

SB2593

Measure Title: RELATING TO THE HEALTHY AGING PARTNERSHIP PROGRAM.

Report Title: Kupuna Caucus; Healthy Aging Partnership; Appropriation (\$)

Description: Appropriates funds for the healthy aging partnership program to further the program's role in improving the health and well-being of Hawaii's kupuna.

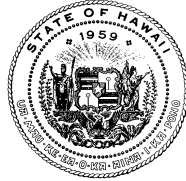
Companion: [HB1918](#)

Package: Kupuna Caucus

Current Referral: CPH/HMS, WAM

Introducer(s): IHARA, HARIMOTO, KIM, NISHIHARA, RUDERMAN, TOKUDA, S. Chang, Espero, Gabbard, Green, Riviere, Taniguchi, L. Thielen

DAVID Y. IGE
GOVERNOR OF HAWAII



TERRI BYERS
DIRECTOR

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Testimony COMMENTING on SB2593
Relating to the Healthy Aging Partnership Program

COMMITTEE ON COMMERCE, CONSUMER PROTECTION, AND HEALTH
SENATOR ROSALYN H. BAKER, CHAIR
SENATOR JILL N. TOKUDA, VICE CHAIR

COMMITTEE ON HUMAN SERVICES
SENATOR JOSH GREEN, CHAIR
SEANTOR STANLEY CHANG, VICE CHAIR

Testimony of Terri Byers
Director, Executive Office on Aging
Attached Agency to the Department of Health

Hearing Date: February 5, 2018 Room Number: 016
3:10 p.m.

- 1 **EOA's Position:** The Executive Office on Aging, an attached agency to the Department of
- 2 Health, supports this measure provided that its enactment does not reduce or replace priorities
- 3 within the Administration's executive supplemental budget.
- 4 **Fiscal Implications:** This measure appropriates \$550,000 of funding for the Healthy Aging
- 5 Partnership Program for FY2019.
- 6 **Purpose and Justification:** Led by the Executive Office on Aging and Department of Health
- 7 Chronic Disease Branch, Hawaii's Healthy Aging Partnership (HHAP) was convened in 2003 to
- 8 improve health of older adults through two evidence-based intervention programs, Better
- 9 Choices Better Health (BCBH) and Enhance@Fitness.

1 BCBH is a six-week self-management workshop developed by Stanford University that teaches
2 participants skills to manage their health conditions and interact with their health care providers.
3 The workshop does not replace prescribed treatment but supports medical-professional treatment
4 plans. In the State of Hawaii, an individual spends on average about \$20,477 per year on
5 emergency room visits and hospitalizations. The National Council on Aging estimates that a
6 BCBH participant saves an average of \$499.12 per year on health care costs. The State of
7 Hawaii BCBH program operates in collaboration with the Hawaii State Department of Health
8 Diabetes Prevention Program. Since its inception, 2,785 individuals across the State participated
9 in BCBH. Pre-and post-test data showed fewer visits to physicians' offices and emergency
10 rooms. In SFY 2017, 183 participants engaged in 19 workshops statewide.

11 Enhance®Fitness is an evidence-based exercise program designed to improve the health of older
12 adults and reduce health care costs by improving cardiovascular fitness, strength, flexibility, and
13 balance. In SFY 2017, Enhance®Fitness was available in the counties of Kauai and Maui. The
14 programs drew a total of 373 participants.

15 Both the BCBH and the Enhance®Fitness programs have shown that older adults with chronic
16 conditions benefit by a focus on self-management techniques and exercises to avoid long term
17 complications of chronic conditions.

18 HHAP received funding last year from the Hawaii State Legislature through ACT 103. HHAP
19 was unsuccessful in its competitive bids for federal funds in 2017. Without additional funding,
20 the HHAP may not be able to continue to offer the BCBH and Enhance®Fitness programs to
21 older adults in the State of Hawaii at its current level.

1 **Recommendation:** HHAP is not part of the Administration's budget request. We support
2 advancing this measure provided that its enactment does not reduce or replace priorities with the
3 Administration's budget request. Should there be a surplus of funds available for this measure,
4 we would be very supportive of funding this important and effective public health intervention.

SB-2593

Submitted on: 2/4/2018 9:29:52 PM

Testimony for CPH on 2/5/2018 3:10:00 PM

Submitted By	Organization	Testifier Position	Present at Hearing
Melodie Aduja	OCC Legislative Priorities	Support	No

Comments:

The Twenty-Ninth Legislature
Regular Session of 2018

THE SENATE

Committee on Commerce, Consumer Protection and Health

Senator Rosalyn H. Baker, Chair

Senator Jill N. Tokuda, Vice Chair

Committee on Human Services

Senator Josh Green, Chair

Senator Stanley Chang, Vice Chair

State Capitol, Conference Room 016
Monday, February 5, 2018; 3:10 p.m.

**STATEMENT OF THE ILWU LOCAL 142 ON S.B. 2593
RELATING TO THE HEALTHY AGING PARTNERSHIP PROGRAM**

The ILWU Local 142 **supports** S.B. 2593, which appropriates funds for the Healthy Aging Partnership program to further the program's role in improving the health and well-being of Hawaii's kupuna.

The Healthy Aging Partnership is a program that facilitates chronic disease management and exercise and fitness programs for the elderly to maintain their health. An evidence-based health promotion program, the Healthy Aging Partnership helps seniors to become more aware of their health and provides them with education and tools to help them eat right, adjust their lifestyles, exercise, and use medication and doctor visits appropriately. The program is nationally recognized. Hawaii's program received an award from the American Society on Aging in 2013.

A significant component of this program is that it is evidence-based and adds to the data that demonstrates what happens when chronic disease is properly managed and exercise and fitness are components of an elderly person's routine and lifestyle. Kupuna participating in the Healthy Aging Partnership are more active, healthier, and enjoy life.

The only drawback is that the Healthy Aging Partnership only serves a limited number of kupuna. But if the appropriation called for in S.B. 2593 is not provided, even fewer kupuna, and possibly none, will benefit from this program that has been able to keep seniors healthy and active. Replication of the program with a "train the trainer" component using volunteers may be something to consider to increase the numbers who could benefit from the Healthy Aging Partnership.

The ILWU urges passage of S.B. 2593. Thank you for the opportunity to provide testimony on this measure.

Monday, February 5, 2018 at 3:10pm
Conference Room 016

Senate Committee on Commerce, Consumer Protection, and Health

To: Senator Rosalyn H. Baker, Chair
Senator Jill N. Tokuda, Vice Chair

Senate Committee on Human Services

To: Senator Josh Green, Chair
Senator Stanley Chang, Vice Chair

From: Michael Robinson
Vice President & Government Relations

Re: Testimony in Support of SB 2593, Relating to the Healthy Aging Partnership Program

My name is Michael Robinson and I am Vice President and Government Relations at Hawai'i Pacific Health. Hawai'i Pacific Health is a not-for-profit health care system with over 70 locations statewide including medical centers, clinics, physicians and other caregivers serving Hawai'i and the Pacific Region with high quality, compassionate care. Its four medical centers – Kapi'olani, Pali Momi, Straub and Wilcox – specialize in innovative programs in women's health, pediatric care, cardiovascular services, cancer care, bone and joint services and more. Hawai'i Pacific Health is recognized nationally for its excellence in patient care and the use of electronic health records to improve quality and patient safety

I testify in support of SB 2593 which provides funding for the fiscal year 2018-2019 to continue the Healthy Aging Partnership Program.

The healthy aging partnership program has successfully adapted evidence-based health promotion programs and disease prevention programs for the multicultural population in Hawaii. Participants who complete workshops offered by the Healthy Aging Partnership Program (HAPP) feel better, are less limited by their health conditions, and often spend less time at their doctor's office. The Program received the 2013 Multicultural Aging Award from the American Society on Aging. Our State's aging population is able to live a higher quality of life from the benefits of the HAPP.

Without funding for fiscal year 2017-2018, The Healthy Aging Partnership Program will have to close and the Executive Office on Aging will not be able to meet the first goal of the Hawaii State Plan on Aging.

Hawaii Pacific Health urges the Committee to vote in favor of extending the Healthy Aging Partnership Program.

Thank you for your consideration of this testimony in support of SB 2593.



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Senate Committee on Consumer Protection and Health
Senate Committee on Human Services
Monday, February 5, 2018
3:10 p.m.
Conference Room 16

To: Senator Rosalyn Baker, Chair
Senator Josh Green, Chair
Re: S.B. No. 2593, Relating to the Healthy Aging Partnership Program

Dear Chairs Baker and Green, Vice-Chairs Tokuda and Chang, and Members of both Committees,

My name is Kerry M. Komatsubara and I am the Advocacy Director for AARP Hawaii. AARP is a membership organization of people age fifty and over with about 150,000 members in Hawaii. AARP advocates for issues that matter to Hawaii families, including the high cost of long-term care; access to affordable, quality health care for all generations; and serving as a reliable information source on issues critical to people over the age of fifty.

AARP Hawaii strongly supports S.B. No. 2593 which appropriates funds to the Healthy Aging Partnership (HAP). HAP includes EnhancedFitness, a low impact aerobics class and the chronic disease self-management workshop. According to the University of Hawaii's research evaluation, HAP program participants have reduced hospital stays, emergency room use and falls while increasing their overall physical functioning.

We support this valuable program and its funding request.

Thank you for the opportunity to testify in support of S.B. No. 2593.





**SB 2593, Relating to Healthy Aging Partnership Program
House CPH/HMS Committee Hearing
Monday, Feb. 5, 2018 – 3:10 pm
Conference Room 016
Position: Support**

Chairs Baker and Green, and Members of the Joint CPH and HMS Committee:

I am Gregg Pacilio, PT and Board President of the Hawaii Chapter of the American Physical Therapy Association (HAPTA), a non-profit professional organization serving more than 300 member Physical Therapists and Physical Therapist Assistants. Our members are employed in hospitals and health care facilities, the Department of Education school system, and private practice. We are movement specialists and are part of the spectrum of care for Hawaii, and provide rehabilitative services for infants and children, youth, adults and the elderly. Rehabilitative services are a vital part of restoring optimum functioning from neuromusculoskeletal injuries and impairments.

HAPTA supports the request for funding for the Healthy Aging Partnership program which has successfully adapted evidence-based health promotion programs and disease prevention programs for the multicultural population in Hawaii. It provides accurate information to our kupuna. It provides classes about healthy living, chronic disease management, arthritis management, and diabetes management to empower kupuna and their caregivers. For example, the Enhanced Fitness program on Kauai allows kupuna to exercise in a safe manner, allowing for increased physical activity which has been shown to improve overall health factors and balance.

The Healthy Aging Partnership program is a valuable resource for the community as well as for physical therapists and other health professionals to refer people for both prevention and post-injury/medical complication for education and improved health.

Your support of SB2593 is appreciated. Thank you for the opportunity to testify. Please feel free to contact Abi Leddy, HAPTA's Elder Care Chair at (214) 883-8329 for further information.

SB-2593

Submitted on: 2/5/2018 9:06:32 AM

Testimony for CPH on 2/5/2018 3:10:00 PM

Submitted By	Organization	Testifier Position	Present at Hearing
Patricia Gonsalves		Support	No

Comments:

This bill is extremely important in helping Hawaii's Kupuna remain healthy and active into their golden years. People are living much longer now than ever before and one of the keys to being healthy longer is continued physical activity. By offering our Kupuna information about and ways to remain healthy and active we are helping our entire state. The longer a person remains healthy the less strain there will be on the already overburdened health system and care facilities. It is really a no brainer to support this measure. Thank you.

To: Senate Committee on Consumer Protection and Health

Senate Committee on Human Services

Date: January 30, 2018

Re: SB 2593, Relating to the Healthy Aging Partnership Program

Dear Chairs Baker and Green, Vice-Chairs Tokuda and Chang, and Members of Both Committees

Thank you for the opportunity to submit written testimony in **STRONG SUPPORT** of SB 2593, Relating to the Healthy Aging Partnership Program.

My name is Chalintorn N. Burian, Ph.D. and I am a retiree. I live in Paauilo-Mauka on the Big Island. The passage of this Bill is vital as it appropriates funds to the Healthy Aging Partnership (HAP). HAP includes EnhancedFitness, a low impact aerobics class and chronic disease self-management workshop. According to the University of Hawaii's research evaluation, HAP program participants have reduced hospital stays, emergency room use and falls, while increasing their overall functioning. As one of the past chronic disease self-management workshops, I have experience great benefit from the workshop.

I urge you to support the HAP valuable program and its funding request by voting **YES** on SB 2593. Mahalo!

Chalintorn N. Burian, Ph.D.

Positive and Productive Aging Consultant.

Paauilo-Mauka, Hawaii District

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Honokaa

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SB-2593

Submitted on: 1/31/2018 3:29:55 PM

Testimony for CPH on 2/5/2018 3:10:00 PM

Submitted By	Organization	Testifier Position	Present at Hearing
Randolph Hack		Support	No

Comments:

Senate Committee on Consumer Protection and Health

Senate Committee on Human Services

Monday, February 5, 2018

3:10 p.m. Rm. 016

To: Senator Rosalyn Baker, Chair

Senator Josh Green, Chair

Re: **SB No 2593 Relating to the Healthy Aging Partnership Program**

Dear Chairs Baker and Green, Vice-Chairs Tokuda and Chang, and Members of both Committees:

My name is Randolph Hack and I am an Advocacy Volunteer for AARP, a membership organization for those 50 and over with about 150,000 members. I strongly support this measure, which appropriates funds for the Healthy Aging Partnership (HAP). This program offers a low-impact aerobics class, Enhanced Fitness and a chronic disease self-management workshop. Research evaluation conducted by the University of Hawaii has shown that HAP program participants have reduced hospital stays, emergency room use, and falls while increasing their physical functioning. I know how serious falls can be for seniors like me from personal experience. My physician gets very serious when we discuss falls!

I support this valuable program and its funding request. Thank you for your consideration of my testimony.

SB-2593

Submitted on: 2/3/2018 12:02:49 PM

Testimony for CPH on 2/5/2018 3:10:00 PM

Submitted By	Organization	Testifier Position	Present at Hearing
Kathryn Braun		Support	No

Comments:

Honorable Senators:

Thank you for this opportunity to submit testimony for [SB 2593](#) Related to the Healthy Aging Partnership Program.

This program offers classes that help older adults prevent falls and prevent and control chronic diseases. Classes are offered on all islands in collaboration with the state and county offices on aging. Without these programs, more older adults would access emergency and acute health services for falls and chronic diseases. As our population ages, we need to put more effort into keeping our kupuna healthy and at home, and out of more costly care facilities.

I am professor and director of Public Health at the University of Hawai'i, testifying as an individual. In my university role, I have reviewed and conducted research on programs that aim to KEEP ELDERS HEALTHY. Data suggest that these programs help elders prevent falls and prevent and control chronic diseases. Prevention saves money in the long-run for the state.

Thus, I strongly support the passage of this bill.

Mahalo - Kathryn L. Braun, 625 Iolani Ave, #504, Honolulu 96813

Sylvia Ching
1611 Miller St., Apt. 304
Honolulu, HI 96813

Senate Committee on Commerce, Consumer Protection and Health

Senate Committee on Human Services

Monday, February 5, 2018

3:10 P.M.

Conference Room 316

To: Senator Rosalyn Baker, Chair

Senator Josh Green, Chair

Re: S.B. 2593, Relating to Healthy Aging Partnership Program

Dear Chairs Baker and Green, Vice-Chairs Tokuda and Chang and Members of both committees:

My name is Sylvia Ching and I strongly support S.B. 2593 which appropriates funds for the Healthy Aging Partnership (HAP).

I have type 2 diabetes, and many like myself who suffer from chronic illness, will be helped by this program which provides self management workshops for chronic illness. This will prevent complications from our illness.

Thank you for the opportunity to submit this testimony in support of S.B. 2593.

SB-2593

Submitted on: 2/4/2018 10:59:44 AM

Testimony for CPH on 2/5/2018 3:10:00 PM

Submitted By	Organization	Testifier Position	Present at Hearing
Javier Mendez-Alvarez		Support	No

Comments: