

# HB615 HD1

Measure Title: RELATING TO THE HEALTHY AGING PARTNERSHIP PROGRAM.

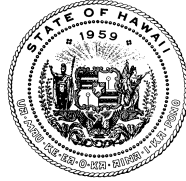
Report Title: Kupuna Caucus; Healthy Aging Partnership; Appropriation

Description: Appropriates funds for the Healthy Aging Partnership Program to further the program's important role in improving the health and well-being of Hawaii's kupuna. (HB615 HD1)

Current Referral: HMS, CPH/WAM

Introducer(s): TAKAYAMA, AQUINO, BELATTI, CACHOLA, CREAGAN, DECOITE, EVANS, GATES, HAR, HASHEM, HOLT, ICHIYAMA, KEOHOKALOLE, LOPRESTI, MCKELVEY, MIZUNO, MORIKAWA, NISHIMOTO, OSHIRO, SAY, SOUKI, TAKUMI, THIELEN, San Buenaventura

DAVID Y. IGE  
GOVERNOR OF HAWAII



TERRI BYERS  
DIRECTOR

VIRGINIA PRESSLER, M.D.  
DIRECTOR OF HEALTH

**STATE OF HAWAII**  
**EXECUTIVE OFFICE ON AGING**  
NO. 1 CAPITOL DISTRICT  
250 SOUTH HOTEL STREET, SUITE 406  
HONOLULU, HAWAII 96813-2831  
eoa@doh.hawaii.gov

**Testimony in SUPPORT of HB0615, HD1**  
**Relating to the Healthy Aging Partnership Program**

COMMITTEE ON HUMAN SERVICES  
SENATOR JOSH GREEN, CHAIR  
SENATOR STANLEY CHANG, VICE CHAIR

Testimony of Terri Byers  
Director, Executive Office on Aging  
Attached Agency to the Department of Health

Hearing Date: March 17, 2017, Room Number: 016  
2:50 p.m.

- 1 **EOA's Position:** The Executive Office on Aging (EOA), an attached agency to the Department
- 2 of Health, supports this measure provided that its enactment does not reduce or replace priorities
- 3 within the Administration's executive biennium budget.
- 4 **Fiscal Implications:** This measure appropriates funds for the Healthy Aging Partnership for
- 5 fiscal years 2017-2018 and 2018-2019.
- 6 **Purpose and Justification:** Led by the Executive Office on Aging (EOA) and Department of
- 7 Health Chronic Disease Branch, Hawaii's Healthy Aging Partnership (HHAP) implements two
- 8 evidence-based intervention programs, Better Choices Better Health (BCBH) and
- 9 EnhanceFitness®. Nationally, chronic diseases account for 86% of health care costs. In Hawaii,
- 10 82% of adults have at least one chronic disease. Hawaii spends an estimated \$470 million
- 11 dollars annually on obesity related medical costs.

1 The Better Choices Better Health (BCBH) is a 6-week self-management workshop developed  
2 and tested by Stanford University. The workshop does not replace prescribed treatment. Instead,  
3 the workshop augments and supports medical-professional-recommended treatment plans.  
4 Participants learn skills to manage their health conditions and interact with their health care  
5 providers. In the State of Hawaii, an individual spends on average about \$20,477 per year on  
6 emergency room visits and hospitalizations. The National Council on Aging estimates that a  
7 BCBH participant saves an average of \$499.12 per year on health care costs.

8 EnhanceFitness® is the ongoing exercise program that meets 3 times a week and consist of  
9 cardio, strength, balance and flexibility exercises and led by nationally certified fitness  
10 instructors. Program results include increased upper and lower body strength, balance and  
11 mobility, increase exercising, and fewer falls. A national study found that an EnhanceFitness®  
12 participant spends on average about \$642 per year on health care compared to a non-participant  
13 who spends an average of \$1,175 per year on health care.

14 **Recommendation:** HHAP currently offers BCBH and EnhanceFitness® on a reduced budget.  
15 There are no funds to sustain the program in the upcoming State fiscal year beginning July 1,  
16 2017. Without additional funding, the HHAP will not be able to continue to offer the BCBH and  
17 EnhanceFitness® to older adults in the State.

18 HHAP is not part of the Administration's budget request. We support advancing this measure  
19 provided that its enactment does not reduce or replace priorities with the Administration's  
20 executive biennium budget. EOA is very supportive of this critical public health intervention as  
21 it is consistent with EOA's goals and objectives.

22 EOA respectfully requests your support of HB0615, HD1. Thank you for the opportunity to  
23 testify.

ALAN ARAKAWA  
Mayor



DEBORAH STONE-WALLS  
Executive on Aging

PHONE (808) 270-7755

FAX (808) 270-7935

E-MAIL: mcoa.adrc@mauicounty.gov

CAROL K. REIMANN  
Director  
Housing & Human Concerns

JAN SHISHIDO  
Deputy Director  
Housing & Human Concerns

**COUNTY OF MAUI**  
DEPARTMENT OF HOUSING AND HUMAN CONCERNS  
**MAUI COUNTY OFFICE ON AGING**  
AN AREA AGENCY ON AGING

J. WALTER CAMERON CENTER  
95 MAHALANI STREET, ROOM 20  
WAILUKU, HAWAII 96793

**Senate Committee on Human Services**

Senator Josh Green, Chair  
Senator Stanley Chang, Vice Chair

**HB 615, HD1 RELATING TO THE HEALTHY AGING PARTNERSHIP PROGRAM**

Testimony of Deborah Stone-Walls  
Executive on Aging, Maui County Office on Aging (MCOA)

**Hearing Date: Friday, March 17, 2017 at 2:50 p.m.**  
**Room Number: Conf. Room 016**

**MCOA's Position:** Maui County Office on Aging (MCOA) is in **strong support** of HB 615, HD1 that appropriates funds for the Healthy Aging Partnership (HAP) Program.

**Purpose and Justification:** Census projections indicate that the senior population in Hawaii will almost double between the period between 2010 and 2020 with the highest percentage increase occurring in those over the age of 85. In order to minimize the potential **financial strain** of the burgeoning aging population on the State, **proactive** efforts are required now. ***Keeping seniors healthy and at home is the most cost-effective manner*** to address the needs of one of our most valuable societal resources, and HB 615 will ensure that evidence based health and fitness programs for seniors and their caregivers are made available across the state.

MCOA supports appropriation for the statewide HAP in the amount of at least \$550,000. MCOA assists seniors and individuals over the age of 55 to improve overall health

through two evidence-based programs—Better Choices, Better Health (using Stanford’s Chronic Disease Self-Management—CDSMP— Diabetes Self-Management—DSMP— and Cancer Thriving and Surviving –CTS Programs) and EnhanceFitness™ (EF). Because our population is aging rapidly and funding amounts for home and community-based services cannot keep pace with this increase, MCOA believes that efforts to improve overall health of seniors and their family caregivers is paramount to ensuring independence and dignity. In Maui County, Better Choices, Better Health (BCBH) and EF assisted over 400 seniors and individuals over the age of 55 to improve overall health in FY16.

Successful implementation of these Healthy Aging programs will eventually lead to MCOA’s ability to directly bill Medicare for each participant, thereby lessening the State and County burden to provide these important interventions. Funding for the HAP appropriated by this bill will support direct services statewide that have been proven to improve health, increase self-management of chronic illness, increase strength and flexibility, and generally assist seniors in living at home in a more healthy manner. While we cannot ignore those who need assistance with the basic functions of daily living, we must also work diligently to assist our aging citizens and their family caregivers to live as healthily as possible for as long as possible in the most cost effective manner as possible.

Maui County EF participants have exhibited **sustained** longevity in program participation with 78% demonstrating consistent **improvement** or **maintenance of physical well-being** as evidenced by the mandatory routine fitness measurement tests. However, due to the lack of funding for two consecutive years coupled with participant longevity in EF enrollment, MCOA remains unable to clear waitlists and allow even more eager seniors to enjoy the benefit of this evidence-based exercise program. Resumption of funding would allow these seniors to join EF and improve fitness.

Maui's EF participants have enthusiastically supported HB615, HD1 and the previous Senate companion, SB 531, because they have directly experienced the benefit of evidence-based health and fitness. Due to the timing of the notification for the hearing of HB615, HD1, MCOA was unable to gather participant testimony specifically labeled as such. Therefore, supplemental testimony provided is labeled as the companion bill, SB 531.

Thank you for the opportunity to provide testimony regarding this matter.

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is LENORE LINN. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2013. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been STRONGER - MORE FLEXABLE.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely, 

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is MARYLEE INGHAM. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since \_\_\_\_\_. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Strength, balance - breathing.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Marylee Ingham*



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

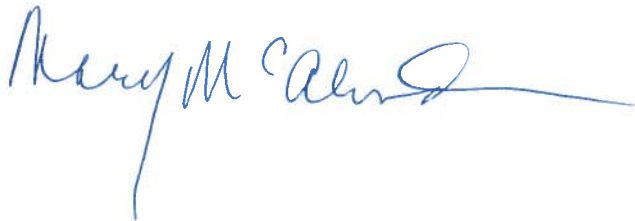
My name is MARY McALINDEN. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Balance Strength Better Sleep - no medication

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Eve Harrison. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since May 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been increased balance.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Eve Harrison*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Judith Thomson. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Oct 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been increased balance & flexibility.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Judith Thomson*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Carole Fernandez. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since \_\_\_\_\_. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been balance, confidence, strength.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Carole Fernandez

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Patti Gildersleeve. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 4/2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been balance and strength.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Patti Gildersleeve

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Harriet Callagy. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2012. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been I strength & endurance & overall well being

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,  
Harriet Callagy

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Kathleen Bitos. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since \_\_\_\_\_. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Endurance & Balance.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Kathleen Bitos*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Eleanor Schultz. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 11-2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been gaining strength, really helping with balance & overall health. Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Eleanor Schultz*



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Vicki Hawron. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since MARCH 16. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Stamina, balance, health, well being

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely, Vicki Hawron

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Colleen Welty. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been more energy & flexibility.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Colleen Welty

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Rashleen McCarriston. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2014. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been improved balance/coordination.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Delany Brown. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Sept. 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Balance.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Delany Brown

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is CONNIE HUNT. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since SEPT 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been MOVEMENT !! Benefits at all levels!!  
Flexibility, balance, strength

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Connie Hunt  
808-298-3387

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

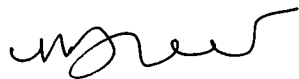
My name is MARGUERITE LAMBERT. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Feb 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been maintain overall health.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Lisa K. Chinn. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 4/2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been better range of motion, increased energy  
a feeling of confidence & well being.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is June Borges. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2 years. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been The strength & health of my body.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

June Borges



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Mercedes V. Cabatingan. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 6-2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Feeling much better about my health.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely, Mercedes V. Cabatingan

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

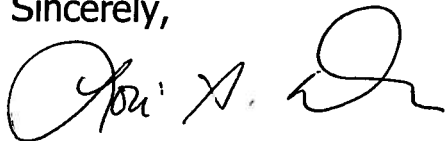
My name is Lori Davis. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Sept. 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been greater flexibility and strength.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Susan (Susie) Davis. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2 yrs. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been balance + cardio.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Susan J Davis*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Vera Demello. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2 yrs. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Improvement in my muscle tone.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me. I'm 90 years old.

Sincerely, Vera Demello

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Hiedi Elizares. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been  Stamina and making friends.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Hiedi Elizares*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Evelyn Gaper. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since \_\_\_\_\_. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been muscle tone.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Evelyn Gaper*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Lerene Gapero. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Nov. 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been in many ways. Improvement in balance, strength and an overall positive outlook in daily activities. Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Lerene Gapero

Love this program !!. Thoroughly enjoyable. Developing expanded social network.

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is FLORIDA MANGLICMOT. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 8/18/16. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Good Health + Energy.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

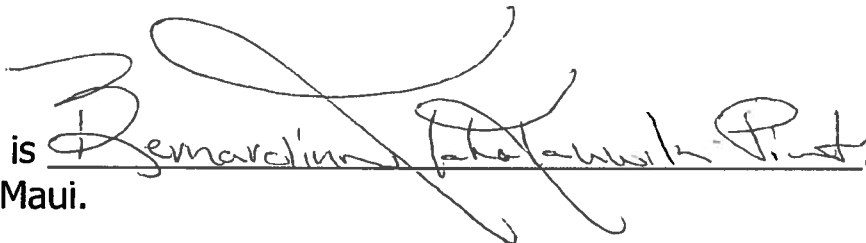
Sincerely, Florida Manglicmot



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

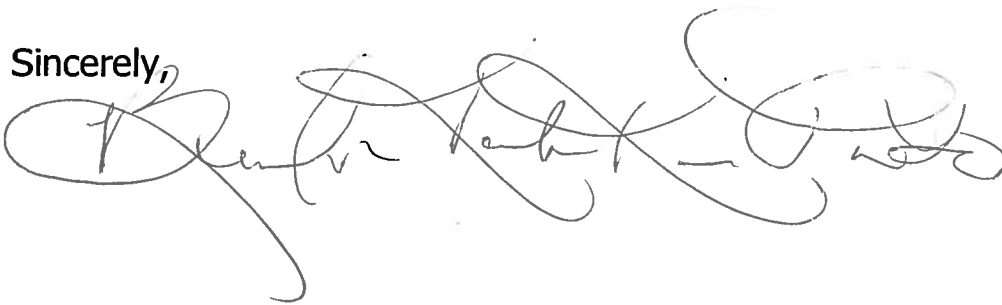
My name is . I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been most helpful in improving my strength, balance + endurance.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Jeffrey Reiss. I live on the island of Maui.


I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Sept 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been improved strength and social interaction.  
confidence

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



THIS is an awesome program. I am recovering from cancer --- 

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Joe Lauer. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 4 mos. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Strength.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely, Joe Lauer

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Darlisay Sugrindao. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 8/16. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been grateful terrific help in my daily life.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Darlisay Sugrindao

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Wilma Sato. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 1/16. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been improved balance and flexibility.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Wilma Sato*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Lani Scott. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2 1/2 yrs. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been better balance, coordination, more active.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Lani Scott*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Agnes M Sera. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Jan 06, 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been cardiovascular fitness, strength, flexibility & improving balance and socializing in a fun environment.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely, and Thank you in advance,

Agnes M Sera

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

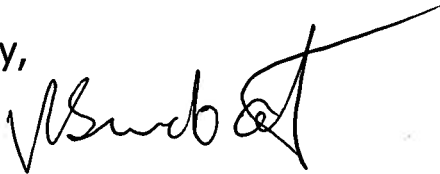
My name is Vangie Sumabat. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 8/18/16. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been good health.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,





February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Linda Uehara. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been my balance and keeping me healthy.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Linda Y. Uehara*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Zosima Lacuesta. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since July 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been help for my health.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Zosima Lacuesta*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Maïma Buzanin. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Aug. 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been very good, healthy.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Maïma Buzanin

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Marie C. Tehero. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Aug. 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Good to my Health lower my blood pressure and Cholesterol

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Marie Tehero*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Evelyn Pencerga. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Aug 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been lost some weight, feel looser after exercise (I have arthritis), made new friends  
Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Evelyn Pencerga*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is CORAZON MATSUMOTO. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since AUG. 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Very good for my health, helps maintain my weight  
*Hope this program will continue to benefit us seniors.*

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Corazon Matsumoto*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is MARY SOLIBON. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since \_\_\_\_\_. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Nov. 2015.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Mary Solibon

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Cyrilla Pascual. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's  
EnhanceFitness program since Aug 2015. EnhanceFitness is an  
evidence-based program that improves cardiovascular fitness, strength,  
flexibility and balance. Classes are held 3 times per week for an hour each  
session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant  
outcome has been improvement of my balance  
and strength. I really need this program  
Please provide funding for the Healthy Aging Partnership Program so that I  
can continue to participate in EnhanceFitness. Staying healthy is very  
important to me.

Sincerely,

*Cyrilla Pascual*

*My instructor  
(Senney)  
is excellent.*



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Elsie Carvalho. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 1 1/2 yr. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Got Stronger.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Elsie Carvalho*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Claudia Jaurigue. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Yr. & 1/2. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been getting exercise.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Claudia Jaurigue*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is VALERIE RICHTER. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 05-16. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been GETTING STRONGER, HEALTHIER.  
MORE ENERGY, BALANCE

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Patly Kipner. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 4/2014. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been I feel healthier & stronger.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is GARY KESHER. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 4/15/2014. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been SLOWING DOWN THE AGING PROCESS AND KEEPING MYSELF YOUNG

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Caroline Belson. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2015-Jan. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been keeping my muscles limber and my joints moving smoothly

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is BUSABA YIP DOUGLAS. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been I am healthier and stronger.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Busaba Yip Douglas*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Catherine Morris. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since August 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been my improved health since cancer

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Catherine Morris*  
*Feb 27, 2017*



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is MYRTLE TAKAMORI. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2014. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been great improvement in all-around areas.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



## LoriAnn Tshako - Testimony Supporting SB 531 Relating to the Healthy Aging Partnership Program

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**From:** <ob2shibuya@gmail.com>  
**To:** "LoriAnn Tshako" <LoriAnn.Tshako@co.maui.hi.us>  
**Date:** 2/26/2017 11:27 PM  
**Subject:** Testimony Supporting SB 531 Relating to the Healthy Aging Partnership Program  
**CC:** "Ginny Kiick" <gkiick@hotmail.com>, <pkeele@hawaii.rr.com>, <ob2shibuya@...>

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### SENATE WAYS & MEANS COMMITTEE

Please accept this testimony in support of the HAWAII HEALTHY AGING PARTNERSHIP PROGRAM and its funding of \$550,000 to continue in improving the health of Hawaii's elderly, which means caring for our kupunas. As many of you already know, Hawaii's aging population is increasing, thus an increase in health care cost and long-term health care on kupunas with fixed income. 92% of our elderly suffers from one CHRONIC disease, 77% from at least two, including cancer, heart disease, stroke, diabetes, cardiovascular, kidney/bladder, dementia, Alzheimer's, Parkinson, high blood pressure, arthritis, depression, glaucoma, cataract, lung disease, mental health, obesity. You must know of many elders suffering from several of these conditions.

The Hawaii Healthy Aging Partnership Program allows our kupunas to live a healthier lifestyle preventing many of these chronic diseases, thus reducing health care costs and long-term care needs. One program in particular, EnhancedFitness, provides elderly with safe, regulated physical activities in low-impact aerobics, balance and flexibility exercises and strength building. In addition, these 3 one-hour-per-week activity boosts elderly strength in preventing injuries from falls, elevates mood, expands networking in a limited social environment and allows social interaction, thus allowing elderly to remain independent.

Personally, upon retiring after over 40 years of mostly private employment in Honolulu, California and Maui, I endured cardiovascular issues and cancer and cataract surgeries. During post-surgery follow-ups, my internist, surgeon, oncologist and therapist all highly recommended REGULAR physical exercises, which EnhancedFitness provides. After almost a year on the EnhancedFitness Program coordinated by Maui County Office of Aging, my emotional and physical condition has significantly improved to enjoy my retirement and to maintain a healthier lifestyle and independence.

Please continue funding the successful HAWAII HEALTHY AGING PARTNERSHIP PROGRAM. There's a senior in your family and you'll soon be a senior, too. MALAMA PONO; MALAMA KUPUNA.

Mahalo Nui Loa,  
Joanne Shibuya, [ob2shibuya@gmail.com](mailto:ob2shibuya@gmail.com)  
*May the FORCE be with you!*



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Barbara Fehete. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 6-7 months. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been I am stronger, better balance.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,  
Barbara Fehete

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Ingrid E. Finch. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 1 1/2 years. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been much better balance.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Ingrid E. Finch

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Beverly B. Griffith. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2013. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Friends - Sidewalks - Programs To USE regularly  
resulted in better movement

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Beverly B. Griffith*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Maie A. Heedeman. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 1 year. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been my muscles are more relaxed.

I have better balance  
Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Maie A. Heedeman

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is JUNE EAGAN. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been I AM STRONGER & HAVE BETTER BALANCE.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely, *June Eagan*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Rodako Kodama. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since approx 4 years. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been I can move around more easily and  
now I have more confidence in moving around  
Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Rodako Kodama



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Margaret Honda. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Jan 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been being active, learn balance.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Margaret Honda*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Chiko Kibuka. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since one year. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been ~~one year~~ exercising my body is healthy and keep me independent.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Frances Teshima. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been improved physical condition.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Frances Teshima*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Sylvia Ishikawa. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since # 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been my physical self / well being is 100% positive healthy & improved!

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Sylvia Ishikawa*

February 27, 2017

Dear Senate Ways and Means Committee Members:


RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Anita Boteilho. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been improved balance + better health over ALL.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,  


February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Paul Lai. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 3/13. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been maintaining strength & balance

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Paul Lai

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Louise K. Ishii. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 4 years. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been much healthier and move around more easily.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely, Louise K. Ishii

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is MASAKO CABANILLA. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2014. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been \_\_\_\_\_.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is THELMA SHIMABUKU. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since \_\_\_\_\_. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been TWO YEARS.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Thelma Shimabuku*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Suzanne Aki. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Jan. 2017. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been my body feels stronger & healthier.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Suzanne Aki*

*I love this program! Love the exercises, love the group of students & it helps my mind!!*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Winaie Wagstaff. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2 YRS. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been my body strength + balance has improved.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Winaie Wagstaff

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is MINNIE SUMABAT. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 4 YRS. AGO. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been I FEEL BETTER & STRONGER.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,  
*Minnie Sumabat*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is TWILA FOLDEN. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been FIT.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Twila Folden*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Karen Tanaka. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Jan. 15, 2017. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been improved physical + mental health - overall - in a pleasant setting.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Dolly Gushiken. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since \_\_\_\_\_. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been my health has been so much better

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely, Dolly Gushiken

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Grace K. Shimabukuro. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2014. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been more alert, healthy, active, better memory.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Grace K. Shimabukuro



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Stan Franco. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been preventing falls.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Stan Franco*

*P.S. I am a diabetic and have frequent blood tests. I believe that this program has to help me keep my test results normal. I support continued funding to help me age healthy.*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Henry Z. Nakamura. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2 yrs ago. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been renewed strength & energy.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Henry Z. Nakamura*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Jeanette Nakamura. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 3 yrs.. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been renewed strength & youth.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely, Jeanette Nakamura

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Kazuko Takiguchi. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2012. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been to make to be more independent me.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely, Kazuko Takiguchi 2/27/17

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Remy Takiguchi. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been that I have not fallen down due to better balance.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Remy Takiguchi*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Suzanne Uehara. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since \_\_\_\_\_. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been I have never felt so good!!.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Suzanne Uehara*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Tamayo Tokunaga. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 6/1914. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been I have not fallen down.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

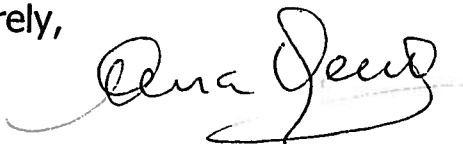
My name is Ana Geng. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 1 1/2 years. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been get a better health.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,





February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Paula Keele. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Sept. 2012. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been it keeps me strong and able to move, especially with my arthritis.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Paula Keele*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Evelyn K. Cabalo. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been feeling better physically.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Evelyn K Cabalo

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is LEONA CRAVALHO. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Aug 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been decrease in blood pressure meds.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Fumie Tanoue. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since July 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been my legs are getting stronger.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Lena Kawano. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's  
EnhanceFitness program since 2014. EnhanceFitness is an  
evidence-based program that improves cardiovascular fitness, strength,  
flexibility and balance. Classes are held 3 times per week for an hour each  
session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant  
outcome has been that I feel healthier & stronger.

Please provide funding for the Healthy Aging Partnership Program so that I  
can continue to participate in EnhanceFitness. Staying healthy is very  
important to me.

Sincerely,  


February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Lillian Chun. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2012. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been my health. I have been able to maintain my weight and my knees. I had ~~no~~ knee replacement on  
Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me. both knees & feel great!

Sincerely,

Lillian Chun

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Adeline Daida. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2014. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been that I am healthier - my blood sugar reading is better as well as my blood pressure. Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Adeline Daida*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is YEIKO ENDO. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since NOV 2013. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been I am healthier + stronger.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Yeiko Endo*



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Jeanna Ahe. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2014. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been muscle strengthening, increased endurance, improved balance, ↓ BP and cholesterol, ↑ friends & socialization. Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Jeanna Ahe*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Pamela Likeda. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2014. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been being much stronger and developed better balance.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Ruth C. Mukai. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been walking with a cane to independent walking + socializing with other members. Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Ruth C. Mukai*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Yaeiko Kobayashi. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2013. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been better balance & more energetic.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Yaeiko Kobayashi

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Elaine Yamasaki. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2012 (nov.) EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been improvement in my mobility.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Elaine Yamasaki*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Alice SEGUNDA. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2012. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been you keep moving!

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Alice Segunda*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Jean Kuwade. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since q1 2012 (Chapter Member). EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been my mobility, quality of life, enjoying social interactions, some taking fun to do

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Jean Kuwade*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is VERONICA GOMES. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's  
EnhanceFitness program since 1/2012. EnhanceFitness is an  
evidence-based program that improves cardiovascular fitness, strength,  
flexibility and balance. Classes are held 3 times per week for an hour each  
session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant  
outcome has been BETTER BALANCE.

Please provide funding for the Healthy Aging Partnership Program so that I  
can continue to participate in EnhanceFitness. Staying healthy is very  
important to me.

Sincerely,



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Bernie Siki. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since \_\_\_\_\_. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Stronger body! through weight training.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Bernie Siki

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Ethel Kawamere. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2013. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been I am healthier & stronger - improved in my balance & keeps me from falls.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Ethel Kawamere*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Yemiko Nako. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2013. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Change in balancing and meeting new friends.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Yemiko Nako*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Mildred Tashiro. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2014. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been better balance & movement.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,  


February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Janet M. Fliga. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2012. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been healthier & stronger. I have not fallen since 2012

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Janet M. Fliga

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Aanae Sauts. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2012. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been so helpful in keep me fit.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Aanae Sauts

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Barbara Tada Kuma. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2014. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been my balance has improved and I sleep well.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Barbara Tadakuma*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is CLIFFORD SALT. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2012 Sept. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been SPONGER, BETTER HEALTH & BETTER BALANCE AND MADE MANY FRIENDS

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely, 



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Michie Chee. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 8/15/14. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been improvement in my heart condition,  
per my cardiologist.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Michie K. Chee*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING PARTNERSHIP PROGRAM

My name is Beryl Matoi. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Sept 2012. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Strength in my arms & legs - I haven't fallen down since

Please provide funding for the Healthy Aging Partnership Program so that I <sup>can</sup> continue to participate in EnhanceFitness. Staying healthy is very <sup>important to me</sup> important to me. <sup>I've participated in this program</sup>

Sincerely, Beryl Matoi

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Allen Shishido. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since ~~2012~~<sup>May</sup> 2013. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been I am stronger and have better balance and I have made many friends through EnhanceFitness.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Nancy Yamashita. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2014. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been my mobility at age 86 and mental alertness.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Nancy S. Yamashita*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Kathy Tokunoto. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 8/30/2013. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been feeling healthier, stronger & having better balance.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Kathy Tokunoto

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Pearl Higa. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 5/2013. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been an improvement in my balance and feeling stronger.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Pearl D. Higa*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is David Dow. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since June 1916. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been improved stamina, strength & flexibility.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*David Dow*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Marion Marikawa. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2014. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been improve my movement.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Marion Marikawa



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Jane Loeffler. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since October 2012. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been increase, maintain strength & mobility. It helped with recovery + range of motion after shoulder surgery. Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Jane Loeffler

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Michele Bagdas. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2012. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been it has allowed me to remain active  
as a age. I am healthier due to the class.  
Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Bagdas

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Maren McBarnet. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Oct. 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been a regular exercise program that has made me stronger and fitter! Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,  
Maren McBarnet

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Amy Teves. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2014 ?. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been I have maintained a healthy weight.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Amy Teves*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Betty Hirose. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Nov. 2014. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been that I have better balance and my health seems improving.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Betty Hirose*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Celestine Uradomu. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2014. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been able to be independent + stronger.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Celestine Uradomu

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Settsuko Asato. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since \_\_\_\_\_. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been I'm able to move.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Paula Sandefur. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been strength, balance, fall prevention.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Paula Sandefur*



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Joyce Maeda. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been happiness + fun making new friends.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Joyce Maeda*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Gladys Hayashi. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Sept. 2014. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been learning exercises to improve my balance and strength in arms + legs.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Gladys Hayashi

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is SHARON NAGOSH. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2013. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Positive w/ flexibility of broken knee.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Teresa I López. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Sept 2014. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been helpful in recovery from chemo after ~~cancer~~ cancer in 2014  
I am now stronger and have better balance.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Teresa I. López*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Honey Huelsmann. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been my mobilization.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Honey Huelsmann

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is ANDY HIROSE. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Nov 2014. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been I AM HEALTHIER AND STRONGER AND CAN ENJOY TWO WEEK TRAVEL TIMES.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 27, 2017

Dear Senate Ways and Means Committee Members:

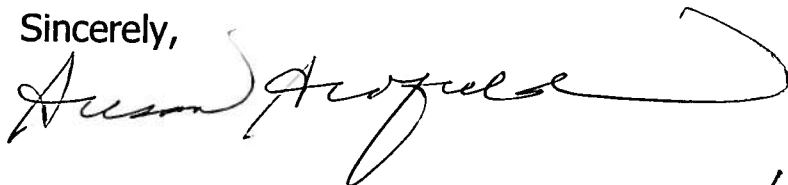
RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Susan Scofield. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Feb. 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been better Doctor check-ups, higher general well-being, and wiser daily habits. Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



P.S. Hopefully, I'll be healthy for many more years to come!!

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Joanne Antonio. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been improved balance, strength, healthier physically.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Joanne Antonio*



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is David Lane. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since July 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been more strength & balance.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is MIRIAM SWANSON. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Dec 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been improved balance.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Miriam Swanson

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is HARVEY JANIS. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2013. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been SLEEPING BETTER AT NIGHT; HELP TO CONTROL MY WEIGHT (I LIKE TO EAT); AT 85, I DON'T HAVE TO LIVE IN A NURSING HOME  
Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,  
I HAVE EXERCISED IN GYMS IN LA MAUI FOR 50+ YEARS  
THIS IS AN EXCELLENT PROGRAM WITH WELL TRAINED AND CARING  
INSTRUCTORS. IT IS THE BEST THAT I HAVE HAD.  
RJ Janis 3/1/17

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Kathleen Cucuz. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Dec. 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been to increase my strength and stamina and to improve my overall health and fitness.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is MARVIN PAUL COHEN. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 12/2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been INCREASED STAMINA, STRENGTH, BALANCE, AND  
GENERALLY IMPROVED HEALTH!

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Diane McAllister. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's  
EnhanceFitness program since (2 yrs) 2014. EnhanceFitness is an  
evidence-based program that improves cardiovascular fitness, strength,  
flexibility and balance. Classes are held 3 times per week for an hour each  
session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant  
outcome has been I have avoided expensive hospitalization.

Please provide funding for the Healthy Aging Partnership Program so that I  
can continue to participate in EnhanceFitness. Staying healthy is very  
important to me.

Sincerely,



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is MARLENE S. MASON. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 4/30/14. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been GAINED IN STRENGTH + ENDURANCE  
STABILIZED BP + BLD SUGAR.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Marlene S. Mason

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Loise Martin. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been improved BP / Stronger / Sleeping better / Balance better.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is DeWize Hall. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Better mobility - STABILITY.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is ROSE KOTLAR. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 9-16. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been FEELING STRONGER AND POSITIVE.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Mikeline Mears. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been more activity and better fitness.  
+ improved osteoporosis scores.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Mikeline Mears*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Kit Hawkins. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Jan 17. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been improved endurance.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Kit Hawkins*  
74 yrs young

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Dianna Nielsen. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Oct. 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Strength, weight loss, happier.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

A handwritten signature in cursive script that reads "Dianna Nielsen". The signature is written in black ink and is positioned to the right of the word "Sincerely,".

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Reborah Waight. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Oct 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been toning while losing weight.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is James Black. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Sept 015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been better health, greater balance, improved movement & flexibility.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Jodene Hawkins. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's  
EnhanceFitness program since 2016. EnhanceFitness is an  
evidence-based program that improves cardiovascular fitness, strength,  
flexibility and balance. Classes are held 3 times per week for an hour each  
session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant  
outcome has been helped me with strength / coordination  
assistance to prevent falls

Please provide funding for the Healthy Aging Partnership Program so that I  
can continue to participate in EnhanceFitness. Staying healthy is very  
important to me.

Sincerely,

*Jodene Hawkins* Permanent Resident  
203 Kul. puu St  
K. he. i. HI 96753



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Stanley E. Hall. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 8-2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Health, weight, and a new lease on life healthy.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is ALTA MURCH. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been I'm stronger, slowing down the aging process i feel healthier, happier.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is JACQUIE BARKWELL. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been OVERALL FITNESS MUCH IMPROVED. ESPECIALLY STRENGTH. GOOD PEOPLE. Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is ED LAWE. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been GENERAL GOOD HEALTH.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Edward B. Lawe*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is HEATHER D'ALESSIO. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2 yrs. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been walking.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Michael Meurs. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been movement.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is ZENAIDA DEL CASTILLO. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since \_\_\_\_\_. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been I have lost weight and toned my muscles  
My blood sugar, blood pressure has improved.  
Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

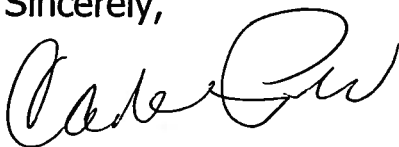
My name is CARLA PEW. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been improved bone density.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,





February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Denis Itofa. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since May 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Bone density and Balance.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Veronica Walker. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Aug 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been better health & Stamina.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Benda D.. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been stronger.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Benda D.

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Susan Alexander. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2013. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Keeping my fitness level up - which helps in life in general.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is CLARA S. FELIX. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 3 years ago. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been @ my age 77 - I look very healthy & able to move around like a 40 year old woman.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Clara S Felix*

P.S. I also had been going when it was Silver & Fit.  
*@Sfelix*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Stell Coughlin. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2014. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been no more back issues 1 year!!

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Stell Coughlin

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Rich Ralston. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2 yrs. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been better balance.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Rich Ralston

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is DIANA Bayless. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since May 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been better balance & ~~stronger~~ stronger arms + legs.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Diana Bayless*



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Carole Lindsey. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2014. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been flexibility, strength, endurance.  
Bone Health Improvement.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is PAMELA PALENCIA. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 3 YRS. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been recovery from a broken ankle

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely, Pamela Palencia

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is M Secrist. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Feb 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been improving my balance, strength, flexibility, + coordination.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely, its a very important part of my life  
Maglynn

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Charlesta D. Snyder. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been stronger muscles, better walking, no falls.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Charlesta D Snyder*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Barbara Samuel. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been greater flexibility, strength - balance improvement.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Barbara G. Samuel

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is J. Berrigan. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 7/2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been Better balance + staying fit.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is PAM WeAVER. I live on the  
island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 3 years. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been strength balance vastly improved -  
now motivated to go use the gym 3x week  
Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Pam Weaver

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Harriet Racoma. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since July 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been I am stronger + have better balance  
feel more confidence + am much more healthier

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Harriet Racoma



February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is LEONA MEDeiros. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been developing my weak muscles. Now I have more movement in my inner thighs and keeps my arthritis. Please provide funding for the Healthy Aging Partnership Program so that I have able can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Leona Medeiros*

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Sandra Dugas. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2015. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been increased muscle tone & stamina.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

Sandra Bernard Dugas

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Michael Piro. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since Dec, 2016. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been stronger, more steady on feet.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

February 27, 2017

Dear Senate Ways and Means Committee Members:

RE: SB 531: RELATING TO THE HEALTHY AGING  
PARTNERSHIP PROGRAM

My name is Elsie Woodruff. I live on the island of Maui.

I have been involved and exercising at the Maui County Office on Aging's EnhanceFitness program since 2014. EnhanceFitness is an evidence-based program that improves cardiovascular fitness, strength, flexibility and balance. Classes are held 3 times per week for an hour each session. I exercise and also socialize with others in a fun environment.

EnhanceFitness has had a positive impact on my life. The most significant outcome has been improvement in my bone density & basic health.

Please provide funding for the Healthy Aging Partnership Program so that I can continue to participate in EnhanceFitness. Staying healthy is very important to me.

Sincerely,

*Elsie Woodruff*

**Bernard P. Carvalho, Jr.**  
Mayor

**Wallace G. Rezentes, Jr.**  
Managing Director



**Ludvina K. Takahashi**  
Executive on Aging



**AGENCY ON ELDERLY AFFAIRS**

**County of Kaua'i, State of Hawai'i**

4444 Rice Street, Suite 330, Līhu'e, Hawai'i 96766  
TEL (808) 241-4470 FAX (808) 241-5113

**TO:** Sen. Josh Green, Chair  
Sen. Stanley Chang, Vice Chair  
Committee on Human Services

**FROM:** Kealoha Takahashi  
Executive on Aging

**SUBJECT:** HB 615, HD1 Relating to the Health Aging Partnership Program

**HEARING:** Friday, March 17, 2017, 2:50 PM  
Conference Room 016

**POSITION:** County of Kauai, Agency on Elderly Affairs strongly supports HB 615 which Appropriates funds for the Healthy Aging Partnership program to further the program's important role in improving the health and well-being of Hawaii's kupuna.

The County of Kauai Agency on Elderly Affairs (KAEA) is in full support of HB 615. This bill is the continued support of Hawaii's Healthy Aging Partnership – Empowering Elders (HAPEE) to continue efforts to implement and embed two evidence-based disease prevention programs, the EnhanceFitness program (a physical activity program for older adults) and the Better Choices, Better Health (Chronic Disease Self-Management Programs) workshops that empowers persons with chronic health conditions to better self-manage and work towards good health.

Since 2007, the KAEA has worked together with its local partnership to provide the EnhanceFitness program, which has now expanded to 7 sites and eight classes here on Kauai. We have seen the positive impact that it has made on the lives of our seniors who participate at these one-hour classes offered 3 times a week. Performance measures have shown significant improvement in their lower body strength, agility and balance, which is critical in the prevention of falls in older adults.

Also since 2008, KAEA and its local partners have implemented the Chronic Disease Self-Management Programs also known as Better Choices, Better Health. Through this program, older adults with chronic illnesses are empowered with knowledge, goal setting and action

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planning in a 6-week series of classes, learning about different 'tools' that they can use to take better control of their way of life and manage for their good health. Topics include nutrition, medication management, ways to cope with different symptoms, fitness and exercise, relaxation, positive thinking, effective communication and other topics.

The evidence is overwhelming that older adults who make healthier choices live longer and better lives. These evidence-based programs have helped participants make healthy behavioral changes that have shown improvements in their mental and physical status. We support these efforts as they help us to take care of people earlier, helping them maintain or improve their good health resulting in less risk of disease, disability and injury. The KAEA and its partners are committed to supporting our older adults in these efforts.

We urge you to support this bill and thank you for this opportunity to offer testimony in favor of HB 615.

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Ludvina K. Takahashi  
Executive on Aging

**TO :** SENATE COMMITTEE ON HUMAN SERVICES  
Senator Josh Green, Chair  
Senator Stanley Chang, Vice Chair

**FROM:** Eldon L. Wegner, Ph.D.,  
Hawaii Family Caregiver Coalition (HFCC)

**SUBJECT: HB 615 HD1 Relating to the Healthy Aging Partnership Program**

**HEARING:** Friday, March 17, 2017 at 2:50 pm  
Conference Room 016, Hawaii State Capitol

**POSITION:** The Hawaii Family Caregiver Coalition **strongly supports HB 615 HD1** which proposes an appropriation of \$550,000 to the Executive Office on Aging for supporting the Healthy Aging Partnership Program. This program is offered through the County Offices on Aging and contracts with non-profit services agencies and the University of Hawaii.

**RATIONALE:**

I am offering testimony on behalf of the Hawaii Family Caregiver Coalition (HFCC), which is a coalition of agencies and individuals committed to addressing the needs of family caregivers and improving the ability of family caregivers to provide quality care for their frail and disabled loved ones.

The Healthy Aging Partnership (HAP), established in 2003, aims to implement evidence-based prevention and disease self-management strategies to empower older adults to stay healthy, active, and socially engaged.

The HAP offers two programs:

- EnhanceFitness®, a low-cost, highly adaptable exercise program that has proven to be effective for older adults who are active as well as unfit or near frail. These one-hour group classes are designed to work the cardiovascular system and improve participants' balance, flexibility, and muscle strength.
- Chronic Disease Self-Management (CDSMP), a six-week workshop series in which a small group of participants meet once a week for 2.5 hours to learn how to better manage their chronic conditions, improve their quality of life, and lower health care costs.
  - General Chronic Disease Management—The *Ke Ola Pono: Healthy Living* focuses on all types or combinations of chronic conditions, including high blood pressure, cancer, being overweight, diabetes, stroke, asthma, and heart disease.
  - Diabetes Self-Management—*Living Well with Diabetes* is designed for individuals with Type 2 Diabetes or Pre-diabetes and their caregivers.

- Evaluation research conducted by the University of Hawai'i Center on Aging shows that these programs reduced hospital stays, emergency room use, and falls among the frail elderly and increased physical functioning, thus resulting in substantial reductions in health care costs. Furthermore, national studies conclude that the annual total health cost of these participants was \$642 compared to non-participants at \$1,175. Those who attend the EnhanceFitness class once a week show a health care costs savings of 6%. Those who attend more than once a week show a cost savings of 21%.
- However, the state didn't fund this program in either FY16 or FY17. In FY16, the program was supported by carry over funds, which are depleting rapidly. Some of the programs were terminated this year due to lack of funding, while some counties enabled others to continue due to County funding.
- HB 615 HD1 requests \$550K for FY18 to fund the Health Aging Partnership. The requested budget will allow the state to serve 220 participants statewide through 22 Chronic Disease Self-Management Program (CDSMP) workshops (\$92,400) and 575 participants through classes for EnhanceFitness (\$344,600).
- Preventing disease and disability is far less expensive than the resulting health and social services for persons needing treatment. The requested appropriation merely restores the program to the level of a few years ago. We should be thinking of how to expand this program for to cover many more eligible participants. The HAP program is very cost effective for the state and we urge your approval of this appropriation.

Thank you for allowing me to offer testimony.





THE SENATE

COMMITTEE ON HUMAN SERVICES

Senator Josh Green, Chair  
Senator Stanley Chang, Vice Chair

DATE: Friday, March 17, 2017  
TIME: 2:50 P.M.  
PLACE: Conference Room 016

**RE: HB 615, HD1 - MAKING AN APPROPRIATION FOR THE HEALTHY AGING PARTNERSHIP**

To: Senator Josh Green, Chair  
Senator Stanley Chang, Vice Chair

AARP is a membership organization of people age fifty and over with nearly 150,000 members in Hawaii. AARP advocates and provides information on issues that matter to our kupuna and their families, including affordable, accessible, quality healthcare, financial resiliency, and livable communities.

HB 615 HD 1 appropriates funding for the Healthy Aging Partnership. This Partnership offers evidenced based health promotion and disease prevention programs.

AARP Hawaii **strongly supports** HB 615, HD1.

In the 2015 and 2016 legislative sessions, the Healthy Aging Partnership (HAP) was unfortunately cut despite its success in helping older adults manage their chronic diseases such as diabetes, hypertension and arthritis, and maintain their health and fitness. HAP includes EnhancedFitness, a low impact aerobics class and the chronic disease self-management workshop. According to the University of Hawaii's research evaluation, HAP program participants have reduced hospital stays, emergency room use, and falls and increased their overall physical functioning.

We support that this valuable program be fully funded and restored.

Thank you for the opportunity to testify.

**POLICY ADVISORY BOARD FOR ELDER AFFAIRS**

No. 1 Capitol District, 250 S. Hotel Street, Suite 406, Honolulu, Hawaii 96813

TO: Senator Josh Green, Chair  
Senator Stanley Chang, Vice Chair  
COMMITTEE ON HUMAN SERVICES

FROM: Sarah Yuan, Vice Chair  
POLICY ADVISORY BOARD FOR ELDER AFFAIRS

SUBJECT: HB 615, HD1 Relating to the Health Aging Partnership Program

HEARING: Thursday, March 18, 2017, 2:50 PM  
Conference Room 016

POSITION: PABEA **strongly supports** HB 615 which appropriates \$550,000 for fiscal year 2017-2018 and the same amount or fiscal year 2018-2019 for the Healthy Aging Partnership program to further the program's important role in improving the health and well-being of Hawaii's kupuna.

The PABEA (Policy Advisory Board for Elder Affairs) has a statutory obligation to advocate on behalf of the senior citizens of Hawaii. While we advise the Executive Office on Aging, we do not speak on its behalf.

The Healthy Aging Partnership (HAP), established in 2003, aims to implement evidence-based prevention and disease self-management strategies to empower older adults to stay healthy, active, and socially engaged. It is a joint effort by the EOA, County Offices on Aging, non-profit senior services providers, and the University of Hawai'i.

The HAP offers two programs:

- EnhanceFitness®, a low-cost, highly adaptable exercise program that has proven to be effective for older adults who are active as well as unfit or near frail. These one-hour group classes are designed to work the cardiovascular system and improve participants' balance, flexibility, and muscle strength.
- Chronic Disease Self-Management (CDSMP), a six-week workshop series in which a small group of participants meet once a week for 2.5 hours to learn how to better manage their chronic conditions, improve their quality of life, and lower health care costs.
  - General Chronic Disease Management—The *Ke Ola Pono: Healthy Living* focuses on all types or combinations of chronic conditions, including high blood pressure, cancer, being overweight, diabetes, stroke, asthma, and heart disease.
  - Diabetes Self-Management—*Living Well with Diabetes* is designed for individuals with Type 2 Diabetes or Pre-diabetes and their caregivers.

Evaluation research conducted by the University of Hawai'i Center on Aging shows that these programs reduced hospital stays, emergency room use, and falls among the frail elderly and increased physical functioning, thus resulting in substantial reductions in health care costs. Furthermore, national studies conclude that the annual total health cost of these participants was \$642 compared to non-participants at \$1,175. Those who attend the EnhanceFitness® class once a week show a health care costs savings of 6%. Those who attend more than once a week show a cost savings of 21%.

**POLICY ADVISORY BOARD FOR ELDER AFFAIRS**

No. 1 Capitol District, 250 S. Hotel Street, Suite 406, Honolulu, Hawaii 96813

However, the state didn't fund this program in either FY16 or FY17. In FY16, the program was supported by carry over funds, which are depleting rapidly. Unless the counties find other funding, these programs simply will vanish.

With the appropriation of \$550K for FY18, the Health Aging Partnership program will be able to serve 220 participants through 22 Chronic Disease Self-Management Program (CDSMP) workshops (\$92,400) and 575 participants through classes for EnhanceFitness® (\$344,600).

Thank you for the opportunity to testify.

The Twenty-Ninth Legislature  
Regular Session of 2017

THE SENATE

Committee on Human Services  
Senator Josh Green, Chair  
Senator Stanley Chang, Vice Chair  
State Capitol, Conference Room 016  
Friday, March 17, 2017; 2:50 p.m.

**STATEMENT OF THE ILWU LOCAL 142 ON H.B. 615, HD1  
RELATING TO THE HEALTHY AGING PARTNERSHIP PROGRAM**

The ILWU Local 142 **supports** H.B. 615, HD1, which appropriates funds for the Healthy Aging Partnership program to further the program's important role in improving the health and well-being of Hawaii's kupuna.

The Healthy Aging Partnership is a program that facilitates chronic disease management and exercise and fitness programs for the elderly to maintain their health. An evidence-based health promotion program, the Healthy Aging Partnership helps seniors to become more aware of their health and provides them with education and tools to help them eat right, adjust their lifestyles, exercise, and use medication and doctor visits appropriately. The program is nationally recognized. Hawaii's program received an award from the American Society on Aging in 2013.

A significant component of this program is that it is evidence-based and adds to the data that demonstrates what happens when chronic disease is properly managed and exercise and fitness are components of an elderly person's routine and lifestyle. Kupuna participating in the Healthy Aging Partnership are more active, healthier, and enjoy life.

The only drawback is that the Healthy Aging Partnership only serves a limited number of kupuna. But if the appropriation called for in H.B. 615, HD1 is not provided, even fewer kupuna, and possibly none, will benefit from this program that has been able to keep seniors healthy and active. Replication of the program with a "train the trainer" component using volunteers may help to increase the numbers who could benefit from the Healthy Aging Partnership.

The ILWU urges passage of H.B. 615, HD1. Thank you for the opportunity to provide testimony on this measure.

**From:** mailinglist@capitol.hawaii.gov  
**Sent:** Wednesday, March 15, 2017 9:46 AM  
**To:** HMS Testimony  
**Cc:** tjdavies@juno.com  
**Subject:** \*Submitted testimony for HB615 on Mar 17, 2017 14:50PM\*

**HB615**

Submitted on: 3/15/2017

Testimony for HMS on Mar 17, 2017 14:50PM in Conference Room 016

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
T.J. Davies	Individual	Support	No

Comments:

Please note that testimony submitted less than 24 hours prior to the hearing, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

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William Beadle  
1720 Ala Moana, 1406A  
Honolulu, HI 96815

To: Senate Committee on Human Services, Chair Senator Josh Green

Date: March 15, 2017

RE: HB615/HD1

The purpose of this correspondence is to express my **strong support for HB615**, which provides funding for the Healthy Aging Partnership. As I myself am getting older, I find it more difficult to do things that I used to take for granted. In talking with friends and family, I find that I am not alone. The programs provided through the Healthy Aging Partnership assist people like me to transition from youth to maturity in a healthy manner, both physically and mentally. As the population ages, healthy lifestyles among our kupuna will eliminate additional cost for care and the related burdens upon our society.

This is a proven program that has shown successful results. It makes perfect sense to provide services that keep the elderly healthier, happier and engaged in their communities. I am in support of HB615, because the Healthy Aging Partnership works!

Thank you for the opportunity to express my support for HB615/HD1.

Aloha,

Bill Beadle

Waikiki

March 16, 2017

To:  
Senate Committee on Human Services  
Josh Green, Chair

**RE: HB615,HD1 Relating to the Healthy Aging Partnership Program**

Hearing Date: March 17, 2017  
Conference Room 016, 2:50PM

Most Honorable Sen. Josh Green and Committee Members:

**Testimony in Support**

Keeping elders healthy and functioning for as long as possible is the goal of our Hawaii community.

It is commendable to know the 'Hawaii's Healthy Aging Partnership' program was designed to do this and has received a National Award -- ("*The [Hawai'i Healthy Aging Partnership](#) has received the 2013 Multicultural Aging award from the American Society on Aging, achieving national recognition for the partnership's critical role in improving the health of Hawai'i's multi-ethnic elderly population*"...[Univ of Hawaii News](#), Feb. 7, 2013)

The Healthy Aging Partnership uses evidence-based health improvement programs and has helped thousands of adult seniors since its inception in 2003.

A winning program is waiting for the needed funding to sustain its existence.  
Please vote in support of Bill HB615,HD1.

Thank you for the opportunity to submit testimony.

Respectfully submitted,  
Christine Olah  
Honolulu Resident

**From:** mailinglist@capitol.hawaii.gov  
**Sent:** Thursday, March 16, 2017 10:23 PM  
**To:** HMS Testimony  
**Cc:** begoniabarry@gmail.com  
**Subject:** \*Submitted testimony for HB615 on Mar 17, 2017 14:50PM\*

**HB615**

Submitted on: 3/16/2017

Testimony for HMS on Mar 17, 2017 14:50PM in Conference Room 016

<b>Submitted By</b>	<b>Organization</b>	<b>Testifier Position</b>	<b>Present at Hearing</b>
Barbara Barry	Individual	Support	No

Comments:

Please note that testimony submitted less than 24 hours prior to the hearing, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

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Aloha Chair Green, Vice Chair Chang and committee members

I am a senior citizen and a resident of House District 19 and Senate District 9 (your district, Sen. Chang). I am a member of AARP, Kokua Council, the Hawaii Alliance for Retired Americans and serve on the PABEA Legislative Committee.

I'm testifying in strong support of HB615, HD1, an appropriation for the Healthy Aging Partnership program which improves the health and well-being of kupuna.

The program provides health promoting programs such as Better Choices, Better Health and EnhanceFitness, to seniors. These programs have been widely studied nationally and shown to improve lives as well as to reduce medical costs.

For the past two years, the Healthy Aging Partnership program has not been funded by the state. Because of the program's success and the desire to continue, the agencies involved have been forced to cut other important services.

Please approve HB615, HD1, a modest request to fund the Healthy Aging Partnership program.

Thank you for the opportunity to testify.

Barbara J. Service

TO: Senate Committee on Human Services, Senator Josh Green, Chair  
Date: Friday, March 17, 2017, State Capitol Conference Room 016, 2:50 p.m.  
RE: HB615 HD1 RELATING TO HEALTHY AGING PARTNERSHIP PROGRAM

To Chair Green and Members of the Committee,

I strongly support HB 615 HD1, Relating to Healthy Aging Partnership Program because it will help older adults live a fuller, healthier life as life spans increase. My name is Paul Nishimura and I am a 59 year old resident of Waipahu. Studies show that programs such as the Healthy Aging Partnership reduce hospital stays, emergency room visits, and falls among the elderly. This results in reduced health care costs for those who participate in the program which is important since those costs increase as a person ages. We want our kupuna to enjoy doing the things they like to do for as long as possible.

I can tell you from experience that life is better after starting a program to get in shape both physically and mentally. You feel energized and more willing to get involved socially. So this bill is not only about physical health it is about mental health, too.

Thank you for this opportunity to submit testimony.

Paul Nishimura  
Waipahu