

House District _____

Senate District _____

THE TWENTY-EIGHTH LEGISLATURE
APPLICATION FOR GRANTS
CHAPTER 42F, HAWAII REVISED STATUTES

Log No: _____

For Legislature's Use Only

Type of Grant Request:

GRANT REQUEST – OPERATING

GRANT REQUEST – CAPITAL

"Grant" means an award of state funds by the legislature, by an appropriation to a specified recipient, to support the activities of the recipient and permit the community to benefit from those activities.

"Recipient" means any organization or person receiving a grant.

STATE DEPARTMENT OR AGENCY RELATED TO THIS REQUEST (LEAVE BLANK IF UNKNOWN): _____

STATE PROGRAM I.D. NO. (LEAVE BLANK IF UNKNOWN): _____

1. APPLICANT INFORMATION:

Legal Name of Requesting Organization or Individual:

Db/a: Friends of Children's Mental Health

Street Address:

3627 Kilauea Avenue, Suite 101, Honolulu, Hawaii 96816

Mailing Address:

3627 Kilauea Avenue, Suite 101, Honolulu, Hawaii 96816

2. CONTACT PERSON FOR MATTERS INVOLVING THIS APPLICATION:

Name LESLEY SLAVIN

Title CEO

Phone # 733-9358

Fax # 733-9875

E-mail Lesley.slavin@doh.hawaii.gov

3. TYPE OF BUSINESS ENTITY:

- NON PROFIT CORPORATION INCORPORATED IN HAWAII
- FOR PROFIT CORPORATION INCORPORATED IN HAWAII
- LIMITED LIABILITY COMPANY
- SOLE PROPRIETORSHIP/INDIVIDUAL
- OTHER

6. DESCRIPTIVE TITLE OF APPLICANT'S REQUEST:

THE FRIENDS OF CHILDREN'S MENTAL HEALTH
THE FRIENDS OF CHILDREN'S MENTAL HEALTH IS REQUESTING SUPPORT TO PROVIDE FLEXIBLE FUNDS FOR ALL YOUTH WHO RECEIVE MENTAL HEALTH SERVICES TO ACCESS BASIC NEEDS AND PROVIDE PRO-SOCIAL OPPORTUNITIES TO ENGAGE IN THEIR COMMUNITY.

4. FEDERAL TAX ID #: _____

5. STATE TAX ID #: _____

7. AMOUNT OF STATE FUNDS REQUESTED:

FISCAL YEAR 2017: \$ \$200,000

8. STATUS OF SERVICE DESCRIBED IN THIS REQUEST:

- NEW SERVICE (PRESENTLY DOES NOT EXIST)
- EXISTING SERVICE (PRESENTLY IN OPERATION)

SPECIFY THE AMOUNT BY SOURCES OF FUNDS AVAILABLE AT THE TIME OF THIS REQUEST:

STATE \$ \$200,000
 FEDERAL \$ _____
 COUNTY \$ _____
 PRIVATE/OTHER \$ _____

TYPE NAME & TITLE OF AUTHORIZED REPRESENTATIVE

Lesley A. Slavin, CEO
NAME & TITLE

1-21-16
DATE SIGNED



RECEIVED
1/22/16

MS

Application for Grants

If any item is not applicable to the request, the applicant should enter "not applicable".

I. Background and Summary

This section shall clearly and concisely summarize and highlight the contents of the request in such a way as to provide the State Legislature with a broad understanding of the request. Please include the following:

1. A brief description of the applicant's background;

Youth that face mental health challenges and their families require not only appropriate therapeutic services but other supports that promote success with daily and longer term functioning. Such supports may be in the form opportunities for growth, developing positive peer groups, pursuing healthy interests, strengthening family relationships, transportation, housing, the promotion of independent living skills and educational and vocational services. Additionally, healthcare providers, parents, teachers and other community supports benefit from trainings and skill building workshops given their various roles in a child's life. The above mentioned services, facilitate the rapid return to functioning. Resources and opportunities can be critical to a child's success and are seldom offered by insurance or government agencies because they do not fall under the category of a healthcare service. The Friends of Children's Mental Health (FCMH), using best practices in mental health care, responds to these needs with a flexible and nimble funding model that is coordinated with the child's family and treatment team throughout the State of Hawaii.

In early 2015, Friends of Children's Mental Health, a 501(c)3 non-profit organization, was created to support children with mental health challenges, their families and child serving agencies in an effort to improve mental health outcomes in Hawaii. Co-existing with the Department of Health's Child and Adolescent Mental Health Division (CAMHD), the organization is positioned to collaborate and coordinate with child and families being served by CAMHD. Each child's unique circumstances require unique services, resources and opportunities that can be best provided by an agency with a flex fund, a well-defined response model articulated in the community based mental health literature. In the narrative below, any reference to "child," "children," etc. refers to children, adolescents and emerging adults.

In 2015, Kaiser Permanente awarded Friends of Children's Mental Health a \$20,000 grant. This funding has been used to support youth and their families with enriching and supportive activities as well as supported the professional development of those serving children.

2. The goals and objectives related to the request;

Objective A:

Offer non-clinical supports for mental health and well-being:

Friends of Children's Mental Health (FCMH), in coordination with the Child and Adolescent Mental Health Division's (CAMHD) professional staff, wants to provide non-clinical supports and resources that are critical to the mental health and wellbeing of Hawaii's children and families. A rapid return to baseline functioning is an important factor in successful mental health care. At times, such a return is blocked by seemingly small obstacles such as transportation, sports enrollment fees, or clothes to interview for a job. Other resources target specific emotional needs of the youth. For example a young person using substances as a means of belonging to a group, may find a new opportunity to engage in a prosocial activities with positive peers through the support of FCMH. What appears to be merely karate or hula classes can be a means of changing the course of one's life. The removal of these barriers that FCMH provides is the missing piece of the overall care of the child and potentially instrumental to treatment effectiveness.

Objective B:

Provide professional development:

The community mental health treatment providers would benefit from additional opportunities for professional development and training. The CAMHD collects data on the usage of effective treatment methods and identifies areas of training need in the community. The FCMH will offer conferences, workshops and create "learning collaboratives," a training process whereby participants are trained and supervised over an extended period of time on a specific topic area.

Objective C:

Provide caregiver supports and education:

Parents, caregivers and other informal supports benefit from skill building courses and educational resources in regard to the care of their children with mental health concerns. The FCMH will offer opportunities to gain further understanding of children with mental health needs and learning behavior "tools" on raising and supporting these children is crucial to either maintaining children at home or preparing them to return home.

Objective D:

Develop an internet presence:

The children and families throughout the state and those that serve youth with mental health challenges would benefit from FCMH having a larger internet presence in order to increase an awareness of the organization, its mission and its resources.

3. The public purpose and need to be served;

Children growing up experiencing multiple forms of adversity are shown to develop a multitude of challenges including impaired interpersonal relationships, the adoption of unhealthy, life shortening behaviors, psychological and emotional problems and increased substance use to name a few. Children facing these challenges meet a wide variety of obstacles on their path to recovery requiring a highly flexible response from a well-informed agency.

Imagine Noah, who frequently skipped school to hang out with friends and commit petty crimes. It was hypothesized that this behavior had more to do with wanting to feel significant, important and visible to others, than it did to break rules and make a small profit. Engaging Noah in his other love, he was offered group ukulele lessons which led to mentoring the younger students. This promoted a positive peer environment, acknowledged his leadership abilities and allowed him to be a contributor to a group (the identified need) which was a gratifying activity that demonstrated to him that with effort he could accomplish something he was proud of.

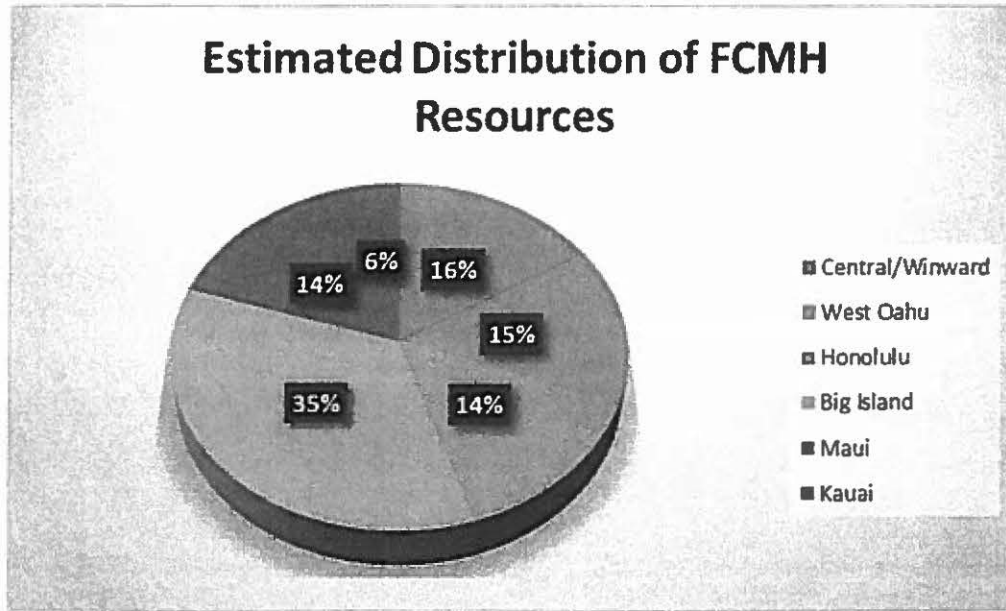
Resources must be tailored to a specific need of the child that will ultimately make that assistance no longer needed. Older children rely heavily upon a peer group and offering positive opportunities to develop this can be the key to success. This may take the form of poetry slam groups, cooking classes or humane society volunteering. Yoga's emphasis on 'mindfulness' is a scientifically proven method that improves wellbeing. At times simply offering a new experience outside of the child's limited one; surfing, touring a community college campus or trying pottery changes a young person's perspective on what is possible. Some research has found that the remediation of symptoms is not enough to increase day to day functioning. The FCMH hopes to supplement good treatment to improve a child's ability to function in school, amongst friends and at home. All of this is engaging, hope inspiring and relevant to improving mental health.

4. Describe the target population to be served; and

All children served by the CAMHD, their families, community providers and supporters are eligible to receive services. More specifically, these are approximately 2000 children per year with an assessed qualifying mental health diagnosis and a measurable functional impairment. These are most often youth on Medicaid though they can also be special education youth or judiciary referred. The most frequent diagnostic group in this population are disruptive behavior disorders which include attention deficit disorder, oppositional defiant disorder and conduct disorder.

5. Describe the geographic coverage.

Based upon current child mental health utilization (department of health 2014 data) estimates of the distribution of resources are approximated on the chart below.



II. Service Summary and Outcomes

The Service Summary shall include a detailed discussion of the applicant's approach to the request. The applicant shall clearly and concisely specify the results, outcomes, and measures of effectiveness from this request. The applicant shall:

1. Describe the scope of work, tasks and responsibilities;
 - A) Flex Fund Program – Flex Funds are well documented in mental health treatment models. These are funds used to provide essential though non-reimbursable supplemental aids to mental health care. When requested by the treatment team, services, resources and opportunities facilitating a rapid return to baseline or better functioning are considered. Such requests may include a wide range of options as every child's unique circumstances suggest unique needs. These may include the promotion of various hobbies, creative arts, athletic activities, special events such as prom or graduation, tutoring and transportation to name a few. The FCMH Resource Coordinator and its board will receive, evaluate and process resource requests. They will be the fiscal and operational (non-clinical) interface between the CAMHD and FCMH. (See appendix 1)
 - B) Professional Development for service providers in the education and training of specific methods to improve mental health outcomes for the youth of Hawaii. These endeavors may include scientifically supported approaches such as Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Dialectical Behavioral Therapy (DBT), Family Therapy as well as the fundamental components of effective treatments, known as Practice

Elements (PE). Additional training on secondary trauma and self-care to protect the providers in our communities and sustain their valuable contributions will be offered.

- C) Caregiver Support and Education – Educational and training classes will be provided to develop skills and understanding in the parents and the dedicated caregivers of the children we serve. This curriculum will include self-care education as well as specific parenting and behavior “management” skills development. This effort is aimed at maintain children in their homes, stabilizing them in foster homes and returning them to their families in as timely a manner as is appropriate.
- D) Website Development – The development of a website aimed at communicating the mission of FCMH, information dissemination about the needs children with mental health challenges, a calendar of FCMH events, trainings and activities and contact information for increased access.

2. Provide a projected annual timeline for accomplishing the results or outcomes of the service;

- A) Flex Fund requests are received on an as-needed basis and will funded throughout the year.
- B) Professional Development – The identification of needs and planning process occur in the first three quarters of the year with the implementation of training in the fourth quarter.
- C) Caregiver Support – The provision of these services can be implemented quarterly from the beginning of the year.
- D) Resource Coordinator – This position will be posted and filled within the first two quarters.
- E) Website developed in the first quarter.

3. Describe its quality assurance and evaluation plans for the request. Specify how the applicant plans to monitor, evaluate, and improve their results; and

- A) Flex Fund Program – The CAMHD Care Coordinator, Clinical Lead and CAMHD’s Chief Psychologist will work with FCMH Resource Manager to process the requests of treatment teams.

The completion of the approved requested resource will be the indicator of program effectiveness. Any undue delay in responsiveness will be identified with programmatic solutions implemented and reported in the following year.

- B) Professional Development – Acknowledged experts in the field will be engaged for their training services including the in-kind expertise of the CAMHD clinical leadership. Post-training feedback surveys are utilized in a continuous improvement process.

- C) Caregiver Support – Similar to professional development, acknowledged experts in the field will be engaged for their training services including the in-kind expertise of the CAMHD clinical leadership and its parent partner organization. A parent partner organization is an agency that provides parents, with a previous firsthand experience of the mental health system, as a resource to parents currently involved in that same system. Post-training feedback surveys are utilized in a continuous improvement process.
- D) Resource Coordination is evaluated by the number of requests processed, the timeliness of responses to the requests and the coordination of the approved resource to the child, family and team.
- E) Website effectiveness will be measured by the amount of traffic through the site and contact with the organization.

4. List the measure(s) of effectiveness that will be reported to the State agency through which grant funds are appropriated (the expending agency). The measure(s) will provide a standard and objective way for the State to assess the program's achievement or accomplishment. Please note that if the level of appropriation differs from the amount included in this application that the measure(s) of effectiveness will need to be updated and transmitted to the expending agency.

The effectiveness of the actions of the FCMH will be evaluated along two dimensions. First, the implementation of its programs; Flex Fund, Professional Development and Caregiver Support. The second will be the consumer satisfaction of professionals and caregivers regarding the support they have received.

III. Financial

Budget

1. The applicant shall submit a budget utilizing the enclosed budget forms as applicable, to detail the cost of the request.

See attached budget forms.

2. The applicant shall provide its anticipated quarterly funding requests for the fiscal year 2017.

Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total Grant
\$50,000	\$50,000	\$50,000	\$50,000	\$200,000

3. The applicant shall provide a listing of all other sources of funding that they are seeking for fiscal year 2017.

- Private donations
- Organized community fundraisers

4. The applicant shall provide a listing of all state and federal tax credits it has been granted within the prior three years. Additionally, the applicant shall provide a listing of all state and federal tax credits they have applied for or anticipate applying for pertaining to any capital project, if applicable.

Not applicable.

5. The applicant shall provide a listing of all federal, state, and county government contracts and grants it has been and will be receiving for program funding.

Not applicable.

6. The applicant shall provide the balance of its unrestricted current assets as of December 31, 2015.

Friends of Children's Mental Health current assets as of December 31, 2015 is \$4,291.58

IV. Experience and Capability

A. Necessary Skills and Experience

The applicant shall demonstrate that it has the necessary skills, abilities, knowledge of, and experience relating to the request. State your experience and appropriateness for providing the service proposed in this application. The applicant shall also provide a listing of verifiable experience of related projects or contracts for the most recent three years that are pertinent to the request.

The Friends of Children's Mental Health was created a year ago, (December 2015) to support and supplement the efforts of the CAMHD. The two organizations have since formed a close partnership sharing leadership and expertise. This collaboration succeeds by drawing upon the strengths of both public and private organizations.

The CEO of FCMH and primary conceptualizer of the FCMH is the current Chief Psychologist, Dr. Lesley Slavin, of the CAMHD. The Chief Operations Officer, Tia L. Roberts M.S.W., M.S.C.J.A., is the former director of Project Kealahou, a program developing gender specific programming to traumatized females. Of the wealth of knowledge on the board, one particularly notable member is Judith Clark, the executive director for the Hawaii Youth Services Network who has been a youth advocate for over 20 years. These three members have a thorough understanding of the children's mental health system, have established relationships with community stakeholders and providers statewide and have extensive experience in grant writing and program implementation. Their contributions, including training, are provided in-kind.

B. Facilities

The applicant shall provide a description of its facilities and demonstrate its adequacy in relation to the request. If facilities are not presently available, describe plans to secure facilities.

Because the FCMH is founded upon a board and to be recruited Resource Coordinator, no dedicated space is required at this time. All parties can work from their own respective office spaces.

V. Personnel: Project Organization and Staffing

A. Proposed Staffing, Staff Qualifications, Supervision and Training

The applicant shall describe the proposed staffing pattern and proposed service capacity appropriate for the viability of the request. The applicant shall provide the qualifications and experience of personnel for the request and shall describe its ability to supervise, train and provide administrative direction relative to the request.

Resource Coordinator – FCMH will hire a part-time coordinator to provide support to the activities provided and account for the funds allocated to the flex fund program. The FCMH will hire a professional with at least 3 years of professional experience as a program coordinator or program manager.

B. Organization Chart

The applicant shall illustrate the position of each staff and line of responsibility/supervision. If the request is part of a large, multi-purpose organization, include an organization chart that illustrates the placement of this request.

Resource Coordinator will be on contract and will report to the Board of Directors for FCMH. See attached list of Board members.

C. Compensation

The applicant shall provide the annual salaries paid by the applicant to the three highest paid officers, directors, or employees of the organization by position.

No paid employees are currently employed with FCMH.

VI. Other

A. Litigation

The applicant shall disclose any pending litigation to which they are a party, including the disclosure of any outstanding judgement. If applicable, please explain.

Not applicable.

B. Licensure or Accreditation

The applicant shall specify any special qualifications, including but not limited to licensure or accreditation that the applicant possesses relevant to this request.

Not applicable.

C. Private Educational Institutions

The applicant shall specify whether the grant will be used to support or benefit a sectarian or non-sectarian private educational institution. Please see Article X, Section 1, of the State Constitution for the relevance of this question.

Not applicable.

D. Future Sustainability Plan

The applicant shall provide a plan for sustaining after fiscal year 2016-17 the activity funded by the grant if the grant of this application is:

- (1) Received by the applicant for fiscal year 2016-17, but
- (2) Not received by the applicant thereafter.

FCMH is a fairly new organization with minimal infrastructure in place that needs to be sustained. The organization is being run now by volunteers – including both staff and board members. We plan to continue seeking grants from foundations and government sources, and to hold fund-raising events to engage more people who care about children's mental health in these efforts.

E. Certificate of Good Standing (If the Applicant is an Organization)

If the applicant is an organization, the applicant shall submit one (1) copy of a certificate of good standing from the Director of Commerce and Consumer Affairs that is dated no earlier than December 1, 2015.

Please see attached for the Certificate of Good Standing

BUDGET REQUEST BY SOURCE OF FUNDS

Period: July 1, 2016 to June 30, 2017

Applicant: _____ Friends of Children's Mental Health

BUDGET CATEGORIES	Total State Funds Requested (a)	Total Federal Funds Requested (b)	Total County Funds Requested (c)	Total Private/Other Funds Requested (d)
A. PERSONNEL COST				
1. Salaries	25,000			
2. Payroll Taxes & Assessments				
3. Fringe Benefits				
TOTAL PERSONNEL COST	25,000			
B. OTHER CURRENT EXPENSES				
1. Airfare, Inter-Island	5,000			
2. Insurance				
3. Lease/Rental of Equipment				
4. Lease/Rental of Space				
5. Community Provider Prof Development	50,000			
6. Supplies	8,000			
7. Telecommunication				
8. Utilities				
9. Equipment	5,000			
10. Website	5,000			
11. Flexible Funds	72,000			
12. Community Outreach and Education	30,000			
13				
14				
15				
16				
17				
18				
19				
20				
TOTAL OTHER CURRENT EXPENSES	175,000			
C. EQUIPMENT PURCHASES				
D. MOTOR VEHICLE PURCHASES				
E. CAPITAL				
TOTAL (A+B+C+D+E)	200,000			
SOURCES OF FUNDING		Budget Prepared By:		
(a) Total State Funds Requested		Lesley Slavin	733-9358	
(b) Total Federal Funds Requested		Name (Please type or print)	Phone	
(c) Total County Funds Requested			1-21-16	
(d) Total Private/Other Funds Requested			Date	
TOTAL BUDGET	200,000	Lesley Slavin, CEO of FCMH Name and Title (Please type or print)		

BUDGET JUSTIFICATION - EQUIPMENT AND MOTOR VEHICLES

Period: July 1, 2016 to June 30, 2017

Applicant: Friends of Children's Mental Health

DESCRIPTION EQUIPMENT	NO. OF ITEMS	COST PER ITEM	TOTAL COST	TOTAL BUDGETED
Not applicable.			\$ -	
			\$ -	
			\$ -	
			\$ -	
			\$ -	
TOTAL:				0
JUSTIFICATION/COMMENTS:				

DESCRIPTION OF MOTOR VEHICLE	NO. OF VEHICLES	COST PER VEHICLE	TOTAL COST	TOTAL BUDGETED
Not applicable.			\$ -	
			\$ -	
			\$ -	
			\$ -	
			\$ -	
TOTAL:				0
JUSTIFICATION/COMMENTS:				

BUDGET JUSTIFICATION - CAPITAL PROJECT DETAILS

Period: July 1, 2016 to June 30, 2017

Applicant: Friends of Children's Mental Health

FUNDING AMOUNT REQUESTED						
TOTAL PROJECT COST	ALL SOURCES OF FUNDS RECEIVED IN PRIOR YEARS		STATE FUNDS REQUESTED	OF REQUESTED	FUNDING REQUIRED IN SUCCEEDING YEARS	
	FY: 2014-2015	FY: 2015-2016	FY:2016-2017	FY:2016-2017	FY:2017-2018	FY:2018-2019
PLANS						
LAND ACQUISITION						
DESIGN						
CONSTRUCTION						
EQUIPMENT						
TOTAL:						0
JUSTIFICATION/COMMENTS:						

GOVERNMENT CONTRACTS AND / OR GRANTS

Applicant: Friends of Children's Mental Health

Contracts Total: -

	CONTRACT DESCRIPTION	EFFECTIVE DATES	AGENCY	GOVERNMENT ENTITY (U.S. / State / Haw / Hon / Kau / Mau)	CONTRACT VALUE
1	Not applicable.				-
2					
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**Friends of Children's Mental Health
Organization Chart**

Board of Directors

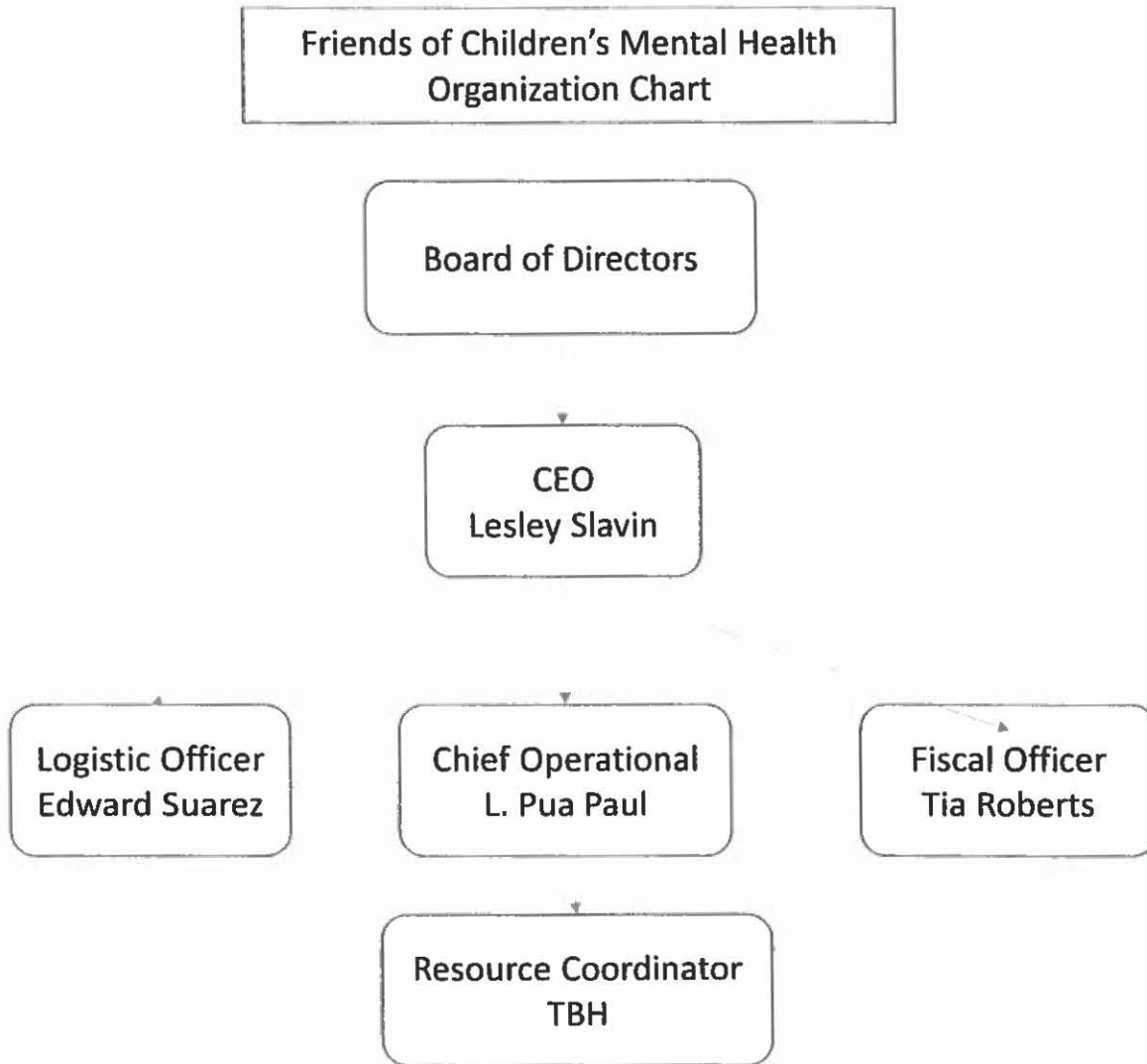
**CEO
Lesley Slavin**

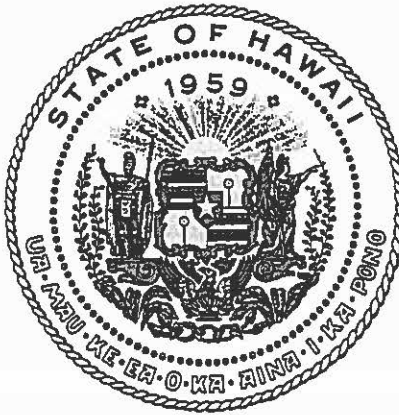
**Logistic Officer
Edward Suarez**

**Chief Operational
L. Pua Paul**

**Fiscal Officer
Tia Roberts**

**Resource Coordinator
TBH**





Department of Commerce and Consumer Affairs

CERTIFICATE OF GOOD STANDING

I, the undersigned Director of Commerce and Consumer Affairs of the State of Hawaii, do hereby certify that

FRIENDS OF CHILDREN'S MENTAL HEALTH

was incorporated under the laws of Hawaii on 05/01/2014 ; that it is an existing nonprofit corporation; and that, as far as the records of this Department reveal, has complied with all of the provisions of the Hawaii Nonprofit Corporations Act, regulating domestic nonprofit corporations.



IN WITNESS WHEREOF, I have hereunto set my hand and affixed the seal of the Department of Commerce and Consumer Affairs, at Honolulu, Hawaii.

Dated: January 05, 2016



Director of Commerce and Consumer Affairs

**DECLARATION STATEMENT OF
APPLICANTS FOR GRANTS PURSUANT TO
CHAPTER 42F, HAWAII REVISIED STATUTES**

The undersigned authorized representative of the applicant certifies the following:

- 1) The applicant meets and will comply with all of the following standards for the award of grants pursuant to Section 42F-103, Hawaii Revised Statutes:
 - a) Is licensed or accredited, in accordance with federal, state, or county statutes, rules, or ordinances, to conduct the activities or provide the services for which a grant is awarded;
 - b) Complies with all applicable federal and state laws prohibiting discrimination against any person on the basis of race, color, national origin, religion, creed, sex, age, sexual orientation, or disability;
 - c) Agrees not to use state funds for entertainment or lobbying activities; and
 - d) Allows the state agency to which funds for the grant were appropriated for expenditure, legislative committees and their staff, and the auditor full access to their records, reports, files, and other related documents and information for purposes of monitoring, measuring the effectiveness, and ensuring the proper expenditure of the grant.
- 2) If the applicant is an organization, the applicant meets the following requirements pursuant to Section 42F-103, Hawaii Revised Statutes:
 - a) Is incorporated under the laws of the State; and
 - b) Has bylaws or policies that describe the manner in which the activities or services for which a grant is awarded shall be conducted or provided.
- 3) If the applicant is a non-profit organization, it meets the following requirements pursuant to Section 42F-103, Hawaii Revised Statutes:
 - a) Is determined and designated to be a non-profit organization by the Internal Revenue Service; and
 - b) Has a governing board whose members have no material conflict of interest and serve without compensation.

Pursuant to Section 42F-103, Hawaii Revised Statutes, for grants used for the acquisition of land, when the organization discontinues the activities or services on the land acquired for which the grant was awarded and disposes of the land in fee simple or by lease, the organization shall negotiate with the expending agency for a lump sum or installment repayment to the State of the amount of the grant used for the acquisition of the land.

Further, the undersigned authorized representative certifies that this statement is true and correct to the best of the applicant's knowledge.

Friends of Children's Mental Health
(Typed Name of Individual or Organization)



1-21-16
(Date)

Lesley A. Slavin
(Typed Name)

Chief Executive Officer
(Title)