



LATE

STATE OF HAWAII
STATE COUNCIL
ON DEVELOPMENTAL DISABILITIES
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HONOLULU, HAWAII 96814
TELEPHONE: (808) 586-8100 FAX: (808) 586-7543
February 4, 2016

The Honorable Suzanne Chun Oakland, Chair
Senate Committee on Human Services
and

The Honorable Rosalyn H. Baker, Chair
Senate Committee on Commerce, Consumer Protection,
and Health
Twenty-Eighth Legislature
State Capitol
State of Hawaii
Honolulu, Hawaii 96813

Dear Senator Chun Oakland, Senator Baker and Members of the Committees:

SUBJECT: SB 2085 – Relating to Aging

The State Council on Developmental Disabilities (DD) **SUPPORTS THE INTENT OF SB 2085, specifically Part II of the bill.** The purpose of Part II is to provide funding to support the State's Kupuna Care Program and Aging and Disability Resource Center (ADRC).

The Council was a member of the State ADRC Advisory Board back in April 2006, as a result of the Executive Office on Aging (EOA) receiving a Federal grant to embark on establishing a one-stop single entry point for older adults and persons with disabilities. Since then, the project has established a one-stop center on the Islands of Hawaii, Kauai, and Maui, and is in the process of developing the Honolulu site. The Council has a Memorandum of Agreement between the Hawaii County Office of Aging, ADRC, which defines the partner roles and responsibilities related to services provided by ADRC and the Council.

As a systems advocacy agency responsible for statewide planning, coordination, monitoring, evaluation, and advocacy on behalf of individuals with DD and their families, we support a streamlined and user-friendly process for older adults and individuals with disabilities to receive information and be able to navigate the service system to access services and supports. Most of the focus thus far in establishing and implementing the ADRCs has been targeted to the aging population.

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The Council, as well as individuals with disabilities, advocates, public and private service providers, and other stakeholders, need to be involved with the planning and implementation of the ADRCs. We believe identifying and engaging in partnerships with all stakeholders will contribute to a seamless approach of accessing long-term services and supports in a manner that respects individual choice and desire, is person-centered, promotes independence and dignity, and provides individual control over the person's life.

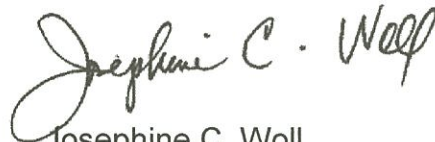
The Council defers to EOA regarding the appropriation amount needed to support the ADRC.

Thank you for the opportunity to submit testimony **supporting the intent of SB 2085.**

Sincerely,



Waynette K.Y. Cabral, MSW
Executive Administrator



Josephine C. Woll
Chair

LATE

baker2 - Lia/Eve

From: mailinglist@capitol.hawaii.gov
Sent: Thursday, February 04, 2016 10:41 AM
To: CPH Testimony
Cc: barbarajservice@gmail.com
Subject: Submitted testimony for SB2085 on Feb 4, 2016 13:15PM
Attachments: SB2085.docx

Categories: Late

SB2085

Submitted on: 2/4/2016

Testimony for CPH/HMS on Feb 4, 2016 13:15PM in Conference Room 016

Submitted By	Organization	Testifier Position	Present at Hearing
Barbara J. Service	Individual	Support	No

Comments:

Please note that testimony submitted less than 24 hours prior to the hearing, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

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LATE

I am a senior citizen and a resident of House District 19 and Senate District 9. I am a member of the CARE Coalition and an active member of AARP, Kokua Council and the Hawaii Alliance of Retired Americans.

I strongly support SB2085, specifically as it relates to Kupuna Care. This program assists a gap group of seniors who do not qualify for Medicaid nor are they able to afford the home health and related services to enable them to age in place and avoid the high cost of nursing home care. The Kupuna Care appropriation has been in the base budget at \$4.8M and supplemented every year at \$4.2M for a total of \$9M. In 2015, however, at the last minute that supplement was cut to \$3M. As a result many programs had to be scaled back and fewer elderly were able to be served.

(None of the other aging programs received any appropriation.)

It is imperative that Kupuna Care be fully funded. As the aging populations increases, it is incumbent upon all of us to care for our frail elderly and enable them to remain in their own homes as long as possible.

Thank you for this opportunity to provide testimony.

I apologize for its lateness; computer problems!

LATE

baker2 - Lia/Eve

From: mailinglist@capitol.hawaii.gov
Sent: Wednesday, February 03, 2016 10:30 PM
To: CPH Testimony
Cc: jkealoha@ilwulocal142.org
Subject: Submitted testimony for SB2085 on Feb 4, 2016 13:15PM
Attachments: 2016 SB 2085 aging omnibus HSH CPN.docx

Categories: Printed

SB2085

Submitted on: 2/3/2016

Testimony for CPH/HMS on Feb 4, 2016 13:15PM in Conference Room 016

Submitted By	Organization	Testifier Position	Present at Hearing
Joanne Kealoha	ILWU Local 142	Support	No

Comments:

Please note that testimony submitted less than 24 hours prior to the hearing, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

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THE SENATE

Committee on Human Services

Senator Suzanne Chun Oakland, Chair

Senator Gil Riviere, Vice Chair

Committee on Commerce, Consumer Protection, and Health

Senator Rosalyn H. Baker, Chair

Senator Michelle N. Kidani, Vice Chair

State Capitol, Conference Room 016

Thursday, February 4, 2016; 1:15 p.m.

**STATEMENT OF THE ILWU LOCAL 142 ON S.B. 2085
RELATING TO AGING**

The ILWU Local 142 **strongly supports** S.B. 2085, which appropriates funds Kupuna Care, the Aging and Disability Resource Center, fall prevention and early detection services for the elderly, Healthy Aging Partnership program, and an Alzheimer's Disease and related dementia services coordinator and public awareness program.

The need for all of these services and programs is well-documented. Hawaii's population is aging and the "silver tsunami" will soon be upon us. All of the programs proposed for appropriations will help prevent costly institutionalization and medical and hospital care.

Kupuna Care provides home-delivered meals, bathing and chore services, transportation, and case management to help seniors remain in their own homes. The Aging and Disability Resource Centers in each county are "one-stop shops" to assist caregivers and the elderly and disabled themselves to navigate and access needed services and resources. Fall prevention is vitally important to reduce the need for medical services and inpatient admissions. The Healthy Aging Partnership is a program that facilitates chronic disease management and exercise and fitness programs for the elderly to maintain their health. Alzheimer's Disease and related dementia are a rapidly growing concern among the elderly and, unless addressed soon, will account for a considerable portion of the resources needed for long-term services and supports.

The ILWU strongly urges passage of S.B. 2085. Thank you for considering our views.

Aloha Senators
Thank you.

Feb. 4 2016

To: ~~The~~ Chair + Committee Members

Testifying for Senate Bill 2085, and healthy aging.

afternoon

from Maria and Jim

Good ~~Morning~~, my name is Kathy Biggs. I had my 80th birthday last July, and I am delighted to be here with you.

SB 2085, and

Thank you for your time, and the opportunity to be here on behalf of ~~the~~ Enhance Fitness exercise classes for seniors. My husband, who is 87, and I have attended several classes over the years, but this class gets a Five Star Rating from us. In my mind I call our instructors "The Angel Squad", because they treat not only the body, but the mind and spirit. Our instructors are ~~of~~ the highest caliber professionals, who are careful of our well-being because of our age, but also work our tails off while we're having fun. Speaking of which, working our tails off, since beginning the class in September 2014, I have lost more than 20 pounds, and 2 sizes. *

More positive results are: My energy is up; the gravel is gone from my neck - I can turn my head easily without feeling or hearing a grinding sound. I can look behind me at the ceiling (not holding on to anything), then down to the floor without feeling dizzy or losing my balance. ~~I feel that~~ ^{as before} my strength has greatly improved since starting this class. ✓

My wish for you is, that when you get to be the age of our class participants (average 79 years), that you will have the opportunity to attend ^{ing} an Enhance Fitness Class. I urge you to reinstate ^{the funding for} the health ^{and} aging program ^{to} enrich your life too.

Thank you for your time.
 aging program
 funding for the

ombuds
Bill # relating to aging
but especially healthy aging
I'm here in support of this bill #2085

Aloha, my name is Barbara Mooradian, and I am an Enhance Fitness instructor in Upcountry Maui. I also teach Zumba Gold at Kaunoa Senior Center, and I am a nationally certified group fitness instructor.

I've been teaching EF for over a year now, and I can tell you that I have seen incredible improvement in my students. I've seen folks go from barely walking to dancing, people who couldn't get out of a chair or a car without help, be able to sit and stand several times in a row, in just four months. It's a fact that most people enter assisted living because they cannot get up off the toilet! A woman who started could not walk without a cane or walker; after four months she could walk across the room unassisted, and walk backwards with assistance. They tell me every day, "I can walk up the stairs without running out of breath, I can hang up laundry, I can carry my groceries." On a personal note, as a senior, I have also reaped the benefit of the classes. I have achieved personal health goals along with the class.

Let me tell you about my students. They are aged 60 to 89, retired teachers, nurses, policemen; caregivers to their parents and spouses, babysitters for their grandchildren. They are people who have given their whole lives to society, to the community. They are not entitled, they are not quitters, they are fiercely independent, they are willing to work hard for what they want. These folks show up early, they give it their all, and they deserve our support.

The social aspect of the class cannot be over emphasized. Studies show that loneliness can take 5 years off your life. Gathering together 3 times a week gives us an important opportunity to socialize with people who have the same goals of better health and wellbeing. The relationships made there go beyond the classroom. We become Ohana, and we've supported each other through joy and pain, disability and loss.

This program changes lives at very little cost to the community. We need to ask ourselves, do we want to spend a little now to keep our kupuna healthy, or pay a lot later for kupuna care? Please reinstate the funds for Healthy Aging.
Thank you. *for allowing us to speak to you*

Two years ago I fell on the tennis court and fractured my knee. I had excellent care by doctors and therapists, but recovery was slow. I used a walker and then a cane. I bought a stationary bike, thinking that would help, but I could not use it because my knee hurt. Then one day I thought why not try Paula's class so I called her. She accepted me for the next session. I was still walking with a cane and limited as to what I could do in class., One of the seniors told me that I did not belong in that class and that I should attend the classes at Roselani, an assisted living home. Paula told me that I should stay with her. Now six months later I can walk without a cane and do almost everything that the others do.

Also during the week of the New Year, I skipped classes because I had company from off-island. At the end of the week I discovered that my sugar level (diabetes) went up. It's not only watching your food, but exercise is very important and a "must" Paula has made me aware of every muscle in my body including my neck, which I did not realize was so stiff.

I attribute my speedy recovery to the able leadership of Paula Keele. The dedication of these 25 or so seniors who faithfully attend these classes is proof that we all feel that this is an excellent program to keep us healthy. Many of us, seniors, are on fixed income so we are happy to be able to have this program at an affordable price. We thank the state for subsidizing this program and hope that you will continue to do so. It would be great if more programs like these can be held so that more people can experience better health.

Ruth C. Makai
Maui