





## Department of Commerce and Consumer Affairs

### CERTIFICATE OF GOOD STANDING

I, the undersigned Director of Commerce and Consumer Affairs of the State of Hawaii, do hereby certify that

**SOUNDING JOY MUSIC THERAPY, INC.**

was incorporated under the laws of Hawaii on 09/05/2002 ; that it is an existing nonprofit corporation; and that, as far as the records of this Department reveal, has complied with all of the provisions of the Hawaii Nonprofit Corporations Act, regulating domestic nonprofit corporations.



IN WITNESS WHEREOF, I have hereunto set my hand and affixed the seal of the Department of Commerce and Consumer Affairs, at Honolulu, Hawaii.

Dated: January 11, 2019

Director of Commerce and Consumer Affairs

**DECLARATION STATEMENT OF  
APPLICANTS FOR GRANTS PURSUANT TO  
CHAPTER 42F, HAWAII REVISIED STATUTES**


The undersigned authorized representative of the applicant certifies the following:

- 1) The applicant meets and will comply with all of the following standards for the award of grants pursuant to Section 42F-103, Hawaii'i Revised Statutes:
  - a) Is licensed or accredited, in accordance with federal, state, or county statutes, rules, or ordinances, to conduct the activities or provide the services for which a grant is awarded;
  - b) Complies with all applicable federal and state laws prohibiting discrimination against any person on the basis of race, color, national origin, religion, creed, sex, age, sexual orientation, or disability;
  - c) Agrees not to use state funds for entertainment or lobbying activities; and
  - d) Allows the state agency to which funds for the grant were appropriated for expenditure, legislative committees and their staff, and the auditor full access to their records, reports, files, and other related documents and information for purposes of monitoring, measuring the effectiveness, and ensuring the proper expenditure of the grant.
- 2) If the applicant is an organization, the applicant meets the following requirements pursuant to Section 42F-103, Hawaii'i Revised Statutes:
  - a) Is incorporated under the laws of the State; and
  - b) Has bylaws or policies that describe the manner in which the activities or services for which a grant is awarded shall be conducted or provided.
- 3) If the applicant is a non-profit organization, it meets the following requirements pursuant to Section 42F-103, Hawaii'i Revised Statutes:
  - a) Is determined and designated to be a non-profit organization by the Internal Revenue Service; and
  - b) Has a governing board whose members have no material conflict of interest and serve without compensation.

Pursuant to Section 42F-103, Hawaii'i Revised Statutes, for grants used for the acquisition of land, when the organization discontinues the activities or services on the land acquired for which the grant was awarded and disposes of the land in fee simple or by lease, the organization shall negotiate with the expending agency for a lump sum or installment repayment to the State of the amount of the grant used for the acquisition of the land.

Further, the undersigned authorized representative certifies that this statement is true and correct to the best of the applicant's knowledge.

Sounding Joy Music Therapy, Inc.  
(Typed Name of Individual or Organization)

 \_\_\_\_\_  
(Signature) January 15, 2019  
(Date)

Keiko Kajiwara \_\_\_\_\_  
(Typed Name) President  
(Title)

## Application Submittal Checklist

*The following items are required for submittal of the grant application. Please verify and check off that the items have been included in the application packet.*

- 1) Certificate of Good Standing (If the Applicant is an Organization)
- 2) Declaration Statement
- 3) Verify that grant shall be used for a public purpose
- 4) Background and Summary
- 5) Service Summary and Outcomes
- 6) Budget
  - a) Budget request by source of funds ([Link](#))
  - b) Personnel salaries and wages ([Link](#))
  - c) Equipment and motor vehicles ([Link](#))
  - d) Capital project details ([Link](#))
  - e) Government contracts, grants, and grants in aid ([Link](#))
- 7) Experience and Capability
- 8) Personnel: Project Organization and Staffing



KEIKO KAJIWARA, PRESIDENT

JANUARY 15, 2019

AUTHORIZED SIGNATURE

PRINT NAME AND TITLE

DATE

## Application for Grants

*If any item is not applicable to the request, the applicant should enter "not applicable".*

### **I. Certification – Please attach immediately after cover page**

#### **1. Certificate of Good Standing (If the Applicant is an Organization)**

If the applicant is an organization, the applicant shall submit one (1) copy of a certificate of good standing from the Director of Commerce and Consumer Affairs that is dated no earlier than December 1, 2018.

Attached.

#### **2. Declaration Statement**

The applicant shall submit a declaration statement affirming its compliance with Section 42F-103, Hawaii Revised Statutes. ([Link](#))

Attached.

#### **3. Public Purpose**

The applicant shall specify whether the grant will be used for a public purpose pursuant to Section 42F-102, Hawaii Revised Statutes. ([Link](#))

The grant requested by this application will be used to establish a center for music therapy to enhance the well-being and quality of life of disadvantaged individuals and communities in Hawai'i. Therefore, the request is fully in compliance with the public purpose pursuant to Section 42F-102, Hawai'i Revised Statutes.

### **II. Background and Summary**

This section shall clearly and concisely summarize and highlight the contents of the request in such a way as to provide the State Legislature with a broad understanding of the request. Please include the following:

#### **1. A brief description of the applicant's background**

Established in 2002, Sounding Joy Music Therapy, Inc. (Sounding Joy) is the only 501(c)3 non-profit organization to promote music therapy in Hawai'i. It was founded on the basis of our belief that music can significantly transform people's lives, and in response to a strong public demand for music therapy in Hawai'i, from people of diverse communities who love Hawai'i and music. Sounding Joy's mission is to improve quality of life through increased

access to music therapy, to educate the public about the benefits of music therapy, and to advance music therapy research and studies in Hawai'i.

The organization's main activities are: 1) Promotion and advocacy of music therapy through seminars, workshops, demonstrations, resource fairs, media, etc., 2) Music therapy clinical services at Sounding Joy's clinic, schools, skilled nursing facilities, hospitals, homeless shelters, community centers, workplaces, etc., 3) Education and training of music therapy interns, and the development of a music therapy degree program in Hawai'i, and 4) Fundraising through benefit concerts, charity events, special campaigns, sponsor solicitation, etc. We also offer volunteer opportunities to the public within these activities.

In 2018, Sounding Joy celebrated its 16<sup>th</sup> anniversary, having provided more than 2,500 individuals and families with direct music therapy services and educated more than 50,000 people in Hawai'i on the principles and benefits of music therapy. We have collaborated with more than 100 local agencies, serving schools, nursing facilities, and hospitals in Hawai'i which request our services because of the unique, creative methods of music therapy that no other program can offer. We have contracted with the Hawai'i Department of Education and provided music therapy to dozens of local children in Special Education. With grant support from the State Foundation on Culture and the Arts since 2005, and from the Hawai'i Department of Human Services since 2008, we have offered music therapy programs to more than 1,000 at-risk youth and families state-wide to cultivate self-confidence, positive relationships, and empowerment.

In 2011, at the World Congress of Music Therapy in Seoul, Korea, Sounding Joy presented on music therapy in Hawai'i for the first time in the history of this conference. Sounding Joy also started a special project after the Great Earthquake in North-East Japan, supporting relief efforts for the affected regions through music therapy. In 2012, the Hawai'i Tourism Authority awarded Sounding Joy with grants supporting music therapy for Native Hawaiians and their communities, particularly for the purpose of improving mental and emotional health. Around that time, the first music therapy introductory course in Hawai'i was offered by Sounding Joy at Hawai'i Pacific University. This course has become the cornerstone of local education and potential future training in music therapy. Most recently, the City of Honolulu has awarded a grant for Sounding Joy to provide music therapy to underserved populations on Oahu. Sounding Joy has received numerous awards and recognitions from the governors, the State Senate and House of Representatives, and the mayors of Honolulu for its outstanding contributions to Hawai'i.

## **2. The goals and objectives related to the request**

The organization requests a capital grant to purchase a fee simple property within which to establish a music therapy center, to accommodate expanded operations in response to public need. Currently, the organization rents a small office of approximately 500 sq. ft., divided into two rooms for conducting administrative and clinical tasks, respectively. Each year, Sounding Joy provides weekly music therapy sessions to about 200 individuals, and offers about 30 community events to educate thousands of people about the benefits of music therapy. Six credentialed music therapists, 5 advisory board members, and dozens of interns and volunteers all work and collaborate within this tiny space, which often limits the scope and efficiency of operations. Sounding Joy is faced with strong public demand for expanded clinical and

educational services, outgrowing our current operational capacity (as evidenced by our waiting list of 230). Additional session and meeting rooms are required to adequately support the operations of the organization; hence, the need for a music therapy center has become critical.

The goals and objectives of this capital grant request are to acquire a property with the capacity for the following:

- 1) One large multi-purpose room, about 1,000 sq. ft., to hold public education seminars, conferences, concerts, and other special events related to music therapy
- 2) One mid-size therapy room, about 400 sq. ft., to conduct group music therapy sessions
- 3) Two small therapy rooms, about 200 sq. ft. each, to conduct individual music therapy sessions
- 4) Two small office rooms, about 150 sq. ft. each, for private meetings, session video reviews, and supervision/consultation
- 5) About 500 sq. ft. of shared office space for administrative work, documentation, and research activities
- 6) A small break room with kitchenette
- 7) Storage space for musical instruments and recording equipment
- 8) A reception area and ADA-compliant restroom facilities
- 9) Parking spaces for clients and staff

The property as a whole must be ADA compliant. All therapy and meeting rooms should be soundproofed in order to protect privacy, and to prevent sound interference when multiple sessions or events are being held simultaneously. A fee simple property is sought for optimal financial stability and sustainability. Sounding Joy's goal is to purchase property close to its current location, complete necessary renovations and soundproofing, and take occupancy of the property during the grant term.

### 3. The public purpose and need to be served

Hawai'i is one of the most underserved states in the nation in terms of music therapy, as shown by data (Att. #1) collected by the American Music Therapy Association (AMTA). There is a severe shortage of MT-BCs in Hawai'i, where only 8 MT-BCs are employed, as compared to more than 6,500 on the mainland. Another factor heightening the need for music therapy is that Hawai'i has one of the fastest-growing elderly populations in the nation. Research findings strongly agree that this population benefits significantly from music therapy in terms of social, cognitive, and emotional support, maintenance of overall functioning, and care at the end of life (Att. #2). In fact, the U.S. Congress recommends music therapy as one of the mandatory activities for senior care. Sadly, only a few nursing homes in Hawai'i currently offer music therapy, as compared to, for example, the State of California, where music therapy is provided at hundreds of senior facilities by more than 80 Board Certified Music Therapists (MT-BCs).

Sounding Joy offers the only grant-supported music therapy program in Hawai'i, through funding from the City and County of Honolulu (Att. #3). This program can serve only 100 clients a year; our waiting list demonstrates that this funding is far from adequate to respond to the vast

needs for music therapy that exist in our local communities. Neither health insurance nor the Hawai'i Department of Health covers music therapy services. Hence, it is difficult to provide music therapy to Hawai'i's most vulnerable populations, who could benefit most from it. All of the factors cited above have contributed to the accumulation of clients on Sounding Joy's waiting list over the years. Currently, the list includes 230 people with disabilities and special needs (Att. #4).

Sounding Joy also receives numerous requests from the public for presentations, workshops, and in-services regarding the principles and benefits of music therapy. We have educated at least 1,500 people through 30 or more such activities per year. However, our shortage of space has logistically and financially limited our capacity for these activities. Historically, the organization has received several grants to support our direct services, but it is imperative that we obtain a substantial capital grant to establish a center in response to the growing public demand for music therapy services and education in Hawai'i. The music therapy center will provide the following:

- A) Multiple therapy rooms to efficiently accommodate additional music therapy sessions
- B) Adequate settings for public education activities related to music therapy
- C) Appropriate professional work space for music therapists and interns
- D) More effective integration and collaboration with the community to enhance quality of life for clients and their families

The creation of a music therapy center in Hawai'i will significantly benefit the public as well as advance music therapy education and research. Music can be used in therapy as a source of cultural pride and identification in ways that are not possible through any other modality. For this reason, the center will support indigenous culture and community values. We believe this capital grant will transform the lives of many in Hawai'i who struggle with their daily activities and functioning in the community, by allowing them to benefit from long-awaited access to music therapy services.

#### 4. Describe the target population to be served.

Services offered by the proposed music therapy center will target the following:

- A) A total of 4,000 people with disabilities and special needs per year to receive music therapy sessions
- B) At least 2,000 people per year to be informed about the benefits of music therapy through educational events and community outreach
- C) At least 100 professionals per year from health care, education, human services, and arts fields to receive continuing education opportunities

The positive changes occurring in the lives of the targeted client populations would impact their families and caregiving circles, as well. Thus, the benefits directly experienced by clients at the proposed center would also heighten public awareness of music therapy, strengthening their communities' understanding and support of music therapy. This would



contribute to increased access to music therapy services and enhanced community living for people with disabilities and special needs in Hawai'i.

The proposed music therapy center would prioritize service to native Hawaiian communities, promoting recognition and utilization of the therapeutic values inherent in Hawai'i's rich cultural heritage of music. Many requests for music therapy services come from geographic areas of the state where indigenous culture and values are predominant, yet individuals and families are often economically disadvantaged. The economic and social needs of people with disabilities in these indigenous communities are particularly acute, given that mainstream services are often unable to respond to them in a culturally appropriate or meaningful manner. Music therapy can engage many individuals within these communities through its culturally sensitive, creative approach, motivating them to strive toward more independent lives through the power of music. By advancing research and clinical practice focused on the unique therapeutic benefits of Hawaiian and Pacific Island music and culture, the proposed music therapy center holds the potential to become one of a kind in the world.

5. Describe the geographic coverage.

The capital grant will create a music therapy center to cover direct music therapy services state-wide; and, furthermore, to enable our organization to contribute significantly to the field of music therapy for the advancement of human well-being and quality of life not only state-wide but also nationally and internationally.

### **III. Service Summary and Outcomes**

The Service Summary shall include a detailed discussion of the applicant's approach to the request. The applicant shall clearly and concisely specify the results, outcomes, and measures of effectiveness from this request. The applicant shall:

1. Describe the scope of work, tasks and responsibilities.

The requested capital grant will enable the organization to purchase a fee-simple property in the Honolulu metropolitan area and make necessary renovations for expanded operation in response to strong public need for services. Our preliminary real estate market research, via Internet sites, community magazines and newspapers, and other listing modalities, has identified a property consisting of 3,591 sq. ft. of total building space, which will cost approximately 1,103,000 dollars (Att. #5). This property would meet all the specifications detailed above. An elevator provides wheelchair access, and there are multiple municipal parking facilities in close proximity. The materials and design of the property are inherently conducive to sound insulation, requiring relatively little expenditure for soundproofing. Most significantly, there would appear to be strong resonance between Sounding Joy Music Therapy and the surrounding community. The property is located in an urban area of historic significance which has been a locus for contemporary innovation in the arts. The Hawaii Times Building, within which the property is housed, was originally constructed in 1897 and has recently been occupied by recording studios and art galleries along with medical offices. The long-term presence of Sounding Joy Music

Therapy at this location would foster a dynamic, mutually beneficial relationship between the organization and the community, allowing the organization to contribute to revitalizing the community and preserving its historic legacy while bringing to fruition the vibrant, creative mission of enhancing quality of life and well-being through music therapy.

Once the grant is awarded, the organization will form a building committee, chaired by the executive director. The organization will then hire a real estate agent to seek appropriate acquisition of the property. The agent will conduct market research and analysis of the property from the standpoint of finance, feasibility, sustainability, etc. Findings will be presented to the organization's board of advisors, who will make the final purchase decision with input from the executive staff. The board of advisors will be responsible for the entire process of purchase, collaborating with the agent, signing the papers (compliant with the organization's bylaws, Att. #6), and overseeing the grant. The committee will seek licensed constructors through a bidding process to maintain cost efficiency. At the start of the renovation phase, the committee will communicate with the candidate contractors to estimate their total costs for designing and creating the proposed spaces. Renovation will begin once the contractors have been chosen with approval from the board of advisors, and is expected to finish a month before the grant period ends, so that moving may be completed within the period. The building committee will recruit the necessary personnel to keep the property in good condition, and will report any needs for repair and maintenance to the board of advisors.

By the end of the grant period, construction and renovations of the proposed music therapy center will be completed, the organization will be relocated within the center, a building fund will be established, and a sustainability plan for the property will be developed. The building committee will oversee financial activities related to the property. The executive director will be responsible for these financial activities and will report to the board of advisors periodically to evaluate the well-being and sustainability of the building fund. With the creation of a large multi-purpose room within the property, the organization plans to hold fundraising events that would contribute to the building fund. The fund development committee, a standing committee within the organization, will be responsible for planning these events.

The proposed music therapy center will serve as a source of inspiration on multiple fronts. The organization will be responsible for utilizing the property, first and foremost, to address the needs of underserved, disadvantaged individuals and communities through music therapy, and to educate the public regarding the benefits of music therapy and the significant therapeutic value of Hawaiian music and culture. In turn, through the capacity of this unique center to offer innovative, unparalleled therapeutic approaches utilizing the power of music, the organization's collaborative relationships and presence within the community will be strengthened, attracting resources to sustain the center financially and physically.

2. Provide a projected annual timeline for accomplishing the results or outcomes of the service.

Once the grant is awarded, the building committee will be established, headed by the executive director. By July 31, 2019, at the latest, the building committee together with the board

of advisors will establish project timelines, goals, and objectives, and hire a real-estate agent. They will negotiate with the agent for a possible discount or donation of the agent fees.

By September 30, 2019, the agent and the board of advisors will finalize a property to purchase. The purchasing process, including property inspection, will begin as soon as possible, with the aim of transferring the title within 2 months.

The building committee will begin discussing plans for necessary renovations based upon the organization's clinical and administrative operations. By December 31, 2019, the committee will outline a basic renovation plan, and open the bidding process with possible contractors. The executive director will keep the board of advisors informed of every step of the process.

By February 28, 2020, the bidding period will be completed, and contractors will be approved by the board of advisors. Renovations will begin, to be completed by May 31, 2020, at the latest.

By June 30, 2020, the organization will take occupancy of the property. The building committee will complete its final project report and establish the building fund for the maintenance and sustainability of the property.

**3. Describe its quality assurance and evaluation plans for the request. Specify how the applicant plans to monitor, evaluate, and improve their results.**

Since its establishment in 2002, Sounding Joy's music therapy programs have been highly regarded as one-of-a-kind in the community, making a significant difference in people's lives through the therapeutic application of music and its unique power to heal. Sounding Joy complies strictly with the code of ethics and professional standards set by the American Music Therapy Association (AMTA) and Certification Board for Music Therapists (CBMT) (Att. #10), the national organizations regulating the field of music therapy in the U.S. We hire only those with nationally recognized music therapy credentials (MT-BC) as clinical staff, because their specialized skills are essential to deliver effective music therapy services.

For quality assurance and evaluation of the proposed creation of a music therapy center, the organization will depend upon combined input from members of the board, staff, volunteers, clients, and underserved communities whose needs will be given priority for service. At the outset of the grant period, the board of advisors, executive staff, and building committee will together outline the entire course of the project, establishing goals and objectives along with timelines. This document will form the basis for evaluation of progress throughout the project. The board of advisors will oversee the project and monitor its monthly progress.

The technical aspects of quality control connected with property acquisition and renovation will be conducted by the licensed real-estate agent. An agent will be selected who shares the organization's passion for bringing music therapy to the people of Hawai'i. Through our past events, the organization has identified such agents, from whom we occasionally seek advice related to real estate when the need arises. In the proposed project, the organization will rely upon the expertise and professionalism of the selected agent, and the board of advisors will supervise his/her conduct, with feedback from all responsible committees and personnel. The

executive director will monitor the renovation work of the contractors and report any concerns or issues to the board of advisors. When any complaints, hardships, or grievances arise, whether documented or undocumented, the executive director of the organization will initiate follow-up communication among those involved within 3 working days. If a case cannot be resolved at this level within 2 weeks of an incident, the executive director will report the case to the Board of Advisors, who will review the case on behalf of the organization and take responsibility for responding to the case, in accordance with the Grievance Policy (Att. #7). Any modifications to the planned course of the project will be determined by the board of advisors.

With the organization's proven record of trusted service to the public, highly trained and experienced clinical, administrative, and supervisory staff, and long history of working with philanthropic organizations in the community, Sounding Joy is more than adequate to achieve the goals and objectives of the proposed project.

4. List the measure(s) of effectiveness that will be reported to the State agency through which grant funds are appropriated (the expending agency). The measure(s) will provide a standard and objective way for the State to assess the program's achievement or accomplishment. Please note that if the level of appropriation differs from the amount included in this application that the measure(s) of effectiveness will need to be updated and transmitted to the expending agency.

During the grant term, a music therapy center will be created to house the organization and its operations, directly benefiting approximately 6,100 people a year. Below is a list of documents measuring progress at each stage of the proposed project, and overall outcomes, which will be reported to the State.

- **Master Plan:** Filed at the start of the project. Contains the grant budget, timeline for the planned course of the project, and goals and objectives for each phase of the project. Serves as the master measuring tool for the entire project.
- **Monthly Progress Report:** Filed to the State each month. Narrates the progress of the project, based on the goals and objectives indicated on the Master Plan. Visual aids such as photographs and drawings of the site may be submitted to illustrate progress. Reports any expenses incurred during the month and the remaining balance of the grant.
- **Final Report:** Filed to the State at the end of the project. Narrates overall progress; evaluates project outcomes based upon the Master Plan. Photographs or other visual aids depicting the completed site may be submitted. Reports total expenditures for the project, with the final balance of the grant.

Upon appropriation of the requested grant amount, we anticipate achieving all goals and objectives of the project, allowing us to commence services to the targeted populations at the start of the following fiscal year. However, if awarded less than the requested amount, the organization will adjust the design of the project plan accordingly, modifying either the size of the property or timelines for completion.

**IV. Financial****Budget**

1. The applicant shall submit a budget utilizing the enclosed budget forms as applicable, to detail the cost of the request.
  - a. Budget request by source of funds ([Link](#)) - Attached
  - b. Personnel salaries and wages ([Link](#)) - Not applicable
  - c. Equipment and motor vehicles ([Link](#)) - Not applicable
  - d. Capital project details ([Link](#)) - Attached
  - e. Government contracts, grants, and grants in aid ([Link](#)) - Attached
2. The applicant shall provide its anticipated quarterly funding requests for the fiscal year 2020.

Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total Grant
\$1,138,000.00	\$100,000.00	\$100,000.00	\$0.00	\$1,338,000.00

3. The applicant shall provide a listing of all other sources of funding that they are seeking for fiscal year 2020.

The organization is seeking a service grant from the same Grant-In-Aid program, as well as grants from the State Foundation on Culture and the Arts and the City and County of Honolulu for the fiscal year 2020. It will also seek individual and corporate donations, along with funding from community-giving programs, as always.

4. The applicant shall provide a listing of all state and federal tax credits it has been granted within the prior three years. Additionally, the applicant shall provide a listing of all state and federal tax credits they have applied for or anticipate applying for pertaining to any capital project, if applicable.

Not applicable.

5. The applicant shall provide a listing of all federal, state, and county government contracts, grants, and grants in aid it has been granted within the prior three years and will be receiving for fiscal year 2020 for program funding.

See the attached "GOVERNMENT CONTRACTS, GRANTS, AND / OR GRANTS IN AID" form.


6. The applicant shall provide the balance of its unrestricted current assets as of December 31, 2018.

See the attached organization's balance sheet.

# BUDGET REQUEST BY SOURCE OF FUNDS

Period: July 1, 2019 to June 30, 2020

Applicant: Sounding Joy Music Therapy, Inc.

BUDGET CATEGORIES	Total State Funds Requested (a)	Total Federal Funds Requested (b)	Total County Funds Requested (c)	Total Private/Other Funds Requested (d)
<b>A. PERSONNEL COST</b>				
1. Salaries				
2. Payroll Taxes & Assessments				
3. Fringe Benefits				
<b>TOTAL PERSONNEL COST</b>				
<b>B. OTHER CURRENT EXPENSES</b>				
1. Airfare, Inter-Island				
2. Insurance				
3. Lease/Rental of Equipment				
4. Lease/Rental of Space				
5. Staff Training				
6. Supplies				
7. Telecommunication				
8. Utilities				
9. Real-Estate Agency and Legal Fees	35,000			
10. Renovation Costs	200,000			20,000
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				
<b>TOTAL OTHER CURRENT EXPENSES</b>	<b>235,000</b>			<b>20,000</b>
<b>C. EQUIPMENT PURCHASES</b>				
<b>D. MOTOR VEHICLE PURCHASES</b>				
<b>E. CAPITAL</b>	<b>1,103,000</b>			
<b>TOTAL (A+B+C+D+E)</b>	<b>1,338,000</b>			<b>20,000</b>
<b>SOURCES OF FUNDING</b>		Budget Prepared By:		
(a) Total State Funds Requested	1,338,000	Nina Guerrero (808) 593-2620		
(b) Total Federal Funds Requested		Name (Please type or print) Phone		
(c) Total County Funds Requested				
(d) Total Private/Other Funds Requested	20,000	Signature of Authorized Official Date		
<b>TOTAL BUDGET</b>	<b>1,358,000</b>	Keiko Kajiwara, President		
		Name and Title (Please type or print)		

## BUDGET JUSTIFICATION - CAPITAL PROJECT DETAILS

Period: July 1, 2019 to June 30, 2020

Applicant: Sounding Joy Music Therapy, Inc.

FUNDING AMOUNT REQUESTED						
TOTAL PROJECT COST	ALL SOURCES OF FUNDS RECEIVED IN PRIOR YEARS		STATE FUNDS REQUESTED	OTHER SOURCES OF FUNDS REQUESTED	FUNDING REQUIRED IN SUCCEEDING YEARS	
	FY: 2017-2018	FY: 2018-2019	FY:2019-2020	FY:2019-2020	FY:2020-2021	FY:2021-2022
REAL-ESTATE AGENT & LEGAL FEES			35,000			
LAND & BUILDING ACQUISITION			1,103,000			
RENOVATION			200,000	20000		
<b>TOTAL:</b>			1,338,000			
<b>JUSTIFICATION/COMMENTS:</b> The asking price of the property is \$1,103,000. The renovation includes sound-proofing and nessesary modifications/improvements						

**GOVERNMENT CONTRACTS, GRANTS, AND / OR GRANTS IN AID**

Applicant: Sounding Joy Music Therapy, Inc.

Contracts Total:

598,028

	<b>CONTRACT DESCRIPTION</b>	<b>EFFECTIVE DATES</b>	<b>AGENCY</b>	<b>GOVERNMENT ENTITY (U.S. / State / Haw / Hon / Kau / Mau)</b>	<b>CONTRACT VALUE</b>
1	Grant for "Music for People with Speical Needs	7/1/15 – 6/30/16	State Foundation on Culture and The Arts	State	14,021
2	Grant for "Music for People with Speical Needs	7/1/16 – 6/30/17	State Foundation on Culture and The Arts	State	14,714
3	Grant for "Music for People with Speical Needs	7/1/17 – 6/30/18	State Foundation on Culture and The Arts	State	8,815
4	Grant for "Music for People with Speical Needs	7/1/18 – 6/30/19	State Foundation on Culture and The Arts	State	9,378
5	Grant for "Life Skill Development through MT"	7/1/15 – 6/30/16	Dept. of Human Services	State	107,000
6	Grant for "Life Skill Development through MT"	7/1/16 – 6/30/17	Dept. of Human Services	State	107,000
7	Grant for "Life Skill Development through MT"	7/1/17 – 6/30/18	Dept. of Human Services	State	107,000
8	Grant for "Music Therapy for Life Enhancement	10/1/17 – 9/30/18	City & County of Honolulu	Hon	113,100
9	Grant for "Music Therapy for Life Enhancement	10/1/18 – 9/30/19	City & County of Honolulu	Hon	117,000
10					
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24					
25					
26					



Balance Sheet - Sounding Joy Music Therapy - As of 12/31/2018  
As of 12/31/2018 (Accrual Basis)

1/11/2019

Page 1

Account	12/31/2018 Balance
<b>ASSETS</b>	
<b>Cash and Bank Accounts</b>	
ING Direct Savings	1.00
SJMT checking	54,754.05
<b>TOTAL Cash and Bank Accounts</b>	<b>54,755.05</b>
<b>Other Assets</b>	
Customer Invoices	24,904.60
SJMT Asset	8,145.57
<b>TOTAL Other Assets</b>	<b>33,050.17</b>
<b>TOTAL ASSETS</b>	<b>87,805.22</b>
<b>LIABILITIES &amp; EQUITY</b>	
<b>LIABILITIES</b>	
<b>Other Liabilities</b>	
*Sales Tax*	0.00
SJMT Payroll	0.00
<b>TOTAL Other Liabilities</b>	<b>0.00</b>
<b>TOTAL LIABILITIES</b>	<b>0.00</b>
<b>EQUITY</b>	<b>87,805.22</b>
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<b>87,805.22</b>

## **V. Experience and Capability**

### **1. Necessary Skills and Experience**

The applicant shall demonstrate that it has the necessary skills, abilities, knowledge of, and experience relating to the request. State your experience and appropriateness for providing the service proposed in this application. The applicant shall also provide a listing of verifiable experience of related projects or contracts for the most recent three years that are pertinent to the request.

Sounding Joy has a proven record of serving disadvantaged individuals and families through music therapy over the past 16 years. Its outstanding public service is praised not only by clients, families, communities, and professional colleagues, but also by local legislators and political leaders, who consider Sounding Joy a significant asset to Hawai'i (Att. #8). Since its establishment, Sounding Joy has provided music therapy services to more than 2,500 clients of all ages and educated more than 50,000 people in Hawai'i on the principles and benefits of music therapy. Sounding Joy tirelessly collaborates with hundreds of local, national, and international agencies to improve the affordability and accessibility of music therapy in Hawai'i.

Sounding Joy's primary mission is to serve people with special needs and disabilities through music therapy. Our largest music therapy program in the past, funded by the State Department of Human Services, served more than 1,000 at-risk teens with disabilities and special needs. A large statistical study of this program, completed in 2011 with an enrollment of 332 youths, demonstrated overall success, with over 85% goal attainment and under 5% drop-out rates (Att. #9). These outcomes suggest that our music therapy programs effectively motivate clients to participate and achieve their goals.

Since 2017, the City and County of Honolulu has awarded Grant-In-Aid funding to Sounding Joy, supporting music therapy services for 100 clients with disabilities and special needs on Oahu per year. The program is currently running as scheduled, with strong anticipation of success.

Another program at Sounding Joy, funded by the State Foundation on Culture and the Arts since 2005, has provided music therapy to dozens of clients with disabilities per year, along with community outreach to inform the general public about the benefits of music therapy. Sounding Joy has also served Hawai'i's indigenous communities in low-income areas through music therapy funded by the Hawaiian Tourism Authority, significantly enhancing participants' sense of cultural identity, and community awareness of the therapeutic value of Hawaiian and Pacific-Island music.

The core concept of music therapy, utilization of the unique, healing power of music to facilitate betterment of human life, is applied to all our programs. Sounding Joy's ultimate goal is to provide all our clients with the best music therapy services possible to improve their quality of life, regardless of their financial, social, or other disadvantages. We have been making progress towards this goal, but the community's needs remain profound. At present, the organization's resources are inadequate to meet the community's needs. Our ability to expand

the scope of our services is severely limited by the 500 sq. ft. space within which we have operated for the past 13 years. The requested capital grant will provide a long-awaited breakthrough for our organization and the communities we serve.

## **2. Facilities**

The applicant shall provide a description of its facilities and demonstrate its adequacy in relation to the request. If facilities are not presently available, describe plans to secure facilities.

Sounding Joy currently rents an office space of about 500 sq. ft. in an ADA-compliant building. In this space, all administrative tasks along with individual and small-group music therapy sessions are conducted. The organization requires a larger facility to accommodate operational expansion in response to the community's need for direct services to over 6,000 people per year. Therefore, the organization is requesting this capital grant to purchase a fee simple property to establish a one-of-a-kind music therapy center in Hawai'i.

## **VI. Personnel: Project Organization and Staffing**

### **1. Proposed Staffing, Staff Qualifications, Supervision and Training**

The applicant shall describe the proposed staffing pattern and proposed service capacity appropriate for the viability of the request. The applicant shall provide the qualifications and experience of personnel for the request and shall describe its ability to supervise, train and provide administrative direction relative to the request.

The overseeing body for the entire project will be the board of advisors of the organization, who serve without any material merit. They are passionate individuals who believe in the mission of the organization. The current board members are a physician, business consultant and owner, journalist, and attorney, all highly experienced in their fields and respected for their voluntarism. They are well-suited to monitor and evaluate each step of the project as a decision-making body, as they have absolutely no conflict of interest with the project, acting purely for the betterment of the organization.

The executive director, who also serves without compensation for this role, will act as site supervisor for the project. She will be responsible for reporting to the State, filing necessary documents measuring progress at each stage of the project. She is a founding member of Sounding Joy and has remained with the organization for the entire 16 years of its existence, witnessing its challenges and growth, along with the needs and strengths of our local communities that place the organization in a unique position in Hawai'i. Therefore, her experience is indispensable for supervising all personnel involved in this capital project, to ensure optimal outcomes for the organization and the public. The licensed real-estate agent and the board of advisors will support the executive director, especially when seeking professional or legal direction in case of grievance.

The building committee, headed by the executive director, will be formed as soon as the grant is awarded. Committee members will be selected from members of the board, staff, and volunteers, and appointed by the board of advisors. They will serve without compensation to avoid conflict of interest. They are responsible for maintaining and sustaining the property, and for collaborating with the fund development committee to maintain the building fund. Members of the building committee will creatively plan events to generate income for the fund. The executive director will report to the board of advisors quarterly on the state of the building fund.

During the proposed capital project period, Sounding Joy will continue to conduct operations from our current location. With support from the service grant requested from the State, we plan to serve at least 200 individuals through weekly music therapy sessions during fiscal year 2019. All music therapists employed by Sounding Joy hold the required national credential, Music Therapist – Board Certified (MT-BC) (Att. 10). They are experienced in serving clients with disabilities and special needs through music therapy, and achieving all the desired outcomes of Sounding Joy's programs. Their professional skills will be continually maintained and cultivated through ongoing peer-review meetings and supervision by the clinical director. These therapists are the powerhouse of our clinical success and will help our clients to reach their goals and objectives to their maximum capacity.

In the last month of the grant period, the organization will take occupancy of the newly created music therapy center. We will relocate as efficiently as possible to minimize interruption of our clinical services. Over the course of the grant period, we anticipate that Sounding Joy will expand its operational capacity in a variety of directions, and will be prepared to serve approximately 6,000 in the following year.

## **2. Organization Chart**

The applicant shall illustrate the position of each staff and line of responsibility/supervision. If the request is part of a large, multi-purpose organization, include an organization chart that illustrates the placement of this request.

See the attached organization chart.

## **3. Compensation**

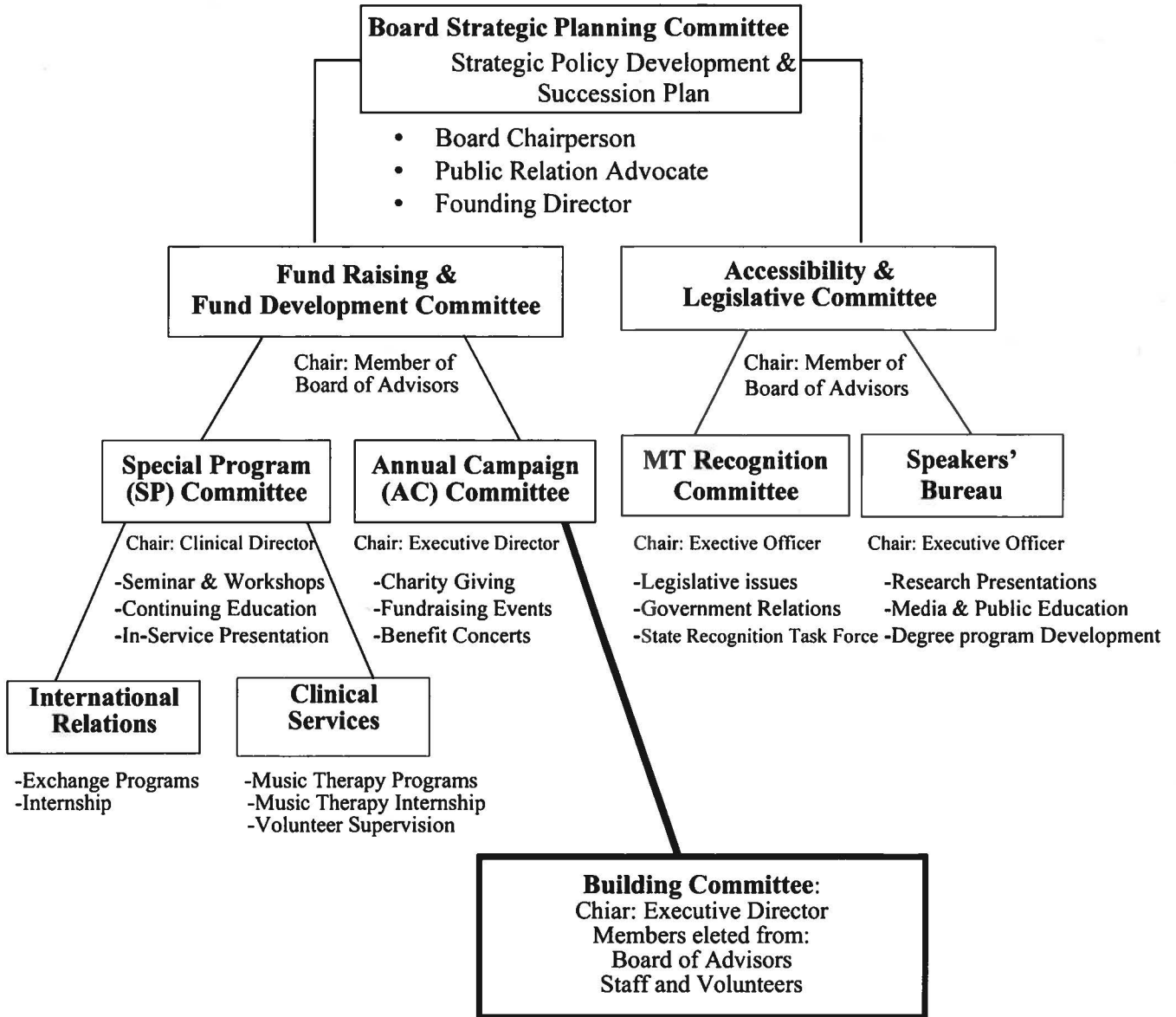
The applicant shall provide an annual salary range paid by the applicant to the three highest paid officers, directors, or employees of the organization by position title, not employee name.

Executive Director: \$ 60,000

Clinical Director: \$58,800

Program Assistant: \$45,000

## The Organization Chart



## **VII. Other**

### **1. Litigation**

The applicant shall disclose any pending litigation to which they are a party, including the disclosure of any outstanding judgement. If applicable, please explain.

Not applicable.

### **2. Licensure or Accreditation**

The applicant shall specify any special qualifications, including but not limited to licensure or accreditation that the applicant possesses relevant to this request.

Sounding Joy will hire only licensed real-estate agents and contractors for the proposed capital project. Sounding Joy requires all clinical staff to hold the national credential for music therapists, Music Therapist – Board Certified (MT-BC), which must be renewed every 5 years.

### **3. Private Educational Institutions**

The applicant shall specify whether the grant will be used to support or benefit a sectarian or non-sectarian private educational institution. Please see [Article X, Section 1 of the State Constitution](#) for the relevance of this question.

Not applicable.

### **4. Future Sustainability Plan**

The applicant shall provide a plan for sustaining after fiscal year 2019-20 the activity funded by the grant if the grant of this application is:

- (a) Received by the applicant for fiscal year 2019-20.

During the grant term, Sounding Joy will continually seek material and service donations from the contracted individuals and agencies and the public in order to keep project costs to a minimum. Sounding Joy will also launch a special campaign to seek donations to the building fund. We will closely monitor the progress of the project, and if further funding is needed to complete the project, we will apply for a capital grant for the following year, as well.

- (b) Not received by the applicant thereafter.

The proposed capital project is expected to be completed by the end of the grant period, and there is no plan to apply for further funding, at this moment. However, if the project is left with unfinished work and the request for a second capital grant is denied for the following year, Sounding Joy will modify its plans for operation accordingly. This could entail reduction in the number of clients served or the duration of service, etc. Nevertheless, the organization will

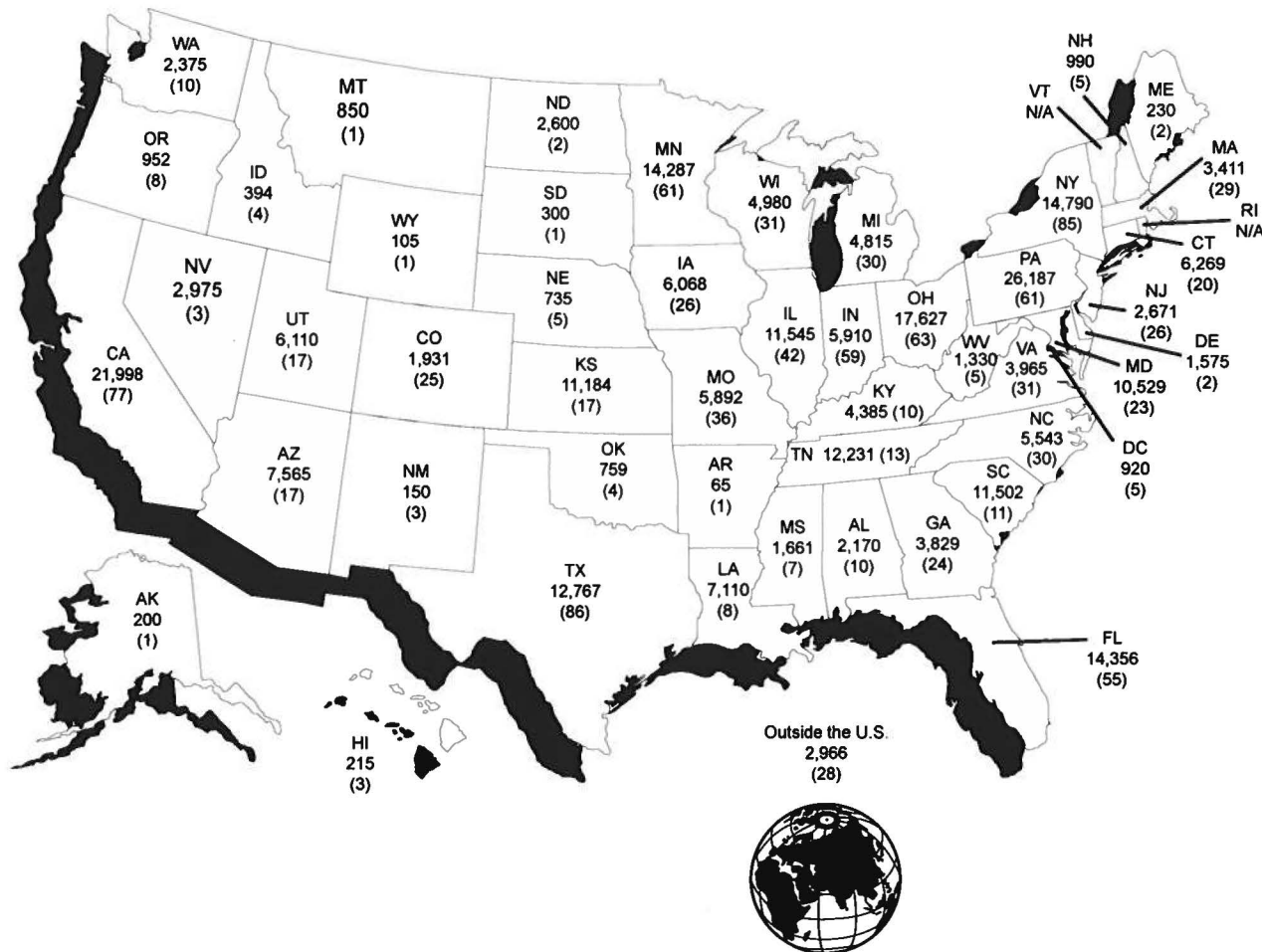
continually endeavor to develop the building fund and seek donations in any form to support the completion and sustainability of the project.

# **Attachments #1 - #10**



# Clients Served by Music Therapists

Survey respondents were asked to estimate the number of clients for whom they provided music therapy services for the entire year of 2016. 1,124 survey respondents reported having seen a total of 284,381 clients last year — an average of 253 clients per service provider. The map below shows the number of clients reported seen last year in each state and the number of corresponding survey respondents for that state (in parentheses).



Of survey respondents who indicated a job title on their survey, 83% reported their job title as one which involves mainly clinical responsibilities (Excluding Director/Admin./Supervisor and Faculty). As of October 1, 2017, a reported 218 music therapists were listed on the National Music Therapy Registry and 7,514 board certified music therapists were reported by the Certification Board for Music Therapists — a total of 7,732 qualified music therapists. Extrapolating from the number of qualified music therapists, if 83% of these 7,732 music therapists each saw an average of 253 clients, then it can be inferred that an estimated 1,623,754 people received music therapy services last year in the United States.

# THE WALL STREET JOURNAL.

TUESDAY, NOVEMBER 17, 2009

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HEALTH JOURNAL

## A Key for Unlocking Memories

*Music Therapy Opens a Path to the Past for Alzheimer's Patients; Creating a Personal Playlist*

By MELINDA BECK

One of the raps on iPods is that users tend to close themselves off from other people and retreat into their own private world.

But with stroke and dementia patients, iPods and other MP3 players are having just the opposite effect.

Listening to rap and reggae on a borrowed iPod every day has helped Everett Dixon, a 28-year-old stroke victim at Beth Abraham Health Services in Bronx, N.Y., learn to walk and use his hands again.

Trevor Gibbons, 52, who fell out of a fourth-floor construction site and suffered a crushed larynx, has become so entranced with music that he's written 400 songs and cut four CDs.

Ann Povodator, an 85-year-old Alzheimer's patient in Boynton Beach, Fla., listens to her beloved opera and Yiddish songs every day on an iPod with her home health aide or her daughter when she comes to visit. "We listen for at least a half-hour, and we talk afterwards," says her daughter, Marilyn Povodator. "It seems to touch something deep within her."

Caregivers have observed for decades that Alzheimer's patients can still remember and sing songs long after they've stopped recognizing names and faces. Many hospitals and nursing homes use music as recreation, since it brings patients pleasure. But beyond the entertainment value, there's growing evidence that listening to music can also help stimulate seemingly lost memories and even help restore some cognitive function.

"What I believe is happening is that by engaging very basic mechanisms of emotions and listening, music is stimulating dormant areas of the brain

that haven't been accessible due to degenerative disease," says Concetta Tomaino, executive director of the Institute for Music and Neurologic Function, a nonprofit organization founded at Beth Abraham in 1995.

Dr. Tomaino, who has studied the therapeutic effects of music for more than 30 years, is spearheading a new program to provide iPods loaded with customized playlists to help spread the benefits of music therapy to Alzheimer's patients even at home. "If someone loved opera or classical or jazz or religious music, or if they sang and danced when the family got together, we can recreate that music and help them relive those experiences," she says.

Dr. Tomaino says she frequently sees dementia patients make gains in cognitive function after music therapy. In one unpublished study she led a few years ago, with funding from the New York State Department of Health, 45 patients with mid- to late-stage dementia had one hour of personalized music therapy, three times a week, for 10 months, and improved their scores on a cognitive-function test by 50% on average. One patient in the study recognized his wife for the first time in months.

David Ramsey, a music therapist and psychologist, holds twice weekly sessions at Beth Abraham, where small groups of patients can sing and dance to familiar songs like "Under the Boardwalk" and "Swing Low, Sweet Chariot." Mr. Ramsey will sometimes stop singing and let residents fill in the blanks on their own. When they do that, he says, "they are exercising their cognitive function—just like they are exercising in physical therapy." And unfamiliar songs quickly become familiar, another sign that even advanced



### Music for Memory

Listen to clips of some '60s and '50s tunes recommended by the the Institute for Music and Neurologic Function for individuals with Alzheimer's disease or other memory impairments:

- "The Times They Are A-Changin'" by Bob Dylan
- "Dawn (Go Away)" by Frankie Valli & The Four Seasons
- "Come a Little Bit Closer" by Jay & The Americans
- "California Girls" by The Beach Boys
- "I Can't Get No Satisfaction" by The Rolling Stones
- "Que Sera, Sera (Whatever Will Be, Will Be)" by Doris Day
- "Fever" by Peggy Lee
- "That's Amore" by Dean Martin
- "Mambo Italiano" by Rosemary Clooney
- "Unforgettable" by Nat King Cole

See the full list at <http://bit.ly/1W5v540>

Alzheimer's patients are forming new memories. "One of our therapists played, 'Who Let the Dogs Out?' I know they had never heard that one, but it became an anthem," he says.

In addition to benefiting Alzheimer's patients, decades of studies have demonstrated that

music can help premature infants gain weight, autistic children communicate, stroke patients regain speech and mobility, dental, surgical and orthopedic patients control chronic pain and psychiatric patients manage anxiety and depression. Now, neuroscientists are starting to

(over please)

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**DOW JONES**



David Ramsey leads music sessions at Beth Abraham Health Services, meant to stimulate positive memories and physically engage dementia patients.

identify the underlying brain mechanisms that explain how music connects with the mind and body, and they are starting to work hand in hand with music therapists to develop new therapeutic programs.

There's no single center for music in the mind—the brain appears to be wired throughout for music, since it engages a wide variety of functions, including listening, language and movement. But Petr Janata, a cognitive neuroscientist at the University of California, Davis's Center for Mind and Brain, recently located an area of the brain—the medial prefrontal cortex, just behind the forehead—that seems to serve as a hub for music, memory and emotions.

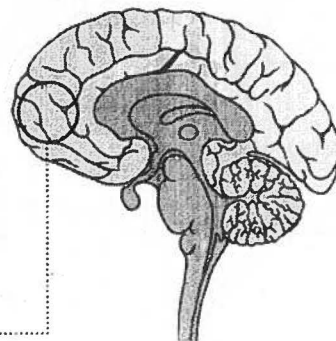
In a study published online in the journal *Cerebral Cortex* in February, Dr. Janata had 13 UC

Davis students listen to excerpts of 30 songs chosen randomly from "top 100" charts from years when they were 8 to 18 years old, while he recorded their brain activity using functional magnetic resonance imaging, or fMRI. Songs that were unfamiliar evoked reactions in the auditory processing parts of the students' brains; those that elicited emotional reactions stimulated other brain areas. When songs conjured up a specific personal memory, there was particularly strong activity in the medial prefrontal cortex. That's where what Dr. Janata calls "a mental movie" seems to play in the mind's eye, with music serving as its soundtrack.

And, it turns out, this same medial prefrontal cortex had been identified in earlier research as one of the last parts of the brain to atrophy as Alzheimer's disease progresses.

Dr. Janata hopes to study whether the same phenomenon occurs, in the same part of the brain, with older test subjects and eventually with Alzheim-

New research indicates that the **medial prefrontal cortex** may serve as a hub where music, memory and emotions meet. It is also one of the last brain regions to atrophy in Alzheimer's patients.



Medial prefrontal cortex

er's patients. He says that activating memories with music cannot reverse or cure neurological diseases like dementia. But playing familiar music frequently can significantly improve a patient's mood, alertness and quality of life.

Music therapy isn't used more widely with Alzheimer's and dementia patients largely because of a lack of manpower and money, experts say. There are only about 5,000 certified music therapists in the U.S., and fewer than 20% work with geriatric patients. That's why the Institute for Music and Neurologic Function is trying to bring music therapy into patients' homes.

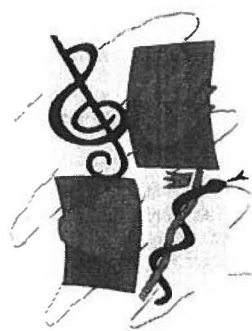
Caregivers or family members can use records or tapes at home, or program their own iPods. The institute provides suggested songs by era and genre on its Web site, [www.imnf.org](http://www.imnf.org). But those who don't have the time or technical skills can send an iPod to the institute after filling out a questionnaire about the patient's musical tastes, and the institute will program a customized iPod for them. (See the Web site for prices and package information.) The institute is also seeking donations of iPods that are no longer in use to load with music

and send to Alzheimer's patients who can't afford their own.

Dr. Tomaino advises caregivers to listen as long as the patient seems interested. A patient may want to listen alone through headphones or through speakers so that a friend or family member can listen along. "Then they can reminisce together about what the music reminds them of or just hold hands to be more connected," she says. She also suggests involving the whole family in interacting with the music. "The kids can drum along while Grandpa listens to Big Band sounds," she says.

One possible downside: Dr. Tomaino says sometimes a song can evoke unhappy memories, such as the death of a loved one or a relationship gone bad. She recalls a Holocaust survivor at Beth Abraham who became very upset upon hearing a Wagner opera.

"If family members don't know what music would be appropriate, think in generalizations," she says. "If a parent loved to go dancing in their teens, picking the most popular songs from that era tends to be pretty safe." Music from a person's teenage years seems to be especially evocative of memories, for reasons not well understood.



AMERICAN  
**MUSIC  
THERAPY**  
ASSOCIATION

**American Music Therapy Association**  
**8455 Colesville Road, Suite 1000**  
**Silver Spring, MD 20910**  
**Phone: (301) 589-3300**  
**Website: [www.musictherapy.org](http://www.musictherapy.org)**



# *Music Therapy Services for Life Enhancement*



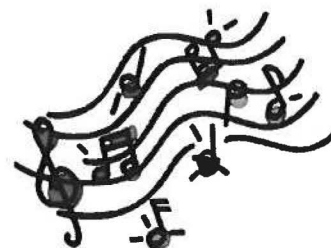
*Now accepting applications!*

(Through April 30, 2019)

## Music Therapy Services (Available on Oahu)

- Eligibility** Children, Adults, and Seniors with disabilities, or social or economic challenges.
- Goals** To enrich and sustain quality of life. Music therapy interventions are used to enhance functioning in areas such as: social, cognitive, motor, communicative, emotional, self-esteem, cultural identity, and other life skills.
- Format** Group or Individual sessions, meeting weekly, for 18 weeks.
- Location** Sounding Joy's Office (Honolulu), or on-site at facility (i.e. School, Rehab Center, Nursing Facility, etc.)
- Schedule** Weekly session schedule depends on client's and therapist's availability. We are open Monday-Saturday!

*For more information and to sign up, please contact Sounding Joy's Office at (808) 593-2620 or [postmaster@soundingjoymt.org](mailto:postmaster@soundingjoymt.org) or fill out the Music Therapy for Life Enhancement Application. We look forward to hearing from you!*



**Client Waiting List**Sounding Joy Music Therapy, Inc.  
As of January 2019

<b>Description of client or facility</b>	<b># of clients</b>	<b>Age</b>	<b>islands</b>
boy diagnosed with Down Syndrome	1	11	Oahu
male congenital brain injury	1	26	Oahu
boy with visual impairment and autism	1	17	Oahu
girl with Bipolar Disorder	1	12	Oahu
boy diagnosed with sensory processing disorder	1	5	Oahu
girl w/ith Down syndrome	1	8	Oahu
boy with Down syndrome	1	8	Oahu
girl with hydrocephalis	1	20	Oahu
boy with ADHD	1	11	Oahu
girl with autism	1	9	Oahu
boy with autism	1	7	Oahu
girl with disorder of infancy NOS	1	5	Oahu
girl with ADHD	1	14	Oahu
boy with ADHD and ODD	1	14	Oahu
girl with Asperger Syndorome	1	10	Oahu
boy with autism	1	11	Oahu
boy with autism	1	11	Oahu
girl with autism	1	11	Oahu
female with depression	1	21	Oahu
boy with autism	1	6	Oahu
boy with autism	1	11	Oahu
boy with ADHD	1	18	Oahu
boy with DiGeorge Syndrome	1	15	Oahu
girl with microcephaly	1	19	Oahu
2 males (brothers) with developmental delays	2	22~23	Oahu
boy with Williams Syndrome	1	3	Oahu
girl with autism	1	17	Oahu
boy with autism	1	8	Oahu
3 boys with ADHD	3	2,10, 11	Oahu
boy with visual impairment and multiple disabilities	1	15	Oahu
girl with autism	1	8	Oahu
girl with William's Syndrome	1	18	Oahu
woman with paranoid schizophrenia	1	51	Oahu
girl with autism	1	9	Oahu
girl with conduct disorder	1	16	Oahu
girl with mental health problems	1	20	Oahu
girl with developmental delay	1	17	Oahu
boy with autism	1	6	Oahu
senior with Parkinson's and Alzheimer's	1	elderly	Oahu
2 boys with ADHD	2	10,12	Oahu
2 at-risk youth	2	13,16	Oahu
girl with developmental delay	1	8	Oahu
girl with autism	1	12	Oahu
boy with Down syndrome	1	17	Oahu
male with Brain Trauma / Schizophrenia, Paranoid type	1	15	Oahu
Kilohana Senior Center	20	elderly	Oahu
HCAP head start – inclusive classroom with special needs and typical children	8	3 to 5	Oahu

## Client Waiting List

Sounding Joy Music Therapy, Inc.  
As of January 2019

Children who have been abused and their family members (support group at Child & Family Service)	8	6 to 13	Oahu
Kosasa Academy- students with ADHD, autism, and LD	11	5 to 17	Oahu
SpEd students at Enchanted Lake Elem.	5	5 to 10	Oahu
SpEd students at Ewa Makai Middle School	5	11 to 14	Oahu
SpEd students at Ilima Intermediate School	10	11 to 14	Oahu
SpEd students at Kalani High School	10	14 to 21	Oahu
SpEd students at Campbell High School	6	14 to 21	Oahu
SpEd students at Liholiho Elem.	8	5 to 10	Oahu
SpEd students at Kalakaua Middle School	5	11 to 14	Oahu
Wilson Senior Living nursing home	4	elderly	Oahu
Nursing home in Pearl City	10	elderly	Oahu
Hospice Hawaii	5	various	Oahu
Adult Day Center near Ward	12	adults	Oahu
Children and adolescents with mental health diagnoses- residential and acute care	20	children and adolescents	Oahu
Senior programs at Child & Family Service	10	seniors	Oahu
Trumpet Academy- children and adults with special needs	10	10 to 21	Oahu
male developmental delay	1	30	Big Island
female with down syndrome	1	40	Big Island
male with MMR, Epiceptic	1	37	Big Island
Arc of Hilo	10	adults	Big Island
girl with ADHD and Bi-Polar	1	22	Big Island
Full Life Hawaii	10~20	children, adolescents, and adults	Big Island
Neighborhood Place in Puna	5	adults	Big Island
boy with autism	1	12	Big Island
foster children	10~20	4~15	Big Island
Kona Community Hospital	20~30	children and adults	Big Island
Life Care Center of Kona	30~40	elderly	Big Island
Life Care Center of Hilo	30~40	elderly	Big Island
Hilo Highschool	20	14-21	Big Island
Child & Family Service Hilo	20	children, adolescents	Big Island
boy with autism	1	10	Big Island
Hale Anuenue restorative care	50	elders	Big Island
Hospice of Hilo	20	elders	Big Island
DOH mental health clients	10	adlescents	Big Island
Goodwill Hawaii Youth Program	40	children, adolescents	Big Island
Ke Kama Pono	10	adlescents	Big Island
Queen Liliuokalani Children's Center Kona	20~30	children	Big Island
Kona Adult Day Center	20~30	adults	Big Island
Waiakea HS	20~30	children	Big Island
veteran with PTSD	1	34	Big Island
veteran with Traumatic Brain Injury	1	37	Big Island
Easter Seals	5	Adults	Maui
Aloha House	5	Elders	Maui
Horizons Academy	10	Children	Maui
Haiku School	10	Children, adolescents	Maui

## Client Waiting List

Sounding Joy Music Therapy, Inc.  
As of January 2019

Maui Youth & Family Services	15	Children, adolescent,	Maui
Hui Malama Learning Center	15	Children	Maui
Child & Family Service Maui	20	Children,adults	Maui
Paia Youth and Cultural Center	15	Children, adolescent	Maui
Queen Liliuokalani Children's Center Maui Unit	20	Children, adolescent	Maui
Catholic Charities Maui Office	10	adlescents	Maui
Ke Kama Pono boys' home	8	adlescents	Maui
Horizon Academy	10	adlescents	Maui
Kihei Youth Center	15	adlescents	Maui
female recovering from stroke	1	30	Maui
children with autism	2	8 and 10	Maui
<b>TOTAL</b>	<b>231</b>		

# 928 Nuuanu Avenue

## Fee Simple Commercial Condos



### PROPERTY DESCRIPTION

- Address: 928 Nuuanu Avenue, Honolulu 96813
- Building Type: Mixed use office/residential condominiums
- Security: Roaming.
- Floors: 6 (5 plus Penthouse)
- Elevators: 1
- Common Restrooms: Floors 2 through 4
- Management Company: American Land Company

### SNAPSHOT

- Zoning: BMX-4
- Tenure: Fee simple
- Total Available Space: 10,645sf
- Available Contiguous Size Range: 718 - 2,873 sq. ft.
- Price Range: \$240 - \$350 per sq. ft.
- Operating Expenses: \$1.20sf/mo (Utilities included)
- Parking: None on site.  
(See next page for options)

Daniel B. Jarrett III (S) Vice President. Phone: 808-441-0533 Email: dj@cbi-hawaii.com



**Newmark Grubb**  
**CBI, Inc.**

1000 Bishop Street, Suite 909, Honolulu, Hawaii 96813  
Main: 808-942-7100 Web: www.cbi-hawaii.com

*Locally Owned and Operated*

Procuring broker shall only be entitled to a commission calculated in accordance with the rates approved by our principal only if such procuring broker executes a brokerage agreement acceptable to us and our principal and the conditions as set forth in the brokerage agreement are fully and unconditionally satisfied. Although all information furnished regarding the property for sale, rental, or financing is from sources deemed reliable, such information has not been verified and no express representation is made nor is any to be implied as to the accuracy thereof and it is submitted subject to errors, omissions, change of price, rental or other condition, prior sale, lease or financing, or withdrawal without notice and to any special conditions imposed by our principal.



# 928 Nuuanu Avenue

## Fee Simple Commercial Condos

### THE LOCATION

928 Nuuanu Avenue  
Honolulu, HI 96813

Nearest Cross Street is  
Nimitz Hwy

### Driving Distances

- Freeway: 1 mile
- Airport: 5 miles
- Waikiki: 3 miles
- Ala Moana: 2.5 miles
- Kapolei: 20 miles



### LOCATION DESCRIPTION:

The Hawaii Times Building is located in trendy Chinatown, within the Central Business District of Oahu. Throughout the last few years Chinatown has been in constant transformation. From the many fine art galleries and upscale boutiques, to the creation of a new and vibrant night life, Chinatown is quickly becoming a popular destination for locals and tourist alike.

### PARKING (Just a few of the available lots located in the area):

P1: 888 Nuuanu Ave. \$210stall/mo.  
P3: Harbor Court. \$140stall/mo

P2: Chinatown Gateway. \$150stall/mo  
P4: Executive Center. \$230stall/mo.

*Contact agent for other parking opportunities.*

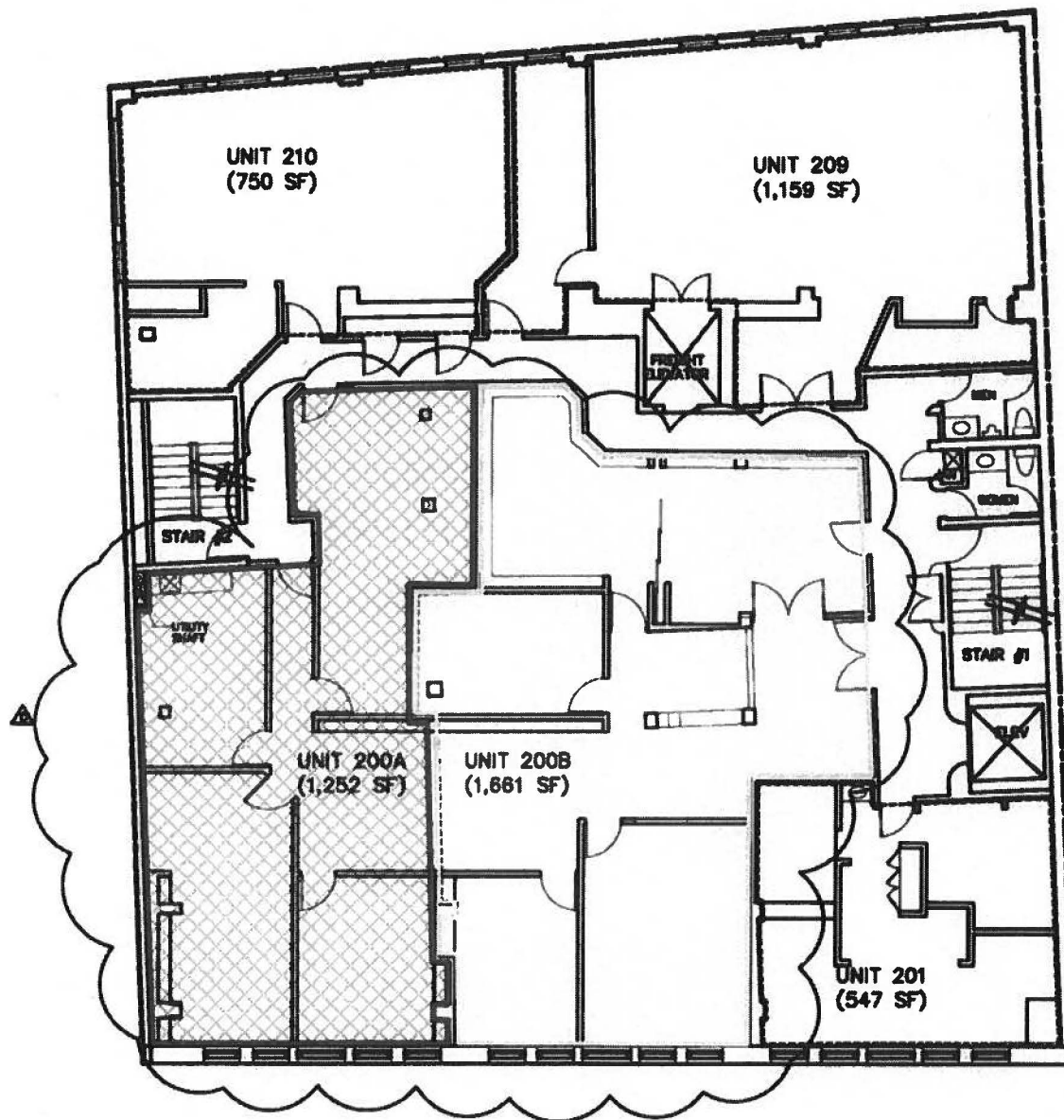
The Hawaii Times Building was built in 1897 by sugar tycoon William G. Irwin, originally called the "Irwin Block". The building was later purchased in 1923 by a Japanese language newspaper called the Nippu Jiji. The newspaper later changed its name to the Hawaii Times during the war and continued printing its newspapers until 1984.

A Richardsonian Romanesque structure made from a blend of brick and volcanic stone. A few notable features include the three arched second-story window sets, the transom windows, the awning, and the cornice work. The original building design had just two stories, but in 1982 architect, Norman Lacayo completed a full remodel of the interior which included the addition of an interior mezzanine level and a five-story addition.



# 928 Nuuanu Avenue

Fee Simple Commercial Condos



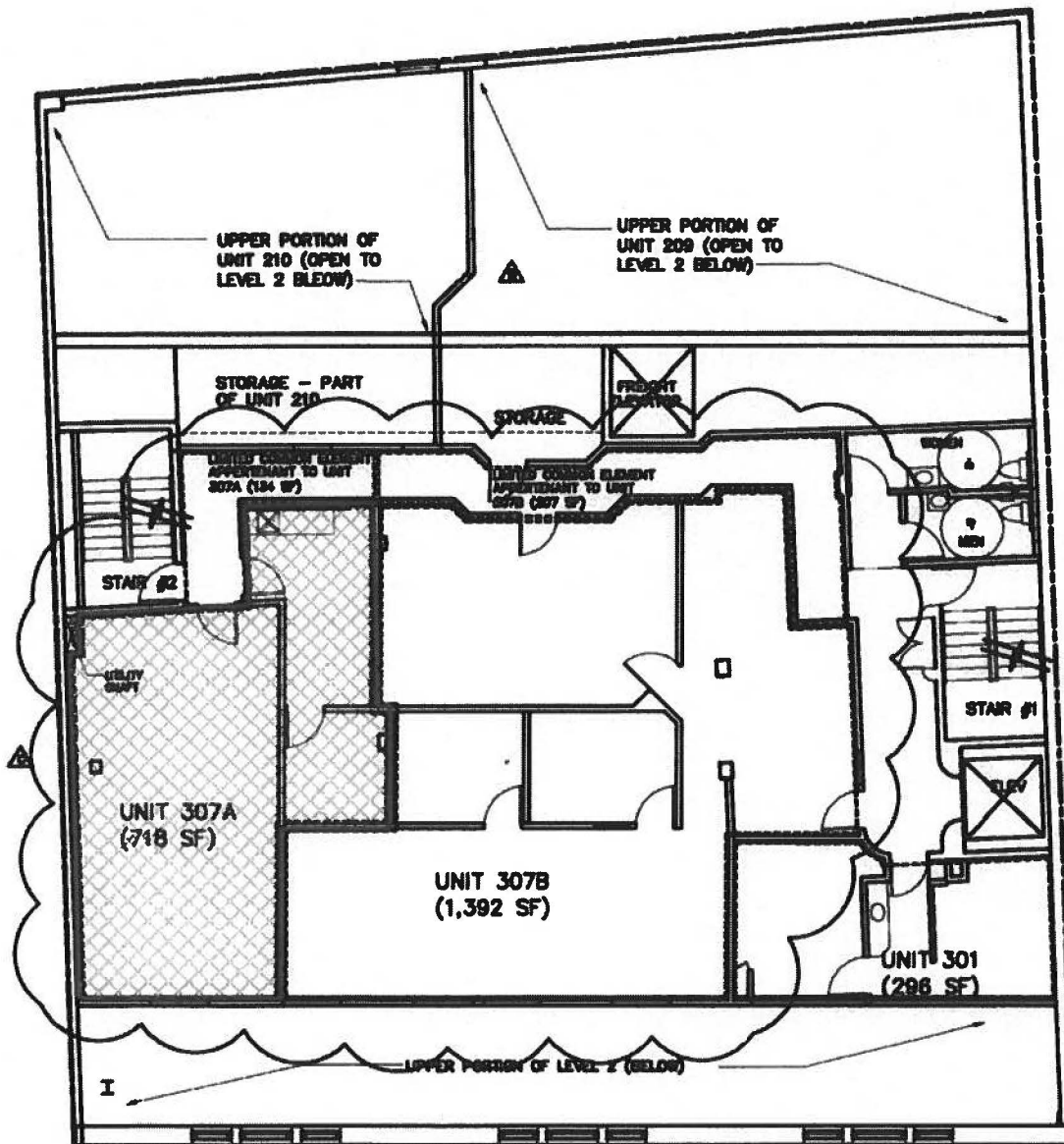
Unit 200A - Commercial Condo - 1,252sf. - \$425,680

Unit 200B - Commercial Condo - 1,661f. - \$564,740

Combined Space - Unit 200A+200B - Commercial Condo - 2,873sf. - \$923,000

# 928 Nuuanu Avenue

Fee Simple Commercial Condos



Unit 307B - Commercial Condo - 718sf. - \$180,000

occurring for the unexpired term or terms thereof, respectively, or until the directors shall by election fill the same. The Board of Directors may elect a successor for any officer whose office becomes vacant for any of the foregoing reasons.

## ARTICLE VII

### Contracts, Checks, Deposits and Funds

**SECTION 7.1 Contracts.** The Board of Directors may by general or special resolution authorize the President and/or any other officer or officers of the Corporation to enter into any contract or to execute and deliver any document, instrument or writing of any nature in the name of and on behalf of the Corporation, and such authority may be general or confined to specific instances.

**SECTION 7.2 Checks, etc.** All checks, letters of credit, drafts, or orders for the payment of money, notes, or other evidences of indebtedness shall be signed by the President and/or such other officer or officers of the Corporation and in such manner as shall from time to time be determined by general or special resolution of the Board of Directors. In the absence of such determination by the Board of Directors, such instruments shall be signed by the President.

**SECTION 7.3 Facsimile Signatures.** The Board of Directors may from time to time by resolution, provide for the execution of any corporate instrument or document, including, but not limited to checks, letters of credit, drafts, and other orders for the payment of money, by a mechanical device or machine or by the use of facsimile signatures under such terms and conditions as shall be set forth in any such resolution.

**SECTION 7.4 Funds.** All funds of the Corporation shall be deposited from time

to time to the credit of the Corporation in such banks, trust companies, or other depositories as the Board of Directors may select.

## ARTICLE VIII

### Indemnification

#### SECTION 8.1 Indemnification.

(a) Except as prohibited by law, the Corporation may indemnify each person who was or is a party or is threatened to be made a party to any threatened, pending, or completed action, suit, or proceeding, whether civil, criminal, administrative, or investigative (other than an action by or in the right of the Corporation) because the person is or was a director, officer, employee, or agent of the Corporation or any division of the Corporation, against liability incurred in the proceeding if the person (1) conducted himself in good faith, and (2) the person reasonable believed: (A) in the case of conduct in an official capacity, that the person's conduct was in the corporation's best interests; (B) in all other cases, the person's conduct, at a minimum, did not oppose the corporation's best interests; and (3) in the case of any criminal proceeding, had no reasonable cause to believe the person's conduct was unlawful. The termination of any proceeding by judgment, order, settlement, conviction, or upon a plea of nolo contendere or its equivalent, is not by itself determinative of a person's failure to meet the standard of conduct described in this section.

(b) To the extent that a director, officer, employee, or agent of the Corporation or any division of the Corporation has been wholly successful on the merits or otherwise in the defense of any action, suit, or proceeding to which the person was a party because the person was a director, officer, employee or agent of the Corporation, the person shall be indemnified against



## GRIEVANCE POLICIES & PROCEDURES

A grievance is defined as, and limited to, a complaint involving an alleged violation concerning the provided State funded activity. A written grievance shall contain a clear and concise statement of the grievance indicating the issue involved, the relief sought, and the date the incident or alleged violation took place. The grievance and/or appeal must be initiated with Sounding Joy Music Therapy, Inc. to the following address: 1314 South King Street, #711, Honolulu, HI 96814. All grievances must be presented promptly in writing and not later than 30 calendar days from the date the grievant first became aware of cause of such grievance. The grievant shall receive a written reply from Clinical Director at Sounding Joy Music Therapy, Inc. within 30 calendar days of receipt of the grievance. If the grievant is not satisfied with the action on the issue, the grievant has the right to have the grievance addressed by the State.



# Proclamation

**WHEREAS**, music therapy is a process in which a qualified therapist uses music and all of its facets – physical, emotional, mental, social, aesthetic and spiritual – to help clients improve or maintain their health; and

**WHEREAS**, music therapists believe that all individuals, regardless of age or musical background, have a basic capacity for musical expression and appreciation, and music therapy interventions can be designed to promote wellness, manage stress, alleviate pain, express feelings, enhance memory, improve communication and promote physical rehabilitation; and

**WHEREAS**, music therapy is used to treat individuals of all ages with a variety of conditions, including psychiatric disorders, medical problems, physical and developmental disabilities, sensory impairments, communication disorders and aging; and

**WHEREAS**, music therapy is also applied to improve learning, build self-esteem, reduce stress, support physical exercise and facilitate a host of other health-related activities; and

**WHEREAS**, music therapists work in general hospitals, psychiatric facilities, schools, prisons, community centers, training institutes, private practices and universities; and

**WHEREAS**, every session with clients involves some type of musical experience, such as improvising, re-creating, composing and listening to music, and clients may also be encouraged to express themselves through other arts, such as drawing, painting, dance, drama or poetry; and

**WHEREAS**, the mission of the American Music Therapy Association is to advance public awareness of the benefits of music therapy and increase access to quality music therapy services in a rapidly changing world,

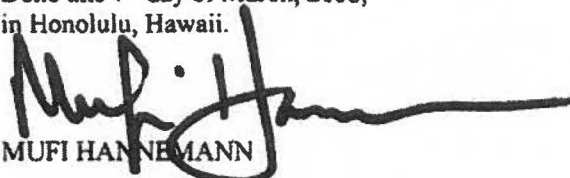
**NOW, THEREFORE, I, MUFI HANNEMANN**, Mayor of the City and County of Honolulu, do hereby proclaim March 9 - 16, 2008, to be

## MUSIC THERAPY WEEK

in the City and County of Honolulu, to increase awareness of the benefits of music therapy and its potential for health, wellness and healing, and to thank music therapists for their invaluable contributions.



Done this 7<sup>th</sup> day of March, 2008,  
in Honolulu, Hawaii.

  
MUFI HANNEMANN





# Proclamation

*Presented to the*

## **Sounding Joy Music Therapy, Inc.**

**WHEREAS**, Sounding Joy Music Therapy, Inc., established in 2002, is Hawai'i's first & only non-profit organization dedicated to promoting music therapy; and

**WHEREAS**, Sounding Joy Music Therapy, Inc.'s mission is "to enhance public awareness of benefits of music therapy, to increase accessibility to music therapy services, and to advance music therapy research, in order to improve quality of life through therapeutic uses of music"; and

**WHEREAS**, Sounding Joy Music Therapy, Inc. understands the valuable benefits of music therapy; music therapy consists of therapeutic uses of music to address behavioral, social, psychological, physical and communicative functioning; it enhances one's quality of life, involving human relationships, which are structured and adapted through the elements of music to create a positive environment and set the occasion for successful growth and change; and

**WHEREAS**, Sounding Joy Music Therapy, Inc. was able to successfully provide music therapy to more than 200 Hawai'i families, as well as thousands of others through public education and resource programs; and

**WHEREAS**, Sounding Joy Music Therapy, Inc. will be celebrating its 2<sup>nd</sup> Annual "A Morning of Music" on October 23, 2011 at Mission Houses Museums of Hawai'i; the event will feature a champagne brunch, live musical entertainment, a silent auction, orchid sale, and more; and

**WHEREAS**, Sounding Joy Music Therapy, Inc. will honor Pamela Young, Anchor of KITV, for her dedication and commitment to promote music therapy through media outreach in Hawai'i;

**THEREFORE I, NEIL ABERCROMBIE, Governor, and I, BRIAN SCHATZ, Lieutenant Governor of the State of Hawai'i, do hereby proclaim October 23, 2011 as**

### **"SOUNDING JOY MUSIC THERAPY DAY"**

in Hawai'i and urge the people of the Aloha State to join us in recognizing Sounding Joy Music Therapy, Inc. for its valuable contributions to our communities.

**DONE** at the State Capitol, in the Executive Chambers, Honolulu, State of Hawai'i, this third day of October, 2011.

*Neil Abercrombie*

**NEIL ABERCROMBIE**  
Governor, State of Hawai'i

*Brian Schatz*

**BRIAN SCHATZ**  
Lt. Governor, State of Hawai'i



*The House of Representatives  
State of Hawaii*

hereby presents this certificate to

**SOUNDING JOY MUSIC THERAPY, INC.,  
"Sounds of Joy"  
6th Annual Benefit Concert**

WHEREAS, the Legislature proudly acknowledges organizations in the community that have touched so many lives in a positive manner and have made numerous contributions to the well-being of the State of Hawaii; and

WHEREAS, established in September 2002, SOUNDING JOY MUSIC THERAPY, INC., is Hawaii's first and only non-profit organization, Medicare and Medicaid participating provider that promotes music therapy and that also is an approved continuing education provider by the Certification Board for Music Therapists and the National Board for Certified Counselors; and

WHEREAS, SOUNDING JOY MUSIC THERAPY, INC.,'s mission is to enhance public awareness of the benefits of music therapy, to increase accessibility to music therapy services, and to advance music therapy research; and

WHEREAS, similar to occupational and physical therapy, SOUNDING JOY MUSIC THERAPY, INC., promotes music therapy in response to a growing therapy demand in our community, and uses music to enhance the quality of life of individuals with behavioral, social, emotional, psychological, communicative, and sensory-motor concerns through a structured, yet positive environment that encourages success; and

WHEREAS, on Sunday, January 18, 2009, SOUNDING JOY MUSIC THERAPY, INC., celebrates its 6th Annual Benefit Concert entitled "Sounds of Joy" at the YMCA - Fuller Hall, hosting the pioneer of music therapy from New York University, Dr. Clive Robbins; now, therefore,

The House of Representatives of the State of Hawaii hereby commends and applauds SOUNDING JOY MUSIC THERAPY, INC., for their continuing commitment to the people of Hawaii, and extends to them its warmest aloha and best wishes for continued success in all future endeavors.

*Tom Brown*

*Calvin K.Y. Sey*

Calvin K.Y. Sey, Speaker of the House

*Patricia Mau-Shimizu*

Patricia Mau-Shimizu, Chief Clerk

*John M. Mizuno*

Representative John M. Mizuno



# The Senate

## COMMENDING AND RECOGNIZING SOUNDING JOY MUSIC THERAPY, INC. FOR OUTSTANDING CONTRIBUTIONS TO HAWAII

The spirit of Aloha in Hawaii helps to bring our people together through caring, support, and mutual respect. This spirit has carried our islands through good times and bad times, enabling all of us to be one Ohana. The people of the State of Hawaii recognize and honor the contributions of special organizations and individuals who help inspire a better community by their example of character, caring and commitment. It is a pleasure and a privilege for the Hawaii State Legislature to formally recognize **SOUNDING JOY MUSIC THERAPY, INC.** as one such organization.

Established in September 2002, **SOUNDING JOY MUSIC THERAPY, INC.**, is Hawaii's first and only non-profit organization, Medicare and Medicaid participating provider that promotes music therapy. They are an approved continuing education provider by the Certification Board for Music Therapists and the National Board for Certified Counselors.

**SOUNDING JOY MUSIC THERAPY, INC.**'s mission is to enhance public awareness of the benefits of music therapy, to increase accessibility to music therapy services, and to advance music therapy research. Similar to occupational and physical therapy, **SOUNDING JOY MUSIC THERAPY, INC.**, promotes music therapy in response to a growing therapy demand in our community, and uses music to enhance the quality of life of individuals with behavioral, social, emotional, psychological, communicative, and sensory-motor concern through a structured, yet positive environment that encourage success. Their contributions to the community and their commitment to Hawaii's families is greatly appreciated.

On October 23, 2011, Sounding Joy Music Therapy, Inc. will hold its 2<sup>nd</sup> Annual Honoree Gala, "A Morning of Music", at the Mission Houses Museum from 11 a.m. to 2 p.m. for the community to enjoy.

The Twenty-Sixth Legislature of the State of Hawaii hereby recognizes and commends **SOUNDING JOY MUSIC THERAPY, INC.** for its dedication and service to the people of the State of Hawaii, and extends warmest Aloha and best wishes in all its future endeavors.



*John B. King*  
*William Gibson*  
*Danae DeLeon*  
*Jill*  
*Neil Gabbard*  
*Mike Gable*  
*Michelle Hanalei*  
*Sharon Chen Oakland*  
 Done this 23rd day of October 2011  
 State Capitol, Honolulu, Hawai'i  
*Sharon Chen Oakland*  
 Sharon Chen Oakland, Sponsoring Senator  
*S. S. Tsutsumi*  
 Stan S. Tsutsumi, President of the Senate  
*Carl Taniguchi*  
 Carl Taniguchi, Clerk of the Senate

**Performance Measures by Program Component**

As of February '11

Youth Empowerment Service: Decision-making Skills / Positive Choices  
 Provided by: Sounding Joy Music Therapy, Inc.

**Knowledge:**

Effect of risky behavior on goal attainment	93% of participants who report that risky behavior can affect goal attainment.
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**Attitudes and Beliefs:**

Confidence and self-efficacy in making healthy decisions	85% of participants who report feeling more confident they can and will make good decisions.
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**Skills:**

Decision-making skills	88% of participants reporting acquisition of decision-making skills.
Resistance and refusal skills	88% of participants who report attaining refusal skills.

**Behavior:**

Goal-setting	80% of participants who report they set goals.
Avoidance of risky behaviors	86% of participants who report abstaining from risky behaviors.

**Relationships:**

Staff-youth relationships	86% of participants who report a supportive adult in the program.
Peer relationships	89% of participants who report positive peer relationships.

## WHAT IS MUSIC THERAPY?

Music therapy is a well-established health profession consisting of clinical and evidence-based uses of music interventions to accomplish individualized goals. After assessing clients' strengths and needs, Board-Certified Music Therapists design sessions specifically tailored to individuals. Research in music therapy supports the effectiveness of interventions that target cognitive, physical, social, emotional, behavioral, and/or communication needs.



### Music Therapists Help Individuals With:

- \* Alzheimer's Disease and Dementia
- \* Autism and Developmental Disabilities
- \* Brain Injuries, Parkinson's, and Stroke
- \* Cancer
- \* End of Life Issues
- \* Learning Disabilities
- \* Mental Health Concerns
- \* Pain and Chronic Illness
- \* Physical Disabilities
- \* Sensory Impairments
- \* Substance Abuse

For more information on specific initiatives, on music therapy, or on board certification, contact:

### American Music Therapy Association

8455 Colesville Road, Suite 1000  
Silver Spring MD 20910  
[www.musictherapy.org](http://www.musictherapy.org)  
Phone: 301-589-3300  
Email Contact: Judy Simpson  
[simpson@musictherapy.org](mailto:simpson@musictherapy.org)

### Certification Board for Music Therapists

506 E. Lancaster Avenue, Suite 102  
Downingtown PA 19335  
[www.cbmt.org](http://www.cbmt.org)  
Phone: 800-765-CBMT (2268)  
Email Contact: Dr. Dena Register  
[dregister@cbmt.org](mailto:dregister@cbmt.org)



## MUSIC THERAPY



## AMTA & CBMT

Working Together to  
Increase Access to Quality  
Music Therapy Services

## WHAT IS CBMT?

The Certification Board for Music Therapists (CBMT) is a certifying agency and non-profit 501(c)(6) corporation fully accredited by the National Commission for Certifying Agencies. Established in 1983, its role is to create a Scope of Practice representing competent practice in the profession of music therapy and to administer a credentialing program to evaluate initial and continuing competence. CBMT is committed to ensuring public protection by administering disciplinary action as outlined in the CBMT Code of Professional Practice, if necessary.



THE CERTIFICATION BOARD  
FOR MUSIC THERAPISTS



AZ music therapists thank Senator Al Melvin for sponsoring SB1376 on music therapy services and persons with disabilities.

## AMTA & CBMT WORKING TOGETHER

The American Music Therapy Association (AMTA) and the Certification Board for Music Therapists (CBMT) collaborate on a national initiative designed to achieve state recognition of the music therapy profession and the MT-BC credential required for competent practice by:

- \* *Educating the public about music therapy*
- \* *Recommending accurate language for legislation and regulations*
- \* *Assisting local legislators and communities with insuring access to quality music therapy services*
- \* *Protecting the rights of Board-Certified Music Therapists to practice*

There are over 30 states with task forces that are working on this national initiative.

## WHAT IS AMTA?

The American Music Therapy Association (AMTA) is a non-profit 501(c)(3) educational organization established in 1950 to advance music therapy education, training, professional standards, and research. AMTA's mission is to advance public knowledge of music therapy benefits and increase access to quality music therapy services. AMTA provides technical support to consumers and professionals and represents the profession to federal and state legislators and agencies. Members of AMTA adhere to a Code of Ethics and Standards of Clinical Practice in their delivery of music therapy services.



AMERICAN  
**MUSIC  
THERAPY**  
ASSOCIATION