

To: Chair, Senate Committee on Human Services

LATE

Hearing Date/Time: Wednesday, April 4, 2018/10:30 A.M.

Place: Hawaii State Capitol, Rm. 211

Re: Testimony of Matthew Garrido in strong support of H.B. 1926 HD 1

Dear Chair Senate Committee on Human Services,

My name is Matthew Garrido. I am a Ph.D. Student at the University of Hawaii at Manoa, Myron B. Thompson School of Social Work. I stand in strong support of bill H.B. 1926. In their landmark 1998 Adverse Childhood Experience study, Kaiser Permanente identified a primary link between “exposure to abuse and household dysfunction during childhood and multiple risk factors for several leading causes of death in adults.” The original study identified ten risk factors that, if exposed, could lead to many adverse outcomes for children in their adult life. What they found was that “persons who had experienced four or more categories of childhood exposure, compared to those who had experienced none, had 4- to 12-fold increased health risks for alcoholism, drug abuse, depression, and suicide attempt; a 2- to 4-fold increase in smoking, poor self-rated health, ≥ 50 sexual intercourse partners, and sexually transmitted disease; and a 1.4- to 1.6-fold increase in physical inactivity and severe obesity.” With that, they also identified that there is a higher prevalence of adverse childhood experiences in those who live in poverty.

The establishment of an integrated and multigenerational service delivery approach to reduce the incidence of poverty for children in Hawaii is strongly supported and consistent with nationally recognized best practices.

Thank you for this opportunity to testify in support of this important measure.

Sincerely,

Matthew Garrido

Ph.D. Student,

University of Hawaii at Manoa,

Myron B. Thompson School of Social Work