

Resume

Anne Trygstad, RN, BSN

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September 1, 2009 - Present

Nursing Instructor, University of Hawaii Maui College
Associate Degree Registered Nursing Program (ADRN)
- Didactic, lab and clinical instruction - N210, N360
- Coordinator, UHMC Nursing Peer Mentorship Program
- Coordinator, UHMC Nursing Student Volunteers
- Member – Curriculum and Policy Committees

June – August, 2013

Online Instructor, South University MSN Program

2005 – 2009

Registered Nurse Community Project Coordinator
-Kula Hospital, Maui, Hawaii
-Community Outreach and Health Education
-Community Health Needs Assessment & Development
-Compassionate Care Certified Trainer

2002-2005

Registered Nurse Case Manager
- Maui Memorial Medical Center, Maui Hawaii
- Multi-disciplinary patient care coordination

1997-2002

Relief Charge Nurse, Intensive Care Unit
Maui Memorial Medical Center, Maui, Hawaii
- Direct care for intensive care patients
- Supervised 5-6 RNs and 1 nursing assistant
- Preceptor for entry-level intensive care RNs

1987-1996

Relief Charge Nurse, Intensive Care Unit
Sharp-Grossmont Hospital, La Mesa, California
- Direct care for intensive care patients
- Supervised 5-6 RNs and 1 nursing assistant
- Preceptor, entry-level intensive care RNs
- Instructor: American Heart Association Basic Life
- Support Cardiovascular Resuscitation
- Sharp-Grossmont Hospital Staff Trainer:
Peritoneal and Arterio-Venous Hemodiafiltration.

1984-1987

Sharp-Grossmont Hemodialysis RN III
- Performed acute, chronic and continuous
hemodialysis, supervised six dialysis technicians.

Educational Background:

████████████████████

South University, Masters of Science in Nursing

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University of Phoenix, Bachelor of Science, Nursing

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San Diego City College, Associate Degree, Nursing

Honors:

2008

Hawaii Pacific Gerontological Society
Na Lima Kokua Ma Wasena O Makua Award
Contribution to Science of Gerontology in Hawaii

2005

Hawaii State Legislature Commendation
Community Health Award – “Going Home” Program
Senator Rosalyn Baker

2005

Innovation Award
Hawaii Health Systems Corporation

1995

University of Phoenix Honor Society

1984

San Diego City College Honor Society
Class President, Valedictorian

Community Appointments

2012 to present

Chair/ Vice-Chair, SHPDA Tisac
Hawaii State Health Planning and Development Agency
Tri-Isle Subarea Health Planning Council

2010

Council Member, Tri-Isle Health Planning Council
Hawaii State Health Planning and Development Agency

2009

Mayor’s Council on Health, Vice-Chair

2007-2008

Member, Maui Health Care Initiative Taskforce
Long Term Care Sub-committee

2003-2011

Aging with Aloha Coalition
Co-Chair, Policy and Advocacy Committee

Licenses / Certificates

Hawaii Registered Nursing License – ██████████
American Red Cross Basic Life Support