

**Jean Anne Pammer**



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**PACU Nurse Clinician 2**

Suburban Hospital Johns Hopkins Medicine  
8600 Old Georgetown Road  
Bethesda, MD 20814  
301-896-3804

*September 2008-September 2011*

Recovery of immediate post-op patients. Experienced with all modes of anesthesia including local blocks, epidural, spinal and general inhalations. Patient population included orthopedics, full scope general surgeries, pediatrics, neurosurgery, thoracic and ENT. Setting involved both Phase 1 and Phase 2 PACUs with same day surgery patients as well as admissions. Coordinated care with anesthesiologists and surgeons. Patient education deemed an integral part of recovery.

**Per Diem Nurse**

Lockheed Martin Aspen-med  
2677 Prosperity Ave.  
Fairfax Va. 22031-4906  
703-310-0103

*January 2006-January 2009*

Worked as a contracted RN at Walter Reed Army Medical Center. Floated throughout The Surgical and Medical ICU's, PACU and Cardiac CCU. Experienced with OIF/OEF patients and the associated complex medical conditions of developing countries. This care includes psychiatric conditions such as PTSD and substance abuse as well as infectious diseases. Participated in ongoing research projects sponsored by the Henry Jackson Foundation. Proficient in CIS/CHCS computer systems.

**Registered Nurse 2**

Inova Fairfax Hospital/Inova Fairfax Hospital for Children/Inova Heart & Vascular Institute  
3300 Gallows Road,  
Falls Church, VA 22042  
Tel: (703) 776-3283

*September 2004-December 2005*

Provide care to acutely ill patients received directly from the operating room having undergone cardiac surgery, thoracic and transplant surgery. Proficient in monitoring hemodynamics through pulmonary artery catheters and arterial lines, stabilizing patients with vasopressors and vasodilators, antiarrhythmics, volume, blood products, etc. Well practiced in recovery from paralytics and sedation with ventilator respiratory support. Knowledgeable in effects of cardiac bypass pump and preventative techniques for potential complications. Exercised autonomy through use of protocols, highly acute assessment skills and critical thinking.

**Nurse Clinician 2**

Suburban Hospital Healthcare System  
8600 Old Georgetown Road,  
Bethesda, MD 20814  
Tel: (301) 896-3100  
*January 2004-August 2005*

A seventeen bed CCU with telemetry and hardwired monitored beds. Cared for a wide range of cardiac pathologies including post-op coronary stents, as well as, trauma and stroke. Participated in cardiac research protocols through a partnership with NIH. Significant experience in the monitoring and care of ICU Step-down patients.

**Nurse Specialist**

National Naval Medical Center  
8901 Wisconsin Avenue  
Bethesda, MD 20889-5600  
Tel: (301) 295-4549  
*November 2002-August 2005*

I was hired to introduce a telemetry unit on a medical ward. Responsibilities were to include initial setup of monitoring equipment and training of staff in rhythm interpretation, and to act as a cardiac resource. The war in Iraq caused a shift in focus when the USS Comfort deployed. I was instrumental in training a new staff of reservists and maintained unit integrity as they transitioned to patient care.

**Primary Nurse 2**

Sibley Memorial Hospital  
5255 Loughboro Road, N.W.  
Washington, DC 20016  
Tel: (202) 537-4000  
*June 1997-November 2002*

Responsibilities on this twelve bed critical care service/ cardiac unit included charge duties, mentoring new employees, holding patient teaching rounds and assisting on committees to improve nursing practice.

Continuously assessed patients with complex multi-system problems with emphasis on potential complications and appropriate treatment. Highly proficient in the use of potent intravenous medications, i.e. amiodarone, cardizem, nitroglycerin, dopamine, dobutamine, integrilin, and heparin. Knowledgeable in medication properties and side effects. Well practiced in titration of dosages. Actively participated in emergency situations through the use of ACLS protocols within the unit and throughout the hospital as a designated "Code Nurse". Adept at reading cardiac arrhythmias and 12 lead EKG interpretation, as well as operating highly technical monitoring equipment.

**Clinical Instructor**

Prince George's Community College  
301 Largo Road  
Largo, MD 20774  
Tel: (301) 322-0743  
*September-December 1996*

*February-May 1998*

Instructed final year nursing students on a sub-acute ward and med-surg unit. Supervised all aspects of nursing care. Evaluated and graded students on performance, written care plans and projects. Prepared and gave lectures in the classroom setting on trends and issues in nursing. Collaborated in generating exam questions and carrying out student exams.

**Registered Nurse** (volunteer)

"Health Care for the Homeless Project"

Central Union Mission

1631 14<sup>th</sup> St., NW

Washington, DC 20009

Tel: 202-328-1084

*March-August 1996*

R.N. in a busy medical clinic. Duties included assisting the doctor with examinations and treatments, routine blood draws and dispensing medications from the in-house pharmacy. Also, coordinated services between social work, psychiatry and local hospitals.

**Case Manager**

**Acting Clinical Supervisor**

Olsten Kimberly Quality Care

*June-October 1994*

**Case Manager** - Coordinated and provided all aspects of home health care for both adult and pediatric clients. Cases involved IV antibiotic and TPN infusions, blood-draws, central line maintenance, life support at home, as well as patient education relative to meeting care plan goals.

**Acting Clinical Supervisor** – Responsibilities included accepting referrals, complete admission along with assignment of duties and assurance of payment (including private pay, insurance, Medicaid and workman's comp.). Performed supervisory visits to evaluate client/caregiver status. Maintained JCAHO standards within the office and personnel through in-service, skills check-offs, TB and HepB updates along with chart audits.

**Staff Nurse 1**

King Faisal Specialist Hospital and Research Centre

P.O. Box 3354

Riyadh, 11211

Saudi Arabia

*March 1991-April 1994*

Cardiovascular Telemetry Unit – Provided total care on a 36 bed unit with 18 monitored beds. Patient profiles ranged from cardiac catheterization, PTCA, s/p acute MI, CHF with multi-system failure to CV surgical patients including cardiac transplants, also a vast array of pediatric anomalies.

Knowledgeable and proficient in the use of inotropic drug infusions and noninvasive cardiac monitoring. Highly acute assessment and implementation skills needed in this active critical care step down unit.

**Staff Nurse 1**

King Faisal Specialist Hospital and Research Centre

*August 1984-August 1988*

A2 – Charge and care nurse for 22 orthopedic and general surgery patients.

MCU – Charge and care nurse for 10 acute cardiac patients. Responsibilities included: Delegation of duties, interpretation of rhythm strips, and continual assessment of patient status to ensure proper treatment. Assurance of adequate unit coverage. Actively involved in development of standards of care, orientation of new employees, participation in various symposiums.

**Senior Staff Nurse**

King Abdul Aziz Military Hospital  
Whittaker Corporation  
PO 80x 100  
Tabuk, Saudi Arabia  
*July 1983 - August 1984*

Rendered professional nursing care to Saudi Arabian patients in a multinational hospital setting. Alternate charge nurse for 25 patients on both a female surgical and male medical ward. Conducted discharge teaching projects geared toward patients needs as well as relevant in-services for other staff members. Maintained JCAH standards in spite of various cultural differences and environmental limitations.

**Primary Nurse I**

University of Maryland  
Post Anesthesia Care Unit  
22 South Greene Street  
Baltimore, Maryland 21201  
*October 1982 - July 1983*

Responsible for post anesthesia patient care delivery utilizing the nursing process. Managed PACU environment throughout the patient's post anesthesia stay with emphasis on ventilatory management and the effects of anesthesia. Ongoing assessment of all body systems continuously reporting to anesthesiologists and surgeons. Care of critical patients with intensive pulmonary techniques through the use of mechanical ventilators and hemodynamic swan-ganz and arterial monitoring equipment. Adept at evaluating technical data as it applies to patient status. Integrated multiple interdisciplinary systems to achieve optimal patient outcomes.

**Primary Nurse I**

University of Maryland  
Thoracic Surgery  
22 South Greene Street  
Baltimore, Maryland 21201  
*September 1981-October 1982*

Total care of patients in acute care settings charge nurse for 18 patients including supervision of other RNs, LPNs and nursing assistants. Patient population included pre and post CABG, valve surgeries, cardiac catheterizations, pacemakers, MI's and lobectomies. Assessed for arrhythmias through the use of bedside cardiac monitors. Conducted patient education with regard to pre-operative home teaching of techniques such as dressing changes, tracheostomy care and post surgical care. Primary nursing responsibility for 24 hour care of patients through written care plans.

**Intern**

University of California  
Operating Room

San Francisco, California  
January 1981

Independent study of the operating room with training as circulating and scrub-nurse.

**COSTEP - Public Health Service**  
Baltimore Cancer Research Center  
22 South Greene Street  
Baltimore, Maryland 21201  
June –August 1981

Program for student nurses involving the total care of ICU patients under supervision of RNs. Introduced to cardiac and hemodynamic monitoring and its role in patient assessment. Administration of chemotherapy antibiotics and antifungal agents. Experienced with the use of Hickman Catheters. Proficient in Infection-Control techniques and familiar with the care of patients in Laminar Airflow rooms. Development of psychosocial skills as applicable to the cancer patient i.e. changes in body image and the terminally ill patient.

### **Certifications**

AHA PALS Provider, February 2013  
AHA ACLS Provider, October 2014  
AHA BLS for Healthcare Provider, April 2014  
Hawaii R.N. License [REDACTED]  
Virginia R.N. License [REDACTED] (inactive)  
Maryland R.N. License [REDACTED] (inactive)  
District of Columbia R.N. License [REDACTED] (inactive)

### **Education**

Advanced Hemodynamic Monitoring, [REDACTED]  
Continuous Renal Replacement Therapy Education, [REDACTED]  
VAD – Clinical Management, [REDACTED]  
Maze Procedure, [REDACTED]  
Advanced Medication Management, [REDACTED]  
Seminar for Intra-Aortic Balloon Pumping, [REDACTED]  
Critical Care Fellowship, [REDACTED]  
Essentials of Critical Care: An Introduction to Critical Care Nursing, [REDACTED]  
University of Maryland at Baltimore, Critical Care Nursing – Level I, [REDACTED]  
University of Maryland School of Nursing, Bachelor of Science in Nursing, [REDACTED]