

**THE THIRTIETH LEGISLATURE  
APPLICATION FOR GRANTS  
CHAPTER 42F, HAWAII REVISED STATUTES**

Type of Grant Request:

Operating                       Capital

Legal Name of Requesting Organization or Individual: DbA:

FAMILY HUI HAWAII

Amount of State Funds Requested: \$ 64,994

Brief Description of Request (Please attach word document to back of page if extra space is needed):

"Hui" Peer Parenting Support Groups - to initiate Hui programs on Hawaii, Maui County, and Kauai, sustain and expand programs on Maui and serve more families in vulnerable communities on Oahu.

Please see page 2 for brief description of programs and allocation of funds.

Amount of Other Funds Available:

State: \$ \_\_\_\_\_

Federal: \$ \_\_\_\_\_

County: \$ 125,000 PENDING

Private/Other: \$ 50,000 PENDING

Total amount of State Grants Received in the Past 5 Fiscal Years:

\$ 217,028 (2014-2015 GIA Funds)

Unrestricted Assets:

\$ 10,000

New Service (Presently Does Not Exist):  Existing Service (Presently in Operation):

Type of Business Entity:

501(C)(3) Non Profit Corporation

Other Non Profit

Other

Mailing Address:

P.O. BOX 22596

City:

HONOLULU

State:

HI

Zip:

96823

Contact Person for Matters Involving this Application

CHERILYN SHIINOKI

Name:  
CHERILYN SHIINOKI

Title:  
EXECUTIVE DIRECTOR

Email:  
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(808)392-3128

Federal Tax ID#:

██████████

State Tax ID#

██████████

*Cherilyn Shiinoki*

Authorized Signature

Cherilyn Shiinoki, Executive Director

Name and Title

01/18/2019

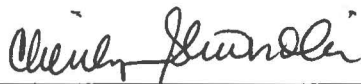
Date Signed

**received**  
1/18/19 12:40p JP

## Application Submittal Checklist

*The following items are required for submittal of the grant application. Please verify and check off that the items have been included in the application packet.*

- 1) Certificate of Good Standing (If the Applicant is an Organization)
- 2) Declaration Statement
- 3) Verify that grant shall be used for a public purpose
- 4) Background and Summary
- 5) Service Summary and Outcomes
- 6) Budget
  - a) Budget request by source of funds ([Link](#))
  - b) Personnel salaries and wages ([Link](#))
  - c) Equipment and motor vehicles ([Link](#))
  - d) Capital project details ([Link](#))
  - e) Government contracts, grants, and grants in aid ([Link](#))
- 7) Experience and Capability
- 8) Personnel: Project Organization and Staffing



AUTHORIZED SIGNATURE

CHERYLN SHIINOKI,  
EXECUTIVE DIRECTOR

PRINT NAME AND TITLE

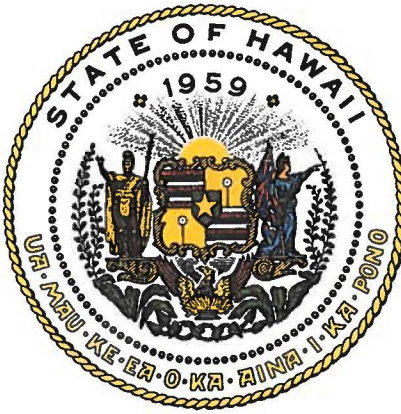
1/18/2019

DATE

Brief Description of Request (Please attach word document to back of page if extra space is needed):

Family Hui Hawaii respectfully requests to partner with the State of Hawaii to initiate and sustain needed peer parenting support groups (Hui) for families with young children, prenatal to age 5 years in Maui County, Kauai, and Hawaii islands as well as expansion of Hui on the island of Oahu. Family Hui Hawaii peer parenting support groups strengthen families by building protective factors against child abuse and neglect while expanding parent's knowledge of early childhood development and appropriate parenting strategies to raise healthy children. Peer-led facilitation by volunteer parents (trained by Family Hui staff) distinguishes Hui from traditional parenting classes, creating a culturally appropriate and non-judgemental environment where parents are more likely to share and learn from each other's experiences.

70% of the \$64,994 requested of State funds would allow us to bring the success of the Oahu program to the neighbor islands, providing support and programming for neighbor island Hui groups and on-island coordinators on Maui, Kauai, and Hawaii islands as well as a part-time experienced staff member to train and supervise them from Oahu. In our experience on Maui using private funds, we know that Hui groups are more sustainable if there is an on-island coordinator to assist volunteer group leaders and families. 30% of the funds will be used to offer and support additional Hui groups on Oahu.



## Department of Commerce and Consumer Affairs

### CERTIFICATE OF GOOD STANDING

I, the undersigned Director of Commerce and Consumer Affairs of the State of Hawaii, do hereby certify that

**FAMILY HUI HAWAII**

was incorporated under the laws of Hawaii on 12/12/2013 ; that it is an existing nonprofit corporation; and that, as far as the records of this Department reveal, has complied with all of the provisions of the Hawaii Nonprofit Corporations Act, regulating domestic nonprofit corporations.



IN WITNESS WHEREOF, I have hereunto set my hand and affixed the seal of the Department of Commerce and Consumer Affairs, at Honolulu, Hawaii.

Dated: January 14, 2019

Director of Commerce and Consumer Affairs



**DECLARATION STATEMENT OF  
APPLICANTS FOR GRANTS PURSUANT TO  
CHAPTER 42F, HAWAI'I REVISED STATUTES**

The undersigned authorized representative of the applicant certifies the following:

- 1) The applicant meets and will comply with all of the following standards for the award of grants pursuant to Section 42F-103, Hawai'i Revised Statutes:
  - a) Is licensed or accredited, in accordance with federal, state, or county statutes, rules, or ordinances, to conduct the activities or provide the services for which a grant is awarded;
  - b) Complies with all applicable federal and state laws prohibiting discrimination against any person on the basis of race, color, national origin, religion, creed, sex, age, sexual orientation, or disability;
  - c) Agrees not to use state funds for entertainment or lobbying activities; and
  - d) Allows the state agency to which funds for the grant were appropriated for expenditure, legislative committees and their staff, and the auditor full access to their records, reports, files, and other related documents and information for purposes of monitoring, measuring the effectiveness, and ensuring the proper expenditure of the grant.
- 2) If the applicant is an organization, the applicant meets the following requirements pursuant to Section 42F-103, Hawai'i Revised Statutes:
  - a) Is incorporated under the laws of the State; and
  - b) Has bylaws or policies that describe the manner in which the activities or services for which a grant is awarded shall be conducted or provided.
- 3) If the applicant is a non-profit organization, it meets the following requirements pursuant to Section 42F-103, Hawai'i Revised Statutes:
  - a) Is determined and designated to be a non-profit organization by the Internal Revenue Service; and
  - b) Has a governing board whose members have no material conflict of interest and serve without compensation.

Pursuant to Section 42F-103, Hawai'i Revised Statutes, for grants used for the acquisition of land, when the organization discontinues the activities or services on the land acquired for which the grant was awarded and disposes of the land in fee simple or by lease, the organization shall negotiate with the expending agency for a lump sum or installment repayment to the State of the amount of the grant used for the acquisition of the land.

Further, the undersigned authorized representative certifies that this statement is true and correct to the best of the applicant's knowledge.

FAMILY HUI HAWAII

(Typed Name of Individual or Organization)

*Cherilyn Shiinoki*

(Signature)

CHERYLYN SHIINOKI

JANUARY 18, 2019

(Date)

EXECUTIVE DIRECTOR

(Typed Name)

(Title)

## Application for Grants

*If any item is not applicable to the request, the applicant should enter "not applicable".*

### **I. Certification – Please attach immediately after cover page**

#### **1. Certificate of Good Standing (If the Applicant is an Organization)**

If the applicant is an organization, the applicant shall submit one (1) copy of a certificate of good standing from the Director of Commerce and Consumer Affairs that is dated no earlier than December 1, 2018.

SEE ATTACHED.

#### **2. Declaration Statement**

The applicant shall submit a declaration statement affirming its compliance with Section 42F-103, Hawaii Revised Statutes. ([Link](#))

SEE ATTACHED.

#### **3. Public Purpose**

The applicant shall specify whether the grant will be used for a public purpose pursuant to Section 42F-102, Hawaii Revised Statutes. ([Link](#))

The following grant proposal specifies that the grant will be used for the purpose of the public and explains:

The name of the requesting organization or individual; FAMILY HUI HAWAII

The public purpose for the grant; SEE SECTION II BACKGROUND AND SUMMARY: 2. THE PUBLIC PURPOSE AND NEED TO BE SERVED

The services to be supported by the grant; SEE SECTION III: SERVICE SUMMARY AND OUTCOMES: . SCOPE OF WORK, TASKS, AND RESPONSIBILITES

The target group; SEE SECTION II: BACKGROUND AND SUMMARY: 1. TARGET POPULATION TO BE SERVED

The cost of the grant and the budget. SEE SECTION IV: FINANCIAL: 1. BUDGET AND ATTACHMENTS

## **II. Background and Summary**

*This section shall clearly and concisely summarize and highlight the contents of the request in such a way as to provide the State Legislature with a broad understanding of the request. Please include the following:*

**1. A brief description of the applicant's background;**

Family Hui Hawaii's mission is to support and empower families to meet the challenges of raising children by providing a safe & nurturing environment for them to learn from each other.

Family Hui Hawaii respectfully requests financial support to provide peer parenting support programs known as "Hui" throughout the State of Hawaii to strengthen families and raise children so that they are healthy, safe, ready to learn and able to succeed in school and in life. The request is to answer the needs of families with young children, prenatal to five, to equip them with the necessary knowledge of early childhood development, age appropriate parenting strategies, social connections and community resources to do their best for their children, ensure their optimal development (cognitive, physical, social and emotional) and prevent children from having adverse childhood experiences which have been proven to be detrimental to their long-term health and well-being.

Family Hui Hawaii is dedicated to reducing violence against children and strengthening the social fabric of our families and communities. We are a "first contact provider" to young parents, especially first-time parents, with children, prenatal-5 years, serving hundreds of families each year. Our Hui peer groups build proven protective factors of resilience, social connections, concrete support in times of need, knowledge of parenting and early childhood development, and children's social emotional competence. Our expertise is in teaching content through effective peer-to-peer experiences, focused on parenting, early childhood development, and family engagement in early learning. Peer-to-peer programs outperform conventional parenting classes in engaging parents, even those specifically targeted at hard to reach populations. Volunteer peer leaders, a critical component of peer programs, are also participants, going through the same parenting challenges as other parents in their Hui, creating a culturally appropriate and trusting environment where families are more likely to share and learn.

In the community of providers answering to young children's health, wellness, and education, Family Hui Hawaii serves as the voice for parents and families, actively participating in the State's Early Childhood Action Strategy team's strategic planning of providing and coordinating services, partnering with the Department of Health in early childhood developmental screenings, working with families in Family Specialty Court - Zero to Three Court, and private partnerships with early learning programs such as Head Start, the YMCA's Come...With Me program, and private preschools. The

Executive Director serves as the parent representative on the State of Hawaii Early Learning Board, the governing board of the Executive Office of Early Learning.

Family Hui Hawaii believes that families are children first and forever teachers. Understanding that the term “families” has different meanings to different people, we use the term “parents” to refer to a child’s primary caregiver, whether they are their biological parent, aunty, uncle, grandparent, etc...

***The goals and objectives related to the request;***

The goals of the “Hui” Peer Parenting Support Programs are to:

- Strengthen families to raise healthy children so that they thrive physically, mentally (cognitively), and social-emotionally.
- Build community by connecting families to each other and developing community leadership; and
- Prevent Adverse Childhood Experiences including Child Abuse and Neglect

The objectives of the request to support Hui Peer Parenting Support Programs are to:

- Provide parents with the supports they need so that their children achieve optimal growth and learning (physical, cognitive, and social-emotional)
- Help parents navigate their role as their child’s and forever teachers, recognizing the highly significant impact that their actions have during the early childhood years, prenatal to age 5 years, when brain architecture and activity is at its highest and most vulnerable stage of growth, critical to building foundations for executive functions of impulse control, working memory, cognitive and mental flexibility, all necessary for children to succeed in school and in life
- Encourage parents to be involved in their child’s learning and growth; understanding their role as their child’s advocate and the importance of and access to child developmental screenings to identify developmental delays while early intervention is most effective
- Increase parents knowledge of typical early childhood growth and development and provide parents science based parenting strategies that are appropriate for their child’s age
- Strengthen community by
  - developing social connections with other families in their neighborhood that become a network of support that often continues beyond the formal Family Hui program into their children’s adolescent years.
  - developing community leaders through facilitation training and hands-on experience where volunteer parents facilitate the 10-12 weeks of child development and parenting discussions with families in their Hui group.
- Expand the Hui program to serve more families on Maui and Lanai and begin outreach efforts on Kauai, Molokai, and Hawaii to bring Hui to these communities.

2. The public purpose and need to be served;

Priority Problem/Need #1  
Adverse Childhood Experiences (ACES)  
Hawaii 2017 Child Abuse & Neglect Statistics<sup>1</sup>

- 3702 cases of Child Abuse & Neglect reported
- Only 1 in 10 cases are actually reported<sup>2</sup>
- 78 keiki experienced permanent injuries or died
- **89% of abuse perpetrators are children's parents**
- **48% of victims are under age 5 years**

**Babies under 1 year are the largest group of victims**

**Adverse Childhood Experiences (ACEs)**

- Emotional, Physical or Sexual Abuse
- Emotional or Physical Neglect
- Household Challenges
  - mother treated violently
  - substance abuse
  - mental illness
  - parental separation or divorce
  - incarcerated household member

**More likely to develop life threatening outcomes (such as but not limited to):**

- Depression
- Drug Use
- Obesity
- Diabetes
- Disability
- Heart Disease
- Suicide attempts
- Unintended or Adolescent Pregnancies
- Domestic Violence
- Unemployment
- Mental distress
- Early Death

Peter Boy Kema, Hyacinth Poouahi, and Ocean Wright are victims who died at the hands of their parents. Their cases were well publicized in the Hawaii's media. Yet, Child Abuse and Neglect in Hawaii is a much bigger problem than what is covered in the news. Every year, our communities report some 4000 cases of child abuse and neglect. In 2017, 3702 cases were reported and 78 of our keiki experienced severe or permanent injuries, and some died.<sup>1</sup> To make matters worse, professionals estimate only 1 in 10 suspected cases are actually reported.<sup>2</sup> Tragically, the very people to whom

<sup>1</sup> A Statistical Report on Child Abuse and Neglect in Hawaii (DHS CPSS). 2017.

<sup>2</sup> The British Medical Journal, The Lancet (2008)



our children depend on are the ones perpetrating the violence – with 89% of abuse visited on children by their parents.<sup>1</sup> Young parents (32% age 20-29 & 38% age 30-39 years old) make up the greatest group of perpetrators. Their children, age 0-5 years old, make up 47.8% of confirmed cases and babies, birth to 1 year old, are the largest group of victims.<sup>1</sup>

Adverse Childhood Experiences Study (n=+17,000)<sup>3</sup>

Research conducted by the Centers for Disease Control & Kaiser Permanente

The Adverse Childhood Experiences Study (ACEs) on the consequences of child abuse and neglect on health and well-being in later-life found that victims are more likely to experience unhealthy outcomes, including but not limited to depression, drug use, obesity, heart disease, suicide attempts, unintended or adolescent pregnancies, domestic violence, and early death. As the number of ACEs increases, so does the risk for these outcomes.

Lack of sleep, isolation from “before children” peer groups, post-partum depression, and increased economic stressors create an environment where ALL FAMILIES BECOME VULNERABLE to experience child abuse and neglect in their home. Families with young children tend to be new in their careers, receive lower pay, and have higher childcare costs. State funded childcare is very limited and cost of living in Hawaii is very high. Combined, families with young children under age 5 years, are especially burdened and under stress.

Child abuse and neglect has devastating effects on children’s brains. Prenatal – 5 years is a critical time period of high brain activity when executive functions (impulse control, working memory, cognitive and mental flexibility) are built, affecting the child’s ability to succeed in school, get along with others, and regulate emotions. Researchers identified 4 types of brain abnormalities in adults who experienced child abuse and neglect stemming from the brain’s response to survive in a hostile world of toxic stress. Such damage is “hard-wired” into the architecture of the brain and may lead to anxiety disorders, ADHD, anti-social behavior, anger and depression in adulthood.<sup>4</sup> Other studies of abused children show that about 1/3 develop PTSD, contribute to school drop-out rates, teen pregnancy, felony rates and assault hindering healthy learning and school success.<sup>5</sup>

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<sup>3</sup> <https://cdc.gov/violenceprevention/acestudy/ab>

<sup>4</sup> MacDonald, A. Brain Development in Childhood-The Dana Guide, Nov. 2007  
<https://www.dana.org/news/brainhealth/detail.aspx?id=10054>

<sup>5</sup> <http://www.ncbi.nlm.nih.gov/pubmed/24995910> Childhood Development and Domestic Violence, 2010 [www.nnedv.org](http://www.nnedv.org)

### Priority Problem / Need #2

Lack of parental (family) support and guidance to raise healthy children and prepare them for success in school and life

- 89% of abuse perpetrators are children's parents<sup>1</sup>
- 63% cite their trigger for abuse was an "inability to cope with parenting responsibility."<sup>1</sup>
- Parents do not have realistic expectations of their child's abilities increasing stress and the likelihood of abuse in their home.<sup>6</sup>
- 57% of parents struggle determining the most effective way to discipline their kids.<sup>6</sup>
- 50% of parents aren't getting the support they need when they need it most - when they are stressed or overwhelmed<sup>6</sup>
- **"Almost all parents feel judged, almost all the time."**<sup>6</sup> When parents feel judged, they are less receptive to what is being taught to them.

The national Zero to Three Parent Survey<sup>6</sup> in 2016 (n=2200) indicates a high need and desire by parents to learn parenting strategies and have peer support of other parents. Some of their findings are listed in the box above. In addition, they say that, "parents universally believe that parenting can be learned and if they had more positive parenting strategies they would use them." In addition, "parents want advice but are overwhelmed by sources of help but underwhelmed by the quality of what they are getting."

### Priority Problem #3

Lack of Developmental Screening of Children, birth - 3 years old

- Birth to 3 years is a critical window of opportunity to provide early intervention to help children with developmental delays catch up to their peers but many parents do not know if their child has a developmental delay.
- Only 3% of Hawaii infants and toddlers receive early intervention services (DOH) but nationally, experts say 13% could benefit.<sup>5</sup> Not all children are screened in Hawaii and as a result, those who may need services are not getting them.
- Only 29% of parents in Hawaii report having their child screened before the age of 5 years.
- Abused or Neglected Children are more likely to have developmental delays.

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<sup>6</sup>Tuning In; parents of Young Children Speak Up About What They Think, Know and Need.

Children who experience child abuse and neglect are more likely to have developmental delays. With 75% of reported abuse cases involving children age 0-5 and almost 90% of abusers being their parents, identification of children who may have delays is critical to ensure they get support.

We need to help children while the foundation of their brain is being built, during the prenatal-age 3 year window of growth. In 2016, 3.06% of all Infants/Toddlers (0-3 yrs.) received Hawaii Dept. of Health Early Intervention services<sup>7</sup>, yet the national Zero to Three organization says that experts estimate 13% of infants and toddlers could benefit from services.<sup>8</sup> “Despite the importance of early identification and intervention, many infants and toddlers with disabilities or developmental delays are not being identified and receiving early intervention.” If problems are not identified during this time, it becomes much more difficult for a child to catch up to his peers.

In Kindergarten, untreated delays become more obvious and requires costly special education services (SPED). The Hawaii Dept. of Education reports the cost for SPED services to be approx. \$20,844 per pupil per year (2016).<sup>9</sup> Zero to Three states that “when problems are identified early, timely intervention can mitigate or even eliminate the long-term effects on children’s language, cognitive, motor, and social-emotional development, while possibly reducing the need for intensive special education services later.” They cite a national study of Early Head Start infants/toddlers receiving early intervention services, found that roughly one-third did not have a disability at entry into kindergarten. In the big picture, if only one child is diverted from SPED services because he was identified through this project, we save our community an average of \$270,972 over his K-12 years. How much would Hawaii save if all children were identified early?

In 2016, only 29.7% of Hawaii parents report completing a developmental screen for their child before the age of 5 years. K. Nitta from the DOH states, “We just don’t know how many kids have a disability out there. The best we can do is screen, refer and support parents through the process.”

Hawaii does not have an existing system to ensure that all children are screened. Federal funding for screening is dedicated to the DOH Maternal, Infant and Early Childhood Home Visiting program providing in-home visitations with “at-risk” families. While they serve 850 families per year statewide, Hawaii has 108,480 children, under age 5. In 2017, the State approved additional funding for early intervention services but children need to be identified before these funds can be used. **No other public funds are available** for developmental screening. If children are not screened as infants and toddlers, they will not be identified when early intervention is most effective. Currently, only some providers offer screenings but it is not systematic and not available to all

<sup>7</sup> Department of Health Early Intervention Stakeholders meeting, 12/1/2017

<sup>8</sup> [www.zerotothree.org/resources/2067-early-intervention-a-critical-support-for-infants-toddlers-and-families](http://www.zerotothree.org/resources/2067-early-intervention-a-critical-support-for-infants-toddlers-and-families)

<sup>9</sup> [www.hawaiipublicschools.org](http://www.hawaiipublicschools.org); [www.datacenter.kidscount.org](http://www.datacenter.kidscount.org): student enrollment: 180,000. 9.8% or 17,640 enrolled in SPED. 2017 budget SPED \$367.7 million = \$20,844 per pupil



children. As a result, there are many more children who need help but are not receiving services.

**Evidence Based Recommendations to Address Community Needs**

<p><b>Adverse Childhood Experiences Study</b></p>	<ul style="list-style-type: none"> <li>• Parenting Training Programs</li> <li>• Social Support for Parents</li> <li>• Parent Support Programs for Teens</li> <li>• High Quality Child Care</li> </ul>
<p><b>Child Abuse &amp; Neglect Prevention</b></p>	<ul style="list-style-type: none"> <li>• Build Protective Factors to Strengthen Families</li> <li>• Resilience</li> <li>• Social Connections</li> <li>• Concrete Support in Times of Need</li> <li>• Parenting and Early Childhood Development Knowledge</li> <li>• Social Emotional Competence of Children</li> </ul>
<p><b>Parenting Support</b></p>	<ul style="list-style-type: none"> <li>• Provide parents with clear concise science-based information about early development</li> <li>• Elevate the voices and experiences of real parents Help parents find positive disciplinary strategies that work</li> <li>• Create opportunities for parents to learn from each other</li> <li>• Deliver knowledge in relatable ways</li> </ul>
<p><b>Developmental Screening</b></p>	<ul style="list-style-type: none"> <li>• Teach parents the importance of developmental screening</li> <li>• Provide opportunities for screening</li> <li>• Teach and encourage parental engagement in their child's development and learning</li> <li>• Monitor development and provide resources to support concerns</li> <li>• Referrals to DOH Early Intervention or DOE Special Education</li> </ul>

Recommendations for each of the studies mentioned previously are summarized in the table above. A closer look at each of them follows:

**Adverse Childhood Experiences can be prevented.** “Safe, stable, and nurturing relationships and environments can have a positive impact on a broad range of health problems and on the development of skills that will help children reach their full potential.”<sup>10</sup>

Family Hui Hawaii peer parenting programs fulfill 4 or the 8 strategies that the CDC recommends to address the needs of children and families to prevent ACEs: Parenting Training Programs, Social Support for Parents, Parent Support programs for teen and teen pregnancy prevention programs, and High Quality Child Care. Family Hui provides referrals and resources to help families to the remaining 4 strategies (home visiting services, intimate partner violence prevention, mental illness and substance abuse treatment, and income support).

### **Child Abuse & Neglect Prevention**

**The Center for the Study of Social Policy Strengthening Families Protective Factors Framework is the most prevalent evidence based model to prevent child abuse and neglect.**<sup>11</sup> Research indicates that when protective factors of Resilience, Social Connections, Concrete Supports in times of need, Knowledge of Parenting & Child Development, and the Social Emotional competence of children are built within families, child abuse and neglect are less likely to occur in their home. The Framework includes a validated evaluation tool to measure a families’ growth in each of the 5 protective factors.

Family Hui Hawaii peer parenting programs are designed to build protective factors within families and are recognized as a child abuse and neglect prevention model by the Hawaii Children’s Trust Fund. Family Hui works at the broadest level of prevention, reaching the greatest number of families in the grantee cohort to provide families support and strategies to keep violence from happening in the home and refer families who need or may be at high risk for additional services through partners.

### **Parent Support (& Family Engagement in their child’s early learning)**

**The Zero to Three National Parent Survey<sup>12</sup> report (2016) recommends:**

- Provide parents with clear, specific, science-based information about early development and ways that they can best nurture their children’s overall healthy growth.
- Harness and elevate the voices and experiences of real parents in any efforts to support parents of young children.
- Help parents find positive disciplinary strategies that work.
- Create opportunities for parents to learn from each other – to share challenges, brainstorm solutions, and offer support.
- Parents want the media to help. Parents welcome advice on child-rearing strategies that are delivered in relatable ways.

<sup>10</sup> <https://cdc.gov/violenceprevention/acestudy/ab>

<sup>11</sup>The Center for the Study of Social Policy. <http://www.cssp.org/reform/strengthening-families/the-basics/protective-factors>

<sup>12</sup> Tuning In; parents of Young Children Speak Up About What They Think, Know and Need.



Family Hui Hawaii's Peer Support Programs follow all of the recommendations of the Zero to Three National Survey report. Hui groups are coordinated by neighborhood and the age of children so that all of the families are experiencing similar parental challenges. Family Hui staff members train volunteer peer leaders to facilitate and lead their fellow Hui members in 12 weeks of discussions on child development and appropriate parenting strategies. Peer leaders and groupings by neighborhood help to make the discussions culturally appropriate and create an environment where trust is built quickly and families are more likely to share and learn from each other.

Peer-to-Peer Programs prevent child abuse and neglect and build communities of support. Research identifies peer-led programs as more effective in the delivery of parenting knowledge than conventional parenting programs. Laurendeau and Chamberland, 2001, state "The important justification, family to neighborhood and community connection is a key component in our theoretical understanding of child abuse and neglect. The parent support group can serve as this connection to bridge family to neighborhood and community in the prevention of child abuse and neglect."<sup>13</sup> According to the British Medical Journal, "In terms of engagement outcomes, peer-led intervention had an impressively high retention rate of 92%. This finding is particularly notable given the socio-demographic profile of the participating parents, which would typically be associated with multiple barriers to service use. This suggests that the current peer led parenting intervention has the potential to outperform conventional parenting group formats, even those specifically targeted at hard to reach populations, in successfully engaging parents in treatment for their children's behaviour problems."<sup>14</sup> The 2014 annual health assessment for the Hawaii Department of Health by the Healthy Mothers Healthy Babies Coalition of Hawaii, recommends peer-led support groups to reduce postpartum depression and increase breastfeeding, both issues that affect the likelihood of child abuse and neglect.<sup>15</sup>

### **Developmental Screening (& Family Engagment in their child's early learning)**

Family Hui Hawaii believes that families are children's first and forever teachers. Family Hui encourages families to be engaged in their child's learning, beginning in infancy (and prenatally) throughout their child's life. Hui programs teach the importance of attachment and bonding and creating opportunities for meaningful learning experiences appropriate to their child's age and development. Hui discussions include all aspects of a young child's development – physical, cognitive, and social emotional growth in health, wellness, and education.

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<sup>13</sup> Nelson, G., Laurendeau, M., & Chamberland, C. (2001). A review of program to promote family wellness and prevent the maltreatment of children. *Canadian Journal of Behavioral Science*, 22(1), 1-13.

<sup>14</sup> British Medical Journal, Evaluation of a peer led parenting intervention for disruptive behaviour problems in children: community based randomized controlled trial, *BMJ* 2012; 344:e1107, 13 March 2012.

<sup>15</sup> An Assessment of Parents' and Providers' Knowledge and Use of Postpartum Depression Support Resources in Hawaii, 2014. Healthy Mothers Healthy Babies Coalition of Hawai'i.

Family Hui programs encourage families to partner with their child's early learning providers such as their childcare or preschool staff and doctors so that they can support their child together. All families that participate in Hui programs have the opportunity to complete validated developmental screens (Ages and Stages Questionnaires for physical, cognitive, and social-emotional development). Family Hui uses these screens as a tool to inform families and engage families in their child's development, providing additional supports such as activities to help with concerns. Hui provides a delivery system of researched based information to parents (and parents to be) when they need it most. Hui partners with the medical home by providing the forum for families to have discussions and get answers when they are experiencing it. FHH works with families to monitor development, encouraging them to share concerns with their medical provider, and refers to the Department of Health Early Intervention services when needed. Developmental screening is a critical and highly cost-effective strategy to ensure that children get the help they need early, reducing the need for deeper intervention services as children age.

*Everything in my background would lead you to believe that I would abuse or neglect my children. I am a single mom, a victim of domestic violence with no family support, emotional or financial. I live in public housing where everyone is having problems. I have no car and I have severe health problems. Family Hui is like talking story: friend to friend. Meeting with other parents while our children play together, I learn more about how my kids grow and develop plus ways to cope so I can make a better life for my children. I got to know some of my neighbors with keiki about the same age as mine and I began to feel less alone. I started to see that I could be a leader and help my community too."*

*Leilani Perez-Nava, Volunteer Peer Leader  
Hui at the Towers at Kuhio Park public housing*

#### How Hui works:

Families who have children, prenatal to age 5 years, are grouped together by the age of their child and the neighborhood they live in and meet over a period of 3 months (10-12 sessions) to discuss common parenting and early childhood development topics. Family Hui staff members train one or two of the families to (co)facilitate the discussions, visit the Hui group 2-3 times, support the volunteer peer leaders throughout the 3 months, and conduct developmental screenings with the families during one of the visits. Hui members naturally begin to take ownership of the group and an environment of trust and belonging is quickly developed, allowing families to receive, discuss, and digest

important information that is more likely to be adopted into their lives than would be adopted through a typical parenting class. Families participate in a Hui with their children, meeting 1 ½ - 2 hours each week and children become each other's first peers. Many Hui groups continue to meet informally after the formal program is completed and almost all families develop close friendships with at least one other family in the group. As children grow and continue to meet with the same families, children develop social-emotional competence and these first peer relationships develop into first friendships.

In vulnerable communities where it is difficult to find a peer facilitator, mentor-led Hui may be utilized to provide "as close to" peer-led discussions as possible. Mentor-led Hui groups are facilitated by staff members but utilize many peer sharing facilitation techniques to produce a peer-to-peer learning environment. Mentor-led facilitation is most often used when Family Hui partners with other agencies/organizations, such as the Family Court (Zero to Three Court) system, Head Start and Early Head Start, and the YMCA Come...With Me program's families.

Hui groups help parents be their best selves by providing them a safe environment to share and learn while developing a network of support in their own community. Family Hui incorporates the Center for the Study of Social Policy's Strengthening Families Protective Factors as the foundation for all of its' peer-to-peer and mentor-led Hui programs. Hui families build relationships by sharing real struggles and experiences. Families rely on the Family Hui Embracing `Ohana participant notebooks (Hui in Bloom-prenatal, Infant & Toddler, and Preschool curricula) of solid science based knowledge to help guide them in their discussions and increase their resiliency, child development knowledge, and parenting strategies. Combined, these protective factors lead to increased well-being of the whole family, help to reduce pre-term births, reduce post-partum depression, and prevent child abuse and neglect.

In summary, **Hui is parents helping parents**. It takes a village to raise a child. Hui helps families find their tribe. Hui groups are neighborhood based, bringing families with similar challenges together with the common desire to do their best for their children. Participant evaluations of the Hui programs show that +90% of Hui families will continue to meet with all or some of their Hui after the 10-12 week program is completed, often supporting each other throughout their children's adolescent years. Hui offers the opportunity for families to develop into leaders in their community by volunteering to be trained and lead a new Hui so that more families can participate. Some have grown to take on leadership roles with other community based programs, Family Hui Hawaii volunteer peer facilitator mentor, Advisory Council member, Board of Directors member, and staff members.



**3. Describe the target population to be served; and**

Family Hui aims to be a “first contact provider” to young parents, especially first-time parents, who have children, prenatal-5 years, who need the most support. 61.4% of perpetrators in Hawaii self-report that the major factor precipitating abuse was an “INABILITY TO COPE WITH PARENTING RESPONSIBILITY.”<sup>16</sup> If we want to protect our children, we need to strengthen their parent’s capacity to cope with the stress and give them the strategies and knowledge to raise them so children can thrive.

Families with LOW-MODERATE incomes are more likely to have incidences of child abuse and neglect and experience these stressors with greater INTENSITY, increasing their need for parenting support. Family Hui Hawaii works with families in the First Circuit Family Zero to Three Court with confirmed cases of abuse/neglect, families living in public housing (The Towers at Kuhio Park, Mayor Wright) and surrounding areas, and families near/under the 200% poverty line through partners such as the YMCA and Head Start programs. These account for approx. 66% of families that Family Hui serves each year. Family Hui programs are available at no cost to families. Families contribute to the program by volunteering to become trained as peer group leaders, personally inviting their friends and others to the program, or making a small donation of their choosing. Family Hui intentionally focuses recruiting efforts to families of low-moderate income or immigrant populations but the program is available to anyone who wants to join, regardless of income. Child abuse and neglect happens across all socio-economic groups and Family Hui believes all families want to do their best for their children.

**4. Describe the geographic coverage.**

Family Hui Hawaii would like to partner with the State of Hawaii to offer Hui groups statewide. Family Hui groups have been active on Oahu, Maui, Lanai, and are just beginning on Kauai. Growing interest in Hui groups continue to climb on all islands. Initial efforts to start groups in Hilo, Kona, and Molokai have been taken but the groups have not started yet

Hui programs are highly cost effective, material costs are minimal and do not require brick and mortar facilities to run the program. Hui groups meet in public parks, recreation centers, private homes, and partner agency facilities. While Hui does not have fixed costs such as rent and utilities, it does rely heavily on staff members to generate interest in the program, recruit and train volunteer peer facilitators, and coordinate the membership of the groups (reliant on having enough families in the same area who can meet at the same weekly time for 3 months). Most activity can be run by Oahu based staff members but Hui groups work best when there is an on-island coordinator to help with communication and support the groups. The proposed budget includes compensation for the on-island coordinators that would be activated when

<sup>16</sup> A Statistical Report on Child Abuse and Neglect in Hawaii (DHS CPSS). 2017.

there are enough families interested in a Hui and enough volunteer group leaders to justify the position. If the GIA is awarded, Family Hui will be able to transition a part-time staff member to full-time and expand her responsibilities to include the supervision and support of the Neighbor Island Hui groups.

### **III. Service Summary and Outcomes**

*The Service Summary shall include a detailed discussion of the applicant's approach to the request. The applicant shall clearly and concisely specify the results, outcomes, and measures of effectiveness from this request. The applicant shall:*

**1. Describe the scope of work, tasks and responsibilities;**

Family Hui Hawaii will work with families with young children (prenatal – 5 years) to:

- strengthen their parenting skills
- increase their knowledge of typical early childhood development
- build protective factors against child abuse and neglect
- promote healthy developmental outcomes of children
- assist parents with developmental screening of their children

State Funds of \$64,994 requested will allow Family Hui Hawaii to reach 184-274 parents/caregivers/children of at least 80 families attending Hui Play Days, workshops, or placed in a peer-led or mentor-led Hui group meeting 10-12 times each. Activities to support these families include:

1. Planning & Hosting (6) Family Hui Hawaii public family events such as parent-child Play Days in the park and/or parenting workshop to engage potential and wait-listed families in developmentally appropriate parent-child activities, parenting strategies, and child development knowledge
2. Participating in (6) community early childhood events such as community resource fairs and conferences. Family Hui will partner with agencies like Easter Seals, Ka Paalana Transitional Shelter, Kamalapua o Koolau, Prevent Child Abuse Hawaii, the Departments of Health, Human Services, and Education, etc... Community groups provide the venue and host marketing of the event and Family Hui provides parent-child activities to engage families and generate interest in the Hui program.
3. Train at least (10) volunteer peer facilitators. Parents volunteer to be trained as peer facilitators for their Hui. Peer facilitators receive a Group Leader manual, 4 hours of training on facilitation, conflict resolution, protective factors, child abuse and neglect, and how to use the Family Hui Embracing Ohana curriculum and discussion questions. Staff members check in with peer facilitators throughout the 10-12 week program.

Activities #1-3 measurement of progress: Continued recruitment of 10-15 new interested families per month on a wait list to be in a Hui group. Partnerships are also sought with other agencies for referrals or mentor-led Hui such as Head Start, YMCA, the DOH, DHS, DOE, and the Judiciary. Partners provide access to their families,



provide a location to meet, and a mentor when appropriate. Families are placed on a waitlist according to their desired geographic location and age of child. While families wait until a group can be formed, they are supported through Family Hui Hawaii hosted events/workshops and are offered opportunities to complete developmental screening with staff or online.

4. Visit each Hui group 2-3 times during the 10-12 week program.
5. Completion of (80+) child developmental screening: Family Hui will invite all families within reach (waitlisted families, in a Hui, alumni, through partners, online or in person) to complete a developmental screen on their child. Family Hui will work with parents to complete the screen, score, share the results (only with permission of the family) and provide support and referral services to the Department of Health Early Intervention if needed.
6. To reach 184-274 parents/caregivers/children placed in a Hui peer or mentor-led discussion group, Activities #1-3 are followed to have enough participants on the waitlist. It takes a large waitlist to find families who have the same age children, in the same neighborhood, with compatible schedules for 10-12 weeks, and find and train a volunteer parent to lead the group. Family Hui will continue to perform these activities until a minimum of 184 individuals are placed in peer-to-peer or mentor-led Hui parenting support groups in the State of Hawaii.
7. We expect to have a minimum of 500 individuals attend activities #1-3 (workshops, play day events, Hui groups) within the year.
8. Evaluations: All participants will be asked to complete a pre & post survey to measure the growth of protective factors during the program using the validated Protective Factors Survey.<sup>17</sup>
9. Other activities include on-going updates to the Group Leader manuals, Embracing Ohana participant notebooks (curricula) and finding resources and practical activities related to specific topic needs for the Hui group, its facilitators and Hui families.

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<sup>17</sup> FRIENDS National Resource Center for Community-Based Child Abuse Prevention in partnership with the University of Kansas Institute for Educational Research & Public Service through funding provided by the US Department of Health and Human Services

***Provide a projected annual timeline for accomplishing the results or outcomes of the service;***

A detailed timeline chart of activities is listed in Table 1 (page 17). It represents an estimated time of delivery to reach 184-274 individuals throughout the State of Hawaii. While Hui services are open to all community members, recruitment efforts and agency partnerships are focused on economically or socially disadvantaged communities.

Hui groups require a large wait list of families in order to coordinate them into neighborhood Hui groups of 5-10 families each because of age, geographic, and family schedule requirements. Therefore, the timeline of recruitment activities occur earlier before participation in a Hui and evaluations can occur. Activities #1-3 have a dual purpose: 1) to provide parenting or child development education to families and children and 2) share Hui programs and sign up new families on the wait list for a Hui group:

1. 6 FHH sponsored events/workshops rotated throughout Oahu to reach more families, 2 each in the 1st-3rd quarters of the grant time period and as needed in Quarter 4.
2. 6 community fairs/workshop presentations, 1 every other month
3. 10-15 new families will be added to the waitlist each month (30 per quarter)
4. 12 Peer Facilitator trainings, approximately 1 per month (total # to be trained = 13 parents leading a Hui group)
5. Child developmental screening will begin in Quarter 1 and will continue until the end of the grant period. ASQ-3 (developmental) and ASQ-SE (social emotional) are conducted by staff at the 4th or 5th meeting of a Hui and therefore begin with smaller quantities in Quarter 1 with increases in Quarters 2,3, & 4.
6. When a Hui meets for the 1st of 12 sessions, adults will be asked to complete the Pre participation survey to get a baseline of protective factors in their family.
7. Post evaluations will not be completed until the 10th-12th session. More adults will complete the Pre than the Post participation survey which is reflected on the timeline and list of activities.
8. By the end of the grant period, we hope to have at least 20 adults that completed the pre & post (matched) participation surveys to measure the effectiveness of the program.
9. Placement into Hui groups will begin as soon as there are enough families meeting the criteria to start the group. At least 184 parents/caregivers/children will participate in a Hui group, starting with less #s in the 1st Quarter as staff members focus on recruiting and increasing in Quarters 2,3, and 4.
10. Participants are counted towards the 500 individuals if they attend FHH sponsored events/workshops, or participate in Hui activities at community events/workshops, or enrolled in a Hui group.

**TABLE 1. PROPOSED TIMELINE OF ACTIVITIES & DOCUMENTATION**

<b>Activities per Quarter</b>	<b>1st Quarter</b>	<b>2nd Quarter</b>	<b>3rd Quarter</b>	<b>4th Quarter</b>	<b>Total</b>
1. 6 Community Resource Fairs /Conferences / Wokshops / Events	2	2	2		6
2. 6 FHH sponsored Events / Workshops	1	2	2	1	6
3. 120 Families added to the Wait List	30	30	30	30	120
4. 12 Peer Facilitator Trainings (to train 10-15 volunteer Peer Facilitators that start a Hui)	3	3	3	3	12
5. 80 Developmental Screenings (ASQ-3 or ASQ-SE)	10	25	25	20	80
6. 50 Pre-participation Surveys	15	15	10	10	50
7. 30 Post Participation Surveys	5	8	8	4	25
8. 20 Matched Pre/Post Surveys	0	5	10	5	20
9. 184 parents/caregivers/children placed in a Hui group	36	52	52	44	184
10. 500 parents/caregivers/children participating in a Hui activity at community or FHH events or enrolled in a Hui group	125	125	125	125	500

<b>List of Activties</b>	<b>Substantiating documentation</b>
1. 6 Community Resource Fairs /Conferences / Wokshops / Events	Flyer or promotional material of event or email correspondence with organizer of FHH participation, sign in sheet of participants
2. 6 FHH sponsored Events / Workshops	Flyer or promotional material of event, sign in sheet of participants
3. 120 Families added to the Wait List	Printout of new families added to the waitlist from database
4. 12 Peer Facilitator Trainings (to train 10-15 volunteer Peer Facilitators that start a Hui)	Signed confirmation of training attendance on Peer Facilitator paperwork
5. 80 Developmental Screenings (ASQ-3 or ASQ-SE)	Printout of developmental screens completed from online screening portal
6. 50 Pre-participation Surveys	Printed summary of survey monkey respondent #s
7. 30 Post Participation Surveys	Printout of survey monkey respondent #s
8. 20 Matched Pre/Post Surveys	Spreadsheet of matched Pre/Post surveys identified by # (not name)
9. 184 parents/caregivers/children placed in a Hui group	Roster and Peer Facilitator's signature acknowledging membership & attendance
10. 500 parents/caregivers/children participating in a Hui activity at community or FHH events or enrolled in a Hui group	Summary of sign in sheets from Activities #1,#2, #4, and initial rosters of Hui groups as they start the program

**2. Describe its quality assurance and evaluation plans for the request. Specify how the applicant plans to monitor, evaluate, and improve their results; and**

Outcomes are based on the development of the CSSP Strengthening Families Protective Factors proven to prevent child abuse and neglect, measured by the Pre & Post program participation survey developed by the FRIENDS National Resource Center for Community-Based Child Abuse Prevention. The survey is the most prevalent method of evaluation to measure the growth of protective factors within families. Family Hui Hawaii is currently receiving Technical Assistance from the Hawaii Children's Trust Fund to ensure that the Pre & Post surveys are conducted and analyzed in alignment with the evidence based model.

In addition to the Protective Factors survey questions, Family Hui asks parents to share their experiences in the Hui program. They are asked if they intend to continue meeting with members of the Hui after the program is complete and if they would recommend the program to others. An open-ended section for comments allows families to provide any feedback they have for the Hui program.

At the completion of the Hui 12 week discussion series, families are asked if they would like to volunteer to be a peer facilitator for a new Hui group. Each volunteer provides approximately 40 hours of their time devoted to training and leading their fellow Hui members. The number of families who express willingness to be trained and lead a Hui group is a good indicator of the quality of their experience in a Hui. Once volunteers complete the training and the 12 week Hui program, they are invited to provide feedback at special semi-annual gatherings of alumni peer facilitators to help improve the program.

FHH will complete at least 80 child developmental screenings to identify children that may have developmental delays. Monitoring of the progress on the developmental screens are organized through an online system that the developers of the ASQ developmental screens created. As a result, more children will be on track for healthy development as parents understand when concern is warranted, get resources to support areas needing growth, and are referred to early intervention services when needed.

Please refer to Table 1. Proposed Timeline of Activities and Documentation (page 17) for a list of documents that will be provided to help the State agency monitor the progress of the grant activities.



4. *List the measure(s) of effectiveness that will be reported to the State agency through which grant funds are appropriated (the expending agency). The measure(s) will provide a standard and objective way for the State to assess the program's achievement or accomplishment. Please note that if the level of appropriation differs from the amount included in this application that the measure(s) of effectiveness will need to be updated and transmitted to the expending agency.*

Family Hui Hawaii estimates that at least 75% of parents who complete the program and fill out both the pre and post participation surveys will indicate an increase in the following protective factors:

1. Resilience: coping with the stress of parenting young children
2. Social Connections: building relationships to support each other when things are tough – sharing parenting challenges and concerns as well as celebrating the joys and successes of their children and parenting journey together
3. Concrete supports in Times of Need: building their knowledge of resources to seek help when needed
4. Knowledge of Parenting Strategies and typical Child Development: building their toolkit of parental strategies and expectations of children's behaviors appropriate to the developmental stages in children's growth
5. Social and Emotional Competence of Children: increasing parental knowledge of how to support social emotional development and opportunities for children to practice social skills with other children their age

In addition, all grant activities will be monitored quarterly against the timeline provided in Appendix A and reported following the requirements of the Department of Health, Maternal and Child Health Branch, Department of Human Services Child Welfare or Department of Education/Executive Office of Early Learning or other assigned State agency.

## **IV. Financial**

### **Budget**

1. *The applicant shall submit a budget utilizing the enclosed budget forms as applicable, to detail the cost of the request.*
  - a. *Budget request by source of funds ([Link](#))*
  - b. *Personnel salaries and wages ([Link](#))*
  - c. *Equipment and motor vehicles ([Link](#))*
  - d. *Capital project details ([Link](#))*
  - e. *Government contracts, grants, and grants in aid ([Link](#))*

SEE ATTACHMENTS – BUDGET SHEETS

2. *The applicant shall provide its anticipated quarterly funding requests for the fiscal year 2020.*

Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total Grant
\$16,249	\$16,248	\$16,249	\$16,248	\$64,994

3. *The applicant shall provide a listing of all other sources of funding that they are seeking for fiscal year 2020.*

Secured funding for Fiscal Year 2020:  
Hawaii Children’s Trust Fund \$40,000

Funds being sought for Fiscal Year 2020 (pending):  
City and County of Honolulu Grant in Aid: \$125,000  
Other private foundations: \$25,000

4. *The applicant shall provide a listing of all state and federal tax credits it has been granted within the prior three years. Additionally, the applicant shall provide a listing of all state and federal tax credits they have applied for or anticipate applying for pertaining to any capital project, if applicable.*

NOT APPLICABLE

5. *The applicant shall provide a listing of all federal, state, and county government contracts, grants, and grants in aid it has been granted within the prior three years and will be receiving for fiscal year 2020 for program funding.*

- 2016-2017 Contract No. CT-DCS-1700016 (City and County of Honolulu Grant in Aid)
- 2018-2019 Contract No. CT-DCS-1900020 (City and County of Honolulu Grant in Aid)

Four years ago, Family Hui Hawaii received a grant-in-aid from the State legislature in Fiscal 2014-2015 however, the contract was not executed until the very end of Fiscal 2015 granting an extension into 2015-2016 (Fiscal 2014-2015 funds).

Fiscal 2020 program funding is **not** secured from a federal, state, or county government contract, grants, or grant in aid. We have **applied** for a City and County of Honolulu grant in aid for 2019-2020 but it is unknown at this time if it will be awarded.

6. *The applicant shall provide the balance of its unrestricted current assets as of December 31, 2018.*

Current assets as of 12/31/2018 is \$54,099.33

## **V. Experience and Capability**

### **1. Necessary Skills and Experience**

*The applicant shall demonstrate that it has the necessary skills, abilities, knowledge of, and experience relating to the request. State your experience and appropriateness for providing the service proposed in this application. The applicant shall also provide a listing of verifiable experience of related projects or contracts for the most recent three years that are pertinent to the request.*

#### **Organization & Program History**

The Hui peer parenting support framework has successfully supported the prevention of child abuse and neglect and the promotion of healthy child development in Hawaii for 32 years beginning with The Baby Hui, Lead4Tomorrow dba Family Hui (while Family Hui Hawaii applied for 501(c)3 status), and Family Hui Hawaii. The Hui peer-to-peer model is being used in Hawaii, California, Tanzania and Kenya. Family Hui Hawaii is the only agency in Hawaii offering true **peer-to-peer** parenting and early childhood support groups of families prenatal to age 5 years where discussions are led by a parent who is also a participant in the group.

#### **The Hui environment requires specialized knowledge of staff members**

The Hui model is very flexible in being able to deliver content in a way that is more likely to be accepted by participants if staff members have the capacity to adapt the program to meet the needs of specific groups and populations. For example, our work with economically/socially disadvantaged families like the Lanai Kosraean families was successful because the peer leader & staff were able to make content relatable and delivered in a way that did not make families feel judged because of cultural differences.

Similarly, Family Hui's work with the Zero to Three (ZTT) Court of the First Circuit in Kapolei has been successful because of the ability of staff to lead discussions that feel as close to peer-led as possible when a peer leader is not available. Faye Kimura, the Principal Investigator of the University of Hawaii William S. Richardson School of Law says,

"The Hui teams have been remarkable in helping parents and caregivers feel comfortable and safe during these activities, which could be in less skillful hands, a serious challenge given the histories of trauma nearly all of the ZTT families have experienced and the fear of failure that burdens many of these parents (all participants have confirmed cases of child abuse and neglect). Most Hui teachers are themselves mothers of young children and by sharing stories about their own children they strengthen this common connection to the ZTT parents and caregivers. It is in such an environment that genuine learning has been occurring."

Staff members have been running Hui groups since 2014 under Family Hui Hawaii and Lead4Tomorrow dba Family Hui. Since then Family Hui Hawaii has enrolled over 900

families in a Hui peer parenting group, trained 140 group leaders, and has assisted parents complete over child developmental screens. The majority of these Hui groups have been on Oahu and Maui, with a stable group of immigrant families on Lanai, and a new presence on Kauai.

Family Hui was able to develop and tailor the mentor-led program to meet the specific needs of economically or socially disadvantaged groups when needed such as with the Lanai Kosraean community Hui, the Oahu Family Drug & Zero to Three Court Hui groups, and the YMCA Come With Me clientele (mostly Micronesian and immigrant Chinese families living in or near public housing). Family Hui continues to work with these groups, beyond the 12 sessions because their needs are so great and new members join throughout the year. The Lanai public health nurse & the community pastor, as well as from the social workers from the court system have all been very positive, saying that "Hui has helped us deliver much needed messages to families in a way that is more likely to be accepted by them."

In 2017-2018, Family Hui Hawaii developed and piloted an innovative program that increases family engagement in children's learning and partnerships in the school. Now in its second year, the Hui at School program is being implemented and expanded with families from Honolulu Community Action Program's (HCAP), Oahu's largest provider of Head Start programs who only serve families that are economically disadvantaged. In addition, Family Hui Hawaii is currently working with the State Early Childhood Action Strategy to develop a parent guide for families on strategies to be engaged with their child's learning and in partnership with their child's early learning programs.

**Relevant contracts and grant experience:**

Family Hui Hawaii staff members have experience with State and City contracts having completed successful competitive contracts such as:

- Contract No. GOV-EOEL-2014-02-SW (Statewide Coordination and Facilitation of an Integrated Early Childhood Development and Learning System) under Lead4Tomorrow dba Family Hui
- Contract No. EX D15-029 / C010596 (State GIA – DOE for Statewide Family Engagement Workshops) under Family Hui Hawaii (2014-2015 GIA funds)
- Contract No. CT-DCS-1700016 (City and County of Honolulu Grant in Aid) under Family Hui Hawaii (2016-2017) Peer Parenting Support for Oahu families
- Contract No. CT-DCS-1900020 (City and County of Honolulu Grant in Aid) under Family Hui Hawaii (2018-2019) Peer Parenting Support for Oahu Families

Family Hui Hawaii has experience running Hui programs under grants from the Atherton Family Foundation, the Frost Family Foundation, the Women's Fund Hawaii and the Hawaii Children's Trust Fund, and the Samuel N. & Mary Castle Foundation.

Similar outcomes have been achieved in prior work. The following are outcomes from participant evaluations of work completed for the State GIA in 2014-15 listed by % of families that indicated an increase in protective factors: Resilience: 88% Social Connections: 96% Concrete Supports in Times of Need: 76% Knowledge of Parenting & Child Development: 83% Social & Emotional Competence of Children: 85%



## 2. Facilities

*The applicant shall provide a description of its facilities and demonstrate its adequacy in relation to the request. If facilities are not presently available, describe plans to secure facilities.*

NOT APPLICABLE: Family Hui Hawaii runs on a lean budget and does not require brick and mortar facilities to provide the Hui program. Staff members work with families where families are – in parks, in their homes, at community recreation centers, and at community partner agencies facilities. All staff members work from their homes and telecommute.

## **VI. Personnel: Project Organization and Staffing**

### 1. Proposed Staffing, Staff Qualifications, Supervision and Training

*The applicant shall describe the proposed staffing pattern and proposed service capacity appropriate for the viability of the request. The applicant shall provide the qualifications and experience of personnel for the request and shall describe its ability to supervise, train and provide administrative direction relative to the request.*

Hui is highly cost efficient, run by a small staff, dependent on volunteers, without fixed costs of rent and associated expenses such as utilities. Program materials are minimal and purposefully kept simple. We work where families are (parks, homes, partner facilities) and staff members telecommute allowing us to allocate \$s to programming costs instead of overhead.

Volunteer Peer Facilitators invest approximately 40 hours each to be trained, host and lead Hui discussions. We estimate having to train 10-15 peer facilitators with 10-13 eventually leading a Hui group to reach our goal of enrolling 80 families in a Hui. Total volunteer hours of the 10-13 peer facilitators is approximately 400-520 hours. Valued at \$20/hr (salary+payroll expenses), they provide a savings of \$8,000 to \$10,400 that is not reflected on the budget as these expenses would be in addition to the \$64,994 requested but they are essential to meet the proposed deliverables. Peer Facilitator stipends are included in the budget as Program Expenses at \$100 per peer facilitator on Oahu and \$200 per facilitator on Kauai, Maui County, and Hawaii islands. The stipends are budgeted as an honorarium to thank them for their time and cover any small expenses they incurred to host and create a culturally appropriate environment for the Hui sessions.

Lack of fixed costs and the great number of volunteer hours allow Family Hui Hawaii to run the program with a lean but efficient staffing pattern with staff members focusing their time on outreach, recruitment of participants and peer facilitators, training, support of groups, partnerships with other service agencies and programs, developmental

screening, and evaluation. Most grant activities are conducted by a small Oahu based staff that enlists on-island coordinators to support neighbor island groups.

**Oahu Based Staff:**

**Family Program Manager / Oahu Participant Coordinator (FTE=0.80 with 10% staffing time allocation)**

The primary responsibility of the Family Program Manager (FPM) is to manage the quality of the Hui program experience for all families who enroll in a Hui peer program and to ensure that the program experience meets its goals and objectives. The FPM also serves as the Oahu Participant Coordinator (Oahu PC) recruiting and coordinating families into Hui groups based on their child's age, their neighborhood, and their family schedules. As Oahu has the most participants, the Oahu PC provides leadership input as well as backup support to all neighbor island participant coordinators. The current staff member has over 20 years of experience working with families, is a certified natural childbirth educator, doula, and has been a Hui family participant, volunteer peer facilitator, and a reliable Family Hui staff member in her position since Family Hui began.

**Outreach / Peer Group Leader / Neighbor Island Supervisor (FTE=1.0 with 25% staffing time allocation)**

Primary Responsibilities include program outreach to recruit new families into the program, training and providing support to Family Hui's many volunteer Peer Facilitators, assisting with developmental screening, and managing all Neighbor Island Hui groups with assistance from on-island neighbor island Participant Coordinators. The Family Program Manager / Oahu Participant Coordinator and the Outreach / Peer Group Leader / Neighbor Island Supervisor work closely together to ensure that families are receiving a high quality experience through the programs. The current staff member holds a Master's Degree, is a licensed resource caregiver (foster parent), and has experience running an emergency shelter for birth-3 year old children. If the grant in aid is awarded, the current part-time staff member will extend her hours to full-time.

**Program Development & Assessment Specialist (FTE=.5 with 10% staffing time allocation)**

Primary responsibilities include managing the developmental screening and monitoring functions of Hui program services, pre and post evaluations, and content development for curriculum as well as assist with staffing Hui sponsored play days/workshops and community events. The current staff member has a Master's Degree in Early Childhood Education with an emphasis in integrated curriculum design and is certified by the Department of Education to teach primary and early childhood education.

**Executive Director / Community Partnerships Coordinator (FTE=1.0 with 5% staffing allocation)**

Primary responsibilities include oversight of the program quality, program delivery, operational, and reporting functions as well as developing partnerships and collaborating with other agencies and organizations that serve families and young children. The Executive Director also assists in all Hui activities such as developmental screening, peer facilitator training, evaluation collection and analysis, and Hui sponsored events/workshops and community events. The current staff member has a Master's Degree in Early Childhood Education with an emphasis in early childhood development and family engagement, is certified to teach preschool school aged children, and has an extensive background in private sector business management and working with families.

All Oahu staff members work closely together and assist each other to support all grant activities. All staff members actively serve on the State Early Childhood Action Strategy teams to improve outcomes for all of Hawaii's keiki.

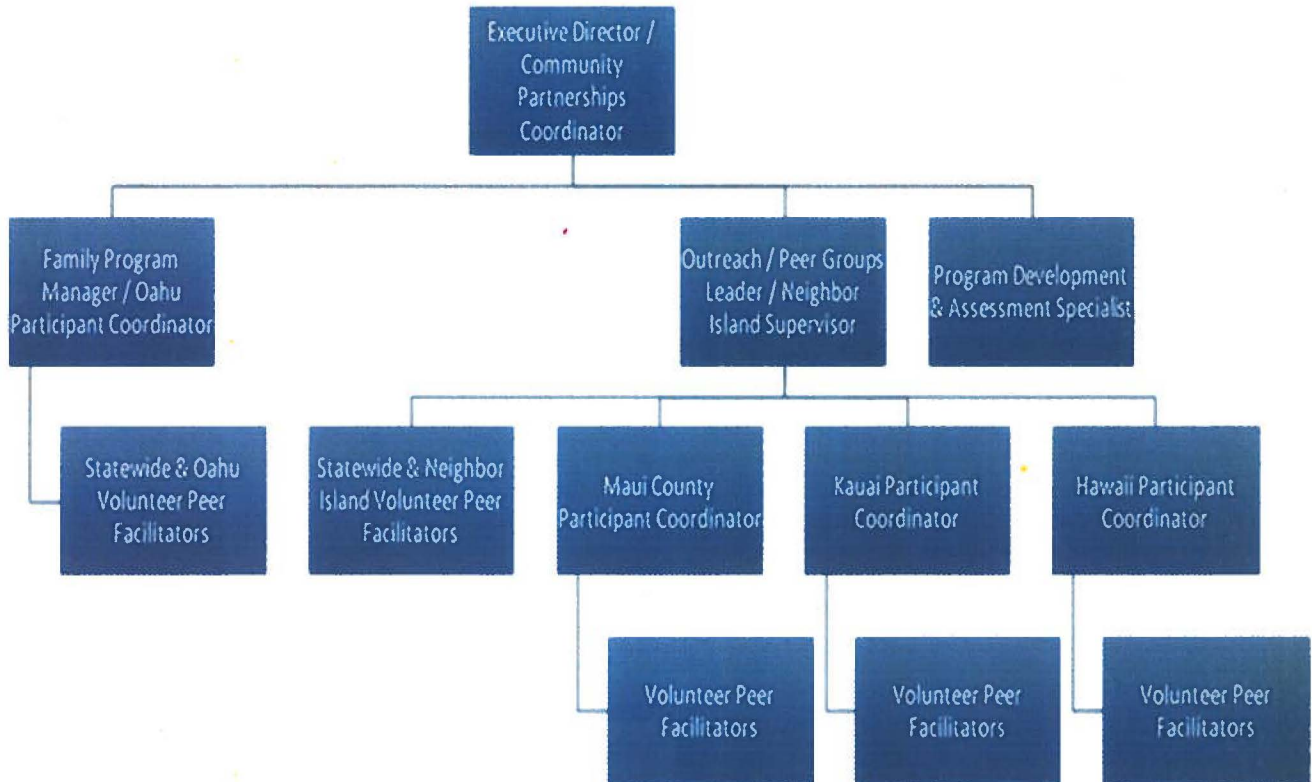
**On-island Participant Coordinators for Neighbor Islands**

Oahu staff members perform most of the preliminary activities to generate interest and partnerships with other organizations on neighbor islands before an on-line participant coordinator is placed to help recruit and train peer facilitators and organize Hui groups. Each island is unique and the demand for Hui is growing. Neighbor island participant coordinators report to the Neighbor Island Supervisor based on Oahu.

- **Maui County Participant Coordinator:** Family Hui has been working on Maui for several years and has a steadily growing participant base and on-island participant coordinator located on Maui. Family Hui staff members have been working with the Kosraean community on Lanai, partnering with a public health nurse and local church pastor to serve this unique group of families. Family Hui would like to expand its reach in Lanai, make connections on Molokai, and sustain the program on Maui.
- **Kauai Participant Coordinator:** Family Hui is currently recruiting interested families and volunteer group leaders. If this request is funded, we hope to work with our Kauai partners to identify an on-island coordinator to help us support Kauai Hui groups.
- **Hawaii Participant Coordinator:** Family Hui staff members have developed initial connections to other service agencies in Hilo and Kona and are currently recruiting volunteer group leaders and interested families.

**2. Organization Chart**

*The applicant shall illustrate the position of each staff and line of responsibility/supervision. If the request is part of a large, multi-purpose organization, include an organization chart that illustrates the placement of this request.*



**3. Compensation**

*The applicant shall provide an annual salary range paid by the applicant to the three highest paid officers, directors, or employees of the organization by position title, not employee name.*

The annual salary range paid by Family Hui to the three highest employees was:

- Outreach / Peer Groups Leader (part-time): \$20,000-\$24,000
- Family Program Manager / Oahu Participant Coordinator: \$40,000-\$45,000
- Executive Director / Community Partnerships Coordinator: \$55,000-\$59,000



## **VII. Other**

### **1. Litigation**

*The applicant shall disclose any pending litigation to which they are a party, including the disclosure of any outstanding judgement. If applicable, please explain.*

NOT APPLICABLE

### **2. Licensure or Accreditation**

*The applicant shall specify any special qualifications, including but not limited to licensure or accreditation that the applicant possesses relevant to this request.*

NOT APPLICABLE

### **3. Private Educational Institutions**

*The applicant shall specify whether the grant will be used to support or benefit a sectarian or non-sectarian private educational institution. Please see [Article X, Section 1, of the State Constitution](#) for the relevance of this question.*

NOT APPLICABLE

### **4. Future Sustainability Plan**

*The applicant shall provide a plan for sustaining after fiscal year 2019-20 the activity funded by the grant if the grant of this application is:*

- (a) Received by the applicant for fiscal year 2019-20, but*
- (b) Not received by the applicant thereafter.*

The benefits that families receive and the testimonies they share are a great example of program sustainability. Each year, the Hui program receives the majority of new families through referrals from past participants. Interest is high and keeps growing, adding approximately 300 families to the wait list each year. Continued referral growth allows Family Hui to focus efforts where recruitment is difficult such as economically/socially disadvantaged populations.

In addition, 96% of Hui participants indicate on their evaluation surveys that they intend to keep in touch with their fellow Hui members. Many Hui groups continue meeting informally for years after their formal 12 week Hui is completed. These families continue to support each other throughout their children's adolescence, strengthening their communities, and continue to refer new families to join a Hui as their friends, co-

workers and families have babies. The program is well-loved and sustainable as Hui alumni say, "Having a baby? Join a Hui – it's just what you should do."

In terms of financial sustainability, plans to provide services beyond the applicable grant include:

- Annual strategic planning with board members, staff, and volunteers
- Developing partnerships with other public service agencies to provide wrap-around services for families to expand our reach and increase referrals
- Seeking innovative adaptations of the Hui framework and curriculum content to meet the needs of different stakeholders including families with older children, children with special needs, and health issues like childhood obesity and social emotional competence as well as seeking appropriate funding for them
- Expanding fee for service Hui parenting groups in private sector corporations
- Partnering with private corporations/foundations who are interested in programs that the community can begin to take ownership of instead of programs that require institutional delivery
- Refining our leadership pathways for volunteers starting with leading a Hui group, providing input on programming, mentoring new volunteers, and serving on leadership advisory or Family Hui Hawaii Board of Directors
- Continuing our relationship with past participants by inviting them to volunteer or attend events/workshops hosted by Family Hui
- Annual fundraiser to generate support for administrative expenses

In the past, Family Hui Hawaii has had private funding to support Hui groups on Maui. However, as private funders often like to fund new projects, support for new groups on Maui have been limited. Family Hui was able to continue having a presence on Maui with the help of volunteers and reserve administrative funds. However, there have been decreases in the number of groups we have been able to run and momentum has slowed. State funding is needed to provide prevention programs which are less expensive than intervention programs. State funding would allow us to build up a core group of volunteers on neighbor islands to keep the Hui going in the absence of funding beyond the grant period.

Hui peer parenting programs are inexpensive and highly effective in supporting parents to raise healthy children. With a mixed foundation of private and public support, the programs have a bright future.

## BUDGET REQUEST BY SOURCE OF FUNDS

Period: July 1, 2019 to June 30, 2020

Applicant: Family Hui Hawaii

BUDGET CATEGORIES	Total State Funds Requested (a)	Total Federal Funds Requested (b)	Total County Funds Requested (c)	Total Private/Other Funds Requested (d)
<b>A. PERSONNEL COST</b>				
1. Salaries	28,446		88,020	29,150
2. Payroll Taxes & Assessments	4,267		10,175	3,209
3. Fringe Benefits	6,543		6,858	4,100
<b>TOTAL PERSONNEL COST</b>	<b>39,255</b>		<b>105,053</b>	<b>36,459</b>
<b>B. OTHER CURRENT EXPENSES</b>				
1. Airfare, Inter-Island & Travel	6,300		0	1,931
2. Insurance	3,768		0	1,882
3. Lease/Rental of Equipment	0			0
4. Lease/Rental of Space	0			0
5. Staff Training	0		4,680	141
6. Supplies	6,470		4,179	4,100
7. Telecommunication	275		755	355
8. Utilities	0			0
9 Participant Database & Website	250		3,436	750
10 Evaluation	500		2,500	750
11 Accounting/Human Resources	3,790		2,000	1,661
12 Background Checks	488		175	150
13 Translation and Interpretation	250		175	150
14 Workshop/Play Day Facility Fees	0		400	200
15 Peer Facilitator Stipends	2,600		730	706
16 File sharing	223		200	148
17 Meetings	500		500	424
18 Business Fees	200		142	137
19 Postage	125		75	56
Volunteer Time (Peer leaders) 520 hours valued at \$20/hr	10,400		75	56
<b>TOTAL OTHER CURRENT EXPENSES</b>	<b>36,139</b>		<b>20,022</b>	<b>13,597</b>
<b>C. EQUIPMENT PURCHASES</b>				
<b>D. MOTOR VEHICLE PURCHASES</b>				
<b>E. CAPITAL</b>				
<b>F. VOLUNTEER TIME (Peer leaders) 520 hours valued at \$20/hr</b>	<b>(10,400)</b>			
<b>TOTAL (A+B+C+D+E+F)</b>	<b>64,994</b>		<b>125,075</b>	<b>50,056</b>
<b>SOURCES OF FUNDING</b>		Budget Prepared By:		
(a) Total State Funds Requested	64,994	Cherilyn Shiinoki 808-392-3128		
(b) Total Federal Funds Requested	0	Name (Please type or print) Phone		
(c) Total County Funds Requested	125,000	<i>Cherilyn Shiinoki</i> 1/18/2019		
(d) Total Private/Other Funds Requested	50,000	Signature of Authorized Official Date		
<b>TOTAL BUDGET</b>	<b>239,994</b>	Cherilyn Shiinoki, Executive Director		
		Name and Title (Please type or print)		





## BUDGET JUSTIFICATION - EQUIPMENT AND MOTOR VEHICLES

Period: July 1, 2019 - June 30, 2020

Applicant: Family Hui Hawaii

DESCRIPTION EQUIPMENT	NO. OF ITEMS	COST PER ITEM	TOTAL COST	TOTAL BUDGETED
Not Applicable			\$ -	0
			\$ -	
			\$ -	
			\$ -	
			\$ -	
<b>TOTAL:</b>				0
<b>JUSTIFICATION/COMMENTS:</b>				

DESCRIPTION OF MOTOR VEHICLE	NO. OF VEHICLES	COST PER VEHICLE	TOTAL COST	TOTAL BUDGETED
Not applicable			\$ -	0
			\$ -	
			\$ -	
			\$ -	
			\$ -	
<b>TOTAL:</b>				0
<b>JUSTIFICATION/COMMENTS:</b>				

## BUDGET JUSTIFICATION - CAPITAL PROJECT DETAILS

Period: July 1, 2019 - June 30, 2020

Applicant: \_Family Hui Hawaii

<b>FUNDING AMOUNT REQUESTED</b>						
TOTAL PROJECT COST	ALL SOURCES OF FUNDS RECEIVED IN PRIOR YEARS		STATE FUNDS REQUESTED	OF FUNDS REQUESTED	FUNDING REQUIRED IN SUCCEEDING YEARS	
	FY: 2016-2017	FY: 2017-2018	FY:2018-2019	FY:2018-2019	FY:2019-2020	FY:2020-2021
PLANS						
LAND ACQUISITION						
DESIGN						
CONSTRUCTION						
EQUIPMENT						
<b>TOTAL:</b>						<b>0</b>
<b>JUSTIFICATION/COMMENTS:</b>						
Not applicable						

**GOVERNMENT CONTRACTS, GRANTS, AND / OR GRANTS IN AID**

Applicant: Family Hui Hawaii

\$31,250 secured  
Contracts Total: \$125,000 pending

	<b>CONTRACT DESCRIPTION</b>	<b>EFFECTIVE DATES</b>	<b>AGENCY</b>	<b>GOVERNMENT ENTITY</b> (U.S. / State / Haw / Hon / Kau / Mau)	<b>CONTRACT VALUE</b>
1	<b>Pending Grant Application</b> for Hui Parenting Support Program	10/2019-09/2020	City and County of Honolulu Grant in Aid	Honolulu	125,000
2					Pending-not secured
3					
4	<b>Secured Grant Application</b> for Oahu Only	10/2018-09/2019	City and County of Honolulu Grant in Aid	Honolulu	125,000
5				Overlapping grant period with 2020 State GIA = 3 months or	\$31,250
6					
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