

HB 1878 HD 1 LATE

Measure Title: RELATING TO AGING.

Report Title: Kupuna Care; Services and Programs for the Elderly (§)

Description: Appropriates funds for the Kupuna Care Program, Aging and Disability Resource Center, fall prevention and early detection services for the elderly, the Healthy Aging Partnership Program, an Alzheimer's disease and related dementia services coordinator position, and an Alzheimer's disease and related dementia public awareness program. (HB1878 HD1)

Companion: [SB2085](#)

Package: Kupuna Caucus

Current Referral: HMS/CPH, WAM

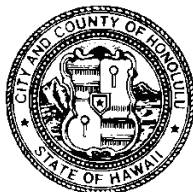
Introducer(s): TAKAYAMA, CACHOLA, CHOY, CREAGAN, DECOITE, EVANS, HAR, ICHIYAMA, JORDAN, KAWAKAMI, KEOHOKALOLE, LOPRESTI, LOWEN, MIZUNO, MORIKAWA, NISHIMOTO, OHNO, OSHIRO, SAY, THIELEN, TOKIOKA, WOODSON, Yamashita

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GARY K. NAKATA
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TESTIMONY OF GARY K. NAKATA, DIRECTOR
DEPARTMENT OF COMMUNITY SERVICES
BEFORE THE SENATE COMMITTEE ON HUMAN SERVICES AND
THE SENATE COMMITTEE ON COMMERCE, CONSUMER PROTECTION, AND
HEALTH

Thursday, March 17, 2016, 1:35 p.m.
Conference Room 016

HOUSE BILL 1878, HD1, RELATING TO AGING

Position: SUPPORT

TO: The Honorable Suzanne Chun Oakland, Chair
The Honorable Gil Riviere, Vice Chair
and Members of the Committee on Human Services

The Honorable Rosalyn H. Baker, Chair
The Honorable Michelle N. Kidani, Vice Chair
and Members of the Committee on Commerce, Consumer Protection, and
Health

The Elderly Affairs Division (EAD) is the designated Area Agency on Aging for Oahu. In accordance with the Older Americans Act of 1965, it is one of over 600 area agencies on aging nationwide. Our mission is to develop a comprehensive and coordinated system of services to assist older persons in leading independent, meaningful, and dignified lives in their own homes and communities. As an Aging and Disability Resource Center (ADRC), we also serve as a highly visible and trusted source, a place where people of all incomes and ages can turn to for information.

This bill includes funding for important programs that support the needs of the increasing population of elderly residents in Hawaii. The funding included in this bill is essential to maintain the health and welfare of our most vulnerable seniors and their caregivers. We strongly support funding for the following programs in HB1878, HD1:

Kupuna Care The Kupuna Care program includes essential services that support the needs of the increasing population of frail elderly residents in Hawaii. These services provide assistance to older adults who cannot live at home without adequate assistance from family members or formal supports. They include services such as attendant care, case management, chore, home-delivered meals, homemaker, personal care, and transportation. Each year the population continues to grow and their needs grow exponentially. These funds

make aging in place possible for our elderly residents and provide supports that are otherwise inaccessible. Private pay options are often not a viable choice and family members have limited resources. In addition, the aging network of providers has demonstrated their years of experience and ability to work with this population and continue to provide services to those in greatest need. **LATE**

Aging and Disability Resource Center (ADRC) The ADRC as outlined in the federal Older Americans Act (OAA), amended in 2006, aspires “to have Aging and Disability Resource Centers in every community...where people of all incomes and ages can turn for information on the full range of long-term support options and a single point of entry for access to public long-term support programs and benefits.” The OAA provides limited federal funds to develop, implement, or sustain this venture and therefore support from the State is greatly appreciated and needed.

As of July 1, 2015, Honolulu began its efforts to implement the components associated with serving as an Aging and Disability Resource Center. A few of the components already implemented in compliance with the requirements set forth by the Executive Office on Aging include the provision of a centralized intake process using consistent tools across the State, authorization of services, provision of options counseling, and the continued provision of information and assistance. In order to move towards becoming a fully functional ADRC, funding is needed for personnel, program coordination, management of the information system required by the State Executive Office on Aging (EOA), and marketing of the new ADRC process. For the system to be effective, our capacity must be such that it matches the demand and need for services by our growing senior population. Without this support there will be increased delays in service coordination, implementation, and delivery.

Falls Prevention Falls are among the leading causes of hospitalization and severe injury among the elderly. This often preventable occurrence can seriously affect the quality of life for the elderly individual and also impacts healthcare costs for the community at large.

The Falls Prevention Consortium has implemented a number of programs in the past, including: securing/developing a form of tai chi, which can be done in a seated position and supporting training of instructors statewide; working with Pharmacies, OT/PTs, and other organizations to provide balance screening and medication reviews to prevent falls from occurring; developing a video, public service announcements, and coordinating programming via television and radio on providing public awareness on fall prevention.

Healthy Aging Partnership Program In the past, EAD actively participated in the Healthy Aging Partnership, and supported the implementation of the Stanford University’s Chronic Disease Self-Management Program (CDSMP). An evidence-based program, CDSMP provides education, training, and support groups to persons with chronic conditions to assist them in managing their own care. In addition, EnhanceFitness is an exercise program and focuses on strength, flexibility, and balance to maintain the health and functioning of older adults. The results of both programs have been overwhelmingly positive.

Other evidence-based self-management programs have also been introduced for arthritis and diabetes. We urge the committee to fund these programs in light of the rising healthcare costs associated with the rapidly growing elder population in Hawaii.

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Alzheimer's Disease and Related Disorders EAD recognizes the need to develop services to meet the needs of the rapidly growing population of individuals diagnosed with this condition. EAD supports the appropriation contained in this bill to establish an Alzheimer's disease and related dementia services coordinator and for the development of a public awareness program. Over the last year we have noticed an increase in individuals and family members who contact our agency looking for services and support. Having a designated position that will focus on this growing area is key in our State and demonstrates a clear commitment to our seniors and their family members.

We urge the Committee on Human Services and the Committee on Commerce, Consumer Protection, and Health to support funding of these vital programs. Thank you for the opportunity to provide this testimony.

THE SENATE

Committee on Human Services

Senator Suzanne Chun Oakland, Chair

Senator Gil Riviere, Vice Chair

Committee on Commerce, Consumer Protection, and Health

Senator Rosalyn H. Baker, Chair

Senator Michelle N. Kidani, Vice Chair

State Capitol, Conference Room 016

Thursday, March 17, 2016; 1:35 p.m.

**STATEMENT OF THE ILWU LOCAL 142 ON H.B. 1878, HD1
RELATING TO AGING**

The ILWU Local 142 **strongly supports** H.B. 1878, which appropriates funds for Kupuna Care, the Aging and Disability Resource Center, fall prevention and early detection services for the elderly, the Healthy Aging Partnership program, and an Alzheimer’s Disease and related dementia services coordinator and public awareness program.

The need for all of these services and programs is well-documented. Hawaii’s population is aging and the “silver tsunami” is already upon us. All of the programs proposed for appropriations will help prevent costly institutionalization, medical care, and inpatient hospital care.

Kupuna Care provides home-delivered meals, bathing and chore services, transportation, and case management to help seniors remain in their own homes. The **Aging and Disability Resource Centers** in each county are “one-stop shops” to assist caregivers and the elderly and disabled themselves to navigate and access needed services and resources. **Fall prevention** is vitally important to reduce the need for medical services and inpatient admissions. The **Healthy Aging Partnership** is a program that facilitates evidence-based chronic disease management and exercise and fitness programs for the elderly to maintain their health. **Alzheimer’s Disease** and related dementia are a rapidly growing concern among the elderly and, unless addressed soon, will account for a considerable portion of the resources needed for long-term services and supports.

The ILWU strongly urges passage of H.B. 1878, HD1. Thank you for considering our testimony.

To: Human Services, Senator Suzanne Chun Oakland, Chair
Commerce, Consumer Protection, & Health, Senator Rosalyn H. Baker, Chair

LATE

Date: March 17, 2016, State Capitol Conference Room 016, 1:35 p.m.

Re: HB 1878, HD1, Relating to Aging (Kupuna Caucus Package)

Chairs Chun Oakland, Baker and Committee Members:

Thank you for the opportunity to submit written testimony in SUPPORT of HB 1878, HD1, Relating to Aging. My name is T. J. Davies Jr. and I am retired, disabled and live alone in the Kakaako area.

The passage of this bill is vital as it appropriates funds for the Kupuna Care Program, Aging and Disability Resource Center, Fall Prevention and Early Detection Services for the Elderly, the Healthy Aging Partnership Program, an Alzheimer's disease and Related Dementia Services Coordinator position, and an Alzheimer's disease and related Dementia Public Awareness Program.

These measures benefit seniors who do not qualify for Medicaid nor are able to afford the home health care and related services to enable them to age in place and avoid the high cost of nursing home care. As the aging population increases, it is incumbent upon all of us to care for our frail elderly and enable them to remain in their own homes as long as possible. The ADRC one-stop shop serves those who are looking for resources to keep their aging loved ones at home.

An Omnibus Bill for Seniors must include funding for the Office of the Long Term Care Ombudsman. Currently, the staff of one is responsible for the supervision of more than 12, 000 beds on five islands. This is obviously not sustainable. Please consider funding three positions to enable each major island to have a coordinator to ensure that our most frail, and consequently our most vulnerable seniors are being protected.

I urge you to support our *kupuna* by voting yes on **HB 1878, HD1**. Mahalo & Aloha

T. J. DAVIES JR., Volunteer,
Treasurer, AARP Chapter 60 Honolulu
Treasurer, Kokua Council for Senior Citizens of Hawaii
Director, Hawaii Alliance for Retired Americans
Kakaako (District 23 / Senate District 12)

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