

JAN 23 2014

A BILL FOR AN ACT

RELATING TO AFTER SCHOOL PROGRAMS.

BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF HAWAII:

1 SECTION 1. The legislature finds that in the United
2 States, more than one-fourth of children are left alone and
3 unsupervised after school. The majority of these children are
4 in elementary and intermediate school, at a time in life when
5 adverse behavior and health temptations are omnipresent.

6 To counter this problem in elementary school, the
7 legislature created the after-school plus program (A+ program)
8 more than a decade ago to provide children with a safe and
9 nurturing place to go after school. The A+ program has been
10 successful since its inception, with thousands of participants
11 in over one hundred eighty schools statewide. Approximately
12 two-thirds of A+ program sites are managed by third party
13 contractors, and one-third are managed by department of
14 education personnel.

15 The legislature further finds that for the past decade, an
16 evidence-based physical activity and nutrition education
17 program, called Fun 5, has been operating successfully in nearly
18 all of the A+ program sites as an integral part of the A+



1 program, providing training for all A+ program group leaders,
2 supplying manuals and play equipment, as well as hands-on
3 instruction for physically active games and healthy nutrition
4 support.

5 The Fun 5 program, which for many of the children is the
6 only organized physical activity they receive in a day, has
7 shown positive results in boosting children's level of physical
8 activity, curbing obesity and increasing consumption of fruits
9 and vegetables. It does this through a hands-on and enjoyable
10 program that promotes five servings of fruits and vegetables per
11 day, and at least thirty minutes of active physical exercise
12 five days a week.

13 The legislature finds that the kinds of physical and
14 nutrition activities in the Fun 5 program are - and should be -
15 an integral part of the A+ program. Unfortunately, since the
16 establishment of the Fun 5 program a decade ago, nearly all
17 funding has come from private donations, a situation that has
18 become significantly more difficult to maintain.

19 The overall cost of implementing the Fun 5 program averages
20 approximately \$1 per child per month - which covers the training
21 activities and equipment replenishment requirements for
22 afterschool activity. Given the vital importance of physical



1 activity and healthy eating to optimal childhood development and
2 obesity prevention, the legislature finds that it is equally
3 vital that funding for a nationally recognized, evidence-based
4 physical activity and nutrition program - similar to Fun 5 - be
5 institutionalized within the A+ program itself.

6 The purpose of this Act is to establish a physical activity
7 and nutrition component within the A+ program and make an
8 appropriation to the department of education to support the
9 program.

10 SECTION 2. Chapter 302A, Hawaii Revised Statutes, is
11 amended by adding a new section to be appropriately designated
12 and to read as follows:

13 **"§302A- After-school plus program; physical activity and**
14 **nutrition.** (a) The after-school plus program shall include a
15 nationally recognized, evidence-based physical activity and
16 nutrition component that provides physical exercise and
17 nutrition education to all participating students as an integral
18 part of the after-school plus program.

19 (b) The physical activity and nutrition component shall
20 include a process for taking biennial surveys of participating
21 fourth, fifth, and sixth graders that measures health risk



1 behaviors relating to chronic illness. The results of these
2 surveys shall be reported to the legislature and governor.

3 (c) The department may contract with a third party for the
4 organization, management, and implementation of the physical
5 activity and nutrition component required by this section.

6 (d) The department may establish, as part of any after-
7 school plus program participation fees, a fee sufficient to
8 maintain the physical activity and nutrition component at all
9 after-school plus programs in the State.

10 (e) The department and any third party on behalf of the
11 department, may accept gifts and donations to assist with the
12 costs of implementing, managing, expanding, or improving the
13 physical activity and nutrition component required by this
14 section."

15 SECTION 3. There is appropriated out of the general
16 revenues of the State of Hawaii the sum of \$250,000 or so much
17 thereof as may be necessary for fiscal year 2014-2015 to
18 establish a physical activity and nutrition component within the
19 after-school plus program.

20 The sum appropriated shall be expended by the department of
21 education for the purposes of this Act.

22 SECTION 4. New statutory material is underscored.

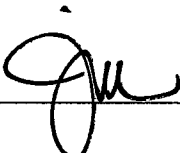


S.B. NO. 2769

1 SECTION 5. This Act shall take effect upon its approval;
2 provided that section 3 shall take effect on July 1, 2014.

3

INTRODUCED BY: _____


Suzanne Chun Oakland



S.B. NO. 2769

Report Title:

Department of Education; After-school Plus Program;
Appropriation

Description:

Requires the after-school plus program to include a nationally recognized, evidence-based physical activity and nutrition component that provides physical exercise and nutrition education to all participating students. Makes an appropriation.

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