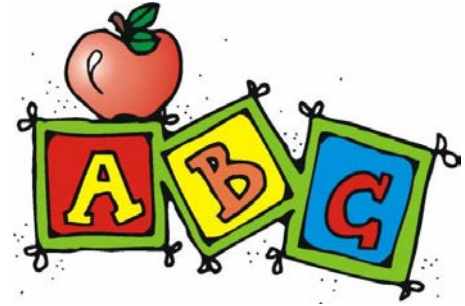


SCR126



Measure Title: ENCOURAGING THE DEPARTMENT OF EDUCATION, IN COLLABORATION WITH THE DEPARTMENT OF HEALTH, TO DEVELOP NUTRITIONALLY SOUND PUBLIC SCHOOL MENU PLANS THAT GIVE STUDENTS THE OPTION OF LOW-FAT, PLANT-BASED, AND HIGH-FIBER ENTREES AS PART OF A SCHOOL LUNCH MEAL.

Report Title: Vegetarian School Meals; Department of Education

Description:

Companion:

Package: None

Current Referral: EDU/HTH, WAM

Introducer(s): TOKUDA, CHUN OAKLAND, GABBARD, KIDANI, RUDERMAN



STATE OF HAWAII
DEPARTMENT OF EDUCATION
P.O. BOX 2360
HONOLULU, HAWAII 96804

Date: 03/24/2014

Committee: Senate Education/Senate Health

Department: Education

Person Testifying: Kathryn S. Matayoshi, Superintendent of Education

Title of Resolution: SCR 126 ENCOURAGING THE DEPARTMENT OF EDUCATION, IN COLLABORATION WITH THE DEPARTMENT OF HEALTH, TO DEVELOP NUTRITIONALLY SOUND PUBLIC SCHOOL MENU PLANS THAT GIVE STUDENTS THE OPTION OF LOW-FAT, PLANT-BASED, AND HIGH-FIBER ENTREES AS PART OF A SCHOOL LUNCH MEAL.

Purpose of Resolution:

Department's Position:

The Department of Education (Department) supports the intent of this resolution however feels that it is not necessary as school menus are already nutritionally sound.

Our school menus are governed by United States Department of Agriculture's (USDA) meal pattern requirements. The USDA meal pattern was developed to help meet Dietary Guideline recommendations to provide a variety of nutrient-dense foods to growing children. This includes fruits, vegetables, to include legumes, meat and meat alternates, fluid cow's milk, and grains. At this time half of the grains served are whole, including brown rice and whole wheat flour used in our school-baked breads. Accordingly, the majority of our menu items are plant-based and include foods which are naturally low-fat and contain high amounts of fiber. In addition, the USDA implements that school meals limit saturated fat at less than ten percent of total calories. The sodium content of meals have also been addressed and school menus will experience a decrease in sodium beginning in the SY 2014-2015 thru SY 2022-2023 in both breakfast and lunch meals for all grades. The above standards continue to ensure that not only are students receiving a variety of food groups, but a balance of nutrients to support their growth and development.

Thank you for this opportunity to testify.



STATE OF HAWAII
DEPARTMENT OF HEALTH
P.O. Box 3378
HONOLULU, HAWAII 96801-3378

In reply, please refer to:
File:

SENATE COMMITTEES ON EDUCATION AND HEALTH

SCR 126, ENCOURAGING THE DEPARTMENT OF EDUCATION, IN
COLLABORATION WITH THE DEPARTMENT OF HEALTH, TO DEVELOP
NUTRITIONALLY SOUND PUBLIC SCHOOL MENU PLANS THAT GIVE
STUDENTS THE OPTION OF LOW-FAT, PLANT-BASED, AND HIGH-FIBER
ENTREES AS PART OF A SCHOOL LUNCH MEAL

**Testimony of Linda Rosen, M.D., M.P.H.
Director of Health**

March 24, 2014

1 **Department's Position:** The Department of Health (DOH) supports Senate Concurrent Resolution 126.

2 **Fiscal Implications:** None for DOH.

3 **Purpose and Justification:** The purpose of Senate Concurrent Resolution (SCR) 126 is to encourage
4 the Department of Education (DOE) to work with DOH to develop a school lunch menu plan with
5 entrees that are low-fat, plant-based, and high fiber.

6 The department supports the intent of this bill, to provide nutritious meals in schools and is
7 collaborating with the DOE School Food Service Branch to develop healthy recipes.

8 The DOE menu is required to meet the USDA nutrition standards for the National School Lunch
9 Program. These standards are scientifically-based and were recently revised in order to enhance the
10 health of school children and mitigate the obesity trend. While the amount of each component varies by
11 grade, each lunch must include fruits, vegetables (dark green, red/organge, legumes, starchy, and other),
12 grains (at least half of which must be whole grain rich), meat/meat alternates, and fluid milk. Other

1 specifications limit the total calories, saturated fat, trans fat, and sodium, and are based on the average
2 for a five day week.

3 The meals currently served in Hawaii public schools meet or exceed the federal nutrition
4 guidelines. The department is concerned that the students are not consuming the healthy foods already
5 offered. Data from the Hawaii High School Youth Risk Behavior Survey (2011) indicate that only 17%
6 of students ate fruit and vegetables five or more times a day in the past seven days.

7 Thank you for the opportunity to provide testimony.

From: mailinglist@capitol.hawaii.gov
To: [EDU Testimony](#)
Cc: lynhowe1946@yahoo.com
Subject: Submitted testimony for SCR126 on Mar 24, 2014 13:20PM
Date: Wednesday, March 19, 2014 4:24:46 PM

SCR126

Submitted on: 3/19/2014

Testimony for EDU/HTH on Mar 24, 2014 13:20PM in Conference Room 414

| Submitted By | Organization | Testifier Position | Present at Hearing |
|---------------------|---------------------|---------------------------|---------------------------|
| Lyn Howe | Individual | Support | No |

Comments: the school lunch program needs to be changed. The health of our children and the future of our islands depends on our children growing up as healthy and functional adults. Often the school lunch is the only meal they get during the day and I believe it is imperative that they get good, nutritious food with a well balanced nutrition profile. This bill works to help begin to provide this. Please support this bill.
Mahalo Lyn Howe

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From: mailinglist@capitol.hawaii.gov
To: [EDU Testimony](#)
Cc: paulakomarajr@yahoo.com
Subject: Submitted testimony for SCR126 on Mar 24, 2014 13:20PM
Date: Wednesday, March 19, 2014 9:24:33 PM

SCR126

Submitted on: 3/19/2014

Testimony for EDU/HTH on Mar 24, 2014 13:20PM in Conference Room 414

| Submitted By | Organization | Testifier Position | Present at Hearing |
|---------------------|---------------------|---------------------------|---------------------------|
| Paul A. komara, Jr. | Individual | Support | No |

Comments: I support this Bill only if the schools supply non-GMO foods.

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To: [EDU Testimony](#)
Cc: kadc31999@gmail.com
Subject: *Submitted testimony for SCR126 on Mar 24, 2014 13:20PM*
Date: Thursday, March 20, 2014 2:22:06 AM

SCR126

Submitted on: 3/20/2014

Testimony for EDU/HTH on Mar 24, 2014 13:20PM in Conference Room 414

| Submitted By | Organization | Testifier Position | Present at Hearing |
|---------------------|---------------------|---------------------------|---------------------------|
| Katarina Culina | Individual | Support | No |

Comments:

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From: mailinglist@capitol.hawaii.gov
To: [EDU Testimony](#)
Cc: thirr33@gmail.com
Subject: Submitted testimony for SCR126 on Mar 24, 2014 13:20PM
Date: Saturday, March 22, 2014 6:00:33 AM
Attachments: [SCR 126 DOE-DOH School Lunch Menu Plan.gif](#)

SCR126

Submitted on: 3/22/2014

Testimony for EDU/HTH on Mar 24, 2014 13:20PM in Conference Room 414

| Submitted By | Organization | Testifier Position | Present at Hearing |
|------------------------|---------------------|---------------------------|---------------------------|
| Arvid Tadao Youngquist | The Sky Ohana | Support | Yes |

Comments: Chairs, EDU/HLT Senate Committees Vice Chairs, EDU/HLT Senate Committees Right Honorable Committee(s) Members First, may we thank the co-sponsors for this laudable SCR 126. Sometimes a simple and direct approach is the best. I, personally, remember drolling out the lunch ration during our public school attendance between 1954-1958 at Shoan Shogakko. We surpise that the lun ch menu was largely influence by the dietary suggestions from the Occupation Forces commanded by General Douglas MacArthur. My parents both worked under him in his General HQ in the Information Office. Kope-pan (soft French Bread), for one was uniquely different from the Japanese dietary norm. The measure here introduced addresses grain based and high-fiber menus for our public school children. If this works out and our obesity and juvenile diabetes rates are reduced over a span of less than five years in a child's lifetime (keiki caucus that's your!!!), such a dietary plan could also be adopted by our private 1-12 graders when and if caffeteria service is provided. There was a motion picture at the Varsity Theater on the Drag (Guadalupe Avenue) outside UT Austin, called,"You Are What You Eat". If your colleague Sen. Mike Gabbard can get a daughter to grow up to be a healthy and fit U.S. House Member, all of us can continue to help in that direction. Imua and Mahalo nui loa, Arvid Tadao Youngquist Founder, Admiistrator, & Spokesman

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