# THE THIRTIETH LEGISLATURE **APPLICATION FOR GRANTS**

# **CHAPTER 42F. HAWAII REVISED STATUTES**

	Type of G	rant Request:		
	Operating	☐ Capital		
Legal Nam Bridge Hous	e of Requesting Organization or Individual e, Inc.	: Dba:		
	Amount of State Funds Requ	ested: \$ 63,500.00		
Brief Descri	ption of Request (Please attach word documer	t to back of page if extra s	space is needed	):
more acces	e purchase of a 15 passenger transit van and a s to community-based treatment, health, finand vices and programs for residents of its Clean a	cial, judiciary, housing, wo	rkforce training a	
Amount of	Other Funds Available:	Total amount of State	e Grants Recei	ved in the Past
State:	\$	Fiscal Years: \$ 180,108.00		
adaral.	\$	Ψ		
		Unrestricted Assets:		
County: Private/Oth	\$ ner: \$	Unrestricted Assets: \$ 314,156.00	(Presently in	Operation):
County: Private/Oth	\$ner: \$ v Service (Presently Does Not Exist):   Type of Business Entity:	\$\frac{\$ 314,156.00}{\$ Existing Service}  Mailing Address:	(Presently in	Operation):
County: Private/Oth	\$	\$\frac{\$ \\$ 314,156.00}{\$ Existing Service}\$  Mailing Address: P.O. Box 2489		
County: Private/Oth	\$ner: \$ v Service (Presently Does Not Exist):   Type of Business Entity:	\$\frac{\$ 314,156.00}{\$ Existing Service}  Mailing Address:	(Presently in State:	Operation): Zip: 96740
County: Private/Oth New	\$	\$\frac{\$ \\$ 314,156.00}{\$ Existing Service}\$  Mailing Address: P.O. Box 2489  City:  Kailua Kona	State:	Zip:
County: Private/Oth New Contact P	\$	\$\frac{\$ \\$ 314,156.00}{\$ Existing Service}\$  Mailing Address: P.O. Box 2489  City:  Kailua Kona	State:	Zip:
Contact P Name: Andi Pawa	s	\$\frac{\$ \\$ 314,156.00}{\$}\$  Existing Service  Mailing Address: P.O. Box 2489  City:  Kailua Kona  tion  Title:	State:	Zip:

Authorized Signature

Name and Title

Date Signed



P.O. Box 2489, Kailua-Kona, HI 96745 Ph: 808-322-3305, Fax: 808-322-0809 bridgehousehawaii.org

# SENATE Committee on Ways and Means

Chapter 42F Grant Application Fiscal Year 2019-2020

# **Application Submittal Checklist**

The following items are required for submittal of the grant application. Please verify and check off that the items have been included in the application packet.

- 1) Certificate of Good Standing (If the Applicant is an Organization)
- 2) Declaration Statement
- 3) Verify that grant shall be used for a public purpose
- 4) Background and Summary
- 5) Service Summary and Outcomes
- ⊠ 6) Budget
  - a) Budget request by source of funds
  - b) Personnel salaries and wages
  - c) Equipment and motor vehicles
  - d) Capital project details
  - e) Government contracts, grants, and grants in aid
- 7) Experience and Capability
- 8) Personnel: Project Organization and Staffing

AUTHORIZED SIGNATURE

ANDI PAWASARAT-LOSALIO, E. D.

PRINT NAME AND TITLE

DATE



# **Department of Commerce and Consumer Affairs**

#### CERTIFICATE OF GOOD STANDING

I, the undersigned Director of Commerce and Consumer Affairs of the State of Hawaii, do hereby certify that

BRIDGE HOUSE, INC.

was incorporated under the laws of Hawaii on 11/05/1990; that it is an existing nonprofit corporation; and that, as far as the records of this Department reveal, has complied with all of the provisions of the Hawaii Nonprofit Corporations Act, regulating domestic nonprofit corporations.



IN WITNESS WHEREOF, I have hereunto set my hand and affixed the seal of the Department of Commerce and Consumer Affairs, at Honolulu, Hawaii.

Dated: January 16, 2019

Catani. P. Owal Colo

**Director of Commerce and Consumer Affairs** 

# DECLARATION STATEMENT OF APPLICANTS FOR GRANTS PURSUANT TO CHAPTER 42F, HAWAI'I REVISED STATUTES

The undersigned authorized representative of the applicant certifies the following:

- 1) The applicant meets and will comply with all of the following standards for the award of grants pursuant to Section 42F-103, Hawai'i Revised Statutes:
  - a) Is licensed or accredited, in accordance with federal, state, or county statutes, rules, or ordinances, to conduct the activities or provide the services for which a grant is awarded;
  - b) Complies with all applicable federal and state laws prohibiting discrimination against any person on the basis of race, color, national origin, religion, creed, sex, age, sexual orientation, or disability;
  - c) Agrees not to use state funds for entertainment or lobbying activities; and
  - d) Allows the state agency to which funds for the grant were appropriated for expenditure, legislative committees and their staff, and the auditor full access to their records, reports, files, and other related documents and information for purposes of monitoring, measuring the effectiveness, and ensuring the proper expenditure of the grant.
- 2) If the applicant is an organization, the applicant meets the following requirements pursuant to Section 42F-103, Hawai'i Revised Statutes:
  - a) Is incorporated under the laws of the State; and
  - b) Has bylaws or policies that describe the manner in which the activities or services for which a grant is awarded shall be conducted or provided.
- 3) If the applicant is a non-profit organization, it meets the following requirements pursuant to Section 42F-103, Hawai'i Revised Statutes:
  - a) Is determined and designated to be a non-profit organization by the Internal Revenue Service; and
  - b) Has a governing board whose members have no material conflict of interest and serve without compensation.

Pursuant to Section 42F-103, Hawai'i Revised Statutes, for grants used for the acquisition of land, when the organization discontinues the activities or services on the land acquired for which the grant was awarded and disposes of the land in fee simple or by lease, the organization shall negotiate with the expending agency for a lump sum or installment repayment to the State of the amount of the grant used for the acquisition of the land.

Further, the undersigned authorized representative certifies that this statement is true and correct to the best of the applicant's knowledge.

Bridge House, Inc.	
(Typed Name of Individual or Organization)	
(Signature)	(Date) 17/19
Andi Pawasanat - Losalio	Executive Director
(Typed Name)	(Title)

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Applicant _	Bridge House, Inc.

# **Application for Grants**

If any item is not applicable to the request, the applicant should enter "not applicable".

# I. Certification – Please attach immediately after cover page

- 1. Certificate of Good Standing (If the Applicant is an Organization)
- 2. Declaration Statement

#### 3. Public Purpose

Bridge House, Inc. is a not-for-profit organization given its (501-c-3 status by the United States Internal Revenue Service. The organization has a governing board whose members have no material conflict of interest and serve without compensation. Its Public Purpose is to provide drug and alcohol treatment and recovery services to adults who are in need of them in the West Hawaii area of the island of Hawai'i. The mission of Bridge House is: "Guided by our values of Pilina (connection), Aloha 'Āina (love of the land), Lōkahi (unity), Maluhia (peace), and Pono (virtue), we work with the client's best interest at heart to create a supportive environment during the recovery process."

# II. Background and Summary

This section shall clearly and concisely summarize and highlight the contents of the request in such a way as to provide the State Legislature with a broad understanding of the request. Please include the following:

#### 1. A brief description of the applicant's background:

Bridge House Inc. is a community-based, not for profit organization formed in 1991 by a group of professionals and community members concerned about the lack of substance abuse treatment and recovery services in the West Hawai'i area on the Island of Hawai'i. The Bridge House board and staff had the vision to create a sustainable community of health and productivity for all members of Bridge House. Thus, the mission statement of Bridge House is: "Guided by our values of Pilina (connection), Aloha ' $\bar{A}$ ina (love of the land),  $L\bar{o}$ kahi (unity), Maluhia (peace), and Pono (virtue), we work with the client's best interest at heart to create a supportive environment during the recovery process. We continually strive for self-improvement as individuals, teams and as an organization for the improved health of our clients and our community. Moku O Keawe (Island of Hawai'i) is a gift and a place like no other. By respecting the land and Hawaiian traditions, we prepare our clients for their journey through recovery from addiction to becoming mindful community contributors. Through understanding and incorporating those core values, Bridge House created a program that will assist adults in recovery from addiction to develop successful living skills through residential and vocational experiences in a safe, supportive environment.

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Bridge House has a well-respected and recognized record of success in establishing a continuum of culturally relevant substance abuse treatment and recovery support services that meet the needs of West Hawai'i Native Hawaiians and other adult substance abusers at various points in their journey toward recovery. (See website at <a href="http://www.bridgehousehawaii.org">http://www.bridgehousehawaii.org</a>).

There has been a paradigm shift over the past decade towards a trauma-informed, recovery-based system of care. SAMHSA has delineated four major dimensions that support a life in recovery: a life that exemplifies health, home, purpose and community. It has published the following definition: "Recovery from alcohol and drug problems is a process of change through which an individual achieves abstinence and improved health, wellness and quality of life."

The professional community who provide substance abuse treatment has recognized that the most successful treatment modality must be holistic in scope. Utilizing the working concept of the "therapeutic milieu," complimented by a comprehensive, fully integrated cultural and  $\bar{a}ina$ -based approach ensures that the participants are presented with multiple opportunities that enhance their treatment and recovery process. The experienced staff and their strong working connection with other community agencies and resources further facilitates clients' reunification with those in their immediate family as well as with the larger community.

Bridge House generally serves approximately 100 low-income individuals, both male and female seeking treatment and recovery services with preference given to pregnant women.

#### 2. The goals and objectives related to the request;

The goal of all Bridge House program services is to provide the necessary support and encouragement to restore Native Hawaiian and other adults in treatment for a substance abuse disorder to a state of pono (mind, body and spirit balance). This occurs in a cultural and land-based "therapeutic milieu," that allows clients outpatient treatment options, a clean and sober living environment, enhances living skills that foster the transition to independent housing and self management, assists the client to manage and improve chronic health issues, and fully prepares clients to enter and remain in the workforce or be engaged in an educational or training program as well as reentering both family and community social surroundings while remaining clean and sober.

Access to public transportation is scarce to non-existent in many areas of West Hawai'i and many of those in recovery have lost access to personal vehicles as well. Bridge House recognizes the growing need for its transportation services in order to connect clients with the array of services the program provides as well as the needed services provided by other agencies and institutions within the community.

The purpose of this Grant-In-Aid request is to support our transportation services through the purchase of a 15-passenger Ford Van valued at \$47,000.00 and a Hundai Elantra Sedan valued at \$16,500.00 for a total of \$63,500.00. These two vehicles will assist Bridge House to:

 Provide transportation to those residing in the Clean and Sober Living Program in Keauhou Mauka to its Outpatient and Intensive Outpatient Treatment offices located in Kealakekua;

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- Provide transportation to those attending Outpatient and Intensive Outpatient Treatment to the Clean and Sober Living Campus for the Cultural and Vocational activities; and
- Provide individual client transportation to health, mental health and dental
  appointments and clinics; to court dates and judiciary appointments; to
  community agency appointments; to educational and employment interviews,
  training, etc. as well as to projects that provide opportunities to be of service to
  the larger community.

#### 3. The public purpose and need to be served;

Most Hawai'i families know someone with a substance use disorder, and many know someone who has lost or nearly lost a family member as a consequence. Yet, as the Surgeon General writes in his recent report Facing Addiction in America (2016), "few other medical conditions are surrounded by as much shame and misunderstanding as substance use disorders. Only about 10 percent of people with a substance use disorder receive any type of specialty treatment. Further, over 40 percent of people with a substance use disorder also have a mental health condition, yet fewer than half (48.0 percent) receive treatment for either disorder."

Most identified in need of treatment have also embarked on a lifestyle that has led them to disengage from mainstream society/culture. Chronic substance abuse interferes with their ability to maintain health and employment; most of the individuals have either dropped out of the workforce or are unable to pass pre-employment drug-testing. They utilize the emergency room more often and are hospitalized more often. In order to maintain their addiction, many abusers must resort to a criminal lifestyle and are arrested more often. The social and economic consequences of these behaviors clearly weigh heavily on both the community and the state.

Bridge House, Inc assists West Hawai'i adults in recovery from addiction to develop successful living skills through residential and vocational experiences in a safe, supportive environment. The success of Bridge House's programs is closely tied to the collaboration of evidence- and culturally-based activities along with a greater level of recovery time for the healing of brain, body and spirit. The efficacy of each is greatly increased by the other. According to the Surgeon General's 2016 report, Facing Addiction in America, "Treatment must be provided for an adequate length of time and should address the patient's substance use as well as related health and social consequences that could contribute to the risk of relapse, including connecting the patient to social support, housing, employment, and other wrap-around services" (https://addiction.surgeongeneral.gov/). Without adequate transportation services, Bridge House clients are at risk of being unable to access all the supports that they might need on their journey to recovery.

#### 4. Describe the target population to be served;

Hawai'i is known as the health state because of the longevity of life and availability of health insurance for most. However, the indigenous people of Hawai'i have not shared in that abundance to the extent other groups have. In addition, Native Hawaiians continue to have unmet health needs that are severe and far exceed that of the general population. A

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review of collaborating data from major state of Hawai'i agencies show that Native Hawaiians make up a large percentage of those with chronic illnesses such as asthma, diabetes and obesity as well as involvement in public welfare, judiciary and public safety, all areas that generally contain a large population of clients with mental health and substance abuse issues.

Individuals on the neighbor islands tend to fare even less well than those on the island of O'ahu. In 2014-2015, nearly 45% of the admissions to ADAD-funded adult substance abuse treatment were of Native Hawaiian ethnicity. 18% of all admissions resided in the county of Hawai'i--a percentage greater than all other neighbor islands combined. (Report to the Twenty- eighth Legislature, State of Hawai'i, 2016).

Recent reports from DOH Adult Mental Health Division (AMHD) show a 60% co-occurring prevalence rate among its client population. Analysis of the data points out that Native Hawaiians are disproportionately more likely to have a co-occurring disorder than most other racial and ethnic groups (SAMHSA Policy Academy, 2012).

In addition, the target population of Bridge House's Clean and Sober Housing Program are those who are most likely to end up living on the streets without housing support. Homelessness is already a major problem on the island of Hawai'i. According to West Hawai'i Today "Hawai'i Island saw its homeless population swell by 153 people from 1,241 to 1,394 over the last year, accounting for more than 50 percent of the raw increase statewide," (2016). Bridge House supports 15 individuals for a 6-month period while they are in recovery, allowing for healing of the brain disease of addiction and helping them find more permanent clean and sober living situations through collaborations with other community organizations such as Hope Services. Each year, Bridge House serves approximately 65-70 West Hawai'i individuals seeking substance abuse treatment and recovery services.

#### 5. Describe the geographic coverage.

Bridge House is the only ADAD-funded Treatment and Housing Recovery Program for adult men and women on the rural West side of Hawai'i Island. The Bridge House administrative office is situated on 7.75 rural acres nestled *mauka* (inland) of Keauhou (See Facilities). The organization provides Clean and Sober Living facilities for approximately 38 individuals each year and Intensive and Outpatient Treatment to over 100 participants each year in the nearby town of Kealakekua. The Clean & Sober Living program is the only structured housing program for those without private insurance and with low-income needs living south of Kailua-Kona for 90 miles and north for 40 mile, a 130-mile area.

# III. Service Summary and Outcomes

The Service Summary shall include a detailed discussion of the applicant's approach to the request. The applicant shall clearly and concisely specify the results, outcomes, and measures of effectiveness from this request. The applicant shall:

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#### 1. Describe the scope of work, tasks and responsibilities;

Within the professional community of those who deal with substance abuse treatment, it has long been recognized that the most successful modality must be holistic in scope. The National Institute on Drug Abuse (NIDA) cited thirteen (13) Principles of Drug Addiction Treatment (A Research-Based Guide, National Institute on Drug Abuse, National Institutes of Health, 2013), and through its Recovery Support Strategic Initiative, the Substance Abuse and Mental Health Services (SAMHSA) has delineated four major dimensions that support a life in recovery. The goal of recovery is a life that exemplifies:

- Health--overcoming or managing one's disease(s) or symptoms—for example, abstaining from use of alcohol, illicit drugs, and non-prescribed medications if one has an addiction problem—and for everyone in recovery, making informed, healthy choices that support physical and emotional wellbeing;
- Home--a stable and safe place to live;
- **Purpose**--meaningful daily activities, such as a job, school, volunteerism, family caretaking, or creative endeavors, and the independence, income and resources to participate in society; and
- Community--relationships and social networks that provide support, friendship, love, and hope.

Bridge House has developed a holistic, culturally based continuum of treatment and recovery services and activities to meet the needs of each client it serves. Traditional treatment approaches and programs tend to utilize a cognitive-behavioral and education approach. There is very little focus on the spiritual needs and growth of the individual. Yet, a recent research article, "Addiction and Cognition," suggests that the most prominent cognitive deficits seen during early to mid-recovery are in the areas of: working memory, cognitive flexibility, attention, and impulse control. With such cognitive impairments, it is not surprising that some of the cognitively based treatment approaches may not be effective for a number of clients. Of note, however, is that during a round-table discussion of the above-referenced article conducted by several prominent addictionologists, many noted that "...spiritual practices can actually start to re-regulate some of the neural dysfunction..." (Gould, N.I.D.A., 2010).

Bridge House strives to provide not only a Western evidence-based treatment curriculum but also a culturally competent and 'āina based program as well to better serve its Native Hawaiian, indigenous and kama'aina population. In substance abuse treatment it is of utmost importance to make the connection between culture and recovery in order to achieve positive outcomes for Native Hawaiians. Addiction and recovery are Western concepts that demand serious revision in order to become viable treatment services for Native Hawaiians. SAMHSA's "Guiding Principals on Cultural Competence Standards in Managed Care Mental Health Services," (2001) underscored the value of service efforts that are culturally sensitive and relevant. The efficacy of using Native Hawaiian healing practices in the treatment of addictions and co-occurring disorders is slowly being recognized. These practices are asset-based, resilience-building and provide a sense of protection which can strengthen the individual, family and community. This provides not only healing, but also resolution of problems for future generations. The significance of designing culturally specific substance abuse prevention, treatment and

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recovery interventions has been suggested by a number of studies (DeLarosa, 1988; Maypole & Anderson, 1987; and Napeahi, Kelly, Burgess, Kamiyama & Mokuau, 1998). The following are descriptions of the modalities of services Bridge House provides to its clients:

#### 1. Pre-Treatment Services

#### a) Assessment

Assessments are completed by qualified staff that hold a CSAC or an advanced degree in behavioral health science and who also have at least one year's experience in substance abuse treatment services along with skill and experience in substance abuse assessments. The main goal of the assessment is to gather relevant information for use in diagnosis and appropriate placement level for treatment, if treatment is indicated. The assessment uses information attained from the Judiciary and other providers, along with data from the assessment tool. It appraises the severity and course of the abuse/dependence disorder, and it identifies whether it is pre-existing or symptomatic of alcohol and/or other drug abuse. Major life areas such as social, vocational, and legal are also addressed to see where AOD use has interfered with functioning. The assessor also administers a Communicable Disease Risk Assessment as part of the evaluation and encourages high-risk clients to have a blood test for HIV antibodies and communicable diseases. Clients interested in testing services may be referred to the Addiction Care Coordinator for assistance with the process.

Multidimensional sets of diagnostic tools are used for evaluation along with information attained from the substance use structured interview and other screening and assessment measures. The assessment also includes a documented biopsychosocial evaluation conducted using some of the following screening instruments and diagnostic tools: ASI, DENS-ASI, Mini Mental Status Exam (MMSE), Substance Abuse Subtle Screening Inventory- 4 (SASSI-4), Cut down, Annoyed, Guilty, Eye opener (CAGE), Cut down, Annoyed, Guilty, Eye opener Adapted to Include Drugs (CAGE-AID), Drug Assessment Screening Test (DAST), Michigan Alcohol Screening Test (MAST), Alcohol Use Disorders Identification Test (AUDIT), International Classification of Diseases 10<sup>th</sup> Revision Clinical Modification ICD-10-CM, Diagnostic and Statistical Manual of Mental Disorders - 5 (DSM-5), and current American Society of Addiction Medicine (ASAM) Placement Criteria. The Addiction Severity Index (ASI or DENS-ASI) is administered on each assessment and maintained through WITS; (in the future this may be another designated assessment). From the information gathered during the assessment process a Clinical Assessment Report is completed with summary that includes recommendations for placement and any other relevant data and emphasizes client strengths, challenges, and individual issues.

The assessment helps to form the base for the development of the individualized Health and Wellness Plan (formerly 'treatment plan'). This comprehensive assessment is a part of the clinical tools available to assist and determine the appropriate placement in level of care, as well as course of treatment for the client. Information is applied to the International Classification of Diseases 10<sup>th</sup> Revision Clinical Modification ICD-10-CM and DSM-5 to determine a presumptive diagnosis.

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The information gained from the initial assessment to determine the most appropriate level of care based on the most current version of the American Society for Addiction Medicine Patient Placement Criteria (ASAM PPC) is Placement Determination. If a client has a substance use diagnosis and is appropriate for admission into the Bridge House substance use treatment program and/or recovery support services Bridge House staff will assist in this process if space is available.

#### b) Motivational Enhancement Services

During application process, it has been found that external rather than internal forces motivate many of the potential Bridge House clients. That will be particularly so for those referred by the Judiciary. Motivational Enhancement counseling can help to turn that around, by assisting in building confidence to help with motivation for change. Motivational Enhancement (ME) services uses a client-centered counseling approach for initiating behavior change by helping individuals resolve ambivalence about engaging in treatment and about stopping alcohol and drug abuse. approach employs strategies to evoke internally motivated change, rather than guiding people stepwise through the recovery process. Motivational interviewing principles are used to strengthen the relationship with the client to help him/her build confidence about making changes and encourage motivation to build a plan for change. Clients may be encouraged to bring a significant other to these sessions. ME counseling may be used in combination with cognitive-behavioral therapy techniques, comprising a more comprehensive approach to motivating change. It is expected that any Bridge House staff that is a CSAC, has an advanced degree, a certified addiction peerspecialist, or who is properly trained will provide Motivational Enhancement counseling services.

#### 2. Treatment Services

Within the professional community of those who deal with substance abuse treatment, it has long been recognized that the most successful modality must be holistic in scope. The National Institute on Drug Abuse (NIDA) cited thirteen (13) Principles of Drug Addiction Treatment (A Research-Based Guide, National Institute on Drug Abuse, National Institutes of Health, 2013). The three (3) principles cited below provide a backdrop and rationale for the design and delivery of all services and activities offered at Bridge House:

- Effective treatment attends to multiple needs of the individual, not just his/her drug use.
- To be effective, treatment must address the individual's drug use and any associated medical, psychological, social, vocational and legal problems.
- An individual's treatment and services (health and wellness) plan must be assessed continually and modified periodically to ensure that the plan meets the person's changing needs.

Most individuals who have reached the point of being identified and diagnosed as drug dependent have also embarked on a lifestyle that leads them to disengage from mainstream society/culture. Since chronic substance abuse interferes with one's ability to maintain employment, it is a well-documented fact that most of those individuals have

either dropped out of the workforce or are unable to pass pre-employment drug-testing. In order to maintain their addiction, many abusers must resort to a criminal lifestyle. The social and economic consequences of these behaviors clearly weigh heavily on both the community and the state.

While traditional approaches to treatment generally focus on the educational component of substance abuse dynamics, it is Bridge House's belief that a more holistic perspective is necessary to ensure successful recovery. This belief supports Bridge House's focus on cultural and land-based treatment support, clean and sober housing, continuing care and vocational skill building in partnership with traditional evidence-based outpatient services for those in the early stages of recovery from chronic substance abuse.

Bridge House has developed a holistic, culturally based continuum of treatment and recovery services and activities to meet the needs of each client it serves. Traditional treatment approaches and programs tend to utilize a cognitive-behavioral and education approach. There is very little focus on the spiritual needs and growth of the individual. Yet, a recent research article, "Addiction and Cognition," suggests that the most prominent cognitive deficits seen during early to mid-recovery are in the areas of: working memory, cognitive flexibility, attention and impulse control. cognitive impairments, it is not surprising that some of the cognitively-based treatment approaches may not be effective for a number of our clients. Of note, however, is that during a round-table discussion of the above-referenced article conducted by several prominent addictionologists, many noted that "...spiritual practices can actually start to re-regulate some of the neural dysfunction..." (Gould, N.I.D.A., 2010). particular, has a long and rich history of traditional healing practices that are closely entwined with day-to-day living and cultural experiences. Those practices foster the concepts of living in harmony with the individual and nature. Learning (and for some, re-learning) how to live one's life not only based upon, but also practicing such principles helps not just with the healing process, but also provides a guide to conducting one's life. Bridge House clients learn "how to start/how to start over."

#### a) Outpatient Treatment Program

The Outpatient Program (OP) provides structured services on a scheduled basis for individuals meeting placement criteria for an OP level of care. Bridge House OP operates for a minimum of one (1) and up to eight (8) hours per week in a discreet setting. Clients are also scheduled for an individual counseling session at least one (1) hour per month (or more often if clinically needed). Clients in OP, and in any level of treatment, will be in-line with the ASAM placement criteria and in accordance to the client's individualized Health and Wellness Plan (formerly treatment plan). OP is led by staff that is a CSAC or at a Master's level.

The OP program utilizes an organized comprehensive evidenced-based multiformat program. It is an integrated therapeutic model incorporating cognitive behavioral therapy, motivational enhancement, couples and family therapy, individual supportive/expressive psychotherapy and psychoeducation, Twelve Step facilitation, group therapy and social support. Clinical areas include but are not limited to individual/conjoint therapy, early recovery, relapse prevention,

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family education, social support and urine testing. These are provided through face-to-face activities such as updated assessments, updated health and wellness planning, individual and group counseling, education on wellness, recovery and resiliency. Services also included may be addiction care coordination, and crisis intervention (if needed). Needs addressed include, but are not limited to, situational stressors, family situations, interpersonal relationships, mental health issues, life span issues, substance use disorders and addictive behaviors. OP programming will also include many of our listed treatment activities. Some examples are: skill building groups, recreational therapy, cultural groups, family/couple counseling and vocational education. Cultural treatment activities are often utilized in OP. The goals for cultural activities will be specified in the Health and Wellness Plan.

Some education and testing services may be provided in OP groups by outside public health consultants/organizations who provide Tobacco Cessation education by trained staff from the West Hawaii Community Health Center (a federally qualified health center), HIV/STD education and testing by staff from Waikiki Community Health Center, along other consultants that provide drug testing and other special services.

#### b) Intensive Outpatient Program

The Bridge House Intensive Outpatient program (IOP) provides structure for intensive services on a scheduled basis for individuals with substance abuse issues that have been assessed at needing an IOP level of care. The Bridge House IOP operates for a minimum of nine (9) and up to nineteen (19) hours per week with clients attending classes at least three (3) hours per day for three (3) or more days per week. Service is provided in a discreet setting. Clients are also scheduled for an individual counseling session at least one (1) hour per week. Clients in IOP, and in any level of treatment, will be in line with the ASAM placement criteria and in accordance to client's individualized Health and Wellness (treatment) Plans. IOP is led by staff that that is a CSAC or Master's level.

The IOP program utilizes The Matrix Model, a comprehensive evidenced-based multi-format curriculum. It is a federally recognized model accepted by Center for Substance Abuse Treatment (CSAT), National Institute on Drug Abuse (NIDA), Office of National Drug Control Policy and Department of Justice (National Synthetic Drugs Action Plan). Clinical areas covered are Individual/conjoint therapy, early recovery, relapse prevention, family education, social support and urine testing. It is an integrated therapeutic model incorporating cognitive behavioral therapy, motivational enhancement, couples and family therapy, individual supportive/expressive psychotherapy and psychoeducation, Twelve Step facilitation, Group therapy and social support. These are provided through face-to-face activities such as updated assessments, health and wellness planning, individual and group counseling, substance abuse education, addiction care coordination, substance abuse testing and crisis intervention (if needed).

Intensive outpatient programming may also include our listed treatment activities. Some examples are: skill building groups, recreational therapy, cultural

Applicant	Bridge House, Inc.	
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groups, family/couple counseling and vocational education. Cultural groups/treatment activities are often utilized in IOP. The goals for cultural activities are specified in the Health and Wellness Plan.

As with OP, some education and testing services may be provided in IOP groups by outside public health consultants/organizations that provide information (see above: Outpatient program).

#### c) Cultural Activities

In substance abuse treatment it is of utmost importance to make the connection between culture and recovery in order to achieve positive outcomes for Native Hawaiians. Addiction and recovery are Western concepts that demand serious revision in order to become viable treatment services for Native Hawaiians. SAMHSA's "Guiding Principals on Cultural Competence Standards in Managed Care Mental Health Services," (2001) underscored the value of service efforts that are culturally sensitive and relevant. The efficacy of using Native Hawaiian healing practices in the treatment of addictions and co-occurring disorders is slowly being recognized. These practices are asset-based, resilience-building and provide a sense of protection which can strengthen the individual, family and community. This provides not only healing, but also resolution of problems for future generations. The significance of designing culturally specific substance abuse prevention, treatment and recovery interventions has been suggested by a number of studies (DeLarosa, 1988; Maypole & Anderson, 1987; and Napeahi, Kelly, Burgess, Kamiyama & Mokuau, 1998).

The guiding values of the Bridge House programs are the foundation of the *Ke Ala Kūpono* program which uses 'āina-based cultural programing that incorporates traditional Native Hawaiian beliefs and practices to bridge the gap between western methods of substance abuse treatment and health education and the unique culture and traditions of Hawai'i island. This 'aina based program provides access to resources that enable residents to begin the healing process and create their own personal path to recovery. Immersion in the Bridge House program services provide consistent and comprehensible experiences for clients to learn about themselves, reflect upon lifestyle changes needed, learn coping tools and relapse prevention strategies and develop vital connections required to sustain sobriety and transition to the next phase of recovery.

A culturally relevant teaching and learning environment, from a Hawaiian perspective, is one that begins with our people, our culture, and our 'āina at the center of education. (Ledward, 2013). The primary activities consistently utilized in program service delivery are Aloha ' $\bar{A}ina$ , encompassing the physical, psychological and spiritual elements,  $k\bar{u}k\bar{a}k\bar{u}k\bar{a}$ , open-minded face-to-face discussion, inspiring positive communication skills and the practice of tolerance and kupuna facilitated events, linking haumana to community, ancestral knowledge and cultural skills.

The Native Hawaiian concept of self is grounded in social relationships (Handy & Pukui, 1972) and tied to the view that the individual, society and nature are inseparable and key to psychological health. This is different from the Western theories that consider the individual psyche to be the source of human

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behavior (Marsella, Oliviera, Plummer & Crabbe, 1995). The Hawaiian culture has a rich spiritual framework that may be used to facilitate increased understanding, and change within the individual who is struggling with recovery from substance abuse and has likely disengaged from family and culture as well.

"It is a given that many will find cultural aspects of a program healing, supportive, and meaningful – and that there is inherent value in these approaches," said Edward Mersereau, Chief of the Alcohol and Drug Abuse Division of the Hawai'i Department of Health. "What is needed is a harmonious and effective combination of approaches and interventions that provide a continuum of care that effectively meets diverse needs and resonates with people across the spectrum."

Immersion in Bridge House program services provide consistent and comprehensible experiences for clients to identify and begin implementing critical lifestyle changes, relapse prevention strategies, independent living and vocational skills and vital connections required to maintain sobriety and transition to the next phase of their recovery.

#### d) Clean and Sober Housing

From its inception, Bridge House has recognized the tremendous community need for transitional housing for the recovery population as they often move from a highly structured setting towards successful independent living. To fill this niche, Bridge House's proposal is designed to provide clean and sober housing spaces for up to fifteen (15) individuals at any given day.

The focus of the Clean and Sober Housing Program is to provide the necessary support and encouragement to assist the resident to adjust to a chemically abstinent lifestyle, to enhance independent living skills that may foster the transition to independent housing and self-management, and to give support to the residents as they rejoin their communities and families as healthy productive individuals.

The Bridge House Clean and Sober Housing program has been developed and is overseen by the same core staff that has demonstrated competence and success in the administration and management of Bridge House's former Therapeutic Living Program. In addition to the programmatic and clinical experience that this staff brings to this program, Bridge House's extensive networking experience with other community social service agencies and providers proves to be an invaluable asset to residents as they embark on their transition to independent living. It has been very clear that the connection between Bridge House's alumni and the agency remain very strong long after the "graduates" have gone on to independent living and vocational success. They remain as part of the "ohana," and become community mentors to others who enter into Bridge House's recovery services.

#### e) Vocational Skill Building

This has been one of the most successful aspects of the Bridge House experience, and has been enthusiastically supported by Hawai'i Island United Way and the County of Hawai'i. The entire Bridge House multidisciplinary team

including the Cultural Specialists is involved in some fashion. During the intake process, each resident completes a Vocational Skills Questionnaire. Information from this questionnaire helps in maintaining or advancing in their present employment setting. The on-site groups are an opportunity for a resident to develop time management skills, organizational skills, and to acquire new skills (from the Māla Project, construction, painting and computer work for example) that will be helpful in preparing for transition into the permanent workforce. Recognizing the need for technological competency in today's workforce, residents are provided with opportunities to acquire/enhance their computer skills. Keyboarding tutorials and general computer use are taught by Bridge House staff and/or an outside consultant. Each unemployed resident participates almost daily in some form of vocational activity; he/she is assigned duties commensurate with their level of training, experience, aptitude and interest. Examples of assignments include: a resident with very specific skills such as carpentry, plumbing or other trade may be assigned minor repair jobs on the premises. Individuals interested in agriculture or food-based careers may be assigned duties related to the Māla project such as gardening or landscaping. Regardless of assignments, the primary objective is to have the resident learn/re-learn the principles related to gainful employment/work, i.e. punctuality, responsibility, honesty and reliability.

#### 3. Continuing Care Services

Over the past 20 years, significant clinical research literature about addictions as a chronic illness has been published. The literature has also included comparisons of the characteristics of addictions with other chronic illnesses including diagnosis, genetics, the role of personal responsibility and behavior, and pathophysiology as well as comparisons of treatment response between addictions and other chronic diseases (McLellan *et al.*, 2000).

Since about 1991, there have been a number of studies that provide evidence supporting the therapeutic use of continuing care in the treatment of addictions. Some suggest that without continuing active involvement in these types of programs, people with addictions often find it very difficult to maintain the positive outcomes of treatment. The research literature suggests the following definition of continuing care: "Regular contact with a therapist that includes a risk assessment and allows flexibility for increasing and decreasing contact according to the patient's circumstances."

It is expected that all Clean and Sober Housing residents and all outpatient clients will participate in continuing care services for an average of 16 hours for each client each year. This includes Individual and/or Group counseling and may also include continuing Smoking Cessation education, substance abuse education, relapse prevention techniques, Continuing Education Information as well as the *Ke Ala Kūpono* and Vocational Skill Building programs.

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# 2. Provide a projected annual timeline for accomplishing the results or outcomes of the service;

Services are expected to continue on a daily basis with the fiscal year start of July 1, 2019 according to the activity schedule (see ATTACHMENTS) and run throughout the entire fiscal year.

# 3. Describe its quality assurance and evaluation plans for the request. Specify how the applicant plans to monitor, evaluate, and improve their results;

Bridge House is dedicated to providing the highest quality of services attainable. In doing this, the organization promotes practices and a culture that values service quality and continual efforts to achieve strong performance on program goals along with positive outcomes for service recipients. Bridge House's Quality Assurance and Performance Improvement (QAPI) framework takes into account all of the agency's services and all individuals served. The QAPI program focuses on the structure, processes and outcomes of Bridge House's services with the aim of assessing the quality of all components of service delivery in order to identify and support those services that are most successful as well as to identify and rectify any deficiencies.

The Board of Directors (see attachments) and staff of Bridge House fully understand the obligation not only to its residents, but also to the taxpayers of Hawai'i to ensure that its contractual requirements are handled and met with due diligence. Staff and Board training ensures that all policies and procedures are understood, rigorously adhered to, monitored and reviewed on a regular basis.

Bridge House utilizes a three-person Quality Assurance Team chaired by a member of the Board of Directors. The two additional members are the Executive Director and the President of the Board. As a Board committee, the primary function of the Bridge House Quality Assurance Team is to provide an objective and systematic oversight of the quality of care, as well as to address and resolve programmatic challenges. The overarching goal is to ensure the highest quality of care as well as to ensure that the agency is in compliance with all state and federal program requirements. The team also assures that Bridge House complies with laws governing non-profit entities doing business in the state of Hawai'i, and will ensure that Bridge House maintains its Hawai'i Compliance Express to validate compliance with DLIR labor laws, DCCA and tax authorities

The team also addresses program strengths and deficits, and suggests corrective actions and plans for enhancement of services. It is then the responsibility of the Executive Director to implement team recommendations.

4. List the measure(s) of effectiveness that will be reported to the State agency through which grant funds are appropriated (the expending agency). The measure(s) will provide a standard and objective way for the State to assess the program's achievement or accomplishment. Please note that if the level of appropriation differs from the amount included in this application that the measure(s) of effectiveness will need to be updated and transmitted to the expending agency.

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The following measures of effectiveness will be expected based on reports gained by observation, surveys, interviews and data entered into the Dept. of Health's WITS client data system:

	OUTCOME MEASURE (all are at time of follow-up excluding #1)	Percentage of achievement
1.	Number of clients completing treatment.	60%
2.	Client will be employed or enrolled in educational classes.	60%
3.	Client has stable living arrangements.	60%
4.	Client receiving substance abuse treatment since discharge.	20%
5.	Client currently in substance abuse treatment.	10%
6.	In the past 30 days, has days of work/school missed because of drinking/drug use.	10%
7.	Number of arrests since discharge.	10%
8.	Number of emergency room visits since discharge.	5%
9.	Frequency of use 30 days prior to follow-up.	5%

Data will also be collected and reported concerning the number of clients transported over the year and the purposes for which transportation was utilized. A question will be added to the exit and follow-up surveys regarding the client's satisfaction with the transportation services received over the year.

#### IV. Financial

#### **Budget**

- 1. The applicant shall submit a budget utilizing the enclosed budget forms as applicable, to detail the cost of the request.
  - a. Budget request by source of funds
  - b. Personnel salaries and wages
  - c. Equipment and motor vehicles
  - d. Capital project details
  - e. Government contracts, grants, and grants in aid

See Budget Sheets in Attachments

2. The applicant shall provide its anticipated quarterly funding requests for the fiscal year 2020.

Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total
\$63,500.00				\$63,500.00

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3. The applicant shall provide a listing of all other sources of funding that they are seeking for fiscal year 2020.

No funding for transportation services is being sought this year with the exception of support from our private donors for maintenance and upkeep. Our goal is to raise \$45,000.00 of unrestricted funds.

4. The applicant shall provide a listing of all state and federal tax credits it has been granted within the prior three years. Additionally, the applicant shall provide a listing of all state and federal tax credits they have applied for or anticipate applying for pertaining to any capital project, if applicable.

NA

5. The applicant shall provide a listing of all federal, state, and county government contracts, grants, and grants in aid it has been granted within the prior three years and will be receiving for fiscal year 2020 for program funding.

See Contracts List (Page 10) in Attachments

6. The applicant shall provide the balance of its unrestricted current assets as of December 31, 2018.

\$ 314,156.00

# V. Experience and Capability

1. Necessary Skills and Experience

The applicant shall demonstrate that it has the necessary skills, abilities, knowledge of, and experience relating to the request. State your experience and appropriateness for providing the service proposed in this application. The applicant shall also provide a listing of verifiable experience of related projects or contracts for the most recent three years that are pertinent to the request.

#### a) Skills

To assist individuals to help themselves, Bridge House employs a highly skilled staff that can design and implement the requisite programs, services and activities that are appropriate and useful for the participants. The staff is well trained and uniquely experienced to work effectively with its clientele. The Executive Director's experiences over the past sixteen years as Bridge House Program Director provide a foundation for the strength of the continuum of services and activities provided at Bridge House. Education and training alone do not provide one with all the tools that can be effectively introduced and utilized in a therapeutic environment. While not easily quantifiable in the traditional sense, experience is also invaluable in working with individuals who are at various stages of treatment and recovery. Staff must be equipped not only with appropriate training in the field of substance abuse; they must also be knowledgeable about the disease of addiction, substance abuse treatment modalities, and they must remain current in their knowledge of issues related to relapse and the stages of recovery.

In addition, all Cultural Specialists have recognition within the West Hawai'i community attesting to their status as a cultural practitioner, and have experience working both within and as consultants to culturally and land-based healing programs. Their connection to and knowledge of place, of the 'āina, and of the "ways of knowing" are as important as their learned skills.

In concert with their own knowledge, skills and experience, the staff must have useful knowledge of, and good working relationships with, community resources in order to tap into and utilize those resources in a conducive and effective manner appropriate to the needs of the Bridge House residents. The knowledge and skills required to provide this continuum of holistic, culturally integrated services are specifically included in the chart below:

	ment is a	E.D.; Clinical	A 11 -4 - 66 116 - 1 4
Abuse biopsy	110110 10 10	E.D., Chilicai	All staff qualified to
	chosocial evaluation	Director; CSACs;	perform assessment
Assessments by a cli	inician using	Cultural Prog.	functions hold a CSAC or
	riate instruments	Dir.; Addiction	Master's level degree and at
	gnostic and	Care Coord.	least one year of addiction
	ent criteria which:		treatment experience.
	ments relevant data		•
	on and analysis		
	hting the scope of		
	senting problem;		
	ides and		
	ntiates the basis for		
100 CO	osis or diagnoses;		
	zes information		
,	to determine the		
	ppropriate level of		
	sed on the most		
curren	t version of the		
	can Society for		
	ion Medicine		
(0.000,000,000,000,000,000,000,000,000,0	Placement Criteria		
01 7 NO.00 ACCOUNTS	1 PPC); and		
	vely seeks to engage		
	ent in services.		
	person, non-related	E.D.; Cultural	All Bridge House staff have
	uals sharing a	Prog. Dir.;	a wide range of
	red living	Cultural	interpersonal and
arrang		Specialists;	observational skills, ability
	ing, program for	Vocational	to work with individuals in
	ndent living skills,	Coord.;	recovery in a linguistic and
	tion with needed	Addiction Care	culturally competent
	nal, educational,	Coord.; CSACs;	manner, as well as CPR and
100000000000000000000000000000000000000	ind health/mental	trained staff	First Aid Certification, a
	community		traffic abstract and HI
	ces, cultural		Driver's license.
progra	mming.		
Pre-treatment/ Create	a working	E.D; Clinical	CSAC or Master's level;
rre-treatment   Create			

	r		
Enhancement	clients using cognitive- behavioral strategies and motivational interviewing techniques to support client's commitment to change.	Cultural Prog. Dir.; Trained staff; Addiction Care Coord.	/or SBIRT/Motivational Interviewing, trained in outreach, certified peer- mentor, cert. community health worker and/or other certificate in related field.
Substance	Clients receive information	E.D., Clinical	All staff qualified to
Abuse Education	about the pharmacology of substance abuse, lifestyle consequences, emotions management, coping skills and problem-solving training using cognitive behavioral techniques, treatment process, relapse prevention and abstinence maintenance training	Director; CSACS, Addiction Care Coord.; Cultural Prog. Dir.; and other trained staff as well as practitioners from partner agencies such as WHCHC, Waikiki Health.	perform education functions hold a CSAC or Master's level degree and at least one year of addiction treatment experience.
Health and	The HWP is created with	E.D., Clinical	All staff qualified for HWP
Wellness Planning	each client; it is designed to be holistic and cover substance abuse treatment and recovery support areas to be addressed in treatment and/or with outside service referrals/agencies. To be updated every 15-30 days.	Director; CSACs; Cultural Prog. Dir.; Addiction Care Coord.	hold a CSAC or a Master's level degree and at least one year of addiction treatment experience.
Intensive Outpatient/ Outpatient Treatment	Provides non-residential comprehensive specialized services on a scheduled basis for individuals with substance abuse problems. IOP is 9-19 hours per week and OP is 1-8 hours a week Professionally directed updated assessment, initial and updated health and wellness planning. Treatment and education about substance abuse dynamics through group session and individual counseling.	E.D.; Clinical Director; CSACs; Cultural Prog. Dir.; Addiction Care Coord.	All outpatient treatment staff of B.H. have experience and their CSAC credential, multiple years of experience, and/or a Master's level degree with multiple years of experience.
Day Treatment	Provides treatment activities offered in half-or full-day increments regularly scheduled for multiple sessions throughout the week with a minimum of twenty (20) hours per week of face-to- face treatment and	E.D., Clinical Director; CSACs; Cultural Prog. Dir.; Addiction Care Coord.;	All treatment staff of B.H. have their CSAC credential, multiple years of experience, and/or a Master's level degree with multiple years of experience.

Continuing Care	activities and at least one (1) individual counseling session per week Group, Individual and Family Counseling for support of continued recovery of relapse prevention skills after outpatient treatment.	E.D.; Clinical Dir.; CSACs; Addiction Care Coord.; Cultural Prog. Dir.;	CSAC credential and /or hold a Master's level degree with least one year of addiction treatment experience.
Vocational Skill Building	Group and Individual assistance with computers and business equipment, vocational assessment, vocational coaching, attainment of legal documents and ID, assistance with employment resumes, interviews, and skill-building activities, 'aina based activities.	E.D.; Vocational Skills Coord.; Addiction Care Coord.; Cultural Prog. Dir	Associate's Degree, or certificates in related area, employment counseling experience, experience with the service and/or agricultural industries; knowledge of basic office equipment and computers; knowledge of experience with resume prep. and interviewing, cultural competency.
Cultural and land-based activities	Community identified Kupuna or someone who has completed the study under mentorship of a cultural expert or Kupuna.  Thorough knowledge of traditional Hawaiian farming methods and native plants used for food and healing as well as native trees and/or history and other cultural aspects.	Cultural Prog, Dir.; Kupuna or Cultural Practitioners from community, and other knowledgeable staff.	Approved by Cultural Program Director or is a recognized Cultural Practitioner.  Knowledge of Native Hawaiian Plants and sustainable agricultural practices as well as cultural practices, history, land areas, wahi pana & customs.
Translation		Contracted translators in the community	B.H. has access to contracted translators for Spanish-speaking, Marshallese and other Pacific Island language speakers.
Transportation		Driver; all staff as needed	Recent traffic abstract; HI Driver's license; completed staff driver's training.

#### b) Experience

Bridge House is firmly rooted in the West Hawai'i community. The backgrounds of members of the Board of Directors represent a broad array of extensive experience in areas that include substance abuse treatment programs, family therapy, business administration, accounting, advertising, legal services and agriculture. With their wealth of knowledge and experience, Bridge House's board members have provided invaluable service as volunteers and with informational/experiential resources that have guided the

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agency in successfully carrying out its mission over the past 28 years (See Board of Directors List in Attachments).

As evidence of having had a history of verifiable experience with program development and implementation as well as evaluating and reporting on the outcomes for funders and contractors, the chart below lists the Bridge House programs and the contract numbers under which they have been funded as well as the appropriate contacts who can verify the awarding of the contract to Bridge House and the evidence of satisfactory delivery of services over the past five-year period:

Program	Contract/Grant	Funding Years	Primary Funding Source
Clean and Sober Housing, Cultural Activities	ASO Log # 18-091	2009-present	Hawai'i Dept. of Health—ADAD Contact: Florence Shuh 808-692-7536 florence.schuh@doh.hawaii.gov
Outpatient Treatment	ASO Log# 18-091	2014-present	Hawai'i Dept. of Health—ADAD Contact: Florence Shuh (see above)
Vocational Skill Building		2001-present	Hawai'i County Contact: Maile David 808-323-4264
Vocational Skill- Building		2001-present	Hawai'i Island United Way Contact: Vanessa Carlson 808-935-6393

#### 2. Facilities

The applicant shall provide a description of its facilities and demonstrate its adequacy in relation to the request. If facilities are not presently available, describe plans to secure facilities.

Bridge House Clean & Sober and administrative office is situated on 7.75 rural acres nestled mauka (inland) of Keauhou on the West Coast of the island of Hawai'i (aka the Big Island). The address is 78-6687B Mamalahoa Highway, Holualoa, HI, 96725. The cultural and natural landscape located within the ahupua'a of Keauhou I is among the most significant land areas in the Hawaiian Islands. In the Mahele 'Āina of 1848, the 'ili of Keauhou was awarded to Chiefess Kamamalu, a granddaughter of Kamehameha I. It was eventually inherited by Bernice Pauahi Bishop, and upon her death in 1884, bequeathed to the Kamehameha Lands Trust in whose care it remains today. The land on which Bridge House buildings were constructed incorporates the border of the lowland mala (cultivated area) and the upland forest. The Bridge House Kupuna and Cultural Staff allow the 'āina to teach many lessons in itself. These 'aina based land practices allow clients to connect with cultural values to promote healing and personal growth.

This safe, tranquil environment is close to Kona Community Hospital and Keauhou Fire Station to the south and the central town of Kailua-Kona to the north. There is a large main house that currently accommodates up to five (5) clients. This ADA accessible main structure is also equipped with large restroom facilities, adequate kitchen

space and meal preparation appliances as well as spacious common areas to comfortably accommodate twenty (20) individuals. The common area contains couches, chairs, sofas and other furniture used for support group meetings, resident relaxation and visits with family. There is a library stocked with recovery, self-help and pleasure reading and multi-media materials. The main facility also contains a separate area for reception, confidential meetings with Bridge House staff members and/or contractors as well as access to business-related machinery such as the photocopier, fax machine, computers and phones that are also used for vocational skill building activities. This is considered the Bridge House administration and fiscal office.

On the grounds near the main house are two cottages with adequate living space and restroom facilities. Each of the cottages accommodates five (5) same gender clients. Also on the grounds are agricultural buildings, including a storage shed and several greenhouses that are used for the Mala or Vocational Skill-Building activities. The rural location and acreage support multiple opportunities for maintaining physical health including hiking trails, basketball and workout/weight training areas.

The Bridge House Outpatient Treatment and Recovery Services program office is located in the Hawai'i Island, in the Honalo area at 79-7266 Mamalahoa Highway, Kealakekua, HI 96750. It is situated right off the main road in a discrete location. Currently it is the only adult outpatient treatment program location available for the community south of Kailua-Kona, giving easier access to services for people of South Kona and Ka'u, covering a catchment area that represents some of the most impoverished areas on the island. The next adult service outpatient program south of Kailua-Kona is located over 90 miles away. The treatment office is less than 2 miles from Kona Hospital, 500 feet from a bus stop for 2 major bus routes, less than 2 miles from the local library, and the Kealakekua Branch of the Federally Qualified West Hawai'i Community Health Center.

The outpatient treatment office has been located in this area for almost two years and there have been no major complaints from outside surrounding businesses. Before this site, the office was located 2 miles south for 2 years and similarly no major complaints. Off-site services within a 2-mile radius are the library, banks, the post office, eateries, gas stations, pre-schools, churches, medical offices, dentists, counseling services, public defender's office, courthouse and Alternatives To Violence offices. Free transportation is available to and from the outpatient treatment office for clients that request transportation services.

The Bridge House Outpatient Treatment Program office is approximately 1000 square feet, and offers free parking. There are posted emergency plans, and fire safety equipment is available and maintained with outside professional services. Reasonable accommodations are made for the physically challenged. There are 2 private offices, a reception area, a large meeting room.

The private offices are used for staff work, individual counseling, assessments, care coordination, use of phone or electronics (fax, copy machine). There is also a bathroom with sink, a private storage area for supplies, the larger meeting room with 4 tables, and space for 15 comfortable chairs. The office has closed windows and is air-conditioned, however, there are jalousie windows available for ventilation in all rooms. The office is clean, organized, and professional. Clients are never left alone in the staff office areas. There is an outside "break" area that is not in view from the main road. The

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administration and fiscal office is located two and a half miles north of the treatment office at the Keauhou facility previously described.

National Fire Protection Co., Inc. performs a yearly inspection of all Bridge House facilities and has found them to be in compliance with county codes. All areas of the facilities are safe from fire hazards, and all combustible items are properly stored. Exits are unobstructed and are fully operational. Fire extinguishers are in compliance with code and are placed appropriately throughout the properties. Smoke detectors are in place in hallways, sleeping areas, kitchens and living/activity rooms as well as staff offices. Fire drills and Emergency Preparedness Drills are conducted monthly as suggested by Hawai'i County Fire Department and Bridge House Policies and Procedures. Bridge House has a written disaster plan for residents, staff and visitors to follow in case of fire, natural disasters or other emergencies. The disaster plan includes assignments, instructions, escape routes and drill procedures, and it is prominently displayed throughout the facilities.

## VI. Personnel: Project Organization and Staffing

#### 1. Proposed Staffing, Staff Qualifications, Supervision and Training

The applicant shall describe the proposed staffing pattern and proposed service capacity appropriate for the viability of the request. The applicant shall provide the qualifications and experience of personnel for the request and shall describe its ability to supervise, train and provide administrative direction relative to the request.

#### a) Proposed Staffing

The paradigm shift over the past five years toward trauma-informed recovery-based systems of care including appropriate cultural and land-based activities in conjunction with evidence-based treatment modalities along with clean and sober housing is reflected in Bridge House's staffing pattern. It's unique approach to supporting those in treatment and recovery from addiction is integrated and holistic in nature, and the staff are all directly engaged with the clients; everyone on the property behave as members of an extended 'ohana (family). Bridge House staff are on the Clean and Sober Living property during regular work hours: Monday-Friday from 8 am - 10 pm and administration offices operate from 7:30am - 4pm, excluding holidays. In-house meetings, transportation to treatment/appointments, care coordination, cultural activities and participation in the Vocational Skills Building Program occur during these "normal" working hours, so staff is available to ensure continuity of services and opportunities. The Resident Manager takes responsibility for issues that arise during the time that program staff are not on the premises. The Executive Director is available to the Resident Manager at any time assistance is needed—24/7. The Outpatient Treatment Office hours are 8am - 4:40 pm, excluding holidays. There is to be one staff member onsite at all sites during work hours with first aid and CPR certifications.

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#### (1a) Bridge House's Full-Time Staff include:

 Executive Director: is the designated executive operating authority under Bridge House's Board of Directors and is responsible for all agency activities, including administrative, operations and clinical management. The Executive Director directly oversees the Clinical Director, Cultural Program Coordinator, the Care Coordinator and the Vocational Skills Coordinator.

Minimum qualifications include a B.A. in social work or a related field and a combination of seven (7) years experience working in administration and/or management of substance abuse and/or related health and human services agencies. Must also hold and maintain Substance Abuse Counselor Certification (CSAC). Must have an understanding of Hawaiian culture and traditions/language.

• Clinical Director: under the general supervision of the Executive Director, is responsible for oversight of the assessment and diagnosis of all individuals identified through screening as potentially in need of substance abuse treatment services including assessment, diagnosis, referral and placement. Also oversees all outpatient treatment activities, provides clinical supervision to all program CSACs, and participates in Health and Wellness planning, reassessments and discharge assessments. Works with Cultural Program Director and cultural providers to plan cultural services.

Minimum qualifications include an advanced degree in social work or related field and at least five (5) 5 years' experience in substance abuse treatment. Must also hold and maintain Certification as a Substance Abuse Counselor.

• Cultural Program Director: under the general supervision of the Executive Director, the Cultural Program Director is responsible for overseeing the Ke Ala Kupono program including the design and implementation of a series of traditional, cultural activities based on Hawaiian values including the Aloha 'Aina activities. Provides screening, intake and admission to culture and 'āina-based activities; facilitates the cultural parenting and financial education programs, as well as 'aha, kukakuka and ho'opono groups. The Cultural Program Director also oversees contracted cultural practitioners and collaborates with community cultural practitioners and organizations to assist in the cultivation of resources necessary to reinforce knowledge and cultural practices, ensuring the understanding and awareness of the needs of the haumana and program staff in Hawaiian cultural activities.

Minimum qualifications include an A.A. in social work or related field with at least one (1) year of designing and delivering culturally based classes within a structured framework such as a school or community-based substance abuse treatment organization/program, must have at least one year

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experience working in the substance abuse treatment field. A CSAC is preferred.

• Addiction Care Coordinator: Under the direct supervision of the Executive Director and Clinical Director the Addiction Care Coordinator is generally responsible for the overall case management of Bridge House clients in need of care coordination services according to their Health and Wellness Plan. The Addiction Care Coordinator provides applicant screening, intake and admissions and helps clients develop and periodically review/revise their Health and Wellness Plan. Assists in the implementation of all Clean and Sober Residence Rules, and functions as a caseworker in the Vocational Skill Building program.

Minimum qualifications include a Behavioral Health License (valid and recognized in the state of Hawaii) such as an LSW, LMFT, LCSW, with at least one year of addiction treatment experience; or hold an advanced degree in social service with at least 3 years of experience; or hold a CSAC; or be within 1 year of attaining a CSAC. Must also have knowledge and experience working with West Hawaii community organizations and programs.

• <u>Vocational Skills Coordinator/Driver:</u> The Vocational Skills Assistant is under the general supervision of the Executive Director. The Assistant is responsible for helping each client connect with and engage in the vocational skill building activities, including skills assessment, job/educational training, and linkages to employment agencies, employers as well as transportation to interviews. Also assists with aloha 'aina and volunteer service activities.

Minimum qualifications include a high school education and at least two (2) years' experience in business preferably within a service or agricultural setting; preferable hold certificate in human services related filed and/or in irrigation, and experience with land management and propagation of plants, and preferable completed vocational skills training.

#### (b) Staff Qualifications

Bridge House is committed to maintaining the highest quality of staff for all positions. All staff must meet the minimum job requirements/qualifications, as well as demonstrate a commitment and passion to serve the recovery population. All staff must also demonstrate an understanding and willingness to further learn the history, culture and lifestyles of the local populations, especially Native Hawaiians, and must interpret challenges and identify potential solutions within a cultural or cross-cultural context. While the focus on Hawaiian values and practices is an on-going learning process for staff and clients alike, the program is based on elements that are common across cultures. It is 'ohana (family) centered, uses indigenous healing methods, has a holistic—mind, body, spirit—approach to recovery, and respects and honors elders making it an open and welcoming workplace environment.

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All staff currently meet the requirements stated in its policies and procedures for current CPR and First Aid certificates as well as an annual TB clearance certificate. New staff must provide a driver's license and traffic abstract and must give permission to a state and federal finger-print based criminal history background check as well as a search on the Sex Offender Registries. These checks will be refreshed every four years thereafter. They must also participate in a formal new-hire orientation, in annual training and education development and must have a willingness to further their knowledge about substance abuse treatment and recovery, preferably interested in attaining at minimum a CSAC.

- (2a) The staff currently employed at Bridge House and their qualifications include the following:
  - Executive Director: Andi Pawasarat-Losalio has been employed at Bridge House since 2001 when she was hired as a Case Manager for residents in the Therapeutic Living Program; she was then the Program Director from 2002 until this year when she became Executive Director. She has over 17 years of management experience. Andi holds a current Hawai'i Certificate in Substance Abuse Counseling (CSAC). She earned a Certificate in Human Services and Substance Abuse Counseling from Hawai'i Community College and has completed classes in Public Administration from University of Hawai'i West 'Oahu. She is a former 5 year president of a non-profit serving native Hawaiians and has had the fiscal oversight of a non-profit with a million dollar plus budget. She worked as a Subject Matter Expert (SME) during development, review, and preparation of the most recent International Certification & Reciprocity Consortium (IC&RC) Alcohol and Drug Counselor (ADC) program rendered by Schroeder Measurement Technologies, Inc. She also assists working on policy development for accreditation with a local charter school, and is a volunteer with the County of Hawai'i, Department of Liquor Control as an Adjudication Board member. Andi currently also works with the local division of the United Way to bring awareness about substance abuse issues to the Big Island.
  - Clinical Director: Ted L. Pond Jr. MSW, LCSW, CSAC, graduated from Waianae High School, attended UH Hilo and received his Master's in Social Work with Honors from the University of Hawai'i Manoa Campus. Ted has worked with Bridge House for over four years, and prior to that was employed by the Federally Qualified Hamakua Health Center and a local non-profit treatment center. Ted has over 14 years experience working in the substance abuse treatment field and over 7 years of supervisory experience.
  - <u>Cultural Program Director:</u> Jamie K. Baculpo graduated from Kamehameha Schools and attended U.H. West Hawai'i where she attended classes in Hawaiian Studies and Human Services AA. She is currently working on attaining her Certificate of Substance Abuse

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Counseling (CSAC) and is she has completed all her education and training hours and is expected to complete all requirements mid 2019. She is a certified trained facilitator of the Neighborhood Place of Wailuku – Kamalama Curriculum for parenting classes. Jamie has been employed at Bridge House since 2015 and was formerly a Cultural Advisor to Hawai'i Island Recovery. Prior to that she was employed with a local non-profit treatment program.

- Addiction Care Coordinator: Holly Lindstrom, MSCP, CSAC, holds a Master's Degree in psychology, a Bachelors in Fine Arts and is a CSAC. Holly has over 10 years' experience as a substance abuse counselor. She has been employed with Bridge House for almost a year, and prior to that she worked for a large treatment program for a total of five years as Director of Kona Operation and also as a Substance Abuse Counselor. She also worked for a private high-end residential treatment program in Kona as a case manager and art therapist; before that she worked as a Primary Care Counselor in a California treatment program.
- Vocational Skills Coordinator/Driver: TerryLynne Guerpo is in her second year of employment with Bridge House. Prior to Bridge House she worked with various members of the community as a personal assistant. She attended college in Canada for Journalism. She currently holds a certificate from Hawai'i Community College as a certified Community Health Worker. She holds multiple training certificates in mediation and mediation related subjects. Her specialty is working outreach with the homeless population. Terry has been trained by staff to proficiently work with clients on vocational skills building through our program and to coordinate volunteer opportunities with other community programs.

#### (c) Supervision and Training

All staff are fully oriented to Bridge House policies and procedures, and they are cognizant of their job responsibilities. Staff meetings take place weekly and provide opportunities for case and clinical review, staff supervision and training and program review. Guidelines relating to staff positions as well as support of the cultural and land-based approach to substance abuse treatment and recovery services are frequently reviewed during staff meetings. Staff is cross-trained in various skills, and all staff are trained in matters that are related to care coordination. All staff have the skills to identify and comprehend issues related to substance abuse prevention, treatment and recovery. All staff must demonstrate the ability to not only work effectively with the client population, but also must be able to successfully work with each other.

Clinical Supervision is provided by the Clinical Director who is a Licensed Clinical Social Worker and a Certified Substance Abuse Counselor with over 14 years of experience in the field of substance abuse treatment. Clinical Supervision may occur through the supervisor's participation in treatment/service planning meetings, organizational staff meetings, side-by-side sessions with the person served, or one-to-one

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meetings between the supervisor and individuals providing direct services. The documentation of clinical supervision specifically includes assessment of professional competencies and clinical skills and recommendations for improvement, as opposed to daily supervision.

Bridge House has often had staff who are enrolled in a Substance Abuse Counselor Certification course of study. The Clinical Director is available to them to assist with their training. The supervisor is able to assess their competency in the areas in which training has occurred by observing work and documenting that the skills or knowledge presented are being used on the job, through supervision and clinical review when assessments can be made regarding the retention and use of the training information, or through post-tests that are administered. This system helps to support the professional development of local students who wish to enter the field of substance abuse treatment and recovery and increases the work force in a resource poor community.

Professional development for all staff consists of monthly in-service training covering a variety of topics such as best practices, compliance/regulations, HIV/AIDS, TB, client confidentiality and the integration of culture and land-based approaches to recovery services. As special needs are identified or when additional training can supplement the in-house staff training, licensed or credentialed professionals are invited to present information on the special/topical training. Staff input is often solicited when training topics are being considered. Recognizing the value of more formal educational opportunities, Bridge House provides funding for and encourages staff to enroll in relevant classes and/or attend seminar/conferences that may enhance their clinical, case management, counseling, cultural and agricultural skills.

An Employee Development Plan details the training needs and what type of training would be appropriate to meet those needs. The plan is a useful tool in performance assessment and performance counseling by addressing areas of concern, goals and tasks for improving job performance and setting specific timelines for completion of tasks dealing with performance.

An annual Employee Evaluation is completed for all staff. This annual assessment evaluates the job performance of each staff member and identifies training needs, areas for improvement and acknowledgement of the employee's current level of performance. This annual evaluation is used in part to determine salary increases. Prior to their annual meeting, the board conducts an Employee Evaluation of the Executive Director. The Board reviews the Executive Director's accomplishments for the agency, such as fiscal management, contract compliance, and management of staff and the facility; they then present this review to the Executive Director

#### 2. Organization Chart

See Bridge House Organization Chart in Attachments

#### 3. Compensation

The applicant shall provide an annual salary range paid by the applicant to the three highest paid officers, directors, or employees of the organization by position title, not employee name.

1. Executive Director--\$ 62,000.00

Applicant	Bridge House, Inc.	

- 2. Cultural Program Director--\$ 37,000.00
- 3. Addiction Care Coordinator--\$ 43,000.00

#### VII. Other

#### 1. Litigation

The applicant shall disclose any pending litigation to which they are a party, including the disclosure of any outstanding judgement. If applicable, please explain.

There is none.

#### 2. Licensure or Accreditation

The applicant shall specify any special qualifications, including but not limited to licensure or accreditation that the applicant possesses relevant to this request.

There is none.

#### 3. Private Educational Institutions

The applicant shall specify whether the grant will be used to support or benefit a sectarian or non-sectarian private educational institution. Please see <a href="Article X">Article X</a>, <a href="Section 1">Section 1</a>, of the State Constitution for the relevance of this question.

This grant will be used solely for the clients of Bridge House, Inc., a 501©-3 organization.

#### 4. Future Sustainability Plan

The applicant shall provide a plan for sustaining after fiscal year 2019-20 the activity funded by the grant if the grant of this application is:

- (a) Received by the applicant for fiscal year 2019-20, but
- (b) Not received by the applicant thereafter.

This is a one-time only vehicle purchase request.

		Name and Address of the Control of t
Applicant	Bridge House,	Inc.

# **ATTACHMENTS**

# **BUDGET REQUEST BY SOURCE OF FUNDS**

Period: July 1, 2019 to June 30, 2020

Applicant:	Bridge House, Inc	

	UDGET ATEGORIES	Total State Funds Requested (a)	Total Federal Funds Requested (b)	Total County Funds Requested (c)	Total Private/Other Funds Requested (d)
Α.	PERSONNEL COST  1. Salaries  2. Payroll Taxes & Assessments  3. Fringe Benefits  TOTAL PERSONNEL COST				
B.	OTHER CURRENT EXPENSES  1. Airfare, Inter-Island  2. Insurance  3. Lease/Rental of Equipment  4. Lease/Rental of Space  5. Staff Training  6. Supplies  7. Telecommunication  8. Utilities  9  10  11  12  13  14  15  16  17  18  19  20  TOTAL OTHER CURRENT EXPENSES				
C.	EQUIPMENT PURCHASES				
D. E.	MOTOR VEHICLE PURCHASES CAPITAL	\$63,500.00			\$63,500.00
то	TAL (A+B+C+D+E)	\$63,500.00			\$63,500.00
so	Budget Prepared By:  SOURCES OF FUNDING  (a) Total State Funds Requested \$63,500.00 Andi Pawasarat-Losalio 808-322-3305  (b) Total Federal Funds Requested Phone  (c) Total County Funds Requested (d) Total Private/Other Funds Requested				
то	TAL BUDGET	\$63,500.00	Andi Pawasarat-Losalio, Exe Name and Title (Please type		

#### **BUDGET JUSTIFICATION - PERSONNEL SALARIES AND WAGES**

Period: July 1, 2019 to June 30, 2020

Applicant: Bridge House, Inc.	-			
POSITION TITLE	FULL TIME EQUIVALENT	ANNUAL SALARY A	% OF TIME ALLOCATED TO GRANT REQUEST B	TOTAL STATE FUNDS REQUESTED (A x B)
N/A				\$ -
				\$ -
				\$ -
				\$ -
				\$ -
				\$ -
				\$
				\$ -
				-
				\$ -
				\$ <u>-</u>
				\$ -
				\$
				<b>\$</b>
TOTAL:				
JUSTIFICATION/COMMENTS:				

## **BUDGET JUSTIFICATION - EQUIPMENT AND MOTOR VEHICLES**

Period: July 1, 2019 to June 30, 2020

Applicant:	Bridge House, Inc.	
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DESCRIPTION EQUIPMENT	NO. OF ITEMS	COST PER	TOTAL COST	TOTAL BUDGETED
			\$ -	
			\$ -	
			\$ -	
			\$ -	
			\$ -	
TOTAL:				
JUSTIFICATION/COMMENTS:				
				7.0

DESCRIPTION OF MOTOR VEHICLE	NO. OF VEHICLES	COST PER VEHICLE	TOTAL COST	TOTAL BUDGETED
			\$ -	
15 Passenger Ford Van	1	\$47,000.00	\$ 47,000.00	\$47,000.00
Hundai Elantra Sedan	1	\$16,500.00	\$ 16,500.00	\$16,500.00
			\$ -	
			\$ -	
TOTAL:	2		\$ 63,500.00	\$63,500.00

JUSTIFICATION/COMMENTS:

# **BUDGET JUSTIFICATION - CAPITAL PROJECT DETAILS**

Period: July 1, 2019 to June 30, 2020

Applicant: Bridge House, Inc.	<b></b>					
FUNDING AMOUNT REQUESTED Not Applicable						
TOTAL PROJECT COST	ALL SOURCE RECEIVED IN	S OF FUNDS PRIOR YEARS	STATE FUNDS REQUESTED	OTHER SOURCES OF FUNDS REQUESTED	FUNDING R	EQUIRED IN
	FY: 2017-2018	FY: 2018-2019	FY:2019-2020	FY:2019-2020	FY:2020-2021	FY:2021-2022
PLANS						
LAND ACQUISITION						
DESIGN						
CONSTRUCTION						
EQUIPMENT						
TOTAL:						
JUSTIFICATION/COMMENTS: N/A. This is not a Capital Project						

# **GOVERNMENT CONTRACTS, GRANTS, AND / OR GRANTS IN AID**

Applicant: Bridge House. Inc. Contracts Total: \$1,001,300.00

	CONTRACT DESCRIPTION	EFFECTIVE DATES	AGENCY	GOVERNMENT ENTITY (U.S. / State / Haw / Hon / Kau / Mau)	CONTRACT VALUE
1	Substance Abuse Treatment & Recovery Suport Services	10/1/18-9/30/20	Dept. of Health ADAD	State of Hawaii	\$990,000.00
	Vocational Skills Building Program	7/1/18-6/30/19	Finance Department	County of Hawaii	\$11,300.00
3	······································				
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# Bridge House, Inc.

#### **Board of Directors**

#### 2018-2019

#### President

Walter Welton Retired 75-5767 Melelina St. Kailua-Kona, HI 96740

Cell: 937-5556

Home: 329-1373/Fax: 329-7079

animals@hawaii.rr.com

# Vice President Recording Secretary

Clement "Clem" Zierke Retired CSAC 73-1018 Ahikawa St. Kailua-Kona, HI 96740

Home: 325-6179 Cell: 936-9299

ICAN@hawaii.rr.com

# Secretary/Treasurer

Paul Bangert
Manager at JRS International
78-6852 Palekana Rd.
Holualoa, HI 96725

Cell: 896-0122/Ph: 322-5677 PaulB005@hawaii.rr.com

#### **Board Member**

Paul Johnson P.O. Box 4280 Kailua-Kona, HI 96745

Cell: 936-2415 pjtwc@aol.com

#### **Board Member**

Phil Freed Owner/Broker Resident Rentals, Inc. 73-1166 Mahilani Dr. Kailua-Kona, HI 96740

Cell: 640-8446

Philfree808@gmail.com

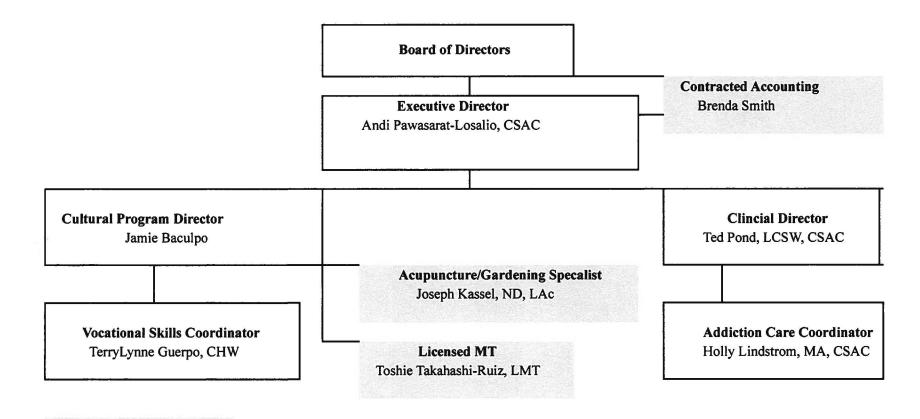
#### **Board Member**

Amanda Hurtado 72-4143 Awalua Place Kailua-Kona, HI 96740

Cell: 345-1603

bigislandtlc@yahoo.com

# **BRIDGE HOUSE, INC.:** Agency Wide Organizational Chart



shaded areas= contracted consultant

# BRIDGE HOUSE, INC.

## Clean & Sober Living Weekly Schedule

	Clean & Sober Living Weekly Schedule
Monday	
6:30-7:30am	Morning Reading/Gratitude/Mahiai
7:30-8:30	Chores/Breakfast
8:30	Leave for Drug Court (Drug Court clients)
8:30-12:00	Meet with Sponsor/IC/Free time
12:00-1:00	Pick-up DC/Lunch
1:00-3:00	Aloha 'Āina
3:00-6:00	Meet with Sponsor/Free time
	BH 12-Step Speaker Meeting
6:00-7:00pm	
<u>Tuesday</u> 6:30-7:30am	(Drug Court: Productive Time Log & Mtg Sheets Due)
	Morning Reading/Gratitude/Mahiai Chores/Breakfast
7:30-8:30	
9:00-12:00	IOP/OP Tx (for those that have today) or Day Tx (9:00-3pm)
12:00-1:00	Eat Lunch
1:00-3:00	Aloha 'Āina
3:00-6:00	Meet with Sponsor/Free time
6:00pm	Leave for 'aha ahiahi (NA Newcomers Mtg)
Wednesday (200 Flace)	(Weekly Schedule due for Treatment)
6:30-7:30am	Morning Reading/Gratitude/Mahiai
7:30-8:30	Chores/Breakfast
9:00-12:00	IOP/OP Tx (for those that have today) or Day Tx (9:00-3pm)
12:30-1:30	Lunch
1:30-3:30	Aloha 'Āina
3:00-6:00	Meet with Sponsor/Free time
6:00pm	Leave for 'aha kane/'aha wahine (NA Men's/Women's Mtgs)
<b>Thursday</b>	
6:30-7:00	Morning Reading/Gratitude
7:00-8:00	Chores/Breakfast
8:00-11:30	IOP/OP Tx (for those that have today) or Day Tx (8:00-12pm)
11:30-12:30	Lunch
12:30-1:30	House Meeting
2:00-4:00	Aloha 'Āina
4:00-6:00	Meet with Sponsor/Free time
6:30pm	Leave for 'aha ahiahi (KKAA-AA Newcomers Mtg)
<u>Friday</u>	(Meeting & Meeting sheets due by 2pm)
6:30-7:30am	Morning Reading/Gratitude/Mahiai
7:30-8:30	Chores/Breakfast
9:00-12:00	IOP/OP Tx (for those that have today) or Day Tx (9:00-3pm)12:30-1:00
Lunch	
1:00-3:30	Aloha 'Āina
3:00-6:00	Meet with sponsor/Free time
6:00pm	BH 12-step Meeting
<b>Saturday</b>	(Meet with Sponsor/Visitor Passes/Community Service/)
9:00am-3:00pm	Treatment (for those that have)
6:30pm	Leave for 'aha ahiahi (KKAA-AA)
6.00	I ACT CATUDDAY OF THE MONTH DIDTUDAY MICHT

LAST SATURDAY OF THE MONTH BIRTHDAY NIGHT

Saturday (Meet with Sponsor/Visitor Passes/Community Service/)
6:00pm BH 12-step Meeting

6:00pm

## **Bridge House, Inc.**

## **Community Contact List**

Service/Resource

Agency/Organization Access Line

Emergency phone resources for persons in mental health crisis

Adult Client Services Probation Referrals of their clients to our Clean & Sober program

Provide consultation/training to our agricultural and Agro Resources

Vocational Skill Building Program

Alii Health Center Medical Offices with General Practice, Internists,

> and Specialists on staff. They are one of the few clinics that take both Quest insurance plans and are knowledgeable in treating individuals with

substance abuse issues and referrals of their clients to

our Clean & Sober program

Altress Employment resource/employment opportunities

Alu Like Risk Reduction, employment training, financial literacy,

library resources

ARC of Kona Vocational assistance for those who qualify for a

vocational rehabilitation program

Big Island Counseling Counseling for adolescents, individuals, families, couple

> and groups specialize in couple's counseling, family conflict, parenting support, internet and gaming

addiction, substance use, career and work issues, coping with divorce, grief and loss, coping with depression and

anxiety, and stress management

Big Island Substance Abuse Council Substance abuse treatment services, DUI education

classes & TLP program, and referrals of their clients to

our Clean & Sober program

Care Hawaii ICM Case management services for qualifying persons with

mental health diagnosis and referrals of their clients to

our Clean & Sober program

Catholic Charities Referrals of their clients to our Clean & Sober program,

they provide family support services for CWS clients,

and child visitation monitoring

Dana Moody, MFT Community based marriage and family therapy

Deborah Chavez, PhD, MFT Psychotherapy, consultations, and evaluations (both

psychological and socio-educational

DHS-Child Welfare Services Refers clients to Clean & Sober program and works with

our program for possible family reunification

DHS Benefit Employment & Financial State financial assistance programs Support Division

DHS-Med-Quest State medical assistance program

Dr. Chamberlain, Psychologist Conducts neuro-psychological evaluations, counseling

and DHS evaluations

Dr. Sira, OBGYN, PCP Provides medical care for pregnant women and

gynecology services

Driver's Education Provides education classes for persons required by

court for DUI charges

Empowering Alternatives Provides counseling services to persons with history

of sex abuse

Epic 'Ohana conferencing, family support services

Family Support Hawaii Provides multi disciplinary services to families in

need and at risk and referrals of their clients to our C&S

program

Fran 'Oleary Duntz, LCSW Community therapist

Habitat for Humanity Offers free repairs to facility & families in need

Hawai'i Island Recovery Private residential treatment program

Hawai'i Island Aids Foundation Provides support services for clients with HIV/AIDS,

also provides testing and education

Kailua-Kona Learning Center Literacy classes & computer classes

Katie Nova, PhD Individual therapy services and referrals of their clients

to our Clean & Sober program

Kelly Donovan, MFT Community family therapist

Kona Community Hospital Emergency medical services Clean & Sober program

Kona Community School for Adults	Education programs from ESL, GED classes and testing
Lokahi Treatment Centers	Substance abuse treatment services and referrals of their clients to our Clean & Sober program
Neighborhood Place of Kona	Provides assessment & referral to at risk families within a culturally sensitive approach and referrals of their clients to our Clean & Sober program
Office of County Housing	Resource for assisted housing
Office of Social Ministry Food Basket Care-A-Van Mobile Care	Outreach services for homeless, housing referrals, food bank
Salvation Army	Referrals for vouchers for clothing and personal items
Susan "Summer" Eggleston, CSAC, MFT	Family and individual counseling with knowledge of substance abuse issues
Division of Vocational Rehabilitation And Services for the blind	Employment related services for people with disabilities
Treasure Shack Thrift Store	Clothing available for free for those in treatment with limited clothing and low income
Turning Point for Families	Anger management classes, women's support groups and assistance with filing domestic violence related restraining orders
University of Hawaii Cooperative Extension Office/Agriculture	Provide consultation/training to our agricultural and Vocational Skill Building Program Office/Agriculture
University of Hawaii West Hawaii Center	Education resource
VA Clinic Kona	Medical and psychological services for veterans and referrals of their clients to our Clean & Sober program
Waikiki Health	Provides education and testing for HIV/AIDS, STD's and communicable diseases
West Hawaii Community Health Center	Full medical clinic, including OBGYN exams, individual therapy, and referrals of their clients to our Clean & Sober program
West Hawaii Mental Health	State mental health clinic and therapy services and referrals of their clients to our Clean & Sober program