

Curriculum Vitae

RICHARD I. RIES, Psy.D., M.S.Ed.

Licensed Clinical Psychologist

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EDUCATION

Doctorate in Clinical Psychology (Psy.D.)

Hawaii School of Professional Psychology at Argosy University, Hawaii,
Honolulu ██████████

Qualitative Research Dissertation:

Arriving Home: A Reputational Case Study with **Ram Dass** on Conscious Dying

Published ██████████

Masters of Science in Education (M.S.Ed.)

CUNY at Lehman College, Bronx

New York City Teaching Fellows Program ██████████

(Psychology Coursework GPA: 4.0)

Fellowship Recipient

Thesis on Meditation as an intervention for classroom misconduct

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Bachelor of Arts in Interdisciplinary Studies (B. A.)

Hofstra University-New College, Long Island

Psychology and Communications ██████████

Senior Undergraduate Thesis on Death and Dying Worldviews

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Culture Program Certificate

Peking University in Beijing, China

Chinese Philosophy and Art

Martial Arts study

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CLINICAL, RESEARCH AND RELATED EXPERIENCE

Dec'15-Present

Private Practice in Psychotherapy

With Adults, Couples, Adolescents and Children—

- Bereavement/Loss
- Trauma/PTSD
- Anxiety and Depression
- Behavioral Issues
- Phase of Life Concerns
- Personal, and Transpersonal, Growth and Transcendence
- Resiliency

Sep'15-Present

University of Hawai'i Center for Cognitive Behavior Therapy—

A Child and Adolescent Mental Health Clinic

The Research Corporation of the University of Hawai'i

Clinic Manager

Supervising postdoctoral fellows, doctoral candidates, practicum students and graduate/undergraduate clinical psychology students with:

- Reviewing clinical assessment reports
 - Mental Health Evaluations
 - Emotional/Behavioral Assessments
 - Cognitive/Psychoeducational assessments
 - Functional Behavior Analyses/Behavioral Service Plans
- case conceptualization/triage/disposition
- supporting intensive in-home therapy
- generalized treatment interventions
- providing community presentations
- generating annual and quarterly reports (Quality Assurance, Volume, Caseload, Clinical Data)
- receiving/processing referrals from DOE, DOH and CAMHD (among others), and
- general managerial duties at the clinic
(20 hours per week)

Jan'14-Dec'14

The Queens Medical Center

Behavioral Health Services- Intensive, brief, existential psychotherapy

Multidisciplinary Clinical Liaison Team (MCLT)

Clinical Therapist / Psychologist

Addressing behavioral health needs on medical floors hospital-wide, including:

- grief and loss
- anxiety/agitation,
- trauma
- brief family intervention
- psychosocial issues and
- end-of-life concerns

through supportive, often hospital bedside psychotherapy, creative-arts therapy applications and behavioral modification. Physician, nursing and supportive staff coaching and

communication facilitation.

(40 hours per week)

Private Psychotherapy Practice under Postdoctoral Supervision
With Dr. Rene Tillich

Clinical Psychology Postdoctoral Fellow

At the King Kalakaua Center for Humanistic Psychotherapy- Hawaii Kai

- Individual and Couple's Psychotherapy

(20 hours per week)

Aug'11-Aug'13

Pacific Regional Medical Command (Army)

Clinical Operations

Behavioral Health

Care Provider Support Program

Compassion Fatigue Educator

Provider Resiliency Subject Matter Expert,

Training Instructor & Trusted Agent

Special Projects Officer and Clinical Background Checks Monitor

Lead Ethics Consultant: Tripler Army Medical Center

Member: Tripler Army Medical Center's Ethics Committee

Continuing Medical Education (CME) Course Director & Planner

- Develop and implement curricula for Mandatory Hospital Courses, Workshops and Retreats in support of care-provider and staff wellness/prevention of Compassion Fatigue and burnout (emphasis on Physicians, Nurses, Army Medics, Corpsmen/Corpswomen, Clergy, Psychiatrists, Psychologists, and Social Workers)
- Conduct Individual and Department-level Resiliency Coaching, grief counseling, conflict-resolution group interventions and walkabouts in support of providers
- Co-chair TAMC Wellness Council
- Represent command region in community outreach efforts both domestically and abroad (Korea, Japan)

(40 hours per week)

Sep'09-Aug'11

Tripler Army Medical Center, Department of Psychology

Deputy Chief, Psychology Research;

Joint Commission Patient Education Standards Facilitator

Performance Improvement Surveyor, Education and Training Section Auditor

- Run ongoing Protocols under Chief of Research Psychology Service
- Develop new research protocols from pre-proposal, proposal, protocol development and through study execution, analysis and presentation phases (PTSD, Neurocognitive Testing, Biofeedback, Chronic Pain Management, Virtual Reality, and Warfighter Resiliency)
- Grant applications
- Guide Biofeedback, Virtual Reality and Relaxation inducing interventions
- Troubleshoot Biometric and Virtual Reality Technology
- Scheduling and Assessing Research Participants
- Develop Posters, Manuscripts and Presentations

- Data gathering, entry, analysis and presentation
- Developing and implementing new research studies
- Management of American Red Cross volunteer research assistants, practicum trainees and research assistants.
- Streamlining practica training rotations department-wide
- Facilitation of the meeting of Joint Commission Standards for Patient Education in Department of Psychology
- Provide support for department-level performance improvement initiatives including space utilization, APA reaccreditation Self-Study Project, Clinical Internship curriculum development and Psychology service newsletters for each section (i.e. Research, Adult Psychology, Child, Adolescent and Family Psychology, Neuropsychology, Behavioral Medicine and Trainingships)

Jun'09-Jun'10

Taylor Study Method, LLC

Director of Content Research/ Consultant

- Researching EPPP content
- Development of EPPP-type questions
- Editing database across 11 Psychology Content Domains
- Management of editing team
- Recruitment of Content Specialists
- Brainstorming company growth
- Error detection and correction
- Citation searches
- Team training

Sep'07-May'08

North Shore Mental Health

Intensive and Community-based Case Manager

- Case Management with primarily Geriatric and Borderline Populations
- Crisis Intervention
- Housing Assistance / Vocational Assistance
- Treatment Goal Development/ Treatment Compliance
- Management of Psychiatric/Psychological Symptoms
- Assistance with Legal Issues / Substance Abuse Issues
- Assistance with Medical Issues / Activities of Daily Living
- Connecting Clients to Community Referrals/Resources
- Intake Interviews and Assessments
 - Quality of Life Interview;
 - Intellectual disability Screening;
 - Level of Care Utilization System for Psychiatric and Addiction Services, Adult Version;
 - “CAGEAID” Substance Use Screening

Aug'06-Nov'07

Hale Kipa, Inc.

Intensive In-Home Therapist

- Clinically Supervised Psychotherapy
- Crisis Intervention
- Family Therapy /Conflict Resolution

- Parent Training /Psychoeducation
- Behavioral Modification
- Music Therapy
- Treatment Team meetings
- Consultation with Psychiatrists, Psychologists, School Staff and Social Workers

Jun'05- Aug'06 **U.S. Department of Veteran Affairs, Pacific Islands Division**
Office of Research and Development; by way of the National Center for PTSD

***Assessment Clinician and
Research Health Sciences Specialist,***

- Conducting diagnostic interviews according to research protocol including
 - Clinician Administered PTSD Scale (CAPS),
 - Structured Clinical Interview for the DSM-IV-TR Axis I (SCID-I)
 - And Administering Self-Report measures related to Anger, Provocation, Assaultive Behavior and Trauma Experiences.
- Authoring clinical progress notes
- Research Data Entry
- Case Presentation at supervision and Weekly Trainings
(40 hours per week)

Dec'04-Nov'05

Parents and Children Together (P.A.C.T.)
Credentialed Mental Health Professional
Intensive Support Services Therapist,
Greater Central and Windward Oahu

- Treatment Planning and Implementation
- Crisis Intervention
- Family and Individual Intensive In-Home Therapy
- Community-Based Social Skills Training
- Peer Consultation and Clinical Supervision
- Generating Therapy Notes/ Treatment Records
- Interfacing with Community Resources and Institutions
- School Visits
- Individual Education Plan Meetings

(30 hours per week)

Dec'00-Sep'01

North Shore University Hospital and Long Island Jewish Health System
Emergency Medical Technician and Paratransit Attendant

- Administering Frontline Emergency Care for Trauma and Medical Emergencies
- Emergency Life-Support
- Crowd Control
- Transport of Acute Psychiatric Patients
- Generating Patient Care Reports
- Emergency Vehicle Operation
- Ambulance Equipment Inventory

(50+ hours per week)

Jan'00-Dec'00

Hunter Ambulance Inc.
Emergency Medical Technician

- Administering Frontline Emergency Care for Trauma and Medical Emergencies

- Transport of Acute Psychiatric Patients
- Generating Patient Care Reports
- Emergency Vehicle Operation
- Ambulance Equipment Inventory

(40+ hours per week)

Dec'94-Sep'99

Staff Builders Home Health Care

Home Health Aide

- Hospice care for the terminally ill
- Home Health Aide for disabled and elderly
 - (including bathing, toileting, feeding, marketing, cooking and facilitating other activities of daily living)

Oct'94-May'99

VESID Program for Higher Education of the Disabled

- Reader,
- Writer,
- Personal Care Attendant and assistant to consumers with disabilities

TEACHING EXPERIENCE

Aug'11-Aug'13

**Pacific Regional Medical Command Care Provider Support Program,
(Tripler Army Medical Center, Honolulu; Camp Zama, JAPAN and 121st Medical Evacuation Hospital in Seoul, KOREA)**

Master Resilience and Provider Resiliency Training Instructor for Physicians, Nurses, Behavioral Health Providers and Support Staff

Jan'09-Jan'2010

Institute of Clinical Acupuncture and Oriental Medicine, Honolulu

Instructor for Graduate Study course- Clinical Psychology

May'08-Jun'08

American School of Professional Psychology at Argosy University, Hawai'i Campus

Teaching assistant for Integrative Approaches to Therapy
*With emphasis on Multitheoretical Psychotherapy-
under the supervision of Dr. Jeff E. Brooks-Harris*

Jul'07-Jun'08

**Hawaii Pacific University, Honolulu
Adjunct Professor for Undergraduate programs in the College of Liberal Arts**

- Existential and Humanistic Psychology
- The Psychology of Dreams
- Introduction to Psychology
- Introduction to Psychology for Military Campus Programs

Jun'03-Sept'04

Pace University, Manhattan

- The New Teacher Project/ New York City Teaching Fellows:

- Fellowship Advisor
- Education-Training Instructor for Graduate Students in Inner-City Education

Sep'01-Sept'04

New York City Department of Education
The New Preparatory Middle School for Technology and the Performing Arts
 South-side Jamaica Queens, New York

- ***Assistant Dean***
- **Elementary/Middle School Teacher:** Third, Fourth (Common Branch Subjects); Sixth Grade (Literature, Physics, **Special Education** Science and Mathematics)
- Substitute Teacher grades 6-8
- **Full Day Detention and In School Suspension Monitor**
 (20 hours per week)

Sep'95-Dec'97

Hofstra University, Hempstead
 Meditation Workshop Guide and Self-defense Instructor
 (5 hours per week)

Oct'93-Jan'98

South Shore Young Jewish Community Center
 Martial Arts Instructor
 (10 hours per week)

CLINICAL PSYCHOLOGY INTERNSHIP / PRACTICA EXPERIENCES

██████████ **U.S. Department of Veterans Affairs, Pacific Islands Health Care System**
 Clinical Psychology Internship with Dr.'s Nadine Shigezawa, Robert Porter and Daryl Fujii and Steven Miyake.

Rotations:

- **Hospice and Palliative Care Program** at the Center For Aging (Individual Psychotherapy for facing end-of-life concerns and death anxiety, Bereavement Groups, Family Support and Staff support);
- **Traumatic Stress Recovery Program-PTSD Clinical Team*** (Individual and Group Psychotherapy for Combat Veterans with Posttraumatic Stress Disorder);
- **Mental Health Rehabilitation- The Empowerment Center of Honolulu** (Group and Individual Psychotherapy, Milieu Therapy and Psychoeducation using a Strengths-based Recovery model of psychosocial rehabilitation for Veterans with Severe Mental Health Disabilities and Comorbid Substance Misuse Diagnoses);
- **Traditional, Alternative and Complimentary Healing** (Biofeedback assessment and treatment, Individual Health-based, Mindfulness Counseling, Spirituality-based Group Therapy and Chronic Pain, Obesity and Anxiety reduction interventions);

* Participated in a weekly **Prolonged Exposure Treatment Consultation Group** under the supervision of Dr. Allison Aosved, PhD (Certified National PE Consultant).
 (40 hours per week)

██████████ **University of Hawaii Counseling and Student Development Center**

Intervention Practicum with **Dr. Jeff E. Brooks-Harris, Ph.D.** Psychotherapy with emphasis

on Multitheoretical Framework and Multidimensional Conceptualization. Experiential, Existential, Cognitive, Behavioral, Systemic, Biopsychosocial and Gestalt techniques emphasized.

Total Treatment Practicum Hours: 1,070

(20 hours per week)

Diagnostic Practicum Training with Dr. Marvin W. Acklin, Ph.D., ABPP

Clinical and Forensic Psychology; A 12-month rotation with emphasis on Comprehensive Cognitive, Objective and Projective Assessment with foci upon Psychopathy, Psychoses, Custody Evaluation, Neuropsychological Testing and Evaluations for Legal Cases.

Total Diagnostic Practicum Hours: 1,729 (20+ hours per week)

HONORS

Medal Recipient in August, 2013

Commander's Award for Civilian Service

(equivalent to the Military Army Commendation Medal)

With the following citation:

FOR MERITORIOUS SERVICE WHILE SERVING AS A RESILIENCY SUBJECT MATTER EXPERT AND TRAINING INSTRUCTOR FOR THE CARE PROVIDER SUPPORT PROGRAM IN THE PACIFIC REGIONAL MEDICAL COMMAND CLINICAL OPERATIONS FROM 24 DECEMBER TO 24 APRIL 2013. ALONG WITH CARRYING OUT ALL RESILIENCY TRAINING DUTIES AND COMPLETING YOUR DOCTORAL DISSERTATION, YOUR PERSISTENCE, INTELLIGENCE, AND FOLLOW-THROUGH SERVED AS THE CATALYST IN TRIPLER ARMY MEDICAL CENTER BEING HONORED WITH THE STATEWIDE AND NORTH AMERICAN PSYCHOLOGICALLY HEALTHY WORKPLACE AWARDS IN 2013. YOUR DISTINCTIVE ACCOMPLISHMENTS REFLECT GREAT CREDIT UPON YOURSELF, TRIPLER ARMY MEDICAL CENTER, THE PACIFIC REGIONAL MEDICAL COMMAND AND THE UNITED STATES ARMY.

Medal Recipient in May, 2010

Achievement Medal for Civilian Service

(equivalent to the Military Army Achievement Medal)

With the following citation:

FOR DISTINCTIVE AND MERITORIOUS SERVICE SINCE AUGUST 2009 IN SUPPORT OF THREE CLINICAL RESEARCH PSYCHOLOGY PROTOCOLS IN THE DEPARTMENT OF PSYCHOLOGY. YOUR CONTRIBUTIONS CRITICALLY CONTRIBUTED TO THE MENTAL HEALTH RESEARCH AND CARE OF WARRIORS AND THEIR FAMILIES. YOUR ADDITIONAL EFFORTS REFLECT THE HIGHEST LEVEL OF HONOR, INTEGRITY, AND SERVICE AND REFLECT GREAT CREDIT UPON YOU, THE DEPARTMENT OF PSYCHOLOGY, TRIPLER ARMY MEDICAL CENTER, AND THE UNITED STATES ARMY.

Recipient in 2010 for a Department of Defense incentive On-the-Spot Cash Award of \$500.00

Certificate of Achievement Award recipient from the Department of the Army for meritorious service

Certificate of Achievement Award recipient for Tripler Army Medical Center's Third Annual Donald A.

Person Poster Presentation May, 2010

Certificate of Appreciation Award recipient from Hawai'i Pacific University Psychology Department for presentation in the Fourth Annual Psychology Conference, April 2010

Certificate Award in 2010 from American Red Cross for services volunteered in 2009 (434.5 hours)

Chairman; New York City Teaching Fellows—Fellowship Advisory Board (2001-2003)

Americorps Award Recipient- with distinction 2002

Honor of Distinction; National Society of Collegiate Scholars SUNY at Stony Brook

Secretary Hofstra Chapter; Golden Key International Honor Society

Teacher of the Year Award; by student vote: New Preparatory Middle School for Technology and the Performing Arts (2002)

America's Choice Exemplary Classroom Teacher- 2004

President; Freshman Undergraduate Class: SUNY at Stony Brook

**President; Anthropology Club: University of Hawaii at Hilo
Vice President; Parachute and Skydiving Club: SUNY at Stony Brook**

International Thespian Society: since 1990

PROFESSIONAL SUPERVISION

Jan'15-Present General psychotherapy supervision with Dr. Helene Satz

Mar'14-Dec'14 **The Queen's Medical Center** with Dr. Gerald Brouwers

Apr-13-Feb'14 **King Kalakaua Center for Humanistic Psychotherapy**
Clinical Supervision with Dr. Rene Tillich

Oct'07-Jun'08 **North Shore Mental Health**
Clinical Supervision with Dr. Lauren Emoto, Psy.D.

Intensive and Community-based Case Management with elderly, medically disabled, mentally ill and borderline personality disordered patients.

Jul'07-Jun'08 **Waikiki Integrative Health Clinic**
Clinical Supervision with Dr. Aaron Kaplan, Ph.D. in co-facilitating group therapy.

Working with 2 groups, a group of gay males with relational issues and a group of stabilized mentally ill individuals with schizophrenia spectrum disorders.

Jun'05-Aug'06 **National Center for PTSD**
Clinical Supervision with Dr. Edward Kubany, Ph.D., ABPP
Administration of the Clinician Administered Posttraumatic Stress Disorder Scale (CAPS),
Structured Clinical Interview for the Diagnostic and Statistical Manual of Mental Disorders-

Fourth Edition-Text Revision-Axis I (SCID- I), and various Self-report anger, provocation and trauma-related measures.

RESEARCH, PUBLICATIONS, PRESENTATIONS & WORKSHOPS GIVEN

Caring for the Caregiver Series: Focus Course on Emotional Resiliency for Parents of Children with Diagnoses on the Autism Spectrum. In association with Hawaii Autism Foundation, Hawaii Psychological Association, Creative Connections and Kaimuki YMCA- June 1st, 2013

TAMC Recognizes National Healthcare Decisions Day: Beneficiaries are Encouraged to Develop End-of-Life Care Choices. Article in *Hawaii Army Weekly "HEALTH"*, 12 April, 2013 (with co-author Dr. (LT. COL.) Matthew Studer).

Culture of Trust: Emphasized by Tripler Army Medical Center Seminar. Article in *Hawaii Army Weekly*, 23 November, 2012.

Author of First Featured Multitheoretical Psychotherapy (MTP) Case Presentation on MTP Website: www.multitheoretical.com

STEM Think Tank For Wounded Warriors (Science, Technology, Engineering and Mathematics) Panelist: troubleshooting accessibility solutions for higher education of warriors, by way of The Center on Disability Studies, University of Hawaii, Manoa at the Hilton Hawai'ian Village, 23 MAR 2012

Sustaining Resiliency: The Pacific Regional Medical command's Resiliency System for Care Provider Support. Workshop offered to providers at the Institute on Violence, Abuse and Trauma on March 15th, 2012. Richard I. Ries, Howard Reyes, Richard Rothschiller & Cherie B. Mar.

Virtual Reality and Biofeedback to Help Warfighters Deal with Stress. Book Chapter in *Intelligent Support Systems in Healthcare Using Virtual Reality, 2010*

CE credit workshop on Cybertherapy's Contribution to Psychology: at the 2010 Annual Hawaii Psychological Association Convention. **Richard I. Ries, M.S.Ed.**, Major Melba C. Stetz, Ph.D., & Raymond A. Folen, Ph.D., Tripler Army Medical Center, HI.

A Comparison of **Guided Imagery Modalities for Pain Distraction** by MAJ Melba C. STETZ, Ph.D., **Richard I. RIES**, M.S.Ed., Kathleen S. BROWN, Ph.D., and Raymond A. FOLEN, Ph.D (in press).

TeleCybertherapy: Contributions and Challenges from a Hospital in the Pacific by Raymond A. Folen, Ph.D., MAJ Melba C. Stetz, Ph.D., BG Stephen L. Jones, M.D., Brenda Edmonds, Psy.D., Judy Carlson, Ed.D, and Richard I. Ries, M.S.Ed.

Ries, Richard I., M.S.Ed., MAJ Stetz, Melba, C., Ph.D., CPT Roberson, Leslie, W., M.A.Ed., & Folen, Raymond, Ph.D., ABPP. **Posttraumatic Stress Disorder Checklist Endorsement by Warfighters.** Poster Presentation in Honolulu, Hawaii 29 October, 2010 Hawaii Psychological Association Convention.

Ries, R. I., Stetz, M. C., Folen, R. A. & Myers, C. A. **Virtual Reality for Immersive Stress Relief.** American Psychological Association, San Diego, CA, August, 2010.

Ries, R. I., Stetz, M. C., Folen, R. A. **Moderate to Extreme Posttraumatic Stress Disorder Item Endorsement in Three Samples of Warfighters.** *Third Annual Donald A. Person Poster Session and Graduate Medical Education Research*, Tripler Army Medical Center, Hawaii: May 19, 2010.

Fourth Annual Hawaii Pacific University Psychology Conference, in association with Psi Chi Honolulu, Hawaii: April 10, 2010. Stetz, M.C., **Ries, R.I.**, Myers, C.A. **The Advantages of Using Virtual Reality/Gaming in Psychology.**

Studying Warfighters With More Than Surveys, Stetz, M.C., Folen, R.A., Ries, R.I.
15th Annual Cybertherapy Conference in Seoul Korea, 2010.

Hawaii Chapter Scientific Meeting, American College of Physicians (ACP), 9 January 2010.
Kaneohe, Hawaii. Stetz, MC, Reeves, DL, & Ries, RI: **The Impact of Relaxation and Neurocognitive Practice for Military Medical Teams**. Hawaii Chapter Scientific Meeting,

Poster Presentation at 2nd Annual Scientific Conference of the Hawaii Neurological Society, on **Psychological Symptoms in Mild Traumatic Brain Injury Patients**, Secondary Author, Honolulu, Hawaii: October 31, 2009

Stetz, M. C., Folen, R. A. & Ries, R. I., (In Press). **Virtual Reality to Decrease Warfighters' Stress and Improve Cognitive Performance**.

Stetz, M. C., Ries, R. I., & Folen, R. A. (2009). **VR Lab provides relief for warriors and their families**. *Cybertherapy and Rehabilitation*, 21: 19-21.

Sakai, K., Greene, C., Moreland, L., Lu, C., Ries, R., & Andrews, A. (2006, November). ***Ethnocultural Variations in Anger Manifestation in Veterans with PTSD in the Hawaiian Islands***. Poster session presented at the 22nd annual meeting of the International Society for Traumatic Stress Studies, Hollywood, CA.

Poster Presentation at 2nd Annual Scientific Conference of the Hawaii Neurological Society, on **The Impact of Relaxation and Neurocognitive Practice for Military Medical Teams**, Secondary Author, Honolulu, Hawaii: October 31, 2009.

Paper Presentation at Society for Personality Assessment on Assessment of Liver Transplant Candidates, Washington D.C.: March 2007

Paper Presentation at Hawaii Psychological Association on Cross-Informant Assessment of Liver Transplant Candidates, Honolulu, Hawaii: November, 2006

Research Assistant for Integrative Health Care Project in Pain Management with Dr. Kathleen S. Brown at Tripler Army Medical Center; **Department of Psychology**

Research Assistant for Virtual Reality and Behavioral Mental Health Meta-Analytical Study
Conducting Literature Reviews and nested data in Table Format

Assessment Clinician and Research Science Specialist for Telemedicine and Anger Management Groups with PTSD Veterans in the Hawaiian Islands

Research Auxiliary providing **Demographic Data Collection and MMPI-II Administration to Pacific Islander and Native Hawaiian Participants** for collaborative study between **Florida State University** and **North Shore Mental Health** with principal investigator Brian Kehoe.

Breakout Session on **Burnout and Stress Management for Providers for the Homeless** at **Statewide Homeless Awareness Conference**, November, 2008

Workshops on Stress Management at Weinberg Village Waimanalo
August 5th and 23rd, 2008 (for recently homeless families)

Workshop on Self-Esteem Building at Kapiolani Community College to general student body: April, 2007

Workshop on Depression and Anxiety Coping at Kapiolani Community College to general student body: February, 2007

Workshops on Stress Management at Kapiolani Community College to general student body:
November, 2006 and November, 2007

Workshop on “Finding Flow” Positive Psychology Application to Daily Life at Kapiolani Community College to general student body: February, 2008

Workshop on “Relationship Satisfaction” Applying principles drawn from **Sternberg, Gottman and Hendrix** toward development of relationship stability and fulfillment, At **Kapiolani Community College** to general student body: March, 2008

Presentation on **Myers-Briggs Type Indicator and Strong Interest Inventory Interpretation for Business and Marketing Majors**, at University of Hawaii- Manoa Campus: October, 2006

Presentation/Training for staff at **CARE Hawaii, Inc** in Sustaining **Therapeutic Rapport** with the **Severely and Persistently Mentally Ill (FOCUS: Realizing Mutual Harmony)**: June, 2006

Cover Article in Outlook (LGBTIQ community newspaper) on ethics, equity and rights: Dec., 2004

Poetry in **Creations Magazine**: Vol. 10, Issue No. 2, Spring, 1996

Poetry in **Rogues’ Harbor**: Summer, 1996, Long Beach, New York.

Featured Poetry in **Controversy of Mirrors**: Summer, 1995; Summer, 1996; Summer, 1999

CERTIFICATIONS

Master Resilience Trainer Course (including modules on post-deployment readjustment and Energy Management) by way of **University of Pennsylvania** and the **United States Army** (80-hour training) February 4th -15th, 2013

Compassion Fatigue Educator Certification by way of the **Figley Institute**
July 2012

Basic Life Support for Health Care Providers Certification by way of the **American Heart Association**,
October 2009

American Red Cross Foundations of Disaster Mental Health- 8 hour training, Hawaii State Chapter,
October 2007

American Red Cross Psychological First Aid: Hawaii State Chapter, July 2007 & **Critical Incident Debriefing and Disaster Mental Health Overview**: Hawaii State Chapter, May 2007

Certificate: **Good Clinical Practice** and Human Subjects Protection, May 2006

Certificate: **Difficult & Disruptive Client Situations**; PESI HealthCare

Certificate: **Crisis Prevention Intervention (CPI)** 2004, 2006 and 2009

Certificate: **Identification and Reporting of Child Abuse and Maltreatment**

Certificate: **Rebuilding Broken Bonds- Children with Attachment Disorder & Reactive Attachment Disorder**

Certificate: **School Violence Prevention and Intervention**

CUNY Certification in **Human Subjects Protection**; by Office of Research Conduct

Emergency Medical Technician and Defibrillation; NYS Dpt. of Health, Bureau of E.M.S.

Adult/Pediatric CPR and AED; American Safety and Health Institute

CEVO-II Emergency Vehicle Operator Training; Green Cross National Safety Council

Permanent Public School Teacher Certification; New York State Education Department

Teaching License; New York City Public Schools

Certificate of Completion Training in the **Use of Wireless Laptops**, 2001

Certificate of Ministry: Ordained 1995 (ULC)

Federal Communications Commission License: 1994

TRAINING RECEIVED IN THERAPY OR CLINICAL WORK

Jan'15-Mar'15	The Art of Individuation; A Life Long Process , a 6-part course over 12 weeks with Ramon Lopez-Reyes, PhD (Dipl. Jung Institute-Zurich and the Hawaii Institute of Depth psychology
Feb'15	Gestalt Group Therapy Workshop with Thomas A. Glass, PhD, CGP Under auspices of Hawaii State Department of Health/Alcohol and Drug Abuse Division
Nov'14	The Queen's Medical Center Conference on Pain & Palliative Care "The Fine Art & Science of Pain and Palliative Care" (9 hours training)
Nov'14	Hawaii School of Professional Psychology, Clinical Seminar: Upgrading to the DSM-5
Oct'14	The Queen's Medical Center: Brain Health and Risk Factors for Dementia with guest speaker Jody Mishan ; Coordinator, State Task Force on Alzheimer's Disease and Related Dementias
Oct'14	St. Francis Healthcare System of Hawaii: The Grief Journey, Coping and Discovering Along the Way (training on grief, loss and coping)
Oct'14	Stages of Therapeutic Group Development in the Consulting Room and in Organizations- with Dr. Michelle Collins-Greene (two-day weekend institute)
Oct'14	Community Enrichment Through Storytelling How your stories build connection and provide direction 7-hour training with facilitator Jay Golden
Sep'14	Choosing Wisely: Five Things Physicians and Patients Should Question in Hospice and Palliative Medicine With Daniel Fischberg MD, Professor of Geriatrics- John A. Burns School of Medicine

- Jul'14 Queen's Conference Center: **Motivational Interviewing** (1.5 hour training)
- Jul'13 **Emotion Focused Therapy Workshop with Dr. Leslie Greenberg** by way of the Hawai'i Center for Psychology
- Jun'13 **Sleep Dynamic Therapy (SDT) For Combat PTSD**
Evidence-based treatment for PTSD and Insomnias including **Imagery Rehearsal Therapy (IRT)** and **Sleep-Related Emotion-Focused Therapy (SR-EFT)**-- facilitated by founder Barry Krakow, M.D., Diplomate, American Board of Sleep Medicine; a three-day, 21 hour training
- May'13 **Improving Care for Veterans Facing Illness and Death**
Teleconference from Hospice Foundation of America, Foundation for End of Life Care, Association for Death Education and Counseling and the Veterans Health Care System
- Jan'13 **Clinical Ethics in War: Hospital Grand Rounds: Tripler Army Medical Center, Honolulu**
- Aug'12 Wellcoaches workshop: **Introduction to Core Coaching Competencies in Health, Fitness, and Wellness** at the Joint Base Pearl Harbor-Hickam (JBPHH) Fitness Center.
- Jul'12 **Compassion Fatigue Educator Certification Course:** with Dr. Kathleen R. Figley of the Figley Institute
- Jul'12 **Sleep Disorders, Burnout & Resiliency:** with Barry Krakow, M.D. Medical Director, Maimonides Sleep Arts & Sciences Sleep and Human Health Institute
- Jul'12 **Care Provider Support Program Subject Matter Expert II Course (40hrs):** by way of the AMEDD Center and School, Fort Sam Houston
- Jul'12 **Resiliency Advantage Seminar:** with Michelle Atlas, Certified Resiliency Facilitator
- Jul'12 **Mind-Body Medicine Workshop:** with The Center for Mind-Body Medicine
- Jun'12 **Thought Field Therapy (TFT) and Self-Care for Behavioral Health Providers**
With Dr. Caroline Sakai at Tripler Army Medical Center
- Mar'12 **Hawai'i Equine Assisted Reflection & Therapy (HEART)** with Carina Cooper and Bonnie Cordeiro, EAGALA certified equine specialists
- Mar'12 **Trauma Informed Workforce Support: Healing the healers** with Raul Almazar, at IVAT conference 2012
- Mar'12 **Prevention and Interventions for Secondary Traumatic Stress** for Mental Health, Child Welfare & Healthcare Professionals with Leslie Anne Ross, Sandra Chase & Adriana Molina at IVAT conference 2012
- Mar'12 **Cross-Cultural Understanding & Treatment of International Trauma** with Dr. George Rhoades, Dr. Laurette DeMandel-Schaller et al. at IVAT conference 2012
- Mar'12 **Treating Trauma, Anger & Rage in Adolescents: An Advanced Workshop with a focus on Practical Techniques,** with Dr. George Rhoades at IVAT conference 2012
- Mar'12 **Prolonged Exposure for PTSD related to Sexual Victimization and/or Sexual**

Revictimization with Dr.'s Allison Aosved, Shiloh Jordan & Theodora Stratis at IVAT conference 2012

- Mar'12 **Helping Families through Grief, Loss & Trauma** with Dr. Kenneth Fowler, traumatologist, at IVAT conference 2012
- Feb'12 **Care Provider Support Program Subject Matter Expert I Course** (30 hours) with **Dr. Joan Borysenko** and Millie Greenough, San Antonio, Texas.
- Dec'11 **From Post-Disaster Reconstruction to the Creation of Resilient Societies**, Keio University, Tokyo, Japan (2-day training)
- Sep'11 Trauma Resource Institute's (TRM-V,W) **Trauma Resiliency Model Veteran & Warrior Training Level I** with **Dr. Laurie Leitch** ; Saratoga Springs, NY
- Apr'11 **Eye Movement Desensitization and Reprocessing Therapy-** 5-day EMDR Basic Training by way of the Army Medical Department Center & School; Post Traumatic Stress and Recovery Branch, with E.C. Hurley, D.Min,Ph.D., COL USA (Ret) and Arnold Popky, L.M.F.T, Ph.D.
- Jan'11 **Dialectical Behavior Therapy: Essentials & Application training**, with Kathryn E. Korslund, PhD (2-day training)
- Jul'10 **"Overcoming the Terror of Death"** Psychiatry Grand Rounds with Visiting Professor **Irvin Yalom, MD**
- Sep'09-Nov'09 **Palliative Care Issues for Healthcare Professionals Course**, by way of **John A. Burns School of Medicine, University of Hawaii and Pacific Islands Geriatric Education Center** (38 hours), with Dr. Emese Somogyi-Zalud and featured lecturers
- Apr'09 **Hospice Foundation of America: Diversity and End-of-Life Care**
- Mar'09 **Cognitive Processing Therapy for PTSD- Military Version**, training in an evidence-based practice with Joshua Friedlander, PsyD & Todd Benham, PsyD (3-day training)
- Oct'08 **The Time Paradox: The Secret Power of Time to Influence Personal Decisions and National Destinies** with **Dr. Phil Zimbardo** and Dr. Larry James
- Sep'08 **Acceptance and Commitment Therapy Training** with Robyn Walsar, PhD (a 2-day training)
- Sep'08 **Biofeedback** Training with Frank Andrasik, PhD
- Aug'08 **Prolonged Exposure Treatment for PTSD** training in an evidenced-based practice with Elizabeth A. Hembree, PhD (a 4-day training)
- Aug'08 **Assessment and Treatment of Sleep Disorders** with Stan Whitsett, PhD, TAMC
- Sep'07 **Applied Suicide Intervention Skills Training**
- Sep'07-present 4-month training in **Clinical Supervision** with Dr. Joy M. Tanji, PhD
- Aug'06-Jul'07 8-month training in **Multitheoretical Psychotherapy**
- Aug'06-Jul'07 **Career Counseling** Training
- Jul'07 **Mindfully Resolving Conflicts: Facilitation for Diversity Issues**, with Lee Mun Wah

- Jun'07 **Mental Health Recovery: What works**, with Steven Onken, PhD
- May'07 **Dying and Being with the Dying:** with Ram Dass, and Frank Ostaseski
- Jul'07 **Gestalt Therapy**, (a second, intermediate) **28-hour training On Scholarship** with Thomas A. Glass, Ph.D. and Harriet Glass, M.A., LMFT, ADTR
- Mar-Apr'07 6-week Training in **Multicultural Skills** in psychotherapy with Jeff Brooks-Harris, PhD
- Feb'07 **Introduction to Play Therapy**, with Gail Silva, PsyD
- Dec'06 **Family & Systems Therapy**, with Wayne Giancaterino, PhD
- Nov'06 **Sexual Assault intervention** at University of Hawaii- Manoa Campus
- Sept'06 **Narrative Therapy** at University of Hawaii- Manoa Campus
- Aug'06 **Gestalt Therapy**, a **28-hour** introductory training with Thomas A. Glass, PhD and Harriet Glass, M.A., LMFT, ADTR
- Aug'05 **Adolescent Development: Effectively Reducing Delinquency and Substance Abuse**, at The First Circuit of the Judiciary, Honolulu, HI with Dr. Marty Beyer, PhD
- Jun'05 **When Love is not Enough: Fighting the fires of RAD and ADHD** with Nancy Thomas

TRAINING RECEIVED IN ASSESSMENT

- Nov'08 **Advanced Interpretation of the MMPI-2 and Personality Assessment** taught by Roger Greene, PhD (2-day training)
- Jul'08 **Traumatic Brain Injury in Combat Returnees** with Dr. Patrick Armistead-Jehle
- Aug'06-Feb'07 **Career Counseling with Myers-Briggs Type Indicator, Strong Interest Inventory, Work Interest Inventory & Riso-Hudson Enneagram Type Indicator**
- May'07 **Surgical Grand Rounds** with Hawaii Medical Center East Department of Surgery-Transplant Institute **Psychological Assessment of Liver Transplant Candidates**
- Apr'07 **Global Assessment of Functioning Scale** training with Dr. Marvin Acklin, PhD
- Mar'07 **Society of Personality Assessment Annual Meeting**, Washington D.C.
- The Role of the Rorschach in Custody/Parenting Plan Evaluation
 - Assessing Defense Mechanisms with the TAT
 - Structural Approach to Clinical Interpretation of the TAT
 - Assessment of Malingering and Defensiveness in Forensic Evaluations
 - Multi-Method Assessment: combining the NEO-PI-R and the Rorschach; with S. Phillip Erdberg, PhD
- Jan'07 **Introduction to Therapeutic Assessment** with Stephen Finn, PhD
- Apr'05 **Advanced Rorschach Interpretation Workshop:** with Reneau Kennedy, PhD
- Mar'06 **Society for Personality Assessment: Scientific Exchange/Workshops**

- Psychological Damage Examinations: Personal Injury Evaluations, Reports, and Testimony
- Polymorphous Perversion and Psycopathy
- Sex, Lies and Scale 8: Assessing Sexual Abuse Allegations in Custody Dispute; with Alex Caldwell, Ph.D., Marvin Acklin, PhD
- Therapeutic Assessment: Definitions, Distinctions and Current Developments; with Steven E. Finn, PhD
- Rorschach Assessment of Personality Disorder; with S. Philip Erdberg, PhD
- Rorschach Coding Solutions for Comprehensive System; with Donald J. Viglione, PhD
- Considerations for Rorschach Research with Personality Disorders- What we have Learned from Study of Antisocial and Psychopathic Personalities
- Categorical and Dimensional Personality Disorder Diagnosis: Implications for Psychological Assessment; with Irving B. Weiner, PhD
- How Attachment Relationships Inform Custody Evaluators: Uses and Misuses of Attachment Literature

Argosy University- Honolulu and Diagnostic Practicum Seminar;
with Marvin W. Acklin, Ph. D

Achenbach Adult Behavior Checklist (ABCL)
 Achenbach Adult Self Report (ASR)
 Achenbach Child Behavior Checklist (CBCL)
 Achenbach Teacher Report Format (TRF)
 Achenbach Youth Self Report (YSR) for ages
 Adult Adolescent Parenting Inventory II (AAPI-II)
 Beck Depression Inventory (BDI-II)
 Beck Anxiety Inventory (BAI)
 Booklet Category Test (BCT)
 California Verbal Learning Test-II (CVLT-II)
 Children's Category Test (CCT)
 Children's Trail Making Test A & B
 Clinical Diagnostic Interview
 Computerized Assessment of Response Bias (CARB)
 Conflict Tactic Scale
 Conners' Continuous Performance Test-II (CPT-II)
 Dean-Woodcock Neuropsychological Battery
 Dean-Woodcock Sensory-Motor Battery (DWSMB)
 Dementia Rating Scale
 Developmental Test of Visual-Motor Integration (VMI)
 Draw A Person Test
 Dwire Acklin Relationship Compatibility Index
 Early Memory Protocol
 Emotional Status Examination
 Family Environment Scale
 Finger Tapping Test
 Grooved Pegboard Test
 Hand Dynamometer Test
 Interpersonal Adjective Scale
 Intimate Partner Violence Questionnaire
 Kinetic Family Drawing
 Lateral Dominance Test
 Memory Complaints Inventory (MCI)
 Millon Adolescent Clinical Inventory (MACI)

Millon Clinical Multiaxial Inventory- Third Edition (MCMI-III)
 Minnesota Multiphasic Personality Inventory- Second Edition (MMPI-2)
 Novaco Anger Scale and Provocation Inventory (NAS-PI)
 NEO Personality Inventory- Revised (NEO PI-R)
 Paced Auditory Serial Addition Test (PASAT)
 Paulhaus Deception Scale
 Personality Adjective Checklist (PACL)
 Personality Assessment Inventory (PAI)
 Psychiatric Diagnostic Screening Inventory (PDSQ)
 Rand Health Survey
 Rorschach Inkblot Technique (Exner System)
 Rotter Incomplete Sentences Blank- Second Edition (RISB)
 Semi-Structured Clinical Interview
 Sexual Behavior Inventory
 Shedler Westen Assessment Procedure (SWAP-200)
 Sleep Inventory
 Spousal Assault Risk Assessment
 State-Trait Anger Expression Inventory- Second Edition (STAXI-2)
 State-Trait Anxiety Inventory (STAI)
 Stroop Color and Word Test
 Structured Neuropsychological Interview
 Structured Parent Interview
 Substance Abuse Subtle Screening Inventory (SASSI)
 Symptom Checklist-90-R (SCL-90-R)
 Thematic Apperception Test (TAT)
 Trailmaking A & B
 Trailmaking A & B Child Version
 Trauma Symptom Inventory
 Validity Indicator Profile (VIP)
 Verbal Fluency Test
 Washington Sentence Completion for Women
 Wechsler Adult Intelligence Scale- Third Edition (WAIS-III)
 Wechsler Intelligence Scale for Children- Fourth Edition (WISC-IV)
 Wisconsin University Sentence Completion Test (WSCT)
 Wisconsin Cart Sort Test (WCST)
 Wonderlic Personnel Test (WPT) [
 Woodcock-Johnson Test of Achievement (WJ III ACH)
 Woodcock-Johnson Brief Intellectual Assessment (WJ III BIA)
 Woodcock-Johnson Test of Cognitive Abilities (WJ III COG)
 Word Memory Test (WMT)

Jun'05-Aug'06

Department of Veteran Affairs, Pacific Islands Health Care System, with Dr. Leslie Morland, Dr. Carolyn Greene and Dr. Edward Kubany

Assaultive Behavior Survey (ABS-2)
 Clinician Administered PTSD Scale for DSM-IV (CAPS)
 Life Events Checklist
 Novaco Anger Scale and Provocation Inventory (NAS-PI)
 Posttraumatic Stress Disorder Checklist- Military Form (PCL-M)
 Quality of Life Inventory (QOLI)
 State-Trait Anger Expression Inventory- Second Edition (STAXI-2)
 Structured Clinical Diagnostic Interview (SCID-I) for Axis I Disorders

Jun'08-Jun'0

Department of Veteran Affairs, Pacific Islands Health Care System, with Dr. Nadine Shigezawa

Minnesota Multiphasic Personality Inventory- Second Edition (MMPI-2)
 Posttraumatic Stress Disorder Checklist- Military Form (PCL-M)

Race-Related PTSD Scale
Beck Depression Inventory (BDI-II)

VOLUNTEER EXPERIENCE

Hawaii Psychological Association's **Psychologically Healthy Workplace Awards** Executive Committee Member and Site Visitor (2010- Present)

Executive Advisory Board Member for YogaEd Yoga for Healthcare Professionals Initiative (2015-Present)

HIGPS (Hawaii Group Psychotherapy Society) President-elect, under AGPA (American Group Psychotherapy Association), 2014-Present

President: Middle Eastern Dance Artists of Hawai'i (2013-Present)

American Red Cross Volunteer, August, 2009 to August, 2012 (over 500 hours)

Participant in study- **Item Development of Provider Level Cultural Competency Instrument**, for Adult Mental Health Division of Hawai'i via University of Hawai'i Department of Psychology and Department of Health, Mental Health Services Research and Evaluation

Participant in MASCAL, spring 2006 **Tripler Army Medical Center; Mass Casualty Disaster Response**

Hale Nani Health Center Resident Nursing Facility, Recreation Department: Honolulu

Gay, Lesbian, Transgender and Questioning Community Center, Support Counseling and Referral Service, Reception, Publication Research: Honolulu

Outreach, Crisis Intervention Hotline for College Populations in Suicide Prevention, Bereavement and Drug Issues: Greater New York

Americorps, Serving Under-Resourced Communities 2001-2003

International Dream Studies Conference, Participant and Volunteer: New York, New York

Make a Wish Foundation, Mind-Body Fitness promotion, Oceanside New York

Malverne Ambulance Corps, Emergency Medical care for Trauma and Medical Emergencies: New York

DKNY Cancer Benefit
1999, 2001

Blood Drive Committee
At University of Stony Brook, 1992

5th Annual Children's Worldfest of the Children's Cancer Society

PROFESSIONAL MEMBERSHIPS

Hawaii Group Psychotherapy Society (Founding Executive Member and President-elect): since 2014

Hawaii Group Therapy Association (Founding Member): since 2008

American Group Psychotherapy Association: since 2008

Hawaii Psychological Association: since 2005

Society for Personality Assessment: since 2005

American Psychological Association: since 2005

Affiliate of the following divisions

Division of Health Psychology (38)

Division of Psychotherapy (29)

Division of Humanistic Psychology (32)

**Society for the Study of Peace, Conflict and Violence:
Peace Psychology Division (48)**

American Red Cross: since 2007

American Safety and Health Institute: since 2004

The Institute of Noetic Sciences: since 2004

LANGUAGES

English

Spanish

(Japanese and Mandarin Chinese --One Year Study)

SKILLS and INTERESTS

Software Etc: (Experience with PC and Macintosh Computers)

Word

Meeting Maker XP

FileMaker Pro

Ehana

SPSS/PASW 18

CPRS

DHCP

Power Point

Professional Write

IMovie

Claris Works
Excel
AHLTA
TES Administration

[REDACTED]