

**HB-2246**

Submitted on: 2/13/2018 1:55:47 PM

Testimony for EDN on 2/14/2018 2:10:00 PM

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Melodie Aduja	OCC Legislative Priorities Committee of the Democratic Party of Hawaii	Support	No

Comments:



Date: February 12, 2018

To: The Honorable Justin Woodson, Chair  
The Honorable Sam Satoru Kong, Vice Chair  
Members of the House Committee on Education

From: Trish La Chica, Policy and Advocacy Director, Hawai'i Public Health Institute

Re: **Support for HB2246, Relating to Education**

Hrg: February 14, 2018 at 2:10 pm at Capitol Room 309

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Thank you for the opportunity to offer testimony in support of HB2246, which requires the Department of Education to develop a program to provide cardiopulmonary resuscitation (CPR) instruction to students as part of the high school health or physical education curriculum.

The Hawai'i Public Health Institute (HIPHI) supports and promotes policy efforts to create a healthy Hawai'i. HIPHI weaves silos into working relationships as an effective network, ensuring that we come together across sectors to advance collaboration and innovation in public health and work towards making Hawai'i the healthiest place to live.

Each year in Hawai'i, Emergency Medical Services (EMS) respond to over 1,100 out of hospital cases of cardiac arrest. Currently only 10% of victims who suffer a cardiac arrest outside of a hospital setting survive, largely in part because many victims do not receive timely CPR. HB2246 has the potential to add over 10,000 new lifesavers into our communities each year.

Across the nation, there are already 39 states that mandate CPR training as a requirement for graduation<sup>i</sup>. By offering this requirement, thousands of Hawai'i students will learn such an important life-saving skill.

Thank you for the opportunity to provide testimony, and we respectfully ask you to pass HB2246 out of committee.

Mahalo,

A handwritten signature in black ink, appearing to read 'Trish'.

Trish La Chica  
Policy and Advocacy Director

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<sup>i</sup> <http://schoolcpr.com/about/states-where-cpr-training-is-mandatory-for-high-school-graduation/>

**HB-2246**

Submitted on: 2/12/2018 3:51:24 PM

Testimony for EDN on 2/14/2018 2:10:00 PM

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Margaret Maupin	Individual	Support	No

Comments:

**HB-2246**

Submitted on: 2/13/2018 8:42:00 AM

Testimony for EDN on 2/14/2018 2:10:00 PM

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Christine Russo	Individual	Support	No

Comments:

**HB-2246**

Submitted on: 2/13/2018 9:55:15 AM

Testimony for EDN on 2/14/2018 2:10:00 PM

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Donna Ede	Individual	Support	No

Comments:

**Testimony in Support H.B. No. 2246**

RELATING TO EDUCATION

My name is Donna Rego Ede, I retired from the Department of Education (DOE) in December of 2007, as the State Educational Specialist for Health and Physical Education. My career included teaching health and physical education, coaching league and high school soccer, and leading summer recreation programs. I continue to be active in many community organizations involved in the promotion of healthy nutrition and active lifestyles.

I am submitting this testimony in firm support of including Hands Only CPR Awareness for public high school graduation.

CPR training in schools has become a national standard with more than 39 states requiring CPR training for high school graduation. The American Heart Association (AHA) and its' many community partners have respectfully requested Secondary Public Education institutions in Hawaii adopt psychomotor skill based CPR training, which adheres to national Emergency Cardiovascular Care (ECC) guideline.

1. classroom training equipment have been purchased and disbursed to the Health and Physical Education Resource Teachers in each DOE District. During the past 10 years the AHA and its' partners, upon request and at no cost, have voluntarily trained school personnel in presenting Hands Only Awareness; the AHA and partners pledge to continue no cost, volunteer support for all requested ongoing teacher training in presenting Hands Only Awareness sessions. Student Awareness Sessions meet several: Hawaii Content and Performance Standards,

General Learner Outcomes, and contributes to the DOE's Vision of a Hawaii Public School Graduate.

Each year over 424,000 out-of-hospital cardiac arrests occur in the U.S., with approximately 1,100 happening in the State of Hawaii. Between 70 and 80 percent of cardiac arrests occur in the home. Research tells us that training high school students in Hands Only CPR Awareness could eventually assist in increasing community bystander witnessed cardiac arrest survival by doubling or tripling current survival rates.

Please make this life saving skill a sustained part of transforming "Living" in our Aloha State.

## American Heart Association testimony in **STRONG SUPPORT** of HB 2246 “Relating to Education”

The American Heart Association strongly supports HB 2246. The American Heart Association’s Hawaii Division has made passage of this policy issue its mission focus.

The American Heart Association is creating a generation of lifesavers by making sure students learn Cardiopulmonary Resuscitation (CPR) before they graduate. To date, 39 states and the District of Columbia have passed legislation requiring CPR training as a high school graduation requirement. At least seventy-five percent of public high school students graduating this year nationally will have learned lifesaving CPR in their schools. Unfortunately, Hawaii is among the 11 states that have not yet passed a policy to ensure that all of its graduating high school students receive this life-saving training.

Sudden cardiac arrest is a leading cause of death in the U.S. Every year, Hawaii EMS teams treat nearly 1,100 cases of out-of-hospital cardiac arrest. Currently, only 9% of those Hawaii witnessed out of hospital cardiac arrest victims survive making it a leading cause of death in Hawaii. Many of those patients die because they didn’t receive timely CPR. Making that statistic even more sad is that nearly 4 out of 5 sudden cardiac arrests happen at home and are witnessed by a loved one. A CPR trained bystander can double, even triple survival rates and improve long term healthcare outcomes. The life that is saved by CPR could be a loved one--a mom, a dad, maybe even a child.

HB 2246 would require Hawaii public high school students to learn “hands-only” CPR prior to high school graduation. The AHA suggests that adding this requirement to Hawaii health class curriculum would be the simplest way to achieve this policy. “Hands-only” CPR training aligns to one of the bench marks under Hawaii DOE health curriculum standards. Health class is a required Hawaii public high school credit for graduation. In less than the time it takes to watch a 30-minute sitcom, we can give students the skills they need to help save a loved one’s life with CPR.

Since 2011, the AHA has worked with the Hawaii Department of Education (DOE) to eliminate potential barriers to implement a CPR in Schools policy. With assistance from AHA volunteers, in 2012 the State DOE used \$20,000, allocated by the Dept. of Health, to purchase CPR training manikins, AHA DVD instructional videos and materials. The AHA also provided volunteer CPR emergency cardiovascular care training volunteers to train DOE health resource teachers, so that they could support classroom teachers in implementing the training to students. AHA trainers provided a follow-up training for health resource teachers in November 2016, and again in August 2017. AHA volunteers remain available to provide additional free training as needed, and to support classroom teachers if necessary. However, the ease of teaching “hands-only” CPR and the availability of the training DVDs should allow for classroom teachers to implement the training to students without additional support.



“Certification” is not necessary to train “hands-only” CPR, and certification would not be required of the students. The training would not be “pass or fail” and would only require that the students demonstrate that have learned the CPR motor skills. “Hands-only” CPR can be taught in 30 minutes or less.

The AHA has worked with community foundations to secure grants to provide almost 30 Hawaii public middle, high, and charter schools with AHA CPR in Schools kits. The kits each contain 10 inflatable manikins, a training DVD and training materials designed specifically for training in schools. The AHA is committed to continue to find and secure grants to purchase additional school kits for Hawaii schools as needed.

AHA volunteer leaders presented information on the efforts listed above to the State BOE in 2016, and in 2017 worked through the BOE chair to request a meeting with BOE Member Maggie Cox to discuss developing a policy proposal to add CPR training to the high school health class curriculum. The meeting request was declined. American Heart Association Board Member Beth Giesting, chair of the AHA Hawaii Division Board’s CPR in Schools Task Force, reached out to DOE Superintendent in the Fall 2017 to request a meeting to discuss the issue. That request was declined, but Ms. Giesting was guided by the superintendent’s staff to contact Assistant Superintendent Suzanne Mulcahy, who oversees curriculum, to request a meeting. Three phone calls by Ms. Giesting to Ms. Mulcahy went without response. Thus, the AHA is asking Hawaii legislators to take needed action that school officials seemingly are not interested in addressing.

Seventy percent of Hawaii residents feel helpless to act during a cardiac emergency because they don’t know how to administer CPR. HB 2246 would help to change that. “Hands-only” CPR takes roughly one high school health class period to learn and has two basic steps:

- 1) Call 9-1-1 and
- 2) Push hard and fast in the center of the chest.

This legislation would help to train over 10,000 new potential lifesavers across Hawaii every year.

The American Heart Association strongly urges legislators to support HB 2246. Thank you for your consideration of this life-saving legislation.

Respectfully submitted,

Donald B. Weisman  
Hawaii Government Relations/Communications Director

*“Building healthier lives,  
free of cardiovascular  
diseases and stroke.”*

life is why™ es por la vida™ 全为生命™

Please remember the American Heart Association in your will.







STATE OF HAWAII  
DEPARTMENT OF EDUCATION  
P.O. BOX 2360  
HONOLULU, HAWAII 96804



**Date:** 02/14/2018  
**Time:** 02:10 PM  
**Location:** 309  
**Committee:** House Education

**Department:** Education

**Person Testifying:** Dr. Christina M. Kishimoto, Superintendent of Education

**Title of Bill:** HB 2246 RELATING TO EDUCATION.

**Purpose of Bill:** Requires the Department of Education to establish a program to provide cardiopulmonary resuscitation instruction to each high school student. Requires statewide implementation by the 2023-2024 school year. Appropriates moneys.

**Department's Position:**

The Department of Education (Department) supports the intent of HB 2246 related to cardiopulmonary resuscitation (CPR) instruction for Hawaii high school students. The Department offers comments on this measure.

The Department respectfully suggests that the Legislature consider recommending that the Board of Education (Board) review the language in HB 2246 for adoption as Board policy, rather than the passage of an instructional mandate via statute.

Further, the Department appreciates the inclusion of an appropriation to support the implementation of this measure provided the passage of HB 2246 does not replace or adversely impact priorities as indicated in our BOE-approved budget.

Thank you for this opportunity to provide testimony on this measure.

The Hawaii State Department of Education seeks to advance the goals of the Strategic Plan which is focused on student success, staff success, and successful systems of support. This is achieved through targeted work around three impact strategies: school design, student voice, and teacher collaboration. Detailed information is available at [www.hawaiipublicschools.org](http://www.hawaiipublicschools.org).

CPR in Schools Training Kit empowers students to learn the core skills of CPR, choking relief, and AED skills – all in one class period. This easy-to-use educational kit developed by the American Heart Association is designed to specifically meet the needs of schools. It is portable and reusable, allowing for easy storage and convenient transportation from classroom to classroom.



## WHAT IS TAUGHT

- Adult Hands-Only CPR
- Child CPR
- Adult Choking
- Child Choking
- General AED Awareness

## COURSE DELIVERY

Learn the skills to save a life in a school setting led by a facilitator.



IN-SCHOOL



FACILITATED  
GROUP

## HOW IT WORKS

Any educator or student can facilitate the training session in one class period. During the training session, students practice on a Mini Anne® Plus manikin while watching and learning CPR skills on the DVD. The kit comes complete with a facilitator guide and a facilitator binder that include a Lesson Plan, pre- and post-tests, a certificate of participation, and additional resources. This method is a research-proven way for students to learn and retain the lifesaving skills of CPR.

## KIT CONTENTS

The CPR in Schools Training Kit (AHA product #15-1044) includes

- 1 wheeled classroom carry bag
- 10 Mini Anne Plus inflatable manikins
- 10 individual carry bags
- 1 hand pump for manikin inflation
- 5 practice-while-watching training DVDs (NOTE: DVD has not been updated to reflect 2015 Guidelines; however, guidance for providing necessary science updates to students is provided in the CPR in Schools Lesson Plan)
- 1 Facilitator Guide
- 1 Facilitator Binder that contains the Lesson Plan, pre- and post-test, and additional supplementary material
- 10 AED training simulators
- 2 mesh collection and storage bags
- 10 replacement airways
- 10 replacement face masks
- 50 manikin wipes

The all-in-one kit contains everything needed to facilitate CPR in Schools training for 10-20 students at once. The process can be easily repeated to train an entire class, grade, or even an entire school. One kit can train hundreds of students!

## Order Today!

Learn more  
[heart.org/cprinschools](http://heart.org/cprinschools)

**LATE**

Good Afternoon,

Dory Clisham, Education and Training Manager, American Medical Response.

I have worked on getting "CPR in the Schools" since 2000.

We "AHA CPR Task Force and various volunteers" have been providing FREE CPR programs to the schools throughout the years.

I personally trained all the resource teachers so they would be able to train the PE teachers to facilitate "Hands Only CPR" classes to the students,

We have received various grants from public and private sectors to purchase manikins for all the Oahu DOE resource teachers and all of the Maui and Kauai High Schools. I am also working closely with the American Heart Association grant writers to purchase manikins for all of Oahu high schools.

As a result of these efforts, multiple lives have been saved. We have also witnessed, what happens if no one knows what to do in the event of an emergency. In these situations, MINUTES COUNT.

Efforts through volunteers are great, however, if this was a requirement for graduation it ensures this very valuable lifesaving skill would not be a thought. IT WOULD BE ACTION IN AN EMERGENCY.

YOU COULD MAKE AN IMPORTANT DIFFERENCE TO SAVE A LIFE!

## kong1 - Blayne

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**From:** Aly Hite <Aly.Hite@heart.org>  
**Sent:** Wednesday, February 14, 2018 4:42 PM  
**To:** EDNtestimony  
**Subject:** Bill #2246-CPR in Schools

**LATE**

This testimony is in support of bill #2446. On a personal note, I lost a good friend and teammate because no one was trained in CPR. He suffered a sudden cardiac arrest while lifeguarding at a summer camp at the age of 18. The two other camp staff who were not trained as lifeguards did not know CPR and neither did any of the campers in that group of children. By the time someone ran to the main part of the camp to try to get help, it was too late. This demonstrates our need to have more trained individuals in our community, and the passage of this bill would make this feasible. As was mentioned in another testimony, other areas of the country where CPR is a graduation requirement have seen a high correlated increase in survival rates. Since 4 of 5 cardiac events happen in the home, it is important to educate our keiki and empower them to act in an emergency situation.

Thank you,

### **Aly Hite, MPH**

Senior Community Impact Director  
Office: **808.377.6670** | Cell: **209.918.1987**

#### **Western States Affiliate**

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### **Papa is why**

