

# ASUH

YOUR STUDENT GOVERNMENT



Nanea C. Lo

Senator

ASUH Senator of Hawai'i inuiākea School of Hawaiian Knowledge

February 6, 2017

Rep. Justin H. Woodson  
Chairperson  
Committee On Higher Education  
415 South Beretania Street, Room 309

**LATE**

Aloha Chair Woodson, Vice-Chair Hashem and Members,

I am submitting testimony for strong support of SB 1164, which appropriates moneys for the University of Hawaii to hire three psychologists and one case manager to provide student mental health services.

Currently on campus, the UHM Counseling and Student Development Center (CSDC) employs only seven and a half tenured track psychologists' positions. This has caused a backlog of students in need of psychotherapy services estimated from five days to two and a half weeks. A wait this long only shows the failure of the university to help foster an environment of student success.

From what I understand, the national guidelines require a ratio of one licensed psychologist per every one thousand to one thousand five hundred college students. While this bill would increase the CSDC's capacity to service is just shy of meeting this standard, it would be appropriate to take incremental steps towards reaching this goal.

I know that we can all agree that a student's success is essential to a thriving university and SB 1164 would help to foster student success by providing ample resources for dealing with mental health issues, such as stress, depression, and anxiety.

Therefore, I strongly recommend that this bill does pass through the Committee on Higher Education.

Sincerely,

**Nanea Claire Lo**

ASUH Senator of Hawai'i inuiākea School of Hawaiian Studies  
Associated Students of the University of Hawai'i at Mānoa

**Associated Students of the University of Hawai'i at Manoa**

2465 Campus Road, Campus Center Rm 211A, Honolulu HI 96822 | Cell: (808)-389-1531 | Email:  
davidbe@hawaii.edu

**LATE**

**From:** mailinglist@capitol.hawaii.gov  
**Sent:** Monday, February 6, 2017 2:49 PM  
**To:** HRE Testimony  
**Cc:** teresa.parsons@hawaii.edu  
**Subject:** \*Submitted testimony for SB1164 on Feb 7, 2017 14:15PM\*

**SB1164**

Submitted on: 2/6/2017

Testimony for HRE/CPH on Feb 7, 2017 14:15PM in Conference Room 224

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Teresa Parsons	Individual	Support	No

Comments:

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**LATE**

**From:** mailinglist@capitol.hawaii.gov  
**Sent:** Tuesday, February 7, 2017 5:24 PM  
**To:** HRE Testimony  
**Cc:** taylorlhasao@gmail.com  
**Subject:** \*Submitted testimony for SB1164 on Feb 7, 2017 14:15PM\*

**SB1164**

Submitted on: 2/7/2017

Testimony for HRE/CPH on Feb 7, 2017 14:15PM in Conference Room 224

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Taylor Asao	Individual	Support	No

Comments:

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**LATE**

**From:** mailinglist@capitol.hawaii.gov  
**Sent:** Tuesday, February 7, 2017 2:00 PM  
**To:** HRE Testimony  
**Cc:** raelynbatacan@gmail.com  
**Subject:** \*Submitted testimony for SB1164 on Feb 7, 2017 14:15PM\*

**SB1164**

Submitted on: 2/7/2017  
Testimony for HRE/CPH on Feb 7, 2017 14:15PM in Conference Room 224

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Raelyn Batacan	Individual	Support	No

Comments:

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**LATE**

**From:** mailinglist@capitol.hawaii.gov  
**Sent:** Tuesday, February 7, 2017 1:39 PM  
**To:** HRE Testimony  
**Cc:** eroco@hawaii.edu  
**Subject:** Submitted testimony for SB1164 on Feb 7, 2017 14:15PM

**SB1164**

Submitted on: 2/7/2017

Testimony for HRE/CPH on Feb 7, 2017 14:15PM in Conference Room 224

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Eileen Roco	Individual	Support	No

Comments: Aloha Representatives, Though I do not directly use Mental Health Counseling Services (at UH or otherwise), I have very close peers and colleagues who make it through their days thanks to the medication and support given by psychologists and therapists. Allowing for professionals like these to come to UH and directly be available for students who need them would help them tremendously, each person at a time. Please keep them in mind as you consider your support. Thank you for your time. Mahalo much, Eileen Roco

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**LATE**

**From:** mailinglist@capitol.hawaii.gov  
**Sent:** Tuesday, February 7, 2017 1:09 PM  
**To:** HRE Testimony  
**Cc:** chriffo@gmail.com  
**Subject:** \*Submitted testimony for SB1164 on Feb 7, 2017 14:15PM\*

**SB1164**

Submitted on: 2/7/2017

Testimony for HRE/CPH on Feb 7, 2017 14:15PM in Conference Room 224

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Tiffany	Individual	Support	No

Comments:

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**LATE**

**From:** mailinglist@capitol.hawaii.gov  
**Sent:** Tuesday, February 7, 2017 11:41 AM  
**To:** HRE Testimony  
**Cc:** scotthtonai@gmail.com  
**Subject:** \*Submitted testimony for SB1164 on Feb 7, 2017 14:15PM\*

**SB1164**

Submitted on: 2/7/2017  
Testimony for HRE/CPH on Feb 7, 2017 14:15PM in Conference Room 224

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Scott Tonai	Individual	Support	No

Comments:

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**LATE**

**From:** mailinglist@capitol.hawaii.gov  
**Sent:** Tuesday, February 7, 2017 11:21 AM  
**To:** HRE Testimony  
**Cc:** kortnik@hawaii.edu  
**Subject:** \*Submitted testimony for SB1164 on Feb 7, 2017 14:15PM\*

**SB1164**

Submitted on: 2/7/2017

Testimony for HRE/CPH on Feb 7, 2017 14:15PM in Conference Room 224

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
kortni	Individual	Support	No

Comments:

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**LATE**

**From:** mailinglist@capitol.hawaii.gov  
**Sent:** Tuesday, February 7, 2017 11:10 AM  
**To:** HRE Testimony  
**Cc:** kristinmunar@yahoo.com  
**Subject:** Submitted testimony for SB1164 on Feb 7, 2017 14:15PM

**SB1164**

Submitted on: 2/7/2017

Testimony for HRE/CPH on Feb 7, 2017 14:15PM in Conference Room 224

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Kristin Munar	Individual	Support	No

Comments: I support this bill because I feel that it is crucial to provide these services to those in need, as I know individuals who are impacted by this.

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**LATE**

**From:** mailinglist@capitol.hawaii.gov  
**Sent:** Tuesday, February 7, 2017 11:04 AM  
**To:** HRE Testimony  
**Cc:** cory808@gmail.com  
**Subject:** \*Submitted testimony for SB1164 on Feb 7, 2017 14:15PM\*

**SB1164**

Submitted on: 2/7/2017

Testimony for HRE/CPH on Feb 7, 2017 14:15PM in Conference Room 224

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Cory Pang	Individual	Support	No

Comments:

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**LATE**

**From:** mailinglist@capitol.hawaii.gov  
**Sent:** Tuesday, February 7, 2017 11:04 AM  
**To:** HRE Testimony  
**Cc:** chelseacmiyashiro@gmail.com  
**Subject:** \*Submitted testimony for SB1164 on Feb 7, 2017 14:15PM\*

**SB1164**

Submitted on: 2/7/2017

Testimony for HRE/CPH on Feb 7, 2017 14:15PM in Conference Room 224

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
chelsea	Individual	Support	No

Comments:

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**LATE**

**From:** mailinglist@capitol.hawaii.gov  
**Sent:** Tuesday, February 7, 2017 10:58 AM  
**To:** HRE Testimony  
**Cc:** jwayabe@gmail.com  
**Subject:** Submitted testimony for SB1164 on Feb 7, 2017 14:15PM

**SB1164**

Submitted on: 2/7/2017  
Testimony for HRE/CPH on Feb 7, 2017 14:15PM in Conference Room 224

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Jolie Wynn Ayabe	Individual	Support	No

Comments: I am in support of both friends and family who will be directly affected by the passing of this bill in hopes that it may benefit me or those relations in the future.

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**LATE**

**From:** mailinglist@capitol.hawaii.gov  
**Sent:** Tuesday, February 7, 2017 10:55 AM  
**To:** HRE Testimony  
**Cc:** dnases@gmail.com  
**Subject:** \*Submitted testimony for SB1164 on Feb 7, 2017 14:15PM\*

**SB1164**

Submitted on: 2/7/2017  
Testimony for HRE/CPH on Feb 7, 2017 14:15PM in Conference Room 224

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
darlene	Individual	Support	No

Comments:

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**LATE**

**From:** mailinglist@capitol.hawaii.gov  
**Sent:** Tuesday, February 7, 2017 10:47 AM  
**To:** HRE Testimony  
**Cc:** alexandra.roth94@gmail.com  
**Subject:** \*Submitted testimony for SB1164 on Feb 7, 2017 14:15PM\*

**SB1164**

Submitted on: 2/7/2017  
Testimony for HRE/CPH on Feb 7, 2017 14:15PM in Conference Room 224

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Alexandra Roth	Individual	Support	No

Comments:

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**LATE**

**From:** mailinglist@capitol.hawaii.gov  
**Sent:** Tuesday, February 7, 2017 9:40 AM  
**To:** HRE Testimony  
**Cc:** Kathrine@hawaii.edu  
**Subject:** \*Submitted testimony for SB1164 on Feb 7, 2017 14:15PM\*

**SB1164**

Submitted on: 2/7/2017

Testimony for HRE/CPH on Feb 7, 2017 14:15PM in Conference Room 224

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Kathrine Fast	Individual	Support	No

Comments:

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**LATE**

DATE: February 7, 2017  
TIME: 2:15 PM  
PLACE: Conference Room 224

TO: Senate Committee on Higher Education  
Senator Kaiali'i Kahele, Chair  
Senator Michelle N. Kidani, Vice Chair

Senate Committee on Commerce, Consumer Protections and Health  
Senator Rosalyn H. Baker, Chair  
Senator Clarence K. Nishihara, Vice Chair

RE: **Support for SB1164** Relating to the University of Hawai'i appropriation of Hawai'i Pamantasan Council

Thank you for the opportunity to provide testimony. The Graduate Student Organization at the University of Hawai'i at Mānoa (GSO) stands in support of SB1164, which seeks to appropriate moneys for the University of Hawaii to hire three psychologists and one case manager to provide student mental health services.

As we have noted in previous testimony, whether as an undergraduate or graduate student, the pursuit of higher education is a demanding and highly stressful endeavour. As in any organization, it is vital that the psychological and emotional needs of the individuals within it are met in order for maximum productivity to be achieved. Students especially are in a vulnerable situation, as they may be far from support networks, away from home for the first time, and subject to strong social, financial, and academic pressures. As such, it is imperative that the University be able to provide adequate mental and psychological support services to all its students. Currently, the Counseling and Student Development Center at UHM is understaffed and in need of support to assist those needing help. For these reasons, we **support SB1164**.





**LATE**

DATE: February 7, 2017  
TIME: 2:15 PM  
PLACE: Conference Room 224

TO: Senate Committee on Higher Education  
Senator Kaiali'i Kahele, Chair  
Senator Michelle N. Kidani, Vice Chair

Senate Committee on Commerce, Consumer Protections and Health  
Senator Rosalyn H. Baker, Chair  
Senator Clarence K. Nishihara, Vice Chair

RE: **Support for SB1164** Relating to the University of Hawai'i appropriation of Hawai'i Pamantasan Council

Thank you for the opportunity to provide testimony. The University of Hawai'i Student Caucus (UHSC) supports SB1164, which seeks to appropriate money for the University of Hawaii to hire three psychologists and one case manager to provide student mental health services. The UHSC is a coalition of student governments from across the ten-campus University of Hawai'i System.

The UHSC strongly supports the expansion of student mental health services at the University of Hawai'i System. SB1164, while specific to the University of Hawai'i at Manoa, makes progress towards our long-term goal of making the University of Hawai'i a quality institution to live, work, and learn. For these reasons, we urge you to **support passage of SB1164**.

**LATE**

**M. Healani Sonoda-Pale  
6119 Kawekiu Place  
Honolulu, HI 96821**

COMMITTEE ON HIGHER EDUCATION/COMMITTEE ON COMMERCE, CONSUMER  
PROTECTION AND HEALTH

HAWAI'I STATE LEGISLATURE  
FEBRUARY 7, 2017

Testimony in Support of House SB1164 Relating to the University of Hawaii

Aloha Chair Kahele, Vice Chair Kidani, Chair Baker, Vice Chare Nishihara, and  
Members of the Committees,

I support SB1164 which would appropriate monies for the University of Hawai'i to  
hire three psychologists and one case manager for students on its Mānoa Campus.

As a Student Specialist at the University of Hawai'i at Mānoa, I am confronted every  
week with the emotional distress that students suffer due to school related stresses,  
which are many times compounded by financial and family issues. I have referred  
students to the Counseling and Student Development Center on Campus because I  
am not equipped to deal with some situations where there was real danger to the  
student or myself.

Working on a daily basis with students I understand that they are under a lot of  
stress especially during finals and near graduation. I have seen a lot during my  
years on campus and greatly urge the your committee to approve this bill which will  
provide better access to mental health services on Campus.

Sincerely,

M. Healani Sonoda-Pale



**LATE**

# Hawai'i Psychological Association

*For a Healthy Hawai'i*

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P.O. Box 833  
Honolulu, HI 96808

[www.hawaiipsychology.org](http://www.hawaiipsychology.org)

Phone: (808) 521-8995

**COMMITTEE ON HIGHER EDUCATION**  
**Senator Kaiali'i Kahele, Chair**  
**Senator Michelle N. Kidani, Vice Chair**

**COMMITTEE ON COMMERCE, CONSUMER PROTECTION AND HEALTH**  
**Senator Rosalyn H. Baker, Chair**  
**Senator Clarence K. Nishihara, Vice Chair**

Tuesday, February 7, 2017, 2:15 pm, Room 224

## **TESTIMONY IN SUPPORT OF SB 1164**

The Hawai'i Psychological Association would like to submit testimony in support of SB1164 which seeks to increase access to psychological services at the University of Hawai'i at Manoa's Counseling and Student Development Center (CSDC).

Increasing the CSDC's workforce capacity by three full-time psychologist positions and one full-time case management position would significantly improve access to care in an environment where high percentages of individuals report feeling hopeless, depressed, anxious, and suicidal. Currently, the CSDC reports a wait time ranging from five days to two and a half weeks for someone to obtain an initial intake appointment. Oftentimes, it has taken a significant effort for an individual to reach out for help and when there is a delay in actually receiving services, deleterious consequences can result (i.e., substance use, violence, and/or other risky behaviors).

Investing in the health of our college students is an investment in our state's future workforce, leaders, and community members.

We humbly ask you to please support SB1164.

Respectfully submitted,

Ray Folen, Ph.D.  
Executive Director  
Hawai'i Psychological Association