

Scott Shimabukuro, Ph.D. ABPP

Clinical Psychologist [REDACTED]

License & Certification:

Clinical Psychologist in the State of Hawaii. [REDACTED]

ABPP Board Certified Couples and Family Psychologist [REDACTED]

Skills:

- Assistant administration of operations & practice development management of the Child and Adolescent Mental Health Division, State of Hawaii.
- Diplomate in Couples and Family Psychology (American Board of Professional Psychology)
- Training and dissemination of evidence-based treatment and therapeutic elements locally and nationally.
- The provision of live supervision.
- Expertise in wraparound, couples & family therapy and community-based family therapy with diverse populations addressing a wide range of problems. Emphasis has been on strategic and structural family therapeutic modalities with multi-stressed families.
- Experience in youth correction as a private consultant to the detention facility and interim Branch Chief of the Family Court Liaison Branch.
- The administrative management of clinical services (Director of Clinical Services) spanning a wide array of programs including school-based counseling, school-based day treatment, Non-Public School, residential treatment, community-based services and others, in an agency with annual budget of \$20 million. Funding sources varied by program including school districts, county, state, and private funding through individuals, corporations and foundations.
- The division director of the largest section of Lincoln Child Center, WrapAround & Family Services, a \$13 million division servicing youth and families in Alameda County with oversight of 80+ employees.
- Certified trainer for the treatment of sexual offenders by the Kempe Children's Foundation and member of the State's Sexual Offender Management Taskforce (SOMT).
- Certified suicide prevention trainer (ASIST) by Living Works.
- Clinical hypnosis

Education:

Wright Institute (APA accredited institution)
Berkeley, California
Ph.D. in Clinical Psychology
[REDACTED]

Colorado State University
B.A. Music Therapy
Fort Collins, Colorado
[REDACTED]

Selected Professional Experience:

- Sept. 2008 - present Scott K Shimabukuro, Ph.D. ABPP LLC - Independent Practice
2525 S King St Ste 306
Individual, couples, family therapy, consultation and training.
- July 2007 - present Department of Health, Child and Adolescent Mental Health Division
Assistant Administrator of Operations
Practice Development Manager
Clinical Psychologist (Clinical Services Office)
Branch Chief (Temporary Assignment) (Family Court Liaison Branch)
Provides training, consultation, program development and system supervision to both state and independent mental health providers statewide.
- 2009 - Present Clinical Affiliate, University of Hawaii
Partnership with University of Hawaii School of Psychology including research, Evidence-Based Services Committee and guest lecturing.
- June 2006 - June 2007 Medical Education Collaborative
Education Development Advisory Committee (EDAC) Member
Provide consultation to the EDAC whose purpose is to broaden and enhance the sources of information and expertise available to MEC staff and Board of Directors in order to improve MEC's educational outreach and success.
- Sept 2005 - 2008 Council for Human Rights of Children
Member
CHRC is a by invitation think tank in cooperation with the University of San Francisco and the Robbins-Madanes Institute supporting and problem solving issues involving the treatment of youth.
- Sept. 2005 - June 2007 Scott K Shimabukuro Consultants
Consultant
Training and consultation to providers and agencies regionally including Live supervision training.

- Sept. 2006 - *Fremont Family Resource Center*
May 2007 Clinical Supervisor
Provided clinical and programmatic supervision of the Family Support Services program (FSS) and the Family Service Team (FST), clinical training for agencies at the resource center, as well as functioned on the strategic planning and continuous quality improvement committees.
- Sept. 2004- *Sunny Hills Children's Garden*
Sept. 2006 Director of Training, Quality and Research
Responsible for the development of a training program with components of a professional development center providing training to region, internal training curriculum maintaining an evidenced-based approach to services, CQI, research, and special projects.
- June 2003 - *Lincoln Child Center*
Sept. 2004 Director of Wrap-Around & Family Services
Responsibilities include administrative management, clinical oversight & training and direct-services for family-driven, community-based programs in the Wrap-Around Division of Lincoln Child Center. These programs include Therapeutic Behavioral Services (TBS), a Transitional Program for youth moving from one setting to another and a full-scope of service community-based program working to re-unify families with their youth. \$13M budgeted division.
Oakland, CA
- Feb. 2001 - *Lincoln Child Center*
June 2003 Director of Clinical Services
Responsibilities include administrative management, clinical oversight and training for family-driven services and direct clinical services for a wide array of programs serving hundreds of children a year. These programs include various levels of residential care; day treatment/NPS and various community based services (home based, school based, etc.).
Oakland, CA
- June 1999 - *Project Destiny – Lincoln Child Center*
Feb. 2001 Program Supervisor
Therapist
Supervising Lincoln Child Center's program, Project Destiny. Responsibilities include program development, providing clinical training in various areas of family therapy, coordination with the school systems, the clinical supervision of therapists, budget management, interagency operations (coordinating services on a consortium with sibling agencies), as well as the delivery of direct services such as family & adult and child individual therapy and case management for a wide range of problems.
Oakland, CA.

Research, Academic and Community Presentations and Training:

- Nov. 6, 2015 Presenter: Supporting Your Child's Success in School, K-1 Punahou School.
- Oct. 27, 2015 Presenter: Resiliency, University of Hawaii School of Social Work.
- July 14, 2015 Presenter: An Approach to Children Who are Oppositional: Toolkit part 2, Kahi Mohala Behavioral Health Hospital, Sutter Health, Ewa Beach, HI.
- May 18, 2015 Keynote Speaker: Resilience: Bouncing Back, Pac Rim Conference, Hawaii Convention Center, Honolulu, HI
- May 11, 2015 Presenter: Motivational Interviewing; Hawaii Youth Correctional Facility, Youth Correctional Officer's training.
- Apr. 29-30, 2015 Applied Suicide Intervention Skills Training, Hawaii Youth Correctional Facility, Youth Correctional Officer's training.
- Apr 14, 2015 Presenter: An Approach to Children Who are Oppositional part 1, Kahi Mohala Behavioral Health Hospital, Sutter Health, Ewa Beach, HI.
- Feb. 21, 2015 Co-presenter: Self-Care; Hawaii Preschool Positive Engagement Project, Waikiki
- Feb. 20, 2015 Presenter: Understanding Trauma; 5th Circuit Court, Kauai.
- Nov. 6, 2014 Presenter: Introduction to Psychological Wellbeing; Hawaii Youth Service Network, Honolulu.
- Aug. 25, 2014 Presenter: Disruptive Behaviors; A Toolkit, Catholic Charities, Honolulu.
- Feb. 20, 2014 Co-Presenter: Caregiving to Youth in the Mental Health System: A Training for Resource Families, Hale Na'au Pono, Waianae, HI.
- Oct. 4, 2013 Presenter: Parent Partner Skill Building: Using Your Story, Hawaii Families As Allies, Honolulu.
- Sept. 6, 2013 Presenter: Psychological Turning Points; Beyond Resilience to Post-traumatic Growth, 2nd Annual Pacific Regional Behavioral Health Summit, Tripler Army Medical Center.
- April 6, 2013 Presenter: Raising Resilient Children, Special Parents Information Network, University of Hawaii.
- Sept. 21, 2012 Presenter: Active Parenting: A Healthy Mindset; Punahou School, Honolulu, HI
- Sept. 13, 2012 Presenter: Working with Transition Age Youth: The Ho'omohala Project, Pearl Country Club, HI
- May 31, 2012 Presenter: Process vs. Outcome in the Classroom; Punahou School (for teachers),

HI

- Apr. 21, 2012 Presenter: Raising Resilient Children, Special Parents Information Network, University of Hawaii, HI.
- Jan. 12, 2012 Presenter: Active Parenting: A Healthy Mindset; Punahou School, Honolulu, HI
- Jan 9, 2012 Presenter: Working with At-Risk-Youth; After School All Stars, Honolulu, HI
- May 25, 2011 Presenter: Empowerment and Meeting People Where They Are; the Stages of Change, Judiciary Office, Kapolei, HI.
- April 16, 2011 Presenter: Raising Resilient Children, SPIN conference, Honolulu, HI
- Dec. 10, 2010 Presenter: Introduction to Motivational Interviewing, Honolulu Community Action Program, HI.
- Nov. 20, 2010 Presenter: Accessing Positive Memories; Grieving a Suicide. Prevent Suicide Conference; Survivors, Providers and Community Partners-in-Action, Honolulu, HI.
- Aug. 6, 2010 Panel Expert: Suicide; Peace of the Rainbow – Tiny TV, Honolulu, HI.
- July 15, 2010 Panel Expert: Teen Suicide; PBS INSIGHTS, Honolulu, HI.
- Feb. 8, 2010 Presenter: The Cup Half Full; Fostering Optimistic Thinking in Children, Punahou High School, HI
- May 5, 2009 Co-presenter: Transition to Adulthood; Pac Rim Conference, Honolulu, HI.
- Feb. 21, 2009 Presenter: Children, Families & Suicide; Changing Trajectories; Suicide Across the Life Span; National Association of Mental Illness, Honolulu, HI.
- Dec. 11-14 2008 Presenter: The Fire Drill; Rehearsing New Family Interactions: Brief Therapy Conference, San Diego, CA.
- Nov. 2008 Presenter: Family Intervention in Suicide Prevention: Suicide Prevention Conference, Honolulu, Hawaii.
- Oct. 2008 Presenter: Teen Suicide: Get the 411 on today's youth, Honolulu, Hawaii.
- April 2007 Guest Lecturer: Language in Psychotherapy, California State University; East Bay, Hayward, CA.
- March, 2007 Presenter: Engaging Reluctant Families, 2007 Partnership Conference California Alliance of Child and Family Services, Sacramento, CA.
- Jan. 14, 2007 Presenter: Non-essentialism in psychotherapy; Council for Human Rights of Children, La Jolla, CA.
- Dec. 7, 2006 Presenter: U-Turns: Avoiding Therapeutic Dead Ends, Anaheim, CA Brief

Therapy Conference.

- Sept 2005-
June 2006 Co-instructor: Live supervision seminar, San Francisco, CA
- March 10,
2006 Presenter: Transformation of Problematic Behaviors, 2006 Partnership Conference, California Alliance of Child and Family Services, Sacramento, CA.
- July 31-Aug.5
2005 Presenter and Participant: Providers and Child Protective Services: An Arranged Marriage; Council on the Human Rights of Children; Oxford, England.
- October, 2005 Presenter: Engaging Reluctant Families, American Association of Children's Residential Centers, Anaheim, CA.
- March 10, 2005 Presenter: Meaning and Motivation: The Gas and the Carrot, 2005 Partnership Conference, California Alliance of Child and Family Services, Sacramento, CA.
- Dec. 2, 2004 Presenter: Looking Two Steps Back, 9th International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy, Phoenix, Az.
- March, 2004 Presenter: 3 Steps Behind, 2004 Partnership Conference, California Alliance of Child and Family Services, Sacramento, CA.
- Dec. 13, 2003 Presenter: Strategic Family Reintegration: Brief Therapy Conference, San Francisco, CA
- Oct. 27, 2003 Presenter: Fire Drill: Rehearsing New Family Interactions, 10th Annual Family Strengths Conference, Sacramento, CA.
- March 14, 2003 Presenter: Engaging the Reluctant Family, 2003 Partnership Conference, California Alliance of Child and Family Services, Sacramento, CA.
- December 2002 Presenter: Strategic Family Reintegration, Brief Therapy Conference; Orlando, FL.
- April 13, 2002 Presenter: Teaching Parents to Take Charge of Difficult Teens, Birmingham, Michigan
- June 11, 2001 Presenter: Community based services to high need children; Child Welfare Association of America; Denver, Colorado
- 1990 Grant written to implement a music therapy program for San Francisco Community Mental Health; Pacific Presbyterian Medical Center.
- 1988-1993 Board Certified Music Therapist

Professional and Administrative Appointments:

- Nov. 2014 – Juvenile Justice Interagency Cluster group
present
- Sept. 2013 – Hawaii Sex Offender Management Team
Present
- 2013 – Hawaii Interagency Statewide Youth Network of Care
present
- 2012 - Juvenile Detention Alternatives Initiative workgroup
present
- 2010 - Hawaii Wraparound Services Coordinating Committee
present
- July 2007 – Hawaii Suicide Prevention taskforce
2014

Selected Educational Experiences:

- ████████ Supervision in strategic family therapy with Cloe Madanes.
- ████████ Supervision in strategic family therapy from Jerry Price, M.A.
- ████████ Supervision & training in Ericksonian, family, strategic and hypnotic therapies with Michele Ritterman, Ph.D.
- ████████ Ericksonian therapy training with John Frykman, Ph.D., Cypress Institute.

Professional Associations

- American Psychological Association
- American Board of Professional Psychology
- American Academy of Couple and Family Psychology
- Society of Child and Adolescent Psychology

Research & Publications:

Korathu-Larson, P., Nakamura, B.J., Higa-McMillan, C.K., Cicero, D.C., Hayashi, K., & Shimabukuro, S.K. (2015, November). *Changes in Evidence-Based Practice Utilization following Modularized Workshop Trainings: Differential Patterns Across Externalizing/Internalizing Techniques*. Poster presented at the 49th Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Nakamura, B. J., Selbo-Bruns, A., Okamura, K. H., Chang, J. P., Slavin, L., & Shimabukuro, S., (2014). Developing a Systematic Evaluation Approach for Training Programs within a Train-the-Trainer Model for Youth Cognitive Behavior Therapy. *Behaviour Research and Therapy*, Feb; 53:10-9

Nakamura, B. J., Mueller, C. W., Higa-McMillan, C., *Okamura, K., H., *Chang, J. P., Slavin, L., & Shimabukuro (2014). Engineering youth service system infrastructure: Hawaii's continued efforts at large-scale implementation through knowledge management strategies. *Journal of Clinical Child and Adolescent Psychology*, Vol. 43, No. 2, 01 Mar 2014, 179-189.

Nakamura, B. J., Higa-McMillan, C., Shimabukuro, S. & Slavin, L. (2013, November). Patterns of evidence-based practice knowledge among public sector youth mental healthcare providers. In B. Nakamura (Chair) and A. Jensen-Doss (Discussant), *It depends on what you ask and who you are asking: Refining our understanding of factors that affect youth evidence-based practice implementation*. Symposium submitted to the annual convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Selbo-Bruns, A., Nakamura, B. J., Slavin, L. & Shimabukuro, S. (2013, November). Assessing behavioral intention towards using evidence-based practices among community clinicians serving children and families. In B. Nakamura (Chair) and A. Jensen-Doss (Discussant), *It depends on what you ask and who you are asking: Refining our understanding of factors that affect youth evidence-based practice implementation*. Symposium submitted to the annual convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Nakamura, B. J., *Selbo-Bruns, A., *Okamura, K. H., *Chang, J. P., Shimabukuro, S., & Slavin, L. (under review). *A multiple-baseline investigation on supervisor and therapist skill acquisition using a train-the-trainer model*. Manuscript in preparation. *Journal of Consulting and Clinical Psychology*.

Okamura, K. H., Selbo-Bruns, A., Nakamura, B. J., Chang, J. P., Janicki, C., Slavin, L., & Shimabukuro, S. (2012). *Training community mental health supervisors on implementing active learning strategies for teaching evidence-based practices*. Paper submitted for presentation at the Forty-Sixth Annual Convention of the Association of Behavioral and Cognitive Therapies, National Harbor, MD

Lim, A., Nakamura, B. J., Higa-McMillan, Shimabukuro, S., & Slavin, L. (2012). Effects of workshop trainings on evidence-based practice knowledge and attitudes among youth community mental health providers. *Behaviour Research and Therapy*, 50, 397-406.

Nakamura, B. J., Selbo-Bruns, A., Okamura, K. H., Chang, Slavin, L., & Shimabukuro, S. (2012, November). A multiple-baseline train-the-trainer investigation on supervisor and therapist skill acquisition in modular cognitive behavior therapy for youth. In J. Edmunds (Chair) and B. McLeod (Discussant), *Disseminating youth evidence-based practices in community settings: Attending to training and treatment fidelity*. Symposium submitted to the annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

[book review] "A book by any other name..." *PsycCRITIQUES*, (2011), Vol 56(12).

Nakamura, B. J., Higa-McMillan, C., *Okamura, K. & Shimabukuro, S. (2011). Knowledge of and attitudes towards evidence-based practices in community child mental health practitioners. *Administration and Policy in Mental Health and Mental Health Services Research*, 38, 287-300.

Shimabukuro, Scott K., (2008). "Horny men and picky women," *Kane Magazine* (Psychology article for popular consumption)

[book review] "A bird's-eye view for the treatment of conduct-disordered young people," (2008) *PsycCRITIQUES*. Vol 53 (24).

Shimabukuro, Scott K., (2007). Strategic Therapy's Second Contribution, *Journal of Brief Strategic and Systemic Therapies*, Vol 1, Issue 1.

Shimabukuro, Scott K., (2005). Engaging Reluctant Families, *Journal of Residential Treatment for Children and Youth*.

Shimabukuro, Scott K., Models, Truth and Utility, (2003) *Journal of Systemic Therapies*, Vol. 22, No. 2, p. 60

Dissertation Topic: The Independent Psychologists' Definition of Successful Treatment.

Thesis: Death Anxiety in the Lutheran and Jodo Shin Shu Buddhist church.