

Ken J. Tremayne, Psy.D.



PROFESSIONAL EXPERIENCE

Psychological Health Intensive Out-Patient Program (PHIOP)

Staff Psychologist, 09/2014- Present

Tripler Army Medical Center



PHIOP Duties

- PHIOP is a 5-week partial hospitalization program that serves active duty service members from all branches of the military, as well as retirees and family members. Responsibilities include both group and individual treatment as well as skill development courses for patients suffering from PTSD and Major Depressive Disorders.
- Manage data collection and interpretation of psychological assessment to track clinical progress and program effectiveness.

Additional Duties

- Supervise Psychiatry Residents (PGY 3) in long-term psychotherapy
- Provide didactics for Psychiatry Residents (PGY 3) in short-term, issue focused, psychotherapeutic interventions.
 - Topics include: Motivational Interviewing, Engagement Theory, Empathy, Anger, Grief, Guilt, Survivors Guilt, Assertiveness, Cognitive Trauma Therapy, Learned Optimism, Suicidal Behavior, Self-Care, Evolutionary Psychology
- Instruct Psychiatry Interns (PGY 1) for case conference course as well as Logo Therapy

Awarded Department of Army, Certificate of Achievement, 5 April 2010, July 2010

Multi-Disciplinary Adult Out-Patient Clinic
Staff Psychologist, 4/2009- 8/2014
Tripler Army Medical Center

[REDACTED]

- Provided individual and couples treatment for adult service members, retirees and their adult dependents. Address issues related to traumatic stress, depression, and anxiety. Also provide interventions to increase self-esteem, assertiveness, positive decision making, and healthy relationships.

Private Practice, 6/00-4/2009

[REDACTED]

Provided individual treatment for adults and young adults to address issues related to traumatic stress, depression, and anxiety. Much of my panel was made up of formerly battered women with posttraumatic stress disorder.

Also provided couples counseling as well as interventions to increase self-esteem, assertiveness, positive decision making, and healthy relationships.

Training Manager, CARE Hawaii, Inc., 7/2007-12/2008

[REDACTED]

Supervisor: Darin Kawazoe, Chief Development Officer

Directed the competency and training department of 600 person private mental health agency that operated 14 sites on 4 of the Hawaiian Islands.

- I oversaw the clinical training for programs that provide services to adults, adolescents, and children.
- Clinical populations include the serious mentally ill, developmentally disabled, learning disabled, addictions, and individuals in crisis.
 - Responsible for the development and/or procurement of training materials that addressed therapeutic and business best practices.
 - Provided individual coaching to support managers in leadership, organizational productivity, employment interviewing, management strategies and self-care.
 - Oversaw a staff of seven, (one training coordinator, videographer and 5 trainers), whose responsibilities included instruction, scheduling, and tracking and production of training materials and videos.
 - Managed the transfer to an automated on-line video training and tracking system.
 - Wrote, produced, participated in and directed training videos.

- Directed the training programs for psychology post-doctoral fellows, and pre-doctoral interns.

Psychologist-Clinical Trainer, CARE Hawaii, Inc., 1/2006- 6/2007

Supervisor: Darin Kawazoe, Chief Development Officer

Developed and provided clinical trainings to support provision of high quality clinical care.

- Topics included, professional boundaries, clinically appropriate termination and transfer of care, suicide assessment, engagement, empathy, the therapeutic relationships, self-care, learned optimism.

Post Doctoral Fellowship and Subsequent Contract Psychologist,

Hoahana Institute (no longer in business),

CARE Hawaii, Inc.

Supervisor: Dennis McLaughlin, Ph.D., Chairman

Provided treatment and psychological evaluations for children ages 5 –18, the majority of which were receiving special education services due to learning or emotional disorders.

- Exposure to community and domestic violence is common and interventions addressed Conduct, Oppositional Defiant, Attentional, Depressive, and Posttraumatic Stress Disorders.
- Also taught parents to create a supportive home environments, parenting skills, consistency, fairness, and empathy.
- Treatment also included working with teachers, administrators, and representatives from the department of health and education to foster uniformly supportive environments for the children.
- The population was multi-ethnic, multi-cultural and required considerable cultural and ethnic competence.
- The approach was an outreach model thus interventions are often conducted in the home, school, or community.

Clinical Research Psychologist, Project Director

National Center for PTSD, Pacific Islands Division, Research Section, 10/99-6/2001

Department of Veterans Affairs, Regional Office and Medical Center

Koapaka St.Suite I-560 Honolulu, HI 96819

Part-time (approximately 20 hours a week, GS11)

Principle Investigator: Edward Kubany, Ph.D.

Directed a merit review-funded project to assess the validity of computerized versions of both a PTSD assessment and measure of traumatic life events.

- Oversaw data collection, recruitment of participants from three sites, manuscript review, and management of project team.

- Responsibilities also included the supervision of doctoral level practicum students.

Volunteer Research Associate

National Center for PTSD, Pacific Island Division 9/98 – 12/2000

Department of Veterans Affairs, Regional Office and Medical Center, Honolulu Hawaii, Koapaka St. Suite I-560 Honolulu, HI 96819

Principle Investigator: Edward Kubany, Ph.D.

Phone: (808) 566-1546

Participated in treatment outcome study to assess efficacy of a cognitive-behavioral treatment for PTSD. Provided treatment that addresses PTSD symptoms as well as depression, guilt, and low self-esteem.

Volunteer Psychological Consultant

Hospitality House, Transitional Shelter for Battered Women [REDACTED]

Program Closed, Director Julie Owens, email: hopedvc@hotmail.com

Provided weekly didactic lectures to survivors of domestic violence as well as program staff that addressed issues related to psychological trauma.

- Lectures covered Posttraumatic Stress Disorder, treatment options for PTSD, biological components of PTSD, coping with PTSD utilizing meditation, introduction to cognitive restructuring, parenting skills, and assertiveness.
- Also coordinated visiting lecturers who discuss a wide variety of topics related to psychological trauma.

Post-Doctoral Fellowship

National Center for Posttraumatic Stress Disorder, Pacific Islands Division

Department of Veterans Affairs, Honolulu Hawaii Division, [REDACTED]

Koapaka St. Suite I-560 Honolulu, HI 96819

Supervisor: Sara Miyahira, Ph.D. Phone: (808) 566-1546

Received specialized training treatment and assessment of posttraumatic stress disorder.

- The orientation was primarily cognitive-behavioral and included both individual and group formats.
- Attention to cross-cultural factors was a central component of training.
- Populations served included both combat veterans and female victims of domestic violence.
- Participants were from diverse ethnic and cultural backgrounds.

Pre-Doctoral Fellowship (APA Approved)

Department of Veterans Affairs, Regional Office and Medical Center, Honolulu Hawaii [REDACTED]

459 Patterson Road, Honolulu HI 96819 (808) 433-0600

Training Director: Kathleen McNamara, Ph.D.

Internship provided broad-based experiences in clinical psychology.

- Major rotations in Neuropsychology, Health Psychology (biofeedback, neuro-feedback, stress & pain management, smoking cessation)

- Minor rotations in PTSD treatment and rural health care.
- Cross-cultural issues were central to training and the population served was primarily veterans with diverse ethnic and cultural backgrounds.

Psychology Extern

Oliveview/UCLA Medical Center [REDACTED]
 1445 Oliveview Drive, Slymar, CA 91342
 Supervisor: Maura Mitroshina, Ph.D.
 (818) 364-3205

Externship was designed to provide extensive training in neuropsychological evaluation. Evaluations were provided to both adult and child populations from medical and psychiatric wards.

Psychology Clerk

Los Angeles County/University of Southern California Medical Center, [REDACTED]
Department of Psychology
 1200 North State Street, Los Angeles, California 90033
 (323) 226-2622

Clerkship involved training in psychological assessment utilizing a wide variety of assessment instruments. Evaluations were provided for both medical and psychiatric populations and included personality as well as cognitive assessments.

Intern

El Toro Marine Air Station, Family Service Center [REDACTED]
 El Toro, CA, *Base Closed*
 Supervisor: Maurice Riseling, Ph.D.

Focus of training was in family, child, couples, and individual therapy.

Intake Coordinator

Compass House short-term Residential Treatment Program 8/93-7/94
 2335 Portland St. L.A., CA 90007 (213) 747-8470
 Supervisor: Peter Getoff, LCSW

Conducted intake evaluations and assessments for a 12-bed residential crisis treatment program for chronic mentally ill adults. Responsibilities included determination of eligibility for acceptance, diagnosis, and initial treatment plan and goals.

Counselor

Compass House short-term Residential Treatment Program 3/91-7/92
 2335 Portland St. L.A., CA 90007 (213) 747-8470
 Supervisor: Peter Getoff, LCSW

Managed a caseload of 3-6 clients and provided individual and group counseling.

PUBLICATIONS

Cognitive Trauma Therapy for Battered Women With PTSD (CTT-BW). Kubany, Edward S.; Hill, Elizabeth E.; Owens, Julie A.; Iannce-Spencer, Cindy; McCaig, Mari A.; Tremayne, Ken J.; Williams, Paulette L. *Journal of Consulting and Clinical Psychology*. Vol 72(1), Feb 2004, 3-18.

PRESENTATIONS

Tremayne, K., Kubany, E., Leisen, M.B., & Owens, J. (1998, August). Differential psychological impact of intimate partner abuse on women and men. Poster session presented at the 106th annual meeting of the American Psychological Association, San Francisco.

Differentiating batterers from victims. Presentation to Student Advocates for Victims of Domestic Violence, Americorp. June, November, 1998.

Meditation as a coping technique for posttraumatic stress disorder. Presentation to the Department of Veterans Affairs, Regional Office and Medical Center, Honolulu Hawaii for interns and post-doctoral fellows. March, 1997, April, 1998.

Differential psychological impact of intimate partner abuse on women and men. Presentation for Hope Domestic Violence 2-day training. September, 1997.

EDUCATION

Pepperdine University, Doctor of Psychology (APA Approved)

Date of Graduation, August 1, [REDACTED]

Dissertation Topic: The Relationship between Self-Esteem, Psychological Adjustment, and Ethnic Identity among biracial Japanese American/Caucasian Adults

Pepperdine University, Master of Arts-Psychology

Date of Graduation, July, [REDACTED]

University of California, Los Angeles, Bachelor of Arts-Psychology

Date of Graduation, June, [REDACTED]

SPECIALIZED TRAINING

Three-day advance training in counseling issues for victims of physical and sexual abuse. Hope Domestic Violence Consultants, September 1997.

OTHER PROFESSIONAL EXPERIENCE

Asst. Account Executive

Ketchum Advertising 2/91-1/92

Worked as a project coordinator for various print advertising materials produced for the Acura Division of American Honda Motor Corporation.

Market Planning and Research Analyst

Ketchum Advertising 12/89-2/91

Conducted analysis of consumer, marketing, and product research for presentation to copywriters, art directors, and production staff. Required considerable written and presentation skills.

Account Management Assistant

DDB Needham Inc. 8/87- 12/89

Provide clerical support and coordination of routine account management tasks for a 5-person team. Client served was the Southern California Audi and Volkswagen Dealer Associations.

AFFILIATIONS & HONORS

Certificate of Achievement of Academic Excellence

Pepperdine University, 1992

Minority Student Scholarship, Pepperdine University, 1993, 1994