, or fMRI. Songs that were unfamiliar evoked reactions in the auditory processing parts of the students' brains; those that elicited emotional reactions stimulated other brain areas. When songs conjured up a specific personal memory, there was particularly strong activity in the medial prefrontal cortex. That's where what Dr. Janata calls "a mental movie" seems to play in the mind's eye, with music serving as its soundtrack.

And, it turns out, this same medial prefrontal cortex had been identified in earlier research as one of the last parts of the brain to atrophy as Alzheimer's disease progresses.

Dr. Janata hopes to study whether the same phenomenon occurs, in the same part of the brain, with older test subjects and eventually with Alzheim-

New research indicates that the **medial prefrontal cortex** may serve as a hub where music, memory and emotions meet. It is also one of the last brain regions to atrophy in Alzheimer's patients.



Medial prefrontal cortex

er's patients. He says that activating memories with music cannot reverse or cure neurological diseases like dementia. But playing familiar music frequently can significantly improve a patient's mood, alertness and quality of life.

Music therapy isn't used more widely with Alzheimer's and dementia patients largely because of a lack of manpower and money, experts say. There are only about 5,000 certified music therapists in the U.S., and fewer than 20% work with geriatric patients. That's why the Institute for Music and Neurologic Function is trying to bring music therapy into patients' homes.

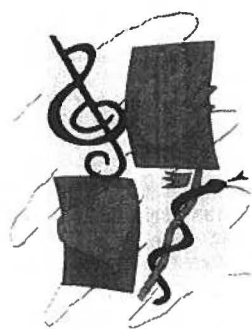
Caregivers or family members can use records or tapes at home, or program their own iPods. The institute provides suggested songs by era and genre on its Web site, [www.imnf.org](http://www.imnf.org). But those who don't have the time or technical skills can send an iPod to the institute after filling out a questionnaire about the patient's musical tastes, and the institute will program a customized iPod for them. (See the Web site for prices and package information.) The institute is also seeking donations of iPods that are no longer in use to load with music

and send to Alzheimer's patients who can't afford their own.

Dr. Tomaino advises caregivers to listen as long as the patient seems interested. A patient may want to listen alone through headphones or through speakers so that a friend or family member can listen along. "Then they can reminisce together about what the music reminds them of or just hold hands to be more connected," she says. She also suggests involving the whole family in interacting with the music. "The kids can drum along while Grandpa listens to Big Band sounds," she says.

One possible downside: Dr. Tomaino says sometimes a song can evoke unhappy memories, such as the death of a loved one or a relationship gone bad. She recalls a Holocaust survivor at Beth Abraham who became very upset upon hearing a Wagner opera.

"If family members don't know what music would be appropriate, think in generalizations," she says. "If a parent loved to go dancing in their teens, picking the most popular songs from that era tends to be pretty safe." Music from a person's teenage years seems to be especially evocative of memories, for reasons not well understood.



AMERICAN  
**MUSIC  
THERAPY**  
ASSOCIATION

**American Music Therapy Association**  
**8455 Colesville Road, Suite 1000**  
**Silver Spring, MD 20910**  
**Phone: (301) 589-3300**  
**Website: [www.musictherapy.org](http://www.musictherapy.org)**

# Clients Served by Music Therapists

Survey respondents were asked to estimate the number of clients for whom they provided music therapy services for the entire year of 2016. 1,124 survey respondents reported having seen a total of 284,381 clients last year — an average of 253 clients per service provider. The map below shows the number of clients reported seen last year in each state and the number of corresponding survey respondents for that state (in parentheses).



Of survey respondents who indicated a job title on their survey, 83% reported their job title as one which involves mainly clinical responsibilities (Excluding Director/Admin./Supervisor and Faculty). As of October 1, 2017, a reported 218 music therapists were listed on the National Music Therapy Registry and 7,514 board certified music therapists were reported by the Certification Board for Music Therapists — a total of 7,732 qualified music therapists. Extrapolating from the number of qualified music therapists, if 83% of these 7,732 music therapists each saw an average of 253 clients, then it can be inferred that an estimated 1,623,754 people received music therapy services last year in the United States.



# *Music Therapy Services for Life Enhancement*



*Now accepting applications!*

(Through April 30, 2019)

## Music Therapy Services (Available on Oahu)

**Eligibility** Children, Adults, and Seniors with disabilities, or social or economic challenges.

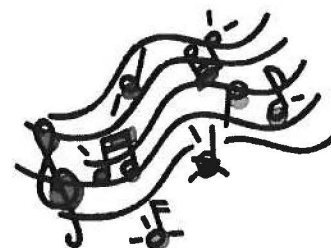
**Goals** To enrich and sustain quality of life. Music therapy interventions are used to enhance functioning in areas such as: social, cognitive, motor, communicative, emotional, self-esteem, cultural identity, and other life skills.

**Format** Group or Individual sessions, meeting weekly, for 18 weeks.

**Location** Sounding Joy's Office (Honolulu), or on-site at facility (i.e. School, Rehab Center, Nursing Facility, etc.)

**Schedule** Weekly session schedule depends on client's and therapist's availability. We are open Monday-Saturday!

*For more information and to sign up, please contact Sounding Joy's Office at (808) 593-2620 or [postmaster@soundingjoymt.org](mailto:postmaster@soundingjoymt.org) or fill out the Music Therapy for Life Enhancement Application. We look forward to hearing from you!*



## WHAT IS MUSIC THERAPY?

Music therapy is a well-established health profession consisting of clinical and evidence-based uses of music interventions to accomplish individualized goals. After assessing clients' strengths and needs, Board-Certified Music Therapists design sessions specifically tailored to individuals. Research in music therapy supports the effectiveness of interventions that target cognitive, physical, social, emotional, behavioral, and/or communication needs.



### Music Therapists Help Individuals With:

- \* Alzheimer's Disease and Dementia
- \* Autism and Developmental Disabilities
- \* Brain Injuries, Parkinson's, and Stroke
- \* Cancer
- \* End of Life Issues
- \* Learning Disabilities
- \* Mental Health Concerns
- \* Pain and Chronic Illness
- \* Physical Disabilities
- \* Sensory Impairments
- \* Substance Abuse

For more information on specific initiatives, on music therapy, or on board certification, contact:

### American Music Therapy Association

8455 Colesville Road, Suite 1000  
Silver Spring MD 20910  
[www.musictherapy.org](http://www.musictherapy.org)  
Phone: 301-589-3300  
Email Contact: Judy Simpson  
[simpson@musictherapy.org](mailto:simpson@musictherapy.org)

### Certification Board for Music Therapists

506 E. Lancaster Avenue, Suite 102  
Downingtown PA 19335  
[www.cbmt.org](http://www.cbmt.org)  
Phone: 800-765-CBMT (2268)  
Email Contact: Dr. Dena Register  
[dregister@cbmt.org](mailto:dregister@cbmt.org)



## MUSIC THERAPY



## AMTA & CBMT

Working Together to  
Increase Access to Quality  
Music Therapy Services

## WHAT IS CBMT?

The Certification Board for Music Therapists (CBMT) is a certifying agency and non-profit 501(c)(6) corporation fully accredited by the National Commission for Certifying Agencies. Established in 1983, its role is to create a Scope of Practice representing competent practice in the profession of music therapy and to administer a credentialing program to evaluate initial and continuing competence. CBMT is committed to ensuring public protection by administering disciplinary action as outlined in the CBMT Code of Professional Practice, if necessary.



THE CERTIFICATION BOARD  
FOR MUSIC THERAPISTS



AZ music therapists thank Senator Al Melvin for sponsoring SB1376 on music therapy services and persons with disabilities.

## AMTA & CBMT WORKING TOGETHER

The American Music Therapy Association (AMTA) and the Certification Board for Music Therapists (CBMT) collaborate on a national initiative designed to achieve state recognition of the music therapy profession and the MT-BC credential required for competent practice by:

- \* *Educating the public about music therapy*
- \* *Recommending accurate language for legislation and regulations*
- \* *Assisting local legislators and communities with insuring access to quality music therapy services*
- \* *Protecting the rights of Board-Certified Music Therapists to practice*

There are over 30 states with task forces that are working on this national initiative.

## WHAT IS AMTA?

The American Music Therapy Association (AMTA) is a non-profit 501(c)(3) educational organization established in 1950 to advance music therapy education, training, professional standards, and research. AMTA's mission is to advance public knowledge of music therapy benefits and increase access to quality music therapy services. AMTA provides technical support to consumers and professionals and represents the profession to federal and state legislators and agencies. Members of AMTA adhere to a Code of Ethics and Standards of Clinical Practice in their delivery of music therapy services.



AMERICAN  
**MUSIC**  
**THERAPY**  
ASSOCIATION



## &lt;GROUP SESSION REPORT&gt;

Session Date: 4/13/11Session #: 5Location: SJMTTime: 4:30-5:30pmClient: S.Assistant: none

<u>Description of Client</u>	<u>Treatment Goals &amp; Objectives Addressed</u>
<p>S. is a 2-year-old girl with pervasive developmental disorder-not otherwise specified. She is usually very pleasant and cooperative during sessions and engages easily with others. She has some speech skills including saying repeated phrases such as “knock knock,” “uh oh,” and “sorry.” She seems to have an interest in music and often sings along to songs that are familiar to her. She also enjoys looking at the animal cards and book and sometimes requests “animals” during sessions.</p>	<ol style="list-style-type: none"> <li>1. <b>Increase social skills</b> <ol style="list-style-type: none"> <li>a. take turns appropriately 2/3x</li> <li>b. say names of other group members in hello and goodbye 2/3x</li> </ol> </li> <li>2. <b>Increase communication and speech skills</b> <ol style="list-style-type: none"> <li>a. verbally communicate desires 5x per session</li> <li>b. fill in omitted words to songs 3/4x</li> </ol> </li> <li>3. <b>Increase motor skills</b> <ol style="list-style-type: none"> <li>a. play instrument using fist grasp for 3 mins. continuously</li> <li>b. play instrument in 3 different ways</li> </ol> </li> </ol>
<u>Content of Service, Approach / Interventions</u>	<u>Provider assessment/interpretation of session</u>
<ul style="list-style-type: none"> <li>-Hello song to provide session structure and increase social interaction</li> <li>-Beat the drum to increase attn to task and motor skills</li> <li>-Playing wind chimes with turn-taking to increase social skills, engagement, and awareness of environment</li> <li>-Shaker blues to increase communication and motor skills</li> <li>-Old MacDonald to increase speech skills</li> <li>-Piano improvisation to increase engagement and motor skills</li> <li>-Xylophone improvisation to increase motor skills</li> <li>-Goodbye song to close session and provide structure</li> </ul>	<p>S. seemed to be more distracted and demonstrated more acting-out behaviors than in previous sessions. She became fixated on taking out all the instruments or objects in a box and then replacing them over and over. She did this with the animal cards, xylophone mallets, and box of percussion instruments. She dropped objects on the floor or laid down on the floor purposefully and then said “uh oh” or “sorry” many times. She did not maintain her interest in instruments and activities for as long as in previous sessions. Like in the last session, she began singing “clean up, clean up” when she wanted to finish an activity. She helped to put away materials with 2-3 prompts each time.</p>

**Progress Notes**

S. demonstrated increased social skills in that she took turns appropriately during wind chimes playing. She did not wave or say names of others during hello when prompted.

S. communicated her desires 2-3x during this session to indicate when she wanted to finish and activity. She said “all done” a few times when prompted and began singing the “clean up” song other times independently. She also requested “animals” verbally ~2x. S. did not sing along to songs as much during this session as in previous sessions.

S. demonstrated motor skills by playing the xylophone, piano, and shakers, but she did not sustain her attention to any of these activities for very long (less than 1 minute).

**Plans for Upcoming Services**

Continue music therapy services, especially focusing on building therapeutic relationship with MT.

I certify that I provided the service(s) as recorded above.

Signature: \_\_\_\_\_

Provider: XXXX, MT-BCDate: 4/13/11

## &lt;MID-TERM PROGRESS REPORT&gt;

Period of Report: 3/9/11 to 5/25/11Client: S. Date of Report: 5/31/11Describe progress in attainment of each goals and objectives:**1. Increase social skills**

a. S. will take turns appropriately (not playing, not grabbing others' instrument) in 2 of 3 opportunities given during the session. *Achieved ~90%*

b. S. will sing or say the names of at least 2 other group members during hello and goodbye songs. *Not achieved*

**2. Increase communication and speech skills**

a. S. will verbally communicate her desires (choosing activities, more/all done, etc.) at least 5 times per session with less than 3 cues each time. *Achieved ~60%*

b. S. will sing along or fill in omitted words to familiar songs at least 3 out of 4 times when prompted. *Achieved ~50%*

**3. Increase motor skills**

a. S. will play an instrument requiring a fist grasp (i.e., xylophone mallet, maraca) for at least 3 minutes continuously at least once per session. *Achieved ~75%*

b. S. will play a percussion instrument in 3 different ways (i.e., loud, soft, fast, slow) throughout the session. *Achieved ~5%*

Summarize any growth or significant changes in client's behavior and functioning:

S. has demonstrated growth in her social skills and relationship with the music therapist. Her comfort level in sessions has greatly increased since beginning music therapy, as evidenced by her independently taking instruments and items out of the closet and initiating activities. She is good at sharing instruments and items with P. and will give them to him the first time prompted. She sometimes loses focus when it is not her turn in an activity and will begin to wander around the room. S. will continue to work on greeting others during hello and goodbye songs, as she has not yet achieved this objective.

S. has shown progress toward communication skills by communicating her desires in sessions. She speaks much more in sessions than she did when she began music therapy. S. has also increased her independence in singing along to songs and using language to express herself. For example, during "Old MacDonald" in a few recent sessions, S. began making the noises for bird, lion, cat, and dog without any prompting or modeling from the therapist. S. also requests items about 1 time per session by saying "I want \_\_\_\_\_," repeating one word at a time after the therapist. She says "more" or "all done" and "clean up" 5-7 times per session consistently to indicate what she wants. S. also demonstrates communication skills by singing along to songs such as "ABC," "Twinkle Twinkle" and "Old MacDonald." She usually sings about 1 out of 5 words per song.

When S. is focused on an activity, she will participate for 2-5 minutes at a time, demonstrating increased motor skills. She has also learned how to play the piano keys with her index finger and grasp a xylophone mallet and shaker and control them well enough to play these instruments independently. S. follows about 80% directions to the shaker movement activity to increase motor skills as well. S. will continue to work on playing instruments in different ways (loud, soft, etc.) as this is a more complex cognitive skill.

During a few sessions in April, S. began to engage in attention-seeking behaviors during sessions, such as singing "clean up" before an activity was finished, or climbing on chairs and the piano bench. She also took all the items out of a box or the closet, only to replace them a few seconds later. These attention-seeking behaviors have decreased during the last few sessions.

Changes in Long-Term Goals:

None

Updates of Short-Term Objectives:

None

Music Therapist: XXXX, MT-BC

## &lt;TERMINATION REPORT&gt;

 Period of Service: 3/9/11 to 10/12/11

 Client: S. Date of Report: 10/17/11

 Date of Birth: 8/5/08 Date of Intake: 9/13/10

 Service Received: Group music therapy, 25 sessions
Goals & Objectives Addressed:**1. Increase social skills**

- a. S. will take turns appropriately (not playing, not grabbing others' instruments) in 2 of 3 opportunities during the session. *Achieved 100%*
- b. S. will sing or say the names of at least 2 other group members during hello and goodbye songs. *Achieved in September 2011*

**2. Increase speech and communication skills**

- a. S. will verbally communicate her desires (choosing activities, more/all done, etc.) at least 5 times per session with less than 3 cues each time. *Achieved 100%*
- b. S. will sing along or fill in omitted words to familiar songs at least 3 out of 4 times when prompted. *Achieved ~75%*

**3. Increase motor skills**

- a. S. will play an instrument with a fist grasp (i.e., xylophone mallet, maraca) for at least 3 minutes continuously at least once per session. *Achieved ~75%*
- b. S. will play a percussion instrument in 3 different ways (i.e., loud, soft, fast, slow) throughout the session. *Achieved ~50%*

Summary of Progress:**Changes in behavior**

S. has demonstrated progress toward all the stated goal areas in music therapy. She consistently displayed positive affect and willingness to engage in music activities. However, at the beginning of music therapy treatment, S. engaged in some attention-seeking behaviors such as knocking over chairs, dropping materials on the ground, and trying to put away materials before an activity was finished. After about 2 months of therapy, these behaviors began to decrease and S. now engages in positive behavior throughout the session. S. is helpful in putting away materials and helping other group members to participate in activities.

**Social skills**

S. has demonstrated improved social skills throughout music therapy treatment. She has developed from engaging in interactions about 75% of the time to imitating interactions with others, even verbal interactions. She has also initiated interactions with others by offering them instruments and following them around the room. In a recent session, S. observed D's crying behavior by saying "D. cry." S. has also demonstrated social skills by achieving the objective of saying the names of other during hello and goodbye songs. In June 2011, she began saying D's name and in September 2011 filled in the assistant's

and the therapist's names during hello and goodbye. This was especially impressive because the assistant had not been in the sessions for very long; S. remembered and said her name after she was present in only 2 sessions.

### **Speech and communication skills**

S. has demonstrated significant development in her speech and communication skills. At the beginning of music therapy treatment, S's verbal communication was low, and she often just repeated after others, rather than communicating effectively. She has shown significant improvements in speech in a variety of ways. S's echolalia in her speech has decreased significantly, and now occurs 0-1 times per session. S. now requests activities and instruments that she wants to play without any verbal assistance. She often says "animals" independently and requests other activities when choices are given. S. also says "all done" and "clean up" when she is finished with an activity. S. has demonstrated verbal ability and social interaction by initiating verbal call-and-response with the therapist and assistant. For example, in one session S. turned a small drum upside down and began singing into it like a microphone. She sang "la la la," "mi mi mi," and a variety of other verbal syllables and was encouraged to continue by the therapist repeating after her.

### **Motor skills**

S. has addressed motor skills during music therapy by playing a variety of instruments requiring different motor skills. Some of these included the xylophone (grasping the mallet), drum, piano, and shakers. S. consistently followed directions for movement activities as well, such as playing the shakers and drum in different positions around her body (up high, down low, on her feet, etc.) S. followed musical cues during a running/walking around the room activity as well by changing the speed of her movement to match with the music. All these activities demonstrate S's improved motor skills. The walking/running around the room activity especially shows S's gross motor control, as she is able to control her entire body to move in time with the music.

### Reason for Termination:

S. completed the Scholarship Program.

### Recommendations for other services and interventions:

Continue music therapy services if possible to address speech, social skills, and reinforce academic skills. Continue intervention to work on relating to others in positive ways. Participate in speech therapy to continue S's development in this area.

Music Therapist: XXXX, MT-BC

Clinical Director: YYYY, MT-BC

effects in such banks, trust companies, or other depositories as shall from time to time be designated by the Board of Directors. The Treasurer shall make such disbursements as the regular course of the business of the Corporation may require or the Board of Directors may order. The Treasurer shall perform all other duties incident to the office or which may be assigned by the President or the Board of Directors.

SECTION 5.6 Absence of Officers. In the absence or disability of the President and Vice President, or Vice Presidents if more than one, the duties of the President shall be performed by the Chairman of the Board of Directors or by such persons as may be designated for such purpose by the Board of Directors. In the absence or disability of the Secretary or of the Treasurer the duties of the Secretary or of the Treasurer, as the case may be, shall be performed by such person or persons as may be designated for such purpose by the Board of Directors.

SECTION 5.7 Salaries. The salaries and compensation, if any, of officers, agents, and employees shall be determined by the Board of Directors.

## ARTICLE VI

### Removals, Vacancies and Absences

SECTION 6.1 Removals. The Board of Directors may at any time depose or remove from office with or without cause in accordance with law, any director, officer, subordinate officer, agent or employee.

SECTION 6.2 Vacancies. In case of any vacancy occurring in the Board of Directors between meetings of the directors, through death, resignation, disqualification, removal or other cause other than temporary absence or illness, the directors remaining, although less than a majority of them, may appoint a successor or successors to fill the vacancy or vacancies so

to time to the credit of the Corporation in such banks, trust companies, or other depositories as the Board of Directors may select.

## ARTICLE VIII

### Indemnification

#### SECTION 8.1 Indemnification.

(a) Except as prohibited by law, the Corporation may indemnify each person who was or is a party or is threatened to be made a party to any threatened, pending, or completed action, suit, or proceeding, whether civil, criminal, administrative, or investigative (other than an action by or in the right of the Corporation) because the person is or was a director, officer, employee, or agent of the Corporation or any division of the Corporation, against liability incurred in the proceeding if the person (1) conducted himself in good faith, and (2) the person reasonable believed: (A) in the case of conduct in an official capacity, that the person's conduct was in the corporation's best interests; (B) in all other cases, the person's conduct, at a minimum, did not oppose the corporation's best interests; and (3) in the case of any criminal proceeding, had no reasonable cause to believe the person's conduct was unlawful. The termination of any proceeding by judgment, order, settlement, conviction, or upon a plea of nolo contendere or its equivalent, is not by itself determinative of a person's failure to meet the standard of conduct described in this section.

(b) To the extent that a director, officer, employee, or agent of the Corporation or any division of the Corporation has been wholly successful on the merits or otherwise in the defense of any action, suit, or proceeding to which the person was a party because the person was a director, officer, employee or agent of the Corporation, the person shall be indemnified against

reasonable expenses actually incurred by the person in connection with the proceeding.

(c) Any indemnification under paragraph (a) of this Section (unless ordered by a court) shall be made by the Corporation only as authorized in the specific case upon a determination that indemnification of the director, officer, employee, or agent is proper in the circumstances because the person has met the applicable standard of conduct set forth in paragraph (a). Such determination may be made (1) by the Board by a majority vote of a quorum consisting of members of the Board of Directors who were not parties to such action, suit, or proceeding, or (2) if such a quorum is not obtainable, by the majority vote of a Committee duly designated by the board of directors (in which designation directors who are parties may participate) consisting solely of two or more directors not at the time parties to the proceeding, or (3) special legal counsel selected by: (a) the board of directors or its committee in the manner described above; or (b) majority vote of the full board if a quorum of the board cannot be obtained under subsection (1) and the committee cannot be designated under subsection (2).

(d) Expenses incurred in defending a civil or criminal action, suit, or proceeding may be paid by the Corporation in advance of the final disposition of such action, suit, or proceeding as authorized by the Board of Directors in a particular case provided that the requirements of HRS §414D-162 are met.

(e) The Corporation may purchase and maintain insurance on behalf of any person who is or was a director, officer, employee, or agent of the Corporation or any division of the Corporation against any liability asserted against or incurred by the person in that capacity or arising out from the person's status as such, whether or not the Corporation would have the power to indemnify the person against the same liability under the provisions of this Article.

## Music Therapy Feedback Form

Name (Optional):

Date:

*\*Please rate and circle one number for each question.*

	NO					YES
1. Do you think you are benefiting from Music Therapy?	1	2	3	4	5	n/a
2. Do you feel supported by your music therapist?	1	2	3	4	5	n/a
3. Do you feel supported by peers in this program?	1	2	3	4	5	n/a
4. Does music therapy make you feel good about yourself and others?	1	2	3	4	5	n/a
5. Does music therapy help you to develop focus in your life?	1	2	3	4	5	n/a
6. What are the areas of your life, in which music therapy makes a difference? Circle all that apply:	Social	learning	Speech	Physical	Mental	Emotional
	Memory	Behavior	Family			

Other: \_\_\_\_\_



***Mahalo for completing the form!***







## GRIEVANCE POLICIES & PROCEDURES

A grievance is defined as, and limited to, a complaint involving an alleged violation concerning the provided State funded activity. A written grievance shall contain a clear and concise statement of the grievance indicating the issue involved, the relief sought, and the date the incident or alleged violation took place. The grievance and/or appeal must be initiated with Sounding Joy Music Therapy, Inc. to the following address: 1314 South King Street, #711, Honolulu, HI 96814. All grievances must be presented promptly in writing and not later than 30 calendar days from the date the grievant first became aware of cause of such grievance. The grievant shall receive a written reply from Clinical Director at Sounding Joy Music Therapy, Inc. within 30 calendar days of receipt of the grievance. If the grievant is not satisfied with the action on the issue, the grievant has the right to have the grievance addressed by the State.

Registration and Intake Sheet

Complete and Email to: postmaster@soundingjoymt.org,  
 Fax to: (808) 593-2620, or  
 Send to: Sounding Joy Music Therapy, Inc.  
 1314 South King Street, #711  
 Honolulu, HI 96814

Date: \_\_\_\_\_

Client's Name: \_\_\_\_\_ Sex: \_\_\_\_\_  
First Middle Last M/F

Date of Birth: \_\_\_\_\_ Current Age: \_\_\_\_\_ Occupation/School: \_\_\_\_\_  
Mo / Day / Year (If applicable)

Disabilities / diagnosis?: \_\_\_\_\_  
(If applicable)

Client's address: \_\_\_\_\_  
Street, Apt / Suite#

\_\_\_\_\_  
City State + Zip Email

Client's phone: \_\_\_\_\_  
Home Cell Work

Client's guardian: \_\_\_\_\_ Relation to the client: \_\_\_\_\_  
(if applicable) First Last

Guardian phone: \_\_\_\_\_ Guardian Email: \_\_\_\_\_  
(if different from above)

Referral by: \_\_\_\_\_  
Name / Relation to the client Phone #

Please indicate first 3 choices of times for weekly sessions by putting 1, 2, and 3:

<input type="checkbox"/> Monday, Morning	<input type="checkbox"/> Wednesday, Morning	<input type="checkbox"/> Friday, Morning
<input type="checkbox"/> Monday, Afternoon	<input type="checkbox"/> Wednesday, Afternoon	<input type="checkbox"/> Friday, Afternoon
<input type="checkbox"/> Tuesday, Morning	<input type="checkbox"/> Thursday, Morning	<input type="checkbox"/> Saturday, Morning
<input type="checkbox"/> Tuesday, Afternoon	<input type="checkbox"/> Thursday, Afternoon	<input type="checkbox"/> Saturday, Afternoon

Your information is kept absolutely confidential.

*All registrants are subject to personal interview before final decisions are made.*

**\*For Office Use\***

CC District: \_\_\_\_\_ Interview Completed: \_\_\_\_\_  
 Group Placement: \_\_\_\_\_ Started Services: \_\_\_\_\_

Agreement & Consent Form

Client's name: \_\_\_\_\_  
Last First Middle

I, hereby, agree with Sounding Joy Music Therapy, Inc, on that:

- I / my family member receive the music therapy service free of charge for the admitted music therapy program;
- I / my family member will commit to the program for the following length: minimum 18 weeks;
- I / my family member will notify the organization of any absence before the start of the scheduled sessions;
- I am responsible for my / my family member's travel and transportation costs; and

I, hereby, consent Sounding Joy Music Therapy, Inc. to:

- Access my / my family member's medical and clinical records;
- Video record all my / my family member's music therapy sessions; and
- Have the rights to automatically drop me / my family member out from the program, when more than 2 no-shows observed without any notice given to the organization;

for clinical and educational purposes and complying with the integrity of the program. Check if:

I do NOT want the sessions to be video recorded.

\_\_\_\_\_  
Signature of the guardian / participant

\_\_\_\_\_  
Name of the guardian / participant

\_\_\_\_\_  
Date

## &lt;INTAKE NOTES&gt;

Client: \_\_\_\_\_ Date of Intake: \_\_\_\_\_

Interviewer: \_\_\_\_\_

Gross Motor	
Fine Motor	
Oral Motor	
Sensory	
Receptive Communication / Auditory Reception	
Expressive Communication	
Cognitive	
Emotional	
Social	
Family	
Musicality	

Music Therapist: \_\_\_\_\_

Clinical Director: \_\_\_\_\_



# Proclamation

**WHEREAS**, music therapy is a process in which a qualified therapist uses music and all of its facets – physical, emotional, mental, social, aesthetic and spiritual – to help clients improve or maintain their health; and

**WHEREAS**, music therapists believe that all individuals, regardless of age or musical background, have a basic capacity for musical expression and appreciation, and music therapy interventions can be designed to promote wellness, manage stress, alleviate pain, express feelings, enhance memory, improve communication and promote physical rehabilitation; and

**WHEREAS**, music therapy is used to treat individuals of all ages with a variety of conditions, including psychiatric disorders, medical problems, physical and developmental disabilities, sensory impairments, communication disorders and aging; and

**WHEREAS**, music therapy is also applied to improve learning, build self-esteem, reduce stress, support physical exercise and facilitate a host of other health-related activities; and

**WHEREAS**, music therapists work in general hospitals, psychiatric facilities, schools, prisons, community centers, training institutes, private practices and universities; and

**WHEREAS**, every session with clients involves some type of musical experience, such as improvising, re-creating, composing and listening to music, and clients may also be encouraged to express themselves through other arts, such as drawing, painting, dance, drama or poetry; and

**WHEREAS**, the mission of the American Music Therapy Association is to advance public awareness of the benefits of music therapy and increase access to quality music therapy services in a rapidly changing world,

**NOW, THEREFORE, I, MUFI HANNEMANN**, Mayor of the City and County of Honolulu, do hereby proclaim March 9 - 16, 2008, to be

## MUSIC THERAPY WEEK

in the City and County of Honolulu, to increase awareness of the benefits of music therapy and its potential for health, wellness and healing, and to thank music therapists for their invaluable contributions.



Done this 7<sup>th</sup> day of March, 2008,  
in Honolulu, Hawaii.

*Mufi Hannemann*  
MUFI HANNEMANN



# Proclamation

*Presented to the*

## **Sounding Joy Music Therapy, Inc.**

**WHEREAS**, Sounding Joy Music Therapy, Inc., established in 2002, is Hawai'i's first & only non-profit organization dedicated to promoting music therapy; and

**WHEREAS**, Sounding Joy Music Therapy, Inc.'s mission is "to enhance public awareness of benefits of music therapy, to increase accessibility to music therapy services, and to advance music therapy research, in order to improve quality of life through therapeutic uses of music"; and

**WHEREAS**, Sounding Joy Music Therapy, Inc. understands the valuable benefits of music therapy; music therapy consists of therapeutic uses of music to address behavioral, social, psychological, physical and communicative functioning; it enhances one's quality of life, involving human relationships, which are structured and adapted through the elements of music to create a positive environment and set the occasion for successful growth and change; and

**WHEREAS**, Sounding Joy Music Therapy, Inc. was able to successfully provide music therapy to more than 200 Hawai'i families, as well as thousands of others through public education and resource programs; and

**WHEREAS**, Sounding Joy Music Therapy, Inc. will be celebrating its 2<sup>nd</sup> Annual "A Morning of Music" on October 23, 2011 at Mission Houses Museums of Hawai'i; the event will feature a champagne brunch, live musical entertainment, a silent auction, orchid sale, and more; and

**WHEREAS**, Sounding Joy Music Therapy, Inc. will honor Pamela Young, Anchor of KITV, for her dedication and commitment to promote music therapy through media outreach in Hawai'i;

**THEREFORE I, NEIL ABERCROMBIE, Governor, and I, BRIAN SCHATZ, Lieutenant Governor of the State of Hawai'i, do hereby proclaim October 23, 2011 as**

### **"SOUNDING JOY MUSIC THERAPY DAY"**

in Hawai'i and urge the people of the Aloha State to join us in recognizing Sounding Joy Music Therapy, Inc. for its valuable contributions to our communities.

**DONE** at the State Capitol, in the Executive Chambers, Honolulu, State of Hawai'i, this third day of October, 2011.

*Neil Abercrombie*

**NEIL ABERCROMBIE**  
Governor, State of Hawai'i

*Brian Schatz*

**BRIAN SCHATZ**  
Lt. Governor, State of Hawai'i



*The House of Representatives  
State of Hawaii*

hereby presents this certificate to

**SOUNDING JOY MUSIC THERAPY, INC.,  
"Sounds of Joy"  
6th Annual Benefit Concert**

WHEREAS, the Legislature proudly acknowledges organizations in the community that have touched so many lives in a positive manner and have made numerous contributions to the well-being of the State of Hawaii; and

WHEREAS, established in September 2002, SOUNDING JOY MUSIC THERAPY, INC., is Hawaii's first and only non-profit organization, Medicare and Medicaid participating provider that promotes music therapy and that also is an approved continuing education provider by the Certification Board for Music Therapists and the National Board for Certified Counselors; and

WHEREAS, SOUNDING JOY MUSIC THERAPY, INC.,'s mission is to enhance public awareness of the benefits of music therapy, to increase accessibility to music therapy services, and to advance music therapy research; and

WHEREAS, similar to occupational and physical therapy, SOUNDING JOY MUSIC THERAPY, INC., promotes music therapy in response to a growing therapy demand in our community, and uses music to enhance the quality of life of individuals with behavioral, social, emotional, psychological, communicative, and sensory-motor concerns through a structured, yet positive environment that encourages success; and

WHEREAS, on Sunday, January 18, 2009, SOUNDING JOY MUSIC THERAPY, INC., celebrates its 6th Annual Benefit Concert entitled "Sounds of Joy" at the YMCA - Fuller Hall, hosting the pioneer of music therapy from New York University, Dr. Clive Robbins; now, therefore,

The House of Representatives of the State of Hawaii hereby commends and applauds SOUNDING JOY MUSIC THERAPY, INC., for their continuing commitment to the people of Hawaii, and extends to them its warmest aloha and best wishes for continued success in all future endeavors.

*Tom Brown*

*Calvin K.Y. Sey*

Calvin K.Y. Sey, Speaker of the House

*Patricia Mau-Shimizu*

Patricia Mau-Shimizu, Chief Clerk

*John M. Mizuno*

Representative John M. Mizuno





# The Senate

## COMMENDING AND RECOGNIZING SOUNDING JOY MUSIC THERAPY, INC. FOR OUTSTANDING CONTRIBUTIONS TO HAWAII

The spirit of Aloha in Hawaii helps to bring our people together through caring, support, and mutual respect. This spirit has carried our islands through good times and bad times, enabling all of us to be one Ohana. The people of the State of Hawaii recognize and honor the contributions of special organizations and individuals who help inspire a better community by their example of character, caring and commitment. It is a pleasure and a privilege for the Hawaii State Legislature to formally recognize **SOUNDING JOY MUSIC THERAPY, INC.** as one such organization.

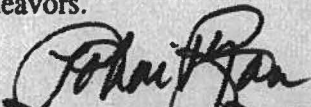
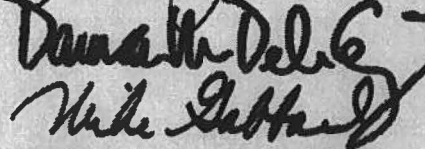



Established in September 2002, **SOUNDING JOY MUSIC THERAPY, INC.**, is Hawaii's first and only non-profit organization, Medicare and Medicaid participating provider that promotes music therapy. They are an approved continuing education provider by the Certification Board for Music Therapists and the National Board for Certified Counselors.


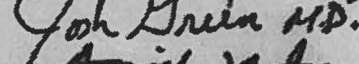
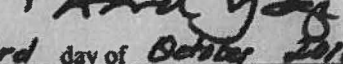
**SOUNDING JOY MUSIC THERAPY, INC.**'s mission is to enhance public awareness of the benefits of music therapy, to increase accessibility to music therapy services, and to advance music therapy research. Similar to occupational and physical therapy, **SOUNDING JOY MUSIC THERAPY, INC.**, promotes music therapy in response to a growing therapy demand in our community, and uses music to enhance the quality of life of individuals with behavioral, social, emotional, psychological, communicative, and sensory-motor concern through a structured, yet positive environment that encourage success. Their contributions to the community and their commitment to Hawaii's families is greatly appreciated.

On October 23, 2011, Sounding Joy Music Therapy, Inc. will hold its 2<sup>nd</sup> Annual Honoree Gala, "A Morning of Music", at the Mission Houses Museum from 11 a.m. to 2 p.m. for the community to enjoy.


The Twenty-Sixth Legislature of the State of Hawaii hereby recognizes and commends **SOUNDING JOY MUSIC THERAPY, INC.** for its dedication and service to the people of the State of Hawaii, and extends warmest Aloha and best wishes in all its future endeavors.











Done this 23rd day of October 2011  
 State Capitol, Honolulu, Hawaii'i

  
 Suzanne Chun Oakland, Sponsoring Senator

  
 Shan S. Tsutsui, President of the Senate

  
 Carol Taniguchi, Clerk of the Senate

**Performance Measures by Program Component**

As of February '11

Youth Empowerment Service: Decision-making Skills / Positive Choices  
 Provided by: Sounding Joy Music Therapy, Inc.

**Knowledge:**

Effect of risky behavior on goal attainment	93% of participants who report that risky behavior can affect goal attainment.
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**Attitudes and Beliefs:**

Confidence and self-efficacy in making healthy decisions	85% of participants who report feeling more confident they can and will make good decisions.
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**Skills:**

Decision-making skills	88% of participants reporting acquisition of decision-making skills.
Resistance and refusal skills	88% of participants who report attaining refusal skills.

**Behavior:**

Goal-setting	80% of participants who report they set goals.
Avoidance of risky behaviors	86% of participants who report abstaining from risky behaviors.

**Relationships:**

Staff-youth relationships	86% of participants who report a supportive adult in the program.
Peer relationships	89% of participants who report positive peer relationships.