



STATE OF HAWAII
DEPARTMENT OF HEALTH
P. O. Box 3378
Honolulu, HI 96801-3378
doh.testimony@doh.hawaii.gov

**Testimony in SUPPORT of SB2387 SD2 HD1
RELATING TO PHYSICAL EXAMINATIONS**

REPRESENTATIVE SYLVIA LUKE
HOUSE COMMITTEE ON FINANCE

Hearing Date: March 30, 2016

Room Number: 308

1 **Fiscal Implications:** The Department defers to the priorities of the Governor's Executive
2 Supplemental Budget request. The Department is tasked with contacting and providing follow-
3 up notices to parents or guardians of students who have not obtained a physical examination. An
4 estimated \$50,000 in staffing and resources will be necessary to implement the Departmental
5 requirements outlined in the bill. The Department will assess for the near future the feasibility
6 and cost of developing an electronic system for reconciling lists between the Departments and
7 that will conduct automated follow-up for parents and guardians of students.

8 **Department Testimony:** The Department of Health offers testimony in support of SB2387 SD2
9 HD1. The purpose of SB2387 SD2 HD1 is to connect adolescents back to their healthcare
10 provider by expanding the physical examination requirement. Currently, physical examinations
11 are only conducted upon entry into the school system. SB2387 SD2 HD1 expands the physical
12 examination requirement to also include entry into seventh grade. Grade seven coincides with
13 current immunization requirements and is a crucial time in a child's development. Private
14 schools in Hawaii, at least 10 other states, and many other local school districts have multiple
15 physical examination requirements. The current language in SB2387 SD2 HD1 would not
16 withhold children from attending school if a physical examination was not obtained by school
17 entry, alleviating concerns that this measure could exclude children from attendance due to non-
18 compliance.

1 The Department offers support for SB2387 SD2 HD1 out of the interest for the health of
2 our students because increasing the physical exam requirement for school attendance provides a
3 broader, systematic approach to connecting children back to their primary care physicians.
4 Student health is positively associated with attendance, academic achievement, and graduation
5 rates. The policy also promotes utilization of the covered preventive health benefits established
6 by the Affordable Care Act (ACA). Due to the ACA, annual well child examinations are a
7 required covered benefit in all health plans.

8 Regular visits are preventive, so health needs can be assessed and addressed early.
9 According to the Trust for America’s Health, “Keeping people healthier is one of the most
10 effective ways to reduce healthcare costs,” (July 2008). Currently, the state expends \$470
11 million a year on obesity-related medical costs, and \$770 million on diabetes-related medical
12 costs. Today in Hawaii, more than one in two adults [Behavioral Risk Factors Surveillance
13 System (BRFSS) 2014; 58.1%] and over one in four high school [Youth Risk Behavior Survey
14 (YRBS) 2013; 28.2%] are overweight or obese. Diabetes and pre-diabetes rates have been
15 steadily increasing in Hawaii; nearly one quarter of all adults in Hawaii (24.1%) report having
16 diabetes or pre-diabetes.¹ By 2030 half of adults in Hawaii are projected to be obese without
17 effective interventions (2013, Trust for America’s Health). The additional physical exam
18 requirements offer physicians and healthcare providers together with parents and adolescents the
19 opportunity to address developmentally relevant physical and mental health issues.

20 Thank you for the opportunity to provide testimony.

¹ Hawaii Health Data Warehouse. Diabetes Prevalence - Categorical. Honolulu, Hawaii: Hawaii State Department of Health;2016



STATE OF HAWAII
DEPARTMENT OF EDUCATION
P.O. BOX 2360
HONOLULU, HAWAII 96804

Date: 03/30/2016
Time: 02:00 PM
Location: 308
Committee: House Finance

Department: Education

Person Testifying: Kathryn S. Matayoshi, Superintendent of Education

Title of Bill: SB 2387, SD2, HD1 RELATING TO PHYSICAL EXAMINATIONS.

Purpose of Bill: Beginning with the 2017-2018 school year, requires a child to provide written documentation of a physical examination performed within twelve months prior to attending seventh grade at a public school. Requires DOH to provide information to assist students who do not complete the physical exam before December 31 of the seventh grade year and also requires DOH to provide consultations with those students' parents and guardians about health lifestyles and obtaining health insurance. Appropriates funds. (SB2387 HD1)

Department's Position:

The Department of Education (Department) supports healthy lifestyles for Hawaii's youth and the intent of SB2387 SD2 HD1. However, the Department has considerable concerns regarding the amendments made to SB 2387 SD2 HD1.

This measure imposes additional recordkeeping and accountability responsibilities on schools and increases staff workload. The Department of Health's (DOH) amendments (HD1) that have been incorporated in the definition of a physical examination while focused on student health will result in increased quality assurance work and verification by school health aides.

(c) As used in this section, unless the context otherwise requires:

"Physical examination" means a well-child visit, provided by a licensed physician, physician assistant, or advanced practice registered nurse to assess a child's physical, behavioral, developmental, and emotional status. A physical examination shall include, but not be limited to the following areas: medical history; measurement including height, weight, and blood pressure; vision and hearing screening; developmental, behavioral, and emotional assessment; physical examination; immunizations; anticipatory guidance in areas such as injury prevention and nutrition counseling; dental; and other referrals as needed. A physical examination for athletes cannot be used to meet the seventh grade physical examination requirement."

Currently, all recordkeeping is done **manually** by the school health aides. Notably, the work day of a school health aide is only 6.5 hours.

In many instances, the school health aide must take a lengthy time to scrutinize a non-standardized physical examination form submitted by parents/legal guardians. Some physicians and health care providers have opted not to use the form provided by the Department of Health.

Furthermore, as schools have very limited staffing, computers, and staff who may require computer training, additional resources are required to implement this measure effectively and to be able to deliver a list of students lacking a physical examination to DOH electronically. The department's current budget does not have the means to cover such additional expense. The Department would appreciate the consideration of an appropriation to address the recordkeeping and accountability responsibilities this measure will place on schools.

Prior to submitting a list to DOH, schools will need to:

- Inform parents/legal guardians about the new 7th grade requirement in advance of enrollment (e.g., written notice);
- Work with the school health aide (SHA) to ensure the SHA can review all new student health records (Form 14) for complete immunization information and confirm proof of physical exam, with the components as defined in statute, in a timely manner;
- Notify parents/legal guardians in writing about any compliance problems; and
- Maintain a database of students who have met and not met the requirements.

For this Committee's information, examples of seventh grade enrollment are Mililani Middle 578; Ewa Makai Middle 448, Kapolei Middle 407; Waianae Intermediate 380; Highlands Intermediate 391; Waipahu Intermediate 643; and Kailua Intermediate 334.

Additional funding would assist in providing the necessary supports to schools, and allow the school health aide to attend to the general health/first aid needs of students at a school throughout the school day.

Last year, the Department sought feedback from our Complex Area Superintendents and Principals on this measure. For your consideration, we would like to share some of those comments:

"I think the bill is good re: 7th graders having physical exams before attending school. It should be for all students in grade 7. However, I do see difficulty: No problem for families who live here long, have a job, transportation and have family doctors on hand as well as medical insurance. Just being able to have an appt would be a factor to consider. For many who are not as fortunate and struggle daily, there will be difficulties:

- 1. Scheduling appts. way in advance; so difficult to obtain appts. Walk-ins at sub clinics may be able to accommodate such.*
- 2. Our immigrant families worrying about doctor bills and may be very hesitant to move on it. Will need ELL personnel to help them understand what needs to be done.*
- 3. Transportation and where to go may be another factor for new families to the island*
- 4. insurance. Immigrant families may have difficulty with this." - CAS (Oahu)*

"If we are looking at identifying health issues with our students, there are free programs already in the communities that offer screening for students, especially low economic areas. If there is a clear purpose of why we are asking for a physical, I could better understand whether to support or oppose this bill. It would be a lot of man power at the school level to ensure all students

submit and follow up the actual physicals are on record." - Maui Middle School Principal

"In polling my school principals most felt that any additional level of health screening would be beneficial but all were concerned about the huge compliance load on schools. How can we force people to pay for a physical if they cannot afford to do so? Is thus not another obstacle to providing a free compulsory education?" - CAS (Big Island)

Thank you for the opportunity to provide testimony on this measure.



UNIVERSITY OF HAWAII SYSTEM

Legislative Testimony

Testimony Presented Before the
House Committee on Finance
March 30, 2016 at 2:00 p.m.

By

Robert Bley-Vroman, Chancellor

And

Jerris R. Hedges, MD, Dean

And

May Okihiro, MD, Professor of Pediatrics

John A. Burns School of Medicine

University of Hawai'i at Mānoa

SB 2387 SD2 HD1 – RELATING TO PHYSICAL EXAMINATIONS

Chair Luke, Vice Chair Nishimoto, and members of the Committee:

Thank you for an opportunity to testify in support of SB2387 HD1, which requires children to undergo a physical examination prior to attending seventh grade beginning with the 2017-2018 school year.

Almost three-fourth (3/4) of all adolescent mortality is a result of motor vehicle accidents, homicide, suicide, and unintentional injuries (CDC, 2010). Unhealthy lifestyles and risk factors for chronic disease, such as smoking, poor nutrition, and mental health problems, begin in childhood and adolescence and track into adulthood. Youth are also at risk for suicide from underlying depression. In 2011, among youth in Hawai'i:

- 29.5% reported that they felt sad or hopeless almost every day for 2 or more weeks in a row
- 15% said they would attempt suicide in the past 12 months
- 1 in 4 are overweight or obese, and in some communities over 50% of adolescents are overweight or obese
- 37% reported that they ever had sexual intercourse

Except for routine immunizations and mandated sports physicals, many youth do not receive health screening for depression or chronic health conditions such as obesity. As academic success of Hawai'i's youth is intimately linked to their health, health screening of school age youth has great promise for strengthening the fabric of society. Research shows that poor health such as mental health disorders, uncontrolled asthma, poor nutrition and sleep disorders are closely linked to poor academic outcomes.

On the other hand, research also shows that academic success is a primary predictor of subsequent adult health outcomes. For example, in Hawai'i, the prevalence of diabetes

among those who did not graduate from high school is 10.6%, twice that of those who graduated from college (4.8%).

Primary care providers are in a unique position to screen for chronic disease risk factors and behaviors and provide guidance, brief counseling and care coordination for the adolescent and his/her parents. Many national expert panels have recommended that youth visit their physicians regularly throughout childhood for preventive health care. However, in today's busy world this often does not happen; physicians frequently only see children and adolescents when they are sick or injured.

The Department of Education is concerned that this measure may exclude children from school due to non-compliance. The Bill has been amended to: (1) allow a child to attend school, and (2) supports families who have not submitted forms with information about healthy lifestyles and obtaining health insurance.

Unaddressed but treatable health conditions, such as depression and uncontrolled asthma, contribute to school absenteeism. A seventh grade health screen would connect students, and their families, to a medical home that could address such conditions. Mandating health screening by a primary care provider as they enter their adolescent years offers great promise for advancing the health of our keiki, ensuring that they are healthy and ready to learn.

Thank you for this opportunity to testify.



HPCA

HAWAII PRIMARY CARE ASSOC

House Committee on Finance

The Hon. Sylvia Luke, Chair

The Hon. Scott Y. Nishimoto, Vice-Chair

Testimony on Senate Bill 2387 SD2 HD1

Relating to Physical Examinations

Submitted by Dustin Stevens, Public Affairs and Policy Director

March 30, 2016, 2:00 p.m., Room 308

The Hawaii Primary Care Association (HPCA), which represents the federally qualified health centers/community health centers in Hawaii, supports Senate Bill 2387 SD2 HD1, requiring children undergo a physical examination prior to beginning seventh grade.

In Hawaii, public education is student centered and grounded in a commitment to equity. Part of that equity depends on ensuring all children having the opportunity to pursue, and excel in, their education.

The number one cause most often provided by parents of children experiencing chronic absenteeism from public schools is healthcare. As a community, we must do more to ensure our students have access to and utilize such services. Asthma, vision, hearing, and depression are just a few of the myriad ailments that can be identified and responded through the course of basic preventive examinations.

Thank you for your consideration and the opportunity to testify.

March 30, 2016 at 2:00 pm
Conference Room 308

House Committee on Finance

To: Representative Sylvia Luke, Chair
Representative Scott Nishimoto, Vice Chair

From: Michael Robinson
Vice President – Government Relations & Community Affairs

Re: Testimony in Support – SB 2387, SD2, HD1

My name is Michael Robinson, Vice President, Government Relations and Community Affairs at Hawai'i Pacific Health (HPH). Hawai'i Pacific Health is a not-for-profit health care system, and the state's largest health care provider and non-governmental employer. Hawai'i Pacific Health is committed to providing the highest quality medical care and service to the people of Hawai'i and the Pacific Region through its four hospitals, more than 50 outpatient clinics and service sites, and over 1,600 affiliated physicians. Hawai'i Pacific Health's hospitals are Kapi'olani Medical Center for Women & Children, Pali Momi Medical Center, Straub Clinic & Hospital and Wilcox Memorial Hospital.

HPH is writing in **support** of SB 2387, SD2, HD1 which requires children to provide written documentation of a physical examination performed within twelve months prior to attending the seventh grade at a public school.

Currently, physical examinations are only conducted upon entry into the school system (usually in Kindergarten). The 7th grade physical exam will link children back to their doctor, which can help to identify medical conditions early. These physical exams are covered under the Affordable Care Act. At least ten states have passed similar legislation.

Thank you for the opportunity to testify.



From: mailinglist@capitol.hawaii.gov
Sent: Monday, March 28, 2016 1:43 PM
To: FINTestimony
Cc: annie@projectvisionhawaii.org
Subject: *Submitted testimony for SB2387 on Mar 30, 2016 14:00PM*

SB2387

Submitted on: 3/28/2016

Testimony for FIN on Mar 30, 2016 14:00PM in Conference Room 308

Submitted By	Organization	Testifier Position	Present at Hearing
Elizabeth "Annie" Valentin	Individual	Support	No

Comments:

Please note that testimony submitted less than 24 hours prior to the hearing, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

Do not reply to this email. This inbox is not monitored. For assistance please email webmaster@capitol.hawaii.gov

From: mailinglist@capitol.hawaii.gov
Sent: Tuesday, March 29, 2016 8:57 AM
To: FINTestimony
Cc: stephandjim@aol.com
Subject: Submitted testimony for SB2387 on Mar 30, 2016 14:00PM

SB2387

Submitted on: 3/29/2016

Testimony for FIN on Mar 30, 2016 14:00PM in Conference Room 308

Submitted By	Organization	Testifier Position	Present at Hearing
Stephanie Austin	Individual	Support	No

Comments: Please support this important bill to ensure the health of our youth!

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Do not reply to this email. This inbox is not monitored. For assistance please email webmaster@capitol.hawaii.gov

From: Sheryl Kelliipio <sheryl.kelliipio@doh.hawaii.gov>
Sent: Tuesday, March 29, 2016 9:22 AM
To: FINTestimony
Subject: Enter Your Action SubjectSupport for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

Re: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

Thank you for the opportunity to offer testimony in support of SB 2387, SD2, HD1 Relating to Physical Examinations.

This bill will require children to undergo a physical examination prior to attending seventh grade. Currently, physical examinations are only conducted upon entry into the school system (usually in kindergarten). As academic success of our youth is intimately linked to their health, this additional health screening has great promise for improving the health of our youth. Research shows that poor health such as mental health disorders, uncontrolled asthma, poor nutrition and sleep disorders are closely linked to poor academic outcomes. Further, obesity is becoming more of an issue each year, with as many as one in four children in Hawai'i already being considered overweight or obese, contributing to medical expenditures that totaled more than \$470 million in 2009 alone.

The routine physical assessment of students is important for monitoring the health and well-being of our keiki. Conducting an additional physical assessment at the benchmark of entering seventh grade greatly aides in addressing and preventing health-related issues such as childhood obesity, smoking, and dealing with stress, as well as maintaining a current schedule of vaccinations. Vision and hearing are also screened, which can interfere with learning. Physical exams are covered under the Affordable Care Act.

At least ten states have passed similar legislation, requiring physical exams beyond school entry. I support SB 2387, SD2, HD1 and asks the committee to pass this measure.

Thank you for the opportunity to testify.

Sheryl Kelliipio
3040 Umi Street
Lihue, HI 96766

From: Roxine Iijima <roxinemijima@yahoo.com>
Sent: Tuesday, March 29, 2016 9:10 AM
To: FINTestimony
Subject: Enter Your Action SubjectSupport for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
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Thank you for the opportunity to testify.

Roxine Iijima
45-610 Hinamoe Loop
Kaneohe, HI 96744

From: Deborah Gardner <deborahgardner5@gmail.com>
Sent: Tuesday, March 29, 2016 9:07 AM
To: FINTestimony
Subject: Enter Your Action SubjectSupport for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

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Thank you for the opportunity to testify.

Deborah Gardner
1599 Kalaniuka Circle
Honolulu, HI 96821

From: Nicole Kerr <nicole.kerr@ah.org>
Sent: Tuesday, March 29, 2016 8:54 AM
To: FINTestimony
Subject: Enter Your Action SubjectSupport for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

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At least ten states have passed similar legislation, requiring physical exams beyond school entry. I support SB 2387, SD2, HD1 and asks the committee to pass this measure.

Thank you for the opportunity to testify.

Nicole Kerr
520 N. Kalaheo
Kailua, HI 96734

From: Kanani Kilbey <KilbeyKN@ah.org>
Sent: Tuesday, March 29, 2016 8:48 AM
To: FINTestimony
Subject: Enter Your Action SubjectSupport for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

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Thank you for the opportunity to testify.

Kanani Kilbey
642 Ulukahiki Street
Suite 105
Kailua, HI 96734

From: Bev Brody <bbrody1@hawaii.rr.com>
Sent: Tuesday, March 29, 2016 8:46 AM
To: FINTestimony
Subject: Enter Your Action SubjectSupport for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

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Thank you for the opportunity to testify.

Bev Brody
4751 Wailapa Road
Kilauea, HI 96754

From: Barbara Nosaka <barbrick@hawaiiintel.net>
Sent: Tuesday, March 29, 2016 8:43 AM
To: FINTestimony
Subject: Enter Your Action SubjectSupport for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
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Thank you for the opportunity to testify.

Barbara Nosaka
2216 Hoonanea Street
Honolulu, HI 96822

From: May Rose Dela Cruz <mdelacruz@papaalokahi.org>
Sent: Tuesday, March 29, 2016 8:37 AM
To: FINTestimony
Subject: Enter Your Action SubjectSupport for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
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Thank you for the opportunity to testify.

May Rose Dela Cruz
894 Queen Street
Honolulu, HI 96813

From: Linda Bong <lbong@pidfoundation.org>
Sent: Tuesday, March 29, 2016 8:35 AM
To: FINTestimony
Subject: Enter Your Action SubjectSupport for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
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At least ten states have passed similar legislation, requiring physical exams beyond school entry. I support SB 2387, SD2, HD1 and asks the committee to pass this measure.

Thank you for the opportunity to testify.

Linda Bong
PO Box 684
Captain Cook, HI 96704

From: Kanani Kilbey <kanani.kilbey@gmail.com>
Sent: Tuesday, March 29, 2016 8:25 AM
To: FINTestimony
Subject: Enter Your Action SubjectSupport for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

Re: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

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Thank you for the opportunity to testify.

Kanani Kilbey
53-510 Kamehameha Highway
Attn: Dr. Bryan Mih, HEALTHY program
Hauula, HI 96717

From: Forrest Batz <fbatz@sonic.net>
Sent: Tuesday, March 29, 2016 8:25 AM
To: FINTestimony
Subject: Enter Your Action SubjectSupport for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

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Thank you for the opportunity to testify.

Forrest Batz, PharmD

Forrest Batz
HC3 Box 4730
Keaau, HI 96749

From: Paul Smith <ShadowWalker1600@yahoo.com>
Sent: Tuesday, March 29, 2016 8:15 AM
To: FINTestimony
Subject: Enter Your Action SubjectSupport for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

Re: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

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Thank you for the opportunity to testify.

Paul Smith
134 Kapahulu Ave
#418
Honolulu-Waikiki, HI 96815

From: Valerie Yontz <vyontz@hawaii.edu>
Sent: Tuesday, March 29, 2016 8:07 AM
To: FINTestimony
Subject: Enter Your Action SubjectSupport for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

Re: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

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Thank you for the opportunity to testify.
Valerie Yontz

Valerie Yontz
677 Auwina Street
677 Auwina Street Kailua, HI 96734-3430
Honolulu, HI 96822

From: Lani Nagao <Lanikn@mckennarecoverycenter.com>
Sent: Tuesday, March 29, 2016 8:48 AM
To: FINTestimony
Subject: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

Re: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

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Thank you for the opportunity to testify.

Lani Nagao
2850 Kapena st.
LIHUE, HI 96766

From: Patricia Fleck <pat.fleckconsulting@hawaiiantel.net>
Sent: Tuesday, March 29, 2016 8:40 AM
To: FINTestimony
Subject: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

Re: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

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Thank you for the opportunity to testify.

Respectfully,
Patricia Fleck

Patricia Fleck
77-215 Ho'owaiwai Court
Kailua Kona, HI 96740

From: Maile Goo <goomaile@yahoo.com>
Sent: Tuesday, March 29, 2016 8:38 AM
To: FINTestimony
Subject: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

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Thank you for the opportunity to testify.

Maile Goo
3683 Woodlawn Terrace Place
Honolulu, Hawaii 96822

Maile Goo
3683 Woodlawn Terrace PI
Honolulu, HI 96822

From: Michael Kellar <Worldmk007@gmail.com>
Sent: Tuesday, March 29, 2016 8:20 AM
To: FINTestimony
Subject: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

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Thank you for the opportunity to testify.

Michael Kellar
435 Haleloa Place, Apt. E
Honolulu, HI 96821

From: Christopher La Chica <cricketlachica@gmail.com>
Sent: Tuesday, March 29, 2016 8:19 AM
To: FINTestimony
Subject: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

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Christopher La Chica
94-1410 Lanikuhana Ave #436
Mililani, HI 96789

From: Manuel Navalta <manuel.navalta@doh.hawaii.gov>
Sent: Tuesday, March 29, 2016 8:09 AM
To: FINTestimony
Subject: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

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Thank you for the opportunity to testify.

Manuel Navalta
601 Kamokila Blvd, Room 360
Kapolei, HI 96707

From: Curtis Palmer <808palmer@gmail.com>
Sent: Tuesday, March 29, 2016 8:04 AM
To: FINTestimony
Subject: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

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Thank you for the opportunity to testify.

Curtis Palmer
45-615 Puuluna Pl
Kaneohe, HI 96744

From: Shilpa Patel <shilpa.patel@kapiolani.org>
Sent: Tuesday, March 29, 2016 8:00 AM
To: FINTestimony
Subject: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

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Thank you for the opportunity to testify.

Shilpa Patel
3139A Huelani Drive Honolulu, HI 96822
Honolulu, HI 96822

From: Keaweaimoku Kaholokula <kaholoku@hawaii.edu>
Sent: Tuesday, March 29, 2016 7:52 AM
To: FINTestimony
Subject: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

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Thank you for the opportunity to testify.

Keaweaimoku Kaholokula
2316 Kanealii Ave.
Honolulu, HI 96813

From: Lynne Miura <lynne.miura@healthways.com>
Sent: Tuesday, March 29, 2016 7:47 AM
To: FINTestimony
Subject: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

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Thank you for the opportunity to testify.

Lynne Miura
455 Aulima Loop
Kailua, HI 96734

From: Kim Swartz <kswartz@hawaii.edu>
Sent: Tuesday, March 29, 2016 7:46 AM
To: FINTestimony
Subject: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

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Thank you for the opportunity to testify.

Kim Swartz
98-1394 Hinu Pl B
Pearl City, HI 96782

From: Nan Pheatt <Npheatt@hotmail.com>
Sent: Tuesday, March 29, 2016 9:54 AM
To: FINTestimony
Subject: Enter Your Action SubjectSupport for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

Re: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

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Thank you for the opportunity to testify.

Nan Pheatt
75-5919 Alii Dr
N33
Kailua-kona, HI 96740

From: Steven Vannatta <stevenvannatta@yahoo.com>
Sent: Tuesday, March 29, 2016 9:49 AM
To: FINTestimony
Subject: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

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Thank you for the opportunity to testify.

Steven Vannatta
5568 Haleola st.
Honolulu, HI 96821

From: Erin Bantum <ebantum@cc.hawaii.edu>
Sent: Tuesday, March 29, 2016 10:13 AM
To: FINTestimony
Subject: Enter Your Action SubjectSupport for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

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The routine physical assessment of students is important for monitoring the health and well-being of our keiki. Conducting an additional physical assessment at the benchmark of entering seventh grade greatly aides in addressing and preventing health-related issues such as childhood obesity, smoking, and dealing with stress, as well as maintaining a current schedule of vaccinations. Vision and hearing are also screened, which can interfere with learning. Physical exams are covered under the Affordable Care Act.

At least ten states have passed similar legislation, requiring physical exams beyond school entry. I support SB 2387, SD2, HD1 and asks the committee to pass this measure.

Thank you for the opportunity to testify.

Erin Bantum
677 Ala Moana Blvd Suite 200
Honolulu, HI 96822

From: Tami MacAller <tami@hiphi.org>
Sent: Tuesday, March 29, 2016 10:10 AM
To: FINTestimony
Subject: Enter Your Action SubjectSupport for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

Re: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

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Thank you for the opportunity to testify.

Tami MacAller
1234 testing
Kailua Kona, HI 96740

From: Koa Robinson <krobinson@cc.hawaii.edu>
Sent: Tuesday, March 29, 2016 10:43 AM
To: FINTestimony
Subject: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

Re: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

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At least ten states have passed similar legislation, requiring physical exams beyond school entry. I support SB 2387, SD2, HD1 and asks the committee to pass this measure.

Thank you for the opportunity to testify.

Koa Robinson
701 Ilalo Street
Honolulu, HI 96813

From: Courtney Voss <courtney@hiphi.org>
Sent: Tuesday, March 29, 2016 11:09 AM
To: FINTestimony
Subject: Enter Your Action SubjectSupport for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

Re: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

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At least ten states have passed similar legislation, requiring physical exams beyond school entry. I support SB 2387, SD2, HD1 and asks the committee to pass this measure.

Thank you for the opportunity to testify.

Courtney Voss
850 Richards Street
Haleiwa, HI 96712

From: Ann Kwock <ann.kwock@palimomi.org>
Sent: Tuesday, March 29, 2016 11:18 AM
To: FINTestimony
Subject: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

Re: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

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At least ten states have passed similar legislation, requiring physical exams beyond school entry. I support SB 2387, SD2, HD1 and asks the committee to pass this measure.

Thank you for the opportunity to testify.

Ann Kwock
98-1079 Moanalua Road
Aiea, HI 96701

From: Jo Ann Lau Kong <jlaukong@hamakua-health.org>
Sent: Tuesday, March 29, 2016 11:25 AM
To: FINTestimony
Subject: Enter Your Action SubjectSupport for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

Re: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

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At least ten states have passed similar legislation, requiring physical exams beyond school entry. I support SB 2387, SD2, HD1 and asks the committee to pass this measure.

Thank you for the opportunity to testify.

Jo Ann Lau Kong
45-549 Plumeria St.
Honokaa, HI 96727

From: Sandy Barr Rivera <sandycooks@earthlink.net>
Sent: Tuesday, March 29, 2016 11:29 AM
To: FINTestimony
Subject: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

Re: Support for SB 2387, SD2, HD1 Relating to Physical Examinations _Children are growing at a fast pace, and facing a future they can foresee. If there is illness, poor vision, poor nutrition_or other "misses" ion their maturing process, they will not do optimally in school, or progress smoothly to young adulthood. 7th grade is a perfect time to_make a thoughtful assessment of a child's health._____

Thank you for the opportunity to offer testimony in support of SB 2387, SD2, HD1 Relating to Physical Examinations.

The routine physical assessment of students is important for monitoring the health and well-being of our keiki. Currently, only one physical exam is required upon entry into the school system (usually in Kindergarten). An additional physical assessment for seventh grade students will help to address and prevent health-related issues such as childhood obesity, smoking, and dealing with stress. The need for an additional physical exam is urgent, as obesity is a growing and costly problem, both financially and physically.

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At least ten states have passed similar legislation, requiring physical exams beyond school entry. I support SB 2387, SD2, HD1 and asks the committee to pass this measure.

Thank you for the opportunity to testify.

Sandy Barr Rivera
45-476 Ilima Street
Box 1561
Honokaa, HI 96727

From: Tyler Ralston <dgkahalas@gmail.com>
Sent: Tuesday, March 29, 2016 12:44 PM
To: FINTestimony
Subject: Enter Your Action SubjectSupport for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

Re: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

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At least ten states have passed similar legislation, requiring physical exams beyond school entry. I support SB 2387, SD2, HD1 and asks the committee to pass this measure.

Thank you for the opportunity to testify.

Tyler Ralston
PO Box 10528
Honolulu, HI 96816

From: Michele Nihipali <nihipalim001@hawaii.rr.com>
Sent: Tuesday, March 29, 2016 3:08 PM
To: FINTestimony
Subject: Enter Your Action SubjectSupport for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

Re: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

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At least ten states have passed similar legislation, requiring physical exams beyond school entry. I support SB 2387, SD2, HD1 and asks the committee to pass this measure.

Thank you for the opportunity to testify.

Michele Nihipali
54-074 Kamehameha Hwy. # A
54-074 A Kam Hwy
Hauula, HI 96717



Hawaii Chapter

AAP - Hawaii Chapter
P.O. Box 25817
Honolulu, HI 96825

March 29, 2016

Written Testimony from Michael Hamilton, President
RE: SB 2387 SD2 HD1 Relating to Physical Examinations

Hawaii Chapter Board

President

R. Michael Hamilton, MD, MS, FAAP
Department of Pediatrics,
Hawaii Permanente Medical Group
2828 Paa Street
Mapunapuna Clinic, 2nd Floor
Honolulu, HI 96819
Phone : 808/432-5604
Fax : 808/432-5601
Email: Michael.R.Hamilton@kp.org

Vice President

Mae S. I. Kyono, MD, FAAP
1319 Punahou Street, 7th Floor
Honolulu, HI 96826
Phone: 808/780-5286
Fax: 808/983-6109
Email: mkyono@hawaii.edu

Secretary

Josephine Quensell, MD, FAAP
1319 Punahou Street, Suite 1050
Honolulu, HI 96826
Phone: 808/942-8144
Fax: 808/955-3827
Email: quensell@hawaii.edu

Treasurer

Milette Oliveros, MD, FAAP
1319 Punahou Street
Honolulu, HI 96826
Email:
Milette.Oliveros@kapiolani.org

Immediate Past President

Kenneth T. Nakamura, MD, FAAP
1319 Punahou Street, Room 743
Honolulu, HI 96826
Phone: 808/983-8020
Fax: 808/983-6343
E-mail: kennethn@kapiolani.org

Chapter Executive Director

Sharon Hicks
P.O. Box 25817
Honolulu, HI 96825
Phone: 808/282-4944
Email: haapsharon@gmail.com

Chapter Web site

www.hawaii.aap.org

AAP Headquarters

141 Northwest Point Blvd
Elk Grove Village, IL 60007-1098
Phone: 847/434-4000
Fax: 847/434-8000
E-mail: kidsdocs@aap.org
www.aap.org

Thank you for this opportunity to testify *in strong support* of SB2387 SD2 HD1 which will establish a policy mandating documentation of a physical examination, by a licensed physician or advanced practice registered nurse, at entry to the 7th grade.

The Hawaii Chapter of the American Academy of Pediatrics is a voluntary organization of over 200 pediatricians in Hawaii. Our mission is to attain optimal physical, mental and social health and well being for infants, children, adolescents and young adults in Hawaii.

Adolescence is a period of tremendous physical, emotional and social change. During this period youth can develop numerous health issues, the majority of which are preventable. High-risk health behaviors that contribute to the most common causes of morbidity and mortality among young adults are often established in childhood and adolescence. These include smoking, drinking/drug use, high-risk sexual practices, unhealthy nutrition, lack of sleep and physical inactivity. These behaviors are also intimately linked to academic failure and achievement.

Primary care practitioners, pediatricians, family physicians and nurse practitioners who have a long-standing relationship with families, are ideally suited for preventing problem behaviors. The adolescent well child visit creates a safe environment where adolescents can feel comfortable talking to their doctor about their health and wellness. The American Academy of Pediatrics has advocated that child should have regular "Well Child" physical exams throughout childhood. In adolescence, they should receive appropriate screening and guidance for alcohol and drug use, depression and suicide, sexuality and reproductive health issues as well as obesity, diabetes and cardiovascular disease. However, this cannot be done in a 10-minute sick visit for a cold.

Too many adolescents are now *only* seen by their primary care provider for the occasional sick visit. The reasons are many. Prior to the Affordable Care Act, some health insurance policies did not cover preventive healthcare visits for children. The Hawaii Department of Education has mandated documentation of a comprehensive physical exam *only* at kindergarten entry. In turn, many busy, over-taxed parents have not prioritized preventive healthcare visits. It should not be surprising then that many public school students have not had a comprehensive physical exam for years. It should also not be a surprise that depression, obesity, pre-diabetes, substance abuse too often go undiagnosed until a crisis occurs.

SB2387 SD2 HD1 will ensure that all youth attending public school in Hawaii have a well child preventive health care visit at 7th grade entry. ***This bill will also help to ensure that adolescents will receive important immunizations already required by the Department of Health at 7th grade. We think this bill strongly supports the medical home, optimal adolescent health and student achievement. Finally, the bill enhances the working relationship between adolescents, their parents, and the health and educational systems in Hawaii.***

Sincerely,

R. Michael Hamilton, MD, FAAP
President

LATE

*From: Jeyci Kaili <jeyci.kaili@imua.ksbe.edu>
Sent: Wednesday, March 30, 2016 5:08 AM
To: FINTestimony
Subject: Enter Your Action SubjectSupport for SB 2387, SD2, HD1 Relating to Physical Examinations*

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

Re: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

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At least ten states have passed similar legislation, requiring physical exams beyond school entry. I support SB 2387, SD2, HD1 and asks the committee to pass this measure.

Thank you for the opportunity to testify.

Jeyci Kaili
456 Makani Circle
Hilo, HI 96720

LATE

*From: Debbie Apolo <Debz96789@gmail.com>
Sent: Tuesday, March 29, 2016 10:34 PM
To: FINTestimony
Subject: Enter Your Action SubjectSupport for SB 2387, SD2, HD1 Relating to Physical Examinations*

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

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At least ten states have passed similar legislation, requiring physical exams beyond school entry. I support SB 2387, SD2, HD1 and asks the committee to pass this measure.

Thank you for the opportunity to testify.

Debbie Apolo
95-045 Waikalani Drive
#G104
Mililani, HI 96789

LATE

From: Tatiana Ferreira <Tatiananana.ferreira@gmail.com>
Sent: Tuesday, March 29, 2016 7:15 PM
To: FINTestimony
Subject: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

Re: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

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At least ten states have passed similar legislation, requiring physical exams beyond school entry. I support SB 2387, SD2, HD1 and asks the committee to pass this measure.

Thank you for the opportunity to testify.

Tatiana Ferreira
P.O.Box 6775
Hilo, HI 96720

From: Leslie Lam <llam@diabetes.org>
Sent: Wednesday, March 30, 2016 9:41 AM
To: FINTestimony
Subject: Support for SB 2387, SD2, HD1 Relating to Physical Examinations



To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair Members of the House Committee on Finance

Hrg: House Committee on Finance, March 30, 2016, 2:00 pm, Room 308

Re: Support for SB 2387, SD2, HD1 Relating to Physical Examinations

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At least ten states have passed similar legislation, requiring physical exams beyond school entry. I support SB 2387, SD2, HD1 and asks the committee to pass this measure.

Thank you for the opportunity to testify.

Leslie Lam
900 Fort Street
Honolulu, HI 96813



LATE

Date: March 29, 2016

To: The Honorable Sylvia Luke, Chair
The Honorable Scott Y. Nishimoto, Vice Chair
Members of the House Committee on Finance

From: Jessica Yamauchi, Executive Director, Hawaii Public Health Institute

Re: **Strong Support for SB 2387, SD2, HD1 Relating to Physical Examinations**

Hrg: March 30, 2016 at 2:00 pm at Capitol Room 308

Thank you for the opportunity to offer testimony in **strong support of** Senate Bill 2387, SD2, HD1 which requires children to undergo a physical examination prior to attending seventh grade.

The Hawaii Public Health Institute (HIPHI) supports and promotes policy efforts to create a healthy Hawai'i. HIPHI weaves silos into working relationships as an effective network, ensuring that we come together across sectors to advance collaboration and innovation in public health and work towards making Hawai'i the healthiest place on earth. I also serve as co-chair of the obesity prevention task force which has worked on this issue for the last three years.

Currently, physical examinations are only conducted upon entry into the school system (usually in kindergarten). In contrast, students attending private schools are assessed every one to two years. While physical examinations are conducted for sports activities, those types of examinations are limited and not as comprehensive as a health assessment. As academic success of our youth is intimately linked to their health, this additional health screening has great promise for improving the health of our youth. Research shows that poor health such as mental health disorders, uncontrolled asthma, poor nutrition and sleep disorders are closely linked to poor academic outcomes. Further, obesity is becoming more of an issue each year, with as many as one in four children in Hawai'i already being considered overweight or obese, contributing to medical expenditures that totaled more than \$470 million in 2009 alone.



The routine physical assessment of students is important for monitoring the health and wellbeing of our keiki. Conducting an additional physical assessment at the benchmark of entering seventh grade greatly aides in addressing and preventing health-related issues such as childhood obesity, smoking, and dealing with stress, as well as maintaining a current schedule of vaccinations. Vision and hearing are also screened, which can interfere with learning. The physical exam helps link the child back to their medical home, which has shown an improvement in health for a variety of outcomes. Primary care providers are in a unique position to screen for chronic disease risk factors and behaviors and provide guidance, brief counseling and care coordination for the adolescent and his/her parents. Annual well child examinations are a required covered benefit under the Affordable Care Act.

At least ten states have passed similar legislation, requiring physical exams beyond school entry. We, the Hawai'i Public Health Institute and obesity prevention task force **strongly support SB 2387, SD2, HD1** and asks the committee to pass this measure.

Thank you for the opportunity to testify.

Respectfully,

A handwritten signature in black ink, appearing to read 'Jessica Yamauchi', is written in a cursive style.

Jessica Yamauchi, MA
Executive Director