## **MONICA CONTRADES**



**OBJECTIVE** I would like to give back to the community.

**SKILLS &** Certified as a speaker on the Speakers Bureau by the Mental Health ABILITIES | Transformation Grant which helped train me to express the needs of people with mental illness.

EXPERIENCE | BOARD MEMBER, KAUAI SERVICE AREA BOARD

**VOLUNTEER SPEAKER, KAUAI UNITED WAY** 

**VOLUNTEER SPEAKER, FRIENDSHIP HOUSE** 

- PRESENT

**BOARD MEMBER, FRIENDSHIP CLUB** 

- PRESENT

EDUCATION | KAMEHAMEHA SCHOOL, OAHU HIGH SCHOOL DIPLOMA

REFERENCES