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## A BILL FOR AN ACT

RELATING TO AFTERSCHOOL PROGRAMS FOR ELEMENTARY SCHOOL STUDENTS.

**BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF HAWAII:**

1           SECTION 1. The legislature finds that in the United  
2 States, more than one-fourth of school-age children are left  
3 alone and unsupervised during after-school hours. The majority  
4 of these children are elementary and intermediate school  
5 students, who are at a time in life when various types of  
6 temptations surround them.

7           The legislature further finds that to counter such problems  
8 at the elementary school level in Hawaii, the afterschool plus  
9 (A+) program was created in 1990 to provide an avenue to keep  
10 elementary school students in a safe and nurturing environment  
11 from the time the school day ends until the time that these  
12 children are picked up by their families. Moreover, the  
13 legislature finds that the A+ program has been operating  
14 successfully for the past decade, with more than eighteen  
15 thousand elementary school students enrolled in A+ programs in  
16 more than one hundred eighty elementary schools statewide.  
17 Approximately two-thirds of A+ program sites are managed by



1 independent contractors, such as the YMCA and Kamaaina Kids, and  
2 one-third are managed by department of education personnel.

3 The legislature further finds that for the past decade, an  
4 evidence-based physical-activity and nutritional-education  
5 program called Fun 5 has been operating successfully in nearly  
6 all of these locations as an integral part of the A+ program.  
7 The Fun 5 program provides training for all A+ program group  
8 leaders, the personnel who work directly with the children;  
9 supplies manuals and playground equipment; and provides hands-on  
10 instruction for physically active games and nutritional  
11 enlightenment.

12 In addition, the legislature finds that the Fun 5 program,  
13 which for many of its participants is the only organized  
14 physical activity that they experience in a day, has shown  
15 positive results in boosting the children's level of physical  
16 activity, reducing their rate of obesity, and increasing their  
17 consumption of fruits and vegetables. These achievements are  
18 accomplished through a hands-on and enjoyable program that  
19 promotes five servings of fruits and vegetables per day and at  
20 least thirty minutes of active physical exercise five days per  
21 week.



1       The legislature further finds that the kind of physical and  
2 nutritional activities that exist in this evidence-based  
3 physical-activity and nutritional-education program are and  
4 should be an integral part of the A+ program. However, since  
5 the establishment of the Fun 5 program a decade ago, nearly all  
6 funding for this program has come from private donations, a  
7 situation which has become significantly more difficult to  
8 maintain and which has substantially diminished the potential  
9 impact of the program.

10       The legislature further finds that the overall cost of  
11 operating the Fun 5 program averages approximately \$1 per child  
12 per month, which covers the training activities and equipment  
13 replenishment requirements for after-school activities but not  
14 the data collection necessary to sustain the program. Given the  
15 vital importance of physical activity and healthy eating to  
16 optimal childhood development and obesity prevention, the  
17 legislature finds that it is essential that funding for an  
18 evidence-based physical-activity and nutritional-education  
19 program be institutionalized within the budget of the A+ program  
20 itself.



1           The purpose of this Act is to establish an evidence-based  
2 physical-activity and nutritional-education pilot program within  
3 the A+ program.

4           SECTION 2. (a) There is established within the department  
5 of education's after-school plus program, the A+ program, an  
6 evidence-based physical-activity and nutritional-education pilot  
7 program. The pilot program shall provide regular physical  
8 exercise and nutritional education in a manner that promotes  
9 active participation as an integral part of the A+ program and  
10 that meets the State's goals for a healthy diet and adequate  
11 exercise. The pilot program shall be for five years, ending on  
12 June 30, 2020.

13           (b) Any funding for the pilot program shall be included  
14 within the A+ program budget and shall include funding for:

- 15           (1) Support for training of all A+ program coordinators  
16                 and group leaders;
- 17           (2) Necessary playground equipment and nutritional tools;
- 18           (3) Collection of data for the pilot program; and
- 19           (4) Periodic evaluation of the effectiveness of the pilot  
20                 program.



1 (c) The organization and management of training, data  
2 collection and management, and equipment replenishment for the  
3 pilot program shall be carried out by an independently-  
4 contracted private entity, under the supervision of the  
5 department of education.

6 (d) The department of education may establish  
7 participation fees within the A+ program in an amount sufficient  
8 to maintain the pilot program in all elementary schools operated  
9 by the department of education.

10 (e) The private entity independently contracted pursuant  
11 to subsection (c), in conjunction with the department of  
12 education, may seek funds from other public and private sources  
13 to supplement the costs of managing, expanding, and improving  
14 the pilot program.

15 (f) The department of education may adopt rules pursuant  
16 to chapter 91, Hawaii Revised Statutes, to implement this  
17 section.

18 SECTION 3. There is appropriated out of the general  
19 revenues of the State of Hawaii the sum of \$ or so much  
20 thereof as may be necessary for fiscal year 2015-2016 and the



1 same sum or so much thereof as may be necessary for fiscal year  
2 2016-2017 for the purposes of this Act.

3 The sums appropriated shall be expended by the department  
4 of education for the purposes of this Act.

5 SECTION 4. There is appropriated out of the general  
6 revenues of the State of Hawaii the sum of \$ or so much  
7 thereof as may be necessary for fiscal year 2015-2016 and the  
8 same sum or so much thereof as may be necessary for fiscal year  
9 2016-2017 for the payment of after-school plus program fees,  
10 including those for an evidence-based physical-activity and  
11 nutritional-education pilot program, for the children of  
12 families who are eligible for the temporary assistance for needy  
13 families program.

14 The sums appropriated shall be expended by the department  
15 of human services for the purposes of this Act.

16 SECTION 5. This Act shall take effect on July 1, 2015

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INTRODUCED BY:

Mark J. Hasbun

JAN 23 2015



# H.B. NO. 731

**Report Title:**

Afterschool Programs; Elementary-School Students; Appropriation

**Description:**

Establishes a five-year evidence-based physical-activity and nutritional-education pilot program within the A+ Program in Hawaii's public elementary schools. Makes appropriations.

*The summary description of legislation appearing on this page is for informational purposes only and is not legislation or evidence of legislative intent.*

