

NEIL ABERCROMBIE
GOVERNOR OF HAWAII

GARY L. GILL
ACTING DIRECTOR OF HEALTH



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STATE OF HAWAII
EXECUTIVE OFFICE ON AGING
NO. 1 CAPITOL DISTRICT
250 SOUTH HOTEL STREET, SUITE 406
HONOLULU, HAWAII 96813-2831

Committee on Health

HB1713, RELATING TO AGING

Testimony of Wes Lum
Director, Executive Office on Aging
Attached Agency to the Department of Health

Friday, February 7, 2014; Conference Room 329

8:45 a.m.

EOA's Position: The Executive Office on Aging (EOA) supports this measure, provided that its enactment does not reduce or replace priorities within the Administration's supplemental budget request.

Fiscal Implications: This measure appropriates funds for FY15 for the following:

1. The Kupuna Care Program;
2. The Aging and Disability Resource Centers (ADRC);
3. The Healthy Aging Partnership; and
4. A long-term care education and public awareness campaign.

Purpose and Justification: EOA notes that three of the appropriations in this bill are priorities of the Abercrombie Administration. These priorities include (1) \$427,937 for the continued development of the ADRCs statewide, (2) a \$4.2 million increase in EOA's base budget for Kupuna Care, and (3) \$300,000 for the Healthy Aging Partnership.

Regarding the funding of the long-term care education and public awareness campaign, we note that the appropriation in this measure is not part of the Governor's supplemental budget

request. Should there be a surplus of funds available for this measure, we would be supportive as we agree with the concept of this initiative as it is consistent with EOA's goals and objectives. If the Legislature deems this program necessary, EOA respectfully requests that the Legislature provide the appropriate resources, rather than supplant existing resources, for this proposal.

Recommendations: EOA respectfully requests your consideration of the following recommendation:

1. Section 3 (page 2). The request should be \$427,937 rather than \$1,900,000 for the continued development of the ADRCs statewide. EOA and the county offices on aging are developing a statewide Aging and Disability Resource Center system for seniors, people with disabilities, and their family caregivers, to access and receive information and resources on long-term supports and services in their respective counties. We are grateful for the \$1.4 million that the Legislature has already allocated for FY15 for the development of the ADRCs statewide. Our supplemental budget request of an additional \$427,937 represents the balance of what the counties need to continue their ADRC operations and our management information systems.

Thank you for the opportunity to testify.

TESTIMONY OF THE AMERICAN COUNCIL OF LIFE INSURERS
IN SUPPORT OF HOUSE BILL 1713, RELATING TO AGING

February 7, 2014

Via e mail

Honorable Della Belatti, Chair
Committee on Health
State House of Representatives
Hawaii State Capitol, Conference Room 329
415 South Beretania Street
Honolulu, Hawaii 96813

Dear Chair Belatti and Committee Members:

Thank you for the opportunity to testify in support of HB 1713, relating to Aging.

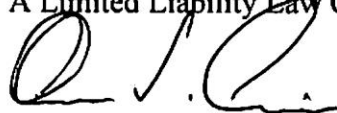
Our firm represents the American Council of Life Insurers ("ACLI"), a Washington, D.C., based trade association with approximately 300 member companies operating in the United States and abroad. ACLI advocates in federal, state, and international forums for public policy that supports the industry marketplace and the 75 million American families that rely on life insurers' products for financial and retirement security. ACLI members offer life insurance, annuities, retirement plans, long-term care and disability income insurance, and reinsurance, representing more than 90 percent of industry assets and premiums. Two hundred twenty-five (225) ACLI member companies currently do business in the State of Hawaii; and they represent 92% of the life insurance premiums and 90% of the annuity considerations in this State.

HB 1713 in part requires the Executive Office on Aging of the Department of Health to conduct an education and awareness campaign on long-term care.

ACLI generally supports legislation for programs which provide information to the public regarding long term care.

Accordingly, ACLI supports HB 1713.

LAW OFFICES OF
OREN T. CHIKAMOTO
A Limited Liability Law Company



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From: mailinglist@capitol.hawaii.gov
Sent: Wednesday, February 05, 2014 12:17 PM
To: HLTtestimony
Cc: Tlenzer@hawaii.rr.com
Subject: Submitted testimony for HB1713 on Feb 7, 2014 08:45AM

HB1713

Submitted on: 2/5/2014

Testimony for HLT on Feb 7, 2014 08:45AM in Conference Room 329

Submitted By	Organization	Testifier Position	Present at Hearing
Anthony Lenzer, Ph.D	Policy Advisory Board for Elder Affairs	Support	No

Comments: TO: HOUSE COMMITTEE ON HEALTH Rep. Della Au Belatti, Chair FROM; Anthony Lenzer, PHD, Chair PABEA Legislative Committee HEARING: 8:45 a.m., Friday, February 7, 2014 State Capitol Conference Room 329 SUBJECT: HB 1713 Relating to Aging POSITION: The Policy Advisory Board for Elder Affairs (PABEA) strongly supports the entire contents of HB 1713, which contains provisions for funding the Kupuna Care program; the Aging and Disability Resource Centers; the Healthy Aging Partnership; and the public awareness and education campaign on long- term care. All of the above are PABEA legislative priorities for the 2014 Legislative Session. This testimony will focus on the importance of the Healthy Aging Program. RATIONALE: HEALTHY AGING PARTNERSHIP HB 1713 is designed, in part, to “provide funding to support community-based programs that incorporate collaborations between health care and social service agencies to provide services necessary for the health and well-being of Hawaii’s kupuna” (Part 1, Section 1). Nothing exemplifies this goal better than the Healthy Aging Partnership, which is a coalition led by the Executive Office on Aging, the four Area Agencies on Aging, the Department of Health, and the University of Hawaii, in partnership with 40 service providers throughout the state. The healthy aging partnership consists of 2 programs: better choices, better health, and enhance fitness. Better choices, better health is a nationally acclaimed program designed for people with chronic diseases to better manage their symptoms and improve their overall health. This six-week program, led by trained facilitators, includes topics ranging from healthy eating and exercise tips, to appropriate use of medications, stress and pain management, effective communication with one’s physician, etc. Workshops are held at senior centers, community centers, churches, health centers, and various other sites throughout the state. Enhance fitness is a group exercise program consisting of 3 classes a week for a 16 week period. The exercise routines address balance, strength, endurance, and flexibility. Both programs were designed and tested by Stanford University researchers, with proven results in weight loss, improve balance, flexibility and mobility. Eight class sites are located on Kauai and Maui. University of Hawaii project evaluators have been monitoring workshop and class attendees and reported the following in 2011: for enhance fitness participants, there were 39% fewer falls; 19% improved their upper body strength; and 11% improved mobility and balance. For better choices, better health enrollees, there was a 7% decrease in number of physician visits; a 19% decrease in hospitalization; a 5% decrease in emergency room visits; a 25% decrease in symptoms such as pain, fatigue and shortness of breath; and a 31% increase in number of days spent in physical activity per week. National studies show that a one-day reduction in hospitalization and 0.2 fewer emergency room visits produce estimated savings of about \$1000 per participant per year. Thus, these programs can result in significant cost savings over both the short and the long run.

Thank you for the opportunity to testify in support of HB 1713

Please note that testimony submitted less than 24 hours prior to the hearing, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

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CATHOLIC CHARITIES HAWAII

TO: Representative Della Au Belatti, Chair
Representative Dee Morikawa, Vice Chair
Committee on Health

FROM: Diane M. Terada, Division Administrator

DATE: Tuesday, February 7, 2014 (8:45 a.m., Room 329)

RE: **IN SUPPORT of HB 1713, Relating to Aging**

Catholic Charities Hawai'i (CCH) is a tax exempt, non-profit agency that has been providing supportive home and community based services to elders since 1973 and currently serves over 4,000 older persons each year.

CCH supports HB 1713 which includes additional funding for Kupuna Care. We also ask that no additional, or restrictive, language be put into statute regarding Kupuna Care eligibility at this time.

Catholic Charities Hawai'i is a current provider of Kupuna Care transportation services to help support access to necessary medical, nutrition and other services. Through Kupuna Care, CCH Transportation is able to provide hundreds of seniors with needed access to health services, nutrition/food, and financial services/benefits. This also provides relief for caregivers, especially working caregivers who would otherwise have to take time off from work to provide transportation for their elderly relatives.

CCH is particularly concerned that low income elders receive the services they need to remain independent in the community and do not fall into a service gap. Lack of necessary in-home and community based services will result in a rapid spiral into higher and most costly levels of care that is not good for the elder and not good for the taxpayer.

Please be aware that Medicaid provides some of the same type of services as part of their Home & Community Based services (HCBS). However, Medicaid elders do not always qualify for HCBS services under Medicaid. And Medicaid HCBS services are limited to medical need. For example, Medicaid authorizes transportation for medical purposes. They will not authorize transportation for nonmedical purposes, such as nutrition programs, grocery shopping, senior centers, and more.

Kupuna Care services addresses the overall community goal of helping seniors remain independent in the community and prevent more costly institutional care – as well as supporting caregivers. Kupuna Care services provide a safety net for all kupuna and their caregivers who cannot afford to pay for in-home and community based services and are unable to receive these services through other means.



Catholic Charities Hawaii wishes to ensure that there is a safety net in place to “catch” the poorest of our kupuna, as well as those who are trying to keep from becoming impoverished.

Catholic Charities Hawai`i asks for your support of HB 1713 and requests that no additional, or restrictive, language be put into statute regarding Kupuna Care eligibility at this time. If I can provide any further information, please feel free to contact me at 808-527-4702 or via email at diane.terada@catholiccharitieshawaii.org. Thank you for this opportunity to provide testimony.

morikawa2-Joanna

From: mailinglist@capitol.hawaii.gov
Sent: Wednesday, February 05, 2014 9:01 PM
To: HLTtestimony
Cc: ciAlohaAdvocate@yahoo.com
Subject: Submitted testimony for HB1713 on Feb 7, 2014 08:45AM
Attachments: Testimony, Relating to Aging HB 1713 final copy.pages.zip

HB1713

Submitted on: 2/5/2014

Testimony for HLT on Feb 7, 2014 08:45AM in Conference Room 329

Submitted By	Organization	Testifier Position	Present at Hearing
Charlene Iboshi	PABEA, Legislative Committee	Support	No

Comments: We fully support HB 1713, Relating to Aging. Please let me know if you cannot open the attached document.

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Aloha United Way

200 N. Vineyard Blvd., Suite 700
Honolulu, Hawaii 96817-3938
Telephone (808) 536-1951
Fax (808) 543-2222
Website: www.auw.org



Aloha United Way

Cover Sheet

Testifying Agency: Aloha United Way
Kim Gennaula, President & CEO

House Committee on Health

Rep. Della Au Belatti, Chair
Rep. Dee Morikawa, Vice Chair

Friday, February 7, 2014 at 8:45 A.M.

Conference Room 329

HB 1713: Relating to Aging: Testimony in Support

Aloha United Way

200 N. Vineyard Blvd., Suite 700
Honolulu, Hawaii 96817-3938
Telephone (808) 536-1951
Fax (808) 543-2222
Website: www.auw.org



February 5, 2014

House Committee on Health
Representative Della Au Belatti, Chair
Representative Dee Morikawa, Vice Chair
Friday, February 7, 2014 at 8:45 a.m.
Conference Room 329

HB 1713: Relating to Aging - SUPPORT

Dear Chair Della Au Belatti, Vice Chair Dee Morikawa and Committee Members:

Aloha United Way strongly encourages your favorable consideration of HB 1713 which provides support for various programs and services for Hawaii's senior population.

Aloha United Way especially supports the provisions of the bill relating to the appropriation of funds for senior centers, the Kupuna Care Program, and the Aging and Disability Resource Center (ADRC). Senior centers and Kupuna Care services help to meet the overall community goal of helping seniors remain independent in the community and prevent more costly (and often public funded) institutional care. The ADRC is a single-entry point for all families seeking assistance with disabling conditions and provides assessment of needs and connects disabled persons and family caregivers with appropriate services and resources.

While more long-term support is needed to meet the growing needs with one of the fastest growing senior populations with the longest life expectancy in the nation, this measure is a vital part of the solution as it will provide critically needed and more cost effective services for our most isolated and vulnerable elderly neighbors.

We urge you to support Hawaii's Kupuna by supporting HB 1713.

Sincerely,



Kim Gennaula
President & Chief Executive Officer

HB1713

Submitted on: 2/5/2014

Testimony for HLT on Feb 7, 2014 08:45AM in Conference Room 329

Submitted By	Organization	Testifier Position	Present at Hearing
Javier Mendez-Alvarez	Individual	Support	No

Comments:

Please note that testimony submitted less than 24 hours prior to the hearing, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

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DEPARTMENT OF COMMUNITY SERVICES
CITY AND COUNTY OF HONOLULU

715 SOUTH KING STREET, SUITE 311 • HONOLULU, HAWAII 96813 • AREA CODE 808 • PHONE: 768-7762 • FAX: 768-7792



KIRK CALDWELL
MAYOR

PAMELA A. WITTY-OAKLAND
DIRECTOR

GARY K. NAKATA
DEPUTY DIRECTOR

TESTIMONY OF PAMELA A. WITTY-OAKLAND, DIRECTOR
DEPARTMENT OF COMMUNITY SERVICES
BEFORE THE HOUSE COMMITTEE ON HEALTH
Friday, February 7, 2014, 8:45 a.m., Conference Room 329



HOUSE Bill 1713, "RELATING TO AGING"

Position: In Support

TO: The Honorable Della Au Belatti, Chair
and Members of the Committee on Health

The Elderly Affairs Division (EAD) is Honolulu's designated Area Agency on Aging and operates in accordance with the Older Americans Act of 1965 to coordinate, advocate, and improve services to assist older persons in leading independent, meaningful, and dignified lives in their own homes and communities for as long as possible.

This bill includes funding for important programs that support the needs of the increasing population of elderly residents in Hawaii. The funding included in this bill is essential to maintain the health and welfare of our most vulnerable seniors and their caregivers. We strongly support funding for the following programs in HB 1713:

Kupuna Care. The Kupuna Care program includes essential services that support the needs of the increasing population of frail elderly residents in Hawaii. These services provide assistance to frail older adults who cannot live at home without adequate help from family or formal services. They include services such as attendant care, case management, chore, home-delivered meals, homemaker, personal care, and transportation.

Aging and Disability Resource Center (ADRC). The ADRC is contained in the federal Older Americans Act (OAA) as amended in 2006. Its vision is "to have Aging and Disability Resource Centers in every community...where people of all incomes and ages can turn for information on the full range of long-term support options and a single point of entry for access to public long-term support programs and benefits." The OAA provided very limited federal funds to develop, implement, or sustain this venture. The \$1.9 million being requested represents the first stage of state funding needed to create this resource for Hawaii's people in all counties.

The Honorable Della Au Belatti, Chair
and Members of the Committee on Health
February 7, 2014
Page 2

Healthy Aging Partnership Program. Through the Healthy Aging Partnership, EAD implements Stanford University's Chronic Disease Self-Management Program, an evidence-based program that provides education, training, and support groups to persons with chronic conditions to assist them in managing their own care. The Enhance Fitness is an exercise program and focuses on maintaining strength, flexibility, and balance to maintain health and function of older adults. The results of both programs have been overwhelmingly positive. In addition, other evidence-based self-management programs have been introduced for arthritis and diabetes. We would urge the committee to consider funding these programs in light of the rising healthcare costs associated with the rapidly growing elder population in Hawaii.

We urge the Committee on Health to support funding of these vital programs. Thank you for the opportunity to provide this testimony.

William P. Kenoi
Mayor



Alan R. Parker
Executive on Aging

County of Hawai'i

OFFICE OF AGING

Aging and Disability Resource Center, 1055 Kino'ole Street, Suite 101, Hilo, Hawai'i 96720-3872
Phone (808) 961-8600 • Fax (808) 961-8603 • Email: hcoa@hawaiiintel.net
West Hawai'i Civic Center, 74-5044 Ane Keohokālole Highway, Kailua-Kona 96740
Phone (808) 323-4390 • Fax (808) 323-4398

February 6, 2014

TESTIMONY TO: **House Committee on Health**

Rep. Della Au Belatti, Chair
Rep. Dee Morikawa, Vice Chair

LATE

SUBJECT: **HB 1713**

**"RELATING TO THE AGING AND DISABILITY RESOURCE
CENTERS, KŪPUNA CARE PROGRAM, AND LONG TERM
CARE EDUCATION AND AWARENESS CAMPAIGN"**

February 07, 2014
08:45 a.m.
Conference Room 329

Honorable Chairs and Members of the Committee:

Thank you for this opportunity to provide testimony on HB1713. I am Alan Parker, Director of the Hawai'i County Office of Aging. It is critical that HB1713 be passed to enable continuation of vital services and supports to the Kūpuna and family caregivers of Hawai'i County.

The County of Hawai'i has invested heavily in the development of Kahi Mālama, Hawaii County's Aging & Disability Resource Center. Having completed the facility, we are still working to fully develop the programmatic aspects that will enable "fully functioning ADRC" status to qualify for additional funding streams and ensure sustainability.

The Kūpuna Care program is also a vital part of our operations as it provides the funding for critical services that enable our Kūpuna to maintain their independence while reducing substantially the burden on the State for costly institutional long-term care services. Almost 100% of these funds in Hawai'i County are contracted out to private non-profit agencies that provide these vital community based long-term care services.



February 6, 2014
HB. No. 1713
Page 2

As Hawai'i County's 60+ population will increase by 100% between now and 2030, it is imperative that we educate our residents about the issues and the need for individuals and families to plan for long-term care and caregiving.

Thank you for providing me the opportunity to testify.

Alan R. Parker
Executive on Aging
Hawaii County Office of Aging
1055 Kinoole Street, Suite 101
Hilo, HI 96720-3872
arparker@hcoahawaii.org



To: Committee on Health
Representative Della Au Belatti, Chair

Date: February 7, 2014, Conference Room 329, 8:45 a.m.

Re: **HB 1713 – RELATING TO AGING**
TESTIMONY IN STRONG SUPPORT

Chair Belatti and Committee Members:

AARP is a membership organization of people 50 and older with nearly 150,000 members in Hawaii. AARP fights on issues that matter to Hawaii families, including the high cost of long-term care; access to affordable, quality health care for all generations; providing the tools needed to save for retirement; and serving as a reliable information source on issues critical to Americans age 50+.

AARP strongly supports HB 1713 - Relating to Aging. This bill appropriates funds for various programs and services for Hawaii's senior population. AARP especially supports the provisions of the bill as it relates to the appropriation of funds for a long-term care education and awareness campaign; the Kupuna Care Program, and the Aging and Disability Resource Center (ADRC) from the general revenues for the fiscal year 2014-2015.

Long-Term Care Education and Awareness Campaign

AARP strongly supports the appropriation of \$500,000 for a comprehensive education and awareness campaign.

A comprehensive long-term care education and awareness campaign is needed to alert residents to the risks and costs associated with caregiving and long-term care and to encourage them to plan and save for this part of life.

- Many residents are unaware or underestimate the risk of needing long-term care. Approximately 69% of people who turned 65 in 2005 will need long-term care before they die. Individuals needing long-term care will on average need help for 3 years, and spend on average 2 years at home, and 1 year in a nursing or assisted living facility.ⁱ
- Hawaii residents needing long-term care are faced with long-term care costs that are among the highest in the nation and unaffordable for most Hawaii residents. E.g., the annual nursing home cost (private room) is approximately \$145,270, as compared to the national average of \$83,950.
- Though the majority of Hawaii residents (59%) say they are likely to need long-term care in the future and are not confident that they can afford one-year of long-term care,ⁱⁱ few Hawaii residents are planning ahead to meet these needs.
- Solutions to finance long-term care are limited. Medicare is not designed to cover long-term care services. Medicaid pays for long-term care, but only those with limited assets and income.
- Private long-term care insurance does provide substantial coverage for long-term care, but enrollment is limited.

A long-term care education and awareness campaign will complement the anticipated introduction of a public long-term care insurance program in 2015 that helps people with financing so they can live independently longer in their homes.

Kupuna Care - Appropriation

AARP strongly supports the appropriation of \$4.2 million for the Kupuna Care Program for fiscal year 2014-2015. Kupuna Care is a state funded program designed to help non-Medicaid elderly residents so that they can continue living at home instead of institutional facilities. Kupuna Care assists families by providing a variety of different caregiving and respite support services.

The proposed Kupuna Care appropriation is needed due to the increasing demand for services by Hawaii's rapidly aging population. However, it still falls short of meeting the demand. In 2013 the Kupuna Care program served approximately 4,848 people (unduplicated persons served that does not include people receiving transportation services, as reported by EOA). There are approximately 277,000 individuals over age 60 in Hawaii.ⁱⁱⁱ However, by some estimates, 80% of seniors have at least one chronic health condition and 50% have at least two^{iv} who would also be eligible to use these services.

Kupuna Care – Amendment to Section 349-3.1

We request that "Section 349.3.1 Kupuna care program" be amended as follows: (a) The executive office on aging may establish the kupuna care program. The program shall provide affordable and quality home- and community-based services to prevent and delay the need for institutional-level of care and to prevent spend-down to Medicaid eligibility.

AARP is requesting the amendment to clarify that the intent of the Kupuna Care program is to provide services to non-Medicaid individuals. We understand that on Oahu, some service providers are providing Kupuna Care services to Medicaid eligible individuals in violation of the program. The violation appears to be limited to the City and County of Honolulu which agrees that this program is being used by ineligible individuals. Steps are being taken to remedy the problem by identifying the number of ineligible individuals that received Kupuna Care services. These ineligible individuals will be transitioned off the Kupuna Care program.

A separate funding source should be used for Medicaid eligible individuals that are unable to obtain long-term care services through Medicaid and ineligible for Kupuna Care Program services.

As eligible Kupuna Care program recipients are negatively impacted, AARP requests that the State reimburse the Kupuna Care program for the funds provided to serve individuals ineligible for Kupuna Care services.

Aging and Disability Resource Center (ADRC)

AARP strongly supports the additional appropriation of \$428,000 for ADRCs for the counties to continue their ADRC operations and their management information systems. The bill should be amended to reflect an appropriation of \$428,000, rather than \$1.9 million. The legislature has already allocated \$1.4 million for fiscal year 2015.

ADRCs are intended to streamline access to long-term supports and services for older adults, persons with disabilities, and caregivers. The ADRC is a navigational tool that connects individuals

to appropriate long-term care options. Hawaii's ADRC program is in various stages of development in each county. ADRCs are operational in Hilo, Maui, and Kauai. The remainder of the Hawaii county and Oahu needs to be implemented.

ADRCs are in need of improvement. AARP's recently published State Long-Term Services and Support Scorecard ranks Hawaii 41st in ability to access long-term care through an ADRC.^v The ADRCs need to be properly resourced and funded to make ADRCs an effective single point of entry for individuals seeking information on their long-term care options. Critical to the success of an ADRC is ensuring the availability of services (e.g., Kupuna Care) when individuals are directed to them. Otherwise, consumers will be increasingly frustrated when referred to services, and only to find out that they are not available.

ⁱ Kemper, Komisar, Alecxih, Long-Term Care an Uncertain Future: What Can Current Retirees Expect, 2005. Inquiry 42(4): 335-350.

ⁱⁱ AARP Hawaii Survey of Hawaii 50+ Residents on Long-Term Care, 2012.

ⁱⁱⁱ U.S. Census Bureau, 2010 Demographic Profile Data

^{iv} Centers for Disease Control, Healthy Aging: Preventing Disease and Improving Quality of Live Among Older Americans 2003, At a Glance, Department of Human Services

^v AARP 2011 State Long-Term Services and Supports Scorecard



HPCCA

HAWAII PRIMARY CARE ASSOCIATION

LATE

House Committee on Health

The Hon. Della Au Belatti, Chair

The Hon. Dee Morikawa, Vice Chair

Testimony in Support of House Bill 1713

Relating to Aging

Submitted by Robert Hirokawa, Chief Executive Officer

February 7, 2014, 8:45 am, Room 329

The Hawaii Primary Care Association (HPCA), which represents the federally qualified community health centers in Hawaii, supports House Bill 1713, providing support to healthy aging programs and services.

Elderly residents comprise the fastest growing segment of the population here in Hawaii. Between 1980 and 2010, the number of adults in Hawaii over the age of 60 grew by 139.8%, over 34% faster than general population growth. By 2035, it is projected that almost 30% of the population will be comprised of individuals sixty years of age and older.

As such, there is an ever increasing need for long term care services. Basic education and awareness about these issues, including the maximization of single living and long term care financing, must be made available for this emerging population. Doing so will serve to both foster a healthier aging population, but also a more fiscally responsible community as a whole.

For these reasons, the HPCA supports this measure. Thank you for the opportunity to testify.

The Twenty-Seventh Legislature
Regular Session of 2014

HOUSE OF REPRESENTATIVES
Committee on Health
Rep. Della Au Belatti, Chair
Rep. Dee Morikawa, Vice Chair
State Capitol, Conference Room 329
Friday, February 7, 2014; 8:45 a.m.



**STATEMENT OF THE ILWU LOCAL 142 ON H.B. 1713
RELATING TO AGING**

The ILWU Local 142 strongly supports H.B. 1713, which appropriates general funds to provide ongoing financial support to healthy aging programs and services and requires the Executive Office on Aging to conduct a public education and awareness campaign on long-term care with general funds for its support and evaluation.

H.B. 1713 appropriates funding for four programs we think are vital to the aging population.

The first program is Kupuna Care, an ongoing, well-recognized program which provides services like bathing, transportation, meals-on-wheels, and chore services that allow elderly and disabled persons to remain at home and avoid institutionalization. The services are not only good for the person who wants to live at home but for taxpayers who would otherwise have to shoulder the burden of matching funds for Medicaid that many in institutions would require.

The second program is the Aging and Disability Resource Center (ADRC). ADRCs are vitally needed statewide to help families find resources needed to care for their loved ones. ADRCs are the experts on resources and can link families to resources they might otherwise be unaware of. (Of course, the resources themselves are essential, and lacking, but that is for another funding request.)

The third program is the Healthy Aging Partnership (HAP), which also helps seniors avoid institutionalization by keeping them healthy in mind and body. HAP provides exercise programs and education and information for chronic disease management. One drawback is that the program can serve only a limited number of individuals.

The fourth program is an education and awareness campaign to help residents, young and old, understand the issues of long-term care and associated costs (e.g., nursing home care can run about \$10,000 a month) so that everyone can get prepared. With knowledge of long-term care needs and costs, Hawaii residents may be more open to the need for a mandatory financing mechanism to address these costs.

The ILWU urges passage of H.B. 1713. Thank you for considering our testimony.

Bernard P. Carvalho, Jr.
Mayor



Ludvina K. Takahashi
Executive on Aging

Nadine K. Nakamura
Managing Director

AGENCY ON ELDERLY AFFAIRS
County of Kaua'i, State of Hawai'i
4444 Rice Street, Suite 330, Lihu'e, Hawai'i 96766
TEL (808) 241-4470 FAX (808) 241-5113

LATE

Committee on Health
February 7, 2014 at 8:45am

SUBJECT: Written Testimony in Support of HB1713, RELATING TO AGING

TO THE HONORABLE DELLA AU BELATTI, CHAIR and MEMBERS OF THE COMMITTEE

My name is Charlyn Nakamine and I am writing in support of HB1713 specifically Section 4 as it relates to the statewide Healthy Aging Partnership throughout the state of Hawaii.

Hawaii's Healthy Aging Partnership has delivered evidence-based health promotion programs – the EnhanceFitness (group fitness program) and Better Choices, Better Health (Stanford's Chronic Disease Self-Management Program) workshop series.

The two programs have are being provided throughout the state, and here on Kauai we have seen participants in both programs show positive improvements in their physical fitness and ability to better manage their chronic conditions. The EnhanceFitness program has seen participants improve upper and lower body strength, improve balance and mobility, increase number of days exercising per week and fewer falls. The Better Choices, Better Health workshop series, has seen participants increase their confidence to manage their chronic health conditions, increase days exercising per week, have better communication with health care professionals, fewer physician visits, ER visits and hospitalizations.

I ask for your support of the \$476,772 for fiscal year 2014-2015 for the Healthy Aging Partnership to continue to implement these evidence-based, cost effective programs in Hawaii, allowing us to enable more of Hawaii's older adults to increase their fitness and ability to better manage their health conditions.

Thank you for your consideration.

Charlyn Nakamine
Program Specialist
Kauai County, Agency on Elderly Affairs

TO: HOUSE COMMITTEE ON HEALTH
Rep. Della Au Belatti, Chair

FROM: Sarah Yuan, Ph.D.
Policy Advisory Board for Elder Affairs (PABEA)

HEARING: 8:45 am Friday, February 7, 2014
Conference Room 329, Hawaii State Capitol

SUBJECT: HB 1713 Relating to Aging



POSITION: The Policy Advisory Committee for Elder Affairs **strongly supports the entire content of HB 1713**, which address the needs for funding for home and community-based long-term services and supports, programs which maintain the health of our elders, and public education and awareness campaign on long-term care.

This testimony focuses on: (1) Part I Section 2 appropriation request for adding \$4.2 million to the base budget of the **Kupuna Care Program**, which would maintain the existing level of services of the program; and (2) Part II which appropriates \$500,000 to the Executive Office on Aging for a **community education and awareness campaign** on long-term care.

RATIONALE:

The Policy Board for Elder Affairs has a statutory obligation to advocate on behalf of the senior citizens of Hawaii. While we advise the Executive Office on Aging, we do not speak on behalf of the Executive Office of Aging.

Part I Section 2 Adding \$4.2 million to the base budget of the **Kupuna Care Program**:

- The Kupuna Care Program offers state supported home and community-based services, primarily to the non-Medicaid elderly 60 years and older. These services provide respite for family caregivers, reduce the negative consequences of caregiver burden, and enable families to continue their care for a longer period. Kupuna Care services are at the heart of national, state-wide, and local efforts to decrease reliance on expensive residential placement in care homes and nursing homes by increasing supports and services which enable persons to remain in their homes.
- In SFY 2013, an estimated 4,848 unduplicated persons received services from the program. The services provided to the largest number of persons were home-delivered meals (2,885), case management (1,390), and personal care (1,126), which includes assistance with dressing, bathing, and toileting.
- The Kupuna Care Program has positive economic benefits for families as well as for taxpayers. Families benefit by the ability to avoid or postpone the need to place the frail and disabled persons in expensive alternative residential settings,

which often require public support, and also avoid or postpone enrollment in Medicaid, which has negative financial impacts on families and also is a financial burden on the state.

- The Kupuna Care Program is highly cost effective. The average monthly cost of only \$109 per client compared with \$2,000–\$4,000 per month should a person be placed in an adult residential care home or assisted living facility.

Part II appropriating \$500,000 to the Executive Office on Aging for a **community education and awareness campaign** on long-term care.

- Surveys by the 2008 State Long-Term Commission and by AARP have shown that a large proportion of the public have not planned for the provision of long-term care and have little knowledge of their risk and the costs of long-term care. Many also have misinformation regarding the lack of coverage under Medicare and by health insurance and the limited access to Medicaid coverage.
- Between 2007 and 2030, the population 85 and older, more than half of whom need long-term care assistance, will increase by almost 2/3 in Hawaii. Finding the expected resources for this growing need is an urgent problem. The public needs to understand the options, both public and private, which can address the growing care needs.
- Part 3 of HB 2056 would provide the Executive Office on Aging funding to undertake a private-public effort to increase attention and awareness of the need to anticipate long-term care needs, the risks of needing care, correct misconceptions and misinformation, and stimulate consideration of the feasible options. The Executive Office on Aging will also evaluate the effectiveness of the campaign.
- This bill addresses one of the 2012 recommendations of the Long-Term care Commission and is considered to be essential to the consideration of the possible role which a limited public long-term care insurance might play in achieving affordable long-term care for most of the citizens of Hawaii.

Thank you for allowing me to testify.

morikawa2-Joanna

From: mailinglist@capitol.hawaii.gov
Sent: Thursday, February 06, 2014 12:38 PM
To: HLTtestimony
Cc: Glenn@hawaiiantel.net
Subject: Submitted testimony for HB1713 on Feb 7, 2014 08:45AM



HB1713

Submitted on: 2/6/2014

Testimony for HLT on Feb 7, 2014 08:45AM in Conference Room 329

Submitted By	Organization	Testifier Position	Present at Hearing
Glenn	Individual	Support	No

Comments: Testimony in STRONG SUPPORT.

Please note that testimony submitted less than 24 hours prior to the hearing, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

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TO: Representative Della Au Belatti, Chair of Committee on Health,
Members of the Committee on Health

DATE: Tuesday, February 7, 2014
PLACE: State Capitol Conference Room 329
TIME: 8:45 AM
SUBJECT: Testimony in support of HB 1713 - Relating to Aging.



As Administrator of Project Dana, a volunteer caregivers program, I am in very strong support of HB 1713 -Relating to Aging.

Part I Section 1 indicates that with the rapid increasing aging population in Hawaii, there is an urgent need to expand home and community based services. The need to support the Kupuna Care (KC) programs with additional funds and funding for the Aging and Disability Resource Center (ADRC) would allow older adults to live in their homes and in the community of Hawaii. It is less expensive for seniors to age in place and the majority would not want to live in institutions. Access to services of Kupuna Care would need to be expanded.

A one stop center or Aging and Disability Resource Center (ADRC) would definitely help consumers and family caregivers by providing a central informational base to access long term care options and eligibility.

Funding for the successful health aging partnership program must be continued. A long-term care education and awareness campaign funding would help the citizens of Hawaii prepare to age in place.

Please support HB 1713 – Relating to Aging.

Thank you very much

Rose Nakamura, Administrator

Project Dana

LATE

My name is Barbara Service. I am in Senate District 8; Representative District 19. I am also an AARP volunteer.

I urge your strong support of HB1713 which will provide funding for long term care public awareness and education. Most people have not considered how they will pay for their future long-term care needs. This funding will serve to make the public aware of this need.

It was also add monies for Kupuna Care to the base budget. Kupuna Care is funded now at \$4.8 M and has to request an additional \$4.2 M every year to maintain a \$9M budget. Kupuna Care covers a "gap" group of individuals who cannot afford private in-home care and are not Medicaid eligible. Kupuna Care helps to keep individuals in their own homes, avoiding admission to costly nursing homes.

The passage of HB1713 will provide additional funding for the ADRC, the one-stop shop to provide information to families on how to navigate the long-term care system and about caregiving, in general.

Thank you for the opportunity to provide strong written support of HB1713.

From: mailinglist@capitol.hawaii.gov
Sent: Thursday, February 06, 2014 2:56 PM
To: HLTtestimony
Cc: pc70@cornell.edu
Subject: Submitted testimony for HB1713 on Feb 7, 2014 08:45AM



HB1713

Submitted on: 2/6/2014

Testimony for HLT on Feb 7, 2014 08:45AM in Conference Room 329

Submitted By	Organization	Testifier Position	Present at Hearing
Patrick Callahan	Individual	Support	No

Comments: To: Committee on Health, Representative Della Au Belatti, Chair Date: February 7, 2014, State Capitol Conference Room 329, 8:45 a.m. Re: HB 1713 - Relating to Aging Chair Belatti and Committee Members: Thank you for the opportunity to submit written testimony in STRONG SUPPORT of HB 1713 Relating to Aging. My name is Patrick Callahan and I am a caregiver for my wife and live in the Kona area. The passage of this bill is vital as ADRCs help caregivers and family members as it's like a "one stop shop" for information about long-term care and caregiving options. It will help reduce the frustration in navigating Hawaii's complicated long-term care system. I urge you to support Hawaii's growing senior population by supporting HB 1713. Patrick Callahan Kailua Kona, Big Island

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To: Committee on Health, Representative Della Au Belatti, Chair

Date: February 7, 2014, State Capital Conf. Room 329, 8:45a.m.



RE: HB 1713 – Relating to Aging

Chair Belatti and Committee Members:

Aloha, and Mahalo for the opportunity to submit written testimony, as I will not be present at the hearing.

I am in STRONG SUPPORT of HB 1713 Relating to Aging.

My name is Christine Olah and I am testifying as an individual – a citizen -- concerned with the quality of life of seniors in Hawaii.

HB 1713, offering funding for long-term care education and awareness campaigns, is a step in the right direction for the ever-increasing population of Hawaii seniors over 60 years of age in Hawaii. Everyone wants to live independently in their own homes. Education and planning are necessary to do so.

I urge you to support Hawaii's seniors by supporting HB 1713. I speak on my behalf as well as for seniors who are unable to be here to submit testimony on their own.

Respectively submitted,

Christine Olah

TropicalHawaii@aol.com

From: Marv and Michele Paularena <marvshel@gmail.com>
Sent: Thursday, February 06, 2014 7:53 PM
To: HLTtestimony
Subject: HB 1713 - Relating to Aging

To: Committee on Health, Representative Della Au Belatti, Chair

Date: February 7, 2014, State Capitol Conference Room 329, 8:45 a.m.

Re: HB 1713 - Relating to Aging



Chair Belatti and Committee Members:

Thank you for this opportunity to submit our written testimony in VERY STRONG SUPPORT of SB 2346 Relating to Aging. Our names are Marv and Michele Paularena. Michele, although somewhat disabled, has been my caregiver since I became disabled. We live in Kahului, Maui and passage of this bill is vital because:

The Kupuna care program has been invaluable to us because we don't qualify for Medicaid but are financially unable to pay for needed services on our own. Without this very valuable program Marv would not be able to obtain services like home health aide assistance. This assistance allows him to care for his personal hygiene needs while maintaining some degree of independence and also continue to live at home with me.

The people of Hawaii urgently need some form of long-term care education and awareness in order to alert them to plan for long-term care and caregiving while they are finically able. This planning will help residents live independently longer at home, rather than to move to costly nursing or group homes which may be beyond their financial means.

Maui's ADRC program has been of great help as we have been able to find information about caregiving options. We don't know how we would have been able to learn about our choices without this wonderful service that helped to reduce the frustration in navigating Hawaii's complicated long-term care system.

As a care receiver, I am very aware of the stress my wife Michele faces on a daily basis. We both urge you to promote education and planning so that others may be better prepared to face long-term care and/or caregiving. We all deserve a better future where we and our families can spend our older years with aloha.

We urge you to support Hawaii's growing senior population by supporting HB 1713 and mahalo for standing beside us and our fellow Kupuna.

Marv and Michele Paularena

Kahului, Maui