



UNIVERSITY OF HAWAII SYSTEM

Legislative Testimony

Written Testimony Presented Before the
Senate Committee on Higher Education and
Senate Committee on Commerce, Consumer Protection, and Health
Tuesday, February 7, 2017 at 2:15 p.m.

By
Dr. Lori M. Ideta
Vice Chancellor for Students
University of Hawai'i at Mānoa

SB 1164 – RELATING TO THE UNIVERSITY OF HAWAII

Chairs Kahele and Baker, Vice Chairs Kidani and Nishihara, and members of the committees, thank you for this opportunity to provide comments on this measure.

The University of Hawai'i at Mānoa is in complete support of this measure that establishes three (3) full-time psychologists and one (1) full-time case manager at the University of Hawai'i at Mānoa.

As you are well aware, college students are facing greater and more complex challenges in their personal and academic lives. Presenting issues amongst our students include anxiety, stress management, and suicidal ideations. We work hard to attend to all of our students. Our current team of psychologists, psychiatrists, and interns do an amazing job with limited resources.

The University of Hawai'i at Mānoa currently has 6.5 faculty positions, 1 temporary faculty position, 3 post-doc therapists, 3 doctoral interns, and 2 doctoral practicum trainees. The total number of students serviced each year continues to increase. In the 2015-16 school year, the University had serviced approximately 1,300 students for close to 8,000 attended appointments. From August 01, 2016-February 02, 2017, we have, so far, serviced 906 students with a total of 3,927 attended appointments. Additionally, the number of times students have sought services range from one intake appointment to over 30 individual therapy appointments.

On average, there are 36 hours each week dedicated to intakes, 40 hours of emergency Blue Line, and over 170 psychotherapy appointments available to undergraduate and graduate students. In the Fall 2015 semester, 559 intake appointments were scheduled, 296 emergency Blue Line appointments were scheduled, and 2,591 therapy appointments were scheduled. Notably, during the Fall 2016 semester, there was one day 10 urgent students did walk-in crisis counseling – 6 of which were in the afternoon alone.

The waitlist, which is for non-urgent clients, had 67 students on the list as of November 12, 2015, with an average number of days on the list being 7.17 days. As of February

01, 2016, 33 students were on the waitlist with an average numbers of days on the list of 16.06 days. As of February 02, 2017, 43 students are on the waitlist with 9.76 average number of days on the list. Currently, the upper limit of time spent on the waitlist includes 1 client on for 91 days, 1 client on for 76 days, 1 client on for 74 days, and 1 client on for 72 days. The current wait time for an initial intake appointment is 5 calendar days and majority of our clients are assigned a therapist within 21 calendar days.

The demand for mental health services have increased across the country. According to data from the American College Health Association National College Health Assessment Fall 2014 Reference Group within the last 12 months, 54% felt overwhelming anxiety, 32.6% felt so depressed that it was difficult to function, and 8.1% seriously considered suicide. In the Spring 2015 Reference Group, 56.9% felt overwhelming anxiety, 34.5% felt so depressed it was difficult to function, and 8.9% seriously considered suicide. In the Fall 2015 Reference Group, 57.7% felt overwhelming anxiety, 35.3% felt so depressed it was difficult to function, and 9.6% seriously considered suicide. This data continues to increase being that in the Spring 2016 Reference Group, 58.4% felt overwhelming anxiety, 36.7% felt so depressed it was difficult to function, and 9.8% seriously considered suicide.

Any efforts to increase services to our students would be very much appreciated. These new positions will help to alleviate the current heavy workload on our therapists and increase our abilities to reach out to the campus through proactive educational efforts. Your investment in the University of Hawai'i at Mānoa will have a long lasting impact and will create a legacy of those who supported the students of higher education in our state.

We support the intent of this legislation provided that its passage does not replace or adversely impact priorities as indicated in the University's Board of Regents Approved Budget.

Thank you for your consideration.

Chairs Kahele and Baker
Senate Committee on Higher Education and
Senate Committee on Commerce, Consumer Protection, and Health

SB 1164

Tuesday, February 7, 2017 at 2:15 p.m.

By

Allyson M. Tanouye, Ph.D.
Director and Chief Psychologist
Counseling and Student Development Center
University of Hawai'i at Mānoa

Dear Chairs Kahele and Baker, Vice-Chairs Kidani and Nishihara, and members of the committees,

My name is Allyson M. Tanouye and I am the Director and Chief Psychologist at the Counseling and Student Development Center, University of Hawai'i at Mānoa. I am writing to fully support SB 1164 that establishes three (3) full-time psychologists and one (1) full-time case manager at the Counseling and Student Development Center.

In Fall 2016, I celebrated 25 years of service at the Center in a variety of roles including licensed psychologist faculty, program coordinator, and Director. Over the past eight to ten years, we have seen a tremendous increase in the number of students requesting psychological support and developmental services while pursuing their undergraduate or graduate studies. The presenting concerns that students bring to the Center and its impact on their daily functioning has also changed dramatically. Anxiety and mood disorders are common among the student population and many are on psychotropic medication to ease their symptoms. A large number of college students experience the first occurrence of mental health and substance use problems. For others, the stress of academic pressures and college life exacerbates their existing symptoms.

Across the nation and here at home, university counseling center professionals are seeing more severe psychological problems including self-injury, suicidal ideation and attempts, coping with sexual assault, eating disorders, attention-deficit/hyperactivity disorder, and autism spectrum disorders. It is clear that there is growing demand for psychological services and a need for specialized expertise in working with both traditional and non-traditional college students. Unfortunately, the increase in demand for mental health services has not corresponded with an increase in professional staff.

Consultation with faculty, staff, and administration on students of concern is also on the rise. Partnering with parents, friends, and university personnel to get a distressed student to the Center has become more common and while successful, it adds to our heavy client load. At times during the fall and spring semester when we have 40+ individuals on our non-urgent waitlist, we find ourselves stretched thin and some may experience symptoms of therapist burnout. The Center staff is passionate about working with the diverse student population at the UHM campus and they provide highly specialized and quality service. The clinical work is intense, 50-minute

individual psychotherapy sessions and 90-minute group therapy sessions is the norm. Each full-time psychologist/staff therapist serves as the emergency crisis counselor for four hours each week, ready to see individuals who walk-in with urgent matters to discuss or field phone calls from faculty/staff, parents, and friends/roommates who are concerned about a student. Augmenting our clinical staff will not only increase our team efforts across clinical and services, it will enhance our prevention and post-vention services, outreach and consultation, program development, and training of university personnel and psychologists-in-training,

In summary, the passing of SB 1164 will have far-reaching benefits to students. The Center will be able to offer more individual therapy appointments, group therapy options, intake appointments slots, and emergency crisis coverage and intervention. Faculty, staff, and administrators would have additional hours of mental health consultation, training on identifying distressed students and referral resources, and direct outreach/intervention to students of concern. The entire campus community will benefit from a reinforced mental health infrastructure and an enhanced and comprehensive array of clinical and developmental services to support and retain students throughout their academic tenure at UHM.

Thank you for your time and consideration of SB 1164.

Allyson M. Tanouye, Ph.D.
Counseling and Student Development Center
University of Hawai'i at Mānoa
2600 Campus Road, QLC 312
Honolulu, Hawaii 96822
(808) 956-7927

CHAIR KAIALI'I KAHELE
SENATE COMMITTEE ON HIGHER
EDUCATION

CHAIR ROSALYN BAKER
SENATE COMMITTEE ON COMMERCE,
CONSUMER PROTECTION, AND
HEALTH

SENATE BILL 1164: RELATING TO THE UNIVERSITY OF HAWAI'I

Tuesday, February 7, 2017
2:15PM
Conference Room 224

Richard Mizusawa
Personal Testimony

Dear Chairs Kahele and Baker, Vice-Chairs Kidani and Nishihara, and Members of the Senate Committee on Higher Education and Committee on Commerce, Consumer Protection and Health:

My name is Hannah Im and I am a Staff Psychologist at the Counseling & Student Development Center (CSDC) at the University of Hawai'i at Mānoa (UH-Mānoa). However, I am submitting personal testimony to support HB 967, which would appropriate moneys for UH-Mānoa to hire three psychologists and one case manager to provide student mental health services.

As a counselor at the CSDC, I have seen a marked increase in the mental health concerns of students on campus. We are a very well utilized and essential service on campus, and I have come to see the importance of investing more and more into the work that we do. I fully support the increase in our staff psychologists' positions at the Center. We are simply unable to meet all of the increasing demands with the current staff that we have. We have had to place students in need on our waitlist, which could easily be resolved if we had more staff available to provide quality mental health services.

In closing, I am in support of the bill to hire three psychologists and one case manager.

Thank you for your time and again, and I humbly ask that you support and pass SB 1164.

Hannah Im, PsyD
Staff Psychologist
hannahim@hawaii.edu

CHAIR KAIALI'I KAHELE
SENATE COMMITTEE ON HIGHER
EDUCATION

CHAIR ROSALYN BAKER
SENATE COMMITTEE ON COMMERCE,
CONSUMER PROTECTION, AND
HEALTH

Tuesday, February 7, 2017
2:15PM
Conference Room 224

Richard Mizusawa
Personal Testimony

RE: SENATE BILL 1164: RELATING TO THE UNIVERSITY OF HAWAI'I

Dear Chairs Kahele and Baker, Vice-Chairs Kidani and Nishihara, & Members of the Senate Committee on Higher Education & Committee on Commerce, Consumer Protection & Health:

My name is Richard Mizusawa and I am a Junior Faculty Specialist/Coordinator of Communication & Program Development at the Counseling & Student Development Center (CSDC) at the University of Hawai'i at Mānoa (UH-Mānoa). However, I am submitting personal testimony to support HB 967, which would appropriate moneys for UH-Mānoa to hire three psychologists and one case manager to provide student mental health services.

We have seen over the years a rise in students requesting and needing mental health services, not only on our campus, but across the country. College counseling centers nationally address and work with students on issues ranging from anxiety, depression, suicidal thoughts, and more. When I was a student at UH-Mānoa, I personally have dealt with stress, anxiety, and sometimes felt that I needed support that the CSDC could provide. As an advocate and feel a strong passion for students, I understand and can empathize with those who need these services and our office could use any help we can get to lower the wait list we currently have.

Although I may not work as a counselor in my office, I personally have seen the time and efforts that my colleagues put in to serve our students, and sometimes even after ours through our Counselor-in-Residence Program. To have witnessed a friend of mine needing professional help during the evening on a school night was not only difficult to experience, but made me realize even more of the importance of having access and more psychologists that can address the mental health issues that many students face. We may not see it, but for many, no matter how minor or significantly strong, deal with some level of mental health issue that should be addressed in a timely manner.

Thank you for your time and again, and I humbly ask that you support and pass HB 967.



Richard Mizusawa
ramizusawa@gmail.com



David B. Enriquez
Chairperson
ASUH Committee On External Affairs

February 7, 2017

Senator Kaiali'i Kahele
Chairperson
Committee on Higher Education
Senator Rosalyn H. Baker
Chairperson
Committee on Commerce, Consumer Protection, and Health
415 South Beretania Street, Room 224

Aloha Chairs Kahele and Baker, Vice-Chairs Kidani and Nishihara, and Members,

I am submitting testimony in my capacity as the ASUH Committee on External Affairs Chairperson for strong support of SB 1164, which appropriates moneys for the University of Hawaii to hire three psychologists and one case manager to provide student mental health services.

Currently, the UHM Counseling and Student Development Center (CSDC) employs only seven and a half tenured track psychologists' positions. This has caused a backlog of students in need of psychotherapy services estimated from five days to two and a half weeks. A wait this long only shows the negligence of the university to help foster an environment of student success.

It is to my understanding, that national guidelines require a ratio of one licensed psychologist per every one thousand to one thousand five hundred college students. While this bill would increase the CSDC's capacity to service, it would be just shy of meeting this standard. However, I feel it would be appropriate and prudent to take incremental steps towards reaching this goal.

I know that we can all agree that a student's success is essential to a thriving university and SB 1164 would help to foster student success by providing ample resources for dealing with mental health issues, such as stress, depression, and anxiety. Of higher importance, the health and wellbeing of people is of an intrinsic value and sufficient facilities to address these needs are required.

Therefore, I strongly recommend that this bill does pass through the Committee on High Education and on Commerce, Consumer Protection, and Health.

Sincerely,

David B. Enriquez
Chairperson, Committee on External Affairs
Associated Students of the University of Hawai'i at Mānoa

ASSOCIATED STUDENTS OF THE UNIVERSITY OF HAWAI‘I AT MĀNOA
2465 Campus Road, Campus Center 211A
Honolulu, HI 96822

Senate Resolution 02-17

**IN SUPPORT OF INCREASED FUNDING FOR MENTAL HEALTH SERVICES AT
THE UNIVERSITY OF HAWAI‘I AT MĀNOA**

- WHEREAS*, the Associated Students of the University of Hawai‘i at Mānoa (ASUH) Senate is the elected body representing approximately 11,000 full-time classified undergraduate students; and,
- WHEREAS*, poor mental health is distinct issue of university students across the nation; and
- WHEREAS*, data collected by American College Health Association from 137 college and university counseling centers in Fall 2008¹ through Spring 2016, presented an increase of students reporting depression, overwhelming anxiety and social anxiety²; and,
- WHEREAS*, the Anxiety and Depression Association of America (ADAA) reports that anxiety disorders are the most common mental illness in the U.S.; they affect 40 million adults over the age of 18, nearly 75% of those affected by an anxiety disorder will experience their first episode before the age of 22³; and,
- WHEREAS*, according to Joel A. Dvoskin, a practicing clinical and forensic psychologist and faculty member of the University of Arizona School of Medicine, the 15-24 year old category is increasing at an alarming rate in relation to suicide⁴; and,
- WHEREAS*, according to the Center for Disease Control, one in every twelve U.S. college students makes a suicide plan⁵; and,
- WHEREAS*, according to the American Psychological Association (APA), students who have emotional and behavioral problems can adversely affect others on campus if they do not have the proper psychological services⁶; and,

¹ http://www.acha-ncha.org/docs/ACHA-NCHA_Reference_Group_ExecutiveSummary_Fall2008.pdf

² <http://www.acha-ncha.org/docs/NCHA-II%20SPRING%202016%20US%20REFERENCE%20GROUP%20EXECUTIVE%20SUMMARY.pdf>

³ <http://www.bestcolleges.com/resources/top-5-mental-health-problems-facing-college-students/>

⁴ <http://www.apa.org/about/gr/pi/news/2014/suicide-testimony.aspx>

⁵ <https://www.cdc.gov/violenceprevention/pdf/suicide-datasheet-a.pdf>

⁶ <http://www.apa.org/monitor/2011/09/crisis-campus.aspx>

- WHEREAS*, the national trend of increased requests for counseling services parallels the growing need for services at the University of Hawai‘i at Mānoa (UHM); and,
- WHEREAS*, there are only seven and a half tenured tracked psychologists at the University of Hawai‘i at Mānoa Counseling and Student Life Development Center (CSDC); far below the national guideline of one licensed psychologist for every 1,000 to 1,500 students; and,
- WHEREAS*, due to this understaffing, the non-urgent waitlist for individual psychotherapy services at the CSDC begins by September of each year, and at peak times, a wait for an initial intake appointment can range from five days to two and a half weeks; and,
- WHEREAS*, the CSDC serves walk-ins for urgent emergencies and crises⁷; and,
- WHEREAS*, the Vice-Chancellor for Student Affairs Lori Ideta inserted a request for \$200K and 1.5 positions (one psychiatrist) into the Mānoa biennium budget draft request; and,
- WHEREAS*, in the 28th Legislature, 2016, Representative Isaac Choy Hawai‘i State Legislature introduced HB 1703⁸ and Senator Brian Taniguchi of the Hawai‘i State Legislature introduced its companion bill, SB 2767,⁹ to address the increasing influx of CSDC clients; and,
- WHEREAS*, HB 1703¹⁰ and SB 2767¹¹ aimed to fund for three full-time psychologist position and one full-time case manager position; and,
- WHEREAS*, both HB 1703 and its companion bill, SB 2767 died in committee and did not become law; and,
- BE IT RESOLVED*, the ASUH strongly renews its belief that hiring more positions at the CSDC offers a tangible step toward prioritizing the mental and emotional well-being of UHM students; and,
- BE IT RESOLVED*, the ASUH is immensely confident that the advancement of mental health services will generate a positive impact on academic success and retention for individuals seeking counseling, as demonstrated in national surveys; and

⁷ http://manoa.hawaii.edu/counseling/our_services/

⁸ http://capitol.hawaii.gov/measure_indiv.aspx?billtype=HB&billnumber=1703&year=2016

⁹ http://capitol.hawaii.gov/measure_indiv.aspx?billtype=SB&billnumber=2767&year=2016

¹⁰ http://www.capitol.hawaii.gov/session2016/bills/HB1703_SD1_.pdf

¹¹ http://www.capitol.hawaii.gov/session2016/bills/SB2767_SD2_.pdf

BE IT FURTHER RESOLVED, the ASUH respectfully requests three new psychologists and one case manager, and that the CSDC extend help to other campuses when necessary; and,

BE IT FURTHER RESOLVED, the Hawai‘i State Legislature also consider providing support through funding of said positions; and,

BE IT FURTHER RESOLVED, the ASUH courteously request the 29th Hawai‘i State Legislature to provide appropriate and sufficient funding for said positions; and,

BE IT FURTHER RESOLVED, the ASUH humbly requests that the Board of Regents allocate sufficient amount of funds to have said positions in the 2017 Biennium Budget Request to ensure permanency of the additional CSDC; and,

NOW, THEREFORE, BE IT FINALLY RESOLVED, that copies of this resolution shall be sent to: Hawai‘i State Governor David Ige; Senator Brian Taniguchi, Senator Jill Tokuda; Representative Isaac Choy; Representative Sylvia Luke; UH President and UH Mānoa Interim Chancellor David Lassner; the UH Board of Regents Chairperson Jan Sullivan and Members; UH Mānoa Interim Vice Chancellor for Students Lori Ideta; UH Mānoa Interim Associate Vice Chancellor and Dean of Students Mike Kaptik; Director of the UH Mānoa Counseling and Student Development Center Dr. Allyson Tanouye; the Honolulu Star Advertiser; and the Ka Leo o Hawai‘i.

Introducers: David B. Enriquez, Senator-At-Large; Shanda Shamela Delos Reyes, Senator of the College of Arts and Sciences; Nicholas Ishii, Senator of the College of Arts and Sciences; Jannah Lyn Dela Cruz, Vice-President; Tkani Finau, Senator of the College of Architecture; Jessica Chen, Senator-At-Large; Danson Honda, Senator of the College of Arts and Sciences; Alex Lee, Senator of the College of Arts and Sciences; Lisa Takagi, Senator of the College of Arts and Sciences

ROLL CALL VOTE FOR SENATE RESOLUTION 02-17 WITH AMENDMENTS

Aye(s): Vice-President Dela Cruz, Treasurer Hinshaw, Secretary Nishihara, Senators-at-Large Callihan, Chen, Enriquez, Willis, Senators Barrow, Bruno, Chen, Crollard, Delos Reyes, Finau, Fong, Ho, Honda, Ikeda, Ishii, Klinestiver, Lao, Lee, Leval, Lo, Negrillo, Omokawa, Takagi, Tran, Urasaki, Utashiro, Wang, Yamada, Zabanal
[32]

Naye(s): [0]

Abstain(s): [0]

ASSOCIATED STUDENTS OF THE UNIVERSITY OF HAWAI‘I AT MĀNOA
2465 Campus Road, Campus Center 211A
Honolulu HI 96822

SENATE RESOLUTION 21-16

IN SUPPORT OF INCREASED MENTAL HEALTH SERVICES AT THE UNIVERSITY OF HAWAI‘I AT MĀNOA

BE IT ENACTED BY THE UNDERGRADUATE SENATE:

- WHEREAS,* the Associated Students of the University of Hawai‘i at Mānoa (ASUH) Senate is the elected body representing approximately 14,000 full-time classified undergraduate students; and,
- WHEREAS,* poor mental health is a growing national concern for college students; and,
- WHEREAS,* 75 percent of mental health conditions develop by age 24, signifying that college is a ripe environment for certain disorders to manifest; and,¹
- WHEREAS,* the number of college students seeking help for serious mental health problems at campus counseling centers has steadily increased over the past two decades; and,²
- WHEREAS,* the 2010 National Survey of Counseling Center Directors (NSCCD) reported that 44 percent of counseling center clients had severe psychological disorders, a significant increase from 16 percent in 2000; and,
- WHEREAS,* in 2010, over 45 percent of students reported feeling hopeless and over thirty percent of students reported feeling so depressed that it was difficult to function; and,
- WHEREAS,* although depression and anxiety are the most common mental health disorders treated at college counseling centers, there has been a sharp increase in the number of students reporting struggles with alcohol abuse, eating disorders, and self-injury; and,
- WHEREAS,* from 2010 to 2015, the national average demand for counseling center services grew more than five times faster than the average rate of institutional enrollment; and,³
- WHEREAS,* to address the growing need for services, over 76 percent of college counseling directors reported that they reduced the number of visits for non-crisis patients to cope with the increasing overall number of clients; and,⁴
- WHEREAS,* the national trend of increased requests for counseling services parallels the growing need for services at the University of Hawai‘i at Mānoa (UHM); and,
- WHEREAS,* the UHM Counseling and Student Development Center (CSDC) employs only seven and a half tenured track psychologist positions, which is far below the national guideline of one licensed psychologist for every 1,000 to 1,500 students; and,

¹ <https://www.nami.org/Learn-More/Mental-Health-Conditions>

² <http://www.apa.org/monitor/2011/09/crisis-campus.aspx>

³ http://www.huffingtonpost.com/entry/college-students-mental-health-treatment_us_5696a1dde4b0ce496422e8f1

⁴ <http://www.apa.org/monitor/2011/09/crisis-campus.aspx>

WHEREAS, due to this understaffing, the non-urgent waitlist for individual psychotherapy services at the CSDC begins by September of each year, and at peak times, a wait for an initial intake appointment can range from five days to two and a half weeks; and,

WHEREAS, this is potentially dangerous for waitlisted individuals, as students seeking services are more likely to exhibit “threat to self” indicators such as serious suicidal thoughts and self-injurious behaviors; and,⁵

WHEREAS, the American Psychological Association 2011 Government Relations Update explains, “without the proper psychological services, students with emotional and behavioral problems have the potential to affect many other people on campus, including roommates, classmates, faculty and staff”; and,⁶

WHEREAS, in January 2016, Representative Isaac Choy Hawai‘i State Legislature introduced HB 1703⁷ and Senator Brian Taniguchi of the Hawai‘i State Legislature introduced its companion bill, SB 2767,⁸ to address the increasing influx of CSDC clients; and,

WHEREAS, HB 1703 and SB 2767 appropriate funds for the CSDC to hire three full-time psychologists and one full-time case manager; and,

WHEREAS, with the new positions, the CSDC, which helps more than 1,300 students for over 8,000 hours of therapy yearly, can give UHM students increased accessibility to immediate mental health services; now therefore,⁹

BE IT RESOLVED, the ASUH believes that hiring more positions at the CSDC offers a tangible step toward prioritizing the mental and emotional well-being of UHM students; and,

BE IT RESOLVED, the ASUH is confident that the advancement of mental health services will generate a positive impact on academic success and retention for individuals seeking counseling, as demonstrated in national surveys; and,¹⁰

BE IT FURTHER RESOLVED, the ASUH supports HB 1703 and SB 2767 and appreciates the Hawai‘i State Legislature’s effort to meet the holistic needs of college students and protect the integrity of the UHM community; and,

BE IT FURTHER RESOLVED the ASUH respectfully request the three new psychologists and one case manager also extend help to other campuses when necessary; and,

BE IT FURTHER RESOLVED, the ASUH humbly requests the Hawai‘i State Legislature to incorporate the appropriations listed in HB 1703 and SB 2767 in the 2016 Session Budget to help ensure the permanency of the additional CSDC positions; and,

NOW, THEREFORE, BE IT FINALLY RESOLVED, that copies of this resolution shall be sent to:
Hawai‘i State Governor David Ige; Chairperson of the Senate Committee on Higher Education and the Arts Senator Brian Taniguchi; Chairperson of the House Committee on Higher Education Representative Isaac Choy; Chairperson of the Senate Committee on Ways and Means Senator Jill Tokuda; Chairperson of the House Committee on Finance Representative Sylvia Luke; UH President David Lassner; the UH Board of Regents

⁵ http://www.huffingtonpost.com/entry/college-students-mental-health-treatment_us_5696a1d4e4b0ce496422e8f1

⁶ <http://www.apa.org/monitor/2011/09/crisis-campus.aspx>

⁷ http://capitol.hawaii.gov/measure_indiv.aspx?billtype=HB&billnumber=1703&year=2016

⁸ http://capitol.hawaii.gov/measure_indiv.aspx?billtype=SB&billnumber=2767&year=2016

⁹ http://www.kaleo.org/news/uh-m-noa-requests-funding-for-more-psychologists-caseworkers/article_38febcaac-da5c-11e5-9ec5-e7d94e423c75.html

¹⁰ <http://www.apa.org/monitor/2011/09/crisis-campus.aspx>

Chairperson Randy Moore and Members; UH Mānoa Interim Chancellor Robert Bley-Vroman; UH Mānoa Interim Vice Chancellor for Students Lori Ideta; UH Mānoa Interim Associate Vice Chancellor and Dean of Students Mike Kaptik; Director of the UH Mānoa Counseling and Student Development Center Allyson Tanouye; the Honolulu Star Advertiser; and the Ka Leo o Hawai‘i.

ROLL CALL VOTE FOR SENATE RESOLUTION 21-16 WITH AMENDMENTS

Aye(s): Vice President Kamoshida, Treasurer Takara, Secretary Tagaban, Senators-at-Large Callihan, Dela Cruz, Mitsui, Nishihara, Senators Aki, Bui, Caramat, Chen, Enriquez, Garma, Hinshaw, Ikeda, Kim, Lao, Lawi-an, Lopez, Omokawa, Rafael, Ryan, Simeroth, Tacey, Turner, Willis, Yamada [26]

Naye(s): [0]

Abstentions: [0]

Introducers: Todd Simeroth, Senator of the Colleges of Arts and Sciences; Roxie-Anne Kamoshida, Vice-President; Lauren Tagaban, Secretary; Grant Takara, Treasurer; Jessica Chen, Senator of the Colleges of Arts and Sciences

To: Senate Committee on Higher Education
Senator Kaiali'i Kahele, Chair
Senator Michelle N. Kidani, Vice Chair
Date: Tuesday, February 7, 2016
Time: 2:15 PM
Place: Conference Room 224

Re: SB 1164 – RELATING TO THE UNIVERSITY OF HAWAII.

Chair Kahele, Vice Chair Kidani and members of the committee(s):

My name is Shanda Delos Reyes and I am currently serving as one of the Senators on ASUH's 104th Senate, representing the College of Arts and Sciences and acting as the Legislative Fellow during this session. As an undergraduate student at the University of Hawai'i at Mānoa I am writing in strong support of HB 967, which appropriates funds for three psychologists and one case manager to provide student mental health services.

As one of the elected voices of UHM's undergraduate population I am here today to relay the gravity of the effects this bill would have towards our school's Counseling and Student Development Center. According to the Center for Collegiate Mental Health 2015 Annual Report, the average growth in number of students seeking services at counseling centers (+29.6%) was more than five times the growth rate of institutional enrollment (+5.6%). As it stands today, our center staffs 4 Psychologists, 2 Psychiatrists, 7 Staff Therapists, 3 Interns, and 1 Practicum Student. Unfortunately, according to national standards the ratio of psychologists to the student population, is not met for our center. With UH's backlog on deferred maintenance it would seem that not only our resources and buildings, are not up to date, but our student services are also suffering.

Mental health is highly stigmatized in our society, where a significant amount students will not seek the professional services that would allow them to address this issues in a healthy and productive manner. The time students spend at university is profoundly hectic and can affect them disproportionately due to the nature of balancing school, work, and their interpersonal relationships. From my personal experience of managing internships, classes, 2 jobs and extracurriculars all while putting my struggles with severe anxiety and bipolar disorder on the side, I can attest to the work UH's Counseling and Student Development Center and the aid they've provided in helping me manage these issues to where my time at Mānoa could be continued in the most productive manner.

With that, I humbly ask that the committee please stand with our students in supporting this bill and increased mental health services. Mental health is just as important as physical health.

Thank you all for your time.

Respectfully submitted,
Shanda Delos Reyes

From: mailinglist@capitol.hawaii.gov
Sent: Monday, February 6, 2017 1:48 PM
To: HRE Testimony
Cc: jwchen@hawaii.edu
Subject: *Submitted testimony for SB1164 on Feb 7, 2017 14:15PM*

SB1164

Submitted on: 2/6/2017

Testimony for HRE/CPH on Feb 7, 2017 14:15PM in Conference Room 224

Submitted By	Organization	Testifier Position	Present at Hearing
Jessica Chen	Individual	Support	No

Comments:

Please note that testimony submitted less than 24 hours prior to the hearing, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

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From: mailinglist@capitol.hawaii.gov
Sent: Saturday, February 4, 2017 5:33 PM
To: HRE Testimony
Cc: aurasaki@hawaiiantel.net
Subject: Submitted testimony for SB1164 on Feb 7, 2017 14:15PM

SB1164

Submitted on: 2/4/2017

Testimony for HRE/CPH on Feb 7, 2017 14:15PM in Conference Room 224

Submitted By	Organization	Testifier Position	Present at Hearing
Alan Urasaki	Individual	Support	No

Comments: In support of this measure. Mahalo.

Please note that testimony submitted less than 24 hours prior to the hearing, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

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Sent: Monday, February 6, 2017 12:50 PM
To: HRE Testimony
Cc: tsakamoto1@honolulu.gov
Subject: *Submitted testimony for SB1164 on Feb 7, 2017 14:15PM*

SB1164

Submitted on: 2/6/2017

Testimony for HRE/CPH on Feb 7, 2017 14:15PM in Conference Room 224

Submitted By	Organization	Testifier Position	Present at Hearing
Councilmember Brandon Elefante	Individual	Support	No

Comments:

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ASUH

YOUR STUDENT GOVERNMENT



Nanea C. Lo

Senator

ASUH Senator of Hawai'i inuiākea School of Hawaiian Knowledge

February 6, 2017

Rep. Justin H. Woodson
Chairperson
Committee On Higher Education
415 South Beretania Street, Room 309

LATE

Aloha Chair Woodson, Vice-Chair Hashem and Members,

I am submitting testimony for strong support of SB 1164, which appropriates moneys for the University of Hawaii to hire three psychologists and one case manager to provide student mental health services.

Currently on campus, the UHM Counseling and Student Development Center (CSDC) employs only seven and a half tenured track psychologists' positions. This has caused a backlog of students in need of psychotherapy services estimated from five days to two and a half weeks. A wait this long only shows the failure of the university to help foster an environment of student success.

From what I understand, the national guidelines require a ratio of one licensed psychologist per every one thousand to one thousand five hundred college students. While this bill would increase the CSDC's capacity to service is just shy of meeting this standard, it would be appropriate to take incremental steps towards reaching this goal.

I know that we can all agree that a student's success is essential to a thriving university and SB 1164 would help to foster student success by providing ample resources for dealing with mental health issues, such as stress, depression, and anxiety.

Therefore, I strongly recommend that this bill does pass through the Committee on Higher Education.

Sincerely,

Nanea Claire Lo

ASUH Senator of Hawai'i inuiākea School of Hawaiian Studies
Associated Students of the University of Hawai'i at Mānoa

Associated Students of the University of Hawai'i at Manoa

2465 Campus Road, Campus Center Rm 211A, Honolulu HI 96822 | Cell: (808)-389-1531 | Email:
davidbe@hawaii.edu

LATE

From: mailinglist@capitol.hawaii.gov
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To: HRE Testimony
Cc: teresa.parsons@hawaii.edu
Subject: *Submitted testimony for SB1164 on Feb 7, 2017 14:15PM*

SB1164

Submitted on: 2/6/2017
Testimony for HRE/CPH on Feb 7, 2017 14:15PM in Conference Room 224

Submitted By	Organization	Testifier Position	Present at Hearing
Teresa Parsons	Individual	Support	No

Comments:

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