

Department of Commerce and Consumer Affairs

CERTIFICATE OF GOOD STANDING

I, the undersigned Director of Commerce and Consumer Affairs of the State of Hawaii, do hereby certify that

HAWAI'I FAMILY LAW CLINIC

was incorporated under the laws of Hawaii on 06/29/2004 ; that it is an existing nonprofit corporation; and that, as far as the records of this Department reveal, has complied with all of the provisions of the Hawaii Nonprofit Corporations Act, regulating domestic nonprofit corporations.

IN WITNESS WHEREOF, I have hereunto set my hand and affixed the seal of the Department of Commerce and Consumer Affairs, at Honolulu, Hawaii.

Dated: January 08, 2019

Director of Commerce and Consumer Affairs



Applicant Hawaii Family Law Clinic
dba ALK Kudo

Application Submittal Checklist

The following items are required for submittal of the grant application. Please verify and check off that the items have been included in the application packet.

- X 1) Certificate of Good Standing (If the Applicant is an Organization)
- X 2) Declaration Statement
- X 3) Verify that grant shall be used for a public purpose
- X 4) Background and Summary
- X 5) Service Summary and Outcomes
- X 6) Budget
 - a) Budget request by source of funds ([Link](#))
 - b) Personnel salaries and wages ([Link](#))
 - c) Equipment and motor vehicles ([Link](#))
 - d) Capital project details ([Link](#))
 - e) Government contracts, grants, and grants in aid ([Link](#))
- X 7) Experience and Capability
- X 8) Personnel: Project Organization and Staffing


AUTHORIZED SIGNATURE

PRINT NAME AND TITLE

01/17/2019
DATE

**DECLARATION STATEMENT OF
APPLICANTS FOR GRANTS PURSUANT TO
CHAPTER 42F, HAWAII REVISIED STATUTES**

The undersigned authorized representative of the applicant certifies the following:

- 1) The applicant meets and will comply with all of the following standards for the award of grants pursuant to Section 42F-103, Hawai'i Revised Statutes:
 - a) Is licensed or accredited, in accordance with federal, state, or county statutes, rules, or ordinances, to conduct the activities or provide the services for which a grant is awarded;
 - b) Complies with all applicable federal and state laws prohibiting discrimination against any person on the basis of race, color, national origin, religion, creed, sex, age, sexual orientation, or disability;
 - c) Agrees not to use state funds for entertainment or lobbying activities; and
 - d) Allows the state agency to which funds for the grant were appropriated for expenditure, legislative committees and their staff, and the auditor full access to their records, reports, files, and other related documents and information for purposes of monitoring, measuring the effectiveness, and ensuring the proper expenditure of the grant.
- 2) If the applicant is an organization, the applicant meets the following requirements pursuant to Section 42F-103, Hawai'i Revised Statutes:
 - a) Is incorporated under the laws of the State; and
 - b) Has bylaws or policies that describe the manner in which the activities or services for which a grant is awarded shall be conducted or provided.
- 3) If the applicant is a non-profit organization, it meets the following requirements pursuant to Section 42F-103, Hawai'i Revised Statutes:
 - a) Is determined and designated to be a non-profit organization by the Internal Revenue Service; and
 - b) Has a governing board whose members have no material conflict of interest and serve without compensation.

Pursuant to Section 42F-103, Hawai'i Revised Statutes, for grants used for the acquisition of land, when the organization discontinues the activities or services on the land acquired for which the grant was awarded and disposes of the land in fee simple or by lease, the organization shall negotiate with the expending agency for a lump sum or installment repayment to the State of the amount of the grant used for the acquisition of the land.

Further, the undersigned authorized representative certifies that this statement is true and correct to the best of the applicant's knowledge.

Hawaii Family Law Clinic dba Ala Kuola

(Typed Name of Individual or Organization)



Signature:
Edwin K. Flores

01/17/2019

ED

Executive Director
(Title)

(Typed Name)

II. Background and Summary

1. A brief description of the applicant's background;

The Hawaii Family Law Clinic dba ALA KUOLA, hereinafter Ala Kuola is a Honolulu based non-profit organization that works to ensure the safety and well-being of domestic violence (DV) victims. Ala Kuola provides services to the public for victims of domestic abuse with the completion and filing of temporary restraining orders (TRO's) in the Family Court on Oahu. Ala Kuola has provided this assistance to several thousand individuals and families since opening its doors in 2007.

Throughout the years, domestic violence together with incidents of sexual assault and its consequent problems have become more prevalent throughout the State of Hawaii. This has led Ala Kuola to seek a positive proactive role by providing an evidenced based youth gender intervention program based on an existing nationally recognized evidenced based program utilized throughout the nation known as *Coaching Boys Into Men (CBIM)*. Ala Kuola, has been engaged with many public high schools throughout the state for the past four years. Ala Kuola continues to extend the reach of CBIM statewide to athletic coaches and community participants. Once trained with the use of the CBIM curriculum will deliver powerful messages to our youth. It will allow coaches and community participants to deliver the CBIM curriculum yet use cultural references that will bring meaning and applicability to Hawai'i's youth, i.e. *kuleana, pono, malama, etc.* while still in line with the core curriculum.

After having implemented Coaching Boys Into Men in many high schools statewide, Ala Kuola is looking to provide a program for female athletes called Athletes As Leaders. Ala Kuola will strive to introduce to implement the program to interested high schools together with CBIM.

Since 2016 to present, Ala Kuola has worked in partnership with the **Sexual Violence Prevention Program, Department of Health, Maternal Child Health Branch** who has provides valuable guidance and analysis of data collected and therefore is the most appropriate agency related to this request.

2. The goals and objectives related to the request;

Goal:

Coaching Boys Into Men: Train athletic 30 coaches to deliver evidence base curriculum to prevent dating violence and sexual abuse.

Athletes As Leaders: Train provide training to 7 female coaches to deliver a curriculum based on research and best practices in sexual assault prevention.

Objective:

Coaching Boys Into Men: To have athletic coaches statewide trained to implement the CBIM curriculum to approximately 1400 male athletes.

Athletes As Leaders: To have female athletic coaches statewide to implement the Athletes As Leaders curriculum to approximately 70 females athletes.

3. The public purpose and need to be served;

The purpose of Coaching Boys Into Men and Athletes As Leaders is to utilize local high school coaches by providing them with the resources to promote respectful behavior among their players and help prevent relationship abuse, harassment, and sexual assault.

Dating violence is a type of intimate partner violence and can occur between two people in a close relationship. Dating violence can be physical, emotional, or sexual. It is a prevalent issue that has serious long-term and short-term effects. Many teens do not report it because they are afraid to tell friends or family. It is reported by the Center for Disease Control, among adult rape victims of rape, physical violence, and stalking by an intimate partner, 22% of women and 15% of men first experience some form of partner violence between 11 and 17 years of age. Further, approximately 9% of high school students report being hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend.

Those who experience dating violence can suffer negative effects on health throughout life. Youth are victims are more likely to experience symptoms of depression and anxiety, engage in unhealthy behaviors, like using tobacco, drugs, alcohol, or exhibit antisocial behaviors and think about suicide. (Foshee VA McNaughton Reyes et al., Journal for Adolescent Health 2013) Youths who are victims of dating violence in high school are at higher risk for victimization during college. (Smith PH, White JW, Holland. LS, American Journal of Public Health 2003).

As reported by the *Results of the 2015 Hawai'i State and Counties High School Youth Risk Behavior Survey (YRBS) and Cross-Years Comparisons*, the following was reported:

- **Forced to have Sexual Intercourse** – Statewide, 8.8% of public high school students had been physically forced to have sexual intercourse when they did not want to during their life. Across counties, the prevalence ranged from 8.3% (Honolulu) to (Hawai'i). Students in Hawai'i County (11.0%) were more likely than those in the state overall to report being physically forced to have sexual intercourse when they did not want to;
- **Were Purposely Controlled or Emotionally Hurt**- Among the 55.1% of public high school (percentage of student that responded to this question) statewide who dated or went out with someone during the 12 months before the survey, 32.6% had been told who they could or could not spend time with, humiliated in front of others, or threatened if they did not do what they wanted by someone they were dating or going out with one or more times. Across the counties, the prevalence ranged from 21.1% (Kauai) to 34.6% (Hawai'i)
- **Physical Dating Violence** – Among the 54.9% (based on student responding to survey). 9.8% had been hit, slammed into something, or injured with an object or weapon on purpose by someone they were dating or going out with (i.e., physical dating violence) one or more times. Across counties prevalence ranged from 8.9% (Honolulu) to 13.9% (Hawai'i)

- **Sexual Dating Violence-** Among the 54.8% (based on student responding to this question) of public high students statewide who dated or went out with someone during the 12 months before the survey 12.% had been kissed, touched or touched, or physically forced to have sexual intercourse when they did not want to by someone they were dating or going out with (i.e, sexual dating violence) one or more times. Across the counties, the prevalence ranged from 11.6% (Maui) to 13.5% (Kauai).
- **Bullied on School Property** – Statewide, 18.6% of public high school students had been bullied on school property during the 12 months before the survey. Across the counties, the prevalence ranged from 18.0% (Honolulu) to 20.9% Kauai.)
- **Electronically Bullied-** Statewide, 14.7% of public high school students had been electronically bullied including being bullied through e-mail, chat rooms, instant messaging websites or texting during the 12 months before the survey. Across the counties, the prevalence ranged from 9.7% (Honolulu) to 11.6% (Maui).

University of Hawai`i at Manoa College of Education, Curriculum Research & Development Group, April 2015

Coaching Boys Into Men

According to the study conducted by the University of California Davis, (Miller et.al, 2012), young men exposed to the Coaching Boys Into Men Program (CBIM) were significantly more likely to report actually taking action to stop harmful and disrespectful behaviors amongst their peers. The CBIM model has the ability to facilitate positive change in our present day and future environment. By teaching the young men of today through the implementation of this program, we nurture healthy attitudes towards girls and women in their future relationships as adults. Approximately one in three adolescent girls in the U.S. is a victim of physical, verbal, or emotional abuse from a dating partner (Davis, 2008). Interpersonal violence, also known as relationship violence and intimate partner violence, is a public health threat that must be taken seriously. A youth behavior surveillance done by the U.S. Department of Health and Human Services Center for Disease Control and Prevention (2012) found that 9% of female high school students in Hawaii that were surveyed, had experience dating violence and that victims of interpersonal violence are more at-risk to developing many negative outcomes, such as substance abuse, risky sexual behavior and attempted suicide. By engaging with CBIM as an intervention to reduce interpersonal violence, we may reduce the incidence of the maladaptive behaviors that relate to its experience. The study by Miller et. al., (2012, noted that previous violence-prevention efforts have not utilized coaches as partners. CBIM is an innovative program in that it utilizes a coach's relationship with their male athletes and taps into their ability to serve as positive role models. A study by Dobosz and Beaty (1999), found that high school athletes demonstrated significantly greater leadership ability than di non-athletes, which implies that athletes may serve as models for their peers. Simply put, the benefits of the CBIM program can extend beyond high school athletes to the general population of Hawai`i high school students as a whole. Using this program with the target population of male high school athletes is also important because prior research has shown that male college athletes who had participated in aggressive high school sports (e.g., football, basketball, wrestling) reported using more physical

and psychological aggression and sexual coercion in their dating relationships that did those who did not participate in aggressive sports (Forbes, Adams-Curtis, Palkaka & White (2006).

4. Describe the target population to be served; and
5. Describe the geographic coverage.

The target population to serve will be adolescent young male and female athletes (high school) and youth. CBIM and Athletes As Leaders will be made available in all communities statewide.

III. Service Summary and Outcomes

The Service Summary shall include a detailed discussion of the applicant's approach to the request. The applicant shall clearly and concisely specify the results, outcomes, and measures of effectiveness from this request. The applicant shall:

1. Describe the scope of work, tasks and responsibilities;

In implementing CBIM, Ala Kuola will act as guide leader and trainer in providing coaches and community participants with the tools and training they will require in administering the program to their athletes. All trainings are conducted by the Program Administrator formally trained with the use of the CBIM curriculum. Training of coaches are done on a one to one basis or in a group setting when this opportunity arises. Participants are trained with the use of all training materials known as the *Coaches Kits*. Trainings may consist of interactive role-play in the use of the curriculum as well as identifying abuse behaviors. Ala Kuola, will recruit and work with school coaches and community athletic programs throughout the State to facilitate training with athletic coaches to help them gain a firm understanding and to efficiently use the CBIM Coaching Kits. These kits include a series of training cards that offer strategies for opening the conversation about dating violence, as well as techniques for helping their athletes develop appropriate and healthy attitudes toward women and girls. Once trained with the use of the curriculum, coaches can set aside 10-15 minutes per week to lead their athletes through the training card series and open dialogue on each subject matter. The training card series cover the following; (1) Personal Responsibility; (2) Use of insulting language; (3) Disrespectful behavior towards women and girls; (4) Digital disrespectful i.e inappropriate use of social media; (5) Understanding consent; (6) Bragging about sexual reputation; (7) Responsibility of Physical Strength; (8) When aggression crosses the line; (9) There's no use of relationship abuse; (10) Modeling respectful behaviors towards women and girls. Each training component is designed to encourage youths to discuss and practice respect and non-violence for themselves, women, girls and others.

Although the presentation to their athletes is intended to be brief, it's the consistency of the message and repeated weekly lessons that will make the greatest impact. The "Training Cards" series provides talking points to be addressed. Coaches are also encouraged to create along the way using life or personal examples strategies in delivering the messages to their athletes. Coaches are also encouraged to draw upon analogies of current events and past events as it relates to their discussions concerning partner abuse and disrespectful behaviors that many youths hear about through local or national media. Ala Kuola will not only provide training

with the use of the curriculum and all materials but will also continually provide technical support to all engaged with the program.

Using the CBIM model with young men and youth will educate them in how to treat women and girls with respect, and thus fostering their ability to build health relationships as adults.

Athletes As Leaders

Athletes As Leaders is a companion program to Coaching Boys Into Men. It is a program for high school athletes on girl sports teams. The program aims to empower female-identified youth to take an active role in promoting healthy relationships and ending sexual violence. It is based on research and best practices in the field of sexual assault prevention. Athletes are encouraged to become leaders in changing peer norms and school climate to a culture of safety and respect. The program is designed to be used in conjunction with other programs with intentional efforts to men and boys (R. Miliman, Athletes As Leaders).

Similar to Coaching Boys Into Men, Ala Kuola will aid high schools coaches with training with the use of the curriculum. Training may consist of interactive role play and use of program created video. The curriculum is designed to create participants dialog and self-expression. Ala Kuola will assist with the training and technical support when needed. Coaches will be requested to set aside 20 per week for the delivery of the program.

Program Session included:

- Introduction and Group Agreements
- Challenging Gender Stereotypes
- Privilege and Oppression
- Self- Image and Standards of Beauty
- Rumor Spreading
- Relationships
- Consent
- Messages About Manhood
- Girl Positivity
- Celebrating our Successes

Surveys are used both prior to the delivery of the program and post to determine learning outcomes. Ala Kuola will seek a Data Sharing Agreement with the Department of Education Data Sharing Office for accessibility to data collected.

2. Provide a projected annual timeline for accomplishing the results or outcomes of the service;

July 1, 2017- June 30, 2018

Task	J	A	S	O	N	D	J	F	M	A	M	J
Recruit coaches and community participants for CBIM participants	X	X	X	X	X	X	X	X	X	X	X	X
Conduct training coaches and participants with use of CBIM program curriculum and distribution of materials	X	X	X	X	X	X	X	X	X	X	X	X

3. Describe its quality assurance and evaluation plans for the request. Specify how the applicant plans to monitor, evaluate, and improve their results; and

As an evaluation tool with the implementation of CBIM program, all participants athletes and coaches alike will be asked to complete surveys pre and post delivery of the CBIM curriculum. These surveys will be used to evaluate the delivery of the curriculum and measure pre and post learning outcomes. The surveys do not seek any identifiable information of the student athlete. Since any survey administered to a Hawai'i Department of Education (HIDOE) student is the property of the HIDOE, Ala Kuola entered into a Data Sharing Agreement (DSA) with the HIDOE Data Governance Office that will allow access to data gathered from the surveys. The data collected will be synthesized and analyzed by the Program Administrator and staff and collaboration with the Department of Health Maternal and Child Health Branch, Sexual Violence Prevention.

4. List the measure(s) of effectiveness that will be reported to the State agency through which grant funds are appropriated (the expending agency). The measure(s) will provide a standard and objective way for the State to assess the program's achievement or accomplishment. Please note that if the level of appropriation differs from the amount included in this application then the measure(s) of effectiveness will need to be updated and transmitted to the expending agency.

- Twenty- five (25) coaches and community participants will have implemented CBIM
- Approximately 1500 male youths will receive the CBIM curriculum
- Pre and Post data will show learning out comes

III. Financial

Budget

1. The applicant shall submit a budget utilizing the enclosed budget forms as applicable, to detail the cost of the request.
2. The applicant shall provide its anticipated quarterly funding requests for the fiscal year 2017.

Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total Grant
12859.75	12859.75	12959.75	12859.75	12859.75

3. The applicant shall provide a listing of all other sources of funding that they are seeking for fiscal year 2019.
 - Department of Health State of Hawaii
 - Hawaii Community Foundation
 - Office of Violence Against Women
 - Kosasa Foundation
 - Friends of Hawaii Charities
4. The applicant shall provide a listing of all state and federal tax credits it has been granted within the prior three years. Additionally, the applicant shall provide a listing of all state and federal tax credits they have applied for or anticipate applying for pertaining to any capital project, if applicable.
N/A
5. The applicant shall provide a listing of all federal, state, and county government contracts and grants it has been and will be receiving for program funding.
Department of Health, Maternal and Child Branch, Sexual Violence Prevention
6. The applicant shall provide the balance of its unrestricted current assets as of December 31, 2018. The applicant did not have any unrestricted assets as of December 31, 2018. No unrestricted assets.

V Experience and Capabilities

1. Necessary Skills and Experience

The applicant shall demonstrate that it has the necessary skills, abilities, knowledge of, and experience relating to the request. State your experience and appropriateness for providing the service proposed in this application. The applicant shall also provide a listing of verifiable experience of related projects or contracts for the most recent three years that are pertinent to the request.

Ala Kuola is currently in its fourth year providing the Coaching Boys Into Men program in State of Hawaii. The program has been successfully implemented on Hawaii Island, Kauai, Maui and on Oahu. Ala Kuola is currently seeking further implementation statewide with continuous recruitment of schools and athletic coaches. Led by Ed Flores who has received formal trained with the use of the curriculum by Futures Without Violence, the creator of the CBIM curriculum. Mr. Flores has trained more then 20 athletic coaches with use of the CBIM. Ala Kuola is the only provider of CBIM in State of Hawaii. After recognizing the positive results and engagement of program throughout the State, Mr. Flores was asked to serve on the Coaching Boys Into Men National Advisory Council.

Verifiable experience can be confirmed with Wendell Say (Head Coach Aiea High School) Amosa Amosa (Head Coach James Campbell High School) Darrin Hernandez (Head Coach Kapolei High School, Scott Melemai (Head Coach Kalani High School, Byron Pita (Head Coach & Assistant Athletic Director Waiakea High School), Robin Kami (Head Coach Pearl City High School), Robin Puahala (Pearl City JV Head Coach), Philip Rapozo (Kapaa High School Head Coach), Brian O'Conner, Director of Public Education Campaigns & Programs, Future Without Violence.

2. Facilities

The applicant shall provide a description of its facilities and demonstrate its adequacy in relation to the request. If facilities are not presently available, describe plans to secure facilities.

The location of the provider Ala Kuola is located in Honolulu in the Kaakako district. The office is ADA compliant. The majority of all training events and activities are conducted on the site of the implementing parties.

VI. Personnel: Project Organization and Staffing

1. Proposed Staffing, Staff Qualifications, Supervision and Training

The applicant shall describe the proposed staffing pattern and proposed service capacity appropriate for the viability of the request. The applicant shall provide the qualifications and experience of personnel for the request and shall describe its ability to supervise, train and provide administrative direction relative to the request.

The program is led by the Program Administrator/Trainer, who is trained to deliver the Coaching Boys Into Men curriculum. The Program Administrator has 5 years experience training and working with the CBIM curriculum. The Program Administrator/Trainer is a member of the National Coaching Boys Into Men Advisory Council. Program Assistant: Trained with the use of the CBIM curriculum and will assist with training and program coordination. The Program Assistant will be supervised by the Program Administrator.

2. Organization Chart

The applicant shall illustrate the position of each staff and line of responsibility/supervision. If the request is part of a large, multi-purpose organization, include an organization chart that illustrates the placement of this request. See Attached.

3. Compensation

The applicant shall provide the annual salaries paid by the applicant to the three highest paid officers, directors, or employees of the organization by position

Executive Director: 69,000

Program Assistant: 42,000

VII. Other

1. Litigation

The applicant shall disclose any pending litigation to which they are a party, including the disclosure of any outstanding judgement. If applicable, please explain.

N/A

2. Licensure or Accreditation

The applicant shall specify any special qualifications, including but not limited to licensure or accreditation that the applicant possesses relevant to this request.

3. Private Educational Institutions

The applicant shall specify whether the grant will be used to support or benefit a sectarian or non-sectarian private educational institution. Please see Article X, Section 1, of the State Constitution for the relevance of this question.

N/A

4. Future Sustainability Plan

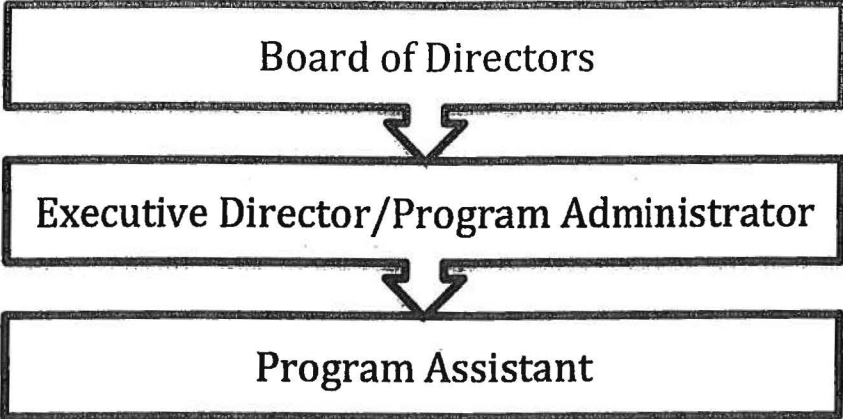
The applicant shall provide a plan for sustaining after fiscal year 2019-202 the activity funded by the grant if the grant of this application is:

- (a) Received by the applicant for fiscal year 2017-18, but
- (b) Not received by the applicant thereafter.

The applicant will seek private foundation support and other possible funding opportunities through State, County and the Federal government.

Organization Chart

**Hawaii Family Law Clinic, DBA
Ala Kuola**
Organizational Chart
Tax-Exempt(3) Organization



BUDGET REQUEST BY SOURCE OF FUNDS

Period: July 1, 2019 to June 30, 2020

Applicant: Hawaii Family Law Clinic dba Ala Kuola

BUDGET CATEGORIES		Total State Funds Requested (a)	Total Federal Funds Requested (b)	Total County Funds Requested (c)	Total Private/Other Funds Requested (d)
A.	PERSONNEL COST				
	1. Salaries	111,000			
	2. Payroll Taxes & Assessments	11,033			
	3. Fringe Benefits	6,444			
	TOTAL PERSONNEL COST	128,477			
B.	OTHER CURRENT EXPENSES				
	1. Airfare, Inter-Island	2,500			
	2. Insurance	2,500			
	3. Lease/Rental of Equipment	2,040			
	4. Lease/Rental of Space	8,600			
	5. Staff Training	1,200			
	6. Supplies	3,500			
	7. Telecommunication	2,000			
	8. Utilities				
	9. Printing & Publication	3,500			
	10				
	11				
	12				
	13				
	14				
	15				
	16				
	17				
	18				
	19				
	20				
	TOTAL OTHER CURRENT EXPENSES	25,840			
C.	EQUIPMENT PURCHASES				
D.	MOTOR VEHICLE PURCHASES				
E.	CAPITAL				
TOTAL (A+B+C+D+E)		154,317			
SOURCES OF FUNDING			Budget Prepared By:		
	(a) Total State Funds Requested	154,317	Edwin K. Flores (808) 545-1880		
	(b) Total Federal Funds Requested		Name (Please type or print) Phone		
	(c) Total County Funds Requested		Signature of Authorized Official Date		
	(d) Total Private/Other Funds Requested		Edwin K. Flores Executive Director		
TOTAL BUDGET		154,317	Name and Title (Please type or print)		

GOVERNMENT CONTRACTS, GRANTS, AND / OR GRANTS IN AID

Hawaii Family Law Clinic dba Ala Kuola

Applicant: _____

Contracts Total:

75,000

	CONTRACT DESCRIPTION	EFFECTIVE DATES	AGENCY	GOVERNMENT ENTITY (U.S. / State / Haw / Hon / Kau / Mau)	CONTRACT VALUE
1	Sexual Violence Prevention	01/07/2018-19	DHO	Hon	75,000
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					
21					
22					
23					
24					
25					
26					
27					
28					
29					
30					