

From: mailinglist@capitol.hawaii.gov
To: [EDU Testimony](#)
Cc: tsuda@hawaii.edu
Subject: Submitted testimony for HB2109 on Mar 17, 2014 14:45PM
Date: Thursday, March 13, 2014 11:08:56 AM

HB2109

Submitted on: 3/13/2014

Testimony for EDU/HMS on Mar 17, 2014 14:45PM in Conference Room 414

Submitted By	Organization	Testifier Position	Present at Hearing
Torri Suda	Individual	Support	No

Comments: This bill being passed will aid in improving the health and well being of our future generations. Along with other government assisted programs, this will benefit the community as a whole on a long term scale.

Please note that testimony submitted less than 24 hours prior to the hearing, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

Do not reply to this email. This inbox is not monitored. For assistance please email webmaster@capitol.hawaii.gov

Testimony for HB 2109

Title: Afterschool Programs; Elementary-school Students; Evidence-based Physical-activity and Nutritional-education Program; Appropriation (\$)

Description: Establishes and funds an evidence-based physical-activity and nutritional-education program within the A+ Program in Hawaii's public elementary schools. Appropriation. Effective July 1, 2030. (HB2109 HD2)

As a student nurse in Hawaii, I have completed an abundance of courses that cover nutrition, human anatomy and physiology, and overall health. I know that have more funding available to promote an evidence-based physical-activity and nutritional-education program within the A+ Program in Hawaii's schools would be extremely beneficial.

Hawaii statistic reports show that adult residents are suffering from health problems such as obesity, diabetes, heart disease, and hypertension at epidemic levels. It is critical that we start educating children at a young age about appropriate nutrition and physical activity levels needed to maintain good health. The long term effects of this program could lead to decreases in health problems, insurance costs, quality of life, and overall improvement in health.

I strongly support this bill and hope that you will take this testimony into consideration.

Thank you,

Michelle Baldwin

From: mailinglist@capitol.hawaii.gov
To: [EDU Testimony](#)
Cc: hammm@hawaii.edu
Subject: Submitted testimony for HB2109 on Mar 17, 2014 14:45PM
Date: Saturday, March 15, 2014 10:54:09 AM

HB2109

Submitted on: 3/15/2014

Testimony for EDU/HMS on Mar 17, 2014 14:45PM in Conference Room 414

Submitted By	Organization	Testifier Position	Present at Hearing
Michelle Hamm	Individual	Support	No

Comments: This measure has proven to be a success thus far and it remains an essential piece in ensuring a brighter and healthier future for the youth of Hawaii. I wholeheartedly support this measure.

Please note that testimony submitted less than 24 hours prior to the hearing, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

Do not reply to this email. This inbox is not monitored. For assistance please email webmaster@capitol.hawaii.gov

Aloha Hawaii State Legislature,

I am submitting a testimony on Bill HB2109. I am a nursing student at the University of Hawaii at Hilo. I participated in teaching nutritional lessons to the children at the Boys and Girls Club in Hilo, Hawaii. The Hilo Boys and Girls club has a large parcel of land which they use to grow vegetables and feed the children. They also teach the children responsibility by having them take care of the garden. Another thing they are doing for the children is starting something called a "Revolutionary Youth Market" in which the philosophy is "give what you can and take what you need". At this market the children man the stands and accept donations for the items they have grown. It is very nice to see children being so knowledgeable about fruits and enhancing their own abilities and self-esteem. Being part of this experience helped me see just how much children need positive role models to motivate them to do well. All we did was teach four lessons on cooking and eating healthy and the children were already looking at us like we were there role models. At our last day there was a boy who even waited just to give me a hug before I left, I never knew thought that I had subtly influenced him. I feel that with the growing rates of obesity we have to target children at an early age to develop healthy eating habits. Teaching children nutrition and exercise at an early age can only benefit them in the long run and reduce health costs for the whole nation. This is why I support bill HB2109 because I believe it give our children a better future. Investing a little money early only will pay off in the future. I believe since this bill support an "evidence based physical activity and nutritional education program" that the evidence will speak for itself.

Thanks, Izabella Zobova