

House District 25

Senate District 13

THE TWENTY-NINTH LEGISLATURE
APPLICATION FOR GRANTS
CHAPTER 42F, HAWAII REVISED STATUTES

Log No:

For Legislature's Use Only

Type of Grant Request:

GRANT REQUEST – OPERATING

GRANT REQUEST – CAPITAL

"Grant" means an award of state funds by the legislature, by an appropriation to a specified recipient, to support the activities of the recipient and permit the community to benefit from those activities.

"Recipient" means any organization or person receiving a grant.

STATE DEPARTMENT OR AGENCY RELATED TO THIS REQUEST (LEAVE BLANK IF UNKNOWN):

HEALTH

STATE PROGRAM I.D. NO. (LEAVE BLANK IF UNKNOWN): _____

1. APPLICANT INFORMATION:

Legal Name of Requesting Organization or Individual:
Hawaii Institute of Integrative Health

Dbas: Hawaii Health Foundation

Street Address: 50 S. Beretania St. C-119B

Mailing Address: 50 S. Beretania St. C-119B
Honolulu, HI 96813

2. CONTACT PERSON FOR MATTERS INVOLVING THIS APPLICATION:

Name TERRY SHINTANI, MD, JD, MPH

Title President

Phone # 808 628-8784

Fax # 808 538-9090

E-mail drshintani@gmail.com

3. TYPE OF BUSINESS ENTITY:

- NON PROFIT CORPORATION INCORPORATED IN HAWAII
- FOR PROFIT CORPORATION INCORPORATED IN HAWAII
- LIMITED LIABILITY COMPANY
- SOLE PROPRIETORSHIP/INDIVIDUAL
- OTHER

6. DESCRIPTIVE TITLE OF APPLICANT'S REQUEST:

4. FEDERAL TAX ID #: _____

5. STATE TAX ID #: _____

7. AMOUNT OF STATE FUNDS REQUESTED:

FISCAL YEAR 2018: \$ 499,840

8. STATUS OF SERVICE DESCRIBED IN THIS REQUEST:

- NEW SERVICE (PRESENTLY DOES NOT EXIST)
- EXISTING SERVICE (PRESENTLY IN OPERATION)

SPECIFY THE AMOUNT BY SOURCES OF FUNDS AVAILABLE AT THE TIME OF THIS REQUEST:

STATE \$ _____

FEDERAL \$ _____

COUNTY \$ _____

PRIVATE/OTHER \$ 90,000



RECEIVED

1/20/17

TS

TYPE NAME & TITLE OF AUTHORIZED REPRESENTATIVE:

TERRY SHINTANI, MD, JD, MPH

NAME & TITLE

1/20/2017

DATE SIGNED

Application for Grants

If any item is not applicable to the request, the applicant should enter "not applicable".

I. Background and Summary

This section shall clearly and concisely summarize and highlight the contents of the request in such a way as to provide the State Legislature with a broad understanding of the request. Please include the following:

1. A brief description of the applicant's background;

Vision: Reduction in Health Care Costs

In 2006, the Hawaii Health Foundation used state funding wisely and submitted a report of the successful demonstration project to the State Legislature showing a 24% reduction in need for reduction in cost medication through the use of Hawaii Health Foundation and the Hawaii Diet Program. This current grant request seeks funds to operationalize this "Integrative Medicine" approach to help control health cost while truly improving health rather than just increasing funding for medication which ultimately never produces real health.

Vision: Hawaii as a World Center of Health

Now, Imagine a Hawaii that is a world leader in improving health through integrative and lifestyle medicine where people look to Hawaii as a source of healing expertise, information, and as a gathering place to share this information.

With this dream in mind, the Hawaii Health Foundation (dba for Hawaii Institute of Integrative Health) was founded in 1995 by Kenneth Brown, the Board Chair of the largest Hospital in Hawaii, (the Queen's Medical Center); Kamaki Kanahale, Founder of the Statewide Council of Hawaiian Homestead Associations (SCHHA); Hooipo DeCambra, the Board Chair of the largest community health center in Hawaii, (the Waianae Coast Comprehensive Health Center); Ronald Sakamoto, a prominent health-care attorney, and Terry Shintani, MD, JD, MPH, award-winning physician widely recognized in Hawaii for promoting health and nutrition, especially among high-risk communities. Joining these founding members of the board of directors are Jim Jacoby, CEO of Jacoby Development, the nation's leading environmentally conscious land development company and Dr. Earl Bakken, inventor of the transistor pacemaker and founder of Medtronic, the largest producer of implantable medical devices.

Mission: To Promote Health (not just "medicine")

The Foundation was started in response to the most serious health problem faced by Hawaii and the U.S. – which kills over 67% of all Americans - nutrition-related diseases (heart disease, cancer, diabetes, etc.) and obesity. The founders recognized that the cause of this problem – nutrition - was being neglected by the health-care system in favor of the use of drugs and surgery. In 1989, Dr. Shintani started a nutrition and traditional values based health program in Hawaii in a community with one of the highest risk populations with among the highest rates of obesity and poverty in the nation.

Award-Winning Programs

This program was so effective and innovative that it won the highest national award from the U.S. Secretary of Health and Human Services in 1992. This created great interest across the nation. Because this interest, the founders created the Hawaii Health Foundation as a vehicle to promote health using this innovative community-

based strategy with a focus on nutrition, an integrative medicine approach and traditional values. The Hawaii Health Foundation has used this approach to work to positively influence the health of people in Hawaii.

The Foundation has conducted numerous programs in Hawaii and elsewhere and over 1000 community health presentations to almost every imaginable group such as University of Hawaii School of Medicine, public and private schools at every level, physicians, nurses, dietitians, low-income housing, homesteads, senior groups, lawyers, substance abuse treatment houses, prisons, government agencies and workplaces to name a few. It has also conducted three - week diet programs and 10-Day Programs in conjunction with community health centers, community groups and schools. One of its most successful programs was the Hawaii Diet program in which it worked with Hawaii's governor and the Hawaiian Homestead community of Papakolea to create a program that was so successful that it was featured on Dateline NBC.

Integrative Medicine Center

In an effort to promote Hawaii as a World Center of Health, the Hawaii Health Foundation is initiating a number of integrated initiatives.

The first is the Integrative Medicine Health Cost Reduction Project designed around Dr. Shintani's Hawaii Diet program to operationalize the integrative approach to health in reducing the need for medication and cost of health care for high risk individuals. A preliminary study on the effectiveness of this was completed and reported to the State Legislature in 2006.

The Second is to assist in the development of a sustainable integrative medicine practice to be tied to the John A Burns School of Medicine to enhance its role in this fast growing field. This is to include sustaining and including Traditional Hawaiian Healing through the Kupuna Council (Council of Elders) as established by HRS 453-2(c) in 1998.

2. The goals and objectives related to the request;

1. To help improve the health of Hawaii by implementing a demonstration project that demonstrates a reduction in obesity and related diseases through an emphasis on diet and lifestyle; and by creating an electronic means by which to market and distribute this information to the general public.
2. To help reverse spiraling health care costs by creating a model program to show a reduction in cost of medication by improving health through diet and lifestyle.
 - i. To operationalize the cost effectiveness of a diet and lifestyle management program in the reduction of prescription drug cost of patients who have reversible chronic nutrition-related diseases.
 - ii. To obtain Medicare approval for reimbursement for the Hawaii Diet and lifestyle management program in the reduction of obesity, cholesterol, blood pressure, blood sugar and other nutrition related diseases
3. To enhance Hawaii's position as a world center for health through the support of HHF's initiatives in the fields of Lifestyle Medicine, Integrative Medicine, and Native Hawaiian Health, and the development of an integrative medicine/wellness/Hawaiian health complex.
 - i. To continue to develop a model Lifestyle Medicine program that provides and intervention to reverse obesity and obesity related diseases.
 - ii. To Seek Medicare Approval for the Hawaii Diet as reimbursable for metabolic conditions such as diabetes, heart disease and hypertension

- iii. To work with the John A. Burns School of Medicine's Integrative Medicine program to become a world class program.
- iv. To support efforts to preserve Native Hawaiian Healing arts
- v. To complete plans for an integrative medicine/wellness/ and Hawaiian healing center and office complex.

3. The public purpose and need to be served;

- REDUCE HEALTH CARE COSTS: Health care costs are soaring in Hawaii and there is no end in sight. The burden of health care costs are falling on the general public, Hospitals, and physicians.
- The public is finding that the benefits of a good economy are being swallowed up by increased health care premiums.
- Hospitals are finding that they may require up to \$100,000,000 in state funding to keep them afloat.
- Physicians are simply leaving Hawaii because of low reimbursement and high costs.
 - *Across the nation, health care costs have soared out of control virtually everywhere and insurance premiums rise each year at nearly triple the rate of inflation. The uninsured population is so large because of the cost of health care, and while Hawaii is a leader in covering uninsured patients, it still costs someone, especially the state an ever-increasing amount of money.*
 - *Recently, there have been disturbing reports that health care costs are playing a role in bankrupting companies and laying off workers and health care costs were cited as an important factor in this decision. Currently, GM pays more for health care than they do for steel. Starbucks Coffee recently reported that it pays more for health care than for coffee.*
 - *Hawaii is in a position to be a leader in reversing this trend. While we all look for ways to improve the funding of our health care system, what we really need is and improvement in our health. With the example of the Hawaii Diet program and our integrative medicine department at the John A. Burns School of Medicine, we are in a position to create a program that can demonstrate the reversal of illness and a reduction in health care costs.*
 - *For example, one patient was on more than 12 medications for problems related to obesity. After being placed on the lifestyle program, his requirement for medication was reduced to 3 medications at a savings of approximately \$1,000 per month in medications. Considering that this is a recurring savings, month after month, year after year, it highlights the problem we have with our health care system's reliance on medication and how much the potential savings can be. Another patient was about to be placed*

on dialysis. As a result of our approach, he improved so much that dialysis was unnecessary for five years when he died of other causes. This is a savings of \$70,000 per year or \$350,000 over five years on this one patient.

- **IMPROVE HEALTH REACH THROUGH INTERNET PRESENCE:** More important than reducing the cost of health care is improving the health of the people. Obesity related disease and nutrition related diseases are the leading causes of death in the U.S. In Hawaii, this problem is magnified in the Native Hawaiian population. This program would serve the people of Hawaii and be a model program that could be implemented around the islands and throughout the world.
 - **POSITION HAWAII AS A WORLD CENTER FOR HEALTH:** Of strategic importance to Hawaii is establishing its position as a world center for health. Health is not only an important factor in tourism, it is also an industry in its own right which makes the most of Hawaii's unique location and cultural healing practices. Preserving Traditional Hawaiian Healing practices is essential in perpetuating the uniqueness of Hawaii's tradition of healing.
 - **CREATE A WORLD-CLASS INTEGRATIVE MEDICINE CENTER THAT INCLUDES A NATIVE HAWAIIAN HEALING CENTER:** National research has indicated that people now visit integrative health practitioners more frequently than they do to conventional health practitioners. Other research indicates that Hawaii uses integrative health services at greater than twice that rate. Creating a world class integrative medicine center in collaboration with the medical school will enhance the position of Hawaii as a leader in this fast-growing field. In addition, several of HIIH board members are also members of the Kupuna Council (Council of Elders) of Traditional Hawaiian Healers that was established by HRS 453-2(c) in 1998.
- 4. Describe the target population to be served; and**
- The primary target population will be high risk adults with an emphasis on obesity and nutrition related diseases.
 - The secondary target population will be Native Hawaiians who are interested in traditional Hawaiian Healing, and integrative medicine practices, and all patients covered by insurance who may benefit by a reduction in premiums.
- 5. Describe the geographic coverage.**
- The primary geographic target population to be served will be Honolulu, and Leeward Oahu
 - A secondary geographic target population is the whole state, especially any community especially Native Hawaiian populations, where a health program may be conducted through electronic means.

II. Service Summary and Outcomes

The Service Summary shall include a detailed discussion of the applicant's approach to the request. The applicant shall clearly and concisely specify the results, outcomes, and measures of effectiveness from this request. The applicant shall:

- 1. Describe the scope of work, tasks and responsibilities;**
1. Scope of work, tasks and responsibilities
 - i. For the health cost reduction program the scope of work will include conducting health cost reduction integrative health programs and tracking them over time. Tasks will include
 - a. Setting up programs and lectures

- b. Promoting and recruiting
- c. Conducting programs and public lectures
- d. Compiling data
- ii. For the integrative medicine program, the scope of work includes setting up lecture series for the public and professionals. Obtaining CME approval if necessary. Advertising and promoting lectures. Conducting lectures, obtaining recordings, and posting them where they may be accessed for fee or free.
 - a. Set up lecture series
 - b. Advertise program and wellness center
 - c. Record lecture series
 - d. Post on web
 - e. Promote and advertise
- iii. For the integrative medicine center, the scope of work includes acquiring the site, planning and developing the land and buildings for the integrative medicine center.
 - a. Planning
 - b. Site investigation
 - c. Negotiation of Lease for the nonprofit entity(s)
 - d. Formation of development team
 - e. Initial construction drawings
 - f. Planning for funding sources

2. Provide a projected annual timeline for accomplishing the results or outcomes of the service;

(see attached)

3. Describe its quality assurance and evaluation plans for the request. Specify how the applicant plans to monitor, evaluate, and improve their results; and

- i. For the demonstration project, data is collected in a manner that may be published and reviewed by peers and the general public.
 - a. Anthropometric data will be collected including
 - i. Weight
 - ii. Blood Pressure
 - b. Blood results will be collected including
 - i. Cholesterol
 - ii. Triglycerides
 - iii. Blood Sugar
 - iv. Hgb a1c (in some cases)
 - v. LDL
 - c. Requirement for medication and dialysis will be monitored for
 - i. Dosage
 - ii. Cost
 - d. Health Cost
- ii. For the Promotion of the Integrative Program, the measure of success will be
 - a. Promotion of the practice
 - i. Planning and implementation of promotional strategy
 - ii. Conduct of the teleseminar series

- iii. Website development
- iv. Recordings of practitioners including Native Hawaiian healers
- v. Revenue
- b. Promotion of Integrative Medicine Education Program
- c. Support of the Kupuna Council of Traditional Hawaiian Healers
- iii. For the Design and Construction of the Integrative Center, the measure of success will be reaching milestones that will satisfy the ultimate financiers of the project.
 - a. Planning
 - b. Site investigation
 - c. Negotiation of Lease for the nonprofit entity(s)
 - d. Formation of development team
 - e. Initial construction drawings
 - f. Planning for funding sources

4. List the measure(s) of effectiveness that will be reported to the State agency through which grant funds are appropriated (the expending agency). The measure(s) will provide a standard and objective way for the State to assess the program's achievement or accomplishment. Please note that if the level of appropriation differs from the amount included in this application that the measure(s) of effectiveness will need to be updated and transmitted to the expending agency.

- ii. For the demonstration project, measures of effectiveness would include
 - a. Anthropometric data
 - i. Weight: Sustained reduction of weight of 5% or 1 unit of BMI
 - ii. Blood Pressure: number of individuals in normal range at or below 140/90
 - b. Blood results will be collected including
 - i. Cholesterol: 5% reduction
 - ii. Triglycerides: number of individuals below 150 mg/dl
 - iii. Blood Sugar: number in normal range
 - iv. Hgb a1c, where applicable, number at 7% or below
 - v. LDL: 5% reduction
 - c. Requirement for medication and dialysis will be monitored for
 - i. Dosage: Any sustained reduction
 - ii. Cost: 10% reduction in cost of medication
- ii. For the Promotion of the Integrative Program, the measure of success will be
 - a. Promotion of the practice
 - i. Planning and implementation of promotional strategy: number of ads and exposures
 - ii. Conduct of the teleseminar series: number of recorded teleseminars and lectures
 - iii. Website development: website content ie number of recordings posted

- iv. Recordings of practitioners including Native Hawaiian healers: Number of lectures and attendees
- v. Revenue
 - b. Promotion of Integrative Medicine Education Program
- iii. For the Design and Construction of the Integrative Center, the measure of success will be reaching milestones that will satisfy the ultimate financiers of the project.
 - a. Planning
 - b. Site investigation and purchase
 - c. Negotiation of Lease for the nonprofit entity(s)
 - d. Formation of development team
 - e. Initial construction drawings: completion and approval of drawings
 - f. Planning for funding sources: securing of add'l funds

III. Financial

Budget

1. The applicant shall submit a budget utilizing the enclosed budget forms as applicable, to detail the cost of the request. (see attached)
2. The applicant shall provide its anticipated quarterly funding requests for the fiscal year 2018.

Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total Grant
\$124,960	\$124,960	\$124,960	\$124,960	\$499,840

3. The applicant shall provide a listing of all other sources of funding that they are seeking for fiscal year 2018.
(No other sources being sought)
4. The applicant shall provide a listing of all state and federal tax credits it has been granted within the prior three years. Additionally, the applicant shall provide a listing of all state and federal tax credits they have applied for or anticipate applying for pertaining to any capital project, if applicable.

In 2014 The HIIH received a state grant for the Integrative Medicine Project ASO Log 15-134, in the amount of \$180,000. No other grants or tax credits anticipated.

5. The applicant shall provide a listing of all federal, state, and county government contracts and grants it has been and will be receiving for program funding.
(Currently no other gov't contracts or grants)

6. The applicant shall provide the balance of its unrestricted current assets as of December 31, 2016.

Balance of unrestricted assets = \$100,202.

IV. Experience and Capability

A. Necessary Skills and Experience

2. The Hawaii Health Foundation has been conducting health programs since 1996. Some of the programs conducted include the Hawaii Diet Program with the community of Papakolea, Kamehameha Schools, and Halawa Housing.
3. Results of the Hawaii Diet Program has been published in the Hawaii Medical Journal, and featured on Dateline NBC, Encyclopedia Britannica and published in the American Journal of Clinical Nutrition.
4. Dr. Shintani is Associate Chair of Complementary and Alternative Medicine at the John A Burns School of Medicine.
5. The Chair of our board is Kamaki Kanahele who is the Chair of the Kupuna Council (Council of Elders) of Traditional Hawaiian Healers and Dr. Shintani is a member of the Council.
6. Dr. Diane Nomura is a licensed podiatric physician who is the administrator of the Foundation.
7. J. Nalani Benioni, MEd, (PhD ABD) our project manager has 30 years experience as an education program administrator.
8. We currently have a site for an integrative Medicine center affiliated with the Medical School.
9. Three of our Board members are members of the Kupuna Council of Traditional Hawaiian Healers, and the president of the Hawaii Health Foundation has been formally designated as "Living Treasures of Hawaii". The president won the "Integrative Medicine Award" from the Hawaii Wellness Institute and is now Chair of the International Holistic Therapy Association - demonstrating his capabilities in the leadership of this effort.

B. Facilities

Currently, a 1390 sf office is leased in Honolulu for is base of operations. Most of the interventions are off site and in collaboration with other organizations so for current activities this is adequate. For clinical services, a Kakaako site in conjunction with the MOA Wellness Center is being leased by University Integrative Medicine, the practice arm of the Complementary and Alternative Medicine Dept of the John A. Burns School of Medicine. The Clinical site is ADA compliant. A companion CIP grant describes our plans to obtain permanent facilities.

V. Personnel: Project Organization and Staffing

A. Proposed Staffing, Staff Qualifications, Supervision and Training

President, Terry Shintani, MD, JD, MPH
20 years of experience in community health, health promotion, and currently associate Chair of the Dept of Complementary and Alternative Medicine at JABSOM.

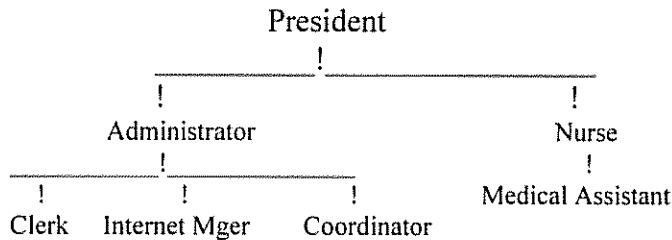
Administrator, Diane Nomura DPM
17 years experience running the Hawaii Health Foundation and organizing hundreds of health seminars and programs.

Program Coordinator, Nalani Benioni, MEd, (PhD ABD) our project manager has 30 years experience as an education program administrator.

Clerical Staff

Medical Assistant

B. Organization Chart



C. Compensation

The applicant shall provide the annual salaries paid by the applicant to the three highest paid officers, directors, or employees of the organization by position.

President	\$180,000
Adminstrator	90,000
Nurse	80,000

VI. Other

A. Litigation

None

B. Licensure or Accreditation

Dr. Shintani is a licensed physician in Hawaii, a Professor of Medicine and Associate

Chair of the Dept of Complementary and Alternative Medicine at the John A. Burns School of Medicine and a Member of the National Advisory Board of the American College of Lifestyle Medicine. He is also certified as a Traditional Hawaiian Healer and he is formally designated a “Living Treasure of Hawaii.”

Dr. Diane Nomura is a licensed Podiatrist in the State of Hawaii. 19 years as Administrator of the Hawaii Health Foundation

C. Private Educational Institutions

The applicant shall specify whether the grant will be used to support or benefit a sectarian or non-sectarian private educational institution.
(No support or benefit to private educational institution)

D. Future Sustainability Plan

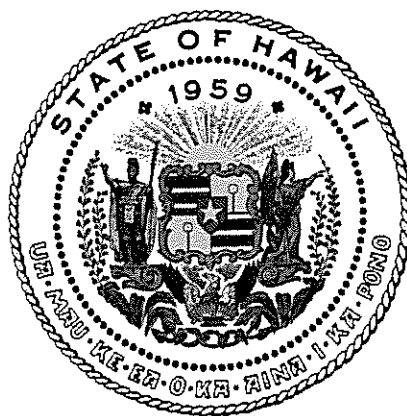
The applicant shall provide a plan for sustaining after fiscal year 2017-18 the activity funded by the grant if the grant of this application is:

- (1) Received by the applicant for fiscal year 2017-18, but
- (2) Not received by the applicant thereafter.

The HIIH has been in operation for 20 years and is able to sustain itself through revenue from its Programs and donations from supporters.

E. Certificate of Good Standing (If the Applicant is an Organization)

Attached



Department of Commerce and Consumer Affairs

CERTIFICATE OF GOOD STANDING

I, the undersigned Director of Commerce and Consumer Affairs of the State of Hawaii, do hereby certify that

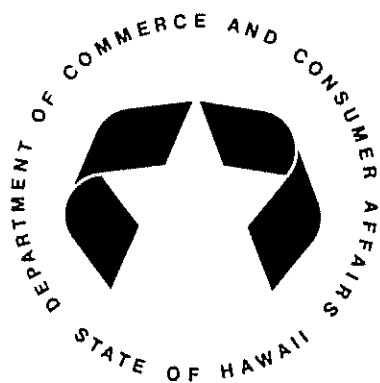
HAWAII INSTITUTE OF INTEGRATIVE HEALTH

was incorporated under the laws of Hawaii on 04/26/1996 ;
that it is an existing nonprofit corporation; and that,
as far as the records of this Department reveal, has complied
with all of the provisions of the Hawaii Nonprofit Corporations
Act, regulating domestic nonprofit corporations.

IN WITNESS WHEREOF, I have hereunto set
my hand and affixed the seal of the
Department of Commerce and Consumer
Affairs, at Honolulu, Hawaii.

Dated: January 20, 2017

Director of Commerce and Consumer Affairs



**DECLARATION STATEMENT OF
APPLICANTS FOR GRANTS PURSUANT TO
CHAPTER 42F, HAWAII REVISIED STATUTES**

The undersigned authorized representative of the applicant certifies the following:

- 1) The applicant meets and will comply with all of the following standards for the award of grants pursuant to Section 42F-103, Hawaii Revised Statutes:
 - a) Is licensed or accredited, in accordance with federal, state, or county statutes, rules, or ordinances, to conduct the activities or provide the services for which a grant is awarded;
 - b) Complies with all applicable federal and state laws prohibiting discrimination against any person on the basis of race, color, national origin, religion, creed, sex, age, sexual orientation, or disability;
 - c) Agrees not to use state funds for entertainment or lobbying activities; and
 - d) Allows the state agency to which funds for the grant were appropriated for expenditure, legislative committees and their staff, and the auditor full access to their records, reports, files, and other related documents and information for purposes of monitoring, measuring the effectiveness, and ensuring the proper expenditure of the grant.


- 2) If the applicant is an organization, the applicant meets the following requirements pursuant to Section 42F-103, Hawaii Revised Statutes:
 - a) Is incorporated under the laws of the State; and
 - b) Has bylaws or policies that describe the manner in which the activities or services for which a grant is awarded shall be conducted or provided.

- 3) If the applicant is a non-profit organization, it meets the following requirements pursuant to Section 42F-103, Hawaii Revised Statutes:
 - a) Is determined and designated to be a non-profit organization by the Internal Revenue Service; and
 - b) Has a governing board whose members have no material conflict of interest and serve without compensation.

Pursuant to Section 42F-103, Hawaii Revised Statutes, for grants used for the acquisition of land, when the organization discontinues the activities or services on the land acquired for which the grant was awarded and disposes of the land in fee simple or by lease, the organization shall negotiate with the expending agency for a lump sum or installment repayment to the State of the amount of the grant used for the acquisition of the land.

Further, the undersigned authorized representative certifies that this statement is true and correct to the best of the applicant's knowledge.

Hawaii Institute of Integrative Health, dba Hawaii Health Foundation


(Typed Name of Individual or Organization)	1/20/2017
 (Signature) Terry Shintani, MD, JD, MPH	(Date) President
(Typed Name)	(Title)

BUDGET REQUEST BY SOURCE OF FUNDS

Period: July 1, 2017 to June 30, 2018

App

Hawaii Health Foundation

BUDGET CATEGORIES	Total State Funds Requested (a)	Total Federal Funds Requested (b)	Total County Funds Requested (c)	Total Private/Other Funds Requested (d)
A. PERSONNEL COST				
1. Salaries	284,000			
2. Payroll Taxes & Assessments	36,000			
3. Fringe Benefits	17,040			
TOTAL PERSONNEL COST	337,040			
B. OTHER CURRENT EXPENSES				
1. Airfare, Inter-Island	2,400			
2. Insurance	300			
3. Lease/Rental of Equipment	1,000			
4. Lease/Rental of Space	10,000			
5. Staff Training	1,000			
6. Supplies	15,000			
7. Telecommunication	2,000			
8. Utilities	1,300			
9. Maintenance/Cleaning	1,300			
10. Postage/Mailing	500			
11. Professional Services	26,000			
12. Internet Design/Web Services	35,000			
13. Public Relations/Marketing	25,000			
14. Health Services	5,000			
15. Medical Supplies	2,000			
16. Lab & Medical Tests	13,000			
17. Consultants	10,000			
18. Research Materials/Provisions	3,500			
19. Travel	3,500			
20				
TOTAL OTHER CURRENT EXPENSES	157,800			
C. EQUIPMENT PURCHASES	5,000			
D. MOTOR VEHICLE PURCHASES				
E. CAPITAL				
TOTAL (A+B+C+D+E)	499,840			
SOURCES OF FUNDING		Budget Prepared By:		
(a) Total State Funds Requested	499,840			
(b) Total Federal Funds Requested		Name (Please type or print) Phone		
(c) Total County Funds Requested		PRESIDENT 1/20/17		
(d) Total Private/Other Funds Requested		Signature of Authorized Official Date		
TOTAL BUDGET	499,840	Name and Title (Please type or print) TERRY SHINTANI MD, PRES		

Applicant: _____ Hawaii Health Founda

DESCRIPTION EQUIPMENT	NO. OF ITEMS	COST PER ITEM	TOTAL COST	TOTAL BUDGETED
			\$ -	
Computers	3	\$1,500.00	\$ 4,500.00	
Printers	2	\$250.00	\$ 500.00	
			\$ -	
			\$ -	
TOTAL:	5		\$ 5,000.00	
JUSTIFICATION/COMMENTS:				

DESCRIPTION OF MOTOR VEHICLE	NO. OF VEHICLES	COST PER VEHICLE	TOTAL COST	TOTAL BUDGETED
			\$ -	
			\$ -	
			\$ -	
			\$ -	
			\$ -	
TOTAL:				
JUSTIFICATION/COMMENTS:				

GIA Timeline (1)														
THE HAWAII HEALTH FOUNDATION HEALTH COST REDUCTION AND INTEGRATIVE MEDICINE PROJECT														
2017							###					2018		
	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun		
HAWAII HEALTH PROJECT Administration														
Setup		x	x											
Organization		x	x											
Staffing		x	x											
Planning		x	x	x	x	x	x	x						
Coordinating, Supporting, Implementation	x	x	x	x	x		x	x	x	x	x	x		
I. DEMONSTRATION PROJECT														
Cost Reduction Project														
Prepare Protocols					x									
IRB							x							
Organizational Meeting					x									
Prepare Materials for Solicitation					x									
Public Solicitation of Participants					x									
Screen Participants						x								
Intake Participants						x								
Conduct Phase I						x								
Conduct follow up							x							
Publications							x							
Cost Reduction Paper							x							
Diabetes Paper								x						
Obesity Paper								x						
II. HAWAII LIFESTYLE PROGRAM														
Community model			x											
Community Presentations			x											
Seminars/Programs				x										
Medical Approval for Hawaii Diet							x							
III. WORLD HEALTH AWARDS														
International Traditional Food Conference								x						
Other related conferences											x			
VI. HEALTH PROMOTION/MARKETING														
Develop Marketing Plans & Seek Funds		x	x	x	x	x								
Develop electronic & web-based programs					x	x	x	x	x	x	x			
V. INTEGRATIVE MEDICINE PRACTICE														
Set up Waimanalo and JABSOM practices							x	x	x	x				
Set up Collaboration with Council of Elders		x	x	x			x	x	x	x				
VI INTEGRATIVE MEDICINE BUILDING														
Planning		x	x											
Preliminary Design			x	x	x									
Design Selection						x	x							
Site Selection							x	x						
Seek Additional Funding							x	x	x					
Plan for Construction							x	x	x	x				