

# Caprena M. Rowe

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## WORK OBJECTIVE

My objective for work is to share evidence base practices and my life experiences with others who like myself want to return to a healthy lifestyle by recovering from mental and emotional disturbances.

I am a Hawaii State Certified Peer Specialist: <http://health.hawaii.gov/amhd/consumer/hcps>

I am, also, a W.R.A.P Facilitator certified by the Copeland Center: [www.copelandcenter.com](http://www.copelandcenter.com)

## EDUCATION

**Waimanalo Training Center (Transformation Grant/State Certification Training Center)**

[REDACTED]

Wellness Recovery Action Plan (W.R.A.P.) Certification Training.

- Covered were the seven Key Concepts and the nine Recovery Tools of Recovery.
- Intentional Peer Support: Covered were the Four Tasks of Peer Support

[REDACTED]

**Joliet Junior College.**

- Psychology and Sociology Classes

## WORK EXPERIENCE

[REDACTED] to present Hawaii Certified Peer Specialist

Employed by Aloha House Treatment Center as a Crisis Worker / Spvr: **Bob Lanser**

200 Ike Drive, Makawao, Hawaii 96768 / Licensed Crisis Residential Services (LCRS)

Volunteer Educator Mental Health America of Hawaii on Maui / Spvr: **Robert Collesano**

95 Mahalani Street, Suite 5, Wailuku, Hawaii 96793

- Participated in Police CIT Trainings and other Educational Programs in the community for Mental Health America of Hawaii / Maui County Branch

██████████ West Jet Airlines 1 Kahului Airport Road, Kahului, Airport 96732 / (808) 873-0587  
**Customer Service Agent**

I checked in passenger flying to Canada from Kahului Airport. I have to check the passports before i could give the Boarding Passes to guest. I had to weigh luggage and or charge for overweight bags. I had to check guest on at the plane jet way matching passport with boarding passes. I had to meet arriving guest at the baggage claim to make sure they received their luggage and or make claims on bags that did not arrive.

██████████ **International Churches of Christ**

I work here as a Personal Assistance. I help Moms or Dad of military spouses deal with the loss of an absent parent fighting in the war. I help with Doctor visits, school events church events and Family outings. But most of all with the middle of the night nightmares.

██████████ **Westgate Timeshare 5601 Windhover Drive, Orlando Fl. 32819 / (407) 351-3351**

I worked as an agent taking phone calls to book timeshare, event tickets and dinner shows.

## **SKILLS**

### **Peer Support**

I have provided hospital after care for persons in crisis including those with suicidal ideation or past suicide attempts.

### **Customer Service Agent**

I have worked in the Customer Service field since ██████████. I have worked in Frankfurt West Germany and received training from the U.S. Military and later Disney in Orlando Florida.

## **PERSONAL**

**Hobbies:** Scrap booking, Photography and Interior Design.

**Activities:** Hiking, Boating, Hula and Dancing.

**References:** Available Upon Request