

JAN 21 2016

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# A BILL FOR AN ACT

RELATING TO MEDICINE.

**BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF HAWAII:**

1           SECTION 1. The legislature finds that the United States  
2 devotes far more of its economy - 17.4 per cent of its gross  
3 domestic product - to health than any other country. In 2013,  
4 United States health care spending reached \$2,900,000,000,000,  
5 or about \$9,255 per resident. Chronic diseases have played an  
6 important role in this cost escalation and it is estimated that  
7 preventable diseases account for approximately seventy-five per  
8 cent of national health expenditures. According to the federal  
9 Centers for Disease Control and Prevention, in 2010, seven of  
10 the top ten causes of death among Americans were from chronic  
11 diseases. Heart disease and cancer account for nearly forty-  
12 eight per cent of all deaths. The legislature further finds  
13 that chronic disease is one component of the overall health and  
14 health care cost challenges faced within the country. Changes  
15 in nutrition and lifestyle behavior are therefore a key part of  
16 the solution to managing chronic disease and moderating future  
17 health care costs.



1           The legislature additionally finds that physicians are  
2 uniquely positioned to educate patients about the links among  
3 chronic disease, diet, and physical activity. However, fewer  
4 than twenty-five per cent of physicians believe they have  
5 sufficient training to talk to patients about nutrition or  
6 physical activity and less than one-eighth of medical visits  
7 include counseling for nutrition. A 2010 survey of nutrition  
8 education in the country's medical schools found that nutrition  
9 education was covered inadequately or unevenly throughout all  
10 levels of medical training. In addition, more than one-half of  
11 medical school graduates do not believe the nutrition education  
12 they receive is sufficient for medical practice.

13           The purpose of this Act is to require the John A. Burns  
14 school of medicine to convene a working group to discuss  
15 nutrition and lifestyle behavior for the prevention and  
16 treatment of chronic disease and report to the legislature prior  
17 to the convening of the regular session of 2018.

18           SECTION 2. (a) The John A. Burns school of medicine shall  
19 convene a working group of interested parties to discuss  
20 nutrition and lifestyle behavior changes for the prevention and



1 treatment of chronic disease, including exploring the potential  
2 benefits of:

3 (1) Periodically disseminating information and educational  
4 material regarding the prevention and treatment of  
5 chronic disease, through the application of changes in  
6 nutrition and lifestyle behavior, to each licensed  
7 physician and surgeon and each hospital in the State;  
8 and

9 (2) Setting content standards for continuing education  
10 requirements concerning chronic disease, including  
11 appropriate information on prevention of chronic  
12 disease, and treatment of patients with chronic  
13 disease through changes in nutrition and lifestyle  
14 behavior.

15 (b) The working group shall convene no later than July 1,  
16 2017.

17 (c) The working group shall submit a report of its  
18 findings and recommendations, including any proposed  
19 legislation, to the legislature no later than twenty days prior  
20 to the convening of the regular session of 2018.

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# S.B. NO. 2154

1 SECTION 3. This Act shall take effect on July 1, 2016.

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# S.B. NO. 2154

**Report Title:**

John A. Burns School of Medicine; Working Group; Physicians;  
Chronic Disease; Nutrition and Lifestyle Behavior

**Description:**

Requires the John A. Burns school of medicine to convene a working group to discuss nutrition and lifestyle behavior for the prevention and treatment of chronic disease before July 1, 2017. Requires a report to the legislature prior to the convening of the regular session of 2018.

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